

# Postgraduate Certificate Family, Community and Human Development



## Postgraduate Certificate

### Family, Community and Human Development

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/in/psychology/postgraduate-certificate/family-community-human-development](http://www.techtitute.com/in/psychology/postgraduate-certificate/family-community-human-development)

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# 01

# Introduction

The psychologist's work is one of the most interesting tools for the promotion of health in diverse environments, from the point of view of mental and emotional balance. This program focuses on family and community contexts, with a high intensity journey through the most innovative knowledge and strategies in this sector. A high quality boost for the psychology professionals.







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*Learn to work in the promotion of psychological well-being, in family and community contexts, with the best online training in the educational market”*

This Postgraduate Certificate provides extensive knowledge in advanced models and techniques in Family, Community and Human Development. For this, you will have a teaching faculty that stands out for its extensive professional experience in the different fields in which psychology has developed and in different sectors of the population.

Throughout this program, you will learn the current and newest approaches on this topic. You will learn the theoretical and therapeutic models in working with families, how to intervene in family contexts, as well as how to implement the characteristics and fundamental aspects of the psychological interview in the daily practice of your profession.

We will not only take you through the theoretical knowledge we offer, but we will introduce you to another way of studying and learning, one which is simpler, more organic and more efficient. We will work to keep you motivated and to develop your passion for learning, helping you to analyze and to develop critical thinking skills.

A high-level step that will become a process of improvement, not only on a professional level, but also on a personal level.

This **Postgraduate Certificate in Family, Community and Human Development** contains the most complete and up-to-date program on the market. The most important features include:

- ◆ The development of practical 100 cases presented by experts in Family, Community and Human Development
- ◆ The graphic, schematic, and practical contents provide students with scientific and practical information on the disciplines that are essential for Psychologist
- ◆ New developments and innovations in the different areas of psychology
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Algorithm-based interactive learning system for decision-making in the situations that are presented to the student
- ◆ Special emphasis on cutting-edge methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*An educational program created for professionals who aspire for excellence, and that will enable you to acquire new skills and strategies easily and effectively"*

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*Study formulas designed to accompany you in your growth without discouraging or discouraging you, in an interesting and effective Postgraduate Certificate"*

It includes a very broad teaching staff of professionals belonging to the field of psychology, who pour into this program the experience of their work, in addition to recognized specialists of reference societies and prestigious universities

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive program designed to learn in real situations.

This program is designed around Problem-Based Learning, where the student must try to solve the different professional practice situations that arise during the course. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced research experts.

*Increase your confidence as a psychologist, updating your knowledge through this Postgraduate Certificate.*

*This Certificate marks the difference between a professional with a lot of knowledge, and a professional who knows how to apply it in their daily practice.*

