



### Postgraduate Certificate

Post-Ericksonian
Procedures
of Hypnotic Induction

Course Modality: Online

Duration: 6 weeks

Endorsed by: TECH - Technological University

8 ECTS Credits
Hours **200 hours**.

We b site: www.techtitute.com/us/postgraduate-certificate/post-ericksonian-procedures-hypnotic-induction

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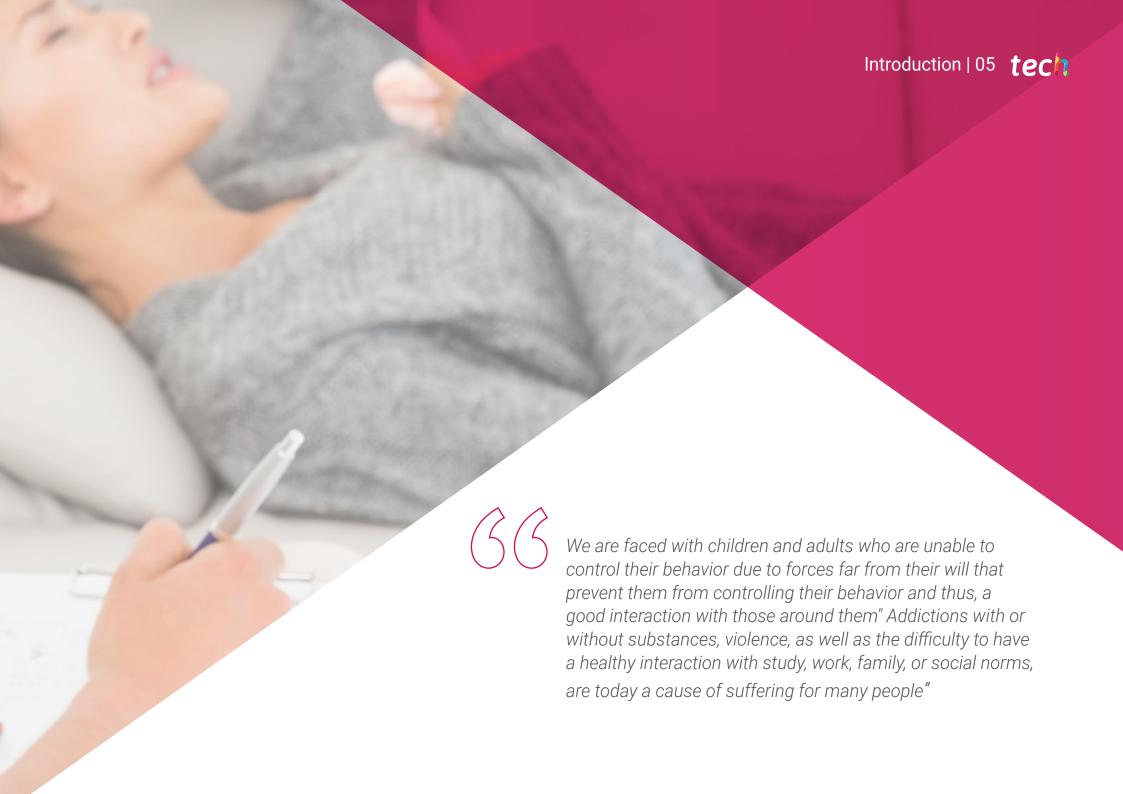
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# 01 Introduction

Conversational techniques where an apparent conversation is interspersed with a sophisticated technology in the use of language that allows the listener to enter a hypnotic state, even with open eyes and without the need to concentrate on the hypnotist's voice, as required by classical techniques. This type of techniques were developed mainly by H. Milton Erickson, and later multiple schools such as the P.N.L. or the M.R.I. of Palo Alto added technology to carry it out. In this Postgraduate Certificate we present all the technology on conversational techniques those that were designed by other models, and those designed by ours.



### tech 06 | Introduction

This Postgraduate Certificate is the only one on the market that teaches the student all the current technologies to reach the hypnotic state" Most studies that teach hypnosis are only based on classical and conversational techniques.

