

# Postgraduate Certificate

## Psychological Intervention in Childhood and Adolescence





## Postgraduate Certificate Psychological Intervention in Childhood and Adolescence

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: [www.techtute.com/us/psychology/postgraduate-certificate/psychological-intervention-childhood-adolescence](http://www.techtute.com/us/psychology/postgraduate-certificate/psychological-intervention-childhood-adolescence)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Course Management

---

*p. 12*

04

Structure and Content

---

*p. 16*

05

Methodology

---

*p. 20*

06

Certificate

---

*p. 28*

01

# Introduction

Learn in depth the peculiarities of psychological assessment of children and adolescents, as well as the skills of the therapist to carry it out effectively, with this complete training program in Psychological Intervention in Childhood and Adolescence.





“

*This Postgraduate Certificate will broaden your horizons as a health psychologist and will allow you to grow personally and professionally"*

Psychologists play a fundamental role in healthcare when it comes to improving people's physical, mental and social wellbeing. Today they are an essential component in resolving different psychological disorders.

This **Postgraduate Certificate** provides extensive knowledge in advanced models and techniques in assessment, diagnosis and psychological intervention in this field of health. For this, you will have a teaching faculty that stands out for its extensive professional experience in the different areas in which psychology has developed and in different sectors of the population.

Throughout this training programme, the student will go through all the current approaches in the work carried out by health psychologists. The correct approach to psychological assessments and interviews; the implementation of psychological techniques for stress prevention or the assimilation of the different phases of the research process in Psychology. There will be some of the many topics of work and study that students will be able to integrate into their training with this comprehensive program.

We will not only take you through the theoretical knowledge we offer, but we will introduce you to another way of studying and learning, one which is simpler, more organic and more efficient. We will work to keep you motivated and to develop your passion for learning, helping you to analyze and to develop critical thinking skills.

A high-level step that will become a process of improvement, not only on a professional level, but also on a personal level.

This **Postgraduate Certificate in Psychological Intervention in Childhood and Adolescence** has the most complete and up-to-date academic program on the market. The most important features of the program include:

- ♦ Developing 100 practical cases presented by experts in General Health Psychology
- ♦ The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for carrying out research
- ♦ News and innovations on research in the different fields of psychology
- ♦ Practical exercises where self-assessment can be used to improve learning.
- ♦ Algorithm-based interactive learning system for decision-making in the situations that are presented to the student.
- ♦ Special emphasis on research methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Access deep insights in General Health Psychology and its multiple implications, in a comprehensive Postgraduate Certificate designed to propel you to another professional level"*

“

*This Postgraduate Certificate may be the best investment you can make in the selection of a refresher programme for two reasons: in addition to updating your knowledge of Psychological Intervention in Childhood and Adolescence, you will obtain a degree from TECH Technological University”*

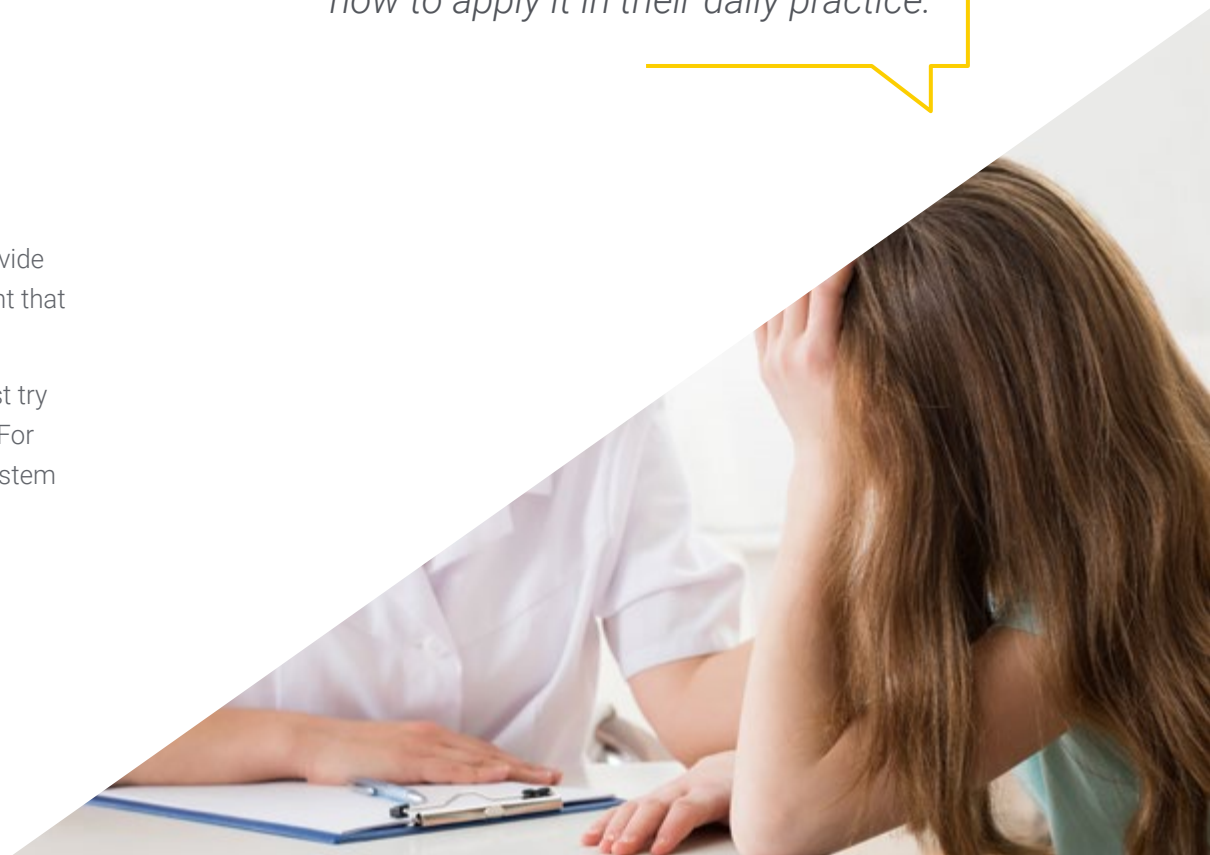
It includes a very broad teaching staff of professionals belonging to the field of psychology, who pour into this training the experience of their work, in addition to recognized specialists of reference societies and prestigious universities

