



# Postgraduate Certificate Psychodiagnosis of Severe Mental Disorders

» Modality: online

» Duration: 12 weeks

» Certificate: TECH Global University

» Accreditation: 12 ECTS

» Schedule: at your own pace

» Exams: online

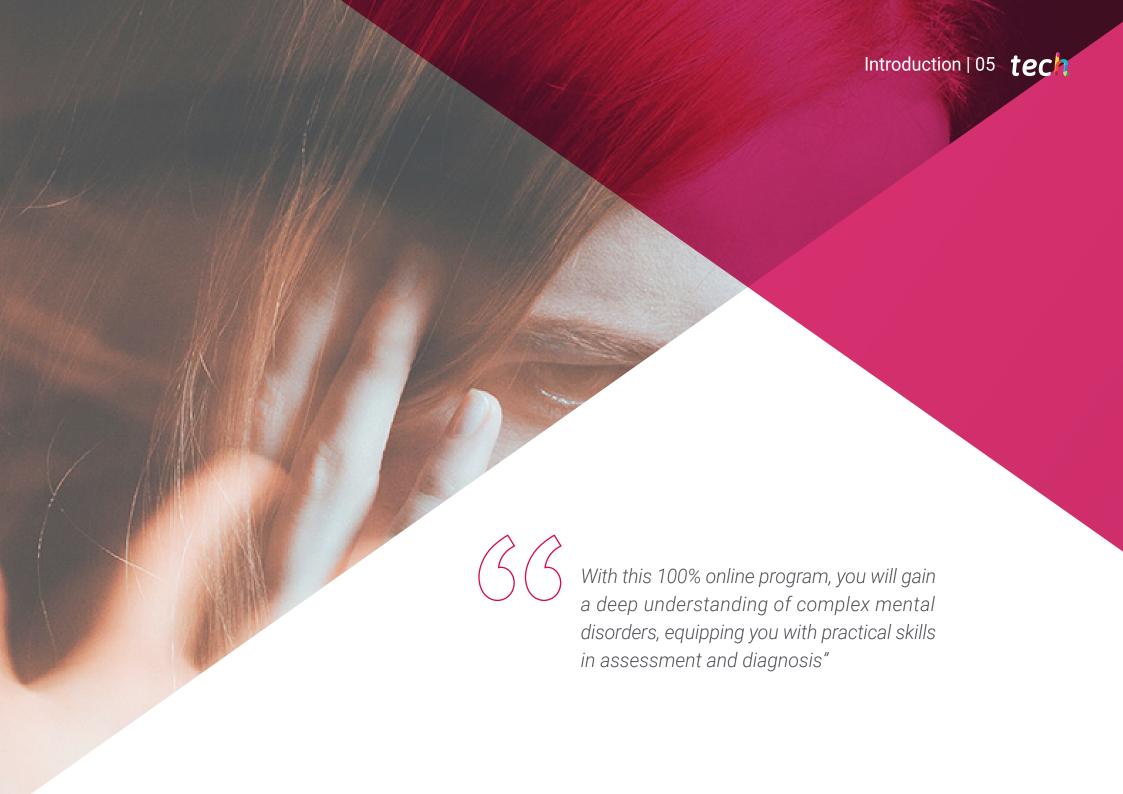
Website: www.techtitute.com/us/psychology/postgraduate-certificate/psychodiagnosis-severe-mental-disorders

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## tech 06 | Introduction

Psychodiagnosis of Severe Mental Disorders has gained relevance today due to the increased awareness of mental health and the growing demand for effective treatments. According to the World Health Organization (WHO), approximately 1 in 5 people have experienced a mental disorder. Conditions such as Schizophrenia and Bipolar Disorder are particularly concerning due to their complexity and the impact they have on quality of life.