At the end of this Postgraduate Certificate, the psychologist will have mastered all the necessary technology to get their patient hypnotized. Regarding the Selective Dissociation Focusing Techniques, everything we present to you is designed by the author who created the MCI technique and the psychological model that supports it.

This **Postgraduate Certificate in Post-Ericksonian Procedures of Hypnotic Induction** contains the most complete and up-to-date scientific program on the market. The most important features of the Postgraduate Certificate are:

- Clinical cases presented by experts in Psychology. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- Diagnostic and therapeutic novelties on hypnotic induction.
- Algorithm-based interactive learning system for decision-making in the presented clinical situations.
- With special emphasis on evidence-based psychology and research methodologies in psychology.
- Content that is accessible from any fixed or portable device with an Internet connection.



Update your knowledge through the Postgraduate Certificate in Post-Ericksonian Procedures of Hypnotic Induction in a practical way and adapted to your needs"

### Introduction | 07 tech



This Postgraduate Certificate may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Post-Ericksonian Procedures of Hypnotic Induction, you will obtain a Postgraduate Certificate from TECH - Technological University"

Forming part of the teaching staff is a group of professionals from the world of Psychology who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

This program is designed around Problem Based Learning, whereby the doctor must try to solve the different professional practice situations that arise during the course university. For this reason, you will be assisted by an innovative, interactive video system created by recognized experts in the field of psychology and with great teaching experience.

The Postgraduate Certificate includes real clinical cases and exercises to bring the development of the Postgraduate Certificate closer to the clinical doctor's practice







