

Postgraduate Certificate

Psychology of Voice





Postgraduate Certificate

Psychology of Voice

- » Modality: online
- » Duration: 8 weeks
- » Certificate: TECH Global University
- » Accreditation: 7 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitude.com/us/psychology/postgraduate-certificate/psychology-voice

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Enhance your knowledge in Psychology of Voice through this program, where you will find the highest-quality instructional material supported by real clinical cases. Discover here the latest advances in the field to provide high-quality psychological practice”

These studies can facilitate access to employment in this field due to the current shortage of professionals specialized in the complex area of psychology of voice.

This program offers a very broad view of vocal pathology and voice physiology, with examples of successful cases. It includes all the necessary and basic techniques for the preparation and re-education of the voice, taking into account the professions that use it as their main working tool, providing tools, experiences and advances in this field, which have also been guaranteed by the teaching staff on the course, since all of them work in the field.

Professionals will learn based on professional experience, as well evidence-based pedagogy, which makes student education more effective and accurate.

It is a practical course that follows a process similar to that of other psychomotor skills, such as learning to drive a car, for example. Its learning starts focusing on a theory, which shows the constitution and form of emission of any sound, to then be able to recognize our own mechanical movements, developing muscle memory and automating the knowledge learned. Finally, the process concludes with hands-on experimentation, identifying successes and errors in each exercise, along with personalized guidance and practical solutions for each student.

In addition to preparing students in such a specific and complex area as psychology of voice applied to various professions and contexts, this program also facilitates access to the job market, given the high demand for specialists both within and outside the formal education system. For students already employed, it strengthens their professional standing and increases their possibilities for advancement.

This **Postgraduate Certificate in Psychology of Voice** contains the most complete and up-to-date scientific program available on the market. The most important features of the program include:

- ♦ The development of clinical cases presented by experts in Psychology of Voice.
- ♦ The graphic, schematic, and practical contents of which they are composed provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ The latest developments in Psychology of Voice.
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning.
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- ♦ Special emphasis on evidence-based practice and research methodologies in Psychology of Voice
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- ♦ Content that is accessible from any fixed or portable device with an Internet connection.



An opportunity to combine, in a single program, speech therapy and applied psychology to achieve therapeutic excellence, using tools relevant both to the field of education and to other professional contexts"

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This program is the best investment you can make when selecting an academic update, for two reasons: in addition to bringing your knowledge in Psychology of Voice up to date, you will obtain a certificate of completion issued by TECH Global University”

Its faculty includes professionals from the field of psychology of voice, who contribute the experience of their clinical practice, along with renowned specialists from leading scientific societies.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

The design of this program focuses on Problem-Based Learning, through which Psychologists must try to solve the different professional practice situations that arise. To this end, the specialist will have access to an innovative interactive video system developed by recognized experts in the field of psychological voice intervention, all of whom possess extensive professional experience.

Increase your decision-making confidence by updating your knowledge through this program.

Take this opportunity to learn about the latest advances in Psychology of Voice and improve the care you offer your patients.



02 Objectives

The **Postgraduate Certificate in Psychology of Voice** is designed to support the work of professionals who assist children, adolescents, and adults in the psychological field.

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This program is aimed at enabling you to update your knowledge in Psychology of Voice through the use of the latest educational technology, contributing to high-quality and safe decision-making and follow-up with your students”



General Objectives

- ♦ Understand the anatomical and functional aspects of the phonatory system as the foundation for rehabilitating vocal pathologies and for vocal work with voice professionals
- ♦ Gain in-depth knowledge of the most current diagnostic and treatment techniques
- ♦ Delve into the knowledge and analysis of the results obtained in objective voice assessments
- ♦ Learn how to implement a correct and thorough assessment of vocal function in daily clinical practice
- ♦ Know the most important features of the voice and learn to listen to different types of voices in order to know which aspects are altered to guide clinical practice
- ♦ Analyze the different possible vocal pathologies and achieve scientific rigor in treatments
- ♦ Learn about different approaches to the treatment of vocal pathologies
- ♦ Raise awareness of the need for vocal care
- ♦ Teach vocal therapy work focused on different voice professionals
- ♦ Learn the importance of multidisciplinary work in some voice pathologies
- ♦ View the voice as a global ability of the person and not as an exclusive act of the phonatory system
- ♦ Solve real case studies with current therapeutic approaches based on scientific evidence





