

# Postgraduate Certificate

## Erotic Difficulties





## Postgraduate Certificate

### Erotic Difficulties

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/psychology/postgraduate-certificate/erotic-difficulties](http://www.techtitute.com/us/psychology/postgraduate-certificate/erotic-difficulties)

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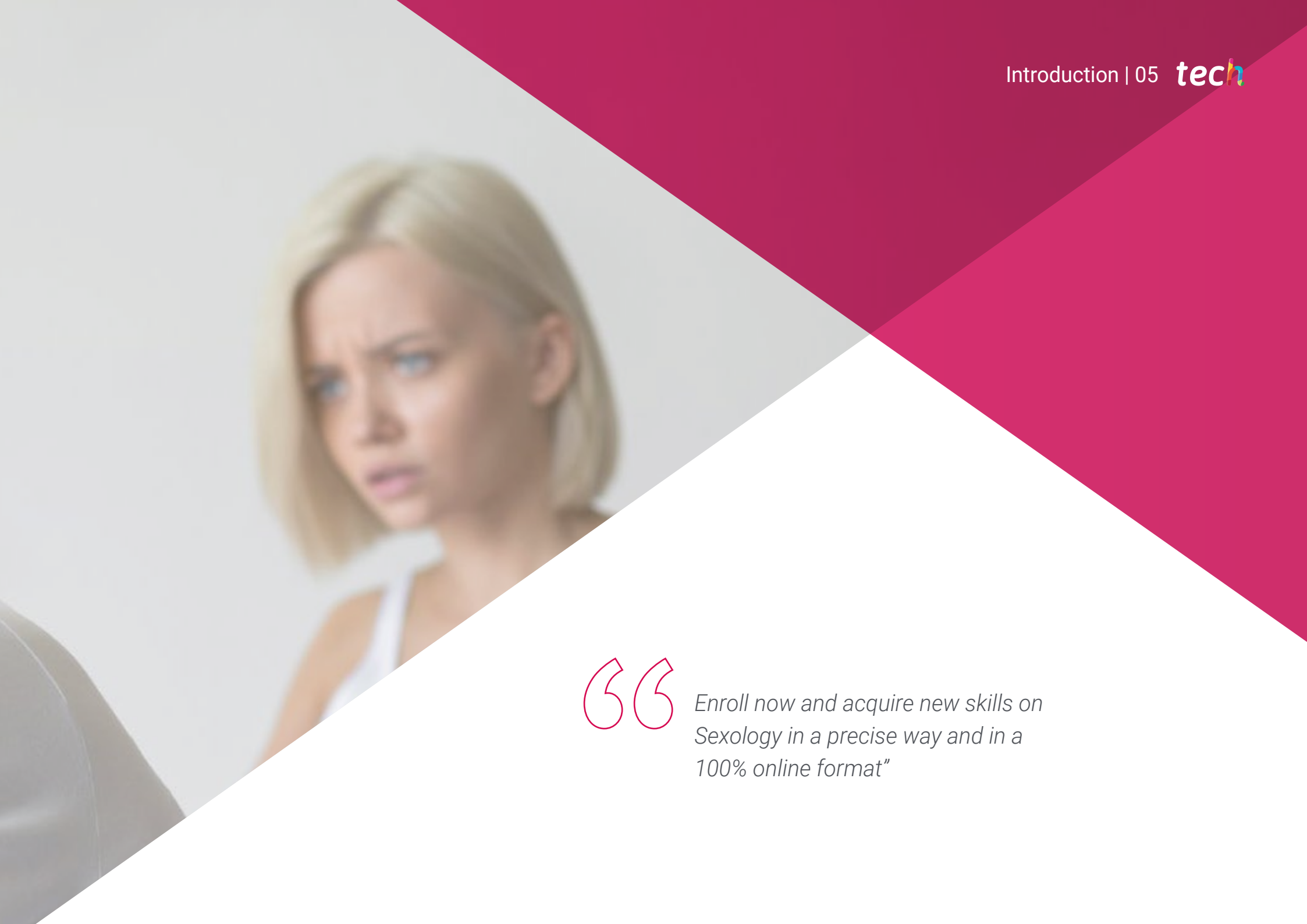
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# 01

# Introduction

Erotic difficulties can affect the relationship with the partner, who becomes embarrassed or uncomfortable talking about these problems, leading to miscommunication and decreased intimacy. It is therefore important to seek professional help and advice to address these difficulties effectively and strengthen relationships. For this reason, TECH has designed a program that allows students to enhance their knowledge about aspects such as Human Sexual Response, Difficulties of Desire, Pain or Excitement, among others. All this, thanks to a 100% online format and with the most dynamic and practical multimedia materials on the market.





