

# Postgraduate Certificate Child and Adolescent Psychopathology





## Postgraduate Certificate Child and Adolescent Psychopathology

Course Modality: **Online**

Duration: **6 weeks**

Certificate: **TECH Technological University**

**8 ECTS Credits**

Teaching Hours: **200 hours**

Website: [www.techtute.com/psychology/postgraduate-certificate/postgraduate-certificate-child-adolescent-psychopathology](http://www.techtute.com/psychology/postgraduate-certificate/postgraduate-certificate-child-adolescent-psychopathology)

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01

# Introduction

Assessment of a child or adolescent is one of the fundamental parts in a psychologist's intervention procedure. Whatever the reason for the consultation, the specificity of the interview at these ages, as well as of the whole evaluation process, requires knowledge, flexibility and understanding of the mechanisms that define the child's and adolescent's mind, as well as their way of behaving in the psychotherapy process.





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*Make the most of the opportunity to update your knowledge in Child and Adolescent Psychopathology through classical methods to improve your patient care”*

This course is unique in that it takes into account the simulation or objective dispersion of the subject with the facts. Teaching and resolving the psychologist's doubts about the accuracy of the psychodiagnostic test.

In this course the psychologist will find a whole arsenal of procedures that will teach them to use the different tests in an effective and approved way according to current scientific criteria.

This **Postgraduate Certificate in Child and Adolescent Psychopathology** contains the most complete and up-to-date scientific program on the market. The most important features of the program include:

- ♦ Clinical cases presented by experts in psychology. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ The latest diagnostic and therapeutic information on how to approach Child and Adolescent Psychopathology.
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- ♦ With special emphasis on evidence-based psychology and research methodologies in psychology
- ♦ Content that is accessible from any fixed or portable device with an Internet connection.



*Update your knowledge through the Postgraduate Certificate in Child and Adolescent Psychopathology in a practical way and adapted to your needs"*



*This Postgraduate Certificate may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Child and Adolescent Psychopathology, you will obtain a qualification from TECH University"*

*The course includes real clinical cases and exercises to bring the course closer to the psychologist's clinical practice.*

Forming part of the teaching staff is a group of professionals in the world of psychology who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

This program is designed around Problem Based Learning, whereby the physician must try to solve the different professional practice situations that arise during the course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.



02

# Objectives

The program's primary objective is focused on theoretical and practical learning, so that the nutritionist is able to master Child and Adolescent Psychopathology in both a practical and rigorous manner.







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*This refresher program will generate a sense of confidence when practising psychology which will help you grow both personally and professionally”*



## General Objectives

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- Master psychodiagnosis and evaluation in the child and adolescent framework.
- Master the technique for interviewing a child or adolescent.
- Master the personality evaluation of these age groups.
- Identify the role of the family in child and adolescent diagnosis.
- Describe the intervention of clinical psychology in these age groups.
- Develop sufficient skills to manage a child and adolescent clinic.

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*Make the most of the opportunity and take the step to get up to date on the latest developments in Child and Adolescent Psychopathology”*





## Specific Objectives

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- ♦ Identify, differentiate and diagnose the new and different forms of psychological illnesses in childhood and adolescence in the current day.
- ♦ Deal with the diagnosis and the setting in these ages in a conducive way.
- ♦ Develop techniques to achieve the motivation and active participation of a child or adolescent patient in the diagnosis and intervention process.
- ♦ Gain the knowledge necessary for establishing a patient intervention with assurance, without disregarding the involvement of the family, the school or the peer group.
- ♦ Develop knowledge of different mental disorders and behavioural or emotional abnormalities.
- ♦ Make a realistic prognosis of the child's or adolescent's situation as part of the differential diagnosis.
- ♦ Understand the different masks used and atypical ways the illness can present itself in children and adolescents.
- ♦ Master the use of decision trees based on DSM-5 and CIE-10.
- ♦ Provide knowledge and skills that help to avoid iatrogenic involvement with the patient's problem.
- ♦ Learn how to design an intervention from the creativity and experience as a clinician, adapting to what is happening at each moment.

03

# Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.





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*Learn the latest advances in Child and Adolescent Psychopathology from leading professionals"*

## Management



### Mr. Fernández Sánchez, Angel

- ♦ European specialist psychologist in Psychotherapy from the EFPA
- ♦ Health Psychologist
- ♦ Master's Degree in Clinical and Health Psychology
- ♦ Director of the Evaluation and Psychotherapy Center of Madrid
- ♦ Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- ♦ Author of the T.E.N. technique.
- ♦ Head of studies on the Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Specialist in Clinical Hypnosis and Relaxation
- ♦ Specialist in Child and Adolescent Intervention.

## Professors

### Mrs. Arriero, Esther

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center of Talavera de la Reina.
- ♦ Health Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Specialist in Adult Therapy
- ♦ Specialist in interventions with chronic patients.

