

# Postgraduate Diploma Psychopharmacology and Psychological Therapeutic Processes





## Postgraduate Diploma Psychopharmacology and Psychological Therapeutic Processes

Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

Official N° of Hours: 425 h.

Website: [www.techtitute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-psychopharmacology-psychological-therapeutic-processes](http://www.techtitute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-psychopharmacology-psychological-therapeutic-processes)

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# 01

# Introduction

21st century psychologists must be familiar with all the tools aimed at the biopsychosocial health of patients suffering from psychological disorders. Pharmaceuticals are one of these tools, and for this reason, psychologists must have a thorough knowledge of how they work in order to be able to adhere to their specialty, such as psychotherapy or group intervention.



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*This Postgraduate Diploma in Psychopharmacology and Psychological Therapeutic Processes contains the most complete and up-to-date scientific program on the market. What are you waiting for? Enroll now!"*

Pharmacology studies the properties and actions that medication produces in organisms, making it a biological science. Any chemical substance that interacts in the living organism is called a pharmaceutical drug. In a more restricted sense, and as it will be considered in this program, a drug is any chemical substance used to prevent the appearance of an undesirable physiological process, or in the treatment, cure, prevention or diagnosis of a disease.

Medicines are therefore drugs that are used for therapeutic purposes, alone or in combination, representing a specialty. The action of drugs in the body, as well as their origin, synthesis, preparation, properties, actions from the molecular level to the level of the whole organism, their way of positioning and moving in the body, forms of administration, therapeutic indications, toxic actions, form the knowledge of pharmacology. It becomes, therefore, a multidisciplinary field that admits professionals from molecular biologists to psychotherapists.

This **Postgraduate Diploma in Psychopharmacology and Psychological Therapeutic Processes** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ Clinical cases presented by experts in the different specialties
- ♦ The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Latest advances on Psychopharmacology and Psychological Therapeutic Processes
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- ♦ With special emphasis on evidence-based psychology and research methodologies in Psychology
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*This Postgraduate Diploma may be the best investment you can make when choosing a psychology refresher course”*

“

*Increase your confidence in decision making by updating your knowledge through this Postgraduate Diploma in Psychopharmacology and Psychological Therapeutic Processes”*

Forming part of the teaching staff is a group of professionals in the world of Psychology, who bring their work experience to this Postgraduate Diploma, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive program to learn in real situations.

This program is designed around Problem-Based Learning, where students must try to solve the different professional practice situations that arise during this academic course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.

*Study this Postgraduate Diploma from the comfort of your own home, without having to move to an on-site center and follow established schedules.*

*Don't miss the opportunity to update your knowledge in Psychopharmacology and Psychological Therapeutic Processes to improve your professional practice.*



# 02

# Objectives

The main objective of this program is to develop both theoretical and practical learning, so that the professional can master, in a practical and rigorous way, the study of Psychopharmacology and Psychological Therapeutic Processes.







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*This up-to-date program will provide you with a sense of confidence in the practice of psychology, which will help you grow both personally and professionally”*



