Postgraduate Diploma
Psychological Assessment and Intervention in Elderly People

tech global university

Postgraduate Diploma
Psychological Assessment and Intervention in Elderly People

- » Modality: **online**
- » Duration: **6 months**
- » Certificate: **TECH Global University**
- » Accreditation: **24 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-psychological-assessment-intervention-elderly-people**

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01
Introduction

Learning the principles of Psychogerontology and related fundamental concepts is essential for any psychologist who wants to develop his or her knowledge and skills in Psychological Assessment and Intervention in Elderly People. With this high-level training you will learn, in a rigorous and practical way, the latest developments in health psychology for the elderly.

A deep and comprehensive dive into strategies and approaches in Psychological Assessment and Intervention in Elderly People"

Psychologists play a fundamental role in healthcare when it comes to improving people's physical, mental and social wellbeing. Today they are an essential component in resolving different psychological disorders.

This Postgraduate Diploma provides extensive knowledge in advanced models and techniques in assessment, diagnosis and psychological intervention in this field of health. For this, you will have a teaching faculty that stands out for its extensive professional experience in the different areas in which psychology has developed and in different sectors of the population.

Throughout this training programme, the student will go through all the current approaches in the work carried out by health psychologists. The correct approach to psychological assessments and interviews; the implementation of psychological techniques for stress prevention or the assimilation of the different phases of the research process in Psychology. There will be some of the many topics of work and study that students will be able to integrate into their training with this comprehensive program.

We will not only take you through the theoretical knowledge we offer, but we will introduce you to another way of studying and learning, one which is simpler, more organic and more efficient. We will work to keep you motivated and to develop your passion for learning, helping you to think and develop critical thinking skills.

A high-level step that will become a process of improvement, not only on a professional level, but also on a personal level.

This **Postgraduate Diploma in Psychological Assessment and Intervention in Elderly People** has the most complete and up-to-date academic program on the market. The most important features of the program include:

◆ More than 100 practical cases presented by experts in Psychological Assessment and Intervention in Elderly People

◆ The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for carrying out research

◆ News and innovations on research in the different fields of Psychology

◆ Practical exercises where the self-assessment process can be carried out to improve learning

◆ Algorithm-based interactive learning system for decision-making in the situations that are presented to the student

◆ Special emphasis on research methodologies

◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments

◆ Content that is accessible from any fixed or portable device with an Internet connection

A training program created for professionals who aspire for excellence, and that will enable you to acquire new skills and strategies easily and effectively"

Access deep insights into Psychological Assessment and Intervention in Elderly People and its multiple implications, in a comprehensive Postgraduate Diploma designed to propel you to another professional level"

Increase your confidence as a healthcare psychiatrist by updating your knowledge through this Postgraduate Diploma degree.

This Postgraduate Diploma marks the difference between a professional with a lot of knowledge, and a professional who knows how to apply it in daily practice.

It includes a very broad teaching staff made up of experts in psychology, who share their work experience in this training, as well as recognized specialists from leading communities and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program designed to train in real situations.

