

Postgraduate Certificate Behavior Modification



Postgraduate Certificate Behavior Modification

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/psychology/postgraduate-certificate/behavior-modification

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01

Introduction

Behavior modification techniques have met with detractors since their implementation, but at the same time they have scientifically demonstrated their effectiveness in patients with autism who manage to communicate, children with cognitive disabilities who improve their autonomy or who suffer from phobias that they manage to overcome. To achieve this, the psychology professional must have an exhaustive knowledge of the theories, techniques and tools most used in the infant and juvenile stage. This 100% online program offers students the opportunity to increase and update their knowledge through innovative multimedia content and a teaching team specialized in this area.



A young girl with two braids of brown hair is looking down and to the left. She is wearing a light pink button-down shirt. She is holding a brown teddy bear. The background is a blurred indoor setting. The image is partially covered by a large red diagonal shape on the right side.

“

With this 100% online course you will be able to improve your knowledge in the most common operant techniques”

Eliminating, reducing or changing non-adaptive behaviors in the child and adolescent population is sometimes a great challenge for psychology professionals who must constantly upgrade their knowledge in this field. For them, TECH offers this Postgraduate Certificate, where they can find multimedia material that is at the academic forefront and has been developed by a teaching team specialized in this area.

A university program, consisting of 180 teaching hours, in which students will delve into the main theories and most relevant authors that have defined and marked the evolution of behavior modification techniques in childhood and adolescence. Likewise, students will learn about the operant techniques for the increase of behavior, for the acquisition or the direct application of other techniques such as token economy or contingency contracts. All this, with a theoretical-practical approach, where students will have simulations of real cases that will be of great application in their daily clinical practice.

Thus, the psychology professionals who take this university course will acquire a renewed knowledge in a comfortable way, since they will be able to access the Postgraduate Certificate wherever and whenever they wish. They will only need a computer, tablet or cell phone with internet connection to access all the syllabus of this teaching, without attendance, or sessions with fixed schedules. This way you will be able to distribute the teaching load according to your needs. A great opportunity provided by TECH for professionals who wish to acquire a quality degree while combining their work and/or personal responsibilities.

This **Postgraduate Certificate in Behavior Modification** contains the most complete and up-to-date program on the market. The most important features include:

- ◆ Practical cases presented by experts in Psychology
- ◆ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



Connect at any time of the day to an educational program that brings you closer to the recent lines of research in Behavior Modification”

“

The multimedia content will allow you to renew your knowledge in operant techniques for behavioral enhancement, acquisition or elimination”

A 100% online program that allows you to receive quality education without neglecting other personal or work areas of your life.

During 6 weeks you will learn the most advanced knowledge in the techniques used for the modification of behaviors in childhood.

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersion education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose students will be assisted by an innovative interactive video system developed by renowned experts.



02

Objectives

The main objective of this Postgraduate Certificate is that the psychology professionals acquire a renewal of knowledge in Behavior Modification in an agile and exhaustive way, thanks to the multimedia didactic resources provided in this course. Thus, students will be able to keep informed of the most recent techniques used and the different existing theoretical currents of behavior modification. The teachers who deliver this degree will help students to achieve their objectives at the end of this program.





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The video summaries, complementary readings and practical clinical cases will help you to upgrade your knowledge in a more agile way”



General Objectives

- ◆ Describe the therapeutic bond between the psychotherapist and the child
- ◆ Analyze the changes in behavior during the life cycle
- ◆ Differentiate between the evolutionary adaptation and adaptability of human beings
- ◆ Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- ◆ Master psychodiagnosis and evaluation in the child and adolescent framework
- ◆ Control personality assessment at these ages
- ◆ Identify the role of the family in child and adolescent diagnosis
- ◆ Specify the intervention in clinical psychology at these age groups
- ◆ Develop sufficient skills to manage a child and adolescent clinic





Specific Objectives

- ◆ Analyze the principles of behavior modification techniques
- ◆ Know and recognize the different theoretical currents of behavior modification
- ◆ Identify how to apply behavior modification techniques



Access recent scientific studies that support the use of certain techniques in Behavior Modification in adolescents in an efficient way”



03

Course Management

This academic program includes the most specialized teaching staff in the current educational market. They are specialists selected by TECH to develop the whole syllabus. In this way, starting from their own existence and the latest evidence, they have designed the most up-to-date content that provides a guarantee of quality in such a relevant subject.