Specific Objectives

- ♦ Define the relationship between psychology and voice
- ♦ Explain the influence of vocal aspects on non-verbal communication
- ♦ Explain the importance of multidisciplinary work in the prevention and treatment of voice disorders
- ♦ Describe the relationship between voice and emotions
- ♦ Describe the relationship between voice and stress
- ♦ Explain the different types of dysphonia in which a multidisciplinary approach is needed
- ♦ Analyze strategies for preventing voice problems from psychological and health perspectives



*Take the step and update yourself
on the latest developments in
Psychology of Voice"*

03

Course Management

The program includes in its teaching staff renowned experts in speech therapy, who contribute their work experience to this training. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner.





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Learn from leading professionals about the latest advances in procedures in the field of Psychology of Voice”

Management



Ms. Martín Bielsa, Laura

- ♦ Speech therapist and teacher
- ♦ Expert in voice pathology
- ♦ Director of Multidisciplinary Center Dime Más
- ♦ CFP Estill Voice Training
- ♦ Extensively trained in different methods of vocal rehabilitation
- ♦ Dean of the Professional Association of Speech-Language Pathologists of Aragon

Faculty

Corvo, Sandra

- ♦ Speech Therapist
- ♦ Director of Clínica Córtex-Ciudad Rodrigo
- ♦ Master's Degree in Advances in Neurorehabilitation of Communicative and Motor Functions of the Gimbernat Cantabria School
- ♦ She is currently working on her doctoral thesis on the improvement of voice and speech in patients with Parkinson's disease by means of movement co-programming through dance.

Mr. Fernández Peñarroya, Raúl

- ♦ Director of the Fisyos center in Andorra
- ♦ Physiotherapist with extensive training in Rehabilitation
- ♦ Manual therapy, fascial treatment and dry needling
- ♦ Research activity on aspects of physiotherapy treatment in Parkinson's disease



Gómez, Agustín

- ♦ Speech Therapist
- ♦ Director of the Alpadif center – Albacete
- ♦ Associate Professor and collaborator of the Speech Therapy Degree at the UCLM
- ♦ Diverse voice training: CFP Estill Voice Training and PROEL, among others
- ♦ Actor with more than 20 years of experience in different independent theatrical companies

Pozo García, Susana

- ♦ Physiotherapist
- ♦ Director of the Fisyos Center in Andorra
- ♦ Specialist in Osteopathy Extensive training and clinical experience in myofascial induction, dry needling and lymphatic drainage
- ♦ Internship tutor at the Health Sciences University School of Zaragoza

Quílez Félez, Olaya

- ♦ Health Psychologist at Dime Más Multidisciplinary Center and other Health Centers in Aragon
- ♦ Master's Degree in Neuropsychology
- ♦ Collaborator in research projects with the University of Zaragoza

