

Postgraduate Diploma

Movement, Dynamic Systems and Velocity in Strength Training

Endorsed by the NBA



tech global
university





Postgraduate Diploma

Movement, Dynamic Systems and Velocity in Strength Training

- » Modality: online
- » Duration: 6 months.
- » Certificate: TECH Global University
- » Credits: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/sports-science/postgraduate-certificate/postgraduate-certificate-movement-dynamic-systems-velocity-strength-training

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01

Introduction

In this high-level specialization, special emphasis will be placed on identifying the main *skills*, classifying and ordering them, in order to propose efficient methodological proposals based on their understanding.

Throughout these months, the fundamental components of complex dynamic systems in sports training will be analyzed, delving not only into each of them, but also into each interaction and how they constantly modify our environment. The means and methods of strength training for the development of the different phases of speed will also be described.

A unique opportunity to stand out in an exciting sector with high professional competition.





“

This 100% online Postgraduate Diploma will enable you to balance your studies while increasing your knowledge in this field”

The evolution of sports training is determined by a constant advance in science, methodologies and techniques, but also by the gradual incorporation of both individual and collective interactions. With this intensive program you will specialize in movements, dynamic systems and speed in strength training.

In recent years, strength training has burst with great impetus in the scientific community, covering multiple contexts ranging from sports performance in time and brand sports, to situational sports through the whole range of sports modalities.

This Postgraduate Diploma addresses the vital importance of strength in human performance in all its possible expressions with a unique level of theoretical depth and a level of descent to the practical totally different from what has been seen so far.

The student of this Postgraduate Diploma will have a differentiating training with respect to their professional colleagues, being able to perform in all areas of sport as a specialist in Strength Training.

The teaching team of this Postgraduate Diploma in Movement, Dynamic Systems and Speed in Strength Training has made a careful selection of each of the topics of this specialization in order to offer the student a study opportunity as complete as possible and always linked to current events.

Therefore, TECH has set out to create contents of the highest teaching and educational quality that will turn students into successful professionals, following the highest quality standards in teaching at an international level. Therefore, it is shown in this Postgraduate Diploma with a rich content that will help you reach the elite of physical training. In addition, as it is an online Postgraduate Diploma, the student is not conditioned by fixed schedules or the need to move to another physical location, but can access the contents at any time of the day, balancing their work or personal life with their academic life.

This **Postgraduate Diploma in Movement, Dynamic Systems and Speed in Strength Training** contains the most complete and up-to-date scientific program on the market.

The most important features include:

- ♦ The development of numerous case studies presented by specialists in personal training
- ♦ The graphic, schematic and practical contents of the course are designed to provide all the essential information required for professional practice
- ♦ Exercises where the self-assessment process can be carried out to improve learning
- ♦ Algorithm-based interactive learning system for decision making
- ♦ Special emphasis on innovative methodologies in personal training
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Immerse yourself in the study of this Postgraduate Diploma of high scientific rigor and improve your skills in strength training for high performance sports"

“

This Postgraduate Diploma is the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge as a personal trainer, you will obtain a qualification from TECH Global University"

Specialize and stand out in a sector with high demand for professionals.

Increase your knowledge of Movement, Dynamic Systems and Speed in Strength Training with this high-level specialization.

Its teaching staff includes professionals belonging to the field of sports sciences, who bring to this training the experience of their work, as well as recognized specialists from leading companies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts in Movement, Dynamic Systems and Speed in Strength Training.



02 Objectives

The main objective of this program is the development of theoretical and practical learning, so that the sports science professional can master in a practical and rigorous way the Movement, Dynamic Systems and Speed in Strength Training.





“

Our goal is to achieve academic excellence and help you achieve professional success. Don't hesitate any longer and join us”



General Objectives

- Delve into the knowledge based on the most current scientific evidence with full applicability in the practical field regarding Strength training
- Master all the most advanced methods of strength training
- Apply with certainty the most current educational methods to improve sports performance regarding strength
- Effectively master strength training for performance enhancement in time and mark sports as well as situational sports
- Master the principles governing exercise physiology and biochemistry
- Deepen in the principles governing the theory of complex dynamic systems as they relate to strength training
- Successfully integrate strength training for the improvement of motor skills immersed in sport
- Successfully master all the knowledge acquired in the different modules in real practice



