

# Postgraduate Certificate Clinical Evaluation and Therapeutic Treatment



## Postgraduate Certificate Clinical Evaluation and Therapeutic Treatment

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/psychology/postgraduate-certificate/clinical-evaluation-therapeutic-treatment](http://www.techtitute.com/us/psychology/postgraduate-certificate/clinical-evaluation-therapeutic-treatment)

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# 01

# Introduction

The use of the appropriate techniques and tools initially with patients are key to a correct diagnosis and subsequent effective treatment contrasted with scientific results and evidence. The psychology professional knows perfectly well the relevance of a correct application of the evaluation for the patient's recovery from mental health problems. This 100% online Postgraduate Certificate was created with the objective of offering students the most up to date and recent knowledge in diagnostic methods and the different therapeutic treatments used. All this with core quality multimedia content provided by a specialized teaching team.





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*A University program that provides you  
with the latest scientific advances in  
Clinical Assessment techniques”*

Third Generation Therapies, Mindfulness or Cognitive-Behavioral Therapies are just some of the therapies in which the psychology professional will delve into throughout the 6 week duration of this program taught by a specialized teaching team with extensive experience in the field of Psychology.

A program in an exclusive online mode, where students will be able to renew their knowledge in clinical assessment by applying the most effective tools and techniques, scientifically proven, depending on the patient, therefore determining the most appropriate target to develop the therapy. Among the points to be covered in this course are the therapeutic relationship, the factors to be taken into account in rapport or the theoretical foundations of the Biopsychosocial model. All this with innovative multimedia content and simulations of real clinical cases that will provide the psychology professional with a direct and practical application in their daily practice.

Likewise, this course will provide the most recent knowledge in the field of pharmacological therapies, their importance and their combination with other existing therapies. A wide range of topics that the professional will be able to access 24 hours a day.

This is an excellent opportunity offered by TECH for Psychology professionals who wish to study the program in a comfortable way. To access the content of this program you will only need an electronic device (computer, tablet or cell phone) with an Internet connection. Therefore, students will be able to view or download the syllabus from wherever and whenever they wish, facilitating the realization of high-level education while combining it with other areas of their work and/or personal life.

This **Postgraduate Certificate in Clinical Evaluation and Therapeutic Treatment** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ Practical cases presented by experts in Psychology
- ♦ The graphic, schematic, and practical contents with which they are created, compile scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*A Postgraduate Certificate that brings you closer to the scientific studies on the theoretical foundations of the Biopsychosocial Model"*



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*A library of multimedia resources is available for you to achieve your goals of renewing your knowledge in therapeutic treatments”*

*A 100% online education where you can comfortably delve into Cognitive-Behavioral Therapy.*

*The Relearning system that TECH applies in its programs, will allow you to reduce considerably the long hours of study.*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.



# 02

# Objectives

At the end of this program, the psychology professional will have achieved a renewal of their knowledge, especially in the area of clinical assessment and the most successful therapeutic treatments today. A knowledge that will be achieved thanks to the high quality content provided by experts in this area and a Relearning system that will allow you to renew your knowledge in a more progressive way, reducing the long hours of study needed with other teaching methods.







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*A Postgraduate Certificate that gives you the opportunity to develop your knowledge in the Clinical Assessment”*



## General Objectives

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- ♦ Acquire complete and comprehensive education in Clinical and Health Psychology
- ♦ Provide the students with the conceptual and theoretical knowledge of Clinical and Health Psychology
- ♦ Differentiate illness from health
- ♦ Know the psychological models in Clinical and Health Psychology
- ♦ Conduct psychological evaluations
- ♦ Design prevention protocols for health psychology and health promotion
- ♦ Know the aspects that affect clinical practice
- ♦ Manage the knowledge, skills, techniques, resources, and strategies needed to perform clinical practice
- ♦ Understand professional guidelines for good practice within the psychology profession





## Specific Objectives

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- ◆ Know the basics of clinical pharmacology
- ◆ Identify the characteristics of the different therapeutic treatments
- ◆ Know the importance of correctly carrying out an assessment

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*A unique, key, and decisive educational experience to boost your professional development”*

# 03

## Course Management

TECH is continually committed to academic excellence. For this reason, each of its programs has teaching teams of the highest reputation. These experts have extensive experience in their professional fields and, at the same time, have achieved significant results with their empirical research and fieldwork. In addition, these specialists play a leading role within the university qualification, as they are in charge of selecting the most up-to-date and innovative content to be included in the syllabus. In addition, they participate in the elaboration of numerous multimedia resources of high pedagogical rigor.







