

# Postgraduate Diploma Emotional Intelligence in Childhood





## Postgraduate Diploma Emotional Intelligence in Childhood

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-emotional-intelligence-childhood](http://www.techtitute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-emotional-intelligence-childhood)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Course Management

---

*p. 12*

04

Structure and Content

---

*p. 18*

05

Methodology

---

*p. 22*

06

Certificate

---

*p. 30*

# 01

# Introduction

Having a good Emotional Intelligence during the first years of life is an essential aspect for the child, in the future, to respond to the stimulations that are in their environment in a solvent way. However, there are many children who, because of their behavior, do not seem to know how to manage their feelings and tolerate frustrations, so they need to turn to the best psychologists to develop an adequate control of their emotions. Given the existing demand in this field, TECH has developed this program, which will allow the students, in an online mode, to specialize in the use of EI intervention strategies in childhood and in the evaluation of the same to enjoy broad professional perspectives.



“

*This Postgraduate Diploma will allow you to use the most appropriate intervention strategies to promote the development of Emotional Intelligence in Childhood"*

Emotional Intelligence is an attribute that conditions such fundamental aspects during childhood as the construction of the child's personality, the way they relate to other children or the way they show their feelings towards others. Young people who develop this quality adequately, therefore, will be able in their adult and adolescent stage to face their problems with solvency, manage them properly and find satisfactory solutions that do not limit the achievement of their personal or professional goals. In this line, the role of the psychologist is fundamental, since they offer children who are not able to enhance the management of their emotions the necessary tools to achieve it and enjoy a full life.

In view of this circumstance, TECH has created this Postgraduate Diploma, which will enable the psychology professionals to master the most efficient EI strategies during childhood on a personal, family or school level in order to provide a first class service to children. During 600 intensive hours of learning, you will adopt the most appropriate methods of qualitative and quantitative assessment of Emotional Intelligence or learn to use the best intervention tools for its development. You will also identify techniques for the possible resolution of conflicts between children in the school environment.

Thanks to the 100% online teaching modality in which this program is taught, students will be able to manage their own time as they wish in order to achieve effective learning. In the same way, you will have at your disposal accessible didactic resources in formats such as the interactive summary or the evaluative tests, which will allow you to enjoy a comfortable, pleasant and completely individualized teaching.

This **Postgraduate Diploma in Emotional Intelligence in Childhood** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in psychology specialized in dealing with child patients
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Become a reference professional in the field of Psychology thanks to the knowledge you will adopt for the development of EI in children"*

“

*Develop, through this program, a great command of qualitative and quantitative assessment methods of Emotional Intelligence”*

The program includes in its teaching staff professionals from the sector who pour into this training the experience of their work, in addition to recognized specialists from reference societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

*Respond efficiently to the demand of both parents and educational institutions for professionals specialized in the management of children's emotions.*

*Access to a program that will offer you all the comforts so that you can combine your learning with your personal and professional life.*



# 02

# Objectives

The aim of this Postgraduate Diploma is to provide the Psychology professionals with the necessary tools to work with Emotional Intelligence with children between the ages of 0 and 6 years old. Throughout the academic experience, the students will acquire the necessary knowledge to develop psychological intervention plans in this context safely and efficiently, following a series of general and specific objectives.





“

*Acquire the best knowledge in the development of Emotional Intelligence in childhood to apply it in the professional field immediately”*



## General Objectives

- ♦ Update knowledge of emotional intelligence in its different fields of application, in the clinical, educational or labor field, with the aim of improving the quality of the professional's praxis in their daily work
- ♦ Introduce students to the vast world of emotional intelligence , from a practical perspective, so that they learn about the different disciplines covered by emotions in relation to human behavior and its possibilities
- ♦ Know the tools used in the practice of Emotional Intelligence
- ♦ Enable the development of skills and abilities by encouraging continuous preparation and research



*After completing this program, you will have a series of competencies that will allow you to broaden your career prospects in the field of psychology"*





## Specific Objectives

---

### Module 1. The Emotional Brain

- ♦ Analyze the amygdala and positive emotion
- ♦ Exploring the limbic brain
- ♦ Discover what The Papez Circuit is
- ♦ Discover the relationship between intelligence and the life cycle
- ♦ Unravel the information on inherited intelligence
- ♦ Classify the direct assessment of intelligence
- ♦ Determine what the indirect assessment of intelligence is
- ♦ Identify the Flynn Effect
- ♦ Understand the relationship between the central nervous system and Emotional Intelligence
- ♦ Understand the relationship between childhood and gender in emotional intelligence
- ♦ Know Gardner's proposals
- ♦ Know the Mayer and Salovey model

