

Postgraduate Certificate

Intervention and Treatment in Clinical Child and Adolescent Psychology



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Intervention and Treatment in Clinical Child and Adolescent Psychology

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/psychology/postgraduate-certificate/intervention-treatment-clinical-child-adolescent-psychology

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01

Introduction

In recent years, the new Information and Communication Technologies (ICT) have allowed considerable progress in certain patients of child and adolescent age, who due to their different disorders could not come to consultations in person or have been able to use these tools to address their health problems. This is new knowledge that the psychology professional must be aware of in order to put it into practice in their daily clinical practice. This 100% online program provides students with the latest knowledge in the field of intervention and treatment in the child and adolescent population with innovative multimedia didactic material.



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*Thanks to this Postgraduate Certificate
you will be able to get into the most recent
studies that deal with the treatment in
Clinical Child and Adolescent Psychology”*

Phobias, autism, schizophrenia disorder or addictions are just some of the mental health problems that the psychology professional will learn about in this Postgraduate Certificate, which consists of 180 teaching hours developed in 6 weeks. A specialized teaching team with experience in dealing with patients in the child and adolescent stage will be responsible for providing students with the latest knowledge in intervention and treatment in clinical psychology in minors.

With a theoretical-practical approach, students who take this university degree will learn about the main treatment programs, as well as the tools and techniques most commonly used today thanks to the use of ICT. In addition, the syllabus composed of multimedia didactic resources and simulations of real clinical cases will allow them to delve deeper into this field and the clinical future linked to new technologies. A curriculum developed by a specialized team that, in an exhaustive way, will lead you to upgrade your knowledge in an agile way and with direct application in your usual clinical practice.

An excellent opportunity offered by TECH to psychology professionals who wish to comfortably renew their knowledge. Thus, students will be able to access the content of this 100% online program whenever and wherever they wish. They only need a computer, tablet or cell phone with an internet connection to access the entire syllabus of this teaching, without attendance or sessions with fixed schedules. A teaching model that will also allow you to distribute the teaching load according to your needs. An ideal method for the professional who wants to acquire a quality education without neglecting other areas of their work or personal life.

This **Postgraduate Certificate in Intervention and Treatment in Clinical Child and Adolescent Psychology** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Practical cases presented by experts in Psychology
- ♦ The graphic, schematic and eminently practical contents with which it is conceived gather scientific and practical information on those disciplines that are indispensable for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning.
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



The Relearning system used by TECH in its degrees will allow you to renew your knowledge in a more natural and progressive way"

“*Throughout 6 weeks you will deepen in the most innovative content on the use of new technologies in patients with social phobia*”

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

The design of this program focuses on problem-based learning, through which the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose students will be assisted by an innovative interactive video system developed by renowned experts.

An ideal program to delve into family therapy and its usefulness in the infantile and juvenile stage.

A 100% online teaching to which you can connect at any time of the day with your computer or tablet.



02 Objectives

This Postgraduate Certificate provides the psychology professional with the most recent and future-oriented knowledge in the field of Intervention and Treatment in Clinical Child and Adolescent Psychology. Therefore, at the end of this program, students will have acquired new knowledge in the use of ICT, the most recent studies and the techniques currently used for the management of different disorders that sometimes seriously affect the physical and cognitive development of minors. The specialized teaching team will guide students to achieve these goals.





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The clinical case simulations provided by the teaching team will be of great direct application in your daily practice”



General Objectives

- ♦ Describe the therapeutic bond between the psychotherapist and the child
- ♦ Analyze the changes in behavior during the life cycle
- ♦ Differentiate between the evolutionary adaptation and adaptability of human beings
- ♦ Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- ♦ Master psychodiagnosis and evaluation in the child and adolescent framework
- ♦ Control personality assessment at these ages
- ♦ Identify the role of the family in child and adolescent diagnosis
- ♦ Specify the intervention in clinical psychology at these age groups
- ♦ Develop sufficient skills to manage a child and adolescent clinic





Specific Objectives

- ◆ Know the main treatment programs
- ◆ Delve into what ICTs are and their usefulness in Clinical psychology
- ◆ Analyze current and future treatments linked to new technologies



A program designed for professionals like you, who want to invest their time in staying up-to-date in order to offer the best treatments to children and adolescents"

03

Course Management

This academic program includes the most specialized teaching staff in the current educational market. They are specialists selected by TECH to develop the whole syllabus. In this way, starting from their own existence and the latest evidence, they have designed the most up-to-date content that provides a guarantee of quality in such a relevant subject.



