Postgraduate Diploma

Psychological Intervention in Family Conflicts

tech technological university

Postgraduate Diploma

Psychological Intervention in Family Conflicts

- » Modality: **online**
- » Duration: **6 months**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-psychological-intervention-family-conflicts**

Index

01
Introduction

Role conflict, personal characteristics of some of its members, inadequate communication patterns or the implications of parental pathologies on children are some of the most discussed aspects.

"This Postgraduate Diploma is unique in that it addresses those aspects that have received the most attention in the research carried out on the subject. To this end, we develop some questions regarding the relationship between external stress factors, family interaction and psychological problems in children and adolescents"

Gradually, it has begun to be recognized that family dynamics not only protects its members against certain adversities or certain personal disorders, but also that certain aspects of family functioning can help to improve inappropriate behaviors (especially in children and adolescents). This not only applies in the family environment, but also in other areas and other disorders, as is the case of emotional or psychosomatic disorders.

The hypothesis of researchers on the subject, has been that the negative impact that certain external factors may have on the development of emotional and behavioral problems in children and adolescents, is directly shaped by family structure and dynamics. In many cases, stress factors can modify the family environment to such an extent that they become dysfunctional.

One of the most commonly studied factors of familial pathology has been the economic situation. Different research has brought to light that economics has a negative influence on psychological well-being and family relationships. In addition, there has been an increase in the number of studies which show the influence of economic stress on children and adolescents is shaped by the type of relationship that exists between parents and children. However, the processes through which economic stress can generate emotional "distress" or negatively affect family relationships still haven't been adequately proved.

This **Postgraduate Diploma in Psychological Intervention in Family Conflicts** contains the most complete and up-to-date scientific program on the market. The most important features of the course are:

- Clinical cases presented by experts in the different specialties. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.

- Latest information on Psychological Intervention in Family Conflicts.

- Algorithm-based interactive learning system for decision-making in the presented clinical situations.

- With special emphasis on evidence-based psychology and research methodologies in psychology.

- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.

- Content that is accessible from any fixed or portable device with an Internet connection.

Update your knowledge through the Postgraduate Diploma in Psychological Intervention in Family Conflicts, in a practical way and adapted to your needs"

"This Postgraduate Diploma may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Psychological Intervention in Family Conflicts, you will obtain a qualification from TECH University"

The Postgraduate Diploma includes real clinical cases and exercises to bring the development of the course closer to the psychologist's clinical practice.

The teaching staff includes healthcare professional from the field of Psychology who bring their vast experience to the course, as well as renowned specialists from scientific societies of reference.

Thanks to multimedia content developed with the latest educational technology, the professional has access to situational and contextual learning. In other words, a simulated environment that will provide immersive learning, programmed to train for real situations.

The design of this program is based on Problem Based Learning through which the psychologist will have to try and resolve the different practical professional situations that arise throughout the course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts in the field of psychology who have lots of teaching experience.

02
Objectives

The main objective of the program is the development of theoretical and practical learning, so that the psychologist is able to master Psychological Intervention in Family Conflicts in a practical and rigorous manner.

This refresher program will generate a sense of confidence when practising psychology which will help you grow both personally and professionally"

General Objectives

* Develop understanding of the dynamics between the parents and the consequences on the family.

* Describe, in relation to protocols, the intervention programs, taking into account the characteristics and aspects of the systemic relationship in the family.

* Identify the evolution of the different disorders listed in the DSM-5 or ICD-10.

* Master the fields of medical-psychologist interaction in family intervention.

* Provide the professional with all the up-to-date references on the diagnosis, intervention and therapeutic process of the family.

* Describe, with decision protocols, the individualized study of family members to be able to perform a rigorous psychopathological study.

Make the most of the opportunity and take the step to get up-to-date on the latest developments in Psychological Intervention in Family Conflicts"

Specific Objectives

- Manage the emotional crises within a session with children or adolescents and adults.
- Master assessment and intervention tools using all senses.
- Identify and use the information of social agents and family members.
- Develop an intervention according to the mental logic of the different age groups.
- Describe the emotional schemas of the family members.
- Master how to create a relationship to become a reference for the whole family without entering into competition with adults.
- Manage and stabilize the emotional and affective deficiencies of the patient within the intervention.
- Master the management of differential characteristics with which family psychological pathologies can present themselves.
- Identify and master the clinical management and prognosis of different childhood and adolescence disorders.
- Use intervention to determine in which moment it is necessary for other professionals to join the analysis process.
- Develop and understand mutations and new ways of presenting an illness.
- Develop the knowledge to identify an important problem of natural evolution within the process of a family home.

