

Postgraduate Certificate

Suicidal Behavior Prevention and Intervention by Level of Care





Postgraduate Certificate Suicidal Behavior Prevention and Intervention by Level of Care

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/psychology/postgraduate-certificate/suicidal-behavior-prevention-intervention-level-care

Index

01

Introduction to the Program

p. 4

02

Why Study at TECH?

p. 8

03

Syllabus

p. 12

04

Teaching Objectives

p. 16

05

Study Methodology

p. 20

06

Teaching Staff

p. 30

07

Certificate

p. 34

01

Introduction to the Program

Suicidal Behavior is one of the most complex challenges in the field of mental health, affecting individuals and communities globally. In this regard, the high prevalence of self-injurious behaviors during the last decade has prompted the scientific community to design new comprehensive therapeutic strategies that address both Prevention and Intervention of this complex ideation. In this sense, psychologists need to incorporate the most modern approaches into their daily clinical practice to optimize outcomes and improve the quality of life of individuals in the long term. To facilitate this work, TECH presents a cutting-edge university program focused on this health field. It is also taught in a flexible and fully online mode.



“

Thanks to this Postgraduate Certificate, 100% online, you will design personalized and effective intervention plans according to the risk level of patients with Suicidal Behavior”

A new study conducted by the World Health Organization shows that more than 750,000 suicide deaths occur each year, a figure that highlights the need for specialists to strengthen mechanisms for identifying self-injurious behavior and designing highly personalized intervention plans to improve the overall well-being of patients. However, to do so, professionals need to have a comprehensive knowledge of the diversity of associated risk factors, the early identification of warning signs and the implementation of evidence-based therapeutic programs throughout the different levels of care.

In this scenario, TECH presents an innovative Postgraduate Certificate in Suicidal Behavior Prevention and Intervention by Level of Care. Prepared by leading experts in this health field, the academic itinerary will delve into the most modern community intervention techniques to identify patients at risk early and implement therapeutic plans to optimize their overall wellbeing. Also, the curriculum will address multiple clinical follow-up strategies to ensure that users receive the necessary support throughout their recovery process. In this way, graduates will recognize warning signs of suicidal ideation and develop effective and individualized interventions.

It should be noted that this university program is taught 100% online, giving specialists the necessary flexibility to adapt to their schedules. In addition, the Relearning system the TECH, based on the repetition of key concepts to fix the knowledge, will facilitate an effective and rigorous update. On the other hand, the teaching team will be available at all times to provide graduates with personalized advice and resolve any doubts that may arise during the course of the program. Undoubtedly, a high-intensity experience that will allow psychologists to optimize their daily practice and experience a considerable leap in quality in their careers.

This **Postgraduate Certificate in Suicidal Behavior Prevention and Intervention by Level of Care** contains the most complete and up-to-date educational program on the market. Its most notable features are:

- ♦ The development of case studies presented by experts in Suicidal Behavior Prevention and Intervention by Level of Care
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Special emphasis on innovative methodologies in the management of Suicidal Behavior Prevention
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



You will apply protocols for clinical action in situations of self-injurious crisis, integrating different models of prevention of self-injurious ideation to ensure a holistic intervention"

“

You will delve into the risk and protective factors in Suicidal Behavior, from a biopsychosocial perspective and based on the latest scientific evidence”