The sports field requires prepared professionals and we give you the keys to position yourself among the professional elite"





Specific Objectives

- ♦ Gain an in-depth understanding of the relationship between strength and skills
- ♦ Identify the main skills in sports in order, to analyze them, understand them and then enhance them through training
- ♦ Organize and systematize the skills development process
- ♦ Linking and relating field and gym work to enhance the skills
- ♦ Master specific knowledge about the theory of systems in sports training
- ♦ Analyze the different components that are interrelated in strength training and their application in situational sports
- ♦ Guide strength training methodologies towards a perspective that addresses the specific demands of sport
- ♦ Develop a critical view of the reality of strength training for athletic and non-athletic populations
- ♦ Know and interpret the key aspects of the techniques for speed and changing direction
- ♦ Compare and differentiate the speed of situational sport with respect to the track and field model
- ♦ Gain in-depth knowledge of the mechanical aspects that may influence performance impairment and the mechanisms of injury occurrence when sprinting
- ♦ Analytically apply the different means and methods of strength training to develop sprinting

03

Course Management

The teaching staff, experts in Personal Training, enjoys considerable prestige in the profession and are professionals with years of teaching experience who have come together to help Students to give a boost to their career. To this end, they have developed this Postgraduate Diploma with recent updates in the field that will allow you to improve and increase your skills in this sector.





*Learn from the best professionals and
become a successful professional yourself"*

Management



Dr. Rubina, Dardo

- ♦ Specialist in High Performance Sports
- ♦ CEO of Test and Training
- ♦ Physical Trainer at Moratalaz Sports School
- ♦ Teacher of Physical Education in Football and Anatomy. CENAFE Schools Carlet
- ♦ Coordinator of Physical Preparation in Field Hockey. Club Gimnasia y Esgrima de Buenos Aires
- ♦ Doctorate in High Performance Sports
- ♦ Postgraduate Certificate in Advanced Research Studies (DEA), University of Castilla la Mancha
- ♦ Master in High Performance Sports by the Autonomous University of Madrid
- ♦ Postgraduate in Physical Activity in Populations with Pathologies by the University of Barcelona
- ♦ Competitive Bodybuilding Technician. Extremadura Federation of Bodybuilding and Fitness
- ♦ Expert in Sports Scouting and Quantification of Training Load (specialization in Soccer), Sports Sciences. University of Melilla
- ♦ Expert in Advanced Weight Training by IFBB
- ♦ Expert in Advanced Nutrition by IFBB
- ♦ Specialist in Physiological Assessment and Interpretation of Physical Fitness by Bio
- ♦ Certification in Technologies for Weight Control and Physical Performance. Arizona State University



Professors

Mr. Rossanigo, Horacio

- ◆ Strength and Conditioning Coach at FC Barcelona
- ◆ Sports Director of Activarte Sport Barcelona
- ◆ Co-founder of Build Academy
- ◆ Physical trainer at Acumen Sports
- ◆ Physical Education teacher at Washington School
- ◆ Rugby Coach at Uncas Rugby Club
- ◆ Physical Education Teacher at the Instituto Superior Tandil
- ◆ Bachelor's Degree in Physical Education and Physiology of Physical Labor
- ◆ Master's Degree in Physical Preparation in Team Sports at INEF Barcelona

Mr. Gizzarelli, Matías Bruno

- ◆ Physical trainer for high performance athletes
- ◆ Specialized EXOS performance coach for basketball players
- ◆ Degree in Physical Education
- ◆ Postgraduate Diploma in Applied Neurosciences
- ◆ Author of the Book *Basketball Training: Physical Preparation*