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program designed to train in real situations.

This program is designed around Problem Based Learning, where the student must try to solve the different professional practice situations that arise during the course. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced research experts.

*Increase your confidence as a healthcare psychiatrist by updating your knowledge through this Postgraduate Certificate*

*This Postgraduate Certificate marks the difference between a professional with a lot of knowledge, and a professional who knows how to apply it in their daily practice.*



# 02

# Objectives

This program is aimed at healthcare psychologists, so that they can acquire the necessary tools to develop in the field, learning about the latest trends and delving into the issues that are at the forefront of this branch of knowledge. Researchers will only be able to carry out their objectives successfully if they are adequately prepared.







“

*If your goal is to improve in your profession and acquire a qualification that will enable you to compete with the best, then look no further. This training will give your career the boost it needs"*



## General Objectives

---

- Train professionals qualified to practise a Psychological Intervention in Childhood and Adolescence, according to current legislation, with the ability to carry out effective assessments and treatments in people's behavior and activity in order to promote and improve their general state of health





## Specific Objectives

---

- ♦ Understand the peculiarities of psychological assessment with children and adolescents, as well as the therapist's skills to carry them out effectively
- ♦ Detail the most useful assessment instruments to use with children and adolescents, both for problem identification and clinical formulation
- ♦ Know the most frequent psychological problems in childhood and adolescence and describe their diagnostic criteria
- ♦ Study the course and prevalence of the main disorders in childhood and adolescence
- ♦ State the most commonly used assessment instruments for the main disorders in childhood and adolescence
- ♦ Explain the main psychological intervention techniques for children and adolescents with different mental and behavioral disorders
- ♦ Discuss the latest scientific evidentiary recommendations for treating mental and behavioral disorders in children and adolescents

03

# Course Management

The program includes in its teaching staff renowned experts in Psychological Intervention in Childhood and Adolescence, who contribute their work experience to this certificate. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner.



“

*Learn the latest advances in procedures in Psychological Intervention in Childhood and Adolescence from leading professionals”*

04

# Structure and Content

The structure of the contents has been designed by a team of professionals in Psychological Intervention in Childhood and Adolescence, who are aware of the importance of up-to-date training in order to be able to delve into this field of knowledge and produce publications of academic quality.





“

*This Postgraduate Certificate in Psychological Intervention in Childhood and Adolescence has the most complete and up-to-date scientific program on the market”*