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*TECH offers the most specialized
teaching staff in the field of study.
Enroll now and enjoy the quality
you deserve”*

International Guest Director

Dr. Amy Elizabeth West is a renowned clinical psychologist with an outstanding international career in the field of Child and Adolescent Mental Health. She has held a leadership position at Children's Hospital Los Angeles (CHLA), where she has directed the Clinical Child and Adolescent Psychology Internship. Here, her work has focused on providing evidence-based psychosocial treatments, with a special focus on vulnerable and underserved populations, such as ethnic minorities and socioeconomically disadvantaged families.

Likewise, throughout her career, she has led innovative research on Mood and Anxiety Disorders in children, the prevention of Suicidal Behavior and Perinatal Mental Health, obtaining funding from prestigious institutions, such as the National Institute of Mental Health (NIMH), the Patient-Centered Outcomes Research Institute (PCORI) and the Substance Abuse and Mental Health Services Administration (SAMHSA).

Likewise, her integrative approach has been instrumental in developing treatments such as Child and Family Focused Cognitive Behavioral Therapy (CFF-CBT), known as RAINBOW therapy, which has been widely validated as an effective treatment for Pediatric Bipolar Disorder, with manuals published by Oxford University Press in the "Treatments that Work" series. She has also been involved in research on Substance and Opioid Use Prevention in Native American and Alaska Native communities.

In addition to her work and research, Dr. Amy Elizabeth West has been an active personality in several professional organizations, holding leadership roles in the Association for Cognitive and Behavioral Therapy, the Society for Prevention Research, and the Anxiety and Depression Association of America. In doing so, she aims to improve access to mental health care for vulnerable populations, establishing herself as an expert in her field.



Dr. Bolton, West, Amy Elizabeth

- Director of Clinical Child and Pediatric Psychology, Children's Hospital Los Angeles, United States
- Co-investigator and Director of the Implementation of Cognitive-Behavioral Techniques
- Psychologist and Researcher of the Community Mental Health Program at Children's Hospital of Los Angeles
- Member of the Study on Prevention and Treatment of Opioid and Substance Use in Urban and Rural AIAN Tribal Communities in California at the University of Southern California
- Associate Editor of the Journal of Clinical Child and Adolescent Psychology
- Adolescent Medicine Fellow at Harvard Medical School and Boston Children's Hospital
- Clinical and Pediatric Child Psychology Fellow, Harvard Medical School and Boston Children's Hospital
- Ph.D. in Clinical Psychology from the University of Virginia
- B.A. in Psychology from Stanford University
- Clinical Research Loan Repayment Program Award from the National Institutes of Health (NIH)
- Career Development Award from the National Institute of Mental Health (NIMH)
- Member of:
 - University of Southern California Interdisciplinary Center for Family Change

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Thanks to TECH, you will be able to learn with the best professionals in the world”

04

Structure and Content

The syllabus of this Postgraduate Certificate has been prepared by a specialized teaching team with extensive experience in the intervention and application of treatments for children and adolescents. Their extensive knowledge is evident throughout this program, where students will acquire the latest knowledge in interventions in patients with autism spectrum, schizophrenia, obsessive-compulsive disorder, phobias or addictions. Likewise, the study plan makes a special emphasis on family therapy and its importance in the wellbeing and recovery of the child. All this with a library of complementary resources with which you can extend the syllabus.