### Dr. Benito de Benito, Luis

- ♦ Medical Specialist of the digestive system.
- ♦ Physician Hospital San Chinarro and specialist in Endoscopy
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Lecturer at Navarra University

### Cuesta, José María

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina.
- ♦ Expert in psychological intervention of chronic illnesses.
- ♦ Psychologist of the Alzheimer's Association
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

**Dr. Espinoza, Oscar**

- ♦ Medical specialist in Psychiatry and Pediatrics
- ♦ Director of the Psychopharmacology Unit of the CEP.
- ♦ Head of the public health service in the southern district of Madrid
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

**Dr. Fernandez, Inmaculada**

- ♦ Doctor in Psychology from the University of Almeria
- ♦ Psychologist specializing in Clinical Psychology
- ♦ Head of the Department of Neuropsychology, University of Almeria
- ♦ Expert in Cognitive Therapy based on Mindfulness
- ♦ Expert in Time Limited Psychotherapy

**Mrs. Furelos, Maribel**

- ♦ Psychologist specializing in Clinical Psychology
- ♦ Sexologist in Osakidetza at the Santurce outpatient clinic
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Gandarias, Gorka Health Psychologist
- ♦ European specialist psychologist in Psychotherapy from the EFPA in Vitoria (Spain)
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in intervention in bizarre behavior and drug addiction.

**Mrs. Gascón, Laura**

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina.
- ♦ Specialist in Forensic and Legal Psychology
- ♦ Court Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in Adult Psychotherapy.

**Mrs. González, Mónica**

- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella.
- ♦ Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

04

# Structure and Content

The structure of the contents has been designed by a team of professionals who recognise the implications of training in psychology, aware of the relevance of current training to treat the patient with psychological disorders or needs with quality teaching using new educational technologies.







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*This Postgraduate Certificate in Child and Adolescent Psychopathology contains the most complete and up-to-date scientific program on the market”*

## Module 1. Psychopathology in Childhood and Adolescence

- 1.1. Neurodevelopment Disorders
  - 1.1.1. Intellectual Disability
  - 1.1.2. Autism Spectrum Disorder
  - 1.1.3. Attention Deficit and Hyperactivity Disorder
  - 1.1.4. Learning Difficulties Disorder
  - 1.1.5. Language Disorders
  - 1.1.6. Motor Disorders
  - 1.1.7. Tic Disorders
- 1.2. Psychotic Disorders
  - 1.2.1. Delirious Disorders
  - 1.2.2. Brief Psychotic Disorder
  - 1.2.3. Schizophrenia
  - 1.2.4. Schizoaffective Disorder
- 1.3. Cyclothymic and Bipolar Disorder
- 1.4. Depressive Disorder
  - 1.4.1. Sever Depression
  - 1.4.2. Dysthymia
  - 1.4.3. Premenstrual Dysphoric Disorder
- 1.5. Anxiety Disorders
  - 1.5.1. Separation Anxiety Disorder
  - 1.5.2. Mutism
  - 1.5.3. Specific Phobia
  - 1.5.4. Social Anxiety Disorder
  - 1.5.5. Panic Disorder
  - 1.5.6. Agoraphobia
  - 1.5.7. Generalized Anxiety Disorder
  - 1.5.8. Substance-Induced Anxiety Disorders



- 1.6. Obsessive Compulsive Disorder
  - 1.6.1. Body Dysmorphic Disorder
  - 1.6.2. Hoarding Disorder
  - 1.6.3. Trichotillomania
  - 1.6.4. Excoriation Disorder
  - 1.6.5. Hypochondria
- 1.7. Trauma and Stress-Related Disorders
  - 1.7.1. Reactive Attachment Disorder
  - 1.7.2. Disinhibited Social Relationship Disorder
  - 1.7.3. Post-Traumatic Stress Disorder
  - 1.7.4. Acute Stress Disorder
  - 1.7.5. Adaptive Disorder
- 1.8. Dissociative Disorders
  - 1.8.1. Dissociative Identity Disorder
  - 1.8.2. Depersonalization and Derealization Disorder
- 1.9. Somatic Symptom Disorders
  - 1.9.1. Illness Anxiety Disorder
  - 1.9.2. Conversion Disorder
  - 1.9.3. Factitious Disorder
- 1.10. Eating and Food Intake Disorders
  - 1.10.1. Pica.
  - 1.10.2. Rumination Disorder.
  - 1.10.3. Food Intake Avoidance/Restriction Disorder
  - 1.10.4. Anorexia Nervosa
  - 1.10.5. Bulimia Nervosa
  - 1.10.6. Binge Eating Disorder
- 1.11. Excretory Disorders
  - 1.11.1. Enuresis
  - 1.11.2. Encopresis
- 1.12. Sleep-Wake Disorders
  - 1.12.1. Insomnia
  - 1.12.2. Hypersomnia
  - 1.12.3. Narcolepsy
  - 1.12.4. Non Sleep Awakening Disorders
  - 1.12.5. Sleepwalking
  - 1.12.6. Night Terrors
  - 1.12.7. Nightmares
  - 1.12.8. Restless Leg Syndrome
- 1.13. Gender Dysphoria
  - 1.13.1. In Children
  - 1.13.2. In Adolescence and Adults
- 1.14. Impulse-Control and Behavior Disorders
  - 1.14.1. Oppositional Defiant Disorder
  - 1.14.2. Intermittent Explosive Disorder
  - 1.14.3. Behavioral Disorder
  - 1.14.4. Pyromania
  - 1.14.5. Kleptomania
- 1.15. Substance Abuse and Addictive Disorders
  - 1.15.1. Substance-Related Disorders
  - 1.15.2. Substance-Related Disorders
  - 1.15.3. Inhalants-Related Disorders
  - 1.15.4. Opioid-Related Disorders
  - 1.15.5. Disorders Related to Sedatives, Hypnotics and Anxiolytics
  - 1.15.6. Stimulant-Related Disorders
  - 1.15.7. Tobacco-Related Disorders

