

Postgraduate Certificate Game Technique in Football

Endorsed by the NBA





Postgraduate Certificate Game Technique in Football

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/sports-science/postgraduate-certificate/game-technique-football

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01

Introduction

Game technique is fundamental in football, as it refers to the players' ability to control, manipulate and pass the ball effectively during the match. To develop these skills it is necessary to be supported by a sports professional who, in addition to being highly knowledgeable in this discipline, has extensive understanding of the training models that strengthen these skills. Therefore, this program is essential for those interested in deepening their knowledge within this field. This is a 100% online Postgraduate Certificate, packed with audiovisual resources, complementary readings and practical exercises, using the innovative *Relearning* methodology, so that the student can be trained by means of real cases and simulations.





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You will enhance your resume, taking your professional skills to the next level”

There are several important game techniques in football. Every skill requires practice to achieve perfection, which is why players need professionals with extensive knowledge in this area, who, in addition to helping them in their progress within this sporting field, develop training sessions focused on their demands.

For this reason, the Postgraduate Certificate in Game Technique in Football has been created, which uses an integral approach towards the fundamental concepts for the correct application of game techniques. This program focuses on providing students with the necessary knowledge to enhance their expertise in the preparation of sporting activities.

In addition, specific skills training such as control, passing, dribbling and shooting will be examined, as well as strategies for optimizing individual and collective performance on the pitch. All of this in a high-impact informative collection of key elements, together with audio-visual resources, complementary readings and practical exercises.

This postgraduate certificate is 100% online, and can be accessed from any device with an Internet connection. In addition, *Relearning* is the methodological approach employed in this Postgraduate Certificate, which focuses on learnings gained from previous experience and the practical application of the knowledge acquired, thereby guaranteeing a rigorous and effective training.

This **Postgraduate Certificate in Game Technique in Football** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in game technique in football
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Become a specialist in game techniques with this extensive training in the field of sports”

“*TECH Technological University guarantees dynamic learning focused on the current demands of the sports sector, so you can expect a high-impact study plan*”

The program's teaching staff includes professionals from sector who contribute their professional experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on problem-based learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

The online format of this program allows you to combine your daily routine with the acquisition of new knowledge.

You will update your knowledge through high-impact audiovisual resources, designed by experts and specialists with several years of experience.



02 Objectives

With the main objective of enhancing the professional's skills through academic resources, TECH Technological University has carefully selected each of the topics in the study program. Throughout the course, you will delve into the essential aspects and elements that will enable you to acquire new skills. In addition to this, you will develop practical exercises and will have access to high-impact audiovisual material, thereby acquiring a view of the current challenges faced by the sector.



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Follow this Postgraduate Certificate from the comfort of your own home, without having to travel to on-site centers”



General Objectives

- ♦ Understand the origin, history and evolution of football
- ♦ Explore the organization of a club and everything pertaining to the sporting environment
- ♦ Strengthen your knowledge in current technical-tactical skills
- ♦ Examine the changes in football analysis with the introduction of new technologies
- ♦ Describe physical training and re-training as a fundamental part of present-day football
- ♦ Highlight the importance of good nutrition to enable a good sports performance
- ♦ Identify each member of the coaching staff and their roles in a football club
- ♦ Explore psychology as a fundamental part of a football player's performance





Specific Objectives

- ◆ Include techniques in a game model
- ◆ Differentiate between collective and individual technical aspects
- ◆ Know how to plan training sessions based on technique
- ◆ Identify micro technical details in a professional football player
- ◆ Gain knowledge of the purpose of technique
- ◆ Give greater importance to technique in grassroots and professional football

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Upon graduation you will be closer to achieving your career goals”

03

Course Management

Upon graduation you will be closer to achieving your career goals” They are experts and specialists in the sports essentials required for football. In addition, they have worked together to incorporate all of their professional experience into the course material, guaranteeing the professional an exclusive and high-impact training.





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*You will succeed with the leading professionals,
and with their support, gain the most up-to-date
knowledge and skills in the industry”*

Management



Mr. Ángel Fernández Fernández

- ♦ Scout and manager for the northern area for the Athlete Management Group (PHSport)
- ♦ Futsal and football coach
- ♦ Scout for the Asturias area for the Athlete Management Group (Vilasports)
- ♦ Sports Director of CD Mosconia
- ♦ Commentator for Real Oviedo in RadioGed
- ♦ Sports Technician, Middle Grade, specializing in football at the "Asturian Sports School" Levels 1 and 2



Mr. Sergio González Arganda

- ♦ Physiotherapist at Atlético de Madrid Football Club
- ♦ Lecturer for the Master's in Physical Preparation and Sports Rehabilitation in Football at UNIR
- ♦ University Expert in Clinical Pilates at the University of Jaén
- ♦ Master's Degree in Biomechanics Applied to Injury Assessment from Comillas Pontifical University
- ♦ Master's in Osteopathy of the Locomotor System from Madrid School of Osteopathy
- ♦ Expert in Pilates Rehabilitation from the Royal Spanish Gymnastics Federation
- ♦ Master's in Sports and Physical Activity Physiotherapy from Comillas Pontifical University
- ♦ Diploma in Physiotherapy for Physio Training



