

# Postgraduate Certificate Masculinity and Sexuality





## Postgraduate Certificate Masculinity and Sexuality

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/pk/psychology/postgraduate-certificate/masculinity-sexuality](http://www.techtute.com/pk/psychology/postgraduate-certificate/masculinity-sexuality)

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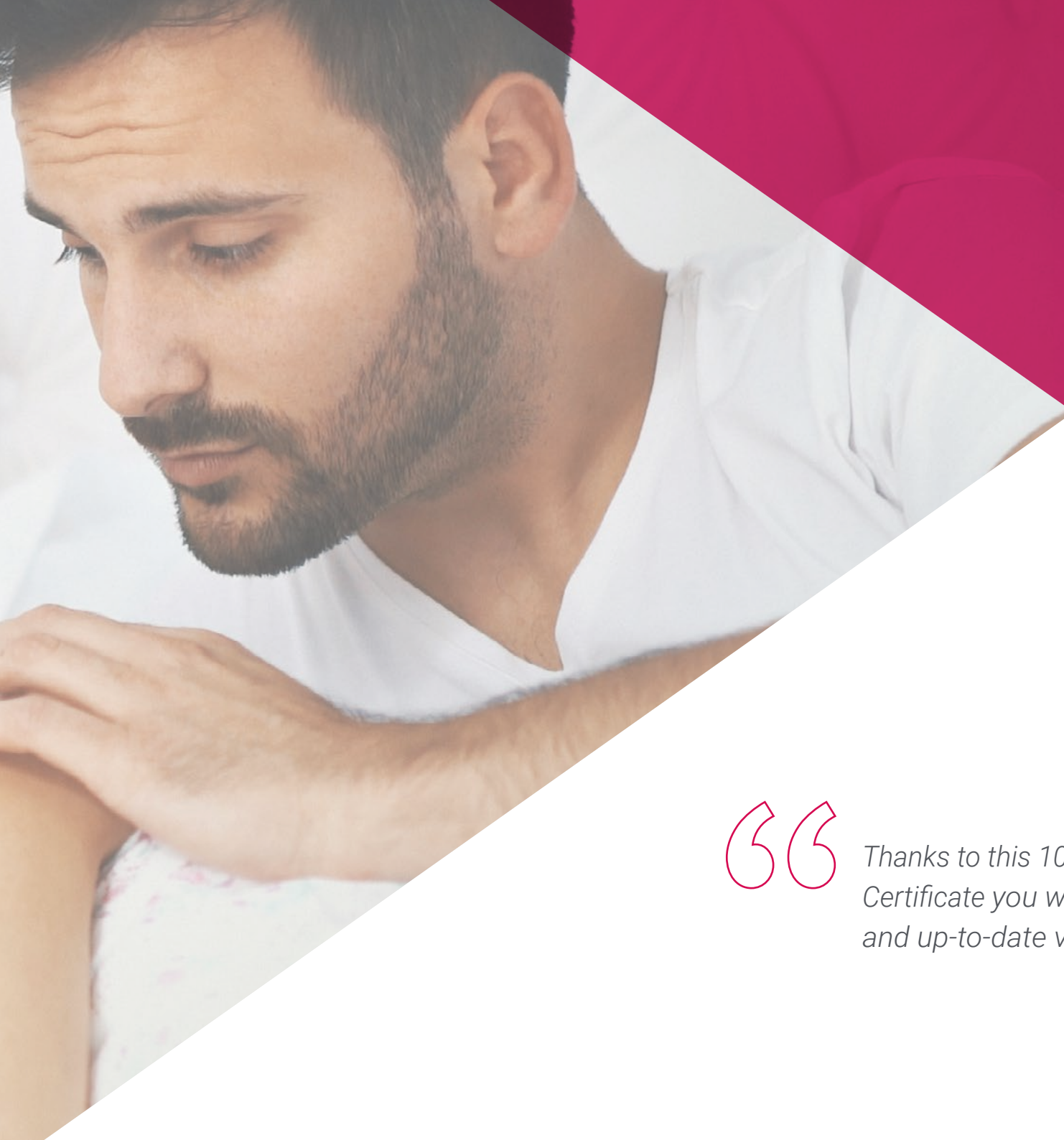
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# 01

# Introduction

Masculinity is a crucial issue in our society, as it influences how men see themselves and how they are perceived by others. The need to contextualize masculinity and demystify traditional mandates has prompted the creation of this program, designed with the objective of providing up-to-date tools on sexological counseling and new masculinities. The program is oriented to Psychology professionals and is taught in a 100% online academic format, with quality multimedia content and developed by experts in the field of Sexology. In addition, the Relearning methodology and the flexibility to organize the academic resources allow the acquisition of knowledge in a progressive manner and adjusted to the student's needs.





