



## Postgraduate Certificate Dissemination in Sexology

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

 $We b site: {\color{blue}www.techtitute.com/us/psychology/postgraduate-certificate/dissemination-sexology}$ 

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## tech 06 | Introduction

Sex education is a fundamental component for the integral development of individuals, yet global society still faces a significant deficit in this area. According to a UNESCO study, around 49% of young people worldwide do not receive adequate sex education, which can result in a series of problems at the individual and social level, such as discrimination of sexual diversity and sexually transmitted diseases.

This situation has made sexology outreach become more and more relevant nowadays. Misinformation and taboos surrounding sexuality can generate confusion, distress and perpetuate negative stereotypes. Therefore, there is a growing need for qualified professionals in this field to convey accurate and accessible information to diverse populations and contexts.

TECH's Postgraduate Certificate in Dissemination in Sexology has emerged as a response to this demand, seeking to bring these professionals up-to-date in addressing the latest advances related to sexology, including aspects such as identity, orientation of desire, eroticism, love and relationships. The program also focuses on sexological disclosure, providing tools to effectively and ethically communicate this information to different audiences and platforms.

One of the advantages of this Postgraduate Certificate is its 100% online format, which allows students to adapt their learning to their needs and schedules, without sacrificing the quality of the teaching. The Relearning pedagogical methodology ensures an up-to-date and effective approach, based on the constant revision and updating of knowledge. In addition, the teaching staff is composed of professionals with extensive experience in the field of sexology, guaranteeing a solid and quality academic class.

This **Postgraduate Certificate in Dissemination in Sexology** contains the most complete and up-to-date program on the market. The most important features include:

- The development of case studies presented by experts in Psychology and Sexology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Delves into the concept of ars amandi and its influence on the understanding of love and relationships throughout history"



The program's teaching team includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

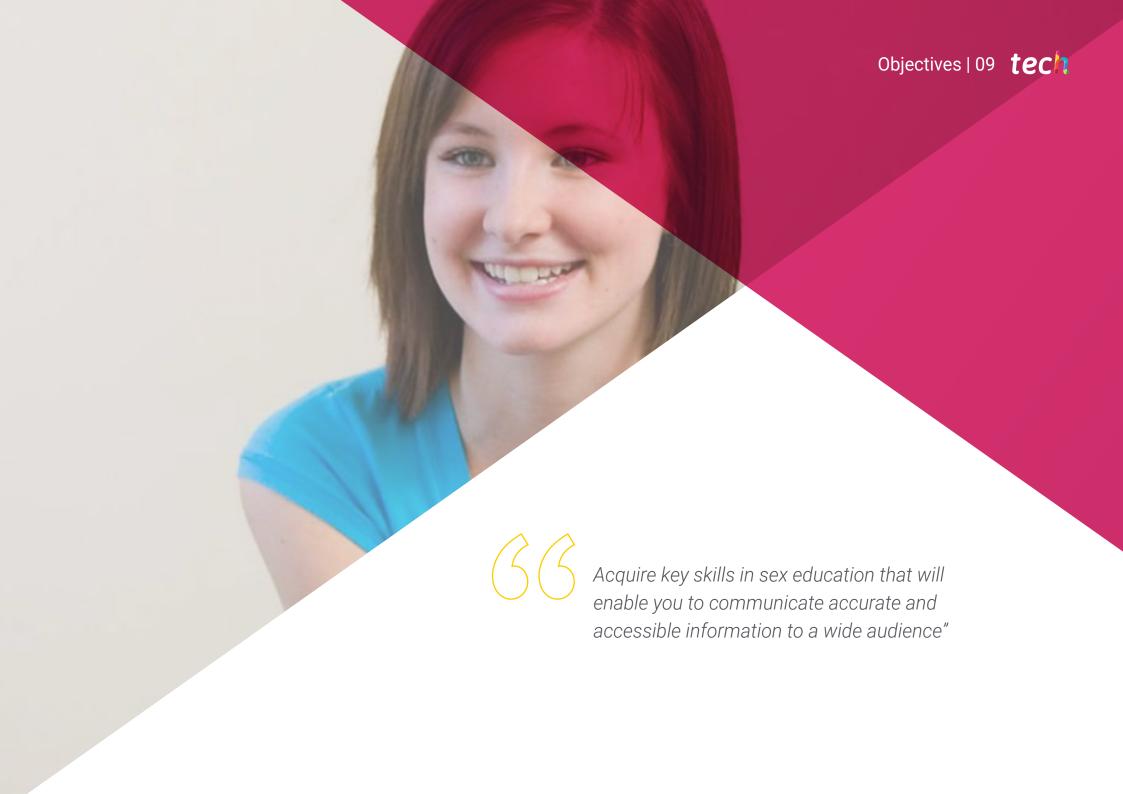
Address essential topics such as identity, desire orientation and relationships, broadening your perspective in the field of sexology.

Discover how the pedagogical methodology of Relearning revolutionizes the way you acquire and apply knowledge in your career.



## 02 **Objectives**

The essential purpose of this Postgraduate Certificate is to provide participants with a comprehensive educational foundation that will enable them to update and apply their knowledge in the field of sexology. The carefully designed syllabus addresses key aspects such as identity, desire orientation, eroticism and love, as well as focusing on sexological dissemination. Therefore, professionals will be equipped to face challenges in their daily practice and contribute to an inclusive and responsible sex education.



