

Postgraduate Certificate

Treatment Programs in Child and Adolescent Psychology





Postgraduate Certificate Treatment Programs in Child and Adolescent Psychology

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/psychology/postgraduate-certificate/treatment-programs-child-adolescent-psychology

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01

Introduction

Depression, anxiety or eating disorders are just some of the mental health problems that most affect adolescents and children today. A situation that has increased in recent years and that requires increasingly up-to-date psychology professionals with extensive knowledge to address this type of patients. This program, taught exclusively online, provides the professional with the most effective intervention techniques and therapies currently available. A renewed knowledge that you will reach thanks to the syllabus provided by a specialized teaching team with experience in this field.



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A Postgraduate Certificate in which you will deepen in the advances made in treatment programs for children and adolescents"

In an increasingly competitive, fast-paced society, with high demands and uncertainty, there are more and more cases of children and adolescents with anxiety, depression, stress and addictions that require treatment programs where the most effective techniques and therapies are applied. With the aim that the psychology professional reaches an advanced knowledge in this field, this Postgraduate Certificate is born, taught in an online mode by a management and teaching staff with extensive experience in the management of patients in the infantile and juvenile stage.

Therefore, this university program will comprehensively address the latest scientific studies that delve into the intervention in ADHD in children, personality disorder, bipolar disorder, eating disorders or excretion disorders in children. All this, with innovative multimedia content, which is at the forefront of academic teaching.

A teaching with a theoretical approach, but which presents simulations of real clinical cases that provide an eminently practical and useful approach for the professional who wishes to implement the techniques shown throughout the 6 weeks of this degree.

An excellent opportunity provided by TECH for psychology professionals who wish to renew their knowledge comfortably, whenever and wherever they want. They only need a computer, tablet or cell phone to access the most up-to-date syllabus on Treatment Programs. Thus, students can connect at any time of the day, without fixed timetable sessions, allowing them to distribute the teaching load according to their needs. An ideal course for those who want to acquire a quality education while at the same time combining their work responsibilities.

This **Postgraduate Certificate in Treatment Programs in Child and Adolescent Psychology** contains the most complete and up-to-date program on the market.

The most important features include:

- ♦ Practical cases presented by experts in Psychology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



You will be able to delve into the latest research on the efficacy of treatments for children and adolescents with disorders such as stress"

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In only 6 weeks you will be able to improve your knowledge of the most effective treatment programs for adolescents with psychosomatic disorders”

The program’s teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersion education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

A 100% online teaching with the most comprehensive content in the intervention in personality disorders in children and adolescents.

An academic program that will allow you to renew your knowledge in a more natural and agile way thanks to the Relearning system.



02

Objectives

At the end of the 180 teaching hours of this Postgraduate Certificate, the psychology professional will be aware of the most relevant advances in the treatment of the most significant disorders in the child and adolescent population. For this purpose, they will have an expert teaching staff that will provide them with the most recent knowledge in therapies and effective intervention techniques for frequent disorders such as depression, stress, anxiety or juvenile patients with ADHD. All this with modern didactic material based on video summaries, interactive diagrams or specialized readings.



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Access a degree that has the curriculum available to you 24 hours a day. Get connected with your electronic device whenever you want”



General Objectives

- Describe the therapeutic bond between the psychotherapist and the child
- Analyze the changes in behavior during the life cycle
- Differentiate between the evolutionary adaptation and adaptability of human beings
- Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- Master psychodiagnosis and evaluation in the child and adolescent framework
- Control personality assessment at these ages
- Identify the role of the family in child and adolescent diagnosis
- Specify the intervention in clinical psychology at these age groups
- Develop sufficient skills to manage a child and adolescent clinic





Specific Objectives

- ♦ Know about the relevant data on the treatment of the most significant disorders for the child and adolescent population
- ♦ Study the main aspects of intervention in clinical disorders of childhood and adolescence
- ♦ Determine the future prognosis of some clinical disorders in childhood and adolescence
- ♦ Study the therapies and intervention techniques that are effective in clinical disorders



An ideal program for professionals who want a quality education that allows them to combine it with other areas of their personal and professional life"

03

Course Management

This academic program includes the most specialized teaching staff in the current educational market. They are specialists selected by TECH to develop the whole syllabus. In this way, starting from their own existence and the latest evidence, they have designed the most up-to-date content that provides a guarantee of quality in such a relevant subject.