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A syllabus with innovative content with which you can renew your knowledge about the most effective interventions currently available for patients with autism spectrum disorders"

Module 1. Child and Adolescent Clinical Psychology Intervention and Treatment

- 1.1. Characteristics of Psychological Interventions in Children and Adolescents
 - 1.1.1. Main Features
- 1.2. Autism Spectrum
 - 1.2.1. Principles of the Autism Spectrum
 - 1.2.2. Evaluation and Diagnosis
 - 1.2.3. Intervention and Treatment
- 1.3. Schizophrenia
 - 1.3.1. Basis of the Disease
 - 1.3.2. Evaluation and Diagnosis
 - 1.3.3. Intervention and Treatment
- 1.4. Intervention in Obsessive-Compulsive Disorder
 - 1.4.1. Basis of the disorder
 - 1.4.2. Evaluation and Diagnosis
 - 1.4.3. Treatment programs
- 1.5. Social phobia treatment program
 - 1.5.1. Most common treatment programs for social phobia
 - 1.5.2. Treatments and Lines of Research
 - 1.5.3. Cognitive - Behavioral Intervention
- 1.6. Specific Phobia Treatment
 - 1.6.1. Diagnostic Characteristics of Specific Phobias
 - 1.6.2. Assessment
 - 1.6.3. Intervention and Treatment
- 1.7. Family Therapy
 - 1.7.1. Principles of Family Therapy
 - 1.7.2. Utility and effectiveness
- 1.8. Treatment of Sexual Disorders
 - 1.8.1. Evaluation and Diagnosis of Sexual Disorders
 - 1.8.2. Non-Pharmacological Treatment for Sexual Disorders





- 1.9. Treatment for Oppositional Defiant Disorder
 - 1.9.1. What is Oppositional Defiant Disorder?
 - 1.9.2. Evaluation and Diagnosis of Oppositional Defiant Disorder
 - 1.9.3. Intervention and Treatment
- 1.10. Treatment of Addictions
 - 1.10.1. Definition of Addiction
 - 1.10.2. Components of Addiction
 - 1.10.3. Intervention programs

“*An ideal academic option for professionals who want a high level of education while balancing their work responsibilities*”

05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



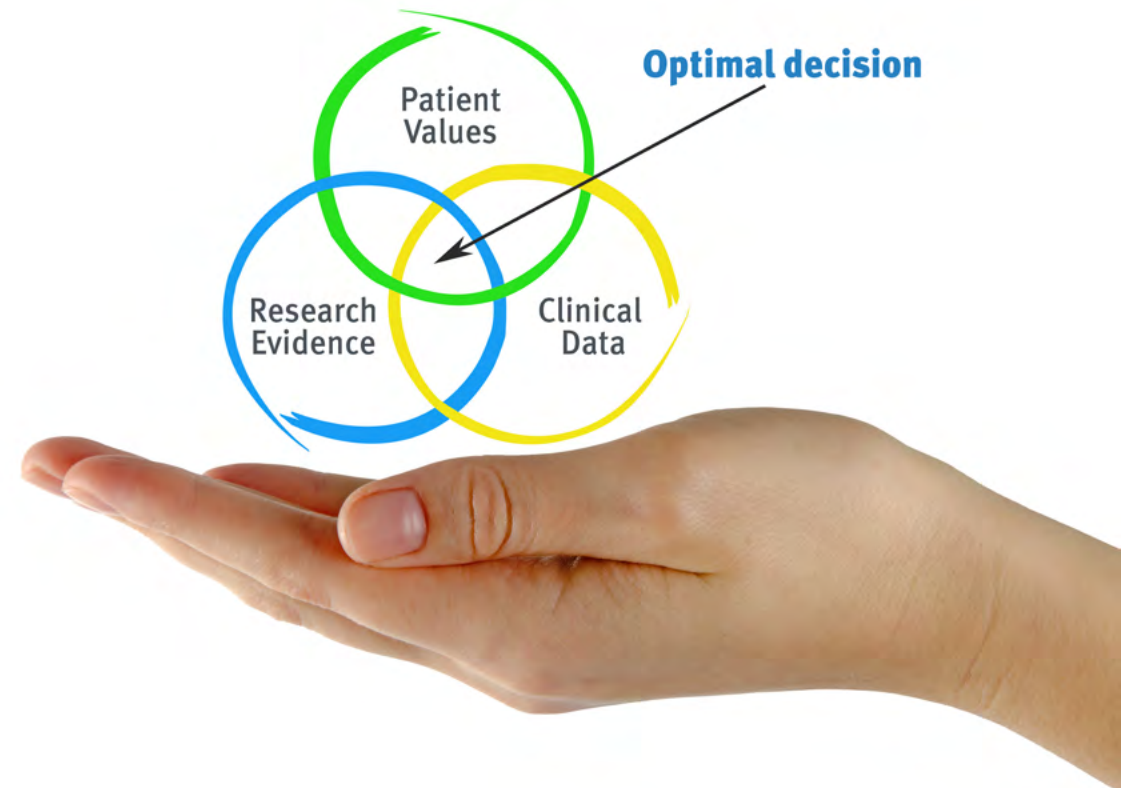
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