### tech 10 | Objectives

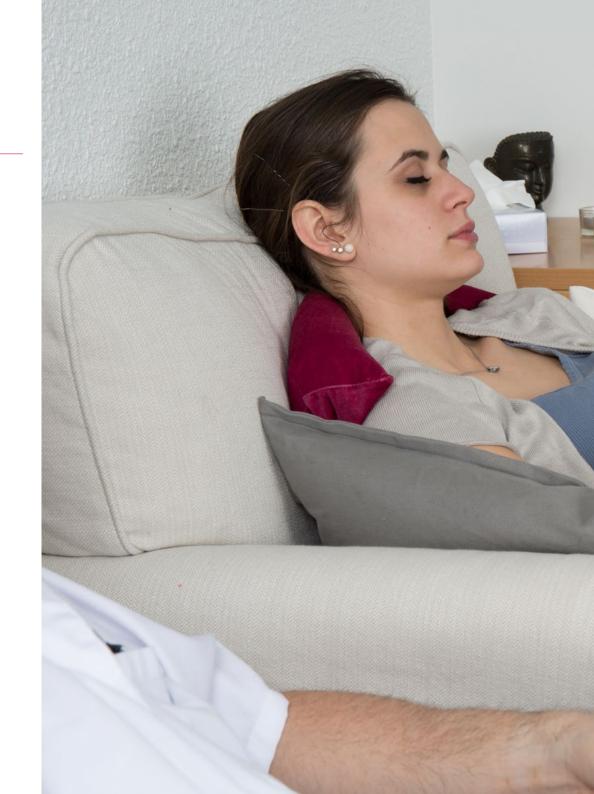


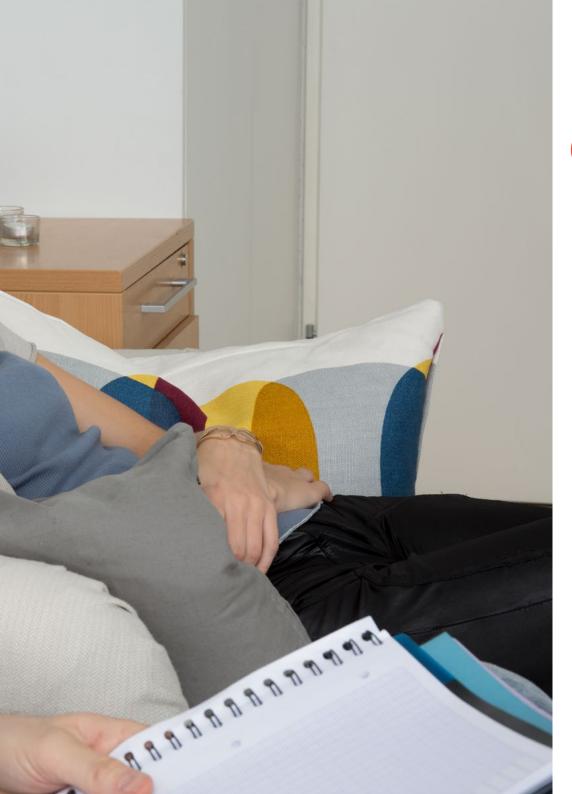
### **General Objectives:**

- Describe how to establish an essential therapeutic link through the techniques of Post-Ericksonian Procedures of Hypnotic Induction.
- Develop intervention programs based on emotional change rather than cognitive change.
- Describe the research implication of technology impacting biochemistry and neuroanatomy with psychic tools.



Take advantage of the opportunity and take the step to get up-to-date on the latest developments in Post-Ericksonian Procedures of Hypnotic Induction"





### Objectives | 11 tech



### **Specific Objectives:**

- Succeed, through regression, in removing the patient from the emotional sequestration that has trapped them.
- Work with traumatic emotional memory from a bonding and emotional anesthesia that allows the restructuring of the memory.
- Manage the laws of energetic control that regulate the ascending reticular system.
- Describe the therapeutic setting of psychological technology that influences brain activity and the individual's perception.
- Describe how to adjust the induction to the patient's mind.
- Establish a differential diagnosis before applying hypnotic induction, so as not to create iatrogenic reactions.
- Identify the neurological axes and planes involved in performing IHM techniques.
- Substantiate, based a scientific knowledge, the dynamics that occur in induction and hypnotic state.





### tech 14 | Course Management

### Management



### • Mr. Aguado Romo, Roberto

- Psychologist specializing in clinical psychology at CEP centers in Madrid, Bilbao and Talavera
- Specialist in Forensic and Legal Psychology
- Psychologist of the Courts 1 and 2 of Toledo
- Coordinator in Toledo of the emergency intervention and psychological assistance plan
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in Adult Psychotherapy.
- Director of the Expert in Psychodiagnosis and Legal Expertise by the European Institute of Time-Limited Psychotherapies
- Coordinator of the gender violence plan at the national level of the Society for Time Limited Psychotherapies

### **Professors**

#### Arriero, Esther

- European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center of Talavera de la Reina.
- Health Psychologist
- Course in Time-Limited Psychotherapy and Health Psychology
- Specialist in Adult Therapy
- Specialist in interventions with chronic patients.

### Benito de Benito, Luis. M.D.

- · Medical Specialist of the digestive system.
- Physician Hospital San Chinarro and specialist in Endoscopy
- Course in Time-Limited Psychotherapy and Health Psychology
- Lecturer at Navarra University

### Cuesta, José María

- European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talayera de la Reina
- Course in psychological intervention of chronic illnesses.
- Psychologist of the Alzheimer's Association
- Course in Time-Limited Psychotherapy and Health Psychology

### Peñuelas, Óscar. M.D.

- Physician specializing in Psychiatry and Pediatrics
- Director of the Psychopharmacology Unit of the CEP..
- Head of the public health service in the southern district of Madrid.
- Course in Time-Limited Psychotherapy and Health Psychology