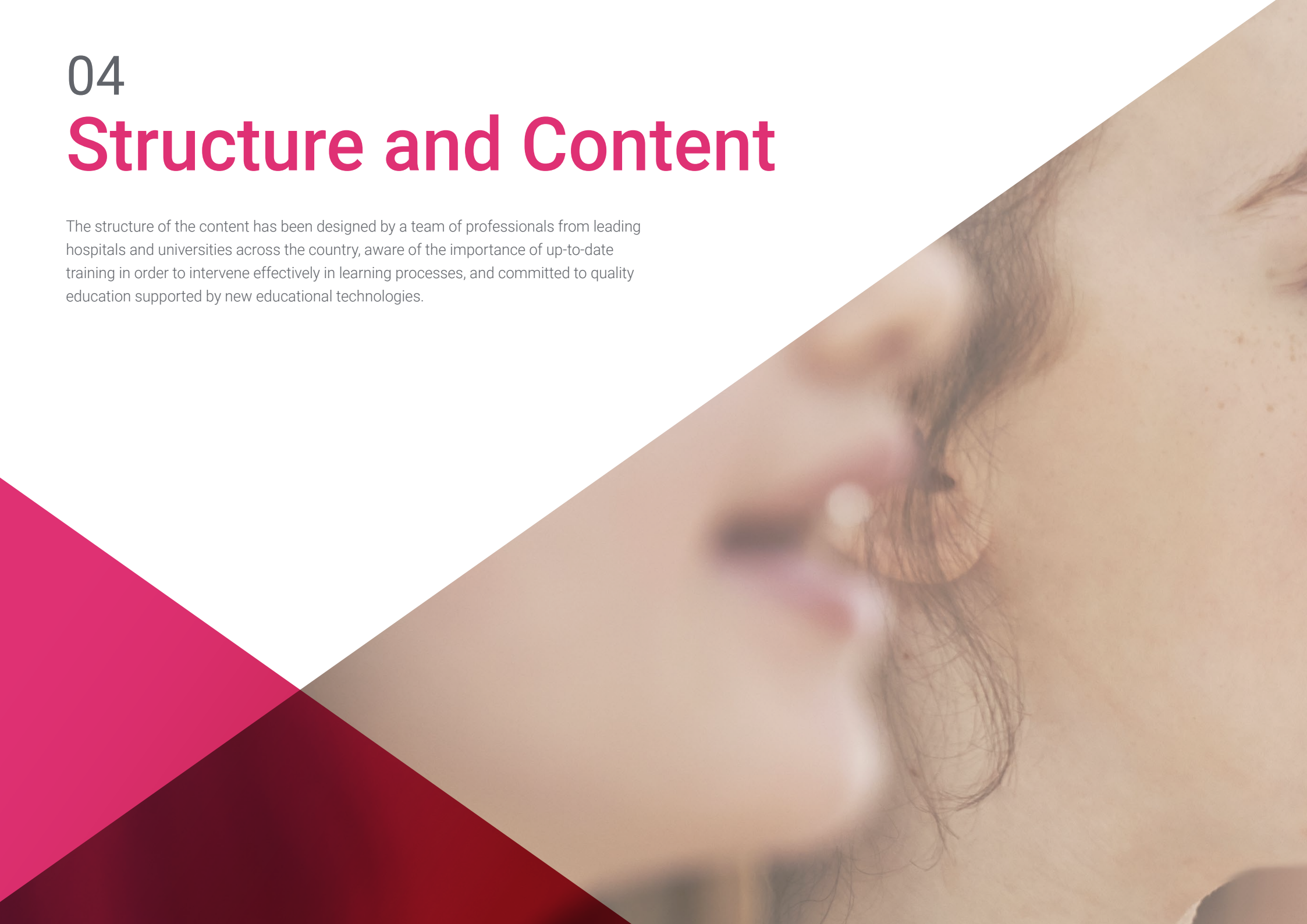
Romero Meca, Alizia

- ♦ Diploma in Musical Education
- ♦ CMT Certified Teacher at Estill Voice Training
- ♦ Currently preparing for certification as a CCI Instructor at Estill Voice Training
- ♦ Professional singer since 1996, with several tours and more than 500 performances
- ♦ Vocal Coach since 2000, teaching classes of all musical genres, levels and groups
- ♦ Director and singer of the Chamber Choir The Gospel Wave Choir
- ♦ Course Organizer for Official Estill Voice Training

04

Structure and Content

The structure of the content has been designed by a team of professionals from leading hospitals and universities across the country, aware of the importance of up-to-date training in order to intervene effectively in learning processes, and committed to quality education supported by new educational technologies.