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TECH offers the most specialized teaching staff in the field of study. Enroll now and enjoy the quality you deserve”

International Guest Director

Dr. Amy Elizabeth West is a renowned clinical psychologist with an outstanding international career in the field of **Child and Adolescent Mental Health**. She has held a leadership position at **Children's Hospital Los Angeles (CHLA)**, where she has directed the **Clinical Child and Adolescent Psychology Internship**. Here, her work has focused on providing **evidence-based psychosocial treatments**, with a special focus on **vulnerable and underserved populations**, such as **ethnic minorities and socioeconomically disadvantaged families**.

Likewise, throughout her career, she has led innovative research on **Mood and Anxiety Disorders** in children, the prevention of **Suicidal Behavior** and **Perinatal Mental Health**, obtaining funding from prestigious institutions, such as the **National Institute of Mental Health (NIMH)**, the **Patient-Centered Outcomes Research Institute (PCORI)** and the **Substance Abuse and Mental Health Services Administration (SAMHSA)**.

Likewise, her integrative approach has been instrumental in developing treatments such as **Child and Family Focused Cognitive Behavioral Therapy (CFF-CBT)**, known as **RAINBOW therapy**, which has been widely validated as an effective treatment for **Pediatric Bipolar Disorder**, with manuals published by **Oxford University Press** in the "**Treatments that Work**" series. She has also been involved in research on **Substance and Opioid Use Prevention in Native American and Alaska Native communities**.

In addition to her work and research, Dr. Amy Elizabeth West has been an active personality in several professional organizations, holding leadership roles in the **Association for Cognitive and Behavioral Therapy**, the **Society for Prevention Research**, and the **Anxiety and Depression Association of America**. In doing so, she aims to improve access to **mental health care for vulnerable populations**, establishing herself as an expert in her field.



Dr. Bolton, West, Amy Elizabeth

- ♦ Director of Clinical Child and Pediatric Psychology, Children's Hospital Los Angeles, United States
- ♦ Co-investigator and Director of the Implementation of Cognitive-Behavioral Techniques
- ♦ Psychologist and Researcher of the Community Mental Health Program at Children's Hospital of Los Angeles
- ♦ Member of the Study on Prevention and Treatment of Opioid and Substance Use in Urban and Rural AIAN Tribal Communities in California at the University of Southern California
- ♦ Associate Editor of the Journal of Clinical Child and Adolescent Psychology
- ♦ Adolescent Medicine Fellow at Harvard Medical School and Boston Children's Hospital
- ♦ Clinical and Pediatric Child Psychology Fellow, Harvard Medical School and Boston Children's Hospital
- ♦ Ph.D. in Clinical Psychology from the University of Virginia
- ♦ B.A. in Psychology from Stanford University
- ♦ Clinical Research Loan Repayment Program Award from the National Institutes of Health (NIH)
- ♦ Career Development Award from the National Institute of Mental Health (NIMH)
- ♦ Member of:
 - ♦ University of Southern California Interdisciplinary Center for Family Change

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Thanks to TECH, you will be able to learn with the best professionals in the world”

04

Structure and Content

The syllabus of this Postgraduate Certificate has been developed by an expert teaching team in the implementation of treatment programs for children and adolescents. Their extensive knowledge will be reflected in the video summaries, videos in detail or clinical cases provided for students who wish to improve their knowledge in the application of treatments to address bipolar disorder, depression, sleep disorder or behavioral disorder. The Relearning system, which TECH applies to all its degrees, will allow students to acquire an update in a more natural and progressive way.





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An academic education with the most modern and innovative syllabus in the field of treatments used in children and adolescents”

Module 1. Treatment Programs

- 1.1. Depression and Anxiety
 - 1.1.1. Introduction to the Treatment of Depression and Anxiety in Child and Adolescent Clinic
 - 1.1.2. Intervention in Depression and Anxiety in Children
- 1.2. ADHD
 - 1.2.1. Introduction to ADHD Treatment
 - 1.2.2. Intervention in ADHD in Children
- 1.3. Personality Disorders
 - 1.3.1. Introduction to the Treatment of Personality Disorders
 - 1.3.2. Intervention in Personality Disorders in Children and Adolescents
- 1.4. Bipolar Disorder
 - 1.4.1. Introduction to Bipolar Disorder and its Treatment
 - 1.4.2. Intervention of Bipolar Disorder in Childhood and Adolescence
- 1.5. Eating Disorders
 - 1.5.1. Introduction to the Treatment of Eating Disorders in the Child and Adolescent Population
 - 1.5.2. Intervention of Eating Disorders in Minors
- 1.6. Sleep Disorders
 - 1.6.1. Introduction to the Treatment of Sleep Disorders in Minors
 - 1.6.2. Sleep Disorders Intervention
- 1.7. Disruptive Behavior Disorders
 - 1.7.1. Introduction and Relevance to the Treatment of Disruptive Behavior Disorders in Minors
 - 1.7.2. Intervention of Behavioral Disorders in Childhood and Adolescence