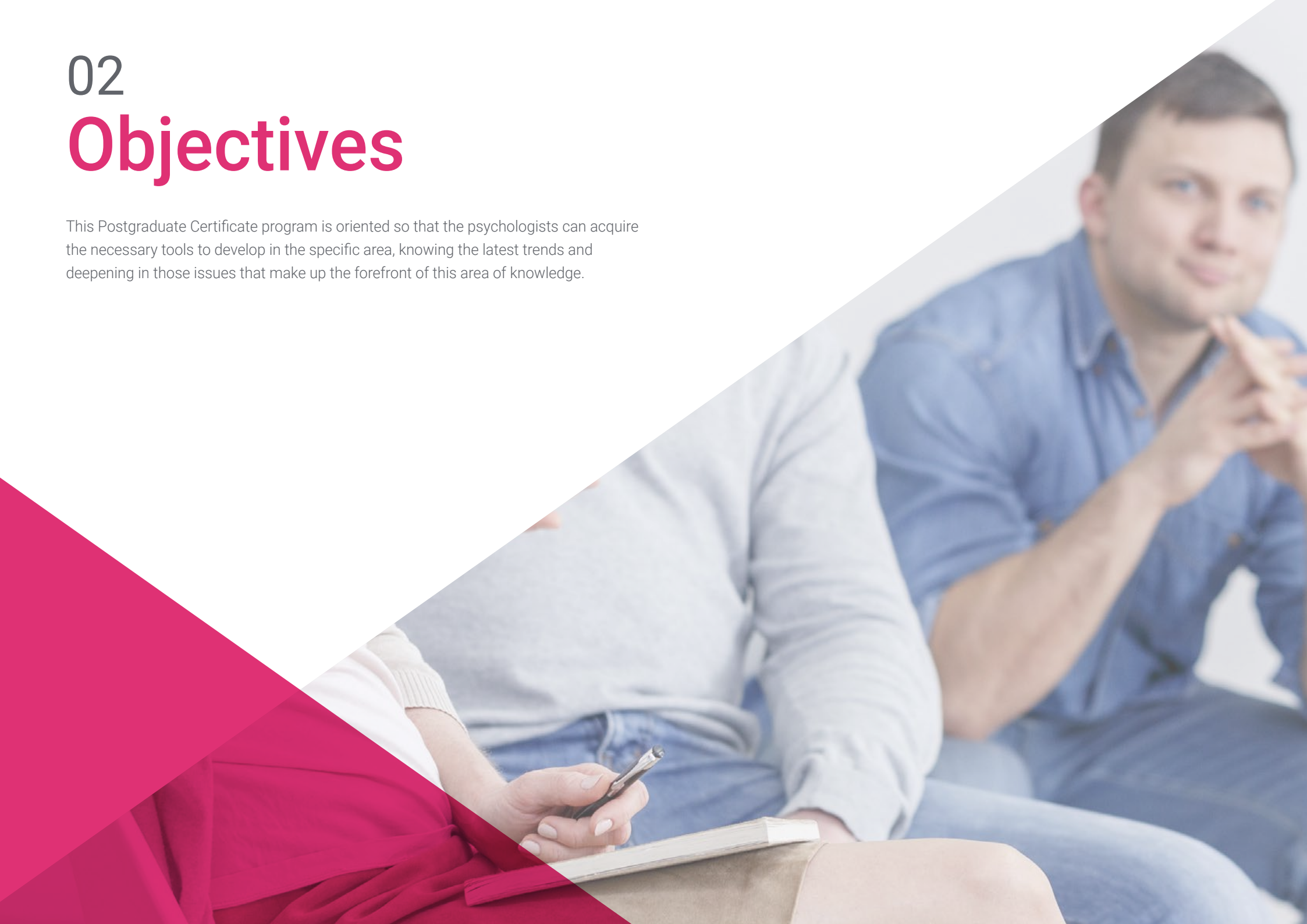




# 02

# Objectives

This Postgraduate Certificate program is oriented so that the psychologists can acquire the necessary tools to develop in the specific area, knowing the latest trends and deepening in those issues that make up the forefront of this area of knowledge.





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*If your goal is to improve in your profession and acquire a qualification that will enable you to compete with the best, then look no further. This program will give your career the boost it needs"*



## General Objective

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- ♦ The main objective of this program is to train qualified professionals for the practice of psychology in Family, Community and Human Development, who can develop their capacity with the solvency of a wide and updated theoretical and practical knowledge support

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*High impact objectives in professional growth, to really boost our students”*





## Specific Objectives

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- ◆ Understand human behavior, it is essential to know how values, attitudes and behavioral patterns are constructed based on the characteristics of the contexts in which human beings grow up and are educated
- ◆ Obtain an overview of the way in which human development is shaped by the relationship with its socialization contexts, focusing on the so-called ecological model of development
- ◆ Study in detail their modes of influence on the cognitive and socio-emotional development of the person, and to particularize these aspects in the different stages of the evolutionary cycle (childhood, adolescence, adulthood and old age)
- ◆ Know some of the problems that arise within the family, such as child abuse and violence against women
- ◆ Understand the basic aspects of the community as a socialization environment, and detail aspects such as community feeling



03

# Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.