This program is designed around Problem Based Learning, where the student must try to solve the different professional practice situations that arise during the course. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced research experts.
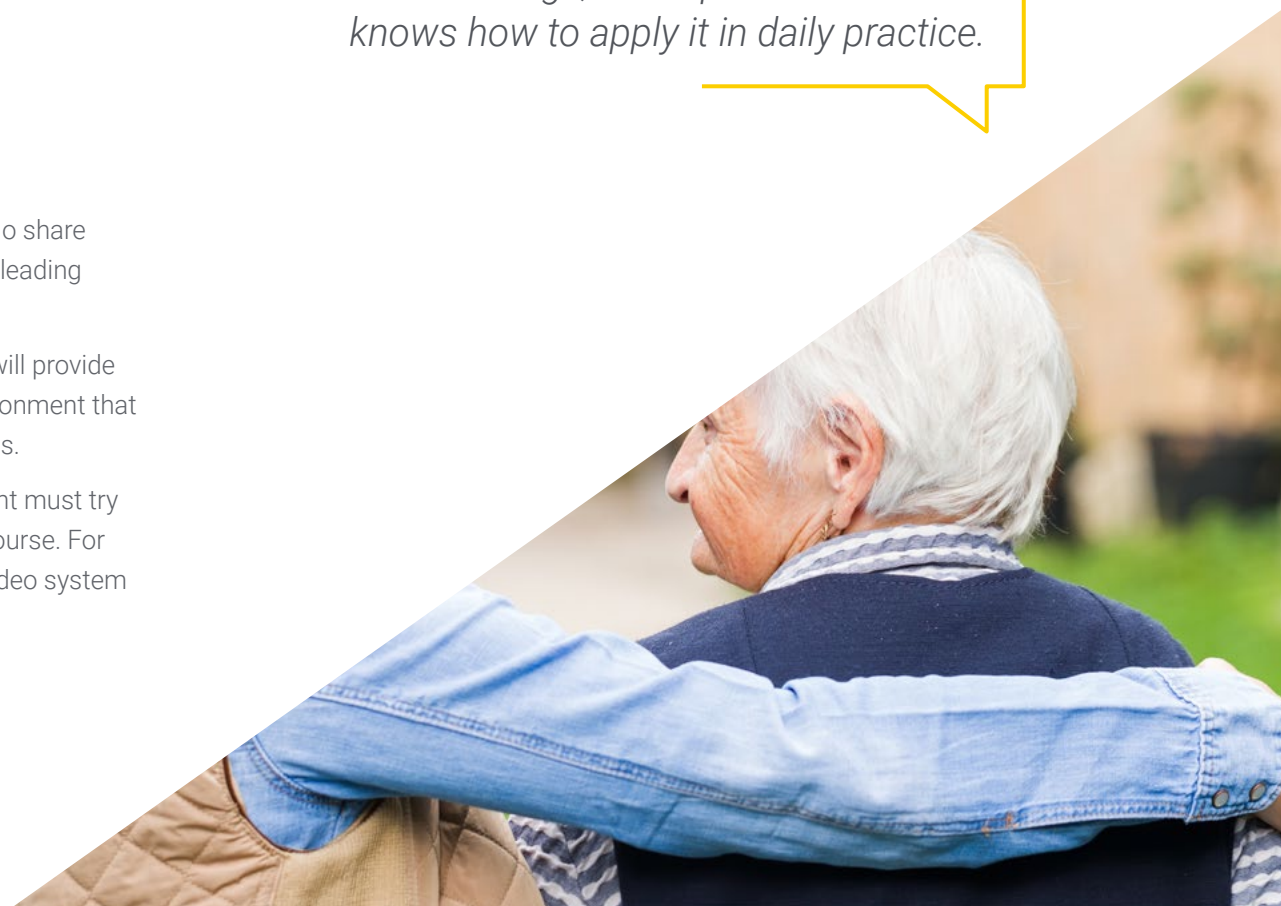
02
Objectives

This Postgraduate Diploma is aimed at the psychology professional, so that they can acquire the necessary tools to develop in the field, learning about the latest trends and delving into the issues that are at the forefront of this branch of knowledge. Professionals will only be able to carry out their objectives successfully if they are adequately prepared.

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If your goal is to improve in your profession, to acquire a qualification that will enable you to compete among the best, then look no further. This training will give your career the boost it needs"

General objective

- Train professionals qualified to practise in Psychological Assessment and Intervention in Elderly People, according to current legislation, with the ability to carry out effective assessments and treatments in people's behavior and activity in order to promote and improve their general state of health

Specific objectives

Module 1. Scientific and Professional Foundations of General Health Psychology

- Understand the definition and characteristics of Clinical and Health Psychology, its historical background and its relationship with other disciplines
- Study ethical and deontological standards in the practice of both the health profession and research, with emphasis on data protection obligations
- Provide a biopsychosocial perspective on health problems and comment on the theories that explain the relationship between psychological factors and health status
- Detail the different explanatory theories of stress and its impact on health and disease in individuals
- Understand the importance of interprofessional communication in General Health Psychology and to detail how it is carried out and the health care settings in which it is most frequently performed
- Know the main models of psychopathology and the current classification systems and understand their usefulness for Health Psychology
- Describe what evidence-based clinical practice consists of, the benefits it provides, the methodology it uses, the skills needed to develop it, and its limitations and future challenges
- Discover how outcome assessment and evaluation of the therapeutic process is carried out

- Delve into the phases of the research process in psychology and the different research designs that can be used
- Present the main ways of applying new technologies to psychological treatment, as well as their main advantages and disadvantages