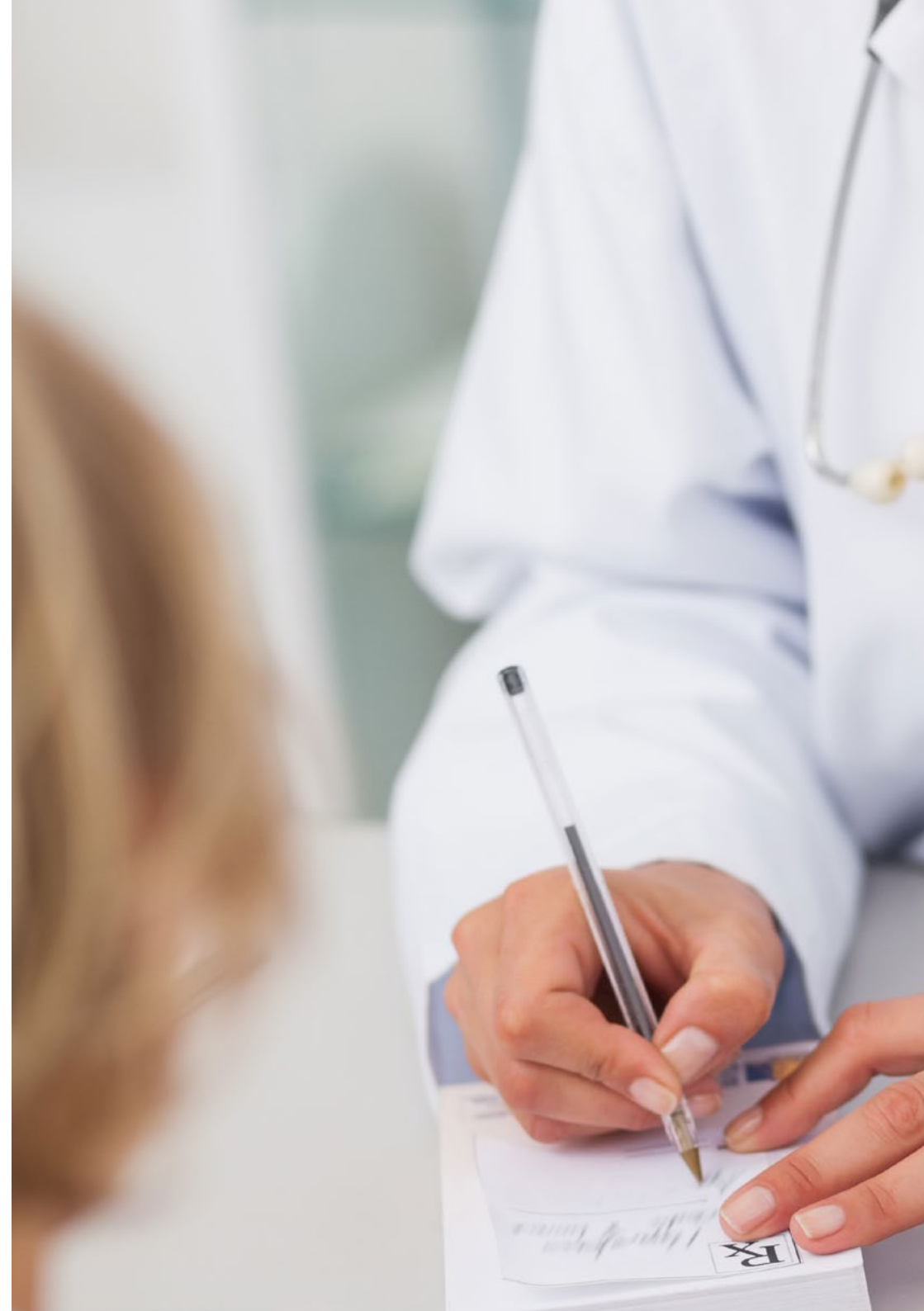
## General Objectives

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- Master the current knowledge on medication used in psychiatry and neurology
- Prepare to achieve the therapist-patient-medication link
- Identify the absorption properties of medication
- Develop proficiency in pharmacodynamics
- Describe in protocols the intervention programs, taking into account the characteristics and specific aspects of from taking medication
- Identify the evolution of the different disorders listed in the DSM-5 or ICD-10

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*Make the most of this opportunity and take the leap to get up to date on the latest advances in Psychopharmacology and Psychological Therapeutic Processes”*





## Specific Objectives

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### **Module 1. Pharmacology and its Objectives in Psychological Therapeutic Processes**

- ♦ Describe the patient's medical history
- ♦ Discover and promote the family psychic framework
- ♦ Differentiate between the different etiologies of mental disorders
- ♦ Manage and master the role of sympathy and empathy in vicarious learning
- ♦ Manifest the importance of admiration in the overall balance of the family
- ♦ Develop effective analysis plans for differential diagnosis
- ♦ Identify psychopharmacological needs in mood disorders
- ♦ Manage the patient's medical history, as well as provide the necessary skills to work in a multidisciplinary manner

### **Module 2. Anamnesis and the Decision to Choose the Appropriate Medication**

- ♦ Discover and find the emotional memories of the components of the disorder
- ♦ Master and manage the relationship until you become an example
- ♦ Identify the components of the patient's pathology to decide on intervention
- ♦ Indicate the impact of diagnoses on patient decision making
- ♦ Design and implement chronic disease adjustment programs
- ♦ Develop protocols that do not allow for medication dependence
- ♦ Manage and stabilize the emotional and affective deficiencies of the patient within the intervention
- ♦ Use the intervention to determine when it is necessary for other professionals to join the analysis process

# 03

# Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this program.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.





