

# Postgraduate Certificate

## Equality and Gender Perspective



## Postgraduate Certificate Equality and Gender Perspective

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/in/psychology/postgraduate-certificate/equality-gender-perspective](http://www.techtitute.com/in/psychology/postgraduate-certificate/equality-gender-perspective)

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# 01

# Introduction

Currently, it is a priority for society to address issues related to equality and gender perspective in order to understand and address the various forms of discrimination present in society. For this reason, the program is offered as a highly important qualification for professionals interested in delving deeper into this topic. They will also be able to delve into complete topics on the differences between boys and girls at the social level, wage gaps, among others. In addition, it has an innovative pedagogical methodology called Relearning, which favors the acquisition of knowledge through practice. The program is 100% online and has the flexibility for students to organize their academic resources according to their needs and availability.



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*Enroll now to learn about the reality in the field of action in equality and gender perspective from experienced professionals”*

Nowadays, equality and gender perspective have become an increasingly relevant issue in society. Inequality persists in many areas, including the labor, educational, political and social spheres. Therefore, there is a growing need for education in this field to ensure inclusion and equity in all aspects of life.

The Postgraduate Certificate in Equality and Gender Perspective is an opportunity to acquire knowledge and skills in this field. This program aims to provide comprehensive topics on the social views that revolve around sex. All this from a theoretical and practical vision for professionals in psychology. In this way, they will be able to access endless job opportunities that will expand their work horizon.

Students will have flexibility in the organization of academic resources, allowing them to adapt each subject to their pace and schedule, which facilitates the reconciliation with other activities. In addition, they will have the opportunity to receive the extensive academic background of experienced tutors in the field, who will provide them with a practical and realistic vision of the area of work in question.

This Postgraduate Certificate is 100% online and is based on the Relearning pedagogical methodology, which promotes interactive and collaborative learning. In addition, students will have access to a wide variety of academic resources, including didactic material, readings and case studies.

This **Postgraduate Certificate in Equality and Gender Perspective** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Equality and Gender Perspectives
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Access and learn how to apply the gender perspective in your daily life and propose solutions to the different social biases”*

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*Discover the multimedia and multichannel resources that TECH offers you to learn in a dynamic and entertaining way”*

*Do you want to stand out in your professional career? Access TECH and expand your career horizons.*

*Learn from leading teachers in the field, with extensive experience in education on gender inequalities.*

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.



# 02

# Objectives

The Postgraduate Certificate in Equality and Gender Perspective offered by TECH provides psychology professionals with advanced and rigorous content in sexology. All this with innovative pedagogical resources that allow addressing the over-medicalization of women and how to work on gender bias, among others. The highly qualified teaching team guides the student towards success in their career, allowing them to become a specialist in this field. For this reason, TECH has established a series of general and specific objectives for the satisfaction of future graduates, as follows.





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*Do you want to learn how to promote gender equality in education? This Postgraduate Certificate will provide you with all the tools to do it”*



## General Objectives

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- ♦ Acquire knowledge about sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the beginning and development of couple relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Gain in-depth knowledge of deontology in sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with the profession and that would undermine the therapeutic work
- ♦ Carry out research programs in sexuality





### Specific Objectives

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- Differentiate concepts and know the relationship between them
- Learn about resources to disseminate and educate from a gender perspective
- Delve into the different types of gender violence and how to intervene

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*You will achieve your goals thanks to our tools, and you will be accompanied along the way by leading professionals”*

03

# Course Management

TECH guarantees a high level university education in the Postgraduate Certificate in Equality and Gender Perspective, rigorously selecting the teachers who teach this program. The specialists in Sexology who have been developing this program have the necessary experience and knowledge to promote high quality education in this field. In this way, professionals who complete their journey through TECH, will be able to automatically execute the learning received.





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*The most experienced teaching team will provide you with the most up-to-date knowledge on Sexology and Sexual and Reproductive Health, preparing you to face the most demanding challenges in this area”*

## Management



### Ms. Ramos Escamilla, María

- ♦ Sexologist and Couple Therapist
- ♦ Director of Destino Kink
- ♦ Degree in Psychology from the Complutense University Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling by Camilo José Cela University

## Professors

### Ms. López Trenado, Esther

- ♦ Health Psychologist at Dana Centro de Psicología
- ♦ Mental Health Specialist in the Third Sector
- ♦ Equality Promoter
- ♦ Master's Degree in General Health Psychology from the Autonomous University of Madrid
- ♦ Degree in Psychology from the Autonomous University of Madrid



# 04

## Structure and Content

The syllabus of the Postgraduate Certificate approaches sexology from a gender and equality perspective, providing knowledge about the broad social context that revolves around men and women. Students will be able to delve into topics such as wage gaps, gender perspective and the analysis of the sex-gender system in different social models. Multimedia didactic material complements this high quality education, accessible from any device with an Internet connection. The program offers the opportunity to expand knowledge and skills in gender perspectives.





A close-up photograph of a person's hands holding a blue and red speckled knitted sock. The background is a mix of teal, purple, and pink geometric shapes.

“

*Expert curriculum and quality content  
are the key to your learning success”*

## Module 1. Equality and Gender Perspective

- 1.1. Gender Perspectives
  - 1.1.1. Brief Review Differences Sex vs. Gender
  - 1.1.2. Patriarchy
- 1.2. Why it is Necessary
  - 1.2.1. Social Differences Boys/Girls
  - 1.2.2. The Social Context
  - 1.2.3. Wage Gap
  - 1.2.4. Orgasmic Gap
- 1.3. When it Arises
  - 1.3.1. Historical Context
  - 1.3.2. Background
  - 1.3.3. UN Declaration
- 1.4. Differences in Concepts and Relationship Between Them
  - 1.4.1. Equality
  - 1.4.2. Gender Perspectives
  - 1.4.3. Feminism
- 1.5. The Sex-Gender System as a Socio-Cultural Construction
  - 1.5.1. Traditional Male/Female Roles
  - 1.5.2. Different Views from Feminism
  - 1.5.3. Analysis of the Sex-Gender System in Different Social Models
- 1.6. Current Educational Models: Coeducation
  - 1.6.1. Conceptualization
  - 1.6.2. Mental Workload and its Consequences
  - 1.6.3. Resources to Promote Coeducation
- 1.7. Dissemination and Gender Perspective
  - 1.7.1. Resources for Use in the Media
  - 1.7.2. Resources for Use in the Classroom





- 1.8. How to Work with the Gender Perspective
  - 1.8.1. Childhood
  - 1.8.2. Adolescence
  - 1.8.3. Adulthood
  - 1.8.4. Old Age
- 1.9. Gender-Based Violence
  - 1.9.1. Types of Violence
  - 1.9.2. Intervention and Approach to the Different Types of Violence
  - 1.9.3. Background Cultural Context
- 1.10. Gender Perspective in the Healthcare Field
  - 1.10.1. Overmedicalization of Women
  - 1.10.2. More Efficient Health Resources
  - 1.10.3. Guidelines for Healthcare Personnel

“*A program focused on facilitating your learning while you exercise your daily commitments without interruptions*”

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Equality and Gender Perspective guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Equality and Gender Perspective** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Equality and Gender Perspective**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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Equality and Gender  
Perspective

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- » Duration: 6 weeks
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- » Dedication: 16h/week
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- » Exams: online

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