

# Postgraduate Certificate Classroom Assertive Communication





## Postgraduate Certificate Classroom Assertive Communication

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/psychology/postgraduate-certificate/classroom-assertive-communication](http://www.techtute.com/us/psychology/postgraduate-certificate/classroom-assertive-communication)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Course Management

---

*p. 12*

04

Structure and Content

---

*p. 16*

05

Methodology

---

*p. 20*

06

Certificate

---

*p. 28*

# 01

# Introduction

Assertive communication is one of the main techniques to resolve conflicts in a peaceful way. Therefore, it is essential that not only the team of psychologists, but all parties involved in the learning process of children and adolescents are aware of this matter and know how to transmit this type of communication. Thanks to this program, the psychologists will obtain the necessary knowledge to develop this assertive communication among their patients, which will allow them to solve their problems in an adequate way and to take this concept to the family and educational environment. As a result, upon completion, the psychologists will have broadened their professional competencies and will have become first-rate professionals.





“

*It is essential to make progress in communication as part of resolving conflicts in various areas and, in this sense, the psychologist can be of great help"*

Children and young people spend many hours in the company of other people, so it is normal that small conflicts may arise between classmates, family members and even with the teaching environment due to the dynamics of the study itself. For the resolution of these disputes, the role of the psychologist is key, who has to provide their patients with the necessary tools to solve all the different problems that may arise. Therefore, they should know the main mechanisms that assertive communication offers, as a method to implement among their patients so that they themselves learn to solve their conflicts in a peaceful manner.

Additionally, it must be taken into account that mediation in the learning process of children and adolescents is becoming more and more important, since it is capable of strengthening in them a positive point of improvement that allows both educational and human growth and improves the relationships that are established during the growth of the child.

The aim of this Postgraduate Certificate is to provide the psychologist with the keys to learn the main techniques of assertive communication in the various environments of the child. As such, this program is aimed primarily at child psychologists. With this action, the psychologist will acquire skills to manage conflict situations in the classroom and diversity in the educational context, adjust the plans of attention to diversity and educational projects of the centers.

But with special emphasis on communication and the way patients should speak and listen. And, above all, avoiding violence in any situation that may develop in the classroom.

This **Postgraduate Certificate in Classroom Assertive Communication** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ The development of dozens of practical cases presented by experts in Classroom Assertive Communication
- ♦ The graphic, schematic, and practical contents provide students with scientific and practical information on the disciplines that are essential for professional practice
- ♦ New developments on Classroom Assertive Communication
- ♦ Its practical exercises where to perform the self assessment process to improve learning
- ♦ Its special emphasis on innovative methodologies in Classroom Conflict Analysis
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an internet connection



*The psychologist must teach their patients to use assertive communication techniques to resolve their conflicts"*

“

*Complete your education with this Postgraduate Certificate, which has the most innovative methodology in the market. You will be able to balance it with your work as it is 100% online”*

*This program comes with the best educational material, providing you with a contextual approach that will facilitate your learning.*

*This 100% online Postgraduate Certificate will allow you to balance your studies with your professional work while increasing your knowledge in this field.*

It includes, in its teaching staff, professionals belonging to the field of Assertive Communication, who bring to this training the experience of their work, as well as recognized specialists belonging to reference societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive program designed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the educator must try to solve the different professional practice situations that arise throughout the course. For this purpose, the educator will be assisted by an innovative interactive video system developed by recognized experts in Assertive Communication with extensive teaching experience.



# 02

# Objectives

The Postgraduate Certificate in Classroom Assertive Communication is aimed at facilitating the performance of the professional dedicated to treating and training children and adolescents. As a result, at the end of the training, the psychologist will have acquired the necessary skills to intervene in cases involving minors, reinforcing in them the concept and importance of assertive communication as a means of correcting disputes that may develop in their environment, whether educational, family and/or social.



