

# Postgraduate Certificate Features and Application of Psycho-Oncology





## Postgraduate Certificate Features and Application of Psycho-Oncology

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/psychology/postgraduate-certificate/features-application-psycho-oncology](http://www.techtute.com/us/psychology/postgraduate-certificate/features-application-psycho-oncology)

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# 01

# Introduction

When a person receives a positive cancer diagnosis, about 180 clinical processes are activated. This becomes very stressful for the patient, who has to face a number of physical, psychological, economic, social, professional and familial changes. Thus, there is a need for professionals who are able to support oncology patients, so that they have someone to rely on all times. The aim of this program is to provide students with the necessary expertise to provide emotional support to patients at all stages of the disease, and also to help healthcare personnel to deal with the emotional burden of their profession.





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*Get to know the role of the psycho-oncologist  
in healthcare and provide a better service  
for patients”*

In recent decades, psychology has started to play a bigger role in cancer care. Clinical oncology units have come to the conclusion that in order to optimize cancer patient care, adequate psychological assistance must be provided. The aim is to provide comprehensive support, which encompasses all areas of the sick person's life.

This Postgraduate Certificate will give students the opportunity to learn about the relationship between psychology and oncology, taking into account the wide-ranging role of the psychologist in public and private health. To this end, we will specify what psycho-oncology is, what its objectives are and the functions that the psycho-oncologist must perform in order to provide emotional support to patients and their families at all stages of the disease.

The student will also learn about the psychological, behavioral and social factors that influence cancer morbidity and mortality, referred to as the biopsychological approach. Furthermore, they will gain an understanding of their active role in health promotion and education as an effective means of preventing many types of cancer or contributing to early detection, which significantly increases the chances of cure or control of the disease.

At the end of the program, students will be able to apply the appropriate techniques for the care of patients, making it an excellent opportunity to prepare for work in a private practice or directly in the oncology department of a hospital.

This **Postgraduate Certificate in Features and Application of Psycho-Oncology** contains the most complete and up-to-date program on the market. Its most notable features are:

- ♦ Practical cases presented by experts in Psycho-Oncology
- ♦ Graphic, schematic, and practical contents which provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ A special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Help patients cope with the difficult prospect of a cancer diagnosis by understanding their psychosocial situation”*

“

*The role of the psycho-oncologist is very new in public and private healthcare. Helps to facilitate its entry into the sector”*

The teaching staff for the program comprises psycho-oncology professionals who bring their professional experience to this program, in addition to renowned specialists from prestigious societies and universities.

Multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e., a simulated environment that will provide immersive learning designed to prepare them for real situations.

The design of this program focuses on Problem-Based Learning, through which professionals must try to solve the different professional practice situations that are presented to them throughout the academic program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Support healthcare workers and help them cope with the emotional burden of their profession.*

*As a psycho-oncologist, it will be your job to raise awareness about early detection of the disease.*



# 02

# Objectives

This Postgraduate Certificate is designed to provide students with the professional development they need to help oncology patients. As they work in a clinic or hospital, they will be able to confront the cancer myths, beliefs and pseudotherapies that exist, backed by the expertise they have built up in this area. All this will allow them to effectively address the psychosocial situation of cancer patients.





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*Know the risk factors relating to cancer diagnosis and help patients to create strategies to manage them”*



## General Objectives

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- ♦ Gain in-depth knowledge of the area of study and development of the profession
- ♦ Know the application of psychology in the nursing care for cancer
- ♦ Define the functions of a psycho-oncology unit and the role of the psycho-oncologist in the health care setting



*Cancer patients need you to cope with the confusing times of illness"*





## Specific Objectives

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- ♦ Provide the necessary clinical knowledge of oncological disorders, epidemiology, etiology, risk factors, processes and diagnostic tests
- ♦ Design and deliver training and oversee health promotion, cancer prevention and early detection campaigns
- ♦ Be able to defend an argument relating to the area of study and the profession in general
- ♦ Identify the social needs of people with cancer and their families
- ♦ Analyze the influence of the perceived social support in cancer

03

# Course Management

This Postgraduate Certificate is delivered by a select group of professionals specialized in psychology, psycho-oncology and medicine, thus forming a multidisciplinary team qualified to provide the best education for students. Thanks to their many years of experience, they form an excellent team, capable of providing the best tools for the development of the program. As a result, students will be able to enhance their skills in order to provide better patient care.