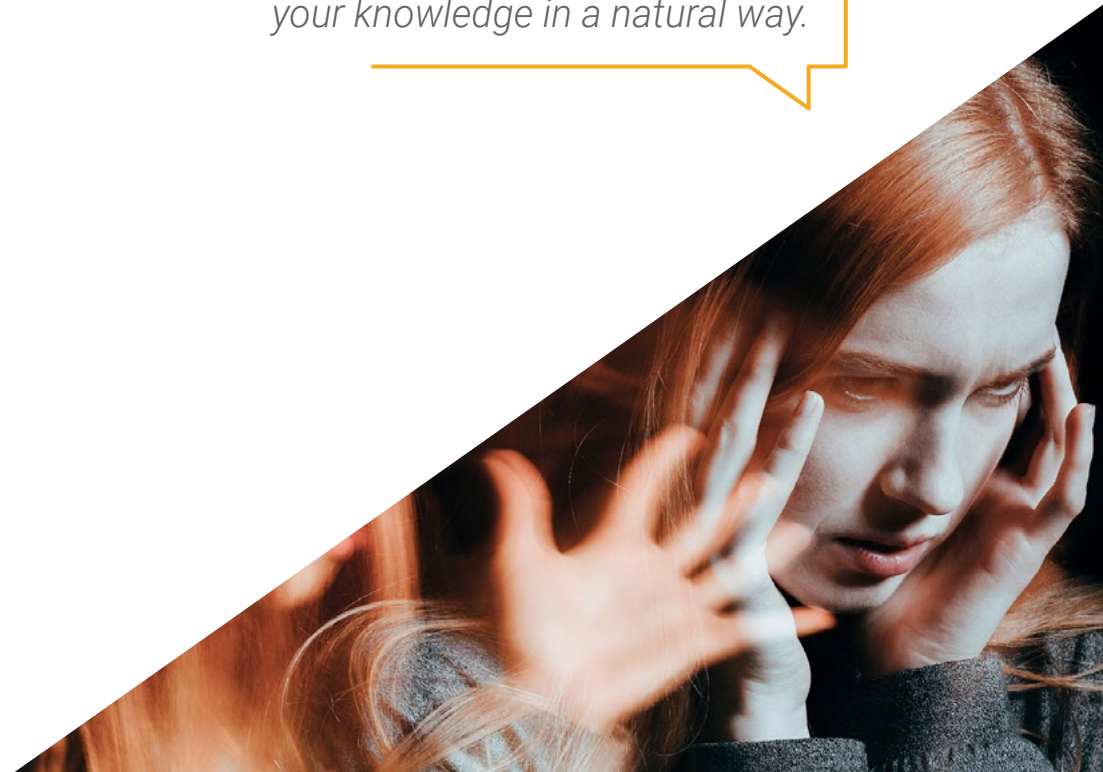
It includes in its teaching staff professionals belonging to the field of Suicidal Behavior Prevention and Intervention by Level of Care, who pour into this program the experience of their work, as well as recognized specialists from reference societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

This program is designed around Problem-Based Learning, whereby the student must try to solve the different professional practice situations that arise throughout the program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will master the most sophisticated assessment tools for the early detection of warning signs of self-injurious behaviors.

With the disruptive Relearning system created by TECH, you will not have to invest long hours to study and you will update your knowledge in a natural way.



02

Why Study at TECH?

TECH is the world's largest online university. With an impressive catalog of more than 14,000 university programs, available in 11 languages, it is positioned as a leader in employability, with a 99% job placement rate. In addition, it has a huge faculty of more than 6,000 professors of the highest international prestige.



“

Study at the largest online university in the world and ensure your professional success. The future begins at TECH”