Mr. Añon, Pablo

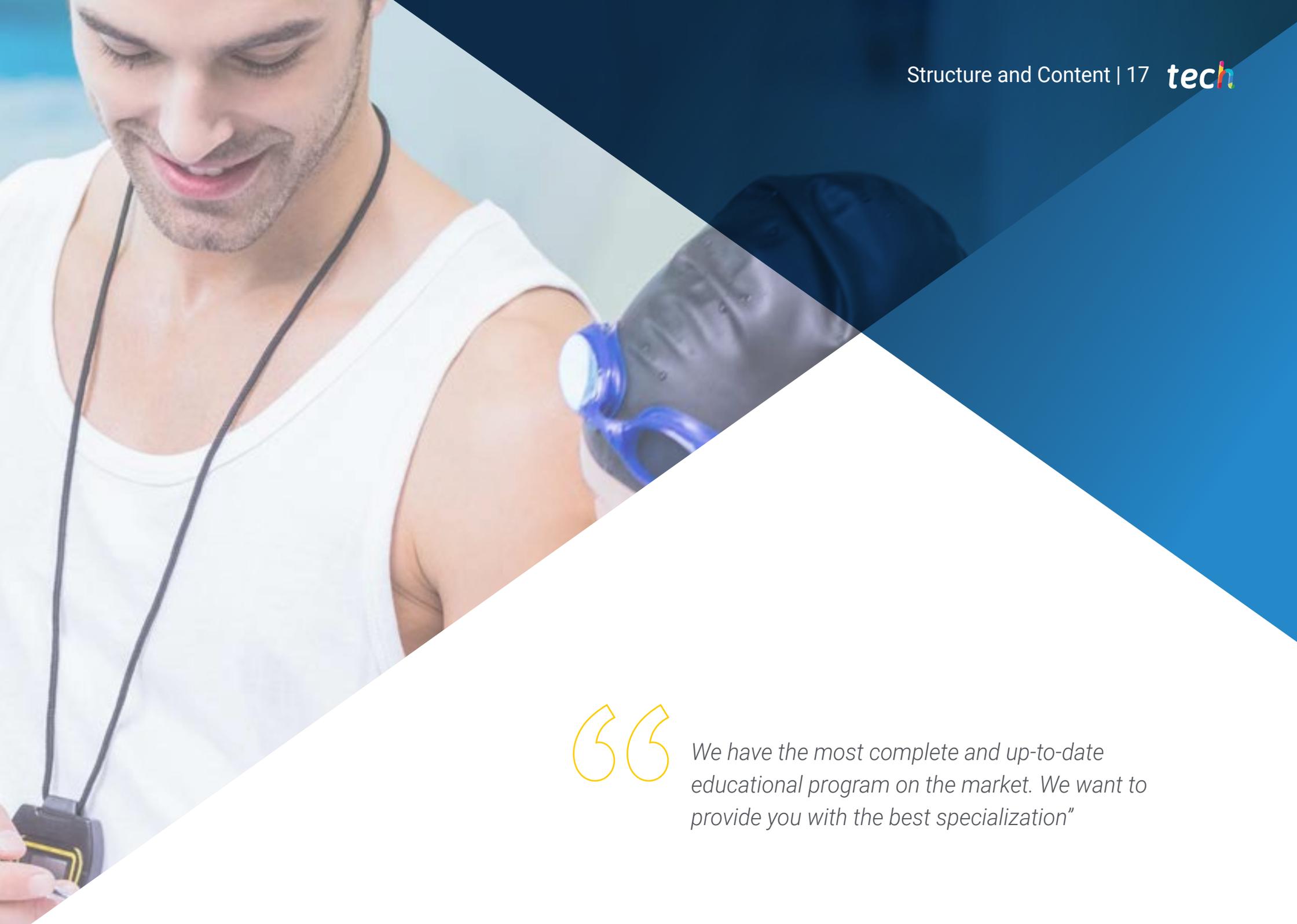
- ◆ Physical trainer of the Women's National Volleyball Team for the Olympic Games
- ◆ Physical trainer of volleyball teams of the Argentinean Men's First Division
- ◆ Physical trainer of professional golfers Gustavo Rojas and Jorge Berent
- ◆ Swimming coach of Quilmes Atlético Club
- ◆ National Professor of Physical Education (INEF) in Avellaneda
- ◆ Postgraduate diploma in Sports Medicine and Applied Sports Sciences from the University of La Plata
- ◆ Master's Degree in High Performance Sports by the Catholic University of Murcia
- ◆ Training courses oriented to the field of High Performance Sports

04

Structure and Content

The content structure has been designed by a team of professionals knowledgeable about the implications of training in daily practice, aware of the relevance of the current relevance of quality specialization in the field of personal training; and committed to quality teaching through new educational technologies.