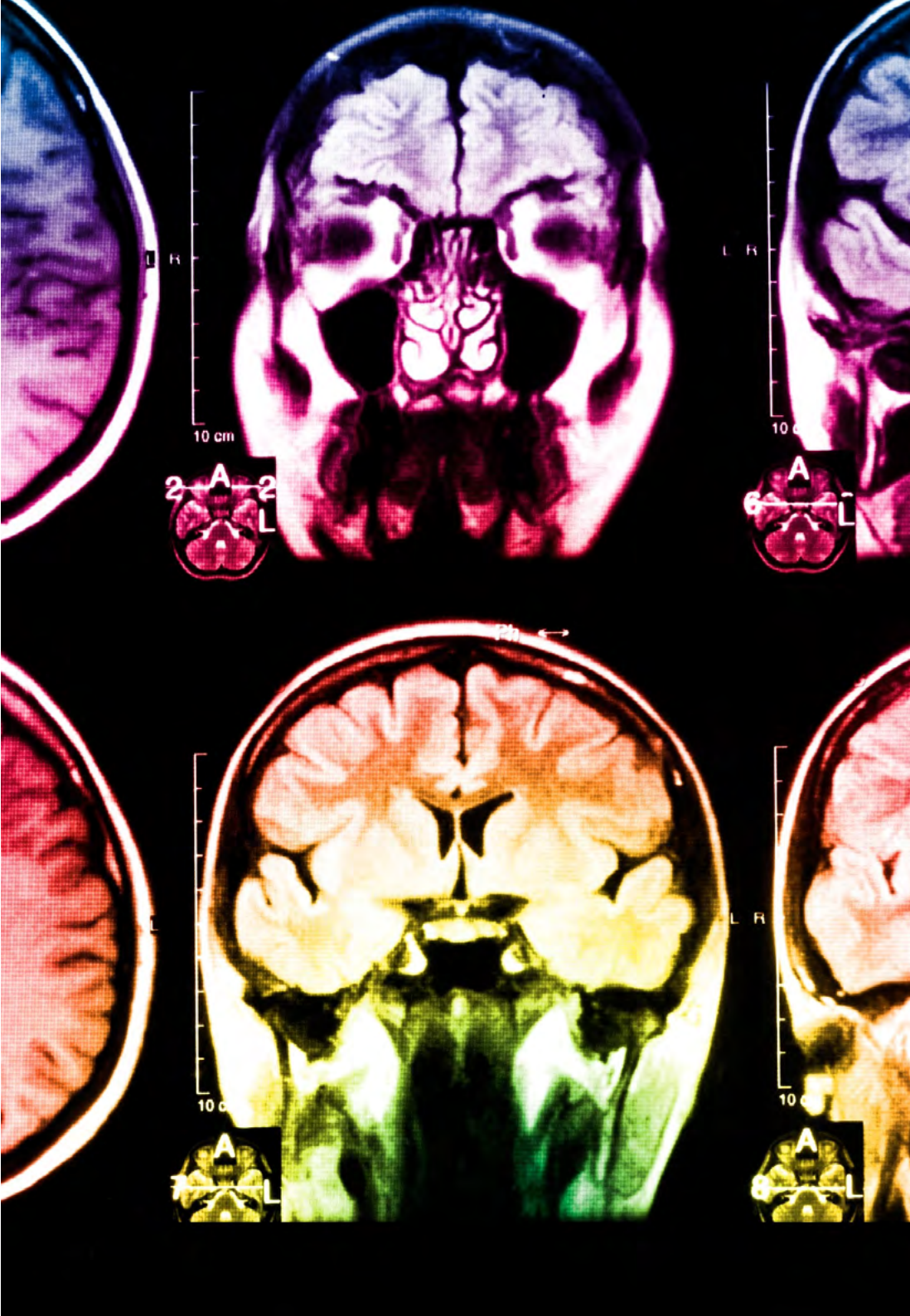
At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