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*Enroll now and acquire new skills on Sexology in a precise way and in a 100% online format”*

Erotic difficulties are problems that can affect a person's sexual and emotional life and may include lack of sexual desire, problems achieving arousal or orgasm, pain during intercourse and other sexual disorders. It is important to address these difficulties in a timely manner, as they can negatively affect a person's mental and emotional health, as well as their ability to enjoy intimacy and interpersonal relationships.

For this reason, TECH has designed a Postgraduate Certificate in Erotic Difficulties with which it seeks to provide students with the necessary skills to be able to exercise their work as specialists, with the maximum possible efficiency. Therefore, throughout this program, aspects such as Difficulty in Reaching Orgasm, Maintaining Erection or Ejaculatory Control will be addressed.

All this, through a comfortable 100% online format that allows the student to organize their schedules and their studies, combining them with their other work. In addition, this program has the most complete theoretical and practical materials on the market, which facilitates the student's study process and allows them to achieve their goals quickly and efficiently.

This **Postgraduate Certificate in Erotic Difficulties** contains the most complete and up-to-date program on the market. The most important features include:

- The development of practical cases presented by experts in Erotic Difficulties
- The graphic, schematic and eminently practical contents with which it is conceived provide specialized and practical information on those disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- Content that is accessible from any fixed or portable device with an Internet connection

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*Become an expert in Erotic Difficulties in 6 weeks and with total freedom of schedules”*

“

*Access all the content on Erotic Difficulties from any device with Internet connection”*

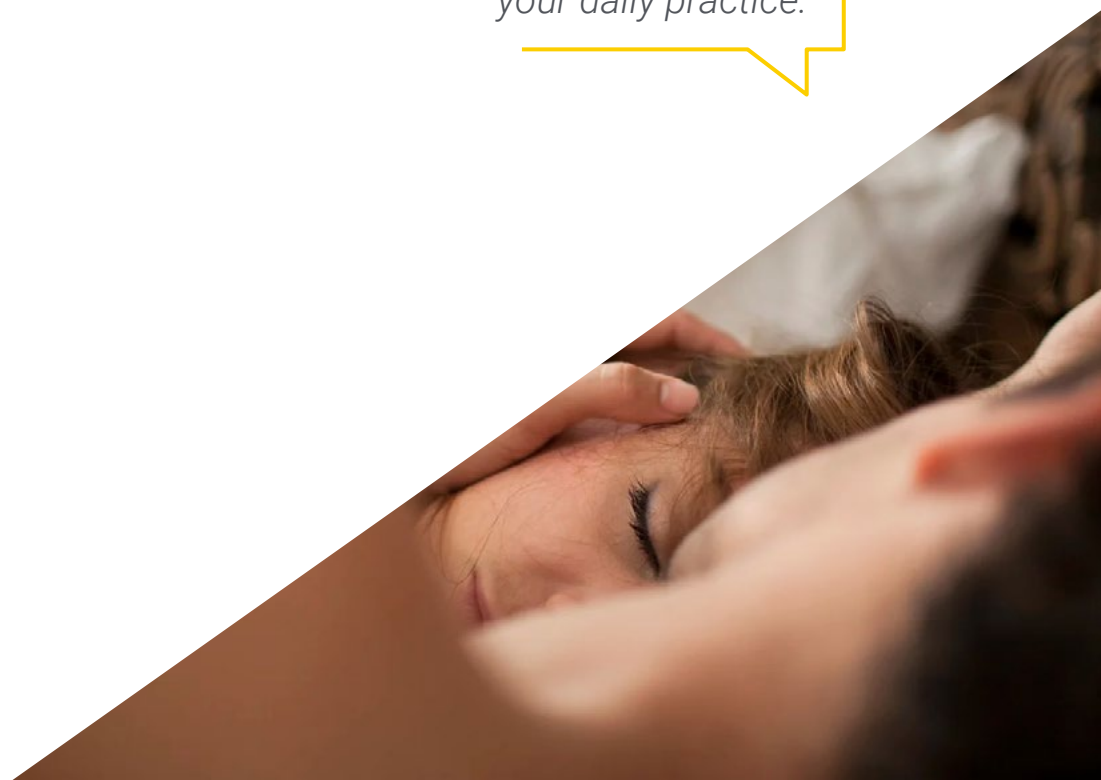
*Maximize your professional profile in one of the most promising areas in the field of psychology.*

*Take the opportunity to learn about the latest advances in this field to apply it to your daily practice.*

The program includes in its teaching staff professionals from the sector who bring to this program the experience of their work, as well as recognized specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. This will be done with the help of an innovative system of interactive videos made by renowned experts.