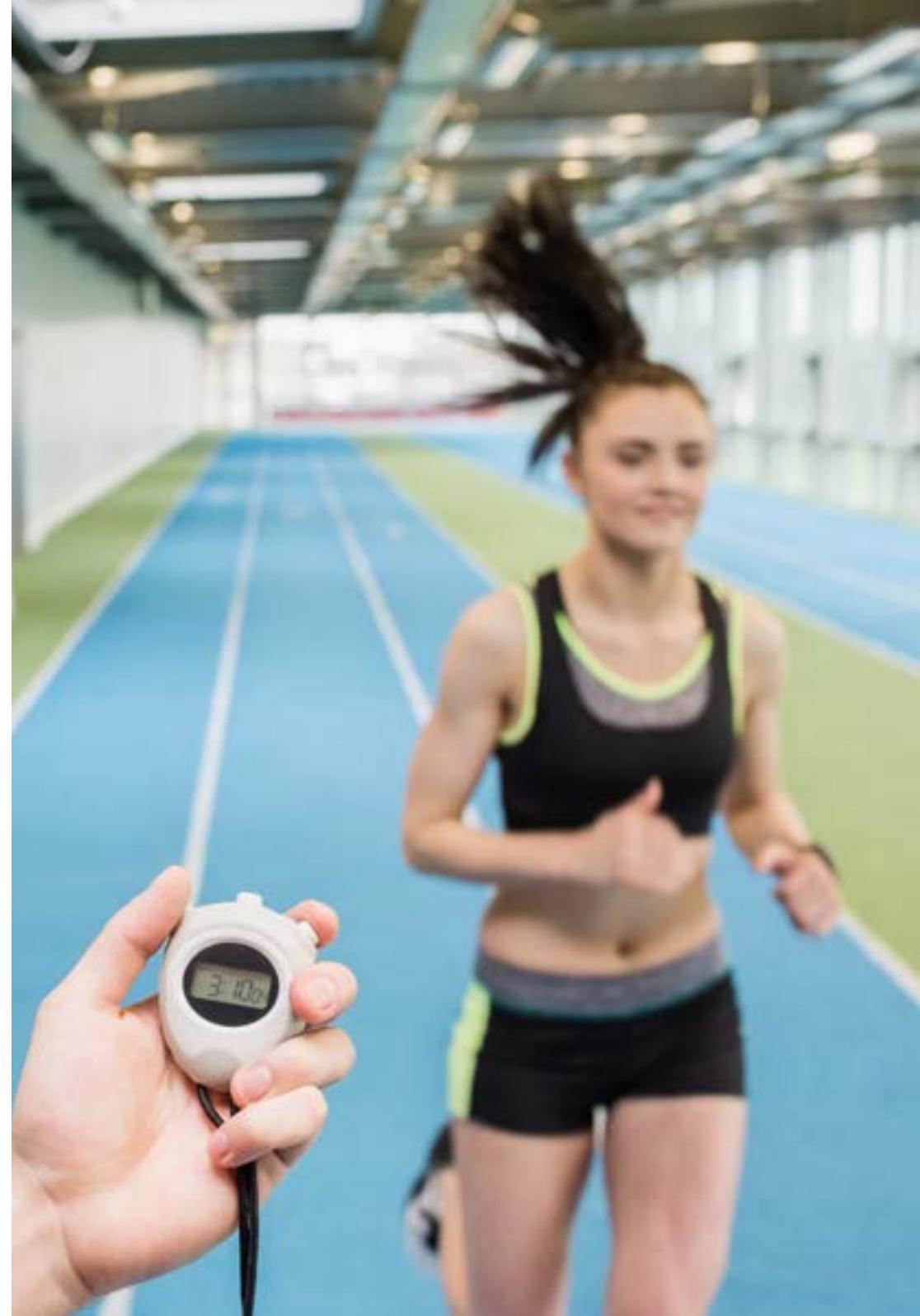


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We have the most complete and up-to-date educational program on the market. We want to provide you with the best specialization”