Module 2. Skills and Techniques of the General Health Psychologist

- Understand the importance of the therapeutic relationship in the practice of health psychology and the factors that help to establish it
- Explain the different phases of the therapy process and the main obstacles that may be encountered in each one
- Know the skills necessary for practising General Health Psychology, especially communication and listening skills
- Mention the most feared scenarios of the therapy process and the most frequent mistakes made by psychologists and propose concrete strategies for dealing with them
- Possess working knowledge of the different therapeutic orientations in Psychology and acquire an attitude of respect towards the knowledge and techniques coming from each one of them
- Understand the contribution of psychodynamic, phenomenological-existential and humanistic models to General Health Psychology
- Understand the contribution of cognitive-behavioral, contextual, and systemic models to General Health Psychology and their main techniques
- Identify the benefits of positive psychology in promoting and improving individuals' health status

Module 3. Psychological Intervention in Elderly People

- Know the objectives of Psychogerontology and the fundamental concepts related to it

- Understand population aging and the different psychosocial models of aging

- Recognize the peculiarities and therapeutic skills necessary to carry out a psychological assessment and intervention in elderly patients

- Describe the most useful assessment instruments to use with elderly patients

- Study the transitions and life changes that occur in midlife and old age, as well as the therapeutic strategies that can be used to help patients adapt to them

- Describe the etiology, course, and prevalence of major mental disorders in the elderly

- Explain the main techniques of psychological intervention in older adults with different mental disorders, as well as the latest recommendations according to scientific evidence

- Explain the characteristics of different physical health problems in the elderly and the psychological factors related to them

- Present the main techniques of psychological intervention in older adults with physical health problems, as well as the latest recommendations according to scientific evidence

- Discuss what is meant by successful aging and psychological intervention techniques that can be used to promote it
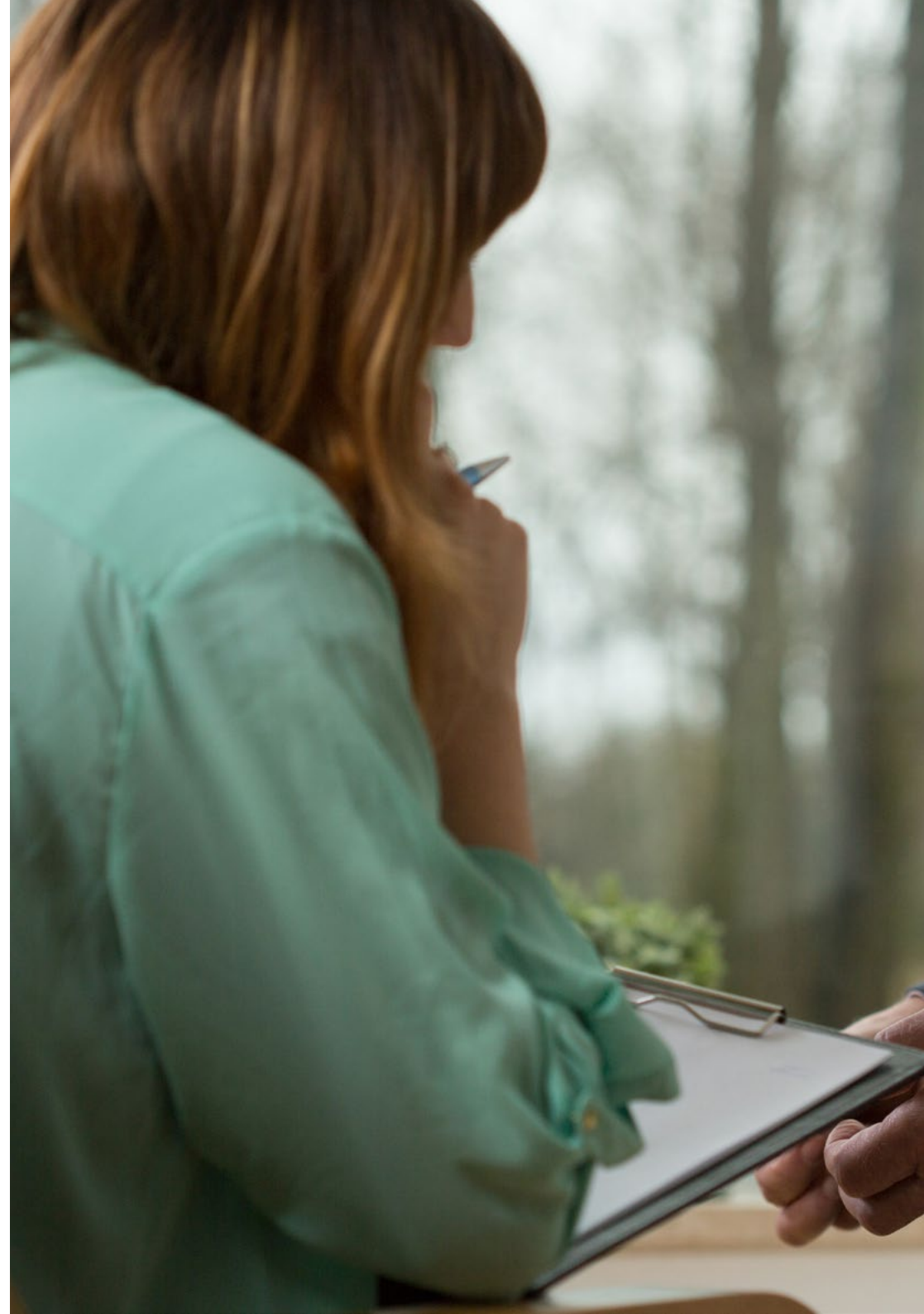
Module 4. Neuropsychological Assessment and Rehabilitation
- Recognize the definition and objectives of Neuropsychology, as well as the fields of application of Neuropsychology and the relationship with General Health Psychology
- Explain the neuropsychological characteristics and consequences
- Identify the main causes of acquired brain damage and its repercussions at the neuropsychological level
- Explain the characteristics of neuropsychological assessment
- Understand the fundamentals of neuropsychological rehabilitation and the different aspects in which it can be applied
- Know the neuroanatomical basis of the main neuropsychological functions
- Know the main neuropsychological function disorders, as well as the most appropriate evaluation and rehabilitation techniques for these problems