### Module 2. Emotional Intelligence

- ♦ Analyze academic intelligence
- ♦ Define emotional intelligence
- ♦ Understand multiple intelligences
- ♦ Define emotional illiteracy
- ♦ Classify high abilities
- ♦ Explore giftedness
- ♦ Understand people with functional diversity
- ♦ Determine the role of Intelligence Labeling

### Module 3. Emotional Intelligence in Childhood 0-6 Years Old

- ♦ Define the life cycle of emotional intelligence
- ♦ Recognize the qualitative assessment of emotional intelligence
- ♦ Discover the quantitative assessment of emotional intelligence
- ♦ Module 4. Emotional Intelligence in Early Childhood Teachers
- ♦ Explore the relationship between adulthood and gender in emotional intelligence
- ♦ Analyze the social determinism of emotional intelligence
- ♦ Understand unitary intelligence
- ♦ Identify multiple intelligence

### Module 4. Emotional Intelligence in Early Childhood Teachers

- ♦ Explore the relationship between adulthood and gender in emotional intelligence
- ♦ Analyze the social determinism of emotional intelligence
- ♦ Understand unitary intelligence
- ♦ Identify multiple intelligence

03

# Course Management

Thanks to TECH's untiring commitment to provide a high level of education to its students, this Postgraduate Diploma is directed and taught by excellent specialists in Psychology who have extensive experience working with children and adolescents in the school environment. These teachers are in charge of elaborating all the didactic materials to which the students will have access during the duration of this program, so that the knowledge they will receive will be applicable in their work experience.





“

*From the hand of the best psychologists specialized in child care, you will acquire a series of knowledge that will place you at the forefront of Psychology"*

## Management



### Dr. De la Serna, Juan Moisés

- ♦ Psychologist and Writer expert in Neurosciences
- ♦ Writer specializing in Psychology and Neurosciences
- ♦ Author of the Open Chair in Psychology and Neurosciences
- ♦ Scientific disseminator
- ♦ PhD in Psychology
- ♦ Degree in Psychology. University of Seville
- ♦ Professional Master's Degree in Neurosciences and Behavioral Biology Pablo de Olavide University, Seville
- ♦ Expert in Teaching Methodology. La Salle University
- ♦ University Specialist in Clinical Hypnosis, Hypnotherapy. National University of Distance Education - UNED.
- ♦ Diploma in Social Graduate, Human Resources Management, Personnel Administration. University of Seville
- ♦ Postgraduate Diploma in Project Management, Administration and Business Management. Federation of Services U.G.T
- ♦ Trainer of Trainers. Official College of Psychologists of Andalusia



### **Ms. Jiménez Romero, Yolanda**

- ♦ Pedagogical Advisor and External Educational Collaborator
- ♦ Academic Coordinator at Online University Campus
- ♦ Territorial Director of the Extremeño-Castilla La Mancha Institute of High Abilities
- ♦ Creation of INTEF Educational Contents in the Ministry of Education and Science
- ♦ Degree in Primary Education, English specialization
- ♦ Psychopedagogue by the International University of Valencia.
- ♦ Master's Degree in Neuropsychology of High Abilities
- ♦ Professional Master's Degree in Emotional Intelligence Specialist in NLP Practitioner

## Professors

### Ms. Pellicer Royo, Irene

- ♦ Postgraduate Diploma in Emotional Education at the Jesuitas-Caspe School, Barcelona
- ♦ Master in Medical Sciences Applied to Physical Activity and Sport by the University of Barcelona
- ♦ Professional Master's Degree in Emotional Education and Well-being from the University of Barcelona
- ♦ Degree in Physical Activity and Sport Sciences at the University of Lérida

### Ms. Martínez Zarza, Ana María

- ♦ Director of Personal Growth. Ana Zarza Center
- ♦ Collaborating teacher at the Intelligence Center
- ♦ Director of workshops for parents on Emotional Intelligence and Coaching
- ♦ Degree in Psychopedagogy. UNED
- ♦ Postgraduate Diploma in Emotional Intelligence at the UNIR
- ♦ Specialist in Transpersonal Therapy by the European University Miguel de Cervantes
- ♦ Advanced Course in Coaching by the University Rey Juan Carlos

### Mr. Salido Durán, Daniel

- ♦ Transpersonal Therapist
- ♦ Postgraduate Diploma in Emotional Intelligence
- ♦ Professional Master's Degree in Educational Coaching
- ♦ Degree in Philosophy and Educational Sciences from the University of Seville