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*Learn about the latest advances in  
Psychopedagogy from leading professionals”*

## Guest Director



### Ms. Peña Granger, Mercedes

- ♦ Diploma in Nursing, Complutense University of Madrid 1985
- ♦ Diploma in Psychosomatic Nursing U. Complutense de Madrid 1991
- ♦ Degree in Social and Cultural Anthropology U. Complutense de Madrid 1999
- ♦ Degree in Nursing U. Rey Juan Carlos 2010
- ♦ Specialist in Mental Health, Ministry of Health 2010
- ♦ Head of Adult Psychiatric Nursing Unit at HGUGM since 2009
- ♦ Tutor of EIR Mental Health in Multidisciplinary Teaching Unit in HGUGM since 2011
- ♦ Associate Professor at Comillas University since 2013
- ♦ Associate Professor at the Universidad Rey Juan Carlos in the subject of Mental Health since 2015
- ♦ Member of the HGUGM Nursing Research Group



## Guest Professors

### Ms. Cunillera Llorente, Alicia Hatshepsut

- ◆ 2009-2013 Degree in Nursing with Extraordinary End of Degree Award
- ◆ San Juan de Dios University School of Nursing and Physiotherapy
- ◆ (Comillas Pontifical University)
- ◆ Psychiatric Hospitalization Unit (PHU) Eating Disorders Unit (EDU) G.U.H Gregorio Marañón
- ◆ Personality Disorders Unit. Dr. Rodríguez Lafora Hospital
- ◆ Personality Disorders Unit and Hospital Treatment and Rehabilitation Unit. San Miguel Clinic (Hermanas Hospitalarias)
- ◆ Psychiatric Hospitalization Unit (PHU) - Adolescent Psychiatry Unit (Hospitalization - UADO) U.G.H Gregorio Marañón

### Ms. González Melado, Eva

- ◆ Specialty in Mental Health Nursing at the Gregorio Marañón Hospital
- ◆ Diploma in Nursing from the Autonomous University of Madrid. (Red Cross School)
- ◆ Diploma in Human Nutrition and Dietetics from the Autonomous University of Madrid
- ◆ Severo Ochoa University Hospital. Mental health nurse specialist in UHB
- ◆ Gregorio Marañón General University Hospital. Hospitalization UHB, UADO, psychiatry interconsultation and psychiatry emergency
- ◆ Intercenters Residential Ballesol Pozuelo. Residential Center Nurse
- ◆ La Paz University Hospital. General Surgery Unit (Inpatient), Nephrology Unit (Inpatient, Acute-Hemodialysis Unit, CAPD and Renal Transplant)

### Ms. Nuño García, María

- ◆ Specialist Nurse in Mental Health. EIR training carried out at the HGU Teaching
- ◆ Teaching Unit of the HGU. Gregorio Marañón Issued by the Ministry of Health
- ◆ Master's Degree in Hemodialysis for Nursing, Complutense University of Madrid
- ◆ Degree in Nursing issued from the University of Alcalá
- ◆ Nurse specialist in Mental Health in the emergency department and infant-juvenile liaison nurse at the Gregorio Marañón University Hospital
- ◆ Nurse specialist in Mental Health in the brief hospitalization unit (UHB) of adult psychiatry at the 12 de Octubre University Hospital
- ◆ Nurse specialist in Mental Health in the Medium Stay Unit (UME) for adolescents with severe mental disorders in the Community of Madrid, in the company Casta Guadarrama
- ◆ Nurse Resident Intern (NRI) in Mental Health

### Ms. García García, Paula

- ◆ 2019 Master's Degree in General Health Psychology Nebrija University
- ◆ 2017 Master Expert in Animal Assisted Interventions (AAI) University of Jaén
- ◆ 2016 Degree in Medicine from the Complutense University of Madrid
- ◆ Own private clinic General Health Psychologist
- ◆ Gregorio Marañón Hospital, Recruiter for the COVID-19 genetic research project
- ◆ Perros Azules Association. General Health Psychologist Expert in AAI
- ◆ Animal Sense 2018-2019
- ◆ General Health Psychologist Expert in AAI and Canine Guide

03

# Structure and Content

The structure of the contents has been designed by a team of professionals in Family, Community and Human Development, aware of the relevance of current training in order to deepen the area of knowledge and make publications of academic quality.