The world's best online university, according to FORBES

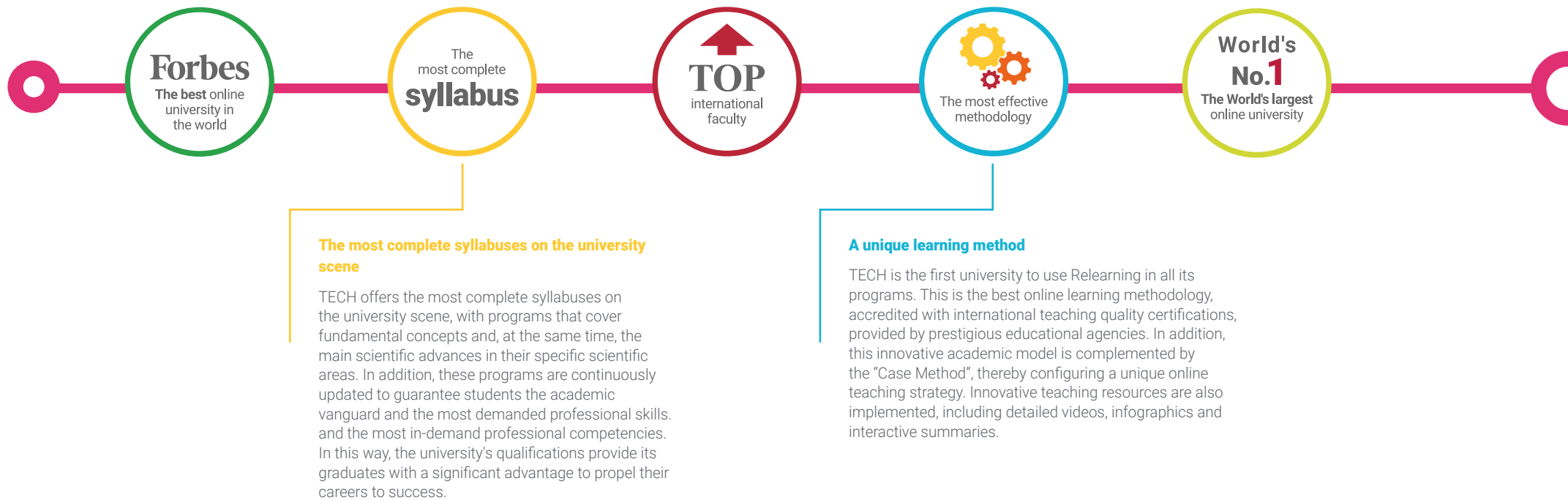
The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".

The best top international faculty

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistumba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

The world's largest online university

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.



The official online university of the NBA

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

Leaders in employability

TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



Google Premier Partner

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.



The top-rated university by its students

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.



03

Syllabus

The didactic materials that integrate this Postgraduate Certificate have been developed by renowned experts in the Suicidal Behavior Prevention and Intervention by Level of Care. The curriculum will delve into the most cutting-edge community intervention strategies for the early detection of risk factors and the implementation of support programs. Likewise, the syllabus will analyze different follow-up and outpatient management techniques to ensure comprehensive care for patients in states of vulnerability. As a result, graduates will acquire advanced skills to effectively address critical situations and develop personalized intervention plans.