Module 1. Strength Training for the Improvement of Movement Skills

- 1.1. Strength in Skill Development
 - 1.1.1. The Importance of Strength in Developing Skills
 - 1.1.2. Benefits of Skills-based strength training
 - 1.1.3. Types of strength present in Skills
 - 1.1.4. Training Means Necessary for the Development of Strength in Skills
- 1.2. Skills in Team Sports
 - 1.2.1. General Concepts
 - 1.2.2. Skills in Performance Development
 - 1.2.3. Classifying Skills
 - 1.2.3.1. Locomotive Skills
 - 1.2.3.2. Manipulative Skills
- 1.3. Agility and Movements
 - 1.3.1. Basic Concepts
 - 1.3.2. The Importance of Sports
 - 1.3.3. Agility Components
 - 1.3.3.1. Classification of Movement skills
 - 1.3.3.2. Physical Factors: Strength
 - 1.3.3.3. Anthropometric Factors
 - 1.3.3.4. Perceptual-Cognitive Components
- 1.4. Posture
 - 1.4.1. The Importance of Posture in Skills
 - 1.4.2. Posture and Mobility
 - 1.4.3. Posture and CORE
 - 1.4.4. Posture and Center of Pressure
 - 1.4.5. Biomechanical Analysis of Efficient Posture
 - 1.4.6. Methodological Resources



- 1.5. Linear Skills
 - 1.5.1. Features of Linear Skills
 - 1.5.1.1. Main Planes and Vectors
 - 1.5.2. Classification
 - 1.5.2.1. Starting, Braking and Deceleration
 - 1.5.2.1.1. Definitions and Context of Use
 - 1.5.2.1.2. Biomechanical Analysis
 - 1.5.2.1.3. Methodological Resources
 - 1.5.2.2. Acceleration
 - 1.5.2.2.1. Definitions and Context of Use
 - 1.5.2.2.2. Biomechanical Analysis
 - 1.5.2.2.3. Methodological Resources
 - 1.5.2.3. Backpedal
 - 1.5.2.3.1. Definitions and Context of Use
 - 1.5.2.3.2. Biomechanical Analysis
 - 1.5.2.3.3. Methodological Resources
- 1.6. Multidirectional Skills: Shuffle
 - 1.6.1. Classification of Multidirectional Skills
 - 1.6.2. Shuffle: Definitions and Context of Use
 - 1.6.3. Biomechanical Analysis
 - 1.6.4. Methodological Resources
- 1.7. Multidirectional Skills: Crossover
 - 1.7.1. Crossover as a Change of Direction
 - 1.7.2. Crossover as a Transitional Movement
 - 1.7.3. Definitions and Context of Use
 - 1.7.4. Biomechanical Analysis
 - 1.7.5. Methodological Resources
- 1.8. Jump Skills 1
 - 1.8.1. The Importance of Jumps in Skills
 - 1.8.2. Basic Concepts
 - 1.8.2.1. Biomechanics of Jumps
 - 1.8.2.2. CEA
 - 1.8.2.3. Stiffness
 - 1.8.3. Jump Classification
 - 1.8.4. Methodological Resources

- 1.9. Jump Skills 2
 - 1.9.1. Methods
 - 1.9.2. Acceleration and Jumps
 - 1.9.3. Shuffle and Jumps
 - 1.9.4. Crossover and Jumps
 - 1.9.5. Methodological Resources
- 1.10. Programming Variables

Module 2. Strength Training Under the Paradigm of Complex Dynamic Systems

- 2.1. Introduction to Complex Dynamical Systems
 - 2.1.1. Models Applied to Physical Preparation
 - 2.1.2. The Determination of Positive and Negative Interactions
 - 2.1.3. Uncertainty in Complex Dynamical Systems
- 2.2. Motor Control and its Role in Performance
 - 2.2.1. Introduction to Motor Control Theories
 - 2.2.2. Movement and Function
 - 2.2.3. Motor Learning
 - 2.2.4. Motor Control Applied to Systems Theory
- 2.3. Communication Processes in the Theory of Systems
 - 2.3.1. From Message to Movement
 - 2.3.1.1. The Efficient Communication Process
 - 2.3.1.2. The Stages of Learning
 - 2.3.1.3. The Role of Communication and Sport Development in Early Ages
 - 2.3.2. VAKT Principle
 - 2.3.3. Performance Knowledge Vs. Outcome Knowledge
 - 2.3.4. Verbal feedback in System Interactions
- 2.4. Strength as an Essential Condition
 - 2.4.1. Strength Training in Team Sports
 - 2.4.2. Manifestations of Strength Within the System
 - 2.4.3. The Strength-Speed Continuum. Systemic Review