This Postgraduate Certificate was created to provide psychologists with a deep understanding of psychosocial assessment in complex clinical settings. This includes not only understanding the clinical manifestations of Psychotic and Personality Disorders but also recognizing the importance of the social and emotional environment in which each patient is situated.

Additionally, psychological intervention protocols will be created and adapted, integrating different approaches to build an effective framework that responds to each patient's specific needs. The program will also offer an interdisciplinary perspective, analyzing the interaction between Psychology and the clinical use of medications, and addressing how they can be utilized to improve patient well-being safely and effectively.

Finally, professionals will explore the balance of session pacing, adjusting to the needs and rhythms of patients with Psychosis and Personality Disorders. This approach will not only allow for more personalized care but will also foster the development of a strong therapeutic relationship, essential for progress and recovery.

As such, TECH offers a comprehensive program in a 100% online format, based on the revolutionary Relearning methodology, which focuses on the repetition of key concepts to facilitate the natural and effective assimilation of content. Additionally, the program features a distinguished faculty, including two International Guest Directors, recognized for their extensive experience in the field of Psychology. These experts will deliver Masterclasses focused on Psychosis and Personality Disorders.

This Postgraduate Certificate in Psychodiagnosis of Severe Mental Disorders contains the most complete and up-to-date program on the market. The most important features include:

- The development of practical cases presented by experts in Psychology
- The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Update your clinical practice in Psychosis and Personality Disorders with TECH! You will gain access to unique and additional Masterclasses, delivered by two renowned International Guest Directors in these fields"



You will conduct interviews tailored to the specific needs of psychotic patients and those with Personality Disorders, ensuring that psychological intervention protocols are relevant and effective"

The program's teaching staff includes professionals from the sector who contribute their work experience to this specializing program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned experts.

You will identify the key elements of the social and emotional environment that influence an individual's well-being, allowing you to make informed and appropriate decisions in their treatment. What are you waiting for to enroll?

You will be able to optimize the therapeutic process by adapting your interventions to the changing needs of your patients, using the best educational materials at the forefront of academic and technological advancements.







## tech 10 | Objectives



## **General Objectives**

- Describe the fundamentals of psychodiagnosis for psychotic disorders and personality disorders
- Perform differential diagnosis between personality disorders and psychotic disorders
- Describe the various subspecialties in the field of psychosis and personality tests
- Equip graduates with the skills to establish the therapist-patient-medication relationship



Choose TECH! You will develop competencies in conducting clinical interviews and implementing psychological interventions, preparing you to perform with confidence in clinical settings"







## **Specific Objectives**

- Manage the clinical care of patients while providing the necessary skills to work in a multidisciplinary team
- Identify and make decisions about patients, taking into account the social and emotional context they are in
- Master the approach within an intervention framework for psychotic disorders and personality disorders
- Develop and adapt psychological intervention protocols within an interdisciplinary framework
- Address the clinical use of medication
- Manage the dynamics of therapeutic time





#### **International Guest Director**

With an extensive background in Psychology, Matthias Schwannauer has been noted for his research on psychological interventions for Bipolar Disorders. This work included the implementation of a randomized controlled trial of Interpersonal Cognitive Therapy and a study on the role of interpersonal and cognitive factors in mood regulation in bipolar disorders and the recovery process.

After graduating in Philosophy and Psychology from the University of Marburg, he worked as a Clinical Psychologist in the NHS Adolescent Mental Health Services in Glasgow. He has also been Head of Clinical and Health Psychology and Director of the Doctoral Program in Clinical Psychology at the University of Edinburgh. In addition, he has worked as a Clinical Psychologist in the Early Psychosis Support Service at CAMHS Lothian. Subsequently, he has held the position of Director of the School of Health and Social Sciences at the University of Edinburgh.

In particular, Matthias Schwannauer has led the Contextual Mental Health Research Group, which focuses on studying the evolutionary trajectories of mental health and well-being across the lifespan. He has also focused on investigating the development of psychological models of emotional distress. One of his main areas of interest is the advancement of specific psychological interventions for the mental health of young people.

