

# Postgraduate Certificate

## The Importance of Psychosocial Support in Emergencies and Catastrophes





## Postgraduate Certificate

### The Importance of Psychosocial Support in Emergencies and Catastrophes

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/psychology/postgraduate-certificate/importance-psychosocial-support-emergencies-catastrophes](http://www.techtute.com/us/psychology/postgraduate-certificate/importance-psychosocial-support-emergencies-catastrophes)

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# 01

# Introduction

Revictimization is a very frequent consequence that usually occurs in people who have been involved in a traumatic situation. This response causes the victim to constantly relive what happened, increasing the chances of suffering stress and anxiety and seriously affecting their psychosocial development. That is why psychologists specialized in therapeutic intervention in emergency and disaster contexts must perfectly handle the most innovative and effective strategies in the management of emotions based on the recommendations of the system. For this purpose, they can count on this comprehensive program, designed by a team of experts to bring graduates up to date with the techniques of psychosocial support in crisis situations and in the prevention of secondary victimization.





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*Would you like to know in detail the most common mistakes in emergency psychological intervention in order to avoid them? With this Postgraduate Certificate you will delve into each one of them and the keys to manage them”*

When a traumatic situation occurs (traffic accidents, murders, suicides, natural disasters, sexual assaults, etc.), victims may not only see their physical integrity affected, but also their mental health deteriorates. Post-traumatic stress and anxiety become part of their daily lives, seriously affecting their psychosocial development and potentially leading to behavioral disorders. In order to avoid these consequences, both in the short and long term, it is necessary to consider the intervention of psychology professionals as a priority.

It is a service increasingly demanded by emergency services, both security and health, so the presence of these specialists has been taking the relevance it deserves. And in order to provide them with comprehensive knowledge of developments related to psychosocial support in disasters and emergency situations, TECH has formed this Postgraduate Certificate. Through an immersive and multidisciplinary training, graduates will be able to delve into the different crisis contexts that can be generated, as well as the most effective therapeutic strategies for each case. In addition, special emphasis is placed on the Emergency Plans of Civil Protection in Spain, so that professionals have it as a reference for their future interventions.

Thanks to the exhaustiveness with which the team of experts has developed the syllabus of this program, psychologists will be able to learn in detail, through 180 hours of theoretical, practical and additional material, the ins and outs of this sector through a 100% online educational experience. The university's top priority is that its graduates can get the most out of their qualifications, which is why it adapts each of them not only to their needs, but also to those of the area in which they perform their professional function.

This **Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Emergency Services and Emergency Services
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*A program that delves into the origin of emergency psychology to understand how the profession has evolved over the years”*

“

*Acting in emergencies, emergencies and disasters requires different protocols for each case. With this Postgraduate Certificate you will be able to delve into the keys of each of them and their significant differences”*

The program includes, in its teaching staff, professionals from the sector who bring to this program the experience of their work, in addition to recognized specialists from prestigious reference societies and universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a professional, situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem Based Learning, by means of which professionals will have to try to solve the different professional practice situations that will be posed to them throughout the educational course. For will be aided by an innovative system of interactive videos produced by renowned experts.

*A 100% online qualification adapted not only to your educational needs, but also to the demands of the current sector of psychological emergencies.*

*You will be able to know in detail the phases of emergencies, implementing in your practice the most effective therapeutic techniques for each moment.*



# 02

## Objectives

Understanding the importance of psychosocial support in emergencies and disasters has been a complex task that specialists in this area have struggled with. Thanks to the exhaustive work of these professionals, therapeutic intervention is becoming more and more frequent. That is why the objective of this Postgraduate Certificate is to serve as a guide to these experts in their updating of the most effective psychological strategies to handle this type of situations, always thinking of the best for the victim and their environment.





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*If you are looking for a qualification that will enable you to develop specialized knowledge about psychosocial intervention, this Postgraduate Certificate will exceed even your most demanding expectations”*

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## General Objectives

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- Address psychosocial support in emergencies and catastrophes as a priority
- Know in detail the different phases and agents involved in emergency processes, as well as the most effective coordination strategies with them

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*A program that will elevate your knowledge to the highest professional level in the field of emergency psychology”*





## Specific Objectives

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- Learn about the origins of Emergency Psychology
- Study the differences between emergencies, disasters and urgent care situations, and the most common types
- Be aware of the importance of the psychologist in emergencies, and distinguish the different roles involved when an emergency event occurs

# 03

## Structure and Content

For the development of the Postgraduate Certificate in the Importance of Psychosocial Support In Emergencies and Catastrophes, TECH has benefited from the support of a team of experts in this field, who have been in charge of searching and selecting the information included in the syllabus. In addition, they have worked intensively on creating hours of high quality additional material presented in different formats: detailed videos, research articles, supplementary readings, self-awareness exercises and dynamic summaries. Thanks to this, graduates will be able to delve in a personalized way into the aspects they consider most relevant for their professional performance.