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*Learn about the latest advances  
in Psychopharmacology and  
Psychological Therapeutic Processes  
from leading professionals”*

## Management



### Dr. Aguado Romo, Roberto

- ♦ Psychologist specializing in Clinical Psychology
- ♦ European specialist in Psychotherapy from the EFPA
- ♦ President of the European Institute of Time-Limited Psychotherapy
- ♦ Director of the Evaluation and Psychotherapy Center of Talavera, Bilbao and Madrid
- ♦ Director of the scientific journal Psinapsis
- ♦ Master's Degree in Clinical and Health Psychology by the Spanish Society of Psychosomatic Medicine and Health Psychology
- ♦ Tutor of the Basic Psychology course at the UNED

## Professors

### Dr. De Dios González, Antonio

- ♦ Director the Psychology Department of the Hospital Quirón de Marbella, Spain
- ♦ Director of Avatar Psychologists
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- ♦ Transpersonal Therapist by the Spanish School of Transpersonal Development
- ♦ Master's Degree in Neuro-Linguistic Programming (N.L.P.) by Richard Bandler's Society of Neuro-Linguistic Programming
- ♦ Specialist in Clinical Hypnosis and Relaxation

### Dr. González, Mónica

- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology at Hospital Quirón Salud Marbella and Avatar Psicólogos
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy
- ♦ University Specialist in Clinical Hypnosis with Selective Dissociation Focusing by the University of Almeria
- ♦ Collaborator in different Red Cross programs
- ♦ Professor in the Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy
- ♦ Trainer of Avatar Psicólogos in different programs of emotional management for educational centers and companies. Trainer at Human Resources Consulting Services (HRCS)

### Dr. Martínez-Lorca, Manuela

- ♦ Doctorate in Psychology from the University of Castilla-La Mancha
- ♦ Health Psychologist
- ♦ Lecturer at the Department of Psychology at the UCLM
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology from the European Institute of Time-Limited Psychotherapy
- ♦ Specialist in Clinical Hypnosis and Relaxation