03
Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.

"Learn the latest advances in Psychological Intervention in Family Conflicts from leading professionals"

Management

Aguado Romo, Roberto

- Psychologist specializing in Clinical Psychology.
- European Specialist Psychologist in Psychotherapy from the EFPA,
- President of the European Institute of Time-Limited Psychotherapies.
- Author with Patents in Psychotherapy Models and Techniques including Time-Limited Psychotherapy, Reciprocal Interaction Therapy, Selective Dissociation Focusing (SDF) Techniques, Induced Head Movement Techniques, Transferred Emotional Modification Techniques, Specific Sensory Stimulation Techniques and Emotional Bonding Techniques.
- Director of the Evaluation and Psychotherapy Center of Talavera, Bilbao and Madrid.
- Director of the scientific journal Psinapsis.
- Master's Degree in Clinical and Health Psychology from the Spanish Society of Psychosomatic Medicine and Health Psychology.
- Tutor of Basic Psychology Course at National Distance Education University (UNED).
- Author and Co-author of "Reciprocal Interaction Therapy" (2002) EDITOR, "Practical Manual of Reciprocal Interaction Therapy" (2005) SINTESIS, "I'm Afraid to be Afraid" (2009) PIRAMIDE, "Consultation Secrets" (2009) PLANETA, "Close to Home" (2009) LID, "It's Exciting to Know How to Get Excited" (2014) EOS, "Emotion Decides and Reason Justifies" (2015) EOS.
- External Researcher in CerNET (University of Almería), University of Castilla La Mancha and Marazuela Hospital.

Professors

De Dios González, Antonio
* Director of Avatar Psychologists.
* Head of Psychology Department in Quirón Hospital in Marbella.
* Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.
* Transpersonal Therapist of the Spanish School of Transpersonal Development.
* Specialist in E.F.T. by the World Center for EFT.
* Master's Degree in Neuro-Linguistic Programming (N.L.P.) from Richard Bandler's Society of Neuro-Linguistic Programming.
* Specialist in Clinical Hypnosis and Relaxation.

Furelos, Maribel
* Psychologist specializing in Clinical Psychology.
* Sexologist in Osakidetza at the Santurce outpatient clinic.
* Master's Degree in Time-Limited Psychotherapy and Health Psychology.

Gandarias, Gorka
* Health Psychologist }
* European specialist psychologist in Psychotherapy from the EFPA in Vitoria, Spain.
* Master's Degree in Time-Limited Psychotherapy and Health Psychology.
* Expert in intervention in bizarre behavior and drug addiction.

González, Mónica
* Psychologist in charge of the Department of Child and Adolescent Psychology of the Quirón Hospital and Avatar Psychologists in Marbella.
* Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

