

# Postgraduate Certificate

## Psychology of Family Bonds and Systemic Organization





## Postgraduate Certificate

### Psychology of Family Bonds and Systemic Organization

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/psychology/postgraduate-certificate/psychology-family-bonds-systemic-organization](http://www.techtute.com/us/psychology/postgraduate-certificate/psychology-family-bonds-systemic-organization)

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01

# Introduction

Gradually, it has begun to be recognized that family dynamics not only protects its members against certain adversities or certain personal disorders, but also that certain aspects of family functioning can help to improve inappropriate behaviors (especially in children and adolescents). This not only applies in the family environment, but also in other areas and other disorders, as is the case of emotional or psychosomatic disorders.



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*Role conflict, personal characteristics of some of its members, inadequate communication patterns or the implications of parental pathologies on children are some of the most discussed aspects"*

Family plays a decisive role in the socialization process of an individual and in the transmission of values, knowledge and beliefs. The modern family is still a living and essential entity which is in the center of our individual, professional and social concerns. It is an extremely important element in the development and maturation of each person. In this sense, the protective effect of family relationships has traditionally been highlighted in the face of certain adverse situations. These are as diverse as work problems, economic difficulties or the loss of loved ones. But the family can also be a source of stress, and it has been pointed out in this regard that family stress has a particularly powerful capacity as a pathogenic element. This is because stress factors originating in the family tend to be, unlike others, frequent and recurrent.

The hypothesis of researchers on the subject, has been that the negative impact that certain external factors may have on the development of emotional and behavioral problems in children and adolescents, is directly shaped by family structure and dynamics. In many cases, stress factors can modify the family environment to such an extent that they become dysfunctional.

One of the most commonly studied factors of familial pathology has been their economic situation. Different research has brought to light that economics has a negative influence on psychological well-being and family relationships. In addition, there has been an increase in the number of studies which show the influence of economic stress on children and adolescents is shaped by the type of relationship that exists between parents and children. However, the processes through which economic stress can generate emotional “distress” or negatively affect family relationships still haven’t been adequately proved and clarified. One attempt to clarify such processes is that of Conger and colleagues, whose theoretical model proposes that economic stress experienced by parents increases both disharmony and conflict between parents and problems between parents and children over money-related issues.

This **Postgraduate Certificate in Psychology of Family Bonds and Systemic Organization** contains the most complete and up-to-date scientific program on the market. The most important features of the course are:

- Clinical cases presented by experts in the different specialties. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- Latest information on Psychology of Family Bonds and Systemic Organization.
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- With special emphasis on evidence-based psychology and research methodologies in psychology.
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- Availability of content from any fixed or portable device with an Internet connection.



*Update your knowledge through the Postgraduate Certificate in Psychology of Family Bonds and Systemic Organization in a practical way and adapted to your needs”*

“

*This course may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Psychology of Family Bonds and Systemic Organization, you will obtain a Postgraduate Certificate from TECH Technological University"*

*The course includes real clinical cases and exercises to bring the development of the course closer to the psychologist's clinical practice.*

The teaching staff includes healthcare professional from the field of Psychology who bring their vast experience to the course, as well as renowned specialists from scientific societies of reference.

Thanks to multimedia content developed with the latest educational technology, the professional has access to situational and contextual learning. In other words, a simulated environment that will provide immersive learning, programmed to train for real situations.

The design of this program is based on Problem Based Learning through which the psychologist will have to try and resolve the different practical professional situations that arise throughout the course. For this purpose the student will be assisted by an innovative interactive video system created by renowned experts in the field of psychology who have lots of teaching experience.



02

# Objectives

The main objective of the program is the development of theoretical and practical learning, so that the psychologist is able to master Psychology of Family Bonds and Systemic Organization in a practical and rigorous manner.





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*This refresher program will generate a sense of confidence when practising psychology which will help you grow both personally and professionally”*



## General Objectives

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- ♦ Master the current knowledge of psychic and social disorders in the family environment.
- ♦ Learn how to achieve a therapist-patient bond in the field of family therapy.
- ♦ Identify the agents who live with the child and adolescent, and discover their impact on family psychopathology.
- ♦ Develop understanding of the dynamics between the parents and the consequences on the family.
- ♦ Describe, in relation to protocols, the intervention programs, taking into account the characteristics and aspects of the systemic relationship in the family.
- ♦ Identify the evolution of the different disorders listed in the DSM-5 or ICD-10.
- ♦ Master the fields of medical-psychologist interaction in family intervention.

