



## Postgraduate Certificate Emotional Intelligence for Primary School Students

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/in/psychology/postgraduate-certificate/emotional-intelligence-primary-school-students

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## tech 06 | Introduction

The Primary Education stage is a crucial phase in the personal and educational development of children, since their behavior patterns are configured in the field of studies or relationships with their friends, teachers or family. In this line, the proper control of emotions seems elementary to successfully face all the complex situations of childhood and to learn from them, which will have a positive impact on the way of being of the young persons in their adolescence. Given its importance, psychologists must have high skills in handling the feelings of these children to promote their welfare and their proper vital evolution.

That is why TECH has developed this program, through which the student will acquire the most useful and updated knowledge in the field of Emotional Intelligence to optimize their therapies with these patients and, therefore, obtain a first level professional skills. During 150 intensive hours of teaching, students will analyze the main emotional imbalances that occur between 6 and 12 years of age and will outline appropriate intervention strategies through the use of EI to solve them. Likewise, you will learn how to include parental figures in the process of developing the management of the child's feelings in order to maximize the results obtained.

All this, following a 100% online teaching methodology that will provide the student with an excellent learning experience without the need of having to make uncomfortable daily trips to a study center. Likewise, it will have a series of didactic resources accessible in a wide range of textual and multimedia supports, thus favoring a teaching adapted to the academic needs of each student.

This Postgraduate Certificate in Emotional Intelligence for Primary School Students contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of case studies presented by experts in Psychology and Emotional Intelligence
- The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Master, thanks to this program, the strategies to include the family in an effective way in the process of development of the emotional management of the child"

## Introduction | 07 tech



Through the teaching system used in this Postgraduate Certificate, known as Relearning, you will obtain a learning process totally adapted to your pace of study and to the current professional reality in the field of Psychology"

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

Broaden your career prospects in the field of Psychology after completing this academic program"

Quickly obtain this program taught by high caliber professionals in the world of Psychology and Emotional Intelligence"







## tech 10 | Objectives



## **General Objectives**

- Update knowledge of emotional intelligence in its different fields of application, in the clinical, educational or labor field, with the aim of improving the quality of the professional's praxis in their daily work
- Introduce students to the vast world of emotional intelligence, from a practical perspective, so that they learn about the different disciplines covered by emotions in relation to human behavior and its possibilities
- Know the tools used in the practice of Emotional Intelligence
- Enable the development of skills and abilities by encouraging continuous training and research







## **Specific Objectives**

- Analyze the relationship between creativity and intelligence
- Discover the role of self-awareness and intelligence
- Recognize social change in emotional intelligence
- Define the role of family patterns in emotional intelligence
- Understand emotional control and management



Learn how to implement in your work methodology the best strategies to manage the different positive and negative emotions of children"





## tech 14 | Course Management

#### Management



#### Dr. De la Serna, Juan Moisés

- Psychologist and Writer expert in Neurosciences
- Writer specializing in Psychology and Neurosciences
- Author of the Open Chair in Psychology and Neurosciences
- Scientific disseminator
- PhD in Psychology
- Degree in Psychology. University of Seville
- Professional Master's Degree in Neurosciences and Behavioral Biology Pablo de Olavide University, Seville
- Expert in Teaching Methodology. La Salle University
- University Specialist in Clinical Hypnosis, Hypnotherapy. National University of Distance Education UNED
- Diploma in Social Graduate, Human Resources Management, Personnel Administration. University of Seville
- Postgraduate Diploma in Project Management, Administration and Business Management. Federation of Services U.G.T
- Trainer of Trainers. Official College of Psychologists of Andalusia



#### Ms. Jiménez Romero, Yolanda

- Pedagogical Advisor and External Educational Collaborator
- Academic Coordinator at Online University Campus
- Territorial Director of the Extremeño-Castilla La Mancha Institute of High Abilities
- Creation of INTEF Educational Contents in the Ministry of Education and Science
- Degree in Primary Education, English specialization
- Psychopedagogist by the International University of Valencia
- Master's Degree in Neuropsychology of High Abilities
- Professional Master's Degree in Emotional Intelligence Specialist in NLP Practitioner

## tech 16 | Course Management

#### **Professors**

#### Ms. Pellicer Royo, Irene

- Postgraduate Diploma in Emotional Education at the Jesuitas-Caspe School, Barcelona
- Master in Medical Sciences Applied to Physical Activity and Sport by the University of Barcelona
- Professional Master's Degree in Emotional Education and Well-being from the University of Barcelona
- Degree in Physical Activity and Sport Sciences at the University of Lérida

#### Ms. Martínez Zarza, Ana María

- Director of Personal Growth. Ana Zarza Center
- Collaborating teacher at the Intelligence Center
- Director of workshops for parents on Emotional Intelligence and Coaching.
- Degree in Psychopedagogy. UNED
- Postgraduate Diploma in Emotional Intelligence at the UNIR
- Specialist in Transpersonal Therapy by the European University Miguel de Cervantes
- Advanced Course in Coaching by the University Rey Juan Carlos

#### D. Salido Durán, Daniel

- Transpersonal Therapist
- Postgraduate Diploma in Emotional Intelligence
- Professional Master's Degree in Educational Coaching
- Degree in Philosophy and Educational Sciences from the University of Seville