Professors

Mr. Milinko Pantic

- ♦ Football Coach
- ♦ La Liga Champion and King's Cup winner with Atlético de Madrid
- ♦ Former professional football player with Atlético de Madrid, Panionios, AC Le Havre

Mr. Jonatan Di Giosia Alonso

- ♦ Coach for Racing Rioja
- ♦ Scouting for Real Oviedo and FC Cartagena
- ♦ Coach for Regional Sportsk in United Arab Emirates
- ♦ Coach of the Brazilian national team in the Madrid Integration World Cup
- ♦ Degree in Psychology from UNED
- ♦ Higher-Level Football Coach

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The leading professionals in the field have come together to offer you the most comprehensive knowledge in this field, so that you can develop with the complete assurance of success”

04

Structure and Content

The study program has been designed following the academic demands required by the sports sector. It provides the professional with updated and rigorous information on game technique and its application in training sessions. This content will be available on the virtual campus, which can be accessed from any device with an Internet connection, and will be available 24 hours a day. In this way, the professional will be trained in a fast-growing sector and will become a specialist in game techniques.





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The study program has been designed following the academic demands required by the sports sector”

Module 1. Techniques in football

- 1.1. Techniques Background
 - 1.1.1. General aspects of techniques
 - 1.1.2. Types of techniques
 - 1.1.3. Evolution of Techniques
 - 1.1.4. Techniques/tactics
- 1.2. Individual attacking technique
 - 1.2.1. Dribbling
 - 1.2.2. Shooting
 - 1.2.3. Conduction
 - 1.2.4. Control
- 1.3. Individual defense technique
 - 1.3.1. Tackle
 - 1.3.2. Clearance
 - 1.3.3. Weight
 - 1.3.4. Interception
- 1.4. Collective attacking technique
 - 1.4.1. Pass
 - 1.4.2. Wall
 - 1.4.3. Change of direction
 - 1.4.4. Blocking
- 1.5. Collective defense technique
 - 1.5.1. Aerial duels
 - 1.5.2. Timing
 - 1.5.3. Light pressure
 - 1.5.4. Defensive blocking





- 1.6. Technique in grassroots football
 - 1.6.1. U7s-U10s
 - 1.6.2. U11s-U12s
 - 1.6.3. Infant
 - 1.6.4. U15s-U16s
- 1.7. How do I bring technique to the game model?
 - 1.7.1. Which players do I have?
 - 1.7.2. Priority technical aspects
 - 1.7.3. Attack phase
 - 1.7.4. Defense phase
- 1.8. How do I plan training sessions based on technique?
 - 1.8.1. Annual planning
 - 1.8.2. Planning during breaks
 - 1.8.3. Weekly planning
 - 1.8.4. Session planning
- 1.9. How important is technique in high performance?
 - 1.9.1. Concept of performance
 - 1.9.2. Objectives and characteristics
 - 1.9.3. Phases
 - 1.9.4. Development and implementation
- 1.10. The micro details for a professional football player
 - 1.10.1. Characteristics of the all-round player
 - 1.10.2. Invisible Training
 - 1.10.3. Internal and external factors affecting the football player
 - 1.10.4. Individual talent in a group context

05

Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



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TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