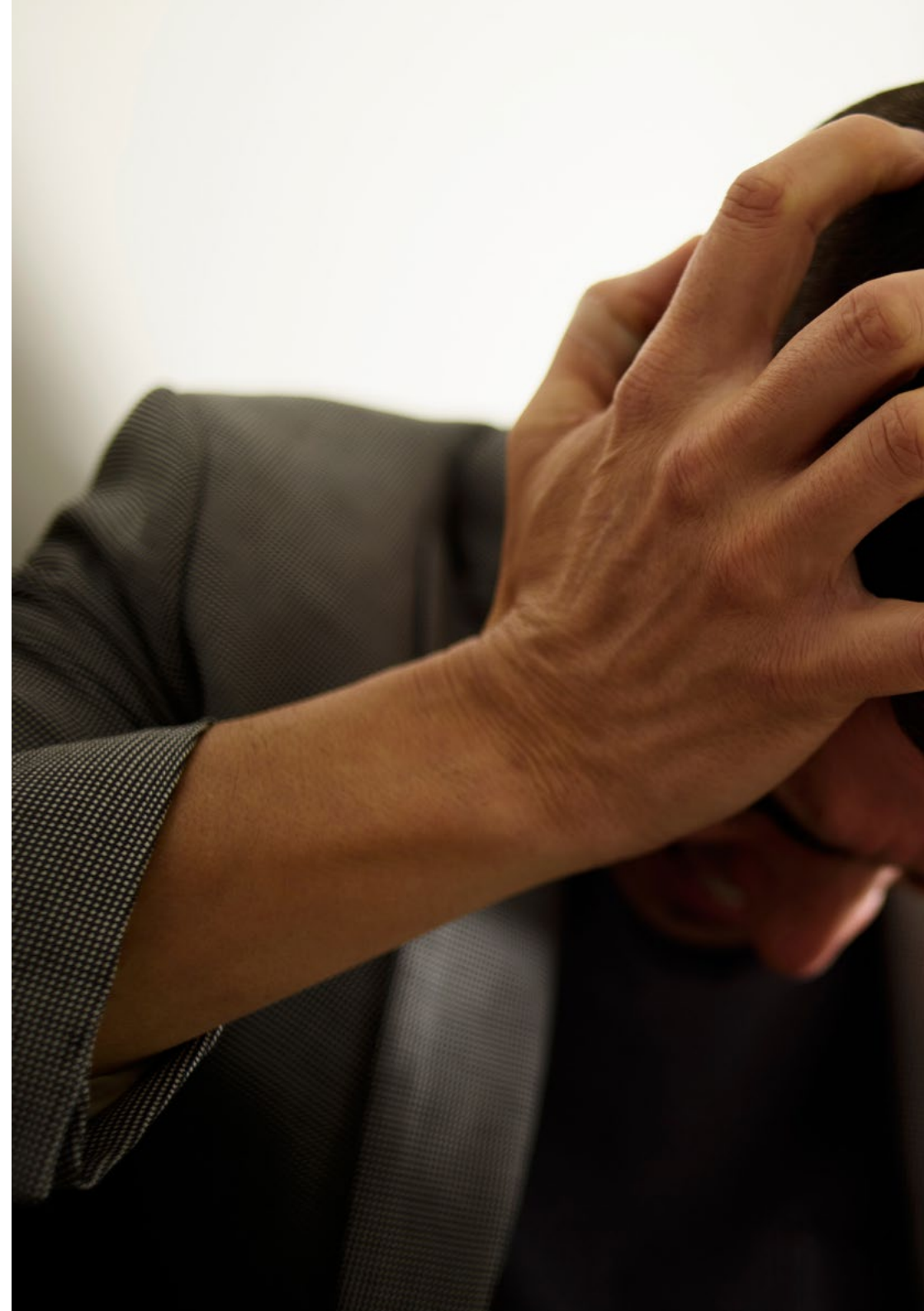


“

You will design community prevention programs, which will contribute to reduce the stigmas associated with suicide and promote greater awareness of the importance of mental health”

Module 1. Suicidal Behavior Prevention and Intervention by Level of Care

- 1.1. Prevention and Intervention in Mental Health Centers
 - 1.1.1. Identification of Risk and Protective Factors
 - 1.1.2. Crisis Intervention vs. Long-Term Intervention: Differences in the Therapeutic Approach over Time
 - 1.1.3. Follow-Up and Outpatient Management: How to Ensure Continuity in the Treatment of the At-Risk Patient
 - 1.1.4. Coordination with Other Services
- 1.2. Prevention and Intervention in Primary Care
 - 1.2.1. Training of Family Physicians in Early Detection
 - 1.2.2. Brief Interventions in the Primary Care Setting
 - 1.2.3. Coordination between Primary Care and Mental Health: How to Facilitate Referral and Follow-Up of Patients
 - 1.2.4. Longitudinal Follow-Up of Suicidal Risk
- 1.3. Prevention and Intervention in the Prison Population
 - 1.3.1. Specific Risk Factors in Prisons: Conditions of Confinement and Their Impact on Mental Health
 - 1.3.2. Prevention Programs within Penitentiary Institutions
 - 1.3.3. Therapeutic Interventions in Prisons
 - 1.3.4. Monitoring and Follow-Up in Prison Regime
- 1.4. Prevention and Intervention in the Workplace
 - 1.4.1. Workplace Factors Associated with Suicidal Risk
 - 1.4.2. Well-Being and Mental Health Programs in the Workplace
 - 1.4.3. Crisis Interventions in the Workplace
 - 1.4.4. Supervisor and Co-Worker Training