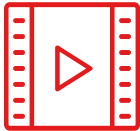
*Relearning will allow you to learn with less effort
and better performance, involving you more
in your training, developing a critical mindset,
defending arguments, and contrasting opinions: a
direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

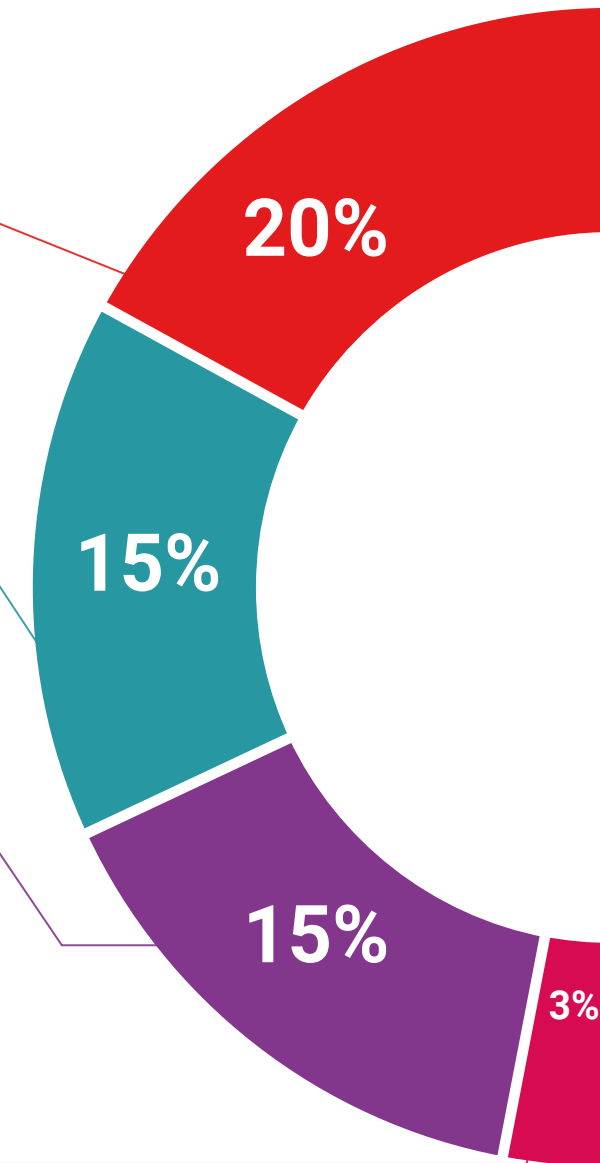
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