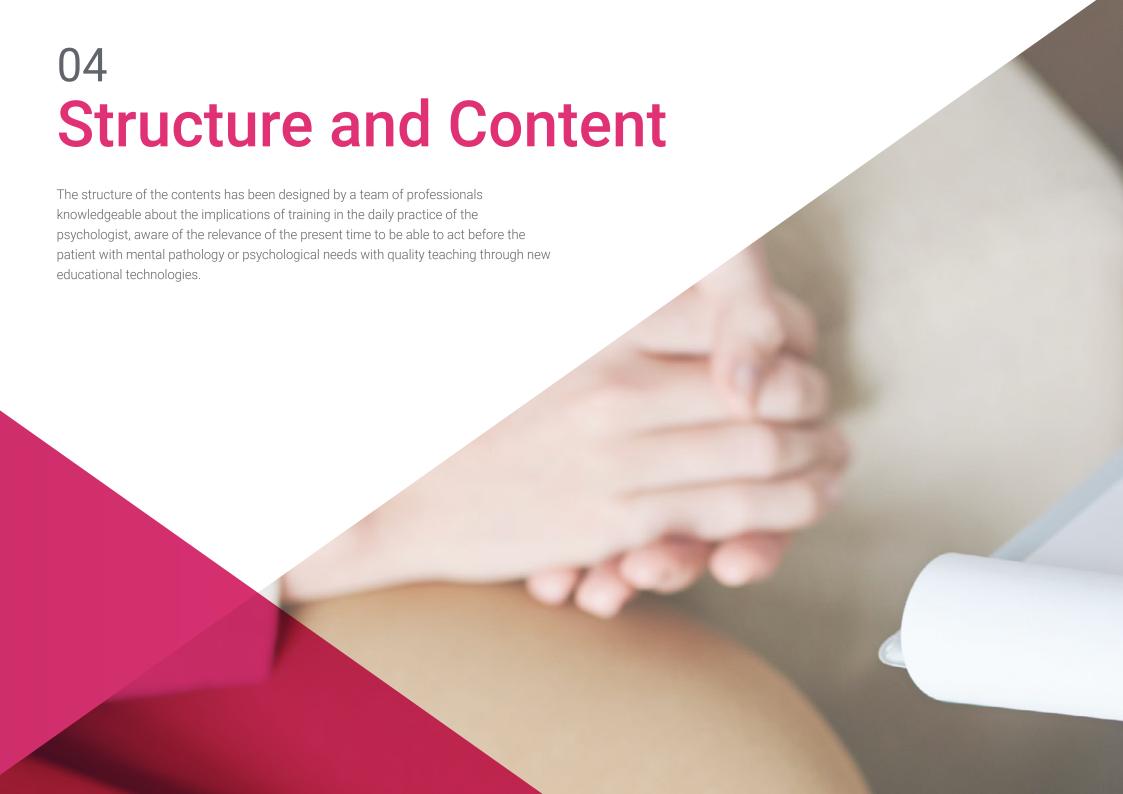
#### Fernandez, Inmaculada

- Doctorate in Psychology from Almeria University
- Psychology specializing in Clinical psychology
- Head of the Department of Neuropsychology of the University of Almeria.
- Mindfulness-based Cognitive Therapy Expert
- Expert of Time Limited Psychotherapy

### Furelos, Maribel

- Psychology specializing in Clinical psychology
- Osakidetza sexologist at the Santurce outpatient clinic
- Course in Time-Limited Psychotherapy and Health Psychology







### tech 18 | Structure and Content

## **Module 1.** Conversational or Post-Hericksonian Hypnotic Induction Procedures

- 1.1. Techniques of the Inverse Metamodel or Milton's Model
- 1.2. Techniques that Omit Information
  - 1.2.1. Nominalizations
  - 1.2.2. Conversion of Words Into Verbs
  - 1.2.3. Use of Non-Tangible Words
  - 1.2.4. Non-Specific Verbs
  - 1.2.5. Omission
  - 1.2.6. Reading the Mind
  - 1.2.7. Omission of the Interpreter
  - 1.2.8. Causal Modeling or Linkage
  - 1.2.9. Illusion of Alternatives
  - 1.2.10. Chaining of Coparable Alernatives
  - 1.2.11. Confusion Technique







### Structure and Content | 19 tech

- 1.3. Leverage Inductions and Pattern Interruption
  - 1.3.1. Dreaming Arm, Pattern Disruption in Children
  - 1.3.2. Observations of Out-Of-Context Behavior
  - 1.3.3. Empty Words
  - 1.3.4. Incorporation
  - 1.3.5. Catharsis
- 1.4. Simple Inductions
  - 1.4.1. Pacing and Verbal Conduction (5-4-3-2-1 NLP Technique)
  - 1.4.2. Non-Verbal Pacing and Driving
  - 1.4.3. Superposition of Figurative Systems
  - 1.4.4. Access to a Previous Trance State
  - 1.4.5. Spontaneous State of Hypnosis
  - 1.4.6. Anchoring Hypnotic States
  - 1.4.7. Analogous Underline
- 1.5. Advanced Inductions
  - 1.5.1. Overload
  - 1.5.2. Stacked Realities
- 1.6. Process Instructions