- 1.5. Health Care Prevention and Intervention
 - 1.5.1. Specific Risks for Health Care Professionals
 - 1.5.2. Emotional Support and Suicide Prevention Programs for Health Care Workers
 - 1.5.3. Barriers to Seeking Help from Health Care Professionals: Addressing Stigma and Encouraging Self-Care
 - 1.5.4. Peer Support Culture and Emotional Supervision
- 1.6. Prevention and Intervention in Other Groups
 - 1.6.1. Specific Vulnerable Groups: LGBTQ+ Individuals, Immigrants, Refugees, and Other Groups at Risk
 - 1.6.2. Culturally Tailored Intervention Programs: Culturally and Socially Diversity-Sensitive Approaches
 - 1.6.3. Community Support Networks: How Communities Can Organize to Prevent Suicide
 - 1.6.4. Intersectional Approaches to Suicide Prevention

04

Teaching Objectives

Through this university program, psychology professionals will stand out for their holistic knowledge of Prevention and Intervention in Suicidal Behavior. In this same line, graduates will develop advanced clinical skills to identify early self-injurious behaviors and design personalized intervention plans to optimize the overall well-being of patients. Also, specialists will handle the most cutting-edge emotional support techniques to help individuals cope with their crises and acquire resilience skills.





“

You will develop advanced clinical skills in emotional management, which will allow you to develop cutting-edge strategies for the comprehensive approach to Suicidal Behavior”



General Objectives

- ♦ Delve into the risk factors, underlying causes, and warning signs of Suicide, both at the individual and societal level
- ♦ Identify early signs of risk and apply effective interventions that prevent Suicide in a variety of settings, including clinical, educational and community
- ♦ Delve into postvention support management, providing tools to help people affected by the suicide of a loved one
- ♦ Provide psychological care to patients with suicidal thoughts, using therapeutic approaches such as cognitive-behavioral therapy and other validated interventions
- ♦ Manage educational and preventive strategies to promote awareness and reduce stigma related to Suicide and Mental Disorders
- ♦ Master techniques to help families and communities cope with bereavement following suicide, promoting resilience and emotional well-being in those affected





Specific Objectives

- ♦ Develop suicide prevention programs adapted to different care settings
- ♦ Apply early intervention techniques in primary care to reduce suicidal risk
- ♦ Coordinate work between different levels of care to ensure continuous and effective intervention
- ♦ Implement intervention plans based on the resources available at each level of care



You will manage a variety of therapeutic approaches to reduce suicidal ideation, favoring emotional regulation and the reconstruction of the meaning of life in patients”

05

Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



“

TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

“

*At TECH you will NOT have live classes
(which you might not be able to attend)”*



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

“

TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want”

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

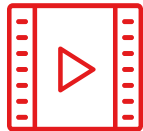
The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

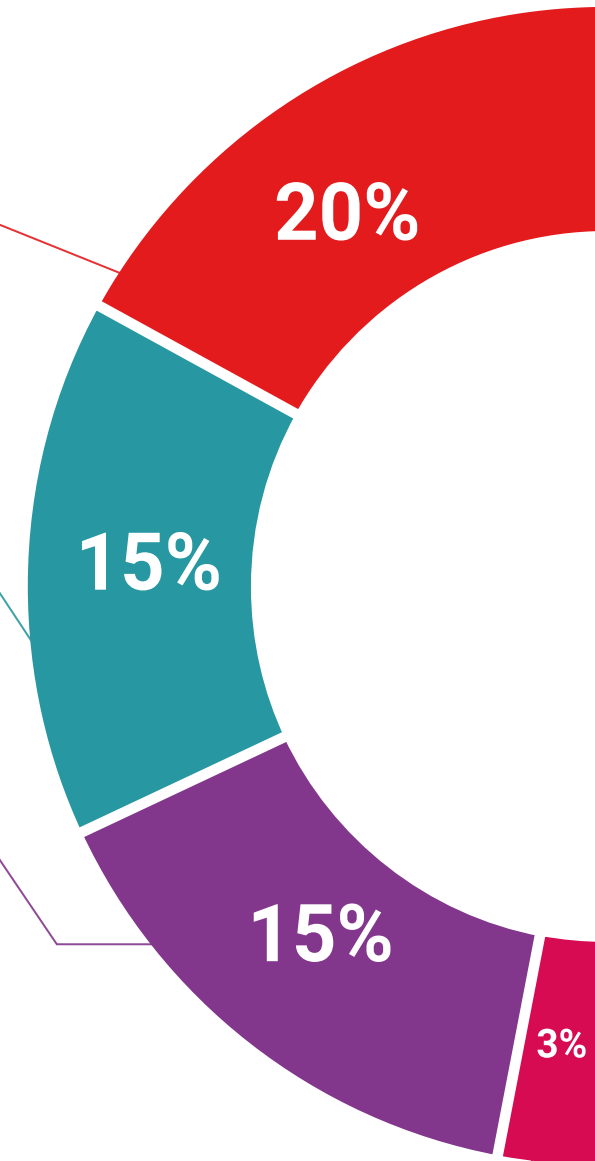
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

