



### Postgraduate Certificate

## Neurology and Biochemistry of the Hypnotic State

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

8 ECTS

Hours 200 hours.

We b site: www.techtitute.com/us/psychology/postgraduate-certificate/neurology-biochemistry-hypnotic-state

# Index

> 06 Certificate

> > p. 28



Clinical Hypnosis is an instrument with which we are able to connect with the subcortical structures to subsequently change the traumatic memories or affect planes far from the will, and from there to be able to affect pain, anxiety or an unbalanced mood. Numerous studies show that any psychotherapy procedure is much more effective if performed in a hypnotic state. Irving Kirsch found an 80% improvement if the therapeutic activity is performed in a hypnotic state as opposed to wakefulness.



### tech 06 | Introduction

That is why we have put at the student's service all the knowledge that today is required to perform clinical hypnosis with full guarantee, among the main ones is to include the techniques of Selective Dissociation Focusing with SCM. You will not be able to find them in any other University Program of training in hypnosis. These techniques differ in that they "do not need to talk to the patient", the patient "can keep their eyes open" and this state is reached in a few minutes, sometimes practically instantaneously. Neurological and biological research gives us security to be able to maintain this judgment.

At the end of this Postgraduate Certificate, the psychologist will have mastered all the necessary technology to get their patient hypnotized. Having knowledge of what happens in the brain of the hypnotized person in the so-called classical techniques, such as conversational or Selective Dissociation Focusing Techniques.

The Postgraduate Certificate in Neurology and Biochemistry of the Hypnotic State contains the most complete and updated scientific program on the market. The most important features of the program include:

- Clinical cases presented by experts in Psychology. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional.
- Diagnostic and therapeutic developments on hypnotic state neurology and biochemistry
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- With special emphasis on evidence-based psychology and research methodologies in psychology
- Content that is accessible from any fixed or portable device with an Internet connection



Update your knowledge through the Postgraduate Certificate in to neurology and Biochemistry of the Hypnotic State in a practical way and adapted to your needs"



This Postgraduate Certificate may be the best investment you can make when choosing an up-to-date program for two reasons: in addition to updating your knowledge in from Neurology and Biochemistry of the Hypnotic State Diseases, you will obtain a diploma from TECH-Technological University"

Forming part of the teaching staff is a group of professionals from the world of psychology who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

This program is designed around Problem Based Learning, whereby the doctor must try to solve the different professional practice situations that arise during the course university. For this reason, you will be assisted by an innovative, interactive video system created by recognized experts in the field of psychology and with great teaching experience.

The Postgraduate Certificate includes real clinical cases and exercises to bring the development of the Postgraduate Certificate closer to the clinical doctor's practice







### tech 10 | Objectives



### **General Objectives**

- Explain the reality of clinical hypnosis
- Describe how to establish an essential therapeutic link through the techniques of clinical hypnosis
- Develop intervention programs based on emotional change rather than cognitive change
- Describe the research implication of technology impacting biochemistry and neuroanatomy with psychic tools



Take the opportunity and take the step to get up to date on the latest developments in Neurology and Biochemistry of the Hypnotic State"







### **Specific Objectives**

- Succeed, through regression, in removing the patient from the emotional sequestration that has trapped him/her
- Working with traumatic emotional memory from a bonding and emotional anesthesia that allows the restructuring of the memory
- Manage the laws of energetic control that regulate the ascending reticular system
- Describe the therapeutic setting of psychological technology that influences brain activity and the individual's perception
- Describe how to adjust the induction to the patient's mind
- Establish a differential diagnosis before applying hypnotic induction, so as not to create iatrogenic reactions
- Identify the neurological axes and planes involved in performing IHM techniques
- Substantiate, based a scientific knowledge, the dynamics that occur in induction and hypnotic state





### tech 14 | Course Management

### Management



### Mr. Aguado Romo, Roberto

- Psychologist specializing in clinical psychology at CEP centers in Madrid, Bilbao and Talavera
- Specialist in Forensic and Legal Psychology
- Psychologist of the Courts 1 and 2 of Toledo
- Coordinator in Toledo of the emergency intervention and psychological assistance plan
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in adult psychotherapy
- Director of the Expert in Psychodiagnosis and Legal Expertise by the European Institute of Time-Limited Psychotherapies
- Coordinator of the gender violence plan at the national level of the Society for Time Limited Psychotherapies

### **Professors**

### Ms. Arriero, Esther

- European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center of Talavera de la Reina.
- Health Psychologist
- Course in Time-Limited Psychotherapy and Health Psychology
- Specialist in Adult Therapy
- Specialist in interventions with chronic patients.