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*The teaching materials of this program, elaborated by these specialists, have contents that are completely applicable to your professional experiences”*

## International Guest Director

Dr. Bunmi Olatunji has a long career in research in the area of Psychology, and his main area of study focuses on Cognitive Behavioral Theory and Anxiety Disorder Therapy. In his position as Director of Clinical Training in the Department of Psychological Sciences, at Vanderbilt University, he has examined the role of basic emotions, with one of his main lines of study being the relationship between the experience of disgust and the specific symptoms of anxiety disorder.

Throughout his professional career, he has published more than 160 articles in scientific journals and book chapters specialized in Psychology. In addition, he has participated in more than 100 conferences on this subject. In fact, his relevant contributions have positioned him as a reference in this area of study. For this reason, he has received several awards, such as the Distinguished Scientist Award from the American Psychological Association.

In addition, Dr. Bunmi Olatunji has delved into the analysis of anxiety and behavioral changes. In particular, he has conducted a study in which he has observed the psychological predictors of anxiety and fear of contagion during the Swine Flu pandemic. Moreover, he has conducted research on obsessive-compulsive disorders and post-traumatic stress disorders in war veterans.

As a leading specialist in this field of study, he is on the editorial board of several journals, such as the International Journal of Cognitive Therapy and the Journal of Obsessive-Compulsive and Related Disorders. In this way, his commitment to excellence has been key in his career, disseminating his findings. In particular, his abilities to contribute to advances in clinical care and treatment of psychological conditions affecting individuals stand out.





## Dr. Olatunji, Bunmi

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- Director of Clinical Training at Vanderbilt University, Nashville, United States
- Clinical Therapist
- Researcher specialized in Clinical Psychology
- Associate Editor of the Journal of Consulting and Clinical Psychology
- Ph.D. in Clinical Psychology from the University of Arkansas
- Graduate in Psychology from the University of Wisconsin-Stevens Point

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*Thanks to TECH, you will be able to learn with the best professionals in the world”*

04

# Structure and Content

This Postgraduate Certificate is aimed primarily at psychology professionals who wish to obtain a broad and up to date knowledge in the field of Clinical Assessment and Therapeutic Treatments with an agenda that will delve from its beginnings into the bases and foundations, to deepen the therapeutic relationship and the application in clinical psychology of therapies such as Mindfulness or the importance of pharmacological therapies. The library with didactic resources will also allow the students to extend this subject matter.



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*An academic option that allows you to keep afloat with the latest developments in Third generation Therapies”*

## Module 1. Clinical Assessment and Therapeutic Treatment

- 1.1. The Basic Elements of Clinical Assessment
  - 1.1.1. Basis and Fundamentals of Clinical Assessment
  - 1.1.2. Phases and Instruments
  - 1.1.3. The Interview
- 1.2. Psychosocial Examination
  - 1.2.1. Basis and Fundamentals of Assessment
  - 1.2.2. Phases and Instruments
  - 1.2.3. Differences in Comparison to Clinical Assessment
- 1.3. The Therapeutic Relationship
  - 1.3.1. Introduction to the Therapeutic Relationship
  - 1.3.2. The Rapport
  - 1.3.3. Factors to Consider
- 1.4. The Biopsychosocial Model
  - 1.4.1. The Need for an Explanatory Model
  - 1.4.2. Theoretical Foundation of the Model
- 1.5. Cognitive-- Behavioral Therapy
  - 1.5.1. Theoretical Basis in Cognitive-Behavioral Therapy
  - 1.5.2. Current Application
- 1.6. Third Generation Therapies
  - 1.6.1. What Are Third Generation Therapies?
  - 1.6.2. Emergence
- 1.7. Mindfulness
  - 1.7.1. The Beginnings of Mindfulness
  - 1.7.2. Use in Clinical Psychology
- 1.8. Drug Therapy
  - 1.8.1. Fundamentals and Importance of Drug Therapies
  - 1.8.2. Combining Therapies