This Postgraduate Diploma is the best way to get you up to date on the bioethical aspects to provide the palliative care that your patients need"

Course Management

In order to guarantee a complete update in Psychological Assessment and Intervention with Children and Adolescents, TECH has entrusted the creation of all the relevant syllabus to a highly qualified teaching staff. Their extensive experience in the psychological approach to all types of situations gives the theoretical content a clear focus on the most current health practice. Thanks to this, the psychologist will be able to access a multitude of examples and real cases with which to contextualize all the content.

Access to didactic material and content created by an expert teaching staff in the psychological approach with children and adolescents"

Management

Ms. Sánchez Padrón, Nuria Ester
- Psychologist with experience in educational attention to children at risk, teaching and training
- Graduate in Psychology from the University of La Laguna
- Master's Degree in General Health Psychology from the University of La Rioja
- Training in Emergency Psychological Care
- Training in Psychological Care in Penitentiary Institutions

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Structure and Content

The structure of the contents has been designed by a team of professionals in Psychological Assessment and Intervention in Elderly People, who are conscious of the importance of up-to-date training in order to be able to delve deeper into this field of knowledge and produce publications of academic quality.

"

This Postgraduate Diploma in Psychological Assessment and Intervention in Elderly People has the most complete and up-to-date scientific program on the market"

Module 1. Scientific and Professional Foundations of General Health Psychology

1.1. Clinical and Health Psychology as a Discipline
    1.1.1. Historical Background
    1.1.2. Clinical Psychology
    1.1.3. Health Psychology
1.2. Ethical and Deontological Aspects of Professional Practice
    1.2.1. Basic Concepts of Ethics and Deontology
    1.2.2. Ethical and Ethical-Deontological Aspects of Psychology as a Scientific Discipline
    1.2.3. Ethical and Ethical-Deontological Aspects of Psychology as an Applied Profession
    1.2.4. Data Protection in Psychology
1.3. Health: Conceptualization and Models
    1.3.1. Conceptualization of Health
    1.3.2. Health Models
    1.3.3. Theories of Behavior and Health
1.4. Stress and Psychosocial Factors in the Health-Disease Process
    1.4.1. Theories of Stress
    1.4.2. Relationship between Stress and Disease
    1.4.3. Personality and Health
1.5. Interprofessional and Health Outcomes Communication
    1.5.1. Psychosocial Rehabilitation
    1.5.2. Health Care from the Community and Hospital Settings
    1.5.3. Results Communication
1.6. Diagnostic Classifications: Basic and Differential Aspects
    1.6.1. Concepts and Models in Psychopathology
    1.6.2. Diagnostic Classifications in Psychopathology
    1.6.3. New Classification Systems in Psychopathology
1.7. Fundamentals of Evidence-Based Clinical Practice and Evidence-Based Evaluation
    1.7.1. Introduction to Evidence-Based Clinical Practice
    1.7.2. Evidence-Based Clinical Practice Methodology
    1.7.3. Evidence-Based Psychology