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*Thanks to this 100% online Postgraduate Certificate you will obtain a renewed and up-to-date vision of Masculinities”*

Masculinity is a social construct that has historically been seen as an innate and essential value of men, and has been transmitted through cultural mandates and beliefs. This vision has generated an unequal gender system, in which sexist, violent and toxic behaviors and attitudes have been normalized. Therefore, the need to question and demystify traditional masculinity has become crucial today, in order to build a more fair and equal society.

The Postgraduate Certificate in Masculinity and Sexuality offers an up-to-date and critical vision of the new masculinities and their relationship with sexuality, with the aim of training professionals to meet the needs of men in today's society. The program addresses topics such as Male Erotics, affective sexual bonds or non-normative dissident masculinities, all through an interdisciplinary approach that combines Psychology, Sociology and Anthropology.

This university qualification is developed entirely online, with an innovative pedagogical methodology based on Relearning, which promotes meaningful learning and active student participation. The quality multimedia content is designed by professionals of recognized trajectory in the field of Sexology and Gender Equality. In addition, the flexibility in the organization of academic resources allows students to adapt the pace and schedule of study to their needs and responsibilities.

Therefore, it is presented as a unique opportunity to acquire up-to-date and critical knowledge on a fundamental topic for the construction of more fair and equitable communities. With an integrated approach and an innovative methodology, this program offers graduates the possibility of expanding their knowledge in an emerging and relevant area, with the convenience of being able to do so from anywhere and at any time.

This **Postgraduate Certificate in Masculinity and Sexuality** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Sexuality
- ♦ The graphic, schematic and eminently practical content of the system provides specialized and practical information on those disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Stand out in a booming sector with great projection and be part of the social change from excellence”*

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*During a period of 6 weeks, you will learn the most effective approaches to carry out an integral intervention in the process of male self-knowledge”*

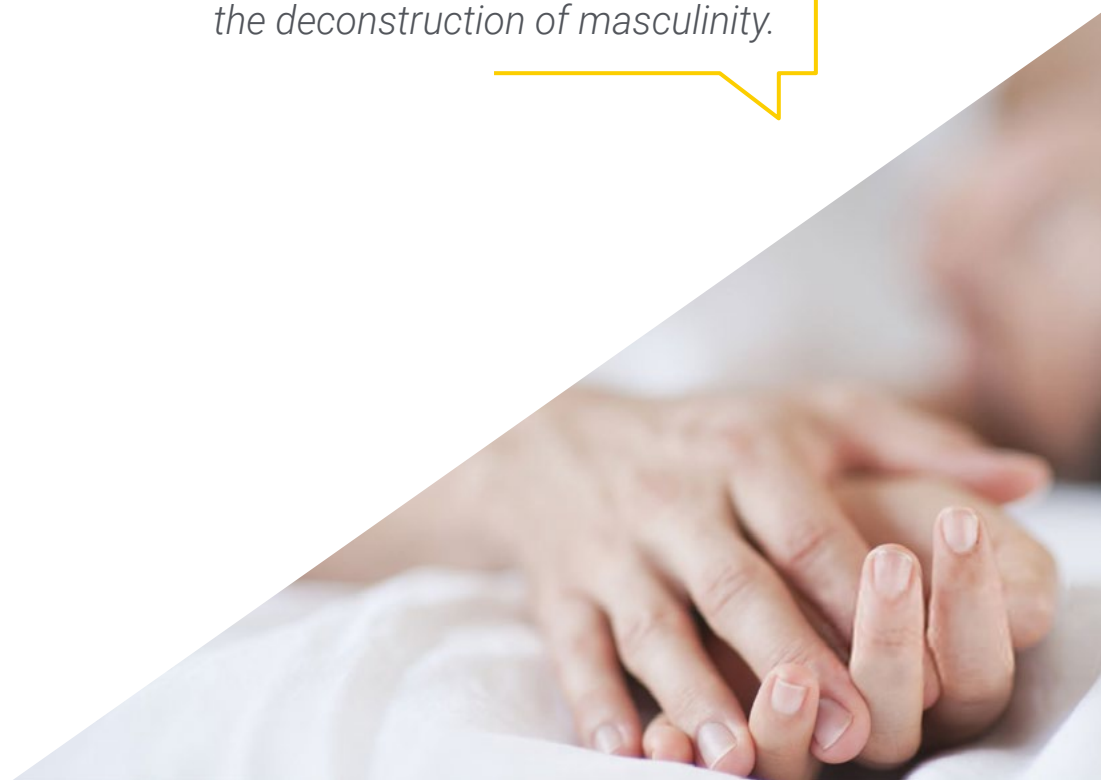
The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*This rigorous university qualification will allow you to combine your day-to-day professional life with your studies.*