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TECH offers the most specialized teaching staff in the field of study. Enroll now and enjoy the quality you deserve”

International Guest Director

Dr. Amy Elizabeth West is a renowned clinical psychologist with an outstanding international career in the field of Child and Adolescent Mental Health. She has held a leadership position at Children's Hospital Los Angeles (CHLA), where she has directed the Clinical Child and Adolescent Psychology Internship. Here, her work has focused on providing evidence-based psychosocial treatments, with a special focus on vulnerable and underserved populations, such as ethnic minorities and socioeconomically disadvantaged families.

Likewise, throughout her career, she has led innovative research on Mood and Anxiety Disorders in children, the prevention of Suicidal Behavior and Perinatal Mental Health, obtaining funding from prestigious institutions, such as the National Institute of Mental Health (NIMH), the Patient-Centered Outcomes Research Institute (PCORI) and the Substance Abuse and Mental Health Services Administration (SAMHSA).

Likewise, her integrative approach has been instrumental in developing treatments such as Child and Family Focused Cognitive Behavioral Therapy (CFF-CBT), known as RAINBOW therapy, which has been widely validated as an effective treatment for Pediatric Bipolar Disorder, with manuals published by Oxford University Press in the "Treatments that Work" series. She has also been involved in research on Substance and Opioid Use Prevention in Native American and Alaska Native communities.

In addition to her work and research, Dr. Amy Elizabeth West has been an active personality in several professional organizations, holding leadership roles in the Association for Cognitive and Behavioral Therapy, the Society for Prevention Research, and the Anxiety and Depression Association of America. In doing so, she aims to improve access to mental health care for vulnerable populations, establishing herself as an expert in her field.



Dr. Bolton, West, Amy Elizabeth

- ♦ Director of Clinical Child and Pediatric Psychology, Children's Hospital Los Angeles, United States
- ♦ Co-investigator and Director of the Implementation of Cognitive-Behavioral Techniques
- ♦ Psychologist and Researcher of the Community Mental Health Program at Children's Hospital of Los Angeles
- ♦ Member of the Study on Prevention and Treatment of Opioid and Substance Use in Urban and Rural AIAN Tribal Communities in California at the University of Southern California
- ♦ Associate Editor of the Journal of Clinical Child and Adolescent Psychology
- ♦ Adolescent Medicine Fellow at Harvard Medical School and Boston Children's Hospital
- ♦ Clinical and Pediatric Child Psychology Fellow, Harvard Medical School and Boston Children's Hospital
- ♦ Ph.D. in Clinical Psychology from the University of Virginia
- ♦ B.A. in Psychology from Stanford University
- ♦ Clinical Research Loan Repayment Program Award from the National Institutes of Health (NIH)
- ♦ Career Development Award from the National Institute of Mental Health (NIMH)
- ♦ Member of:
 - ♦ University of Southern California Interdisciplinary Center for Family Change