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*Make the most of the opportunity and take the step to gain up-to-date knowledge on the latest developments in Psychology of Family Bonds and Systemic Organization”*





## Specific Objectives

- ♦ Master knowledge of the family clinic, as well as to provide the necessary skills to work in a systemic way.
- ♦ Identify and make decisions about patients taking into account the social and emotional fabric in which they find themselves
- ♦ Master interaction within a family therapy framework.
- ♦ Perform and adapt intervention protocols within an interdisciplinary framework.
- ♦ Address the family, school and social environment.
- ♦ Manage the dynamics of therapeutic time.
- ♦ Implement silence into family intervention.
- ♦ Manage the emotional crises within a session and children or adolescents and adults.
- ♦ Master assessment and intervention tools using all senses.
- ♦ Identify and use information from social and family agents.



03

# Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.





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*Learn the latest advances in Psychology of Family Bonds and Systemic Organization from leading professionals"*

## Management



### Aguado Romo, Roberto

- Psychologist specializing in Clinical Psychology
- European specialist in Psychotherapy from the EFPA
- President of the European Institute of Time-Limited Psychotherapy
- Author with patents in psychotherapy models and techniques.
- Time-Limited Psychotherapy
- Reciprocal Interaction Psychotherapist
- Selective Dissociation Focusing (SDF) Techniques
- Induced Head Movement Techniques
- Transferred Emotional Modification Techniques
- Specific Sensory Stimulation Techniques
- Emotional Bonding Techniques
- Director of the Evaluation and Psychotherapy Center of Talavera (Bilbao and Madrid)
- Director of the scientific journal Psynapsis
- Master's Degree in Clinical and Health Psychology from the Spanish Society of Psychosomatic Medicine and Health Psychology
- Tutor of the Basic Psychology course at the UNED
- Author and Co-Author of "Reciprocal Interaction Therapy" (2002) EDITOR, "Practical Manual of Reciprocal Interaction Therapy" (2005) SINTESIS, "I'm Afraid to be Afraid" (2009) PIRAMIDE, "Consultation Secrets" (2009) PLANETA, "Close to Home" (2009) LID, "It's Exciting to Know How to Get Excited" (2014) EOS, "Emotion Decides and Reason Justifies" (2015) EOS.
- External Researcher at CerNet (University of Almeria), University of Castilla la Mancha Hospital Marazuela

## Professors

### De Dios González, Antonio

- ♦ Director of Avatar Psychologists
- ♦ Director of the Psychology Department of Quirón Hospital of Marbella.
- ♦ Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies.
- ♦ Transpersonal Therapist by the Spanish School of Transpersonal Development
- ♦ E.F.T. Specialist by the World Center for EFT
- ♦ Master's Degree in Neuro-Linguistic Programming (N.L.P.) from Richard Bandler's Society of Neuro-Linguistic Programming
- ♦ Specialist in Clinical Hypnosis and Relaxation

### Furelos, Maribel

- ♦ Psychologist specializing in Clinical Psychology
- ♦ Sexologist in Osakidetza at the Santurce outpatient clinic
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

### Gandarias, Gorka

- ♦ Health Psychologist
- ♦ European specialist psychologist in Psychotherapy from the EFPA in Vitoria (Spain)
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in intervention in bizarre behavior and drug addiction

### González, Mónica

- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella.
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy

### Casado, Maria

- ♦ Health Psychologist
- ♦ Specialist in Family and Couple Intervention in the Spanish Police Confederation in Madrid
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

### Martínez-Lorca, Manuela

- ♦ Doctorate in Psychology from the University of Castilla-La Mancha
- ♦ Health Psychologist.
- ♦ Lecturer in the Department of Psychology at the UCLM Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies.
- ♦ Specialist in Clinical Hypnosis and Relaxation

### Roldán, Lucía

- ♦ Health Psychologist
- ♦ Cognitive-behavioral intervention specialist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in Energy Therapy Intervention