## Module 1. Psychological Intervention in Childhood and Adolescence

- 1.1. Fundamentals of Child and Adolescent Assessment
  - 1.1.1. Peculiarities of Psychological Assessment with Children and Adolescents
  - 1.1.2. Assessment Tools
  - 1.1.3. Obstacles to Interviewing Children and Adolescents
- 1.2. Intervention in Autism Spectrum Disorders
  - 1.2.1. Autism Spectrum Disorders: Etiology, Course, and Prevalence
  - 1.2.2. Autism Spectrum disorders: Assessment Tools
  - 1.2.3. Autism Spectrum Disorders: Scientific Evidence
  - 1.2.4. Autism Spectrum Disorders: Psychological Intervention Techniques
- 1.3. Attention Deficit Hyperactivity Disorder Intervention
  - 1.3.1. Attention Deficit Hyperactivity Disorder: Etiology, Course, and Prevalence
  - 1.3.2. Attention Deficit Hyperactivity Disorder: Assessment Tools
  - 1.3.3. Attention Deficit Hyperactivity Disorder: Scientific Evidence
  - 1.3.4. Attention Deficit Hyperactivity Disorder: Psychological Intervention Techniques
- 1.4. Intervention in Childhood and Adolescent Depression
  - 1.4.1. Childhood and Adolescent Depression: Etiology, Course, and Prevalence
  - 1.4.2. Childhood and Adolescent Depression: Assessment Tools
  - 1.4.3. Childhood and Adolescent Depression: Scientific Evidence
  - 1.4.4. Childhood and Adolescent Depression: Psychological Intervention Techniques
- 1.5. Intervention in Child and Adolescent Anxiety
  - 1.5.1. Childhood and Adolescent Anxiety: Etiology, Course, and Prevalence
  - 1.5.2. Childhood and Adolescent Anxiety: Scientific Evidence
  - 1.5.3. Child and Adolescent Anxiety: Behavioral Techniques
  - 1.5.4. Childhood and Adolescent Anxiety: Cognitive Techniques
- 1.6. Intervention in Trauma-Related Disorders in Children and Adolescents
  - 1.6.1. Trauma-Related Disorders in Children and Adolescents: Etiology, Course and Prevalence.
  - 1.6.2. Trauma-Related Disorders in Children and Adolescents: Scientific Evidence
  - 1.6.3. Trauma-Related Disorders in Children and Adolescents: Psychological Intervention Techniques
- 1.7. Eating Disorder Intervention in Children and Adolescents
  - 1.7.1. Eating Disorders in Children and Adolescents: Etiology, Course and Prevalence
  - 1.7.2. Eating Disorders in Children and Adolescents: Scientific Evidence
  - 1.7.3. Eating Disorders in Children and Adolescents: Psychological Intervention Techniques
- 1.8. Intervention in Excretory Disorders
  - 1.8.1. Excretory Disorders: Etiology, Course and Prevalence
  - 1.8.2. Excretory Disorders: Scientific Evidence
  - 1.8.3. Excretory Disorders: Psychological Intervention Techniques
- 1.9. Intervention in Behavioral Disorders
  - 1.9.1. Behavioral Disorders: Etiology, Course and Prevalence
  - 1.9.2. Behavioral Disorders: Assessment Tools
  - 1.9.3. Behavioral Disorders: Empirical Evidence
  - 1.9.4. Behavioral Disorders: Intervention Techniques
- 1.10. Intervention in Substance Use Disorders in Children and Adolescents
  - 1.10.1. Substance Use Disorders: Etiology, Course and Prevalence in Childhood and Adolescence.
  - 1.10.2. Substance Use Disorders: Scientific Evidence
  - 1.10.3. Substance Use Disorders: Intervention Techniques





“

*A unique, key, and decisive experience to boost your professional development”*

05

# Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: **Re-learning**.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



