



# Postgraduate Certificate

# Conflict Management in School Bullying

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

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Bullying is a serious problem that can have negative consequences for the mental and emotional health of students. That is why it is essential for psychologists to know the reasons behind this type of problem, as well as how to intervene at different educational levels. In order to provide professionals with the necessary tools to face this problem, this program was created. It is a 100% online university program that provides students with intensive learning in just 6 weeks on the analysis and intervention against bullying. All this with a comprehensive curriculum and teaching resources accessible 24 hours a day.



# tech 06 | Introduction

Bullying manifests itself in various forms, including physical and verbal violence such as hitting, name-calling, teasing and intimidation, among others. Unfortunately, these extreme situations are becoming more and more frequent. In addition, the use of new technologies has contributed to the expansion of the problem. In view of this situation, the role of the psychologist is fundamental in the early detection of the problem, as well as in its management and prevention, with the aim of avoiding its persistence and minimizing its negative effects.

For this reason, TECH, together with a team of experts, has created this program that contains the most relevant and current information on the theory of conflict applied to this type of situation, the planning of interventions and the promotion of active listening, as well as the importance of follow-up and support. Thus, in just 6 weeks, students will be able to access various pedagogical resources that will facilitate their understanding so that they can immediately integrate the knowledge into their practice.

It is also taught under the most effective methodology, the *Relearning* method. Consisting in the reiteration of the contents throughout the academic itinerary, it allows the graduates to reduce the hours of memorization and achieve a much more effective learning in a short period of time.

This academic option offers an excellent opportunity to obtain a complete update and its correct application, which will allow students to grow professionally and personally in the field of psychology, especially applied to work with children and adolescents. In addition, this mode of study provides greater freedom for self-management, allowing access to the syllabus at any time of the day without the need to attend classes with fixed schedules.

This **Postgraduate Certificate in Conflict Management in School Bullying** contains the most complete and up-to-date program on the market. The most important features include:

- The development of case studies presented by experts in Psychology, Personality Psychology and Psychopathology
- Graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Enroll now and don't miss out on this 100% online academic alternative that will give you autonomy in your learning"



Increase your active listening skills and explore the main causes behind a conflict between students thanks to this university program"

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

A program of only 6 weeks duration that will give you the keys to draw a management plan in situations of bullying.

You will have access to a huge virtual library full of valuable materials that you will be able to download and consult whenever and wherever you need.







# tech 10 | Objectives



# **General Objectives**

- Delve into the prevention and intervention in school bullying
- Delve into the different areas in which school bullying has an impact
- Offer a system of in-depth study for a comprehensive approach to school bullying
- Inquire into the educational, psychological, social and legal aspects of school bullying
- Acquire in-depth knowledge of the relationship between school bullying and its psychological consequences
- Describe school conflict management, assertive communication and problem solving tools
- Explain the tools to know how to prevent school bullying
- Explain the tools to know how to intervene in school bullying
- Enable to work collaboratively with all the actors involved in school bullying



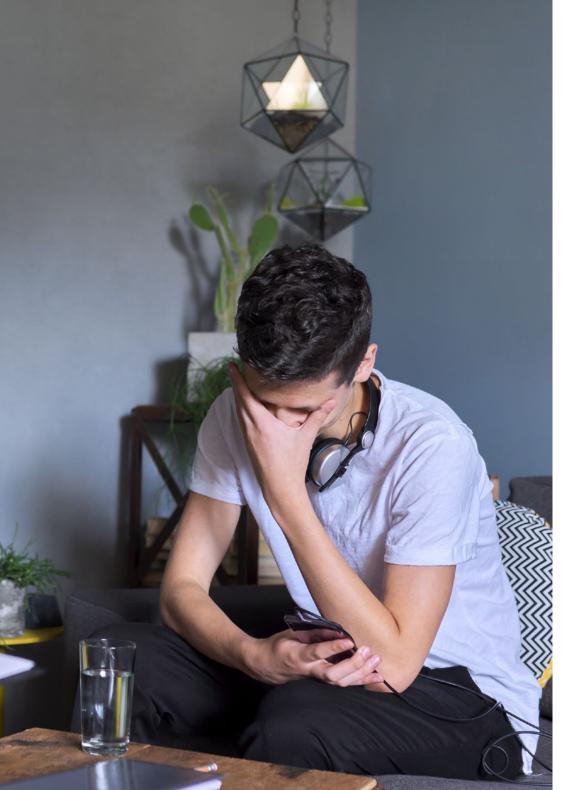


# **Specific Objectives**

- Delve into what is a school conflict
- Describe the main types of school conflicts
- Learn about the role of students in school conflict
- Delve into the role of teachers in school conflict
- Understand the importance of the school in dealing with school conflicts
- Get to know the situation of the family in a context of school conflict
- Learn how to approach a school conflict



With this program you will delve into everything related to the dyadic conflict"