*With this program you will be able to acquire in-depth learning about the psychological support necessary for the deconstruction of masculinity.*



# 02

# Objectives

The objective of this Postgraduate Certificate in Masculinity and Sexuality is that the graduate acquires the most advanced tools to accompany, from a psychological perspective, cases related to sexual difficulties, aspects of couple relationships and complex issues such as violence due to sexual orientation. In addition, it offers you the opportunity to delve into the contextualization of masculinity, so that you are able to master the creation of male erotic imaginary away from normativity. In this way, you will be prepared to build new paradigms.





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*Through this 150-hour academic program,  
you will acquire a psychosocial perspective  
on Male Sexuality”*



## General Objectives

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- ♦ Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the initiation and development of relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Know in depth the deontology in matters of sexuality and couple, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would produce an impairment of the therapeutic work
- ♦ Carry out research programs in sexuality





## Specific Objectives

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- ♦ Contextualize masculinity Its mandates, beliefs and the influence this has on the individual, society and the relational sphere
- ♦ Distinguish masculinity as an innate value and reflect on the importance of inhabiting less rigid and more diverse identities
- ♦ Create imaginaries of male eroticism away from normativity, with the intention of building new paradigms that aim to explore the peculiarities of each sexed subject, minimizing the impact of the identity experience from the socio/cultural expectations