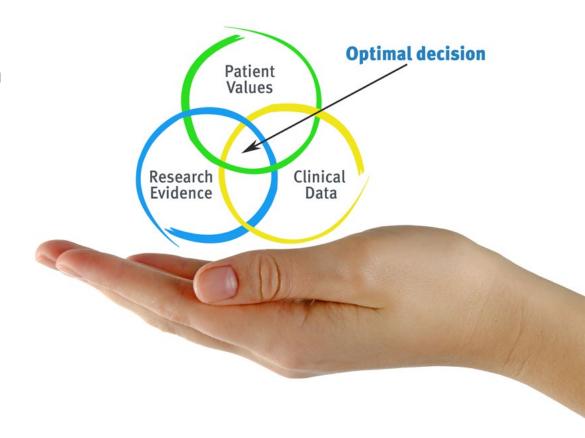


### tech 22 | Methodology

#### At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Psychologists learn better, faster, and more sustainably over time.

With TECH, psychologists can experience a way of learning that is shaking the foundations of traditional universities around the world



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

### The effectiveness of the method is justified by four fundamental achievements:

- Psychologists who follow this method not only grasp concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. The learning is solidly focused on practical skills that allow the psychologist to better integrate the knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- Students like to feel that the effort they put into their studies is worthwhile.
   This then translates into a greater interest in learning and more time dedicated to working on the course.



### tech 24 | Methodology

### **Re-Learning Methodology**

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning



### Methodology | 25 tech

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 150,000 psychologists with unprecedented success, in all clinical specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

### tech 26 | Methodology

In this program you will have access to the best educational material, prepared with you in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



### **Latest Techniques and Procedures on Video**

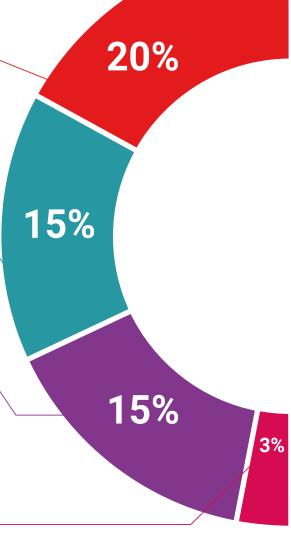
We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

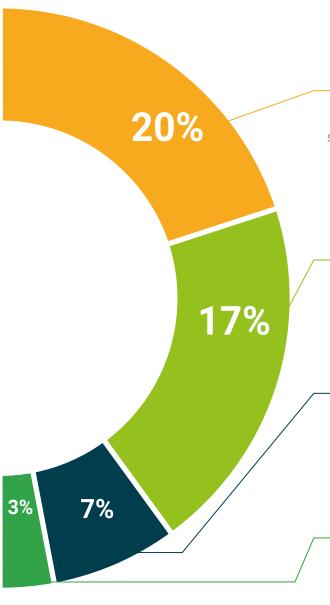
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.



### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### **Testing & Re-testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.



Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.

#### **Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.





### tech 30 | Certificate

This **Postgraduate Certificate in Post-Ericksonian Procedures of Hypnotic Induction** contains the most complete and up-to-date scientific program on the market.

After students have passed the evaluations, they will receive their corresponding

Postgraduate Certificate issued TECH - Technological University via tracked delivery.

The diploma issued by **TECH - Technological University** will express the qualification obtained in the program, and meets the requirements commonly demanded by the labor exchanges, competitive examinations and evaluation committees professional careers.

Diploma: Postgraduate Certificate in Post-Ericksonian Procedures of Hypnotic Induction

ECTS: 8

Nº Hours: 200



#### **POSTGRADUATE CERTIFICATE**

in

#### Post-Ericksonian Procedures of Hypnotic Induction

This is a qualification awarded by this University, with 8 ECTS credits and equivalent to 200 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro

is qualification must always be accompanied by the university degree issued by the competent authority to practice pr

nique TECH Code: AFWORD23S techtitute.com/certific

<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

health
guarantee
technological
university

Postgraduate Certificate

Post-Ericksonian
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8 ECTS Credits

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