Postgraduate Certificate
Methodology in Animal-Assisted Intervention (AAI)

tech technological university

Postgraduate Certificate
Methodology in Animal-Assisted Intervention (AAI)

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/psychology/postgraduate-certificate/methodology-animal-assisted-intervention-aai**

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01
Introduction

Throughout these weeks of students will develop transversal competences at a theoretical and practical level, specifically in the therapy conducted with different types of patients and in the handling of animals most common used in AAI. They will have the ability to develop Assisted Therapy methodologies based on specific patient objectives and/or a systematic methodology that guarantees learning. All this in a 100% online update program, which will allow students to increase their professional knowledge and grow as psychologists while balancing their studies with the rest of their activities. Thus, professionals will be able to grow and position themselves in the field without leaving aside any aspect of their life.

" *You will have at your disposal a complete compendium of materials in multimedia format that will facilitate your learning"*

The compendium of contents designed by experts in the sector will be the student's main weapon to understand the fundamentals of Animal-Assisted Intervention. Thus, an in-depth review will allow students to learn about the most relevant research that proves the efficacy of these therapies, their potential benefits and the areas where they have the greatest impact.

Animal-Assisted Therapies are an alternative treatment for people suffering from certain psychological conditions such as anxiety, depression or phobias. Dogs, horses and some farm animals are currently being of great help in creating synergistic and balanced relationships that help people in overcoming various conditions.

When intervening with patients, it is necessary to make a structured plan which most organizations do not follow. It is of the utmost importance to set specific goals for each person, and to conduct proper monitoring of our work during intervention and / or therapy. This intensive program provides each step and strategy to be followed by professionals for an effective and efficient intervention.

Aware of this, TECH's team of professionals has designed this academic program that aims to teach psychologists the correct way to implement these types of therapies and how to obtain excellent results.

This **Postgraduate Certificate in Methodology in Animal-Assisted Intervention (AAI)** contains the most complete and up-to-date academic program on the market. The most important features of the program include:

◆ Practical cases presented by experts in Animal-Assisted Therapies

◆ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice

◆ Breakthroughs in Animal-Assisted Therapies

◆ Practical exercises where the self-assessment process can be used to improve learning

◆ Special emphasis on innovative methodologies in Animal-Assisted Therapies

◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments

◆ Access to content from any fixed or portable device with an Internet connection

This Postgraduate Certificate is the opportunity you were waiting for to take your career to the next level and become a prestigious Psychologist"

Invest in knowledge and differentiate yourself from the competition by taking this complete academic program"

Increase your professional value by taking this prestigious academic program.

