



Postgraduate Certificate Suicidal Behavior as an Epiphenomenon from the Psychology Perspective

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Accreditation: 8 ECTS

» Schedule: at your own pace

» Exams: online

We bsite: www.techtitute.com/us/psychology/postgraduate-certificate/suicidal-behavior-epiphenomenon-psychology-perspective

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A new study by the World Health Organization shows that suicide is one of the main causes of death worldwide. In this sense, more than 700,000 people take their lives annually, which represents 1 in every 100 deaths. Faced with this situation, psychology professionals need to develop advanced clinical skills to address this global crisis through the implementation of prevention and early identification programs for vulnerable populations. In this scenario, they need to handle the most cutting-edge contemporary approaches to offer a holistic therapeutic intervention, beyond traditional biomedical models. Only in this way, they will be able to optimize the overall well-being of individuals in the long term.

Faced with this, TECH has created a revolutionary Postgraduate Certificate in Suicidal Behavior as an Epiphenomenon from Psychology. Developed by references in this field, the didactic materials will address subjects ranging from the fundamentals of promoting mental wellbeing in the community to the use of advanced techniques for the early detection of risk factors. Likewise, the syllabus will delve into the biological and genetic foundations linked to suicide, also taking into account the impact of complex conditions such as cancer. Therefore, graduates will develop a comprehensive understanding of the multidimensional factors associated with suicidal ideation. This will enable them to design effective intervention strategies tailored to the individual needs of patients.

In addition, the university program is taught in a flexible and fully online mode, providing psychologists with the necessary flexibility to adapt to their schedules. In addition, TECH's disruptive Relearning system will facilitate effective and rigorous updating. In fact, the only thing graduates will require is an electronic device with an Internet connection to successfully enter the Virtual Campus. There, they will enjoy a library full of multimedia support pills in formats such as detailed videos or real psychological case studies.

This Postgraduate Certificate in Suicidal Behavior as an Epiphenomenon from the Psychology Perspective contains the most complete and up-to-date educational program on the market. Its most notable features are:

- Practical cases presented by experts in Suicidal Behavior as an Epiphenomenon from the Psychology Perspective
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies in Psychological practice
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



You will handle state-of-the-art tools to interpret the prevalence and incidence of Suicidal Behavior at a global level, considering demographic factors and historical trends"

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You will delve into the most recent advances in intervention methodologies in Suicidal Behavior and even the development of prevention programs"

It includes in its teaching staff professionals belonging to the field of Suicidal Behavior as Epiphenomenon from Psychology, who pour into this program the experience of their work, in addition to recognized specialists of reference societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

This program is designed around Problem-Based Learning, whereby the student must try to solve the different professional practice situations that arise throughout the program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will foster adequate support in family environments, promoting understanding of people at risk and establishing emotional support networks that facilitate recovery.

A curriculum based on TECH's revolutionary Relearning methodology, which will allow you to consolidate complex concepts with efficiency and immediacy.







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The world's best online university, according to FORBES

The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".

The best top international faculty

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistumba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

The world's largest online university

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.



The most complete syllabus





World's
No.
The World's largest
online university

The most complete syllabuses on the university scene

TECH offers the most complete syllabuses on the university scene, with programs that cover fundamental concepts and, at the same time, the main scientific advances in their specific scientific areas. In addition, these programs are continuously updated to guarantee students the academic vanguard and the most demanded professional skills. and the most in-demand professional competencies. In this way, the university's qualifications provide its graduates with a significant advantage to propel their careers to success.

A unique learning method

TECH is the first university to use Relearning in all its programs. This is the best online learning methodology, accredited with international teaching quality certifications, provided by prestigious educational agencies. In addition, this innovative academic model is complemented by the "Case Method", thereby configuring a unique online teaching strategy. Innovative teaching resources are also implemented, including detailed videos, infographics and interactive summaries.

The official online university of the NBA

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

Leaders in employability

TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



Google Premier Partner

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.

The top-rated university by its students

Students have positioned TECH as the world's toprated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.





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Module 1. Epidemiology and Preventive Planning of Suicidal Behavior

- 1.1. Epidemiology of Suicide
 - 1.1.1. Incidence and Prevalence of Suicide Globally and Regionally
 - 1.1.2. Demographic Factors Gender, Age, Ethnicity and Their Influence on Suicide Rates
 - 1.1.3. Historical Trends and Temporal Patterns: How Suicide Rates Have Changed over Time
- 1.2. Theoretical Framework
 - 1.2.1. Health Sciences Prevention
 - 1.2.2. State of the Question
 - 1.2.3. Primary, Secondary and Tertiary Prevention
- 1.3. Suicide Is Preventable
 - 1.3.1. Scientific Evidence on Prevention
 - 1.3.2. Community-Based Interventions
 - 1.3.3. Barriers to Prevention
- 1.4. Integration of Multi-Level Strategies in Suicide Prevention
 - 1.4.1. Universal, Selective and Indicated Prevention Approaches
 - 1.4.2. Coordination between Mental Health and Primary Care Services
 - 1.4.3. Community Initiatives and Public Policies
 - 1.4.4. Technological Innovations in Prevention
- 1.5. Primary Prevention
 - 1.5.1. Education and Public Awareness
 - 1.5.2. Promotion of Emotional and Mental Well-Being
 - 1.5.3. Protective Factors: Fostering Resilience, Coping Skills and Support Networks
 - 1.5.4. Restrictive Policies on Access to Lethal Methods