1.8. Evidence-Based Psychological Treatments
    1.8.1. History of Effectiveness Evaluation
    1.8.2. Clinical Practice Guidelines
    1.8.3. Limitations and Challenges of Evidence-Based Treatments
1.9. Transdiagnostic Approach and Evaluation of Processes and Outcomes
    1.9.1. Transdiagnostic Approach
    1.9.2. Evaluation of Therapeutic Results
    1.9.3. Evaluation of Therapeutic Processes
1.10. Fundamentals of Research and New Technologies in Health Psychology
    1.10.1. Scientific Research in Psychology
    1.10.2. Research Designs
    1.10.3. Intervention through New Technologies
1.11. Scientific-Professional Resources for Healthcare Practice
    1.11.1. Criteria and Search in Systematic Reviews
    1.11.2. Study Selection and Data Extraction in Systematic Reviews
    1.11.3. Analysis of Results in Systematic Reviews

Module 2. Skills and Techniques of the General Health Psychologist

2.1. The Therapeutic Relationship and the Therapeutic Process
    2.1.1. Therapeutic Process
    2.1.2. Therapeutic Relationship
2.2. Health Psychologist's Basic Skills and Competencies
    2.2.1. Therapist's Basic Skills
    2.2.2. Therapist's Characteristics
    2.2.3. General Health Psychologist Competencies
2.3. Listening Skills
    2.3.1. Listening
    2.3.2. Listening Techniques
2.4. Verbal and Non-Verbal Communication
    2.4.1. Non-Verbal Communication
    2.4.2. Verbal Communication Techniques

Module 3. Psychological Intervention in Elderly People

3.1.   Psychogerontology
    3.1.1.   Introduction to Psychogerontology
    3.1.2.   Aging Population
    3.1.3.   Psychosocial Models of Aging
    3.1.4.   Therapeutic Skills for Assessment and Intervention with the Elderly

3.2.   Transitions and Life Changes in Midlife and Aging
    3.2.1.   Transitions and Life Changes: Features
    3.2.2.   Transitions and Life Changes: Intervention Techniques

3.3.   Intervention in Depressive Disorders in the Elderly
    3.3.1.   Depressive Disorders in the Elderly: Etiology, Cours, and Prevalence
    3.3.2.   Depressive Disorders in the Elderly: Empirical Evidence
    3.3.3.   Depressive Disorders in the Elderly: Psychological Intervention Techniques

3.4.   Intervention in Anxiety Disorders in the Elderly
    3.4.1.   Anxiety Disorders in the Elderly: Etiology, Course and Prevalence
    3.4.2.   Anxiety Disorders in the Elderly: Empirical Evidence
    3.4.3.   Anxiety Disorders in the Elderly: Psychological Intervention Techniques

3.5.   Intervention in Sleep Problems in the Elderly
    3.5.1.   Sleep Problems in the Elderly: Etiology, Course and Prevalence
    3.5.2.   Sleep Problems in the Elderly: Empirical Evidence
    3.5.3.   Sleep Problems in the Elderly: Psychological Intervention Techniques

3.6.   Intervention in Neurocognitive Disorders in the Elderly
    3.6.1.   Neurocognitive Disorders: Etiology, Course and Prevalence
    3.6.2.   Neurocognitive Disorders: Empirical Evidence
    3.6.3.   Neurocognitive Disorders: Psychological Intervention Techniques

3.7.   Intervention in Chronic Pain in the Elderly
    3.7.1.   Chronic Pain in the Elderly: Etiology, Course and Prevalence
    3.7.2.   Chronic Pain in the Elderly: Empirical Evidence
    3.7.3.   Chronic Pain in the Elderly: Psychological Intervention Techniques

3.8.   Intervention in Family Care for the Elderly
    3.8.1.   Elderly Care: Physical, Psychological and Social Consequences
    3.8.2.   Elderly Care: Psychological Intervention Techniques

3.9.   Intervention in Nursing Homes
    3.9.1.   Nursing Homes for the Elderly: Features and Problems
    3.9.2.   Nursing Homes for the Elderly: Psychological Intervention Techniques

3.10.   Promoting Successful Aging
    3.10.1.   Successful Aging: Definition and Models
    3.10.2.   Successful Aging: Psychological Intervention Techniques