Casado, Maria
* Health Psychologist
* Specialist in Family and Couple Intervention in the Spanish Police Confederation in Madrid.
* Master's Degree in Time-Limited Psychotherapy and Health Psychology.
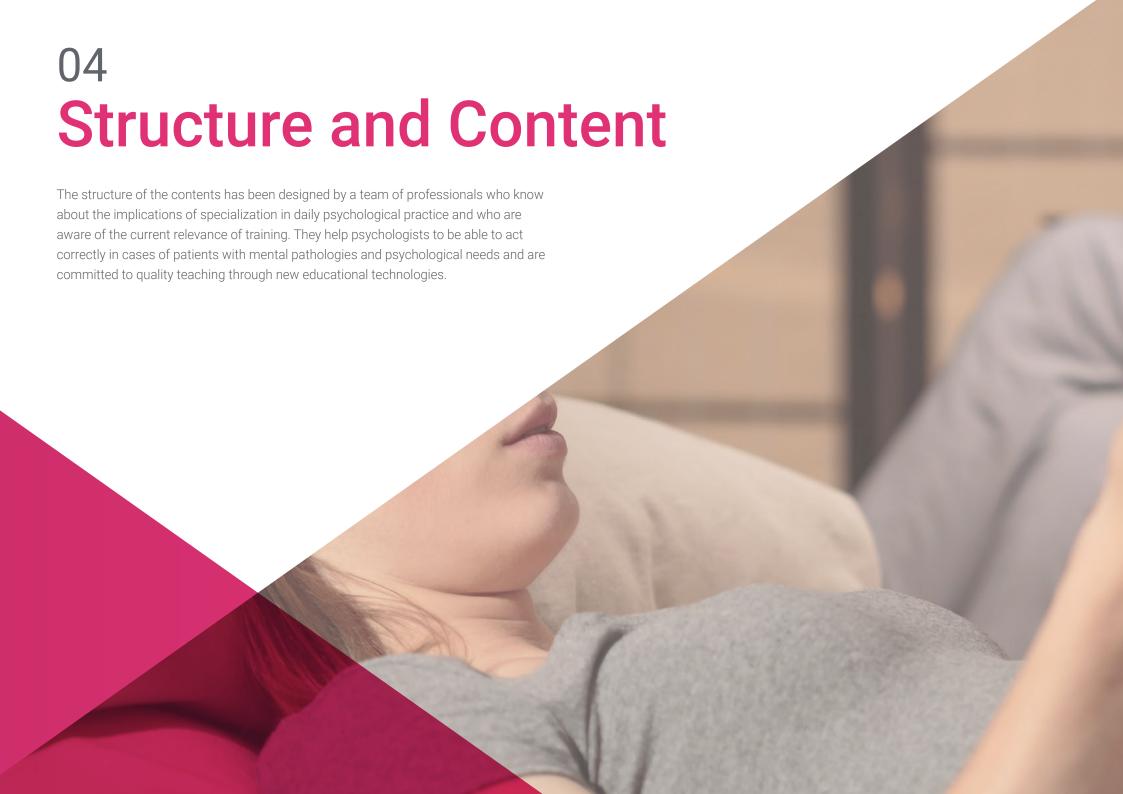
Martínez-Lorca, Manuela
* Doctorate in Psychology from the University of Castilla-La Mancha.
* Health Psychologist.
* Lecturer in the Department of Psychology at the UCLM. Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.
* Specialist in Clinical Hypnosis and Relaxation.

Roldán, Lucía
* Health Psychologist
* Cognitive-behavioral intervention specialist.
* Master's Degree in Time-Limited Psychotherapy and Health Psychology.
* Expert in energy therapy intervention.

Soria, Carmen
* European specialist psychologist in Psychotherapy at the Spanish Police Confederation Health Center, Madrid.
* Head of Psychosocial Unit.
* Health Psychologist
* Master's Degree in Time-Limited Psychotherapy and Health Psychol
* Specialist in chronic patients.
* Specialist in Clinical Hypnosis and Relaxation.

04

Structure and Content

The structure of the contents has been designed by a team of professionals who know about the implications of specialization in daily psychological practice and who are aware of the current relevance of training. They help psychologists to be able to act correctly in cases of patients with mental pathologies and psychological needs and are committed to quality teaching through new educational technologies.

This Postgraduate Diploma in Psychological Intervention in Family Conflicts contains the most complete and up-to-date scientific program on the market"

Module 1. Family Stress

Module 2. Modes of Intervention in Family Therapy

2.1.	Notion of Conflict
2.1.1.	Change of Attitude Towards Team Cooperation
2.1.2.	Attitue Improvement
2.1.3.	Emphasize Performance
2.2.	Types of Conflicts
2.2.1.	Atraction-Atraction
2.2.2.	Evasión-Evasion
2.2.3.	Atraction-Evasion
2.3.	Family Mediation
2.3.1.	Mediator Is Present Does Not Influence
2.3.2.	Arbitration Makes Decisions by Listening to the Parties
2.3.3.	Neutral Evaluation Draw Consequences from the Data Obtained
2.4.	Family Coaching
2.4.1.	Equalities
2.4.2.	Differences
2.4.3.	Contradictions
2.4.4.	Intrusiveness
2.5.	Learning in Coaching
2.5.1.	Breakage Declaration
2.5.2.	Take off the Masks
2.5.3.	Re-Engineering Ourselves
2.5.4.	Concentrate on the Exercise
2.6.	Habits to Improve in Coaching
2.7.	Focused on the Activity
2.7.1.	Focussing Activities
2.7.2.	Thought Control Techniques