# 02

# Objectives

The final objective of this Postgraduate Certificate in Erotic Difficulties is that the student acquires a precise up-to-date knowledge in this area. An up-to-date education that will allow the student to work with the highest possible quality and efficiency. All this, thanks to TECH and a 100% online format that gives total freedom of organization and schedules to the student.





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*Delve into aspects such as Fibromyalgia or Skin Conditions, from the tranquility of your home and without the need to travel of any kind”*



## General Objectives

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- ♦ Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the initiation and development of relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the practice of their profession
- ♦ Gain an in-depth knowledge of the deontology of sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would undermine the therapeutic work
- ♦ Carry out research programs in sexuality





### Specific Objectives

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- ♦ Understand the human sexual response through the different explanatory models
- ♦ Learn how to deal with the different erotic difficulties that may occur
- ♦ Know how to discriminate when there are other causes behind them
- ♦ Understand the importance of interdisciplinary work



*Achieve your most demanding goals thanks to a unique and complete program with the most comprehensive theoretical and practical materials in the current academic market”*

03

# Course Management

In its constant search to provide a high quality and useful qualification, TECH has selected the best professionals specialized in Sexology as part of this teaching staff. Therefore, the student will learn from the best the keys to their professional development in a field that adapts to new technologies and the latest market trends.







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*The most prestigious management and teaching team will provide you with up-to-date knowledge on Erotic Difficulties and Medical Conditions, preparing you to face the most demanding challenges in this area”*

## Management



### Ms. Ramos Escamilla, María

- ♦ Sexologist and Couple Therapist
- ♦ Director of Destino Kink
- ♦ Degree in Psychology from the Complutense University of Madrid
- ♦ Master in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

## Professors

### Ms. Figueredo García, Marien

- ♦ Sexologist and Individual and Couple Sex Coach
- ♦ CEO at SEXNATUR Parapharmacy
- ♦ Expert in Techniques and Resources applied to the reduction of emotional discomfort in the sexual response

