

Postgraduate Certificate Emotional Intelligence





Postgraduate Certificate Emotional Intelligence

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/in/psychology/postgraduate-certificate/emotional-intelligence

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 18

05

Methodology

p. 22

06

Certificate

p. 30

01

Introduction

The management of feelings is especially important in the infantile and juvenile stage, since it directly influences the construction of the personality and the way of relating to the young person's environment. Its incorrect control gives rise to problems in overcoming adversities or assuming the negative circumstances experienced throughout life, making psychological intervention necessary to develop a full emotional capacity. Given this context, TECH has created this program, which will provide students with the best tools of Emotional Intelligence to deal with people with high abilities or functional diversity and enhance their psychological praxis. In addition, students will be able to combine their learning with their personal life thanks to the 100% online mode of this program.





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Thanks to this Postgraduate Certificate, you will adopt the best strategies of Emotional Intelligence to deal with young patients with high abilities or functional diversity”

Emotional Intelligence is a quality that allows a person to understand and adequately classify the different feelings experienced in their lives, but also those of others, applying empathy and without making value judgments towards their emotions in order to promote their mental well-being. Therefore, this attribute is essential for any self-respecting psychologist, especially for those who work with child and adolescent patients, since the use of strategies based on EI is the key to help them overcome the problems that arise in adolescence and later adulthood successfully.

Given this circumstance, TECH has opted to promote this Postgraduate Certificate through which the Psychology professionals will increase their skills in the field of Emotional Intelligence to optimize their therapy with various types of patients, with emphasis on children and adolescents. During 6 weeks of intensive learning, the students will identify the different current models of EI and will analyze the components that this quality requires to develop adequately in the individual. In addition, students will detect how the family intervenes directly in the construction of EQ and will master the evaluation methods to establish the levels of EQ present in each person.

Thanks to the 100% online methodology in which this academic program is taught, students will be able to develop their own study schedules in order to achieve effective learning. In the same way, they will have access to extensive didactic contents available in formats such as complementary readings, explanatory video or interactive summary, in order to enjoy an enjoyable and fully individualized teaching.

This **Postgraduate Certificate in Emotional Intelligence** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Emotional Intelligence
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Identify the current models of Emotional Intelligence and incorporate into your professional practice those that best suit your way of understanding Psychology"

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In only 6 weeks, you will integrate the best Emotional Intelligence skills into your work methodology”

The program’s teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

With a 100% online methodology, this program will allow you to achieve an exquisite learning without depending on uncomfortable pre-established schedules.

Increase your knowledge in the field of Emotional Intelligence and position yourself as a professional reference in this field closely linked to Psychology.



02

Objectives

This Postgraduate Certificate has been created with the purpose of providing the Psychology professionals with the knowledge in EI that will enable them to offer the best therapeutics to their patients with emotional imbalances. Therefore, it will delve into the mastery and application of the different models of Emotional Intelligence or in the interpretation of its social influence, teaching veiled through the pursuit of these general and specific objectives.





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Study this program and multiply your professional opportunities in the area of Child and Adolescent Psychology”



General Objectives

- ♦ Update knowledge of emotional intelligence in its different fields of application, in the clinical, educational or labor field, with the aim of improving the quality of the professional's praxis in their daily work
- ♦ Introduce students to the vast world of emotional intelligence , from a practical perspective, so that they learn about the different disciplines covered by emotions in relation to human behavior and its possibilities
- ♦ Know the tools used in the practice of Emotional Intelligence
- ♦ Enable the development of skills and abilities by encouraging continuous training and research





Specific Objectives

- Analyze academic intelligence
- Define emotional intelligence
- Understand multiple intelligences
- Define emotional illiteracy
- Classify high abilities
- Explore giftedness
- Understand people with functional diversity
- Define the role of intelligence tagging

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Learn about the latest advances in Emotional Intelligence through this cutting-edge program that TECH makes available to you"

03

Course Management

Thanks to TECH's untiring commitment to provide the highest educational level to all its programs, this program is directed and taught by leading professionals in the field of Psychology, who, as a result of their years of work, have excellent skills in Emotional Intelligence. These specialists are responsible for the development of all the didactic materials that students will have at their disposal throughout their academic period, which is why the knowledge they will assimilate will be applicable in their work experience.