Moreover, he is principal investigator of several randomized controlled trials to develop and evaluate psychological interventions for serious mental health problems. In addition, he has published numerous scientific articles. His research interests include the application of attachment theory, reflective function and recovery to major mental health problems in adolescence, particularly psychosis and recurrent mood disorders.



## Dr. Schwannauer, Matthias

- Director of the School of Health and Social Sciences at the University of Edinburgh, Scotland
- Consultant Clinical Psychologist in the Early Psychosis Support Service at CAMHS Lothian
- Clinical Psychologist in the NHS Adolescent Mental Health Services
- Director of the Doctoral Program in Clinical Psychology at the University of Edinburgh
- Head of Clinical and Health Psychology at the University of Edinburgh
- Doctorate in Clinical Psychology from the University of Edinburgh
- Bachelor of Arts in Philosophy and Psychology from the University of Marburg



Thanks to TECH, you will be able to learn with the best professionals in the world"

#### **International Guest Director**

With a renowned trajectory in the field of Mental Health, Kirsten W. Bolton is a professional specialized in the treatment of Psychotic Disorders and Serious Mental Illnesses. She has been a member of the team of the Division of Psychiatric Disorders at McLean Hospital in Belmont, United States, one of the most prestigious institutions in the field of Psychiatry.

As such, her commitment to the well-being of her patients has propelled her to become the Director of the Appleton program, a residential initiative dedicated to the supervision of individuals facing major mental illnesses. In fact, her focus on rehabilitation and comprehensive treatment has proven to be an effective model of care for individuals with Severe Psychotic Disorders. She also excels in her role as a clinical social worker in the Schizophrenia and Bipolar Inpatient Program, where she has excelled in her ability to address complex cases and provide effective therapeutic interventions.

In addition, Kirsten W. Bolton has launched the successful "McLean OnTrack" program to address First Episode Psychosis in young adults. This innovative project has been instrumental in the early diagnosis and treatment of young adults experiencing their first onset of Bipolar Disorders and the Schizophrenia spectrum. In addition, it has become a highly effective multidisciplinary referral, which has benefited hundreds of patients and their families.

It is worth mentioning his participation in the International Certification Training Program in Dialogic Practice, becoming part of an exclusive group of specialists with advanced training in this therapeutic approach. Due to all of the above, it is clear that her commitment to excellence in the treatment of psychotic disorders, as well as her extensive clinical experience, have consolidated her reputation as one of the most respected leaders in this field.



## Ms. Bolton, Kirsten W.

- Director of the Appleton Program at McLean Hospital, Belmont, United States
- Psychologist in the Division of Psychotic Disorders, at McLean Hospital
- Clinical Social Worker in the Inpatient Program for Schizophrenia and Bipolar Disorder
- International Training Program in Dialogical Practice
- Master's Degree in Social Work at Simmons College
- Bachelor's Degree in Psychology from Simmons College



Internationally renowned experts will provide you with a holistic review of today's most important innovations in the management and business world"

#### Management



#### Dr. Segovia Garrido, Domingo

- Director of the Tinte23 Psychology Center
- General Health Psychologist at the European Institute of Limited Time Psychotherapies (IEPTL)
- Psychologist at the Mentes Abiertas Association of La Roda
- President of the LASSUS Association for Help against Depressive Syndrome
- Psychologist of the LASSUS Association of Help against Depressive Syndrome
- Bachelor's Degree in Psychology from the University of Murcia
- Master's Degree in Occupational Risk Prevention
- Master's Degree in Integrated Systems Management
- Master's Degree in Clinical and Health Psychology





Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice"