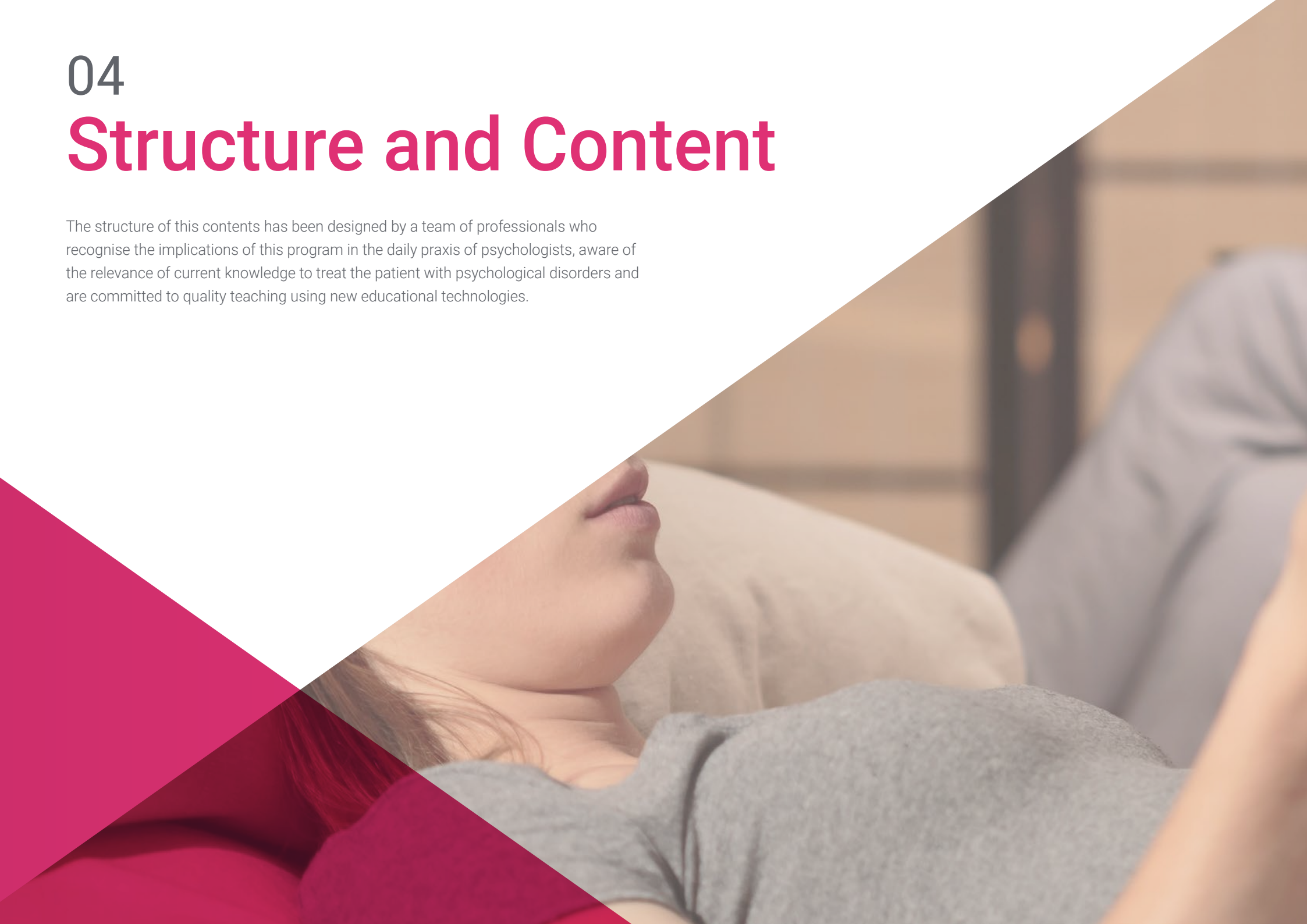
### Dr. Roldán, Lucía

- ♦ Health Psychologist
- ♦ Cognitive-behavioral intervention specialist
- ♦ Master in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- ♦ Expert in energy therapy intervention

# 04

# Structure and Content

The structure of this contents has been designed by a team of professionals who recognise the implications of this program in the daily praxis of psychologists, aware of the relevance of current knowledge to treat the patient with psychological disorders and are committed to quality teaching using new educational technologies.





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*This Postgraduate Diploma Psychopharmacology and Psychological Therapeutic Processes contains the most complete and up-to-date scientific program on the market”*

**Module 1. Pharmacology and its Objectives in Psychological Therapeutic Processes**

- 1.1. Anthropological, Historical, Sociological and Psychological Perspective on the Use of Medication
- 1.2. Objectives of Pharmacology
- 1.3. Concept of Pharmacology
- 1.4. Therapeutic Pharmacology
- 1.5. Pharmacodynamics
- 1.6. Pharmacokinetics
- 1.7. Plasma Level Curve
- 1.8. Toxicology
- 1.9. Social Aspects of Medication
- 1.10. Medication Intervention Process
- 1.11. Information Form for the Patient to Receive Psychopharmacological Treatment
- 1.12. Process for Medication to Become Legal
- 1.13. Symptoms and Signs, Diseases and Syndromes