Leading professionals in the field have come together to teach you the latest advances in Animal-Assisted Therapies.
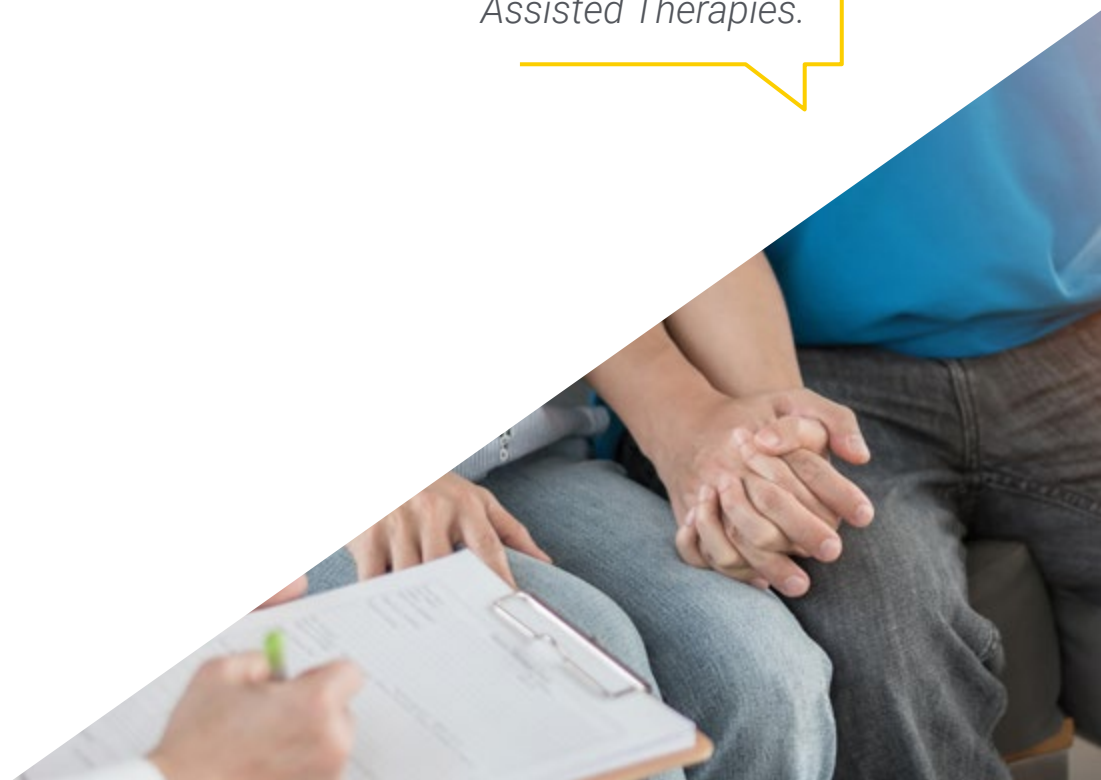
The program's teaching staff includes professionals from the field of psychology, who bring their experience to this program, as well as renowned specialists from leading communities and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program designed to train in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic program. For this purpose, the professional will be assisted by an innovative, interactive video system created by renowned and experienced experts in Animal-Assisted Therapies.

02
Objectives

The main objective of this academic program is to help psychologists understand the importance and the positive results that Animal-Assisted Interventions provide to people with various types of problems. Thus, after completing this training, professionals will be fully capable of designing and implementing this type of interventions, offering optimal conditions for both the animals and the users participating in the therapy. This will not only increase their professional skills, but will also turn them into first level practitioners.

"

Welcome to the Postgraduate Certificate that will help you achieve your professional goals and position yourself as a leading Psychologist"

General Objectives

- Differentiate Assisted Interventions from other non-clinical methods
- Design interventions
- Identify the needs of every user
- Develop skills as therapists

This 100% online Postgraduate Certificate will allow you to balance your studies with your work while you increase your knowledge in the field"

Specific Objectives

* Establish the steps to follow for a successful Animal-Assisted Intervention
* Determine the different techniques and strategies to be used
* Establish specific objectives for each user
* Analyze the different types of equine-assisted interventions
* Design specific activities for each user
* Analyze the different areas to be worked on: psychological, cognitive and social
* Evaluate the different interventions according to the animal chosen

03
Course Management

The content structure has been designed by a team of professional experts in Animal Assisted Therapy, who are aware of the current relevance of innovative training, and who are committed to quality teaching through new educational technologies. Thus, those who decide to take the program will benefit from the professional experience and prestige our professors have in the area of psychology, who will help students better understand how Animal-Assisted Therapies work from a multidisciplinary approach by becoming more familiar with the conditions and characteristics for which these interventions have a higher success rate.

"

A unique specialization meticulously designed by professionals of prestigious"

Management

Mr. Alarcón Rodríguez, Óscar Fabián

- Veterinary ethologist in charge of consultations within the specialty, and dog selection evaluator for Assisted Interventions Red Cross Canine Center
- Training and veterinary care for day care dogs Canino Gopet Center
- Care and management of horses and birds of prey Served as support in animal interventions for people with functional diversities Teanima Association
- Care, training and handling of birds of prey at Weltvogelpark Zoo
- Planning and execution of Canine and Equine Assisted Therapies Colombian Center for Neurosensory Stimulation (CECOEN)
- Master's Degree in Animal-Assisted Intervention and Applied Ethology Autonomous University of Madrid
- Diploma in Clinical Ethology Center for Veterinary Medical Specialties (CEMV) (Buenos Aires, Argentina)
- Veterinarian and Zootechnician. San Martín University Foundation (Bogotá, Colombia)
- TAC Norte Canine-Assisted Intervention Specialty Course Trainings
- Red Cross Canine Center Courses in canine training and Canine-Assisted Intervention AMKA Dog Day Care Center Courses in Ethology and Canine Training