## tech 22 | Structure and Content

#### Module 1. Psychosocial Assessment in Psychotic and Personality Disorders

- 1.1. Psychosocial Assessment
  - 1.1.1. The Assessment Interview
  - 1.1.2. Observation
  - 1.1.3. Psychological Tests
- 1.2. Why Seek Therapeutic Treatment?
- 1.3. The Therapeutic Relationship
  - 1.3.1. Elements of the Therapeutic Bond or Relationship
  - 1.3.2. Personal, Attitudinal, Emotional and Behavioral Characteristics of the Psychotherapist
  - 1.3.3. Personal, Attitudinal, Emotional and Behavioral Characteristics of the Patient that Will Pose Problemas in the Therapeutic Relationship
  - 1.3.4. Emotional Bonding Using the "U" Technique
- 1.4. Pharmacological Strategies
  - 1.4.1. Mechanisms of Action of Pharmacokinetics
  - 1.4.2. Mechanisms of Action of Pharmacodynamics
- 1.5. Antidepressants
  - 1.5.1. Tricyclics
  - 1.5.2. Selective Serotonin Reuptake Inhibitors (ISRS)
  - 1.5.3. Mixed Serotonin and Norepinephrine Reuptake Inhibitors (SNRIs)
  - 1.5.4. Mixed Quaternary Serotonin and Norepinephrine Reuptake Inhibitors
- 1.6. Anxiolytics
  - 1.6.1. Benzodiazepines
- 1.7. Mood Stabilizers
- 1.8. Antipsychotics
- 1.9. Psychological Strategies
- 1.10. Clinical Case



## **Module 2.** The Clinical Interview with the Psychotic Patient and Personality Disorders

- 2.1. Active Interview (CHSV)
  - 2.1.1. Information Theory
  - 2.1.2. Communication Channels
  - 2.1.3. Communication System
- 2.2. Axioms of the Interview
  - 2.2.1. It Is Impossible Not To Communicate
  - 2.2.2. Content and Relationship
  - 2.2.3. Affective Value
  - 2.2.4. Digital and Analog Communication
  - 2.2.5. Symmetry and Asymmetry
- 2.3. Exploration of Communication
  - 2.3.1. Verbal Communication
  - 2.3.2. Non-Verbal Communication
  - 2.3.3. Double Bind
  - 2.3.4. Psychopathology of Communication
  - 2.3.5. A Gesture is Worth a Thousand Words
- 2.4. Medical History
  - 2.4.1. Personal
  - 2.4.2. Family
  - 2.4.3. Generational
- 2.5. Anamnesis
  - 2.5.1. Psychopathological Biography
  - 2.5.2. Biography of Medical Diseases
  - 2.5.3. Biography of Social Problems

- 2.6. General Structure of the Mental Examination
  - 2.6.1. Non-Verbal Communication and Emotions
  - 2.6.2. Communication Around a Table
- 2.7. Semiology
  - 2.7.1. Signs
  - 2.7.2. Symptoms
- 2.8. Epistemology of Diagnosis
  - 2.8.1. Descriptive Syndromic Diagnosis Against the Disease
  - 2.8.2. Nosology. Categorical Diagnosis vs. Dimensional Diagnosis
- 2.9. Multiple Diagnoses and Comorbidity
- 2.10. Clinical Criteria vs. Forensic Criteria
- 2.11. Expert Interview. Biases to Avoid
- 2.12. Clinical Case



This program will not only open doors to various job opportunities but will also allow you to make a significant difference in the lives of individuals facing Severe Mental Disorders"





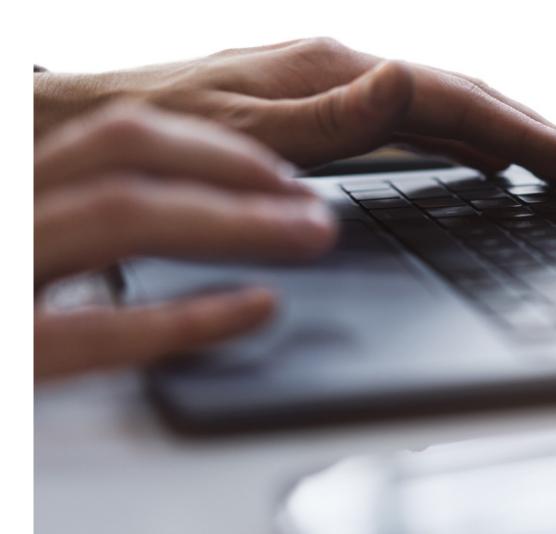
#### The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.