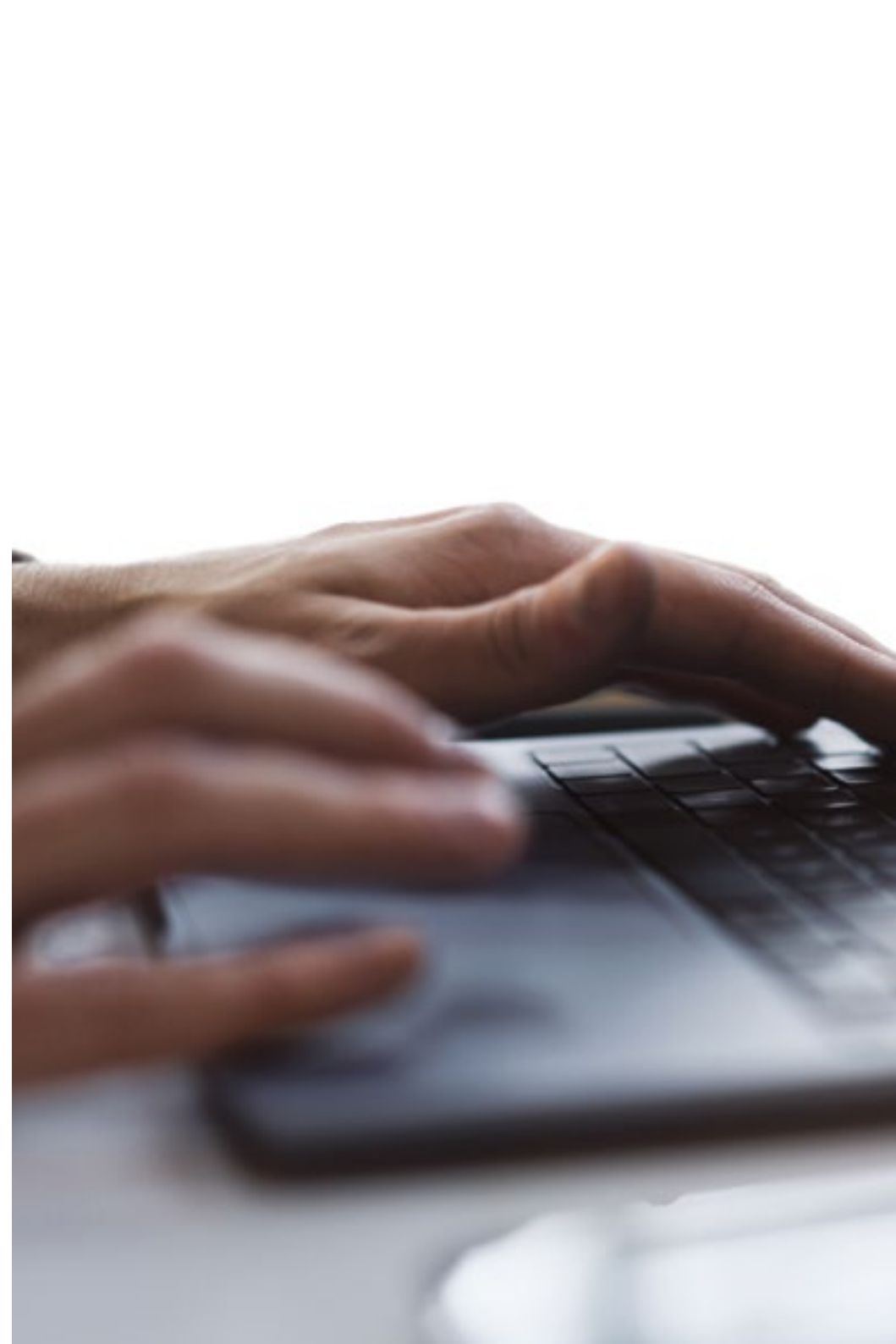
In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

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*At TECH you will NOT have live classes
(which you might not be able to attend)”*



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

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TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want”

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

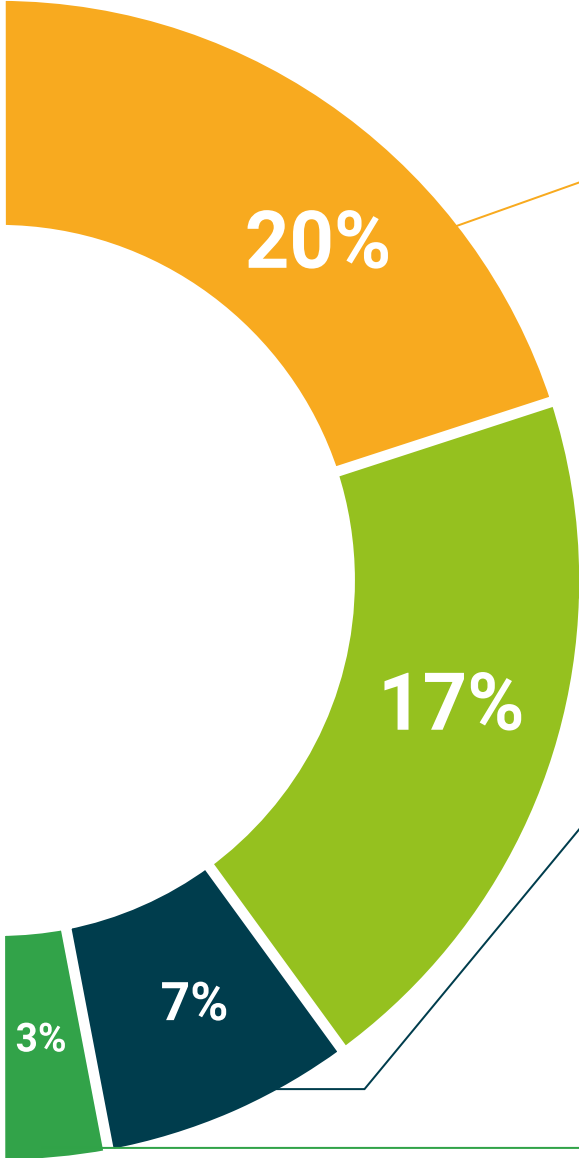
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





Case Studies

Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.



Testing & Retesting

We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an expert strengthens knowledge and memory, and generates confidence for future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Game Technique in Football guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This private qualification will allow you to obtain a **Postgraduate Certificate in Game Technique in Football** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Game Technique in Football**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**

Endorsed by the NBA



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



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