2.8.	Clear Goals
2.8.1.	Definition of Where We Are
2.8.2.	Definition of Where We Want to Go
2.9.	Taking the Reins in Your Life Proactivity.
2.10.	Positive Psychology
2.11.	Conflict Management with the Conscious Emotional Bonding (CEB) Model.
2.11.1.	Identify Emotions
2.11.2.	Identify the Right Emotions
2.11.3.	Change Some Emotions for Others
2.12.	Training to Deal with Conflicts in the Family

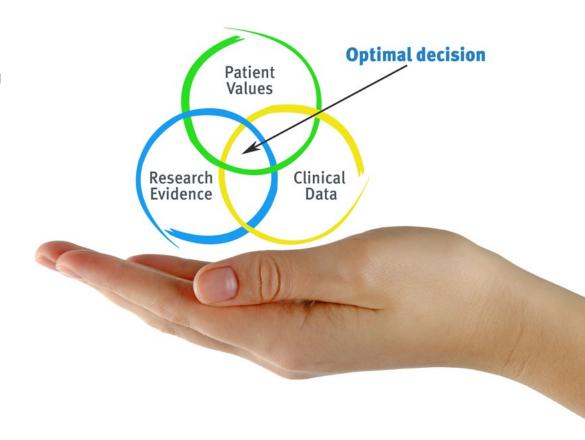*A unique, key, and decisive training experience to boost your professional development"*

Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: **_Re-learning_**.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the **_New England Journal of Medicine_** have considered it to be one of the most effective.

Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Psychologists learn better, faster, and more sustainably over time.

With TECH, psychologists can experience a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

"

Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only grasp concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.

2. The learning is solidly focused on practical skills that allow the psychologist to better integrate the knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 150,000 psychologists with unprecedented success, in all clinical specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

In this program you will have access to the best educational material, prepared with you in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.
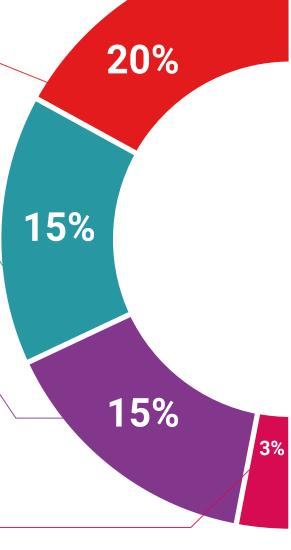
Latest Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.

Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.
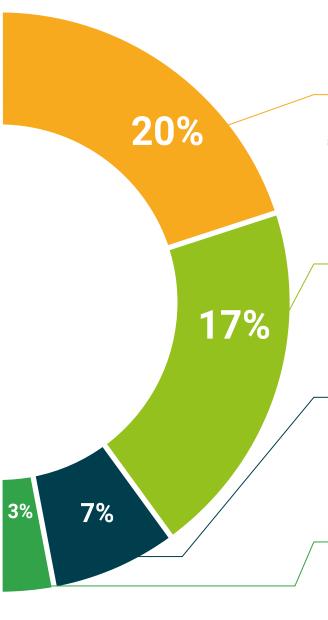
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.

20%

15%

15%

3%

20%

17%

3%

7%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Re-Testing

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.

Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.

06
Certificate

The **Postgraduate Diploma in Psychological Intervention in Family Conflicts** guarantees, in addition to the most rigorous and updated training, access to a **Postgraduate Diploma** issued by **TECH Technological University.**

tech

Successfully complete this Postgraduate Diploma and receive your university title without the hassle of travel or paperwork"

This **Postgraduate Diploma in Psychological Intervention in Family Conflicts** contains the most complete and up-to-date scientific program on the market.

Once the student has passed the evaluation, they will receive their corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will specify the qualification obtained though the **Postgraduate Diploma**, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Psychological Intervention in Family Conflicts**

Official Number of Hours: **650 hours.**

tech technological university

Awards the following

DIPLOMA

to

Mr./Ms. _____, with identification number _____.
For having passed and accredited the following program

POSTGRADUATE DIPLOMA

in

Psychological Intervention in Family Conflicts

This is a qualification awarded by this University, with 26 ECTS credits and equivalent to 650 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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