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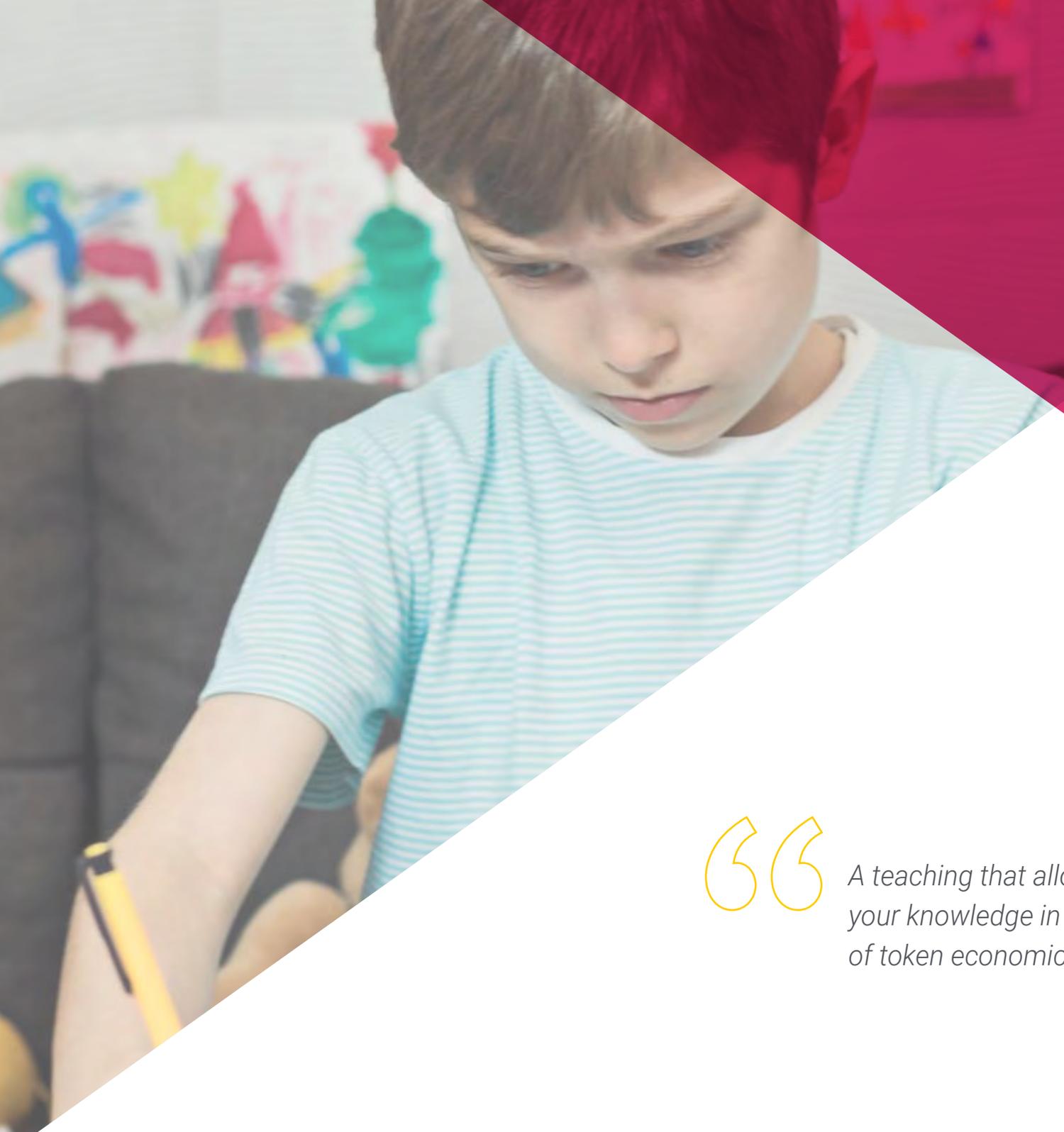
Thanks to TECH, you will be able to learn with the best professionals in the world”

04

Structure and Content

The psychology professional who takes this university degree is faced with an education that uses the Relearningsystem, based on the reiteration of content, which allows students to actualize their knowledge in a more natural and progressive way, also reducing the long hours of study that must be used with other teaching methods. In this way, the professional will reach an upgrade in Behavior Modification throughout the 6 weeks of duration of this program, in a more agile and efficient way.





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A teaching that allows you to improve your knowledge in the clinical application of token economics in minors”

Module 1. Behavior Modification

- 1.1. Main Theories and Authors
 - 1.1.1. Beginnings of Behavioral Theories
 - 1.1.2. Most Relevant Authors
- 1.2. Operant Techniques for Behavioral Enhancement
 - 1.2.1. What Behaviors Do We Want to Increase?
 - 1.2.2. Techniques to Increase Behavior
- 1.3. Operant Techniques for Acquisition
 - 1.3.1. What Behaviors Do We Want to Acquire?
 - 1.3.2. Development of Techniques to Facilitate the Acquisition of Behaviors
- 1.4. Techniques to Reduce or Eliminate
 - 1.4.1. What Behaviors Do We Want to Eliminate?
 - 1.4.2. Techniques to Reduce or Extinguish a Behavior
- 1.5. Token Economy Program
 - 1.5.1. Theoretical Basis for the Token Economy
 - 1.5.2. Its Use in the Classroom
 - 1.5.3. Its Clinical Use
- 1.6. Contingency Contracts
 - 1.6.1. Theoretical Principles of Contingency Contracts
 - 1.6.2. Application of Contingency Contracts
- 1.7. Most Common Operant Techniques
 - 1.7.1. Classical Operant Techniques
 - 1.7.2. Operant Techniques Oriented to Clinical Psychology
- 1.8. Latest Applications and Studies
 - 1.8.1. Neobehavioral Theories
 - 1.8.2. Main Authors
 - 1.8.3. Research Lines
- 1.9. Behavioral Assessment
 - 1.9.1. Behavioral Assessment Strategies
 - 1.9.2. Functional Analysis of Behavior