#### Mr. Benito de Benito, Luis

- Medical Specialist of the digestive system.
- Physician Hospital San Chinarro and specialist in Endoscopy
- Course in Time-Limited Psychotherapy and Health Psychology
- Lecturer at Navarra University

#### Mr. Cuesta, José María

- European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talayera de la Reina.
- Course in psychological intervention of chronic illnesses.
- Psychologist of the Alzheimer's Association
- Course in Time-Limited Psychotherapy and Health Psychology



### **Professors**

### Mr. Espinoza, Oscar

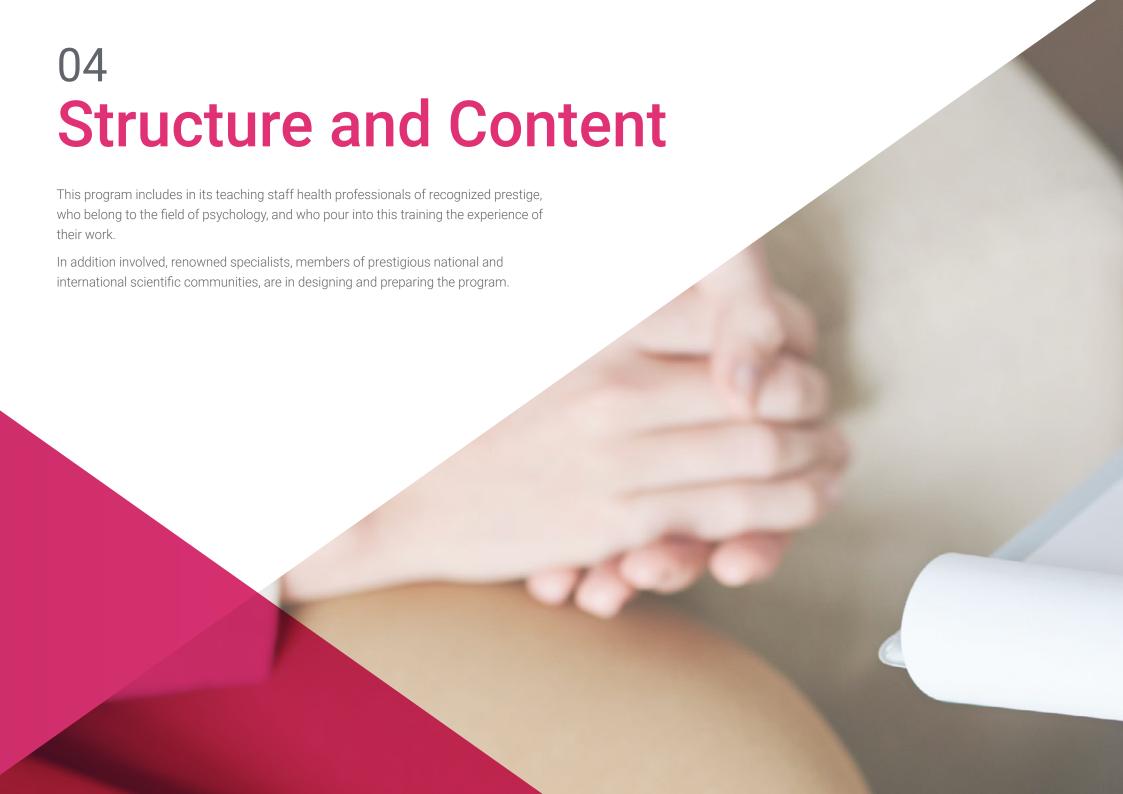
- Physician specializing in Psychiatry and Pediatrics
- Director of the Psychopharmacology Unit of the CEP.
- Head of the public health service in the southern district of Madrid.
- Course in Time-Limited Psychotherapy and Health Psychology

#### Ms. Fernandez, Inmaculada

- Doctorate in Psychology from Almeria University
- Psychology specializing in Clinical psychology
- Head of the Department of Neuropsychology of the University of Almeria.
- Mindfulness-based Cognitive Therapy Expert
- Expert of Time Limited Psychotherapy

### Ms. Furelos, Maribel

- Psychology specializing in Clinical psychology
- Osakidetza sexologist at the Santurce outpatient clinic
- Course in Time-Limited Psychotherapy and Health Psychology