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*You will also work on the identification of the agents involved in the emergency, so that you can coordinate perfectly with them when you have to intervene”*

## Module 1. The Importance of Psychosocial Support in Emergencies and Catastrophes

- 1.1. Introduction and History of Emergency Psychology
  - 1.1.1. Introduction to the Concept of Emergency Psychology
  - 1.1.2. How did Emergency Psychology Arise?
  - 1.1.3. Emergency Psychology Today
- 1.2. Urgent Care, Emergencies and Disasters
  - 1.2.1. Differences between the Concepts of Urgent Care, Emergencies and Disasters
  - 1.2.2. Main types of Urgent Care, Emergencies and Disasters
- 1.3. Different Phases and Roles Involved in Emergencies
  - 1.3.1. Emergency Phases
  - 1.3.2. Roles Involved in Emergencies
- 1.4. The Importance of Psychological Support in Emergencies
  - 1.4.1. Introduction to Psychological Support
  - 1.4.2. Psychological Support in Emergency Psychology
  - 1.4.3. The Importance of Psychological Support in Emergencies
- 1.5. Instances of Psychosocial Intervention
  - 1.5.1. Introduction to the Concept of Psychosocial Intervention
  - 1.5.2. Psychosocial Intervention in Psychology
  - 1.5.3. Instances or Stages of Psychosocial Intervention in Emergency Psychology
- 1.6. Objectives and Purposes of Crisis Intervention
  - 1.6.1. Introduction to the Concept of Crisis
  - 1.6.2. Objectives and Purposes of Crisis Intervention
- 1.7. Common Mistakes in Intervention
  - 1.7.1. Main Errors in Emergency Intervention
  - 1.7.2. Psychological Consequences of Erroneous Intervention for those Involved





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*A Postgraduate Certificate that includes hours of high quality additional material so that you can delve in a personalized and dynamic way in the different sections of the syllabus”*

04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

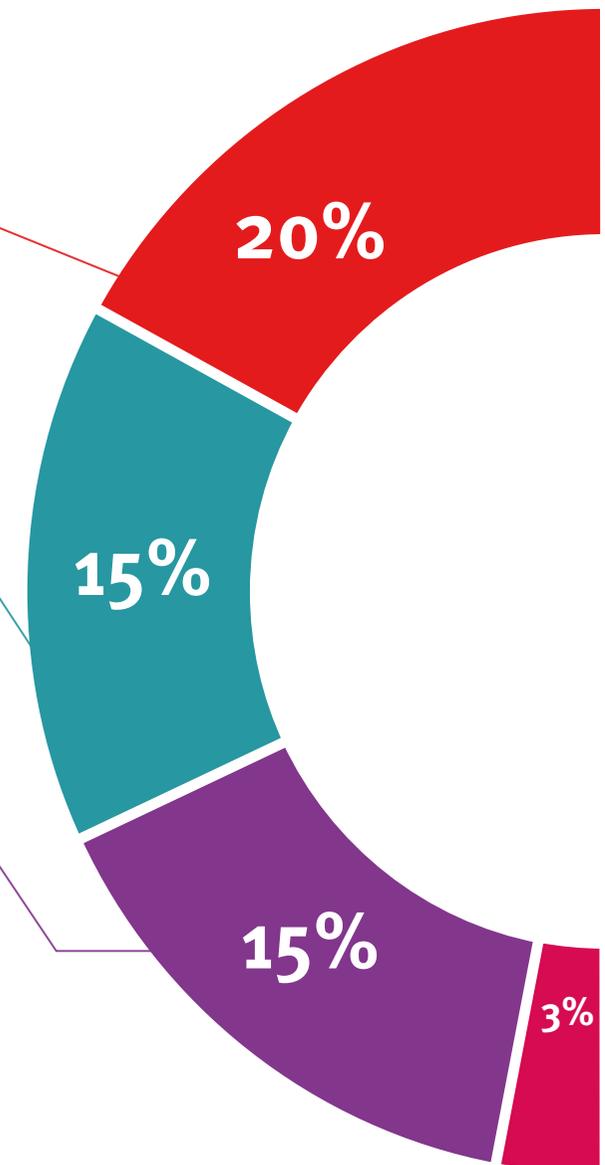
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

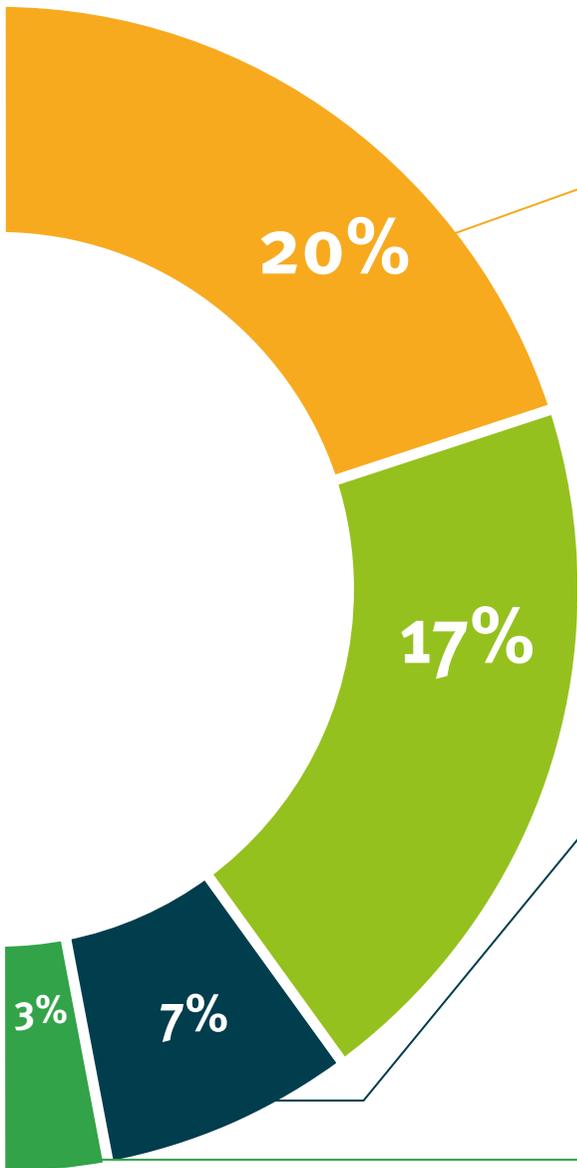
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05

# Certificate

The Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
online training  
development language  
virtual classroom



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- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

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