## tech 10 | Objectives



### **General Objectives**

- Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- Acquire skills to be able to share information about sexuality in a clear way
- Understand the aspects involved in the beginning and development of couple relationships (couple's life cycle: establishment and evolution)
- Achieve skills to face the multiple incidences and decision-making that may arise in the exercise of their profession
- Carry out research programs in sexuality





## **Specific Objectives**

- Delve into the concepts of Sexology
- Gain in-depth knowledge of informative techniques
- Create your own brand and voice to be able to spread the word



Immerse yourself in the fascinating world of sexology and expand your professional horizons in this constantly evolving field"







## tech 14 | Course Management

### Management



#### Ms. Ramos Escamilla, María

- Sexologist and Couple Therapist
- Director of Destination Kink
- Degree in Psychology from the Complutense University of Madrid
- Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

#### **Professors**

#### Ms. Cilveti Lapeira, Margarita

- Psychologist in Psychology and Sexology Office
- General Health Psychologist by the Autonomous University of Madrid
- Master in Sexology: education and sexual counseling by INCISEX and the University of Alcalá
- Expert in Brief Systemic Therapy in the Centro Soluciones







## tech 18 | Structure and Content

#### Module 1. Conceptual, Historical and Informative Framework

- 1.1. Pillars of Sexology and Dissemination Framework
  - 1.1.1. Referents (Masculine and Feminine) in Sex Education
  - 1.1.2. Map of the Human Sexual Fact
- 1.2. Conceptual Fields
  - 1.2.1. Sexuation and Sexuality
  - 1.2.2. Erotic and Amatory
  - 1.2.3. Couple and Procreation
- 1.3. Sexuation: Identity
  - 1.3.1. Conceptualization: ALO and Autosexuation
  - 1.3.2. Transsexuality and Cisexuality
- 1.4. Sexuality: Orientation of Desire
  - 1.4.1. Conceptualization
  - 1.4.2. Sexual Orientations
  - 1.4.3. Erotic and Desire
- 1.5. Erotic and Amatory. Erotic Peculiarities
  - 1.5.1. Conceptualization
  - 1.5.2. Idea and Meaning of Sex in History
    - 1.5.2.1. Normative Erotics
    - 1.5.2.2. Non-Normative Erotics
- 1.6. The Idea of Sex: Locus Genitalis
  - 1.6.1. Sexological View in History
  - 1.6.2. Pleasure Beyond Reproduction
- 1.7. Relationships
  - 1.7.1. Love: Concept of the Ars Amandi
  - 1.7.2. Relational Diversity
  - 1.7.3. Stages of Relationships
  - 1.7.4. Marriage and Living Together
  - .7.5. Sex without Love and Love without Sex





## Structure and Content | 19 tech

- 1.8. Sexological Dissemination
  - 1.8.1. General Principles
  - 1.8.2. Ethics in Dissemination
  - 1.8.3. Sexological Historical Overview
- 1.9. Current Dissemination Techniques
  - 1.9.1. Press, Television and Radio
  - 1.9.2. Social Media
  - 1.9.3. Creation of Material
- 1.10. Personal Branding Development
  - 1.10.1. Brand Models
  - 1.10.2. Content Composition and Creation
  - 1.10.3. Personal Branding Creation



A program designed in detail for you, with an extensive library of multimedia material and the possibility to access it from any device with an Internet connection"

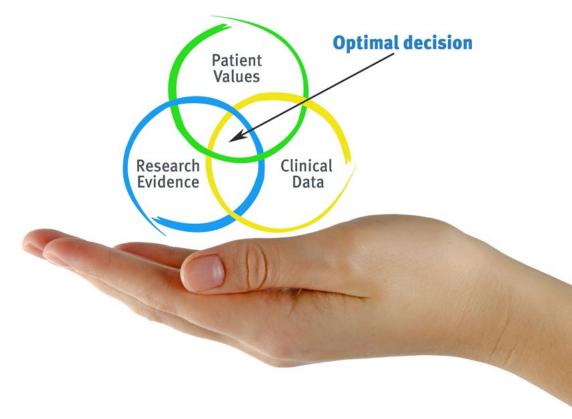


## tech 22 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## tech 24 | Methodology

#### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

## tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Latest Techniques and Procedures on Video**

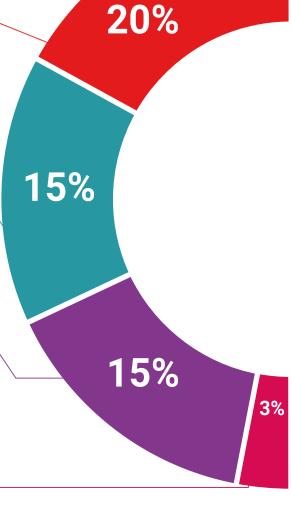
TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



### Testing & Retesting



We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

#### Classes



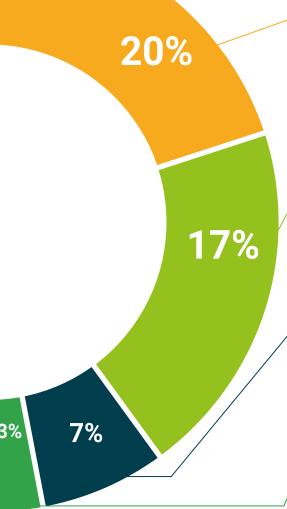
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







## tech 30 | Certificate

This **Postgraduate Certificate in Dissemination in Sexology** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Certificate in Dissemination in Sexology Official No of Hours: 150 h.



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

health confidence people information tutors guarantee accreditation teaching technology learning community commitment



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