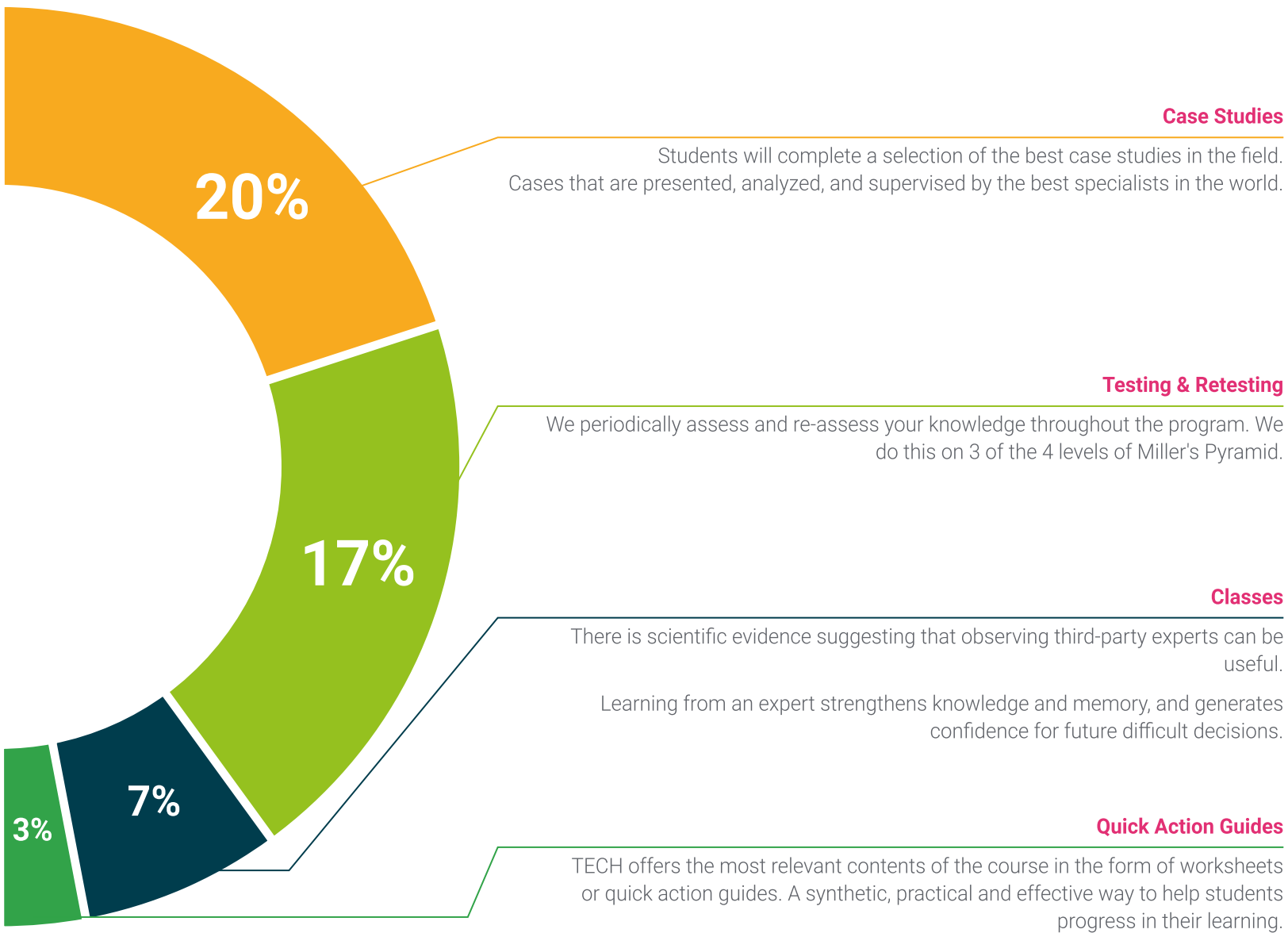
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