### tech 18 | Structure and Content

### Module 1. Neurology and Biochemistry of the Hypnotic State

- 1.1. How Does our Brain Work?
- 1.2. Hemispheric Differentiation
- 1.3. From MacLean's Triune Brain to R. Aguados Fifth Evolutionary Moment.
  - 1.3.1. First Moment Reptilian Brain
  - 1.3.2. Second Moment Mammalian Brain
  - 1.3.3. Third Moment Human or Cognitive Brain
  - 1.3.4. Fourth Moment Interhemispheric Specialization
  - 1.3.5. Fifth Moment Orbital Frontal Lobe Specialization
- 1.4. Relationship Between Structures
- 1.5. Biochemical, Neurological Structures and Action Motors
- 1.6. How is a Traumatic Memory Cemented?
- 1.7. Sites of Traumatic Memories
- 1.8. Neurological Inertial Circuits
- 1.9. Neurobiological Change
  - 1.9.1. Pharmacodynamics
  - 1.9.2. Pharmacokinetics
  - 1.9.3. Plasma Level Curve
- 1.10. Implication of Hypnosis in Emotional and Psychopathological Changes









A unique, key, and decisive experience to boost your professional development"



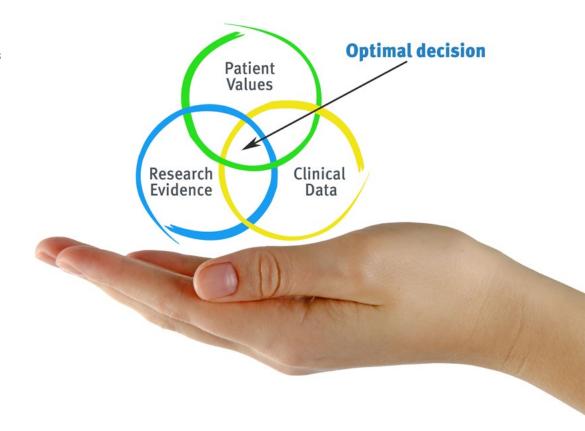


### tech 22 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



### tech 24 | Methodology

### **Re-Learning Methodology**

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning



### Methodology | 25 tech

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years old.

Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

### tech 26 | Methodology

In this program you will have access to the best educational material, prepared with you in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



### **Latest Techniques and Procedures on Video**

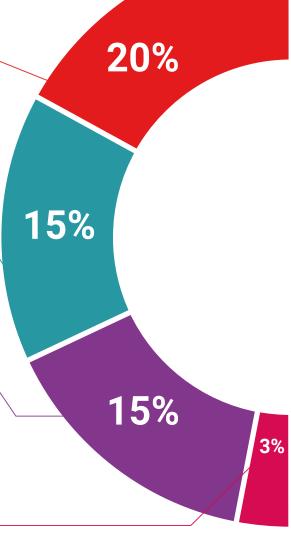
We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

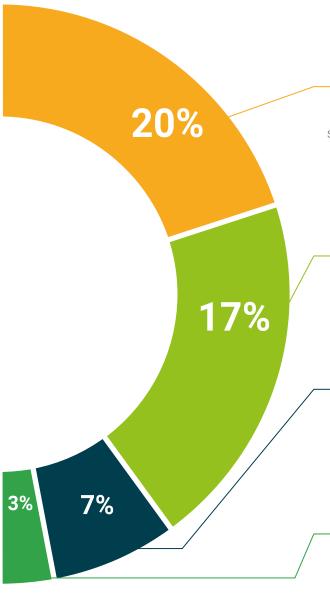
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.



#### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



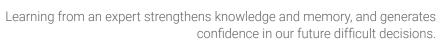
#### **Testing & Re-testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.





#### **Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.







### tech 30 | Certificate

This **Postgraduate Certificate in Neurology and Biochemistry of the Hypnotic State** contains the most complete and updated scientific program on the market.

Once the student has passed the evaluations, they will receive their corresponding **Postgraduate Certificate** issued by **TECH-Technological University via tracked delivery**.

The diploma issued by **TECH-Technological University** will specify the qualification obtained through the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Diploma: Postgraduate Certificate in Neurology and Biochemistry of the Hypnotic State

ECTS: 8

No. of Official Hours: 200



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



### Postgraduate Certificate

Neurology and Biochemistry of the Hypnotic State

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

8 ECTS

Hours 200 hours.