## Study Methodology | 27 tech

#### The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"

## tech 28 | Study Methodology

#### Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



#### Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



## tech 30 | Study Methodology

#### A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- **2.** Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

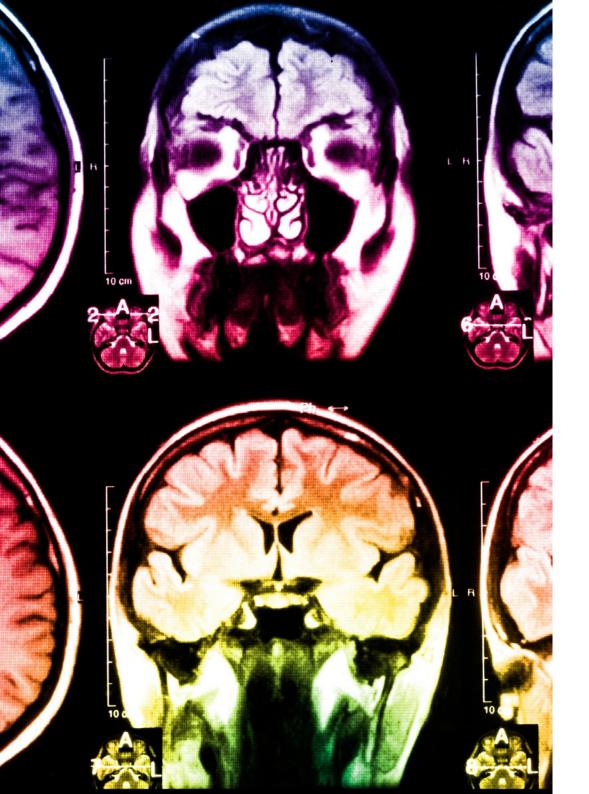


The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



## tech 32 | Study Methodology

As such, the best educational materials, thoroughly prepared, will be available in this program:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### **Practicing Skills and Abilities**

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.

#### **Case Studies**

Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.

#### **Testing & Retesting**



We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.

#### Classes



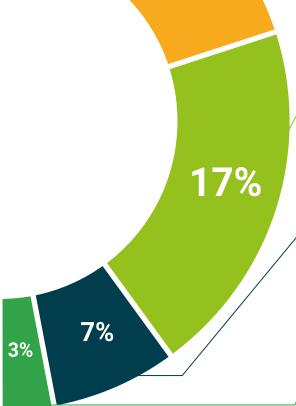
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence for future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.







## tech 36 | Certificate

This private qualification will allow you to obtain a diploma for the **Postgraduate**Certificate in Psychodiagnosis of Severe Mental Disorders endorsed by TECH Global University, the world's largest online university.

**TECH Global University**, is an official European University publicly recognized by the Government of Andorra (official bulletin). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Psychodiagnosis of Severe Mental Disorders

Modality: online

Duration: 12 weeks

Accreditation: 12 ECTS



has successfully passed and obtained the title of:

#### Postgraduate Certificate in Psychodiagnosis of Severe Mental Disorders

This is a private qualification of 360 hours of duration equivalent to 12 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



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Postgraduate Certificate
Psychodiagnosis of Severe
Mental Disorders

- » Modality: online
- » Duration: 12 weeks
- » Certificate: TECH Global University
- » Accreditation: 12 ECTS
- » Schedule: at your own pace
- » Exams: online