## Course Management | 17 tech

#### Mr. Monllor Pérez, Francisco

- Integrative Therapist and Family Educator
- Coordinator of the Family Care and Training Centre La Escuela de la Vida (The School of Life)
- Certified Mentor of the e-FP Project in Vocational Training
- Professional Master's Degree in Clinical Psychology from the Maimonides University in Buenos Aires
- Higher Postgraduate Diploma in Emotional Intelligence, Mindfulness and Positive Psychology
- Diploma in Osteopathy
- Associate of the Argentinean Society of Stress Medicine

#### Ms. Rodríguez, Celia

- Clinical Psychologist at EVEL Center
- Psychopedagogical Area Manager at Atenea Study Center
- Pedagogical Advisor at Cuadernos Rubio
- Editor of Hacer Familia Magazine
- Editor of Webconsultas Healthcare Medical Team
- Collaborator at the Eduardo Punset Foundation
- Degree in Psychology, UNED
- Degree in Pedagogies from the Complutense University Madrid
- University Specialist in Cognitive Behavioral Therapy in Childhood and Adolescence by the UNED
- Specialist in Clinical Psychology and Child Psychotherapy by INUPSI.
- Trained in Emotional Intelligence, Neuropsychology, Dyslexia, ADHD, Positive Emotions and Communication





## tech 20 | Structure and Content

#### Module 1. Emotional Intelligence in Childhood 6-12 Years Old

- 1.1. Characteristics of Primary Education
- 1.2. Emotions in Primary School
- 1.3. The Role of Parents in Primary School
- 1.4. The Role of Others in Primary School
- 1.5. Primary School Development
- 1.6. Emotional Disturbances in Primary School
- 1.7. Diagnosis in Primary School
- 1.8. El Intervention Tools in Primary School
- 1.9. Intervention with El in Primary School
- 1.10. Evaluation of the Efficiency of Emotional Intelligence in Primary School







Enroll in this Postgraduate Certificate and access the most updated didactic contents of the pedagogical market in Emotional Intelligence for Primary School Students"



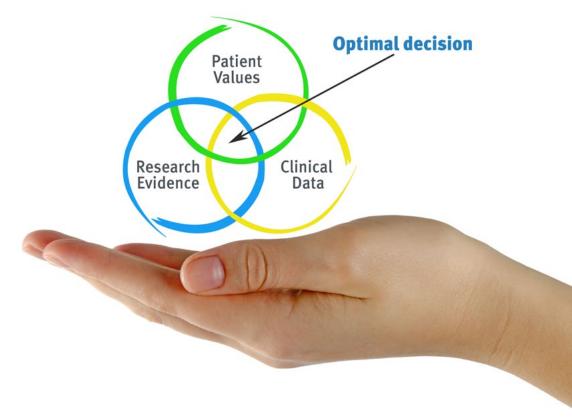


## tech 24 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## tech 26 | Methodology

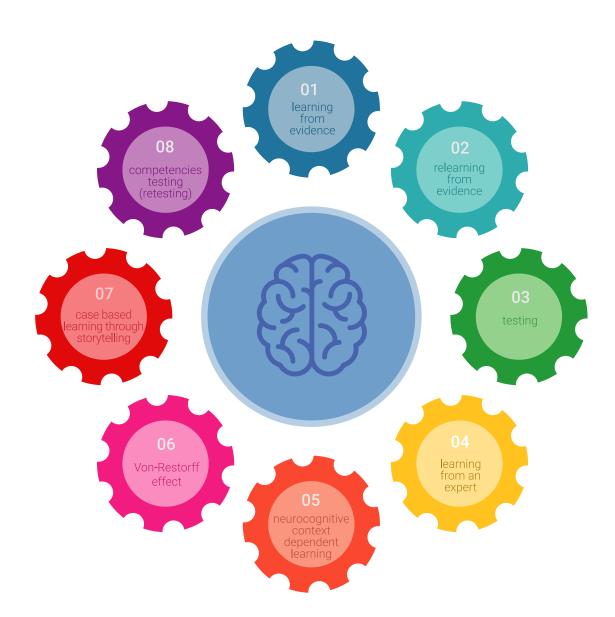
### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 27 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

## tech 28 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Latest Techniques and Procedures on Video**

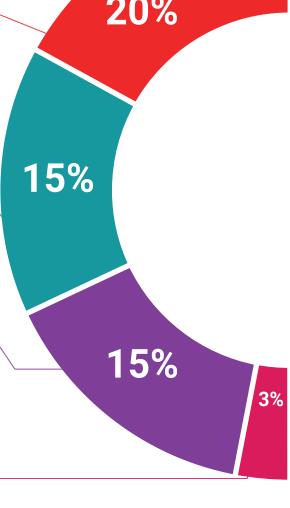
TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



# **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

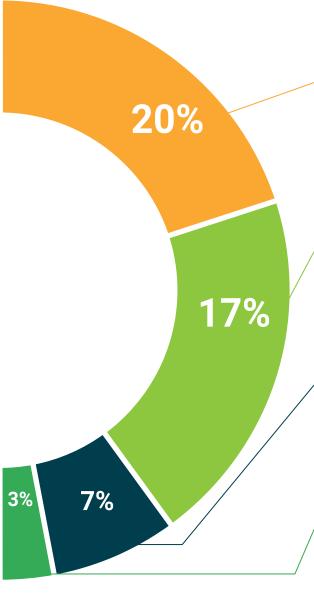
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







## tech 26 | Certificate

This **Postgraduate Certificate in Emotional Intelligence for Primary School Students** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Certificate in Emotional Intelligence for Primary School Students
Official N° of Hours: 150 h.



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

technological university



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