



# Postgraduate Certificate Psychological Diagnosis of Psychotic and Personality Disorders

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Accreditation: 8 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/psychology/postgraduate-certificate/psychological-diagnosis-psychotic-personality-disorders

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Certificate

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It is neither simple nor quick to establish a differential diagnosis between personality disorders and specific psychiatric diseases. Detecting this condition in medical practice is of utmost importance. In most patients, abnormal traits appear during childhood and adolescence, remaining hidden or unnoticed until adulthood.

An important current trend in psychopathological research is the description of personality disorders in terms that allow for a reliable differential diagnosis.

# tech 06 | Introduction

It is evident that the predominant symptom in these chronic patients is the deterioration of social functioning. For this reason, the psychosocial care of individuals with schizophrenia is of fundamental importance, since most of them must learn or relearn social and personal skills in order to function within the community. Neuroleptics cannot teach patients to develop vital and defensive resources, nor can they improve a person's quality of life, except indirectly through their effects on cognitive disorganization and the suppression of positive symptoms. In general terms, psychosocial intervention for patients with schizophrenia is primarily aimed at informing and educating them about the symptoms, course, prognosis, and treatment of their illness, as well as about the need for adherence to medication, medication management, and the identification of early signs of relapse.

There is still a significant gap between what is known about certain mental illnesses and what we understand about personality disorders. This is partly because personality disorders often appear to be quantitative rather than qualitative variations of the individual. However, some personality disorders that have traditionally been considered character-dependent (e.g., depressive or anxious personality) have proven to be subsyndromal forms of specific illnesses. Most patients tend to display behaviors (and associated problems) suggestive of a personality alteration, which may lead the clinician to overlook syndromes unrelated to personality.

A thorough and systematic mental status examination is essential in the assessment of patients presenting a psychotic disorder or personality disorder. Bipolar disorder is another syndrome that affects the family in a distinctive way. Since it is an episodic condition that often returns the individual to baseline functioning after the acute episode, the immediate consequence is that the person between episodes may work, marry, and have children despite the illness, as the absence of symptoms allows them to do so. Therefore, the individual is often a spouse and/or parent within the family, rather than a single adult, as is more frequently the case in schizophrenia. As a result, the effects of an episode will be highly significant for the family, both psychologically and materially (e.g., loss of job and financial security).

This Postgraduate Certificate in Psychological Diagnosis of Psychotic and Personality Disorders contains the most complete and up-to-date scientific program on the market. The most important features of the Postgraduate Certificate are:

- Clinical cases presented by experts in psychology. The graphical, schematic, and highly practical content is designed to provide scientific and healthcare information on the medical disciplines essential for professional practice
- Diagnostic-therapeutic advances in the psychological diagnosis of psychotic and personality disorders
- Decision-making regarding the clinical situations presented
- With a special emphasis on evidence-based medicine and research methodologies in emergencies.
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an internet connection



Update your knowledge through the Postgraduate Certificate in Psychological Diagnosis of Psychotic and Personality Disorders, in a format adapted to your needs"



This Postgraduate Certificate may be the best investment you can make when selecting an advanced training program for two reasons: in addition to updating your knowledge in the Psychological Diagnosis of Psychotic and Personality Disorders, you will obtain a certificate of completion from TECH Global University"

Its teaching faculty includes healthcare professionals specialized in the psychological diagnosis of psychotic and personality disorders, who contribute their professional experience to this program, along with renowned experts from leading scientific societies.

Thanks to its multimedia content, developed with the latest educational technology, professionals will benefit from situated and contextual learning—simulated environments designed to provide immersive learning experiences that prepare them for real-life situations.

Problem-Based Learning underpins this program design, and the doctor must use it to try and solve the different professional practice situations that arise throughout the Postgraduate Certificate. To this end, you will have the support of an innovative interactive video system created by renowned experts in the psychological diagnosis of psychotic and personality disorders, all of whom possess extensive teaching experience.

The course includes real clinical cases and exercises to bring the development of the course closer to the clinical practice of a Psychologist.







# tech 10 | Objectives



# **General Objectives**

- Identify the evolution of different disorders listed in the DSM-5 or ICD-10
- Master the fields of the physician-psychologist interaction in family interventions
- Equip professionals with all the latest references on diagnosis, intervention, and the therapeutic process in order to interact with medications
- Describe with decision protocols the individualized study of family members to conduct a rigorous psychopathological assessment
- Use decision trees to make a permanent differential diagnosis
- Frame all the information within a multidisciplinary framing model in the study of the biopsychosocial framework of the psychotherapy-pharmacology relationship in psychotic disorders and personality



Take advantage of this opportunity and take the step to stay up to date with the latest developments in the Psychological Diagnosis of Psychotic and Personality Disorders"







