

Postgraduate Certificate

Functioning of Emotions





Postgraduate Certificate

Functioning of Emotions

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/psychology/postgraduate-certificate/functioning-emotions

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01

Introduction

Understanding how the feelings produced in children with different particularities work is an essential element to be able to manage their emotions appropriately. This fact allows the intervention to be optimized with children who have limited socio-emotional skills due to their level of intellectual development, so mastering this aspect is essential for the psychologist to guarantee the well-being of their patients. Given this context, TECH has designed this Postgraduate Certificate, which will offer students the best strategies to promote emotional health or manage negative thoughts in young people and enhance their professional performance. In addition, you will follow a 100% online methodology that will allow you to combine your excellent learning with your personal and work life.





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Master, with this program, the most avant-garde strategies to help manage negative emotions properly to the youngest"

The management of one's own emotions conditions the life of children from an early age, affecting the way they relate to their environment, their school performance or their mental health. Thus, its incorrect control can negatively affect their academic results or the way they create bonds with people in their family or outside it, something that is a huge setback for both their student and personal development. Therefore, in many cases, having psychological help is essential to channel an appropriate management of emotions, so having high skills in this field is essential to improve the quality of life of children.

For this reason, TECH has created this program, through which psychology professionals will significantly increase their skills in the emotional management of these young patients in order to offer them first class care. Throughout this academic itinerary, they will master the most avant-garde models of Emotional Intelligence development to incorporate them in their work methodology or learn how to carry out a correct evaluation of the capacity to manage the feelings of the child. In the same way, you will adopt the most sophisticated techniques to treat Hyperemotivity and ensure that the child responds to stimuli in a more appropriate way.

Given the 100% online methodology in which this academic program will be developed, students will be able to manage their own time in order to achieve a completely effective learning. Likewise, they will have access to didactic materials available in formats such as, for example, the explanatory video or the interactive summary, thus enjoying a teaching adapted to their student needs.

This **Postgraduate Certificate in Functioning of Emotions** contains the most complete and up-to-date scientific program on the market. The most important features of the include:

- ◆ The development of case studies presented by experts in Psychology and Emotional Intelligence
- ◆ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



Perform an efficient and short term psychological program oriented to treat Hyperemotivity in the school-age child thanks to this Postgraduate Certificate"

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Without leaving your own home and simply with a device with an Internet connection, you will be able to complete this program and be at the forefront of your sector"

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

With this program, you will manage the adaptation of emotional management therapeutics to the particular characteristics of the patient with high intellectual abilities.

Enjoy a program taught by the best psychologists specialized in Emotional Intelligence, who will offer you the most updated knowledge in this field.



02

Objectives

This Postgraduate Certificate has been developed with the intention of providing the psychologist with the necessary tools to expand their knowledge in the area of understanding and managing emotions in the patient who is of school age. In this way, they will adopt the best strategies to interpret the different types of intelligence and make their evaluation to adapt to the feelings of each person, learning supported by the following general and specific objectives.



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Increase your abilities in the management of emotions and intelligence in the child and adolescent patient to enhance your psychological praxis"



General Objectives

- ◆ Update knowledge of emotional intelligence in its different fields of application, in the clinical, educational or labor field, with the aim of improving the quality of the professional's praxis in their daily work
- ◆ Introduce students to the vast world of emotional intelligence , from a practical perspective, so that they learn about the different disciplines covered by emotions in relation to human behavior and its possibilities
- ◆ Know the tools used in the practice of Emotional Intelligence
- ◆ Enable the development of skills and abilities by encouraging continuous preparation and research



Offer the best services to your smallest patients with disparate characteristics through the emotional knowledge you will assimilate in this program"





Specific Objectives

- ◆ Analyze the amygdala and positive emotion
- ◆ Explore the limbic brain
- ◆ Discover what The Papez Circuit is
- ◆ Discover the relationship between intelligence and the life cycle
- ◆ Unravel the information on inherited intelligence
- ◆ Classify the direct assessment of intelligence
- ◆ Determine what the direct assessment of intelligence
- ◆ Identify the Flynn Effect
- ◆ Understand the relationship between the Central Nervous System and emotional intelligence
- ◆ Understand the relationship between childhood and gender in emotional intelligence
- ◆ Know Gardner's proposals
- ◆ Know the Mayer and Salovey model

03

Course Management

In order to offer the highest level of education to all students, this TECH program is directed and taught by experts in psychology, with extensive skills and experience in the management of emotions in children and adolescents. These professionals are responsible for the elaboration of all the didactic resources that the student will have throughout this academic experience. For this reason, all the contents provided will be useful in the working life.





