

Postgraduate Certificate

Intervention Tools in Child and Adolescent Psychotherapy





Postgraduate Certificate

Intervention Tools in Child and Adolescent Psychotherapy

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

6 ECTS Credits

Teaching Hours: 150 hours.

Website: www.techtute.com/psychology/postgraduate-certificate/postgraduate-certificate-intervention-tools-child-adolescent-psychotherapy

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01

Introduction

Games, drawing and the relationship with numerous evaluation and intervention instruments make this Postgraduate Certificate unique and fundamental in the development of child intervention in a psychologist's consultation.



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Numerous studies show that any psychotherapy procedure is much more effective if performed in a hypnotic state. Irving Kirsch found an 80% improvement if the therapeutic activity is performed in a hypnotic state as opposed to wakefulness”

Bettelheim (1977) points out that fairy tales have a liberating and formative function for children's mentality. By identifying with the same characters in the stories, children begin to experience for themselves feelings of justice, fidelity, love or courage, not as imposed lessons, but as part of the adventure of living.

In adolescence we have found scenarios that favor communication and therapeutic maneuvers. In this Postgraduate Certificate you will find numerous strategies to develop intervention.

At the same time, pharmacological intervention is necessary in many disorders and fundamental in the current century. It is essential to know about this and to know how to adhere to the multidisciplinary relationship. This Postgraduate Certificate is unique because it combines the most effective technology to intervene in children and adolescents, as well as covering information on the drugs that are currently used and especially how they affect our professional practice as psychologists.

This **Postgraduate Certificate in Intervention Tools in Child and Adolescent Psychotherapy** has the most complete and up-to-date educational program. The most important features include:

- ♦ Clinical cases presented by experts in psychology. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ The latest diagnostic and therapeutic techniques used in the mastering of Intervention Tools in Child and Adolescent Psychotherapy.
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- ♦ With special emphasis on evidence-based psychology and research methodologies in psychology
- ♦ Content that is accessible from any fixed or portable device with an Internet connection.



Update your knowledge through the Postgraduate Certificate in Intervention Tools in Child and Adolescent Psychotherapy, in a practical way and adapted to your needs"

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This Postgraduate Certificate may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Intervention Tools in Child and Adolescent Psychotherapy, you will obtain a Postgraduate Certificate qualification from TECH Technological University.

The course includes real clinical cases and exercises to bring the development of the course closer to the psychologist's clinical practice.

Forming part of the teaching staff is a group of professionals in the world of psychology who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

Problem-Based Learning underpins this program design, and the doctor must use it to try and solve the different professional practice situations that arise throughout the Postgraduate Certificate. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.



02

Objectives

The principal objective of the program is the development of both theoretical and practical learning, so that the professional can master, in a practical and rigorous way, the study of Intervention Tools in Child and Adolescent Psychotherapy.





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This refresher program will generate a sense of confidence when practising psychology which will help you grow both personally and professionally”



General Objectives

- Master the personality evaluation of these age groups.
- Identify the role of the family in child and adolescent diagnosis.
- Describe the intervention of clinical psychology in these age groups.
- Develop sufficient skills to manage a child and adolescent clinic.



Make the most of the opportunity and take the step to get up-to-date on the latest developments in Intervention Tools in Child and Adolescent Psychotherapy”





Specific Objectives

- ♦ Develop sufficient tools for the patient to identify the therapist as a being in a position of authority.
- ♦ Use the tools provided in this Postgraduate Certificate program to create intervention protocols tailored to the patient.
- ♦ Control the intervention by adapting it to the patient's profile.
- ♦ Define the labyrinths specific to each disorder with their unknowns and difficulties.
- ♦ Learn how to provide real and legitimate hope to the patient and all those around them.
- ♦ Learn how to design an intervention from the creativity and experience as a clinician, adapting to what is happening at each moment.
- ♦ Develop joint psychotherapy-pharmacotherapy interventions.

03

Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.





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Learn the latest advances in Intervention Tools in Child and Adolescent Psychotherapy from leading professionals”

Management



Mr. Fernández Sánchez, Angel

- ♦ European specialist psychologist in Psychotherapy from the EFPA.
- ♦ Health Psychologist
- ♦ Master's Degree in Clinical and Health Psychology
- ♦ Director of the Evaluation and Psychotherapy Center of Madrid
- ♦ Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP.
- ♦ Author of the T.E.N. technique.
- ♦ Head of studies on the Master's Degree in Time-Limited Psychotherapy and Health
- ♦ Specialist in Clinical Hypnosis and Relaxation
- ♦ Specialist in Child and Adolescent Intervention.

Professors

Arriero, Esther

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center of Talavera de la Reina.
- ♦ Health Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Specialist in Adult Therapy
- ♦ Specialist in interventions with chronic patients.