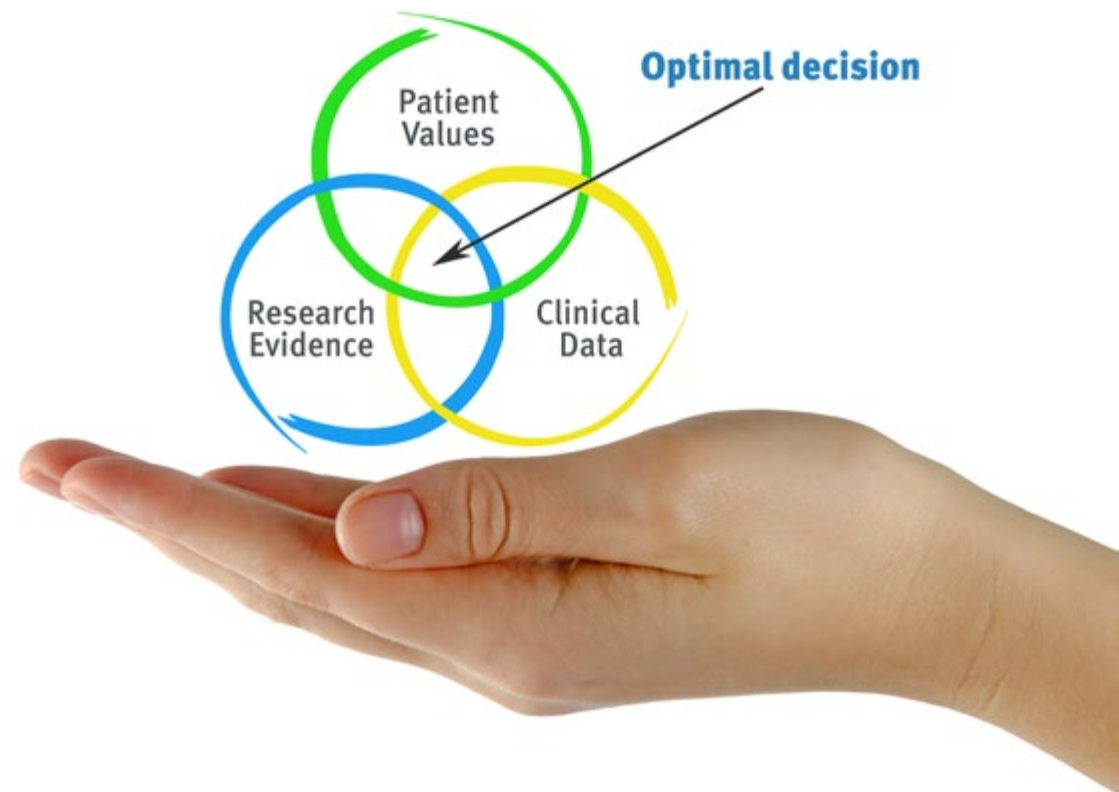
“

*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Psychologists learn better, faster, and more sustainably over time.

*With TECH, psychologists can experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

“

*Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only grasp concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. The learning is solidly focused on practical skills that allow the psychologist to better integrate the knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 150,000 psychologists with unprecedented success, in all clinical specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



### Latest Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

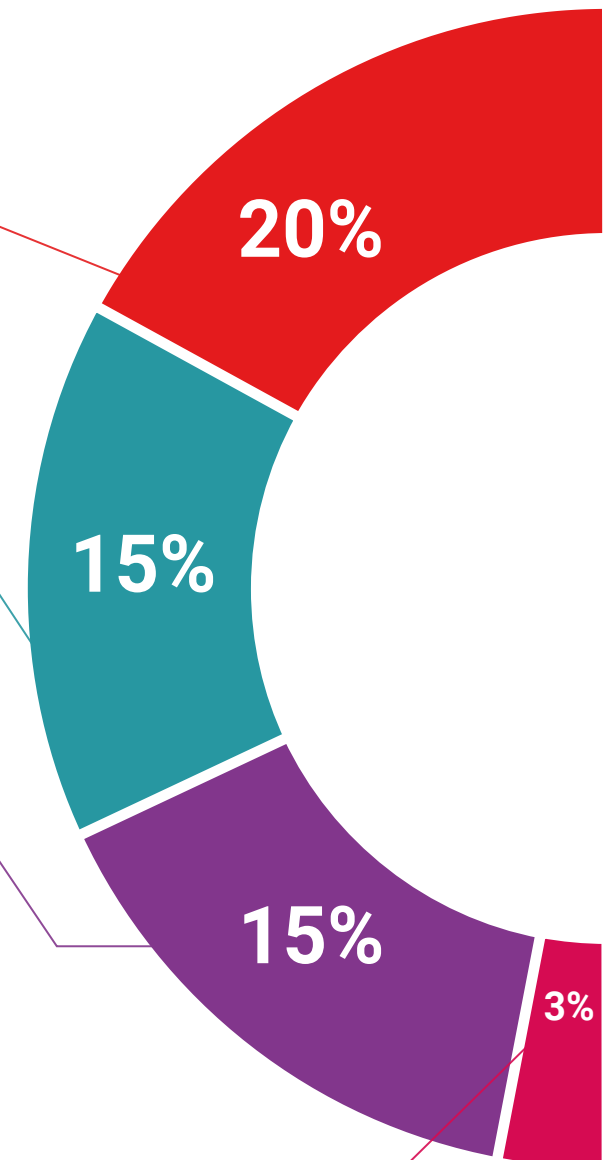
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.







**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Re-testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



**Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06

# Certificate

The **Postgraduate Certificate in Psychological Intervention in Childhood and Adolescence** guarantees you, in addition to the most rigorous and updated training, access to a Postgraduate Certificate issued by **TECH Technological University**.



“

*Successfully complete this training and receive your university degree without travel or laborious paperwork”*

This **Postgraduate Certificate in Psychological Intervention in Childhood and Adolescence** has the most complete and updated scientific program on the market.

After students have passed the assessments, they will receive their **Postgraduate Certificate** issued by **TECH Technological University**.

The diploma issued by **TECH Technological University** will express the qualification obtained in the Postgraduate Certificate, and will meet the requirements commonly demanded by labour exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate on Psychological Intervention in Childhood and Adolescence**

Official Number of Hours: **150**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
classroom



## Postgraduate Certificate Psychological Intervention in Childhood and Adolescence

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

# Postgraduate Certificate

## Psychological Intervention in Childhood and Adolescence