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A Postgraduate Certificate that will allow you to apply the latest strategies in behavioral evaluation in patients in the infantile and juvenile stage”

04

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



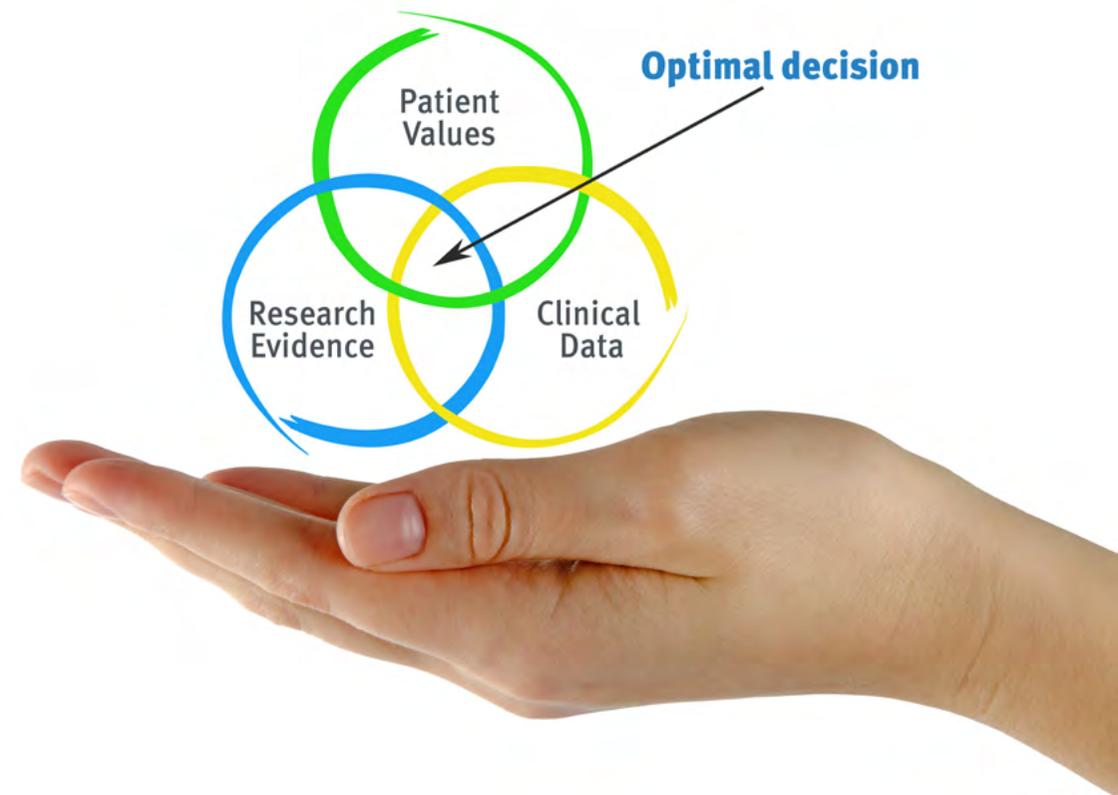
“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization”

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a “case”, an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