- 1.8. Excretory Disorders
 - 1.8.1. General Aspects of Excretory Disorders and their Treatment
 - 1.8.2. Intervention of Excretory Disorders in Minors
- 1.9. Dissociative Disorders and Psychosomatic Disorders
 - 1.9.1. Relevance of Dissociative Disorders and Psychosomatic Disorders in Childhood and Adolescence
 - 1.9.2. Intervention and Treatment of Dissociative and Psychosomatic Disorders in Minors
- 1.10. Stress Disorders
 - 1.10.1. General Overview of Stress-Related Disorders
 - 1.10.2. Intervention of Stress Disorders in the Child and Adolescent Population

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Learn about the latest studies that address the intervention of stress disorders in the child and adolescent population”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



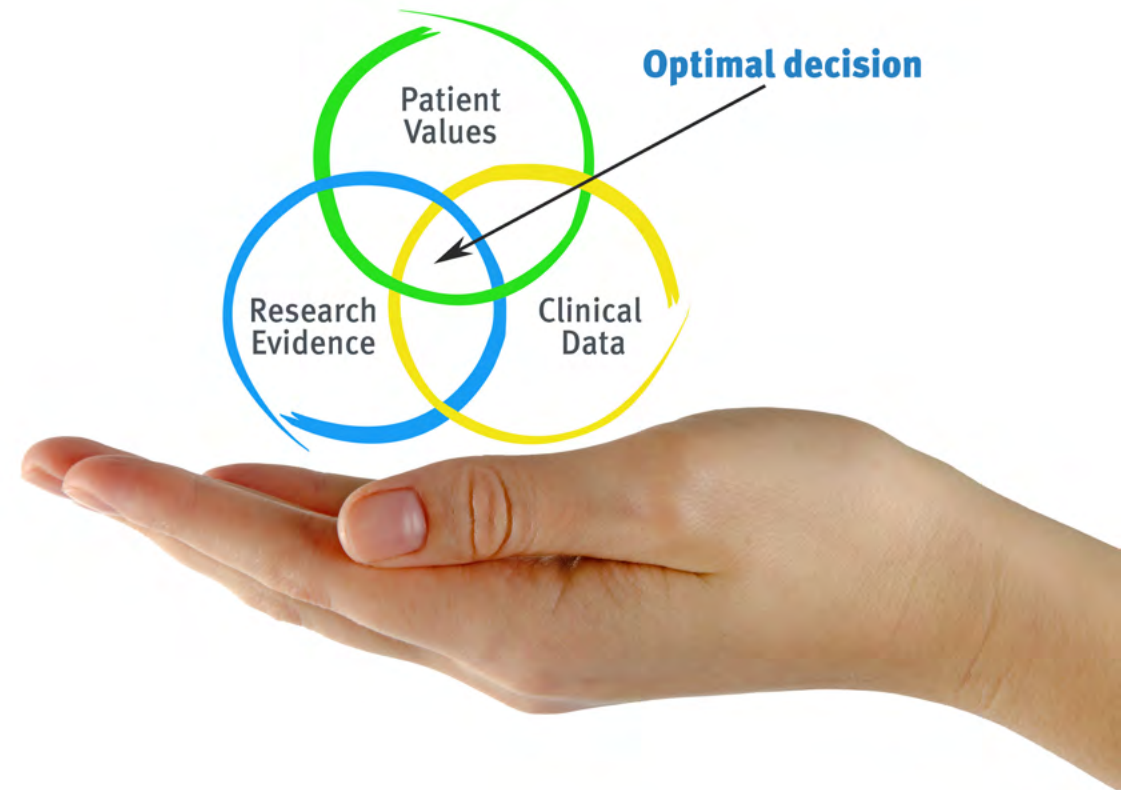
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Treatment Programs in Clinical Child and Adolescent Psychology guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



The image features two graduation caps (mortarboards) against a blue sky with light clouds. One cap is in the foreground, tilted upwards, and another is behind it. The background is split into a white diagonal section and a magenta section. The quote is positioned in the white section.

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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Treatment Programs in Clinical Child and Adolescent Psychology** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Treatment Programs in Clinical Child and Adolescent Psychology**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

tech global
university

personalized service innovation

knowledge present

online treatment
and Adolescent Psychology

development languages

virtual classroom

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

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