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This Postgraduate Certificate in Psychology of Voice contains the most complete and up-to-date scientific program available on the market”

Module 1. Psychology and Voice

- 1.1. Psychology of Voice as a Specialty
- 1.2. Relationship Between Voice and Psychology
- 1.3. Voice as a Fundamental Element in Nonverbal Communication
- 1.4. Voice and Emotions
- 1.5. Voice and Stress
- 1.6. Types of Functional and Psychogenic Dysphonias
- 1.7. Prevention of Voice Problems
 - 1.7.1. Healthy Lifestyle Habits
 - 1.7.2. Wake–Sleep Relationship
 - 1.7.3. Nutrition
 - 1.7.4. Tobacco
 - 1.7.5. Physical Exercise
- 1.8. Awareness: Mind-Body Connection
- 1.9. Psychoeducation
- 1.10. Mindfulness
- 1.11. Psychological Therapy in Voice Pathologies
 - 1.11.1. Organic Pathologies
 - 1.11.2. Functional Pathologies





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A unique, essential and decisive learning experience to boost your professional development"

05

Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



“

TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

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*At TECH you will NOT have live classes
(which you might not be able to attend)”*





The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

“*TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want*”

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

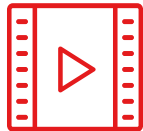
The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

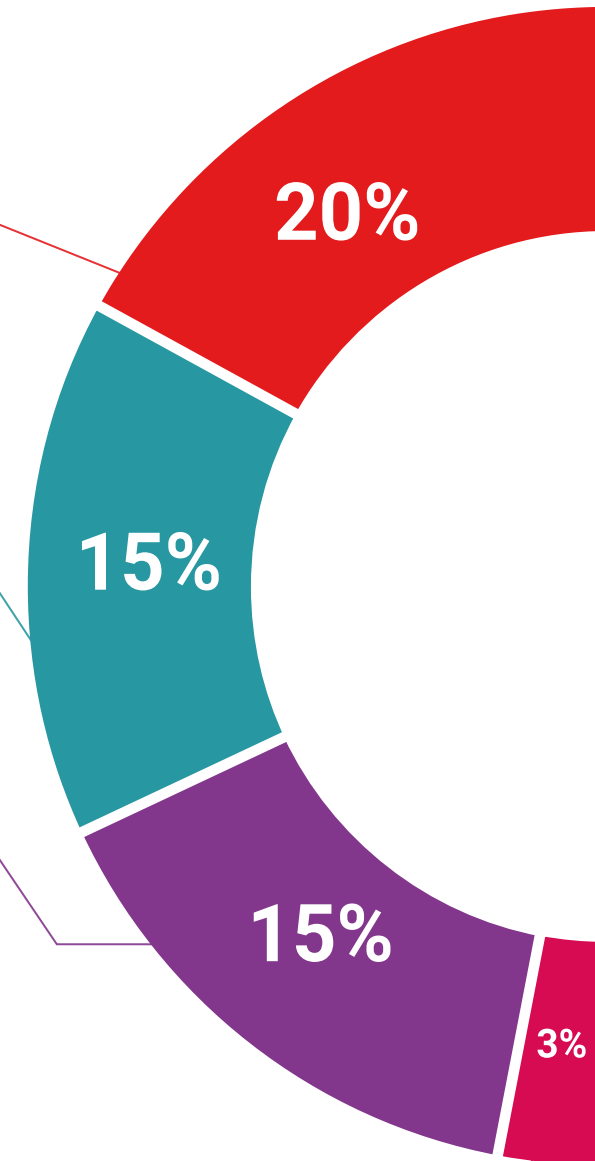
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