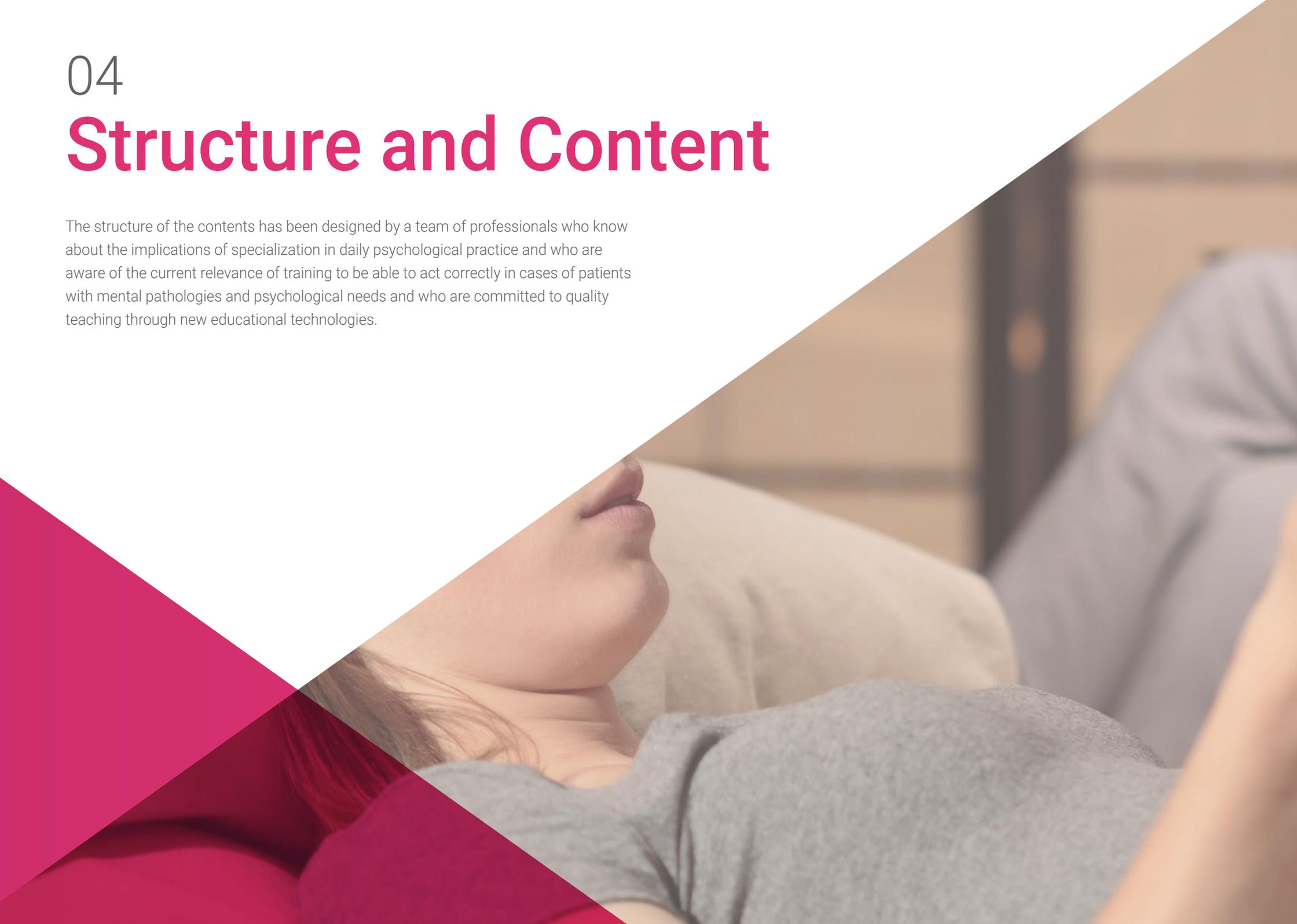
### Soria, Carmen

- ♦ European specialist psychologist in Psychotherapy at the Spanish Police Confederation health center Madrid
- ♦ Head of Psychosocial Unit
- ♦ Health Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Specialist in chronic patients
- ♦ Specialist in Clinical Hypnosis and Relaxation

04

# Structure and Content

The structure of the contents has been designed by a team of professionals who know about the implications of specialization in daily psychological practice and who are aware of the current relevance of training to be able to act correctly in cases of patients with mental pathologies and psychological needs and who are committed to quality teaching through new educational technologies.





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*This Postgraduate Certificate in Psychology of Family Bonds and Systemic Organization contains the most complete and up-to-date scientific program on the market”*

## Module 1. Family Bonds and Systemic Organization

- 1.1. Functions of the Family (Harris-Meltzer)
- 1.2. Types of Family
  - 1.2.1. Conjugal Family
  - 1.2.2. Matriarchal Family
  - 1.2.3. Patriarchal Family
  - 1.2.4. Gang Family
  - 1.2.5. Inverted Family
  - 1.2.6. Extended Family
- 1.3. Family Institution
  - 1.3.1. Life Cycle of the Family
  - 1.3.2. Family Law
  - 1.3.3. Legal Nature
  - 1.3.4. Family Characteristics
- 1.4. Family Model
  - 1.4.1. Rigid
  - 1.4.2. Overprotective
  - 1.4.3. Permissive
  - 1.4.4. Stable
- 1.5. Functions of Family
  - 1.5.1. Biological or Reproductive
  - 1.5.2. Legitimization of Sexual Relationships
  - 1.5.3. Socialization of Children
  - 1.5.4. Economic Cooperation and Sharing of Tasks
  - 1.5.5. Care and Supervision
  - 1.5.6. Affection and Emotional Support
  - 1.5.7. Provision of Status