# **Specific Objectives**

- Manage the clinical practice stage of the patient, as well as to provide the necessary skills to work multidisciplinary
- Identify and make decisions about patients, taking into account the social and emotional context they are in
- Master the approach within an intervention framework for psychotic disorders and personality disorders
- Perform and adapt intervention protocols psychological within an interdisciplinary framework
- Address the clinical use of medication
- Manage the dynamics of therapeutic time
- Employ knowledge about the side effects of drugs so that they do not disable psychotherapy intervention with psychotic disorders
- Management of emotional crises with psychotropic drugs in these diseases
- Master the tools of evaluation and intervention using all the intervention indicators
- Identify and utilize information from social and family agents







## Management



Dr. Segovia Garrido, Domingo

- Bachelor's Degree in Psychology. Murcia University. (1994–1999)
- Master's Degree in Occupational Hazard Prevention F.E.C.M.E.S. 2003
- · Master's Degree in Integrated Systems Management. FEDA. 2005
- Master's Degree in Clinical and Health Psychology. ISEP. (2004-05)
- Psychologist at LASSUS Association for help against Depressive Syndrome. (2003–2012)
- Former President of the LASSUS Association for help against Depressive Syndrome. (2006–2010)
- Director-Psychologist of the Tinte23 Psychology Center. Since 2014
- · Psychologist at Asociación Mentes Abiertas of La Roda (Association that works with family members and people with severe mental illness). Since 2015

Coordinator



## Dr. Aguado Romo, Roberto

- Psychologist specialized in clinical psychology
- European specialist psychologist in psychotherapy
- Managing Director of evaluation and psychotherapy centers in Madrid, Bilbao, and Talavera de la Reina
- Researcher at CerNet, Emotional Network, and European Institute for Time-Limited Psychotherapies.

## Faculty

#### Dr. De Dios González, Antonio

- Director of Avatar Psychologists
- Director of the Psychology Department of Quirón Hospital of Marbella.
- Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies.
- \* Transpersonal Therapist by the Spanish School of Transpersonal Development
- E.F.T. Specialist by the World Center for EFT
- Master's degree in Neuro-Linguistic Programming (N.L.P.) by Richard Bandler's Society of Neuro-Linguistic Programming.
- Specialist in Clinical Hypnosis and Relaxation

#### Ms. González, Mónica

- Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella
- Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

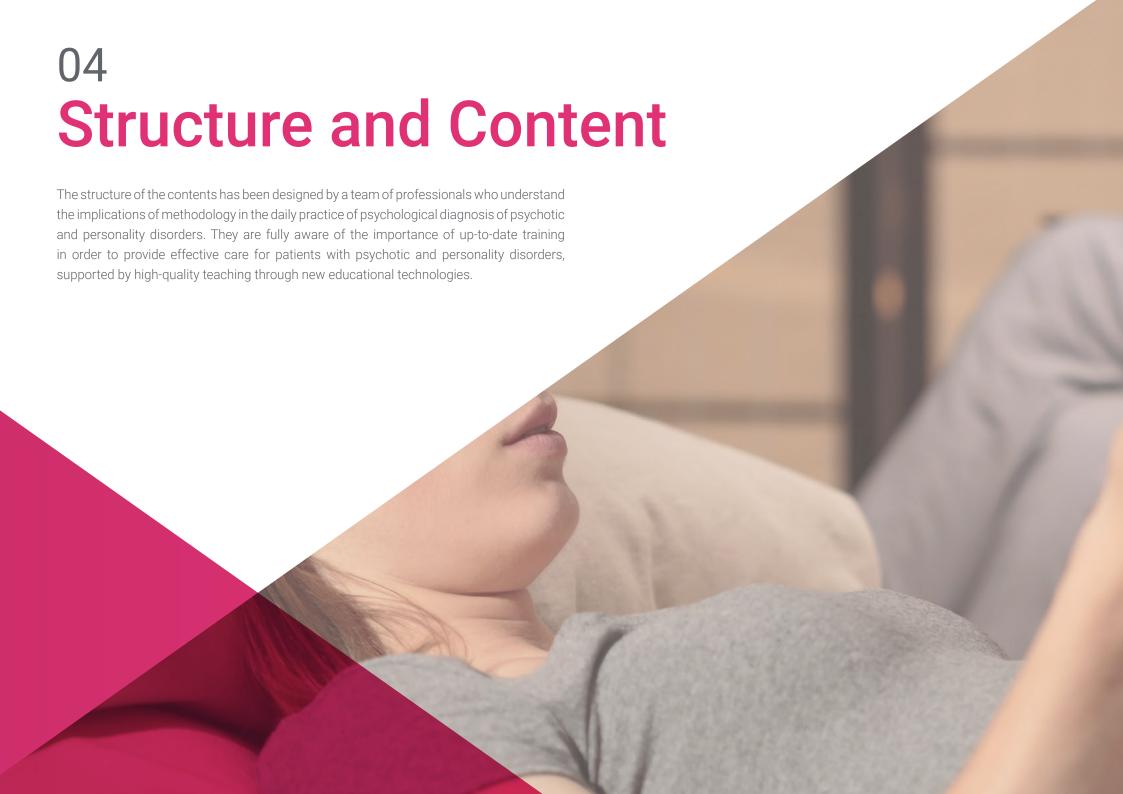
### Dr. Martínez Lorca, Manuela

- Doctorate in Psychology from the University of Castilla-La Mancha
- Health Psychologist
- Lecturer at the Department of Psychology at the UCLM
- Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies.
- Specialist in Clinical Hypnosis and Relaxation