Ms. Fernández Puyot, Marisol

- Animal-Assisted Therapy Coordinator
- Therapy Session Coordinator; around 120 monthly therapies with dogs, horses, birds of prey and small mammals
- Leads a multidisciplinary team of nine made up of psychologists, physiotherapists, animal-assisted therapy technicians, equestrian guides, trainers, stable hands, etc.
- Collaborator and volunteer at the PE&CO Association
- Founder and creator of the Teanima Association
- Animal-Assisted Therapy, Complutense University of Madrid
- Trainee Instructor at Teanima Association for graduates in TAFAD and TECO from different institutes of the Community of Madrid and for graduates in Sociology and Pedagogy from the Complutense University of Madrid

Professors

Ms. Prittwitz Sanz, Clara

- Psychologist at Teanima Association (Animal-Assisted Therapy)
- Degree in Psychology, Complutense University Madrid
- Postgraduate Diploma in Equine Ethology and Equestrian Therapies, Universidad Autónoma de Madrid
- Internship tutor at Teanima Association for Complutense University, UNED and Rey Juan Carlos University students

Structure and Content

The compendium of contents designed by TECH will be students' main weapon to understand the fundamentals of Animal-Assisted Therapeutic Intervention from a psychology point of view. Thus, an in-depth historical review will allow students to learn the most relevant research that proves the efficacy of these therapies, their potential benefits and the areas where they have the greatest impact.

"

A high-level program designed by professionals with years of experience in the sector"

Module 1. Methodology in Animal-Assisted Intervention (AAI)

1.1.   User Evaluation
    1.1.1.   First Interview and Information Gathering
    1.1.2.   Observing User Behavior with Animals
    1.1.3.   Different Areas to be Evaluated
    1.1.4.   Animal selection according to User Needs
1.2.   Setting Objectives
    1.2.1.   General Objectives
    1.2.2.   Specific Objectives
    1.2.3.   Intervention Plan
    1.2.4.   Returning Information to Users and/or Family Members
1.3.   Techniques and Strategies
    1.3.1.   The Importance of Therapeutic Links
    1.3.2.   Therapeutic Strategy
    1.3.3.   Design of Activities
    1.3.4.   Resources and Timing
1.4.   User Monitoring
    1.4.1.   Program Assessment
    1.4.2.   Assessing Difficulties Encountered during Therapy
    1.4.3.   Incorporating New Techniques and Activities in Therapy
1.5.   Areas of Intervention
    1.5.1.   Population
    1.5.2.   Psychological-Emotional
    1.5.3.   Cognitive
    1.5.4.   Social
1.6.   Techniques Used
    1.6.1.   Psychological-Emotional Dimension
    1.6.2.   Cognitive Dimension
    1.6.3.   Social Dimension

An academic experience that will lay the foundation for your professional growth"

05
Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

"Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Methodology

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

"

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.

2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

20%

Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

15%

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

15%

3%

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

Certificate

The Postgraduate Certificate in Methodology in Animal-Assisted Intervention (AAI) guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.

" *Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Certificate in Methodology in Animal-Assisted Intervention (AAI)** contains the most complete and up-to-date program the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** by tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by job markets, competitive professional career evaluation committees.

Title: **Postgraduate Certificate in Methodology in Animal-Assisted Intervention (AAI)**

Official Nº of Hours: **150 h.**

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Awards the following

DIPLOMA

to

Mr./Ms. _____, with identification number _____.
For having passed and accredited the following program

POSTGRADUATE CERTIFICATE

in

Methodology in Animal-Assisted Intervention (AAI)

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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