- 1.6. Dysfunctional Family
- 1.7. Family Reactions to Illness
- 1.8. Carer Syndrome
- 1.9. Communication Between Family Members
  - 1.9.1. Secrets
  - 1.9.2. Double Bonds
  - 1.9.3. Miscommunication
  - 1.9.4. Communication Laws
- 1.10. Communication Skills
  - 1.10.1. The Information
  - 1.10.2. Sincerity
  - 1.10.3. Empathy
  - 1.10.4. Non-Verbal Communication
  - 1.10.5. Active Listening
  - 1.10.6. Respecting Silences
- 1.11. Relationship with Other Groups
  - 1.11.1. Judicial Police
    - 1.11.1.1. Identification Laboratories
    - 1.11.1.2. Police Technology Laboratories
    - 1.11.1.3. Technological Innovation Laboratories
  - 1.11.2. Forensics
  - 1.11.3. Judges
  - 1.11.4. Lawyers
- 1.12. Family Diagnosis: The Family as a System
  - 1.12.1. Family Rules, Rituals, Homeostasis
  - 1.12.2. Crisis, Morphogenesis and Change
  - 1.12.3. Family Typology, Adaptation, Evolutionary Cycle
  - 1.12.4. Barriers, Centripetal and Centrifugal Functions
  - 1.12.5. Typology of Dysfunctional Families
- 1.13. Assessment of Guilt in Psychopathology
  - 1.13.1. Self Conscious Affect Tests
  - 1.13.2. Personal Feelings Questionnaire-2
  - 1.13.3. Guilt Inventory
  - 1.13.4. Interpersonal Guilt Questionnaire
  - 1.13.5. Guilt Scale
- 1.14. Diagnostic Process Framing in the Expert Appraisal
  - 1.14.1. Constant Elements
  - 1.14.2. Adaptable Elements
  - 1.14.3. Basic Clarifications
  - 1.14.4. Preliminary Questions
  - 1.14.5. Main Objectives
- 1.15. Psychological Expert Opinion
  - 1.15.1. Scientific Document
  - 1.15.2. Comprehensive Language
  - 1.15.3. Degree of Certainty
  - 1.15.4. Uses
  - 1.15.5. Ethical Standards



*A unique, key, and decisive training experience to boost your professional development”*

05

# Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



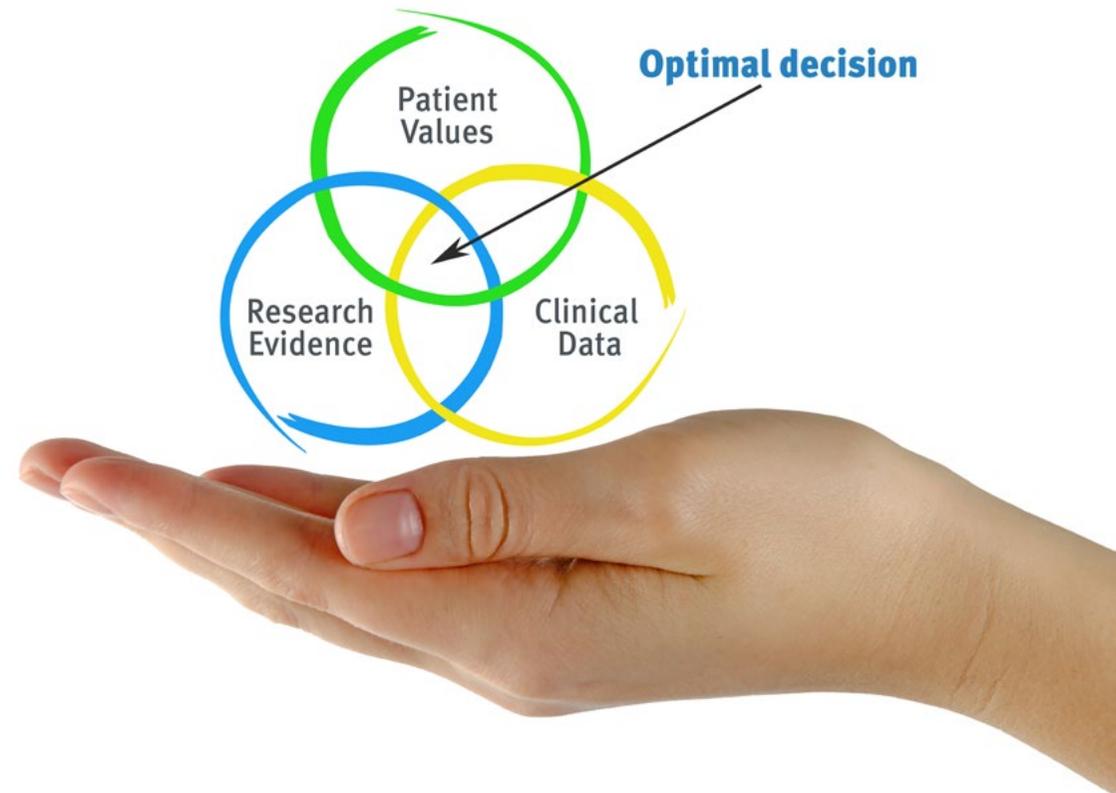
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*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Psychologists learn better, faster, and more sustainably over time.