Syllabus | 15 tech

- 1.6. Secondary Prevention
 - 1.6.1. Early Identification of Persons at Risk
 - 1.6.2. Treatment of Associated Mental Disorders
 - 1.6.3. Crisis Intervention Programs
 - 1.6.4. Post-Crisis Follow-Up and Monitoring
- 1.7. Tertiary Prevention
 - 1.7.1. Intervention after Suicide Attempts
 - 1.7.2. Reduction of Suicidal Recurrence
 - 1.7.3. Support Programs for Survivors
 - 1.7.4. The Role of Psychosocial Rehabilitation
- 1.8. Multidisciplinarity and Synergies
 - 1.8.1. Collaboration between Psychiatrists, Psychologists and Other Health Professionals
 - 1.8.2. Involvement of Social Workers, Educators and Law Enforcement Agencies
 - 1.8.3. Integrated Intervention Models
 - 1.8.4. Synergies between Health and Academic Institutions and Non-Governmental Organizations

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Module 2. Suicidal Behavior as an Epiphenomenon from the Psychiatry/Psychology Perspective

- 2.1. Nomenclature on Suicidal Behavior
 - 2.1.1. Definition of Key Terms
 - 2.1.2. Distinction between Suicidal Behavior and Self-Injury
 - 2.1.3. Historical Evolution of Nomenclature
 - 2.1.4. Impact of the Nomenclature on Research and Clinical Practice
- 2.2. Risk Factors for Suicidal Behavior
 - 2.2.1. Biological Risk Factors
 - 2.2.2. Psychological Factors: Mental Disorders, Impulsivity, Hopelessness and Previous Trauma
 - 2.2.3. Social and Environmental Factors
 - 2.2.4. Situational Factors and Triggering Events
- 2.3. Childhood and Adolescence
 - 2.3.1. Prevalence and Characteristics of Suicide in Young People
 - 2.3.2. Specific Risk Factors in Childhood and Adolescence
 - 2.3.3. The Role of the Family and School
 - 2.3.4. Early Interventions
- 2.4. Old Age
 - 2.4.1. Rates and Characteristics of Suicide in the Psychogeriatric Population
 - 2.4.2. Risk Factors in the Elderly
 - 2.4.3. The Impact of Retirement and Loneliness: How Lifestyle Changes Affect the Risk of Suicide
 - 2.4.4. Prevention in Old Age
- 2.5. Other Risk Groups
 - 2.5.1. Suicide in the LGTBIQ+ Population
 - 2.5.2. Migrants and Refugees
 - 2.5.3. Suicide in the Chronically III
 - 2.5.4. Persons Deprived of Their Liberty: Suicide in Prisons and Detention Centers, with Factors such as Isolation and Hopelessness



- 2.6. Social Equivalents and Suicide
 - 2.6.1. Suicide and Poverty
 - 2.6.2. Impact of Economic Crises and Unemployment
 - 2.6.3. Social Stigma and Its Influence on Suicidal Behavior
 - 2.6.4. Violence and Abuse as Social Equivalents: How Traumatic Experiences Relate to Suicide
- 2.7. Psychological Theories behind the Suicidal Phenomenon
 - 2.7.1. Interpersonal Theory of Suicide (Joiner)
 - 2.7.2. Escape Theory (Baumeister)
 - 2.7.3. Hopelessness Theory (Beck)
 - 2.7.4. Psychodynamic and Behavioral Models
- 2.8. Biology and Genetics in Suicide
 - 2.8.1. Genetic and Hereditary Factors
 - 2.8.2. Neurobiology of Suicide: Alterations in Neurotransmitters such as Serotonin and Their Impact on Suicidal Behavior
 - 2.8.3. Biological Markers
 - 2.8.4. Epigenetics and Stress
- 2.9. Suicide in Mental Disorders
 - 2.9.1. Suicide in Major Depression
 - 2.9.2. Bipolar Disorders and Suicidal Behaviors
 - 2.9.3. Suicide in Psychotic Disorders
 - 2.9.4. Suicide in Personality Disorders
- 2.10. Suicide in the Medical Patient
 - 2.10.1. The Impact of Chronic Physical Illness
 - 2.10.2. Cancer and Suicide
 - 2.10.3. Neurological Disorders and Suicide
 - 2.10.4. Palliative Care and Emotional Support



You will master the most sophisticated psychological approaches for early assessment of Suicidal thoughts, behaviors and risks in diverse populations"





