

# Postgraduate Certificate Rugby Team Management

Endorsed by the NBA





## Postgraduate Certificate Rugby Team Management

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/sports-science/postgraduate-certificate/rugby-team-management](http://www.techtute.com/us/sports-science/postgraduate-certificate/rugby-team-management)

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# 01

# Introduction

Rugby Team Management is a fundamental part of success in the sport, involving the creation of a strong and positive team culture, promoting cooperation, trust and mutual respect between players and coaching staff. For this reason, TECH has designed a program that allows students to maximize their knowledge on aspects such as Communication, Management Strategies, Collective Competencies, Conflict Resolution and Types of Leadership, among others. All this, thanks to a 100% online modality and with the most dynamic and practical multimedia materials available in the academic market.



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*Enhance your skills and acquire new competencies on Communication and Management Strategies, thanks to the best online university in the world according to Forbes, thanks to TECH”*

Rugby Team Management is crucial to success in the sport, both on and off the field. It is essential to create a positive team culture, support player welfare and successfully plan game strategies and logistics to ensure success in competitions. Without good management, even the most talented teams can struggle to achieve their goals.

For this reason, TECH has designed a Postgraduate Certificate in Rugby Team Management with the aim of providing students with the necessary skills to perform their work as specialists as efficiently as possible. Thus, throughout this program, aspects such as Types of Leadership, Sense of Belonging, Team Empowerment and Sports Team Management will be addressed.

All this, thanks to a convenient 100% online modality that gives students total freedom to organize their schedules and studies, being able to combine them with their other daily tasks and interests. In addition, this program has the most complete theoretical and practical materials on the market, facilitating the student's study process and allowing them to achieve their objectives quickly and efficiently.

This **Postgraduate Certificate in Rugby Team Management** contains the most complete and up-to-date scientific program on the market. Its most outstanding features are:

- ◆ The development of case studies presented by experts in Rugby Team Management.
- ◆ The graphic, schematic and eminently practical contents of the book provide sporting and practical information on those disciplines that are essential for professional practice
- ◆ Practical exercises where the self-assessment process can be carried out to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*Become an expert in Rugby Teams and Management Styles in only 6 months and with total freedom of organization"*

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*Test your Rugby Team Management skills by submitting yourself to case studies that cover a wide variety of situations that simulate reality in detail"*

*Deepen your knowledge of Team Management Strategies and Staff Competencies, without leaving home and from your Tablet, mobile or computer.*

*It delves into Management Styles and Conflict Resolution in the sports environment.*

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. This will be done with the help of an innovative system of interactive videos made by renowned experts.



# 02 Objectives

The objective of this Postgraduate Certificate in Rugby Team Management is that the student acquires a precise update of their knowledge in an area so essential to the sport. An update that will allow the student to work with the highest possible quality and efficiency. All this, thanks to TECH and a 100% online modality that gives total freedom of organization and schedules to the student.







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*Reach your most demanding professional goals thanks to TECH and in a 100% online modality that gives you total freedom of organization"*



## General Objectives

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- ◆ Know in depth about Rugby XV and VII, as well as the rest of the modalities
- ◆ Know how to deepen, develop, and a physical and technical
- ◆ Acquire a specialization in Rugby oriented nutrition, according to the modality and position of the player
- ◆ How to manage emotions and apply psychology to the sports field
- ◆ Learn to manage teams and players
- ◆ How to sell Rugby as a consumer product
- ◆ In-depth knowledge of the tools for the player to control his emotions in order to obtain maximum performance





## Specific Objectives

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- ◆ Learning to manage teams
- ◆ Appreciate and learn leadership techniques
- ◆ Learning conflict management

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*It addresses Negotiation and Conflict Resolution in a deep and specialized way, without the need to travel and at any time of the day"*

03

# Course Management

The management and the professionals that make up the teaching staff of this Postgraduate Certificate in Rugby Team Management are part of TECH's prestigious team of experts.

of experts from TECH. These specialists have used their extensive experience throughout the content to design up-to-date teaching materials that exceed the most demanding expectations. In addition, they will accompany the student throughout the program to facilitate the study process.





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*Succeed in the world of Rugby by the hand of outstanding international stars of this sport, thanks to TECH and its outstanding team of experts"*

## Management



### Mr. Javier De Juan Roldán

- ♦ Professional rugby player of the Spanish national team VII
- ♦ Two-time European Rugby VII champion
- ♦ Professional player of Independiente Rugby Club
- ♦ Professional Rugby Science player
- ♦ Coach at Ciencias Rugby Club and Independiente Rugby Club schools



### Ms. Marta Lliteras Ruiz

- ♦ Coach of Rugby, female 7's and male XV
- ♦ Coach of the General Command of the Balearic Army, female 7's and male XV
- ♦ Co-founder of All&Go
- ♦ Coordinator of the Association for Women in the Professional Field
- ♦ International player of Rugby XV and 7's
- ♦ European Rugby Champion
- ♦ Olympic Diploma Rio de Janeiro
- ♦ Degree in Political Science, Master's Degree in Human Resources Management and Management
- ♦ Master's Degree in Team Management



# 04

## Structure and Content

The structure and all the didactic resources of this curriculum have been designed by the renowned professionals that make up TECH's team of experts in the area of Sports. These specialists have used their extensive experience and state-of-the-art knowledge to create practical and completely up-to-date content. All this, based on the most efficient pedagogical methodology, TECH Relearning.