**Mr. Monllor Pérez, Francisco**

- ♦ Integrative Therapist and Family Educator
- ♦ Coordinator of the Family Care and Training Centre La Escuela de la Vida (The School of Life)
- ♦ Certified Mentor of the e-FP Project in Vocational Training
- ♦ Professional Master's Degree in Clinical Psychology from the Maimonides University in Buenos Aires
- ♦ Higher Postgraduate Diploma in Emotional Intelligence, Mindfulness and Positive Psychology
- ♦ Diploma in Osteopathy
- ♦ Associate of the Argentinean Society of Stress Medicine

**Ms. Rodríguez, Celia**

- ♦ Clinical Psychologist at EVEL Center
- ♦ Psychopedagogical Area Manager at Atenea Study Center
- ♦ Pedagogical Advisor at Cuadernos Rubio
- ♦ Editor of Hacer Familia Magazine
- ♦ Editor of Webconsultas Healthcare Medical Team
- ♦ Collaborator at the Eduardo Punset Foundation
- ♦ Degree in Psychology, UNED
- ♦ Degree in Pedagogies from the Complutense University Madrid
- ♦ University Specialist in Cognitive Behavioral Therapy in Childhood and Adolescence by the UNED
- ♦ Specialist in Clinical Psychology and Child Psychotherapy by INUPSI
- ♦ Trained in Emotional Intelligence, Neuropsychology, Dyslexia, ADHD, Positive Emotions and Communication

# 04

## Structure and Content

The syllabus of this academic program is composed of 4 modules through which the students will significantly increase their knowledge in the approach of Emotional Intelligence during the childhood phase, from 0 to 6 years old. All the didactic resources available throughout this Postgraduate Diploma are present in a wide variety of textual and multimedia supports, in order to provide a 100% online teaching, completely adapted to the academic and personal needs of each student.



“

*This program is developed through a 100% online methodology that will allow you to achieve excellent learning without having to travel to a study center"*

## Module 1. The Emotional Brain

- 1.1. The Emotional Brain
- 1.2. Positive Emotions vs. Negative
- 1.3. Arousal vs. Valence
- 1.4. Emotional Intelligence and the Education of Emotions According to the Mayer and Salovey Model
- 1.5. Other Models of Emotional Intelligence and Emotional Transformation
- 1.6. Social-Emotional Competencies and Creativity by Level of Intelligence
- 1.7. Emotional Co-efficiency vs. Intelligence
- 1.8. Alexithymia vs. Hyperemotiveness
- 1.9. Emotional Health
- 1.10. The Social Brain

## Module 2. Emotional Intelligence

- 2.1. Emotional Intelligence Concept
- 2.2. Emotional Intelligence Theories and Models
- 2.3. Components of Emotional Intelligence
- 2.4. Physiology of Emotional Intelligence
- 2.5. Evolution of Emotional Intelligence
- 2.6. Emotional Intelligence Assessment
- 2.7. Emotional Intelligence Gender Differences
- 2.8. The social influence of Emotional Intelligence
- 2.9. Family and Emotional Intelligence
- 2.10. Myths and Truths of Emotional Intelligence



### Module 3. Emotional Intelligence in Childhood 0-6 Years Old

- 3.1. Characteristics of Childhood
- 3.2. Emotions in Childhood
- 3.3. The Role of Parents in Childhood
- 3.4. The Role of Others in Childhood
- 3.5. Development of Childhood
- 3.6. Emotional Disturbances in Childhood
- 3.7. Diagnosis in Childhood
- 3.8. EI Tools for Early Childhood Intervention
- 3.9. EI Intervention in Childhood
- 3.10. EI Efficacy Evaluation in Childhood

### Module 4. Emotional Intelligence in Early Childhood Teachers

- 4.1. The Role of a Childhood Teacher
- 4.2. Functions and Limits of an Early Childhood Teacher
- 4.3. Early Childhood Teacher Detection and Diagnosis
- 4.4. EI Tools for Early Childhood Teachers
- 4.5. EI Intervention of the Early Childhood Teacher
- 4.6. EI Intervention Effectiveness of Early Childhood Teachers
- 4.7. Early Childhood Teacher Conflict with Colleagues
- 4.8. Early Childhood Teacher Conflict with Parents
- 4.9. EI Intervention in Early Childhood Teacher Conflict
- 4.10. EI Intervention in the Work Environment of Early Childhood Teachers

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

“

*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

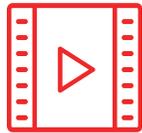
*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