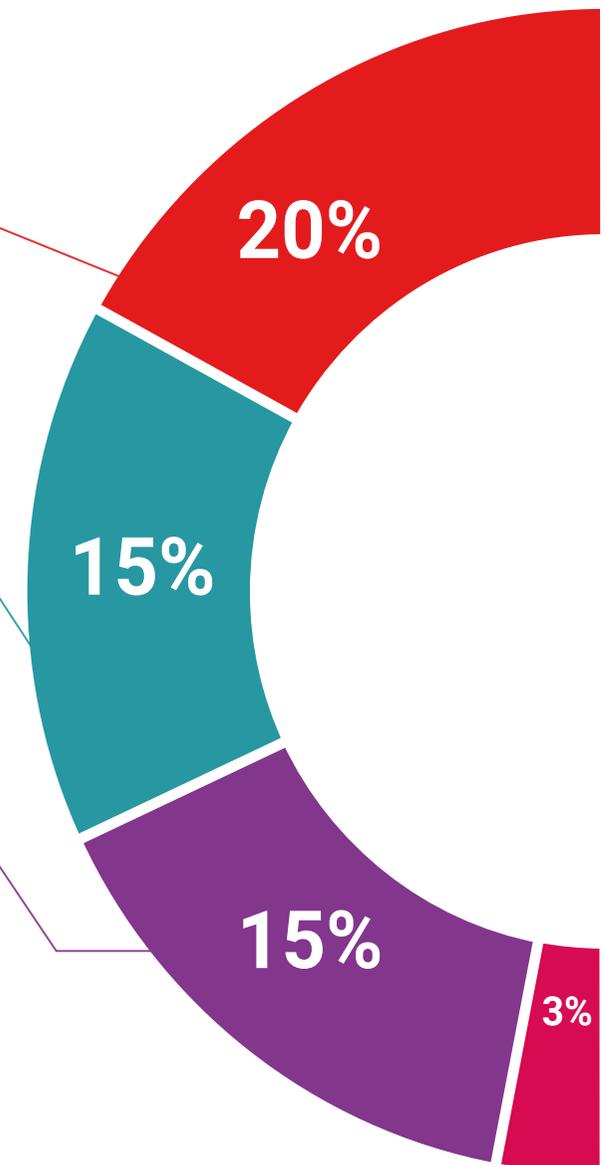
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

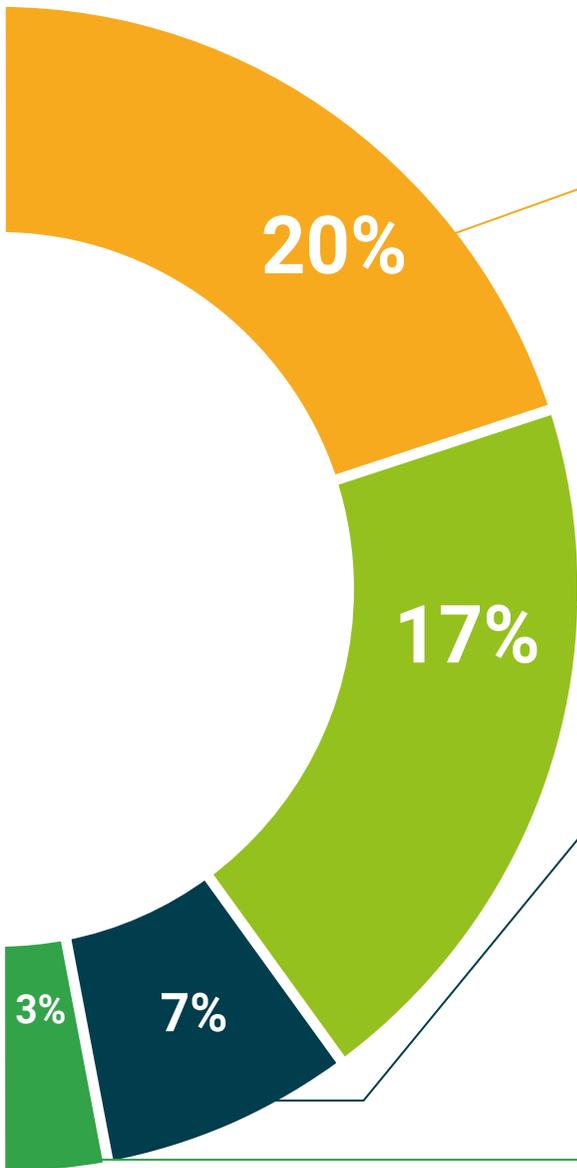
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful. Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Behavior Modification guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Behavior Modification** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Behavior Modification**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

personalized service innovation

knowledge present quality

online training

development languages

virtual classroom

tech global
university

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