*With TECH, psychologists can experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only grasp concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. The learning is solidly focused on practical skills that allow the psychologist to better integrate the knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 150,000 psychologists with unprecedented success, in all clinical specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



### Latest Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

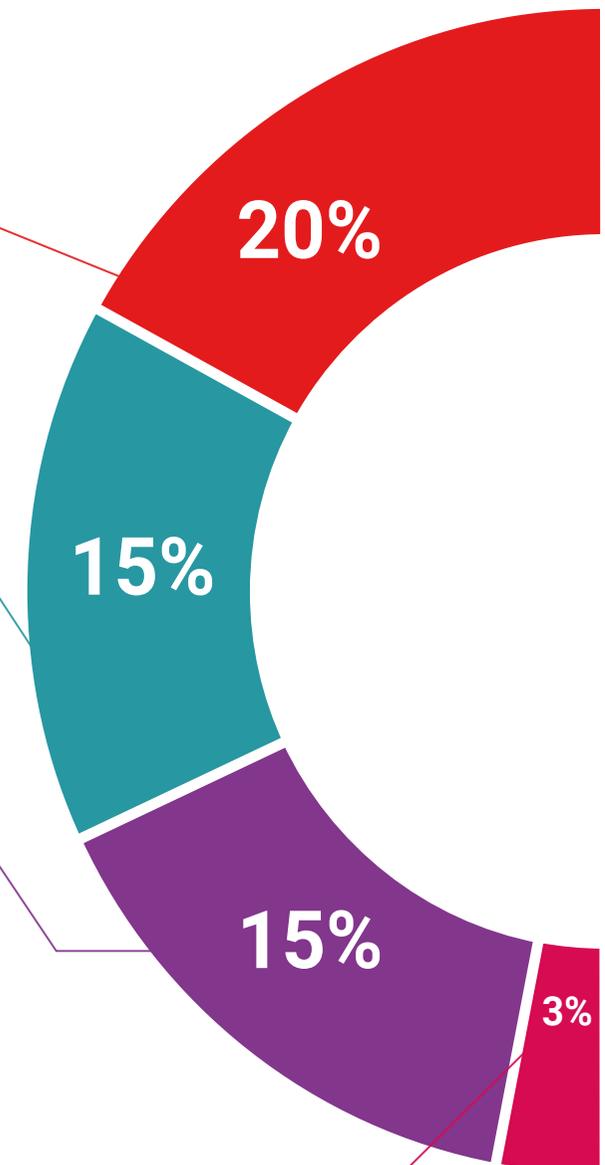
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents, international guides. In our virtual library you will have access to everything you need to complete your training.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Re-Testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



**Classes**

There is scientific evidence on the usefulness of learning by observing experts. The system named Learning from an Expert strengthens knowledge and recall capacity, and generates confidence when facing difficult decisions in the future.



**Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06

# Certificate

The **Postgraduate Certificate in Psychodiagnosis of the Family System** guarantees you, in addition to the most rigorous and up-to-date training, access to a **Postgraduate Certificate** certificate issued by **TECH Technological University**.





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*Successfully complete this Postgraduate Certificate and receive your university title without the hassle of travel or paperwork"*

This **Postgraduate Certificate in Psychology of Family Bonds and Systemic Organization** contains the most complete and up-to-date scientific program on the market.

After students have passed the assessments, they will receive by certified mail\* their **Postgraduate Certificate** issued by **TECH Technological University**.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the **Postgraduate Certificate**, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professionals career evaluation

Title: **Postgraduate Certificate in Psychology of Family Bonds and Systemic Organization**

ECTS: **8**

Official Number of Hours: **200**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
classroom



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Family Bonds and  
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