“

*After completing this program, you will notice that you have other skills to develop your work”*



## General Objectives

---

- ♦ Detect patients presenting characteristics compatible with behavioral and/or family difficulties that may predispose to a need for mediation
- ♦ Use the main assessment tools, as well as the criteria to complete the process of identifying the specific educational needs that arise from this educational variability and may present behavioral problems
- ♦ Manage techniques and strategies for educational intervention, as well as for the orientation of the response in the different areas where there are behavioral problems in the classroom
- ♦ Manage conflict situations and maladaptive behaviors in the classroom, as well as to collaborate or promote integral programs within the educational project and the mediation plan in a center
- ♦ Value the active role of the psychologist in conflict resolution and mediation in the educational context
- ♦ Encourage habits and behaviors that promote coexistence at school
- ♦ Make students aware of their active role and involvement in the recognition, avoidance and control of coexistence conflicts in the centers
- ♦ Detect and confront problems that lead to intolerance and violence





## Specific Objectives

---

- ◆ Specialize in strategies and techniques for conflict resolution, but also train personal skills and professional skills
- ◆ Develop strategies to convey communication and assertiveness skills
- ◆ Provide education professionals with the practical tools, social skills and techniques that will enable them to resolve these situations and prevent behavioral and disciplinary problems
- ◆ Learn to develop social skills in patients
- ◆ Identify emotions and promote empathy and active listening



*Increase your confidence in decision-making by updating your knowledge through this Postgraduate Certificate"*

# 03

# Course Management

The program includes in its teaching staff reference experts in Classroom Assertive Communication, educators and psychologists who bring to this program the experience of their work. Additionally, other recognized experts participate in its design and preparation, completing the program in an interdisciplinary manner. In this way, the professionals will ensure that, after completing the program, they will be fully qualified to attend to children and adolescents, understanding the conflicts that may arise in their environment and using assertive communication as a means to solve them and generate personal growth in them.





“

*Excel in your profession with this program  
created by the leading professionals in this field”*

## Management



### Mr. Guardia, Enrique Alonso

- ♦ Avemarian Master
- ♦ Educational Coach
- ♦ Adolescent Technician
- ♦ Trainer of trainers in Active Teaching and Humor, at CEP and Granada Provincial Council
- ♦ Hospital Clown
- ♦ Speaker
- ♦ Social Entrepreneur
- ♦ Community Manager
- ♦ Researcher University of Granada-Hum727

## Professors

### Ms. Álvarez Jiménez, María Concepción

- ♦ Pedagogue
- ♦ Teacher
- ♦ Adolescent Technician in the Aldeas Infantiles Youth Program
- ♦ Trainer of trainers in Active Teaching and Humor and in Granada Provincial Council



# 04

## Structure and Content

The structure of the contents has been designed by a team of professionals from leading educational centers and universities, aware of the relevance of knowledge to intervene in the education and accompaniment of patients, and committed to quality teaching through new educational technologies. This team of professionals, aware of the importance of education in this area, has designed the most complete and up to date compendium of contents in the sector.





“

*Study the most complete and up to date program on the market in the field of Assertive Communication"*

## Module 1. Communication in Conflict

- 1.1. Communication
  - 1.1.1. Emitter
  - 1.1.2. Receptor
  - 1.1.3. Message
  - 1.1.4. Communication Channels
- 1.2. Verbal, Non-Verbal and Paraverbal Communication
  - 1.2.1. Verbal Communication
  - 1.2.2. Non-Verbal Communication
  - 1.2.3. Paraverbal Communication
- 1.3. Invalidating Communication
  - 1.3.1. I Win/You Lose
  - 1.3.2. You Win/I Lose
- 1.4. Validating Communication
  - 1.4.1. I Win/You win
  - 1.4.2. I Win and Help You Win
- 1.5. Choosing Assertive Communication During Conflict
  - 1.5.1. Assertive Communication in Conflicts
- 1.6. How to Make Healthy Decisions
  - 1.6.1. Healthy Decision-Making
- 1.7. There are Three Fingers Pointing at Me: Me Because You
  - 1.7.1. Three Fingers Pointed at Me
- 1.8. Choosing Non-Violence: Non-Violent Communication. Four Versus One
  - 1.8.1. Non-Violent Communication
- 1.9. Technology at the Service of Communication
  - 1.9.1. Technology and Communication
- 1.10. Listening and Hearing
  - 1.10.1. Listening
  - 1.10.2. Hearing





“

*This program will allow you to advance in your career comfortably”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

“

*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Classroom Assertive Communication guarantees students, in addition to the most rigorous and up to date education, access to a Postgraduate Certificate issued by TECH Global University.





*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This program will allow you to obtain your **Postgraduate Certificate in Classroom Assertive Communication** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Classroom Assertive Communication**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
classroom



Postgraduate Certificate  
Classroom Assertive  
Communication

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

Classroom Assertive  
Communication