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This program is taught by professionals active in the field of Psychology so that you can acquire the most avant-garde knowledge in the field of understanding emotions"

Management



Dr. De la Serna, Juan Moisés

- ♦ Psychologist and Writer expert in Neurosciences
- ♦ Writer specializing in Psychology and Neurosciences
- ♦ Author of the Open Chair in Psychology and Neurosciences
- ♦ Scientific disseminator
- ♦ PhD in Psychology
- ♦ Degree in Psychology. University of Seville
- ♦ Professional Master's Degree in Neurosciences and Behavioral Biology Pablo de Olavide University, Seville
- ♦ Expert in Teaching Methodology. La Salle University
- ♦ University Specialist in Clinical Hypnosis, Hypnotherapy. National University of Distance Education - UNED
- ♦ Diploma in Social Graduate, Human Resources Management, Personnel Administration. University of Seville
- ♦ Postgraduate Diploma in Project Management, Administration and Business Management. Federation of Services U.G.T
- ♦ Trainer of Trainers. Official College of Psychologists of Andalusia



Ms. Jiménez Romero, Yolanda

- ♦ Pedagogical Advisor and External Educational Collaborator
- ♦ Academic Coordinator at Online University Campus
- ♦ Territorial Director of the Extremeño-Castilla La Mancha Institute of High Abilities
- ♦ Creation of INTEF Educational Contents in the Ministry of Education and Science
- ♦ Degree in Primary Education, English specialization
- ♦ Psychopedagogue by the International University of Valencia
- ♦ Master's Degree in Neuropsychology of High Abilities
- ♦ Professional Master's Degree in Emotional Intelligence Specialist in NLP Practitioner

Professors

Ms. Pellicer Royo, Irene

- ♦ Postgraduate Diploma in Emotional Education at the Jesuitas-Caspe School, Barcelona
- ♦ Master in Medical Sciences Applied to Physical Activity and Sport by the University of Barcelona
- ♦ Professional Master's Degree in Emotional Education and Well-being from the University of Barcelona
- ♦ Degree in Physical Activity and Sport Sciences at the University of Lérida

Ms. Martínez Zarza, Ana María

- ♦ Director of Personal Growth. Ana Zarza Center
- ♦ Collaborating teacher at the Intelligence Center
- ♦ Director of workshops for parents on Emotional Intelligence and Coaching
- ♦ Degree in Psychopedagogy. UNED
- ♦ Postgraduate Diploma in Emotional Intelligence at the UNIR
- ♦ Specialist in Transpersonal Therapy by the European University Miguel de Cervantes
- ♦ Advanced Course in Coaching by the University Rey Juan Carlos

D. Salido Durán, Daniel

- ♦ Transpersonal Therapist
- ♦ Postgraduate Diploma in Emotional Intelligence
- ♦ Professional Master's Degree in Educational Coaching
- ♦ Degree in Philosophy and Educational Sciences from the University of Seville





Mr. Monllor Pérez, Francisco

- ♦ Integrative Therapist and Family Educator
- ♦ Coordinator of the Family Care and Training Centre La Escuela de la Vida (The School of Life)
- ♦ Certified Mentor of the e-FP Project in Vocational Training
- ♦ Professional Master's Degree in Clinical Psychology from the Maimonides University in Buenos Aires
- ♦ Higher Postgraduate Diploma in Emotional Intelligence, Mindfulness and Positive Psychology
- ♦ Diploma in Osteopathy
- ♦ Associate of the Argentinean Society of Stress Medicine

Ms. Rodríguez, Celia

- ♦ Clinical Psychologist at EVEL Center
- ♦ Psychopedagogical Area Manager at Atenea Study Center
- ♦ Pedagogical Advisor at Cuadernos Rubio
- ♦ Editor of Hacer Familia Magazine
- ♦ Editor of Webconsultas Healthcare Medical Team
- ♦ Collaborator at the Eduardo Punset Foundation
- ♦ Degree in Psychology, UNED
- ♦ Degree in Pedagogies from the Complutense University Madrid
- ♦ University Specialist in Cognitive Behavioral Therapy in Childhood and Adolescence by the UNED
- ♦ Specialist in Clinical Psychology and Child Psychotherapy by INUPSI
- ♦ Trained in Emotional Intelligence, Neuropsychology, Dyslexia, ADHD, Positive Emotions and Communication

04

Structure and Content

The syllabus of this Postgraduate Certificate is designed so that the students have access to all the contents that will provide them with the necessary knowledge to broaden their management of emotions, especially oriented towards children. The didactic materials to which you will have access during the duration of this program are available in a variety of formats such as explanatory videos, complementary readings or interactive summaries. With this, and its 100% online methodology, TECH aims to offer teaching adapted to the most effective study method for each student.