- 2.5. Complex Dynamical Systems and Training Methods
 - 2.5.1. Periodization. Historical Review
 - 2.5.1.1. Traditional Periodization
 - 2.5.1.2. Contemporary Periodization
 - 2.5.2. Analysis of Periodization Models in Training Systems
 - 2.5.3. Evolution of Strength Training Methods
- 2.6. Strength and Motor Divergence
 - 2.6.1. Developing Strength at Early Ages
 - 2.6.2. The Manifestations of Strength in Child and Adolescent Ages
 - 2.6.3. Efficient Programming at Youth Ages
- 2.7. The Role of Decision-Making in Complex Dynamical Systems
 - 2.7.1. The Decision-Making Process
 - 2.7.2. Decisional Timing
 - 2.7.3. The Development of Decision Making
 - 2.7.4. Programming Training Based on Decision Making
- 2.8. Perceptual Abilities in Sports
 - 2.8.1. Visual Abilities
 - 2.8.1.1. Visual Recognition
 - 2.8.1.2. Central and Peripheral Vision
 - 2.8.2. Motor Experience
 - 2.8.3. Attentional Focus
 - 2.8.4. The Tactical Component
- 2.9. Systemic Vision of Programming
 - 2.9.1. The Influence of Identity on Programming
 - 2.9.2. The System as a Path to Long-Term Development.
 - 2.9.3. Long-Term Development Program
- 2.10. Global Programming: from System to Need
 - 2.10.1. Program Design
 - 2.10.2. Practical System Assessment Workshop

Module 3. Strength Training to Improve Speed

- 3.1. Strength
 - 3.1.1. Definition
 - 3.1.2. General Concepts
 - 3.1.2.1. Manifestations of Strength
 - 3.1.2.2. Factors that Determine Performance
 - 3.1.2.3. Strength Requirements for Sprint Improvement. Connection Between Force Manifestations and Sprint
 - 3.1.2.4. Speed- Strength Curve
 - 3.1.2.5. Relationship of the F-V and Power curve and its application to the Sprint Phases
 - 3.1.2.6. Development of Muscular Strength and Power
- 3.2. Dynamics and Mechanics of Linear Sprint (100m Model)
 - 3.2.1. Kinematic Analysis of the Take-off
 - 3.2.2. Dynamics and Strength Application During Take-off
 - 3.2.3. Kinematic Analysis of the Acceleration Phase
 - 3.2.4. Dynamics and Strength Application During Acceleration
 - 3.2.5. Kinematic Analysis of Running at Maximum Speed
 - 3.2.6. Dynamics and Strength Application During Maximum Speed
- 3.3. Analysis of Acceleration Technique and Maximum Speed in Team Sports
 - 3.3.1. Description of the Technique in Team Sports
 - 3.3.2. Comparison of Sprinting Technique in Team Sports vs. Athletic Events
 - 3.3.3. Timing and Motion Analysis of Speed Events in Team Sports
- 3.4. Exercises as Basic and Special Means of Strength Development for Sprint Improvement
 - 3.4.1. Basic Movement Patterns
 - 3.4.1.1. Description of Patterns with Emphasis on Lower Limb Exercises
 - 3.4.1.2. Mechanical Demand of the Exercises
 - 3.4.1.3. Exercises Derived from Olympic Weightlifting
 - 3.4.1.4. Ballistic Exercises
 - 3.4.1.5. Force-Velocity Curve of the Exercises
 - 3.4.1.6. Strength Production Vector

- 3.5. Special Methods of Strength Training Applied to Sprinting
 - 3.5.1. Maximum Effort Method
 - 3.5.2. Dynamic Effort Method
 - 3.5.3. Repeated Effort Method
 - 3.5.4. French Complex and Contrast Method
 - 3.5.5. Speed-Based Training
 - 3.5.6. Strength Training as a Means of Injury Risk Reduction
- 3.6. Means and Methods of Strength Training for Speed Development
 - 3.6.1. Means and Methods of Strength Training for the Development of the Acceleration Phase
 - 3.6.1.1. Connection of Force to Acceleration
 - 3.6.1.2. Sledding and Racing Against Resistance
 - 3.6.1.3. Slopes
 - 3.6.1.4. Jumpability
 - 3.6.1.4.1. Building the Vertical Jump
 - 3.6.1.4.2. Building the Horizontal Jump
 - 3.6.2. Means and Methods for Training Top Speed
 - 3.6.2.1. Plyometry
 - 3.6.2.1.1. Concept of the Shock Method
 - 3.6.2.1.2. Historical Perspective
 - 3.6.2.1.3. Shock Method Methodology for Speed Improvement
 - 3.6.2.1.4. Scientific Evidence
- 3.7. Means and Methods of Strength Training Applied to Agility and Change of Direction
 - 3.7.1. Determinants of Agility and COD
 - 3.7.2. Multidirectional Jumps
 - 3.7.3. Eccentric Strength
- 3.8. Assessment and Control of Strength Training
 - 3.8.1. Strength-Speed Profile
 - 3.8.2. Speed Load Profile
 - 3.8.3. Progressive Loads
- 3.9. Integration.
 - 3.9.1. Case Study