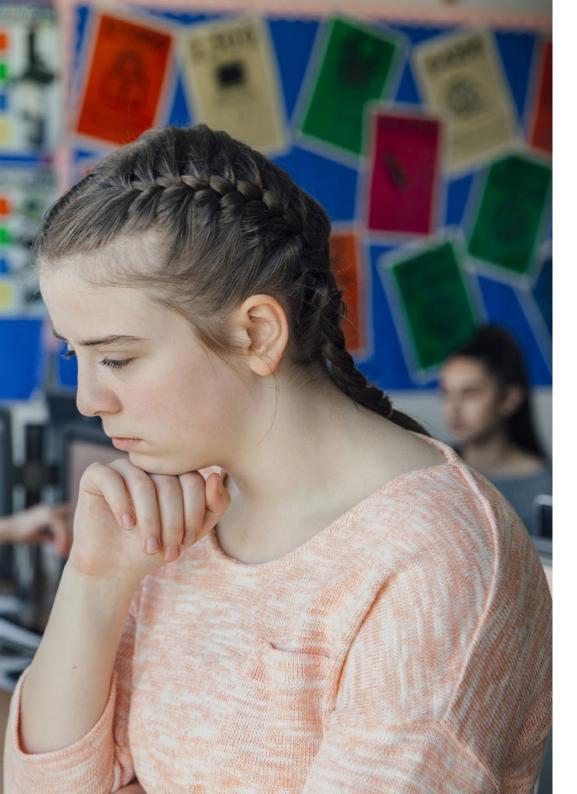


# tech 14 | Structure and Content

### Module 1. Conflict as the basis of school bullying

- 1.1. Analysis of the conflict produced in school bullying
  - 1.1.1. Conflict in Education
  - 1.1.3. Historical journey
  - 1.1.4. Learning from conflict
- 1.2. Conflict theory applied to school bullying
  - 1.2.1. The Conflict
  - 1.2.2. Data Collection
  - 1.2.3. Perspectives of the conflict
- 1.3. Contextual approach to school bullying
  - 1.3.1. What is Context?
  - 1.3.2. Personality and context interaction
- 1.4. Planning the analysis of a school bullying situation
  - 1.4.1. Suitability or not of the mediator
  - 1.4.2. Conflict detection plan
- 1.5. Stages of the planning of the intervention in school bullying
  - 1.5.1. Target Population
  - 1.5.2. Use of instruments
  - 1.5.3. Design of data collection
  - 1.5.4. Commissioning
  - 1.5.5. Results and conclusions
- 1.6. Didactic models involved in school bullying
  - 1.6.1. The dyadic conflict
  - 1.6.2. Data on dyadic conflict
- 1.7. School bullying in children in Early Childhood Education
  - 1.7.1. Active Listening
  - 1.7.2. In-depth exploration of the conflict beyond the surface
  - 1.7.3. Reactions of Parties Involved
  - 1.7.4. Experience of emotions





## Structure and Content | 15 tech

- Bullying in primary school children
  - 1.8.1. Active Listening
  - In-depth exploration of the conflict beyond the surface
  - Person-Related Elements
  - 1.8.4. Process-Related Elements
  - 1.8.5. Communication-Related Elements
- Bullying in adolescents
  - 1.9.1. Active Listening
  - In-depth exploration of the conflict beyond the surface
  - Person-Related Elements 1.9.3.
  - 1.9.4. Process-Related Elements
  - 1.9.5. Communication-Related Elements
- 1.10. Importance of monitoring and support in school bullying
  - 1.10.1. Following Up
  - 1.10.2. Different resources to support teachers



A 100% online Postgraduate Certificate that will allow you to effectively manage any bullying conflict"



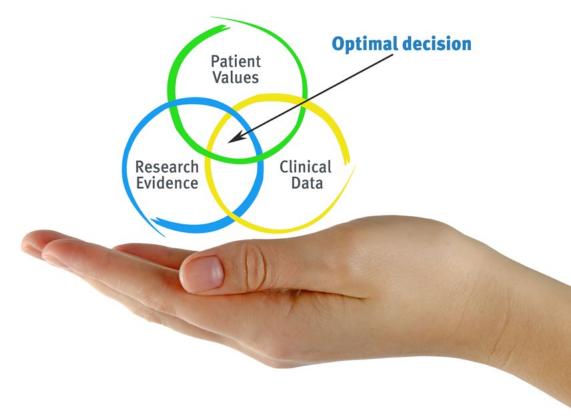


# tech 18 | Methodology

### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

### The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



# tech 20 | Methodology

### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



## Methodology | 21 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

# tech 22 | Methodology

This program offers the best educational material, prepared with professionals in mind:



### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### **Latest Techniques and Procedures on Video**

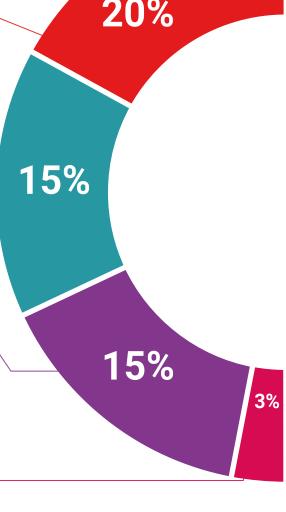
TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



### **Testing & Retesting**



We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

### Classes



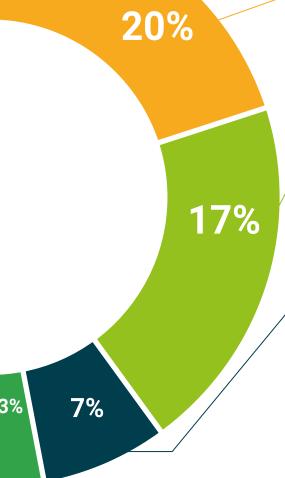
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







# tech 26 | Certificate

This **Postgraduate Certificate in Conflict Management in School Bullying** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Certificate in Conflict Management in School Bullying Official N° of Hours: 150 h.



### POSTGRADUATE CERTIFICATE

in

### Conflict Managementin School Bullying

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each cou

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