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*An online program that allows you to keep afloat with the latest developments in pharmacological therapies”*



05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





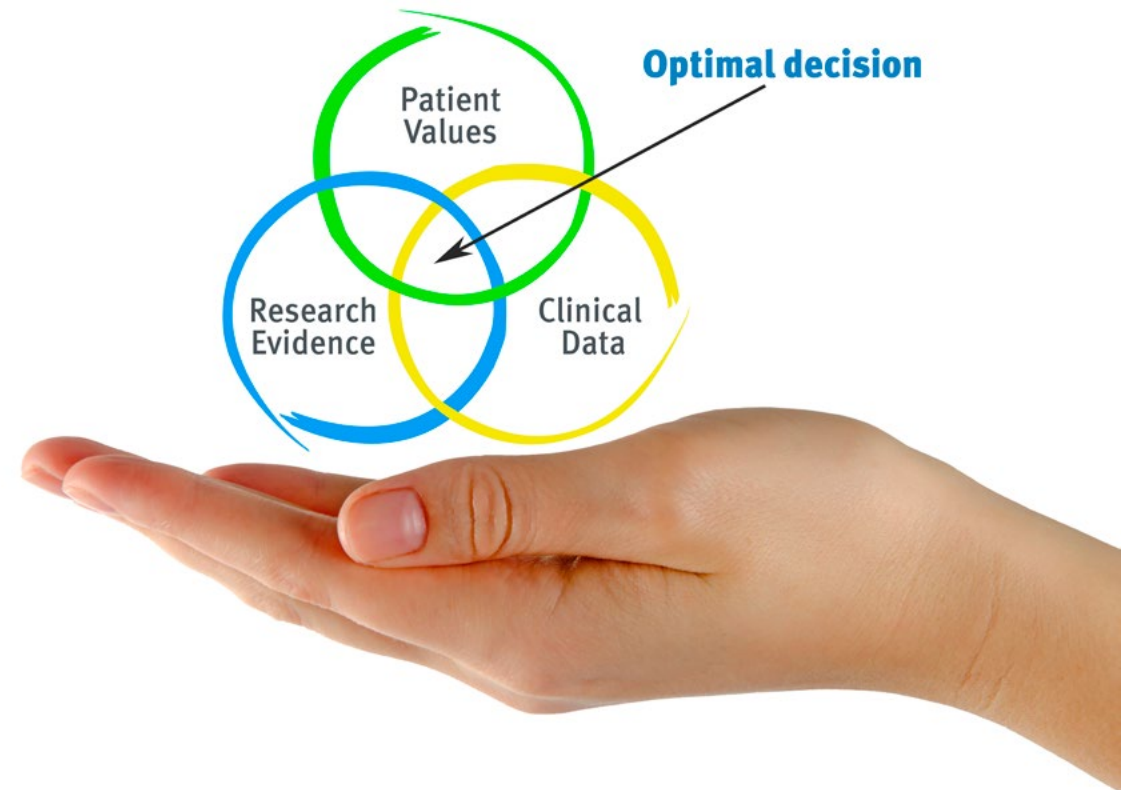
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