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*This Postgraduate Certificate in Family, Community and Human Development contains the most complete and up-to-date scientific program on the market"*



## Module 1. Family, Community and Human Development

- 1.1. The Person and Social Context
  - 1.1.1. Introduction
  - 1.1.2. Social Systems: Structures and Processes
  - 1.1.3. The Ecological Model of Human Development
- 1.2. The Family: Concept, Types and Functions
  - 1.2.1. Introduction
  - 1.2.2. Origin and Universality of the Family
  - 1.2.3. Family Diversity and Change
  - 1.2.4. Family Functions
- 1.3. Family as a System
  - 1.3.1. Introduction
  - 1.3.2. Ecological-systemic Analysis of the Family
  - 1.3.3. Dimensions for Analyzing the Family from a Developmental-Educational Perspective
  - 1.3.4. Evolutionary Changes in the Family
- 1.4. The Influence of the Family on Psychological Development (1): Childhood and Adolescence
  - 1.4.1. Theoretical Framework for Understanding the Influence of the Family on Development
  - 1.4.2. Family Context and Psychological Development During Childhood and Adolescence
  - 1.4.3. The Family Context Optimizes and Enhances Psychological Development
- 1.5. The Influence of the Family on Psychological Development (2): Adulthood and Old Age
  - 1.5.1. The Family Context of Adults
  - 1.5.2. A Couple's Relationship in Adulthood and Old Age
  - 1.5.3. Relationships Between Older Parents and Adult Children
  - 1.5.4. Grandparenting
  - 1.5.5. Interventions to Improve the Family Context in Adulthood and Old Age
- 1.6. Disturbances in Family Relationships (1): Abuse in Childhood
  - 1.6.1. The Concept of Child Abuse
  - 1.6.2. Child Abuse Figures
  - 1.6.3. Etiology of Child Abuse
  - 1.6.4. Child Abuse Intervention
- 1.7. Disturbances in Family Relationships (2): Violence Against Women in the Family Context
  - 1.7.1. Violence Against Women: Definition and Types
  - 1.7.2. Intimate-Partner Violence Against Women: Statistics, Etiology, and Consequences
  - 1.7.3. Intervention and Prevention



- 1.8. Disturbances in Family Relationships (3): Delinquent Behavior in Adolescence
  - 1.8.1. Brief Overview of Delinquent Behavior and High-risk Behaviors in Youths and Adolescents
  - 1.8.2. Explanatory Models
  - 1.8.3. Risk Factors
- 1.9. The Community from a Psychosocial Perspective: Community Psychology
  - 1.9.1. Introduction
  - 1.9.2. Differences Between Community Psychology and Clinical and Medical models
  - 1.9.3. Visions of Community Psychology and North-South Differences
  - 1.9.4. The Concept and Basic Characteristics of Community Psychology
- 1.10. Concept and Sense of Community
  - 1.10.1. The Community and Sense of Community
  - 1.10.2. Components and Evaluation of the Sense of Community
  - 1.10.3. The Modern Community: City and Neighborhoods
  - 1.10.4. Social Support: Conceptual Analysis
  - 1.10.5. Social Support, Health and Well-being



*Our curriculum has been designed with teaching effectiveness in mind: so that you learn faster, more efficiently, and on a more permanent basis"*

04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*



## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*









This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then adapted in audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high-quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically assess and re-assess students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.



05

# Certificate

The Postgraduate Certificate in Family, Community and Human Development guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*



This **Postgraduate Certificate in Family, Community and Human Development** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Family, Community and Human Development**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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