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The teaching of this Postgraduate Certificate is the responsibility of experts in Psychology and Emotional Intelligence, who will provide you with the most useful skills for your professional life"

Guest Director



Dr. De la Serna, Juan Moisés

- Writer specializing in Psychology and Neurosciences
- Author of the Open Chair in Psychology and Neurosciences
- Scientific disseminator
- PhD in Psychology
- Degree in Psychology. University of Seville
- Professional Master's Degree in Neurosciences and Behavioral Biology Pablo de Olavide University, Seville
- Postgraduate Diploma in Teaching Methodology. La Salle University
- University Specialist in Clinical Hypnosis, Hypnotherapy. National University of Distance Education - UNED.
- Postgraduate Certificate in Social Graduate, Human Resources Management, Personnel Administration. University of Seville
- Postgraduate Diploma in Project Management, Administration and Business Management. Federation of Services U.G.T
- Trainer of Trainers. Official College of Psychologists of Andalusia

Management



Ms. Jiménez Romero, Yolanda

- ◆ Pedagogical Advisor and External Educational Collaborator
- ◆ Academic Coordinator at Online University Campus
- ◆ Territorial Director of the Extremeño-Castilla La Mancha Institute of High Abilities
- ◆ Creation of INTEF Educational Contents in the Ministry of Education and Science.
- ◆ Degree in Primary Education, English specialization
- ◆ Psychopedagogue by the International University of Valencia.
- ◆ Professional Master's Degree in Neuropsychology of High Abilities
- ◆ Professional Master's Degree in Emotional Intelligence Specialist in NLP Practitioner

Professors

Ms. Pellicer Royo, Irene

- ◆ Postgraduate Diploma in Emotional Education at the Jesuitas-Caspe School, Barcelona
- ◆ Professional Master's Degree in Medical Sciences Applied to Physical Activity and Sport by the University of Barcelona
- ◆ Professional Master's Degree in Emotional Education and Well-being from the University of Barcelona
- ◆ Degree in Physical Activity and Sport Sciences at the University of Lérida

Mr. Salido Durán, Daniel

- ◆ Transpersonal Therapist
- ◆ Postgraduate Diploma in Emotional Intelligence
- ◆ Professional Master's Degree in Educational Coaching
- ◆ Degree in Philosophy and Educational Sciences from the University of Seville

Mr. Monllor Pérez, Francisco

- ◆ Coordinator of the Family Care and Training Centre La Escuela de la Vida (The School of Life)
- ◆ Certified Mentor of the e-FP Project in Vocational Training
- ◆ Professional Master's Degree in Clinical Psychology from the Maimonides University in Buenos Aires
- ◆ Higher Postgraduate Diploma in Emotional Intelligence, Mindfulness and Positive Psychology
- ◆ Diploma in Osteopathy
- ◆ Associate of the Argentinean Society of Stress Medicine

Ms. Rodríguez Ruiz, Celia

- ♦ Clinical Psychologist at EVEL Center
- ♦ Psychopedagogical Area Manager at Atenea Study Center
- ♦ Pedagogical Advisor at Cuadernos Rubio
- ♦ Editor of Hacer Familia Magazine
- ♦ Editor of Webconsultas Healthcare Medical Team
- ♦ Collaborator at the Eduardo Punset Foundation
- ♦ Degree in Psychology, UNED
- ♦ Degree in Pedagogies from the Complutense University of Madrid
- ♦ University Specialist in Cognitive Behavioral Therapy in Childhood and Adolescence by the UNED
- ♦ Specialist in Clinical Psychology and Child Psychotherapy by INUPSI
- ♦ Trained in Emotional Intelligence, Neuropsychology, Dyslexia, ADHD, Positive Emotions and Communication

Ms. Martínez Zarza, Ana María

- ♦ Director of Personal Growth. Ana Zarza Center
- ♦ Collaborating teacher at the Intelligence Center
- ♦ Director of workshops for parents on Emotional Intelligence and Coaching
- ♦ Degree in Psychopedagogy. UNED
- ♦ Postgraduate Diploma in Emotional Intelligence. UNIR
- ♦ Specialist in Transpersonal Therapy. Miguel de Cervantes European University
- ♦ Higher Course in Coaching. Rey Juan Carlos University





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A unique, key, and decisive educational experience to boost your professional development”

04

Structure and Content

The syllabus of this academic program has been designed with the idea of providing the students with the most useful knowledge in the field of Emotional Intelligence applied to psychological interventions with child and adolescent patients. Likewise, the didactic resources belonging to this program are available in innovative formats such as the evaluative tests or the interactive summary, with the intention of TECH to provide the student with a 100% online, enjoyable and completely individualized learning.





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Thanks to the modern Relearning system of this program, you will be able to achieve a tailor-made learning from your own home"

Module 1. Emotional Intelligence

- 1.1. Emotional Intelligence Concept
- 1.2. Emotional Intelligence Theories and Models
- 1.3. Components of Emotional Intelligence
- 1.4. Physiology of Emotional Intelligence
- 1.5. Evolution of Emotional Intelligence
- 1.6. Emotional Intelligence Assessment
- 1.7. Emotional Intelligence Gender Differences
- 1.8. The social influence of Emotional Intelligence
- 1.9. Family and Emotional Intelligence
- 1.10. Myths and Truths of Emotional Intelligence





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In order to guarantee the optimization of your learning, TECH provides you with didactic contents in different textual and multimedia supports”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Emotional Intelligence guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Certificate in Emotional Intelligence** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by TECH Technological University will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Emotional Intelligence**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development language
virtual classroom



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- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate Emotional Intelligence