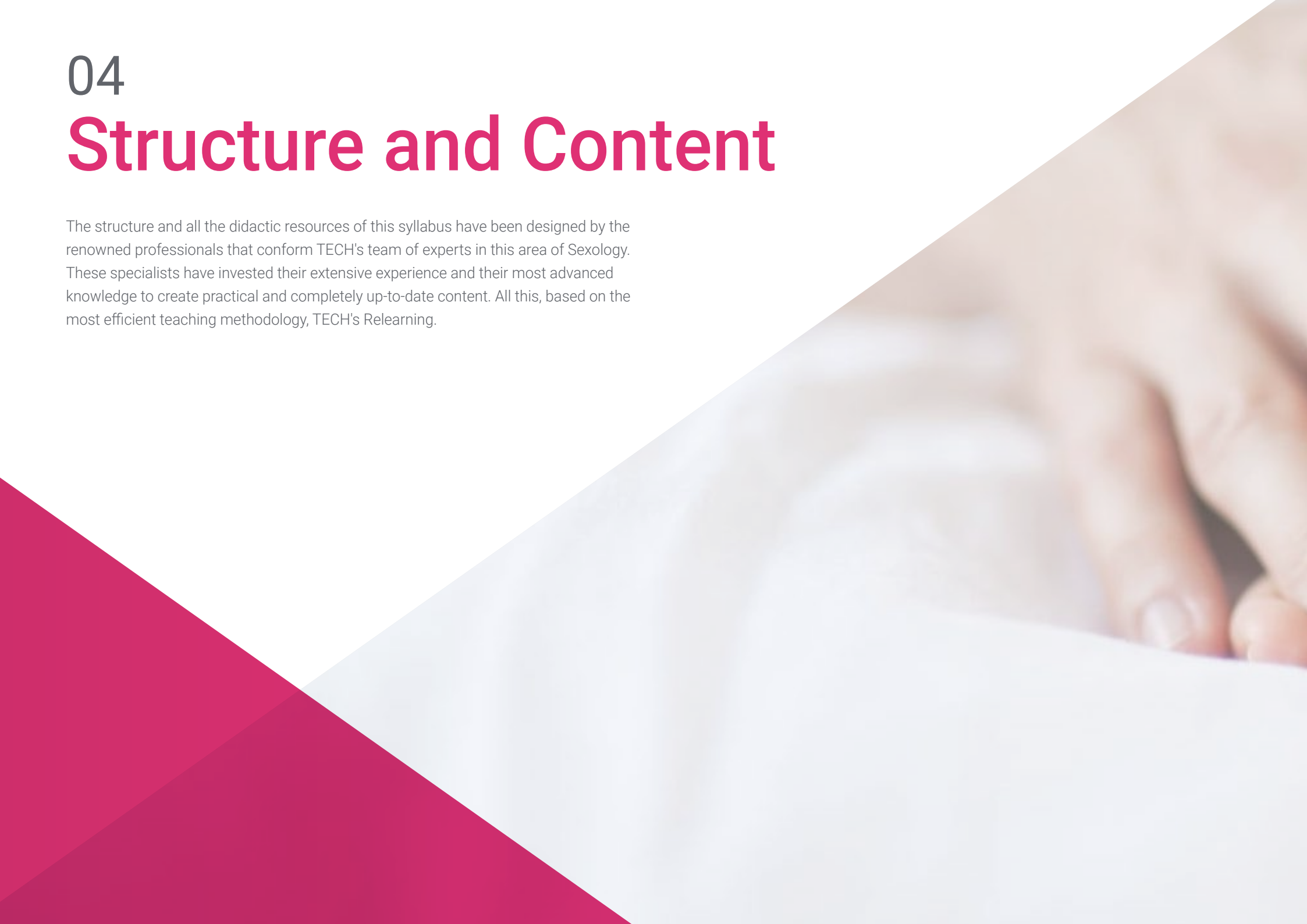




# 04

## Structure and Content

The structure and all the didactic resources of this syllabus have been designed by the renowned professionals that conform TECH's team of experts in this area of Sexology. These specialists have invested their extensive experience and their most advanced knowledge to create practical and completely up-to-date content. All this, based on the most efficient teaching methodology, TECH's Relearning.



A close-up photograph of two hands, one larger and one smaller, gently holding a white, rectangular object. The hands are positioned in the upper left quadrant of the page, with the fingers of the larger hand resting on top of the smaller hand. The background is a soft, out-of-focus light color. The overall image is partially obscured by a large, diagonal graphic element that splits the page into a white lower-left section and a magenta upper-right section.

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*Expand your knowledge of Sexology, thanks to the most innovative teaching materials and a wide variety of additional content available on the Virtual Campus”*

## Module 1. Erotic Difficulties

- 1.1. Human Sexual Response
  - 1.1.1. Explanatory Models
  - 1.1.2. Desire
  - 1.1.3. Arousal
  - 1.1.4. Orgasm
  - 1.1.5. Resolution
- 1.2. Desire Difficulties
  - 1.2.1. Definition
  - 1.2.2. Etiology
  - 1.2.3. Intervention Proposal
- 1.3. Arousal Difficulty
  - 1.3.1. Definition
  - 1.3.2. Etiology
  - 1.3.3. Intervention Proposal
- 1.4. Difficulty in Maintaining Erection
  - 1.4.1. Definition
  - 1.4.2. Etiology
  - 1.4.3. Intervention Proposal
- 1.5. Difficulty in Ejaculatory Control
  - 1.5.1. Definition
  - 1.5.2. Etiology
  - 1.5.3. Intervention Proposal





- 1.6. Difficulty Reaching Orgasm
  - 1.6.1. Definition
  - 1.6.2. Etiology
  - 1.6.3. Intervention Proposal
- 1.7. Difficulties Related to Pain
  - 1.7.1. Definition
  - 1.7.2. Etiology
  - 1.7.3. Intervention Proposal
- 1.8. Inability to Penetrate
  - 1.8.1. Definition
  - 1.8.2. Etiology
  - 1.8.3. Intervention Proposal
- 1.9. Difficulties Related to Some Medical Conditions
  - 1.9.1. Endometriosis and Adenomyosis
  - 1.9.2. Fibromyalgia
  - 1.9.3. Diabetes
  - 1.9.4. Cancer Treatments
  - 1.9.5. Hemorrhoids
  - 1.9.6. Skin Disorders
  - 1.9.7. Surgeries
- 1.10. Interdisciplinary Intervention in Sexology
  - 1.10.1. Multidisciplinary Work vs. Interdisciplinary
  - 1.10.2. Importance of Interdisciplinary Work
  - 1.10.3. Related Professionals



*Thanks to TECH Relearning, you will be able to acquire new knowledge without spending too much time studying"*



05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: ***Relearning.***

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





06

# Certificate

The Postgraduate Certificate in Erotic Difficulties guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



The image features two graduation caps against a blue sky with light clouds. One cap is in the foreground, tilted upwards, and another is behind it, also tilted upwards. The caps are black with a maroon top. The background is a bright blue sky with soft, white clouds. The image is partially overlaid by a large, diagonal white shape that extends from the bottom left towards the top right, and a magenta shape that covers the top right corner.

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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*



This **This Postgraduate Certificate in Erotic Difficulties** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Erotic Difficulties**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development languages  
virtual classroom



## Postgraduate Certificate Erotic Difficulties

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

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## Erotic Difficulties