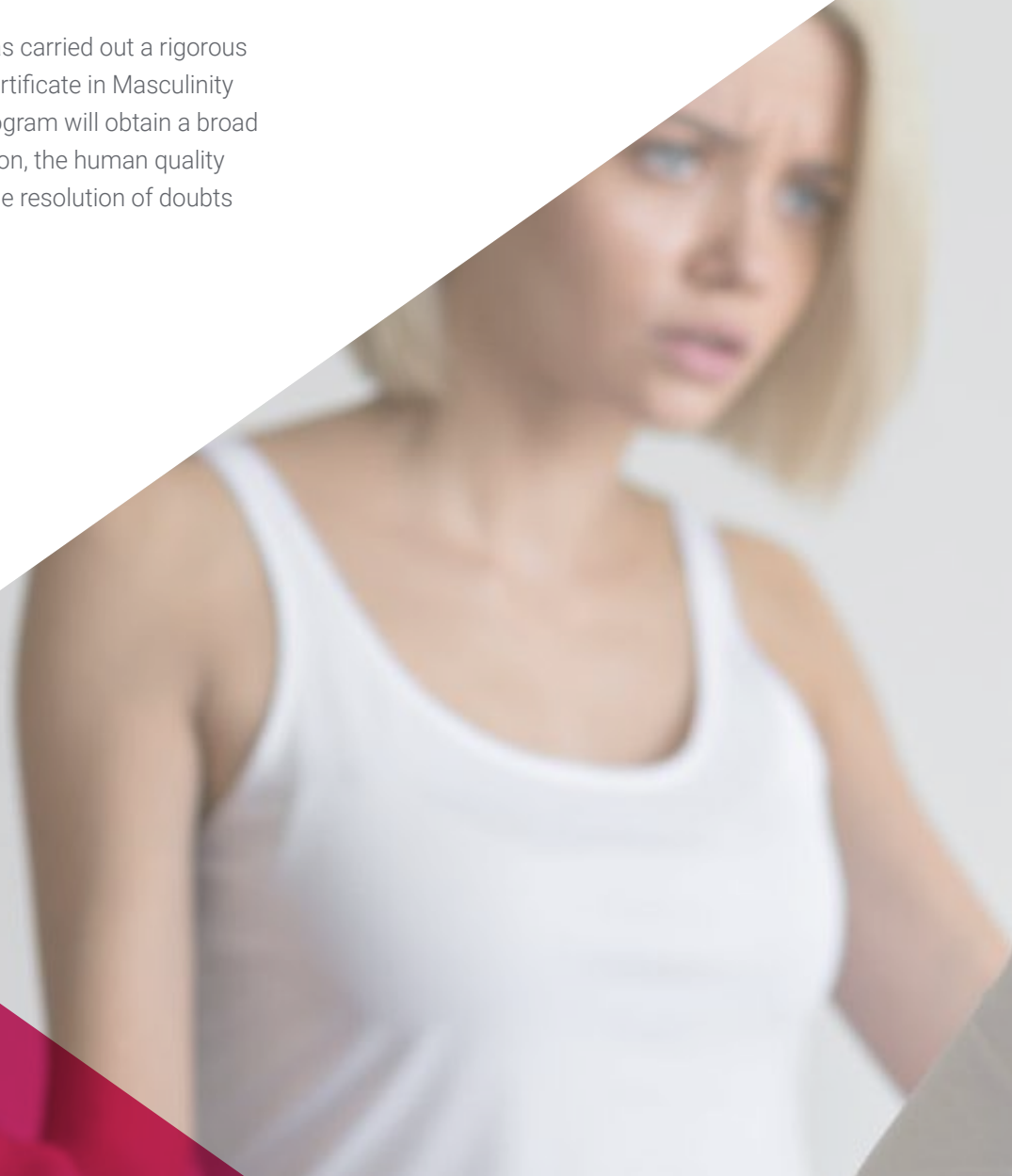


*You will reach your goals thanks to the resources TECH offers you and you will be guided by the leading experts in the industry”*

03

# Course Management

In order to guarantee a first class university education, TECH has carried out a rigorous selection process for the teaching staff of this Postgraduate Certificate in Masculinity and Sexuality. This ensures that professionals who take this program will obtain a broad set of competencies taught by true experts in the field. In addition, the human quality and closeness of the teaching staff is considered to facilitate the resolution of doubts and interaction with students.





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*Get success accompanied by experts  
and acquire the necessary skills and  
knowledge to enter the field of Sexology”*

## Management



### Ms. Ramos Escamilla, María

- ♦ Sexologist and Couple Therapist
- ♦ Director of Destino Kink
- ♦ Degree in Psychology from the Complutense University of Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

## Professors

### D. Lajud Alastrué, Iñaki

- ♦ Psychologist and Sexologist
- ♦ Co-founder of the Association Masculinities Beta
- ♦ Psychologist at the Me Digo Sí Center
- ♦ Professor of the Master's Degree in Gender Violence of the Official College of Psychologists of Madrid



# 04

## Structure and Content

The syllabus of this university program has been designed according to latest approaches and treatments to deal with the risks of masculinity related to Sexuality. Therefore, students will learn about Homosociability, Male Eroticism and Self-Awareness Strategies. For this purpose, the content of the program is complemented with high quality multimedia resources, accessible at any time from devices with Internet connection. This way, thanks to this TECH, professionals will be able to advance their careers in the field of Sexology.





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*Take your professional career to the highest level thanks to the quality contents offered by TECH with this university program”*

## Module 1. Masculinity and Sexuality

- 1.1. Contextualization of Male Socialization
  - 1.1.1. Hegemonic Masculinity and Complicit Masculinities
  - 1.1.2. Masculinity and Patriarchy
- 1.2. Masculinity Box
  - 1.2.1. What Is It? Associated Values, Mandates, Beliefs
- 1.3. Risk of Masculinity
  - 1.3.1. Risks to Men Themselves
  - 1.3.2. Risks to Society. Violence
- 1.4. Non-normative Dissident Masculinities
  - 1.4.1. De-essentializing Masculinity
  - 1.4.2. Importance of Plural Identities
- 1.5. Masculinity in Affective and Sexual Attachments
  - 1.5.1. Homosociability
  - 1.5.2. Affective Relationship Skills
  - 1.5.3. Roles of Men in the Couple
- 1.6. Male Erotica (I)
  - 1.6.1. Influence of Pornography in the Male Ideology
  - 1.6.2. Fantasies and Autoerotica
- 1.7. Male Erotica (II)
  - 1.7.1. Desire, Pleasure and Genitality in Normative Relational Erotics
  - 1.7.2. Non-normative Erotic and Relational Imaginaries
- 1.8. Male Erotica (III)
  - 1.8.1. Intimacy, Vulnerability and Care
- 1.9. New Masculinities
  - 1.9.1. What are they?
  - 1.9.2. Collectivizing the Identity Review Process
- 1.10. Reflecting on Masculinity
  - 1.10.1. Strategies for Self-knowledge
  - 1.10.2. Who am I?





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*Obtain numerous pedagogical materials focused on providing information about sex education to youth and adults”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Masculinity and Sexuality guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Masculinity and Sexuality** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Masculinity and Sexuality**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development languages  
virtual classroom



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