Module 4. Neuropsychological Assessment and Rehabilitation

4.1.   Introduction to Neuropsychology
    4.1.1.   Neuropsychology
        4.1.1.1. Neuropsychology: Definition and Objective
        4.1.1.2. Neuropsychology: Areas of Application and its Relationship with General Health Psychology
    4.1.2.   Neuropsychological Assessment and Rehabilitation
        4.1.2.1. Neuropsychological Assessment
        4.1.2.2. Neuropsychological Rehabilitation

4.2.   Acquired Brain Injury
    4.2.1.   Cranioencephalic Traumas
    4.2.2.   Strokes
    4.2.3.   Other Causes of Acquired Brain Injury

4.3.   Neuropsychology of Attention and Memory
    4.3.1.   Neuropsychology of Attention
        4.3.1.1. Neuropsychology of Attention: Neuroanatomical Basis
        4.3.1.2. Neuropsychology of Attention: Alterations and Assessment Techniques
        4.3.1.3. Neuropsychology of Attention: Rehabilitation
    4.3.2.   Neuropsychology of Memory
        4.3.2.1. Neuropsychology of Memory: Neuroanatomical Basis
        4.3.2.2. Neuropsychology of Memory: Alterations and Assessment Techniques
        4.3.2.3. Neuropsychology of Memory: Rehabilitation

4.4.   Neuropsychology of Language
    4.4.1.   Neuropsychology of Language: Neuroanatomical Basis
    4.4.2.   Neuropsychology of Language: Alterations and Assessment Techniques
    4.4.3.   Neuropsychology of Language: Rehabilitation

Our curriculum has been designed with teaching effectiveness in mind: so that you learn faster, more efficiently, and on a more permanent basis"

Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

"

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.

2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150.000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

In this program you will have access to the best educational material, prepared with you in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.

Latest Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.

Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.

20%

15%

15%

3%

20%

17%

3%

7%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Re-testing

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.

Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.

06

Certificate

The Postgraduate Diploma in Psychological Assessment and Intervention in Elderly People guarantees you, in addition to the most rigorous and updated training, access to a Postgraduate Diploma issued by TECH Global University.

Successfully complete this training and receive your university degree without travel or laborious paperwork"

This private qualification will allow you to obtain a **Postgraduate Diploma in Psychological Assessment and Intervention in Elderly People** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.
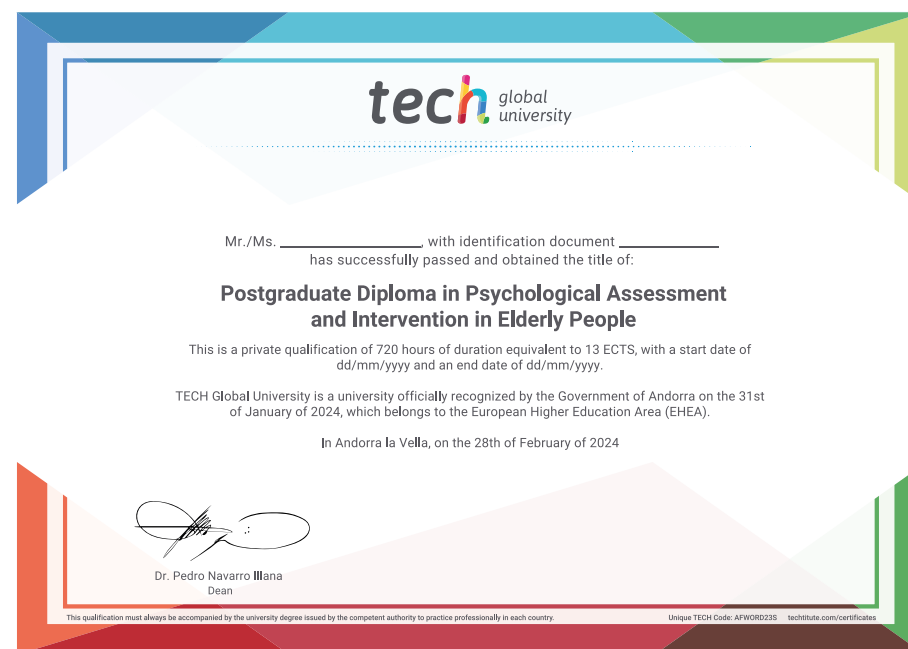
This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Psychological Assessment and Intervention in Elderly People**

Modality: **online**

Duration: **6 months**

Accreditation: **24 ECTS**

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tech *global university*

Mr./Ms. _____, with identification document _____
has successfully passed and obtained the title of:

Postgraduate Diploma in Psychological Assessment and Intervention in Elderly People

This is a private qualification of 720 hours of duration equivalent to 13 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

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*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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