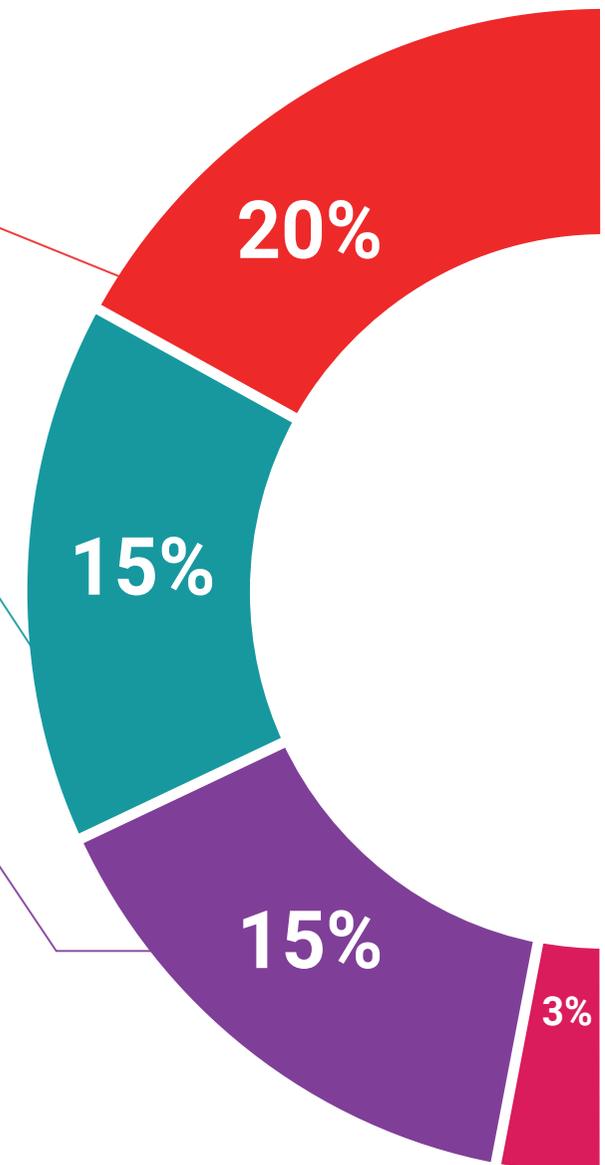
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

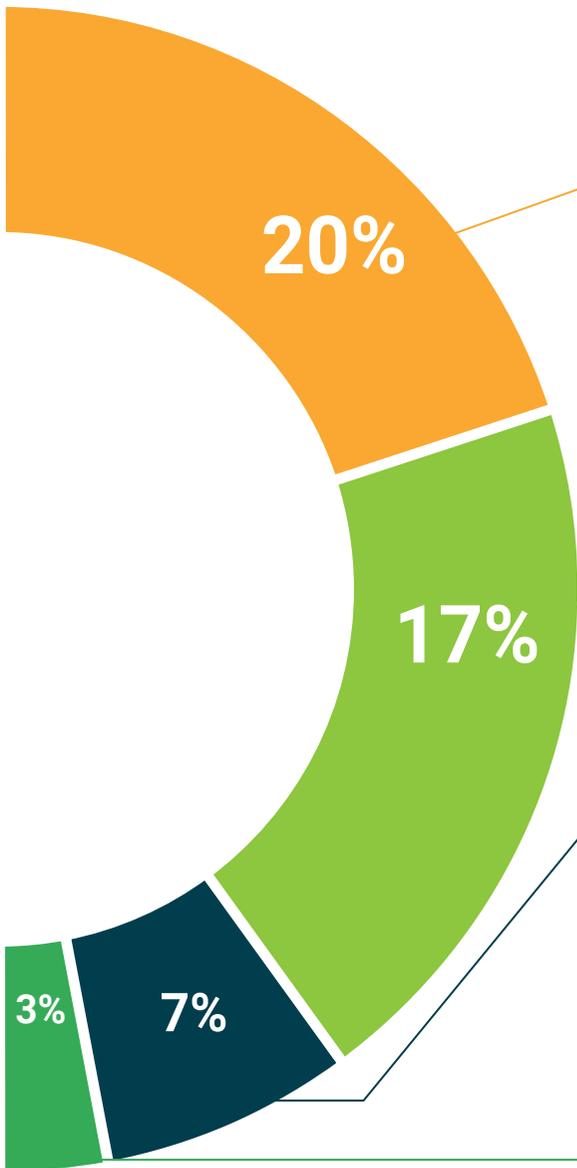
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Diploma in Emotional Intelligence in Childhood guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.



The image features two graduation caps against a blue sky with light clouds. One cap is black with a black tassel, and the other is maroon with a black tassel. The background is split into a white diagonal section and a pink section.

“

*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Diploma in Emotional Intelligence in Childhood** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Emotional Intelligence in Childhood**

Official N° of Hours: **600 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development language  
virtual classroom



## Postgraduate Diploma Emotional Intelligence in Childhood

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

# Postgraduate Diploma Emotional Intelligence in Childhood