06

Teaching Staff

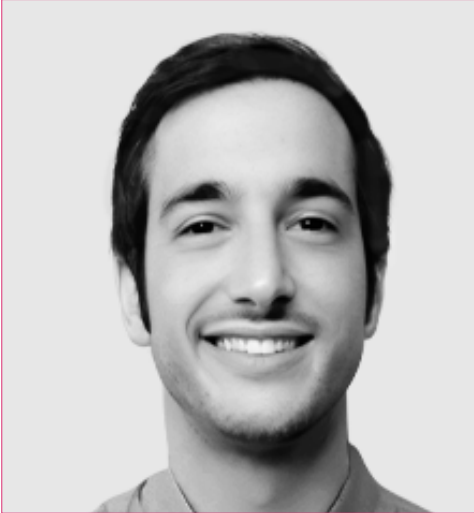
TECH's fundamental premise is based on providing the most complete, renewed and practical university programs in the academic market. To achieve this, it carries out a rigorous process to form its teaching staff. As a result, this Postgraduate Certificate has been designed by authentic references in Suicidal Behavior Prevention and Intervention by Level of Care. These professionals also make up the teaching staff, so they will teach the different modules to ensure that graduates update their knowledge efficiently. They will also provide personalized advice and resolve any doubts that may arise during the study.



“

You will enjoy the personalized guidance of the teaching team, composed of prestigious experts in Suicidal Behavior Prevention and Intervention by Level of Care”

Management



Dr. Alberdi Páramo, Iñigo

- ♦ Area Specialist in Psychiatric Hospitalization Unit/Psychogeriatrics at the Institute of Psychiatry and Mental Health of the San Carlos Clinical Hospital
- ♦ Area Specialist in Outpatient Psychiatry Liaison Psychiatry and Specialized Service in Mental Health in Intellectually Handicapped at the University Hospital La Princesa
- ♦ Area Specialist of Psychiatry in CSM Chamberí - Carabanchel
- ♦ Author and co-author of numerous scientific articles and book chapters
- ♦ Professor in undergraduate and postgraduate university studies.
- ♦ Doctor in Medicine - Psychiatry by the Complutense University of Madrid
- ♦ University Specialist in Clinical and Psychoanalytic Psychotherapy by the Pontifical University of Comillas



07

Certificate

This Postgraduate Certificate in Suicidal Behavior Prevention and Intervention by Level of Care guarantees, in addition to the most rigorous and up-to-date program, access to an Postgraduate Certificate diploma issued by TECH Global University.



“

*Successfully complete this program and
receive your university qualification without
having to travel or fill out laborious paperwork”*

This private qualification will allow you to obtain a diploma for the **Postgraduate Certificate in Suicidal Behavior Prevention and Intervention by Level of Care** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Suicidal Behavior Prevention and Intervention by Level of Care**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**





Postgraduate Certificate
**Suicidal Behavior Prevention and
Intervention by Level of Care**

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

Suicidal Behavior Prevention and Intervention by Level of Care