05

# Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning.***

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



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*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Psychologists learn better, faster, and more sustainably over time.

*With TECH, psychologists can experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only grasp concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. The learning is solidly focused on practical skills that allow the psychologist to better integrate the knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 150,000 psychologists with unprecedented success, in all clinical specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### Latest Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Re-Testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our difficult future decisions.



**Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06

# Certificate

The **Postgraduate Certificate in Child and Adolescent Psychopathology** guarantees you, in addition to the most rigorous and updated training, access to a Postgraduate Certificate issued by **TECH Technological University**.



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*Successfully complete this course and receive your university certificate without travel or laborious paperwork"*

This **Postgraduate Certificate** in **Child and Adolescent Psychopathology** contains the most complete and up-to-date scientific program on the market.

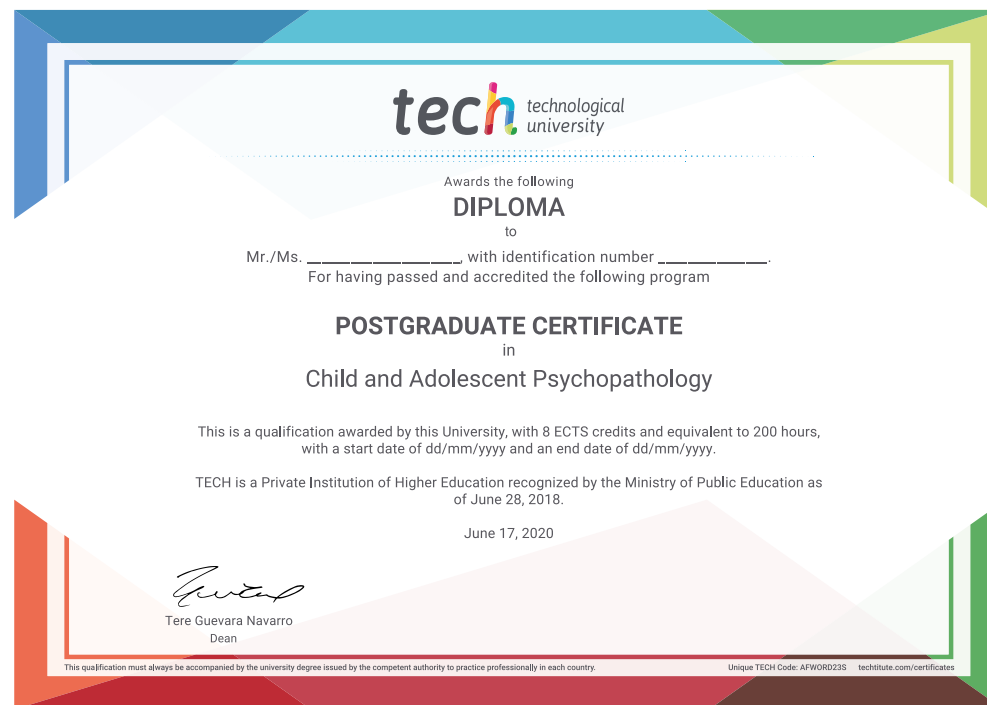
After students have passed the evaluations, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professionals career evaluation

Title: **Postgraduate Certificate in Child and Adolescent Psychopathology**

ECTS: **8**

Official Number of Hours: **200**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
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guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development languages  
classroom



**Postgraduate Certificate**  
Child and Adolescent  
Psychopathology

Course Modality: Online

Duration: 6 months.

Certificate: TECH Technological University.

8 ECTS Credits

Teaching Hours: 200 hours

# Postgraduate Certificate

## Child and Adolescent Psychopathology