*A unique specialization experience,
key and decisive to boost your
professional development"*

05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.



At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"



You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.



A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

“*Our program prepares you to face new challenges in uncertain environments and achieve success in your career”*

The student will learn to solve complex situations in real business environments through collaborative activities and real cases.

The case method is the most widely used learning system in the best faculties in the world. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

In 2019, we obtained the best learning results of all online universities in the world.

At TECH, you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.



In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

With this methodology, we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

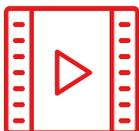
Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



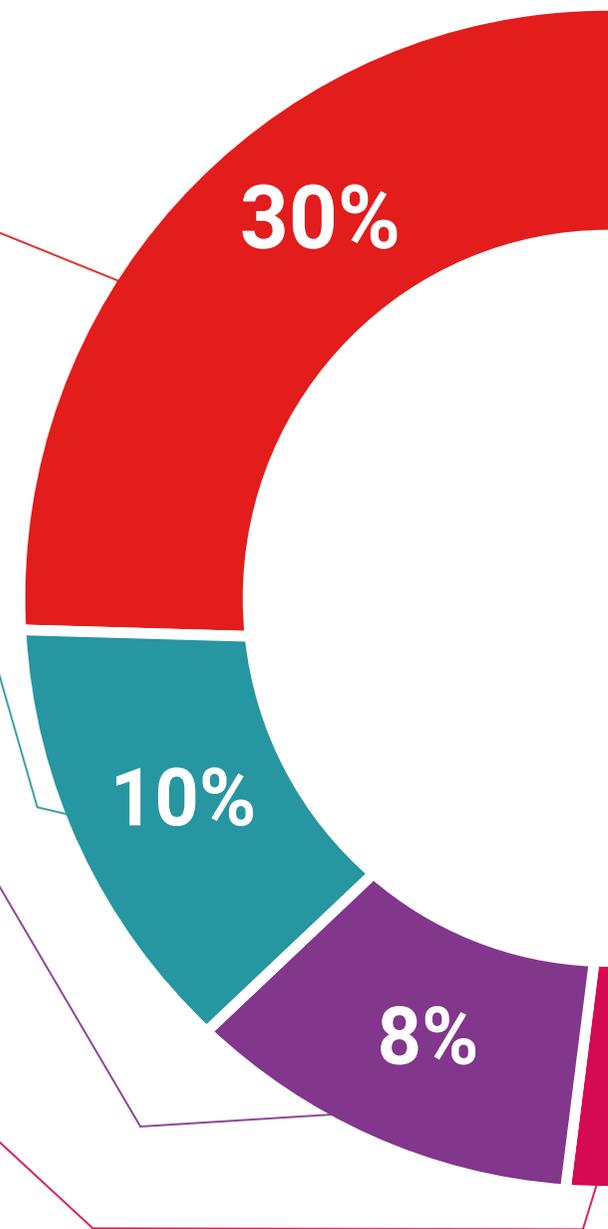
Practising Skills and Abilities

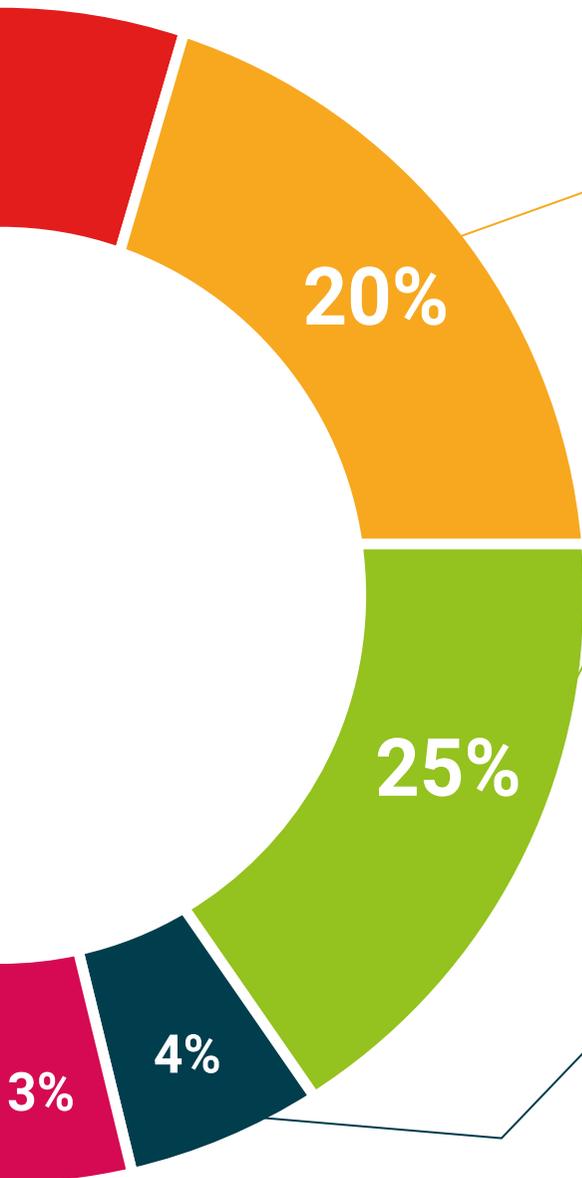