## Module 2. Anamnesis and the Decision to Choose the Right Medication

- 2.1. The Interview in a Clinical and Expertise Setting
- 2.2. Information Theory
- 2.3. Communication Channels
- 2.4. Communication System
- 2.5. Axioms of the Interview
- 2.6. It is Impossible Not to Communicate
- 2.7. Content and Relationship
- 2.8. Affective Value
- 2.9. Digital and Analog Communication
- 2.10. Symmetry and Asymmetry
- 2.11. Exploring Communication
- 2.12. Verbal Communication
- 2.13. Non-Verbal Communication
- 2.14. Double Bond
- 2.15. Psychopathology of Communication
- 2.16. A Gesture is Worth a Thousand Words
- 2.17. Medical History
- 2.18. General Structure of the Mental Examination
- 2.19. Semiology
- 2.20. Epistemology of Diagnosis
- 2.21. Some Special Types of Clinical Interviews



*Download the content of the syllabus and delve into the topics that are most difficult for you, in this way you will be an expert in a matter of time"*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



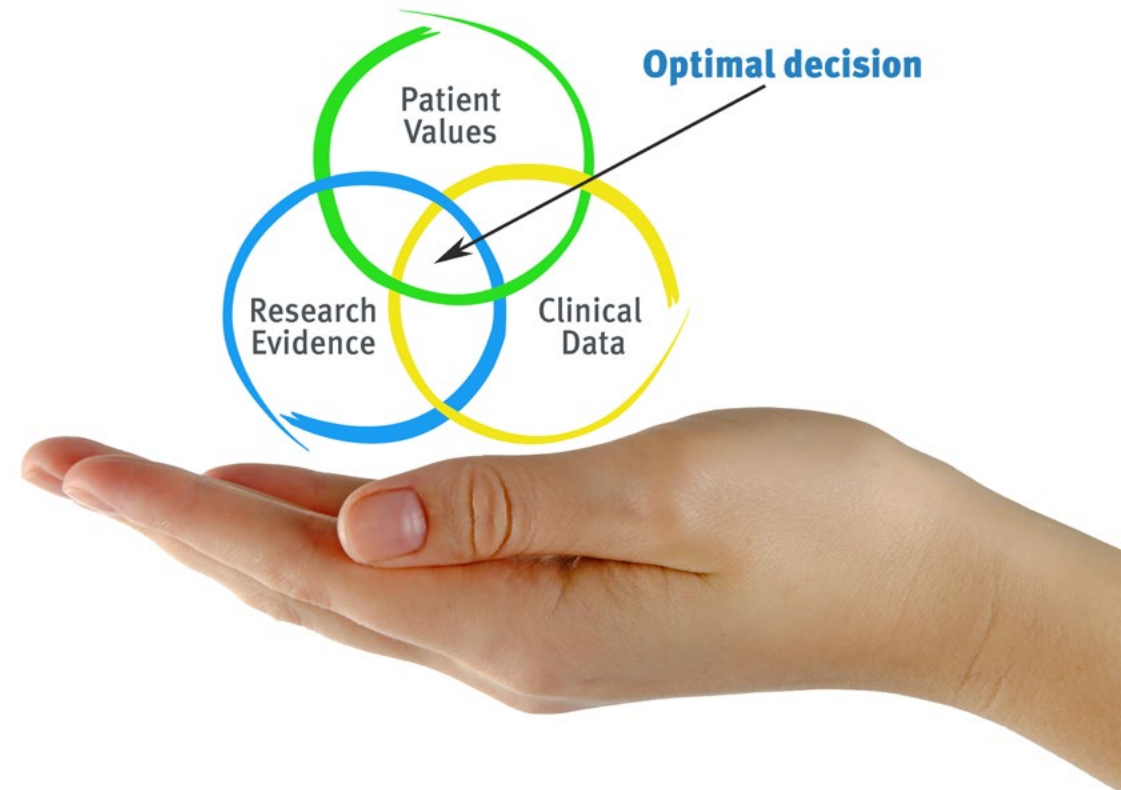
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Diploma in Psychopharmacology and Psychological Therapeutic Processes guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Diploma in Psychopharmacology and Psychological Therapeutic Processes** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Psychopharmacology and Psychological Therapeutic Processes**

Official N° of Hours: **425 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development language  
virtual classroom



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Modality: Online

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