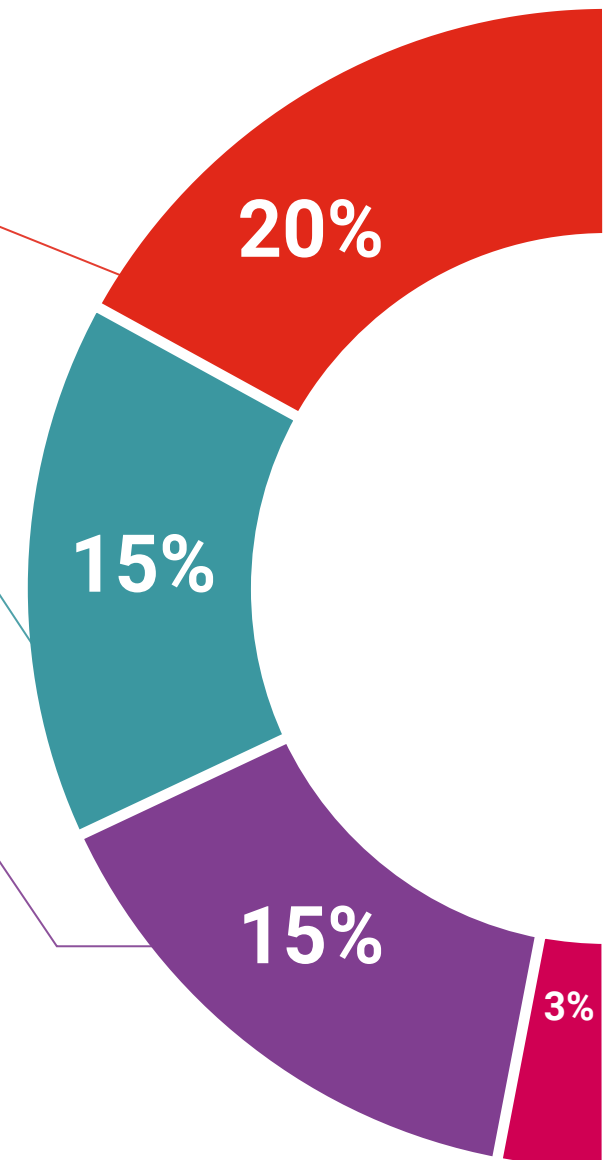
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

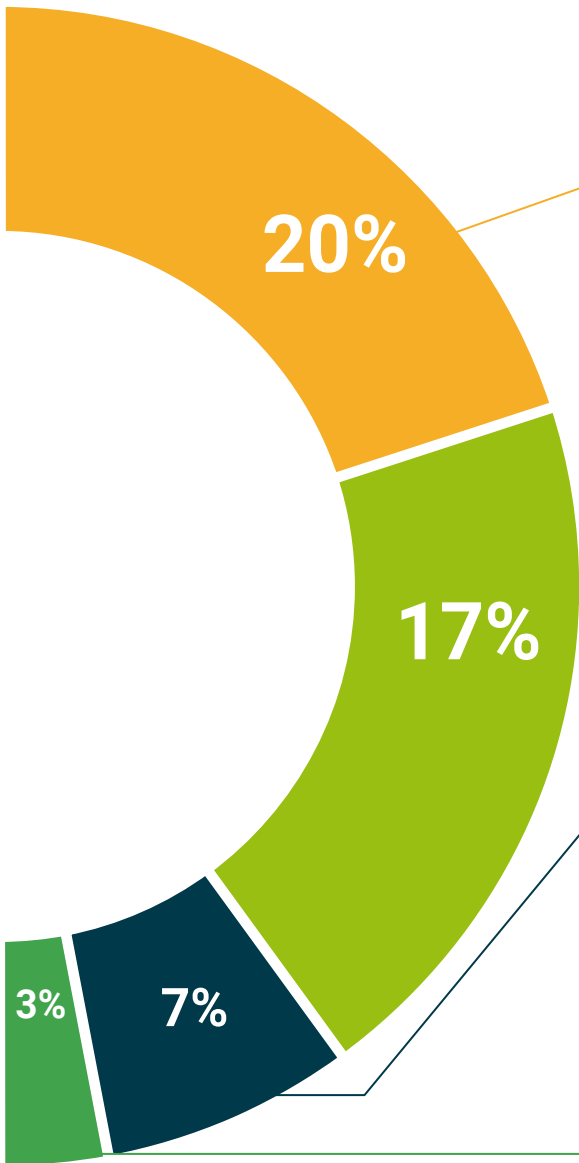


#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.







#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Clinical Evaluation and Therapeutic Treatment guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program  
and receive your university qualification  
without having to travel or fill out  
laborious paperwork”*

This **Postgraduate Certificate in Clinical Evaluation and Therapeutic Treatment** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Clinical Evaluation and Therapeutic Treatment**

Modality: **online**

Duration: **6 weeks**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



## Postgraduate Certificate Clinical Evaluation and Therapeutic Treatment

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Schedule: at your own pace
- » Exams: online



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