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General Objectives

- Delve into the risk factors, underlying causes, and warning signs of Suicide, both at the individual and societal level
- Identify early signs of risk and apply effective interventions that prevent Suicide in a variety of settings, including clinical, educational and community
- Delve into postvention support management, providing tools to help people affected by the suicide of a loved one
- Provide psychological care to patients with suicidal thoughts, using therapeutic approaches such as cognitive-behavioral therapy and other validated interventions
- Manage educational and preventive strategies to promote awareness and reduce stigma related to Suicide and Mental Disorders
- Master techniques to help families and communities cope with bereavement following suicide, promoting resilience and emotional well-being in those affected



You will have access to multiple multimedia support resources that will enhance your study, including specialized readings based on the latest scientific evidence and explanatory videos"







Specific Objectives

Module 1. Epidemiology and Preventive Planning of Suicidal Behavior

- Analyze global and local suicide rates and epidemiological patterns
- Identify demographic, social, and cultural risk and protective factors associated with suicidal behavior
- Evaluate the impact of public policies and preventive initiatives on suicide rates
- Develop skills to interpret epidemiological studies and apply their results in preventive planning

Module 2. Suicidal Behavior as an Epiphenomenon from the Psychiatry/ Psychology Perspective

- Describe the main Psychiatric and Psychological Disorders related to suicidal behavior
- Understand the interaction between biological, genetic, psychological and social factors in the genesis of Suicide
- Evaluate the role of Mental Disorders in the emergence of suicidal risk
- Analyze psychological models that explain suicidal behavior, such as the interpersonal-psychological model of Suicide





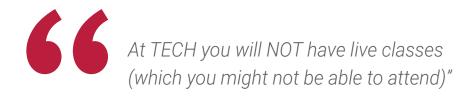


The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.









The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"

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Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



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A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Study Methodology | 29 tech

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.

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As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.

Case Studies

eld.

Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.

Testing & Retesting



We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.

Classes



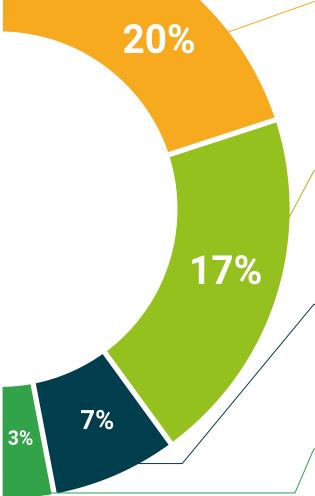
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence for future difficult decisions.

Quick Action Guides



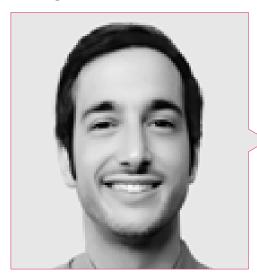
TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.







Management



Dr. Alberdi Páramo, Iñigo

- Area Specialist in Psychiatric Hospitalization Unit/Psychogeriatrics at the Institute of Psychiatry and Mental Health of the San Carlos Clinical Hospital
- Area Specialist in Outpatient Psychiatry Liaison Psychiatry and Specialized Service in Mental Health in Intellectually Handicapped at the University Hospital La Princesa
- Area Specialist of Psychiatry in CSM Chamberí Carabanchel
- Author and co-author of numerous scientific articles and book chapters
- Professor in undergraduate and postgraduate university studies.
- Doctor in Medicine Psychiatry by the Complutense University of Madrid
- University Specialist in Clinical and Psychoanalytic Psychotherapy by the Pontifical University of Comillas

Professors

Ms. Rodrigo Holgado, Irene

- Clinical Psychologist at the 12 de Octubre Hospital
- Clinical Researcher at Red Hygeia
- Specialist in Psychotherapy
- Master's Degree in Neuropsychology from the Open University of Catalonia
- Master's Degree in Advanced Nutrition and Dietetics from the TAGO Study Center
- Master's Degree in Women and Health from the Complutense University of Madrid
- Degree in Psychology from the Complutense University of Madrid

Ms. Alonso Sánchez, Elena Begoña

- Psychiatrist at the University Hospital Torrejon de Ardoz
- Coordinator of the Attention to Suicidal Risk program at the University Hospital Torrejón de Ardoz
- Clinical Researcher
- Coordinator of the Integral Attention to the Sick Physician program
- Degree in Medicine from the University of Seville







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This private qualification will allow you to obtain a diploma for the **Postgraduate Certificate in Suicidal Behavior as an Epiphenomenon from the Psychology Perspective** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra (official bulletin). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Suicidal Behavior as an Epiphenomenon from the Psychology Perspective

Modality: online

Duration: 6 weeks

Accreditation: 8 ECTS



Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Postgraduate Certificate in Suicidal Behavior as an Epiphenomenon from the Psychology Perspective

This is a private qualification of 240 hours of duration equivalent to 8 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



^{*}Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

tech global university

Postgraduate Certificate Suicidal Behavior as an Epiphenomenon from the Psychology Perspective

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- » Schedule: at your own pace
- » Exams: online