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This syllabus, designed by psychology professionals, will increase your competences in the management of emotions”

Module 1. The Emotional Brain

- 1.1. The Emotional Brain
- 1.2. Positive vs. Negative Emotions
- 1.3. Arousal vs. Valence
- 1.4. Emotional Intelligence and the Education of Emotions according to the Mayer and Salovey Model
- 1.5. Other Models of Emotional Intelligence and Emotional Transformation
- 1.6. Social-Emotional Competencies and Creativity by Level of Intelligence
- 1.7. Emotional Coefficient vs. Intelligence
- 1.8. Alexithymia vs. Hyperemotiveness
- 1.9. Emotional Health
- 1.10. The Social Brain





“*Through didactic resources available in supports such as video or interactive summary, you will achieve excellent learning that will increase your professional opportunities in the field of Psychology*”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



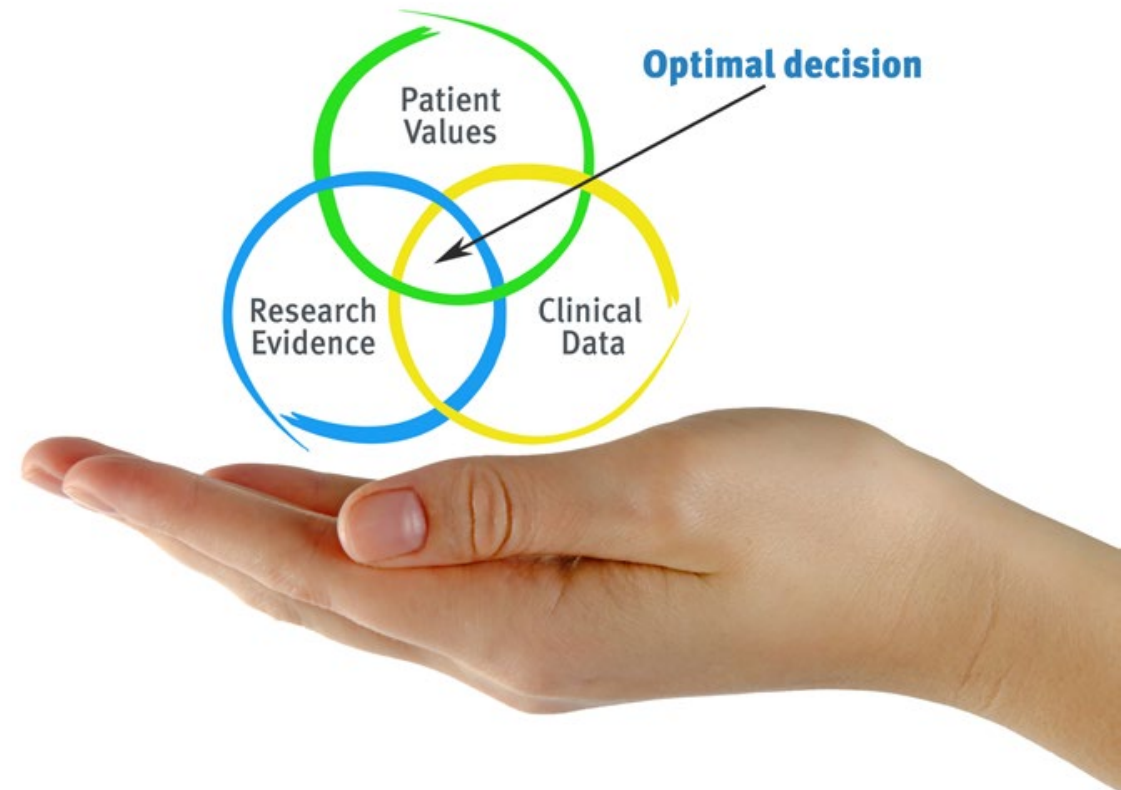
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Functioning of Emotions, guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Certificate in Functioning of Emotions** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Functioning of Emotions**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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