Dr. Benito de Benito, Luis

- ♦ Graduate in Nursing.
- ♦ Specialist in Family and Community Nursing
- ♦ Tutor of Residents of the Family and Community Nursing specialty
- ♦ Teacher of the EIR preparation course
- ♦ Participation in health education programs in primary care

Dr. Espinoza, Oscar

- ♦ Medical specialist in Psychiatry and Pediatrics
- ♦ Director of the Psychopharmacology Unit of the CEP.
- ♦ Head of the public health service in the southern district of Madrid
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

Dr. Fernandez, Inmaculada

- ♦ Doctor in Psychology from the University of Almeria
- ♦ Psychologist specializing in Clinical Psychology
- ♦ Head of the Department of Neuropsychology, University of Almeria
- ♦ Expert in Cognitive Therapy based on Mindfulness
- ♦ Expert in Time Limited Psychotherapy

Furelos, Maribel

- ♦ Psychologist specializing in Clinical Psychology
- ♦ Sexologist in Osakidetza at the Santurce outpatient clinic
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Gandarias, Gorka Health Psychologist
- ♦ European specialist psychologist in Psychotherapy from the EFPA in Vitoria (Spain)
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in intervention in bizarre behavior and drug addiction.

Gascón, Laura

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina.
- ♦ Specialist in Forensic and Legal Psychology
- ♦ Court Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology in Adult Psychotherapy

González, Mónica

- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella
- ♦ Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

04

Structure and Content

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This Postgraduate Certificate in Intervention Tools in Child and Adolescent Psychotherapy has the most complete and up-to-date educational program on the market”

Module 1. Appropriate Tools for Situations of Conflict in Intervention of Children and Adolescents

- 1.1. Play
- 1.2. Drawing
- 1.3. Metaphors and Stories
- 1.4. Psychodrama
- 1.5. IT Resources
- 1.6. Fantasy, Relaxation and Hypnosis
- 1.7. Biofeedback Techniques
- 1.8. Relationship Problems
- 1.9. Education Far Away From Parents
- 1.10. Children Affected by Conflictive Parent Relationships
- 1.11. Family Breakdown Due to Separation or Divorce
- 1.12. Grief
- 1.13. Maltreatment
- 1.14. Abuse
- 1.15. Educational Problems
- 1.16. Work Problems
- 1.17. Home Problems
- 1.18. Economic Problems
- 1.19. Problems from Living Alone
- 1.20. Exposure to Catastrophic Events





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A unique, key, and decisive training experience to boost your professional development”

05

Methodology

This training program provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



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Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program students will be presented with multiple clinical symptoms simulated cases based on real patients in which they will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years old.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All the teaching materials are specifically created for the course by specialists who teach on the course so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances, and to the forefront of psychology. All this, first-hand, with the maximum rigor, explained in detail to contribute to the assimilation and understanding of the students. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Re-Testing

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The **Postgraduate Certificate in Intervention Tools in Child and Adolescent Psychotherapy** guarantees, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate certificate issued by **TECH Technological University**.



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Successfully complete this training program and receive your university certificate without travel or laborious paperwork”

This **Postgraduate Certificate in Intervention Tools in Child and Adolescent Psychotherapy** has the most complete and up-to-date educational program on the market.

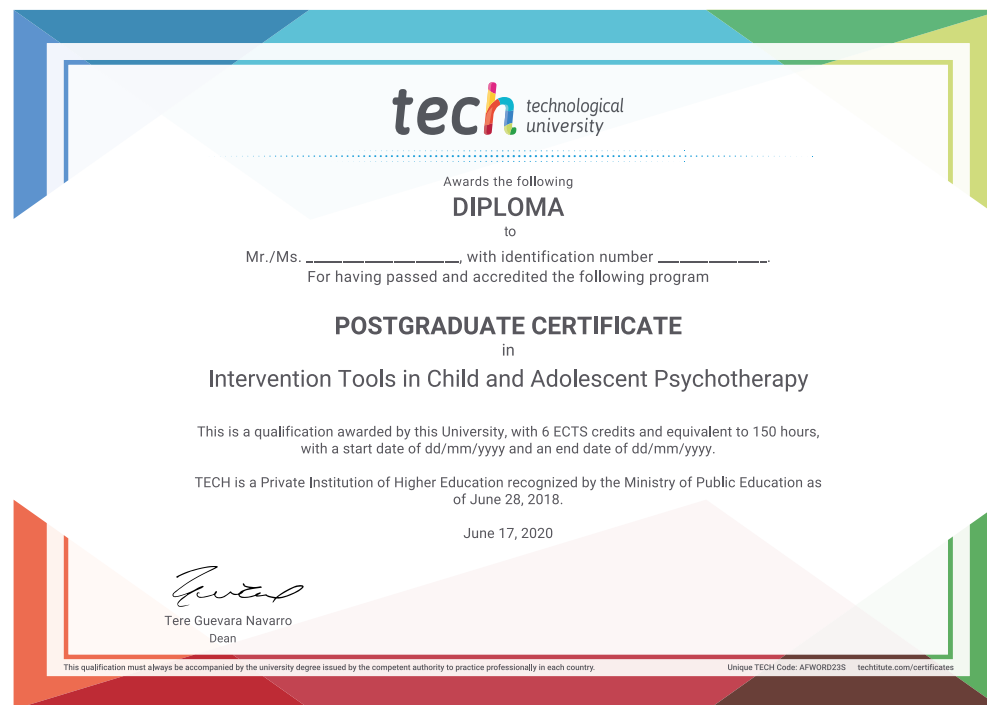
After passing the evaluation, the student will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate Intervention Tools in Child and Adolescent Psychotherapy**

ECTS: 6

Official Number of Hours: **150 hours**



*Apostille Convention In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development languages
classroom



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