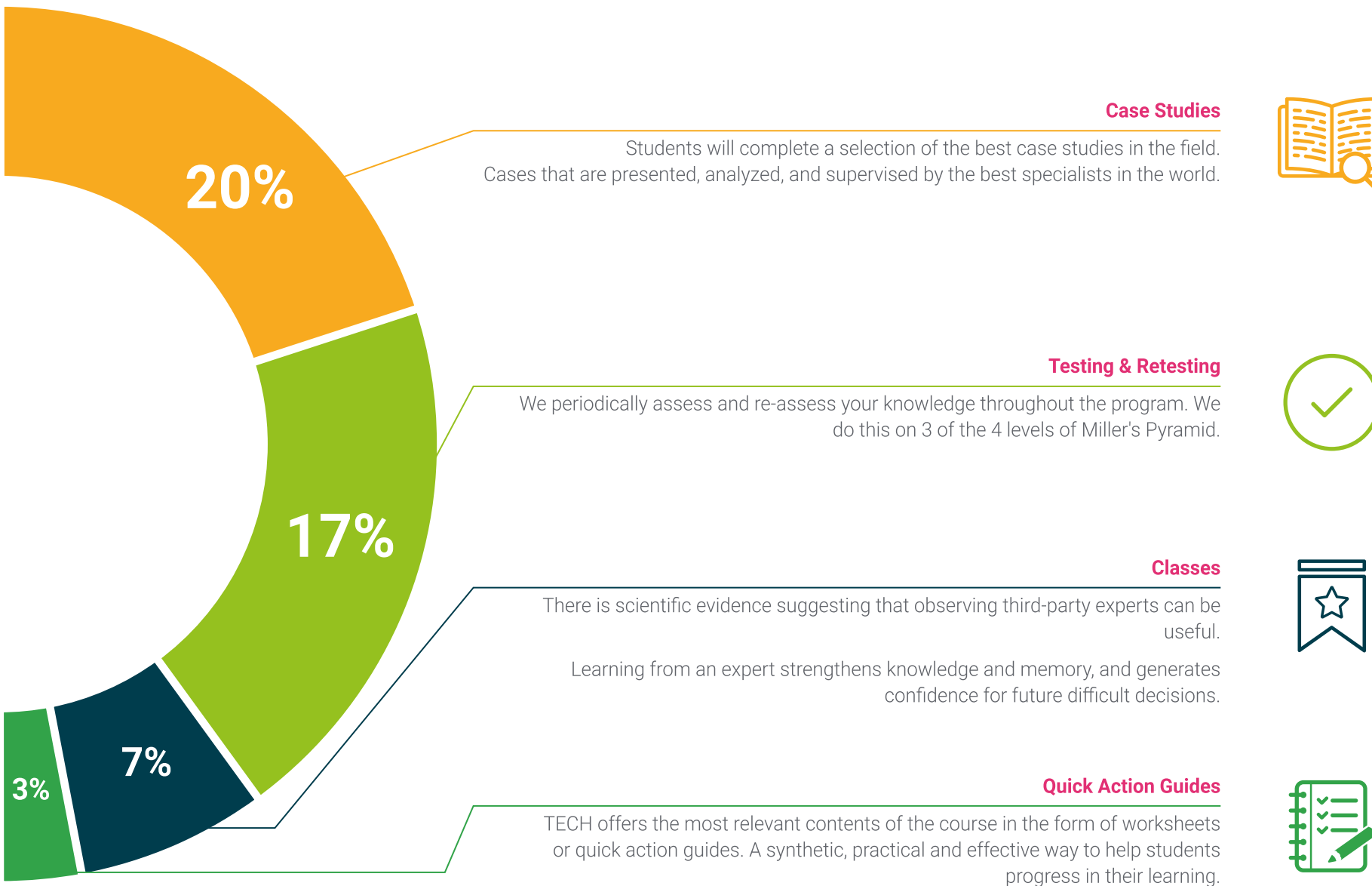
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





06 Certificate

The Postgraduate Certificate in Psychology of Voice guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program
and receive your university qualification
without having to travel or fill out
laborious paperwork”*

This private qualification will allow you to obtain a **Postgraduate Certificate in Psychology of Voice** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

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Accreditation: **7 ECTS**





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