#### Ms. Roldán, Lucía

- Health Psychologist
- Cognitive-behavioral intervention specialist
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in energy therapy intervention







# tech 18 | Structure and Content

## Module 1. Psychological Diagnosis of Psychotic and Personality Disorders

- 1.1. The Basic Elements of Clinical Assessment
- 1.2. Psychosocial Assessment
  - 1.2.1. The Assessment Interview
  - 1.2.2. Observation
    - 1.2.2.1. Units of Analysis
    - 1.2.2.2. Units of Measurement
    - 1.2.2.3. Recording Techniques
    - 1.2.2.4. Sampling
    - 1.2.2.5. Place of Observation
  - 1.2.3. Psychological Tests
- 1.3. Why Seek Therapeutic Treatment?
- 1.4. The Therapeutic Relationship
  - 1.4.1. Elements of the Therapeutic Bond or Relationship
  - 1.4.2. Personal, Attitudinal, Emotional and Behavioral Characteristics of the Psychotherapist
  - 1.4.3. Personal, Attitudinal, Emotional and Behavioral Characteristics of the Patient that Will Pose Problemas in the Therapeutic Relationship.
  - 1.4.4. Emotional Bonding Through the "U" Technique
- 1.5. Pharmacological Strategies
  - 1.5.1. Mechanisms of Action of Pharmacokinetics
  - 1.5.2. Mechanisms of Action of Pharmacodynamics
- 1.6. Antidepressants
  - 1.6.1. Tricyclics
  - 1.6.2. Selective Serotonin Reuptake Inhibitors (SSRIs)
  - 1.6.3. Mixed Serotonin and Norepinephrine Reuptake Inhibitors (SNRIs)





# Structure and Content | 19 tech

- 1.7. Anxiolytics. Benzodiazepines
  - 1.7.1. Mechanisms of Action
  - 1.7.2. Anxiolytic Indicators
  - 1.7.3. Hypnotic Indicators
  - 1.7.4. Muscle-Relaxant Action
  - 1.7.5. Anticonvulsant Action
- 1.8. Mood Stabilizers. Structure and Content
  - 1.8.1. Mood Stabilizers in Personality Disorders
- 1.9. Antipsychotics
- 1.10. Psychological Strategies



A unique, essential, and decisive experience to boost your professional development"



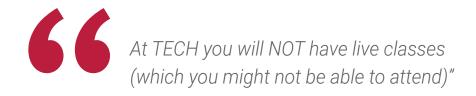


## The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.







## The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"

# tech 24 | Study Methodology

#### Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



## Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



# tech 26 | Study Methodology

## A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

## The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- **2.** Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

# Study Methodology | 27 tech

## The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.

# tech 28 ||Study Methodology

As such, the best educational materials, thoroughly prepared, will be available in this program:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



## **Practicing Skills and Abilities**

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.

#### **Case Studies**

Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.



## **Testing & Retesting**

We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

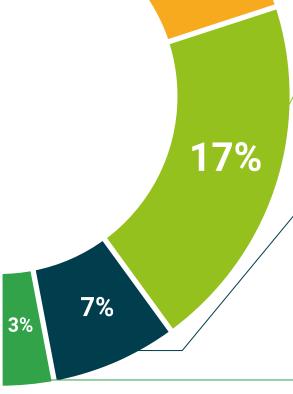


Learning from an expert strengthens knowledge and memory, and generates confidence for future difficult decisions.

#### **Quick Action Guides**

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TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.







# tech 30 | Certificate

This private qualification will allow you to obtain a **Postgraduate Certificate in Psychological Diagnosis of Psychotic and Personality Disorders** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Psychological Diagnosis of Psychotic and Personality Disorders

Modality: online

Duration: 6 weeks

Accreditation: 8 ECTS



Mr./Ms. \_\_\_\_\_\_ with identification document \_\_\_\_\_\_ has successfully passed and obtained the title of:

# Postgraduate Certificate in Psychological Diagnosis of Psychotic and Personality Disorders

This is a private qualification of 240 hours of duration equivalent to 8 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



health

guarantee

technology

community

health

fuffure
people
information
teaching
technology
technology

# **Postgraduate Certificate**

Psychological Diagnosis of Psychotic and Personality Disorders

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 8 ECTS
- » Schedule: at your own pace
- » Exams: online