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*Take advantage of the opportunity and acquire a comprehensive and updated view of Rugby Team Management in a few weeks”*

## Module 1. Rugby team management

- 1.1. Rugby Teams
  - 1.1.1. Group
  - 1.1.2. Equipment
  - 1.1.3. Tribe
- 1.2. Communication.
  - 1.2.1. Same language
  - 1.2.2. Needs and demands
  - 1.2.3. Silences
- 1.3. Manage the sports team
  - 1.3.1. Mission
  - 1.3.2. Objectives
  - 1.3.3. Strategy
- 1.4. Leading the team
  - 1.4.1. Individual competencies
  - 1.4.2. Staff competencies
  - 1.4.3. Collective competencies
- 1.5. *Team Empowerment*
  - 1.5.1. Getting the best out of your staff
  - 1.5.2. Getting the best out of your team
  - 1.5.3. Getting the best out of employees
- 1.6. Leadership
  - 1.6.1. Active Listening
  - 1.6.2. Type of leadership
  - 1.6.3. Advantages and Disadvantages
- 1.7. Management Styles
  - 1.7.1. Synergies
  - 1.7.2. Addressing diversity
  - 1.7.3. Sense of belonging





- 1.8. Keys
  - 1.8.1. Participation
  - 1.8.2. Assessment
  - 1.8.3. Most suitable role
- 1.9. Negotiation and Conflict Resolution
  - 1.9.1. Recognition and detection
  - 1.9.2. Map of the conflict
  - 1.9.3. Assertiveness and empathy
- 1.10. Protocols
  - 1.10.1. Creation
  - 1.10.2. Implementation
  - 1.10.3. Review

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*150 hours separate you from becoming the Rugby Team Management expert the sport demands”*

# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

### Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.

“

*At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"*



*You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.*



*The student will learn to solve complex situations in real business environments through collaborative activities and real cases.*

### A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

“*Our program prepares you to face new challenges in uncertain environments and achieve success in your career”*

The case method is the most widely used learning system in the best faculties in the world. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

## Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

*In 2019, we obtained the best learning results of all online universities in the world.*

At TECH, you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.





In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

With this methodology, we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Practising Skills and Abilities

They will carry out activities to develop specific competencies and skills in each thematic area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Case Studies

Students will complete a selection of the best case studies chosen specifically for this situation. Cases that are presented, analyzed, and supervised by the best specialists in the world.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



# 06 Certificate

The Postgraduate Certificate in Rugby Team Management guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Rugby Team Management** contains the most complete and up-to-date program on the market.

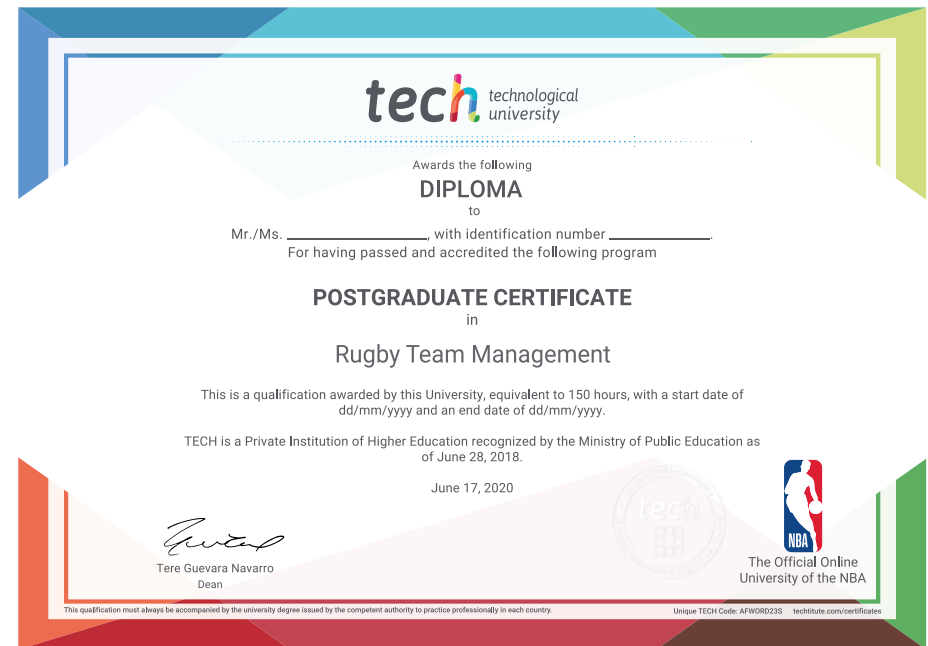
After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Rugby Team Management**

Official N° of Hours: **150 h.**

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\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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