They will carry out activities to develop specific competencies and skills in each thematic area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Case Studies

Students will complete a selection of the best case studies chosen specifically for this situation. Cases that are presented, analyzed, and supervised by the best specialists in the world.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



06 Certificate

This Postgraduate Diploma in Movement, Dynamic Systems and Speed in Strength Training guarantees, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.





“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This private qualification will allow you to obtain a **Postgraduate Diploma in Movement, Dynamic Systems and Velocity in Strength Training** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

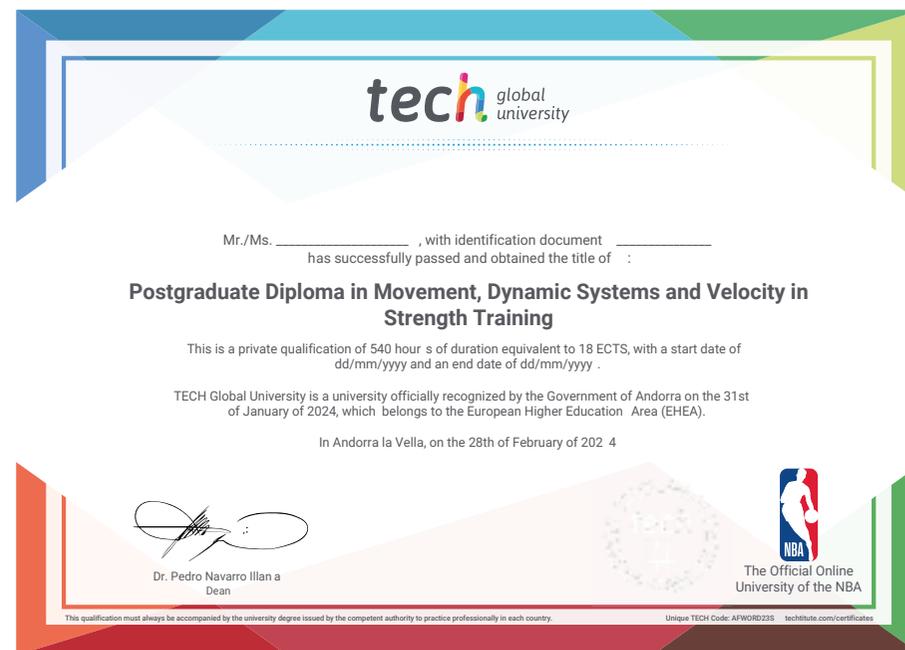
Title: **Postgraduate Diploma in Movement, Dynamic Systems and Velocity in Strength Training**

Modality: **online**

Duration: **6 weeks**

Accreditation: **18 ECTS**

Endorsed by the NBA



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



Postgraduate Diploma

Movement, Dynamic
Systems and Velocity
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