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*You are guaranteed the support and supervision of a group of professionals with extensive experience in the sector”*

## Management



### Mr. Garrido Jiménez, Sergio

- ♦ Provincial Coordinator of the Section of Psycho-Oncology and Palliative Care of (Ilustre Colegio Oficial de Psicólogos de Andalucía Oriental-COPA) in Jaén
- ♦ General Health Psychologist for the Junta de Andalucía. NICA 43384
- ♦ Expert Psychologist in Psycho-oncology and Psychology in Palliative Care (General Council of Psychology of Spain - CGCOP)
- ♦ Member of the Management Headquarters of the Association of Psychological Health Centers (ACESAP) of the UJA
- ♦ Member of the Ethics Committee for Research with Medicines of the Province of Jaén (CEIM) and of the Research Ethics Committee of Jaén (CEI)
- ♦ Member of the Spanish Society of Psycho-Oncology (SEPO)
- ♦ Degree in Psychology. University of Jaen (UJA)
- ♦ Master's Degree in Psycho-Oncology Complutense University of Madrid (UCM)



# 04

## Structure and Content

The syllabus of this Postgraduate Certificate has been designed to meet the requirements of the health sector. The aim is to establish the role of the psycho-oncologist within hospitals and make students aware of the risk factors for patients and the diagnostic tests that are applied to detect symptoms of depression or stress. They will also be able to design and implement programs that promote health and early detection of cancer. All this will enhance the work of the Psychologist, who will be able collaborate with a multidisciplinary team in a hospital.



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*The application of psychology in oncology is increasing. This will help to establish the role of the psychologist in this field"*

## Module 1. Characterization and Fields of Application of Psycho-Oncology

- 1.1. Cancer and Its Impact on Current Society
  - 1.1.1. Cultural Variability
  - 1.1.2. Incidence, Prevalence and Mortality
- 1.2. Myths, Beliefs and Pseudotherapies Related to Cancer
- 1.3. Medical Care for Cancer Patients
  - 1.3.1. Early Detection of Cancer
  - 1.3.2. Surgery and Treatment
- 1.4. Risk Factors and Cancer
  - 1.4.1. Psychoneuroimmunology
  - 1.4.2. Stress, Coping Styles and Personality Variables
- 1.5. Cancer Prevention
  - 1.5.1. Primary and Secondary Prevention
  - 1.5.2. Health Education and Healthy Lifestyle Habits
- 1.6. Functions of the Psycho-Oncologist: Their Role Within the Hospital Environment
- 1.7. Teaching, Training, Specialization and Accreditation in Psycho-Oncology
- 1.8. Objectives and Areas of Psychological Intervention for Cancer Patients and their Families
- 1.9. Other Disciplines Related to Psycho-Oncology
  - 1.9.1. Psychology as an Intersection Between Oncology and Health Psychology
- 1.10. Approach to the Social Needs of the Cancer Patient
  - 1.10.1. Economic and Occupational Impact. Job Reintegration
  - 1.10.2. Social Support and Cancer





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*Learn about the key psycho-oncology concepts to address the social problems of cancer patients”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Features and Application of Psycho-Oncology guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.





*Successfully complete this program and receive your Postgraduate Certificate without having to travel or fill out laborious paperwork"*

This program will allow you to obtain your **Postgraduate Certificate in Features and Application of Psycho-Oncology** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Features and Application of Psycho-Oncology**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

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