

# Internship Program Child and Adolescent Psychopathology



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Internship Program  
Child and Adolescent  
Psychopathology

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# 01

## Introduction

Child and Adolescent Psychopathology has become a highly relevant topic nowadays due to its impact on the well-being of children and adolescents. Advances in this field have made it possible to identify and treat more effectively the psychological disorders that affect this population. In addition, more and more companies and organizations are recognizing the importance of having professionals qualified in Child and Adolescent Psychopathology to attend to the emotional needs of their employees and their children. In this sense, the TECH program in Child and Adolescent Psychopathology offers an up-to-date and practical specialization to identify and treat psychological disorders in children and adolescents, providing useful tools for the comprehensive psychological care of the child and adolescent population and their families in different clinical and educational contexts.

“

*Learn up-to-date intervention and diagnostic protocols for children and adolescents, and master the field of physician-psychologist interaction with this practical study program in Child and Adolescent Psychopathology”*





Psychological disorders in childhood and adolescence can negatively affect the emotional and cognitive development of young people, which can have an impact on their quality of life in the short and long term. Therefore, it is essential to have professionals qualified in Child and Adolescent Psychopathology who can detect and adequately treat these disorders.

For this, it is necessary not only to have a solid knowledge of the different pathologies and their approach, but also the clinical experience to deal with the simplest to the most complex cases. Therefore, this Internship Program is created, which leads the specialist to obtain an effective update in a first-class health environment.

It is a unique and effective academic experience, which leads the psychologist to improve their diagnostic skills, assessment and intervention strategies in patients with various disorders very present in the child and adolescent stage. All this, throughout 120 hours and tutored by an excellent team of specialists in this field.

“*Enjoy an intensive 3-week stay in a renowned center and get up to date on the latest procedures to achieve professional growth*”



# 02

## Why Study an Internship Program?

Nowadays, Child and Adolescent Psychopathology is one of the most demanded areas in the field of psychology. Mental health professionals who work with children and adolescents require specific knowledge and practical skills in order to provide adequate and effective care to their patients. The Internship Program in Child and Adolescent Psychopathology of TECH offers the opportunity to acquire this knowledge and skills in a recognized clinical environment, working alongside tutors who are experts in the field for three weeks. This enriching experience allows participants to apply what they have learned in their practice and improve their ability to intervene with the child and adolescent population.



*TECH gives you the unique opportunity to immerse yourself in demanding clinical environments with top level specialists and delve into the latest advances in Child and Adolescent Psychopathology”*

### 1. Updating from the latest technology available

In recent years, there have been significant advances in the field of Child and Adolescent Psychopathology. TECH offers a Internship Program that brings the specialist closer to the most advanced technologies in this field. The program takes place in a state-of-the-art clinical environment, allowing the professional to have access to the latest technology and update their knowledge.

### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

A first-class team of professionals accompanies the specialist during the Internship Program and offers an unparalleled experience. With a specifically designated tutor, the student will be able to work with real patients in a state-of-the-art clinical environment, allowing them to incorporate the most effective procedures and approaches in the treatment of Child and Adolescent Psychopathology.

### 3. Entering First-Class Professional Environment

At TECH, the centers where the Clinical Internship is carried out are carefully selected. In this way, the specialist will have access to a prestigious clinical environment in the field of Child and Adolescent Psychopathology. They will be able to experience the day-to-day of a rigorous area of work and always apply the latest theses and scientific postulates in their work methodology.

#### **4. Putting the acquired knowledge into daily practice from the very first moment**

TECH offers a practical pedagogical program adapted to the daily work of the specialist in Child and Adolescent Psychopathology. They will be able to learn and put into practice the most advanced procedures in just three weeks. An effective learning model that does not require long teaching hours.

#### **5. Expanding the Boundaries of Knowledge**

At TECH, we offer the possibility of carrying out this Internship Program in different centers of national and international prestige. This will allow the specialist to expand their horizons and work with the best professionals in different continents. A unique opportunity that only TECH, the world's largest digital university, can offer.



*You will have full practical immersion  
at the center of your choice"*



# 03

## Objectives

The Internship Program in Child and Adolescent Psychopathology of TECH aims to update students in the latest diagnostic and therapeutic procedures in a practical and exclusive way. Through a rigorous and academic clinical internship, participants will be able to work with renowned professionals in a center of the highest scientific quality and technological innovation. This unique clinical experience will allow them to apply what they have learned in their daily practice and improve mental health care for children and young people.



### General Objectives

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- ♦ Acquire and master the latest techniques, approaches and modern scientific postulates in Child and Adolescent Psychopathology, with the application of cutting-edge technologies, through the guidance of prestigious experts
- ♦ Incorporate into daily practice the most effective methods, approaches and clinical analyses in the treatment of child and adolescent psychopathology, with the support of a team of top-level experts in the field
- ♦ Learn the specific approach and the most common cases that arise in the clinical environment of Child and Adolescent Psychopathology, through practical experience in a first-class environment, guided by experts and renowned professionals in the field







## Specific Objectives

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- ♦ Identify and understand the most influential currents in psychology in the history of the discipline and their relationship with child and adolescent psychopathology
- ♦ Understand how child and adolescent psychopathology arises and its importance in the psychological field, and know the differences between what is considered normal and pathological in the child and adolescent stage
- ♦ Study the theories of child development and their influence on child and adolescent psychopathology
- ♦ Understand the process of the therapeutic relationship with the child and adolescent and gain knowledge about the most appropriate forms of communication for the success of therapy
- ♦ Know the process of assessment and diagnosis in the child and adolescent stage, as well as the assessment instruments and the areas of importance to be considered
- ♦ Study the implication of the family figure in therapy with minors
- ♦ Analyze the influence of developmental contexts in child and adolescent psychopathologies and the existing differences between the "Autonomous Self", "Social Self" and "Family Self"
- ♦ Know the characteristics that make a family pathological, the existing conflictive bonds and the influence of the family environment in the development of psychopathologies in the child
- ♦ Study the modulating risk and protective factors for child and adolescent mental health
- ♦ Recognize the main pathological universes of childhood and adolescence and differentiate the diagnostic criteria according to the DSM-V
- ♦ Analyze cases of child abuse and neglect, as well as child sexual abuse
- ♦ Understand the main treatments for psychopathologies in childhood and adolescence, study the different modulating theories of human behavior in childhood and know the future perspectives in the treatment of child and adolescent psychopathologies

# 04

## Educational Plan

This