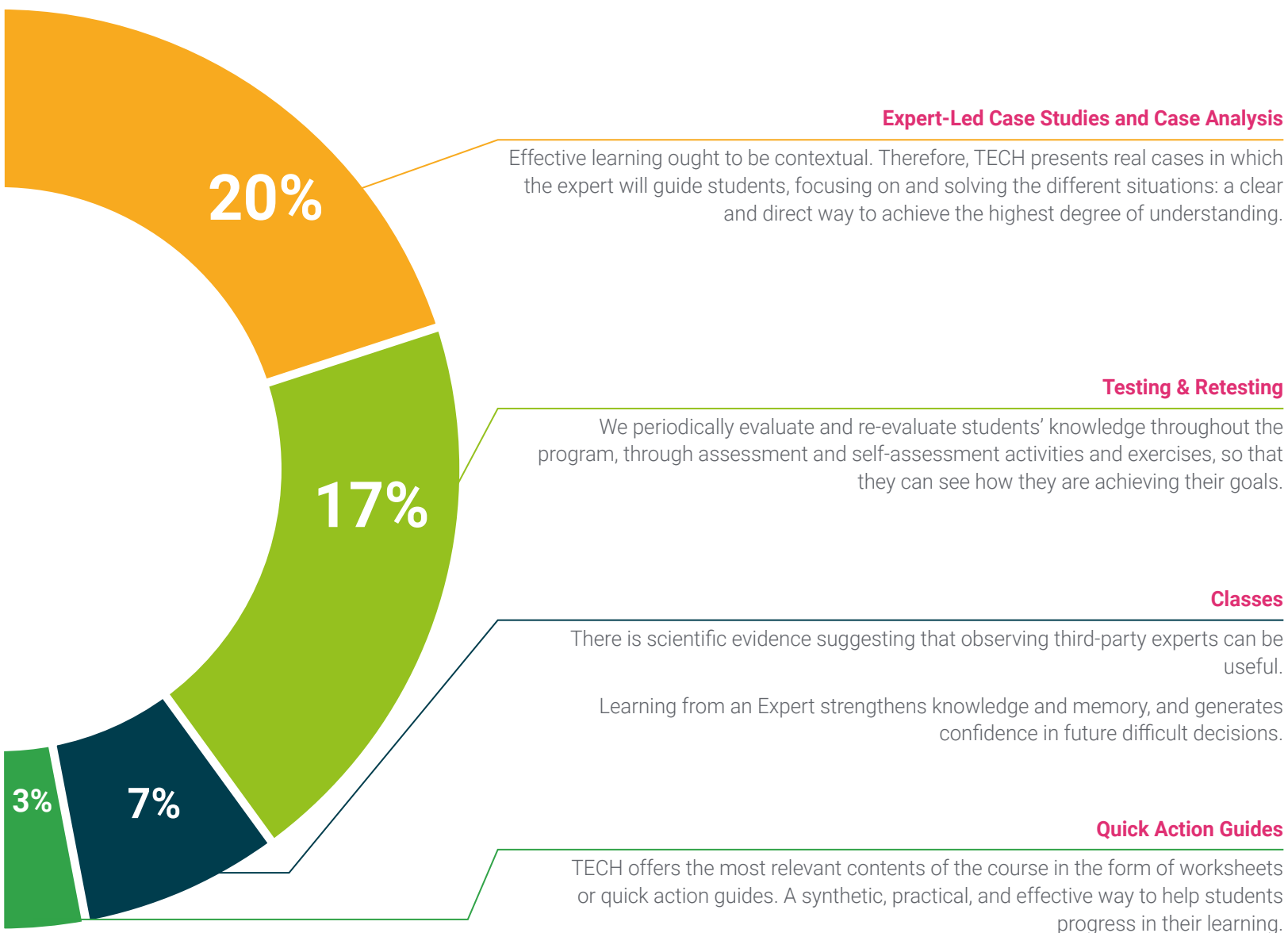
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





06

Certificate

The Postgraduate Certificate in Intervention and Treatment in Clinical Child and Adolescent Psychology guarantees, in addition to the most accurate and up-to-date knowledge, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program and
receive your university qualification without
having to travel or fill out laborious paperwork”*

This private qualification will allow you to obtain a **Postgraduate Certificate in Intervention and Treatment in Clinical Child and Adolescent Psychology** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

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Modality: **online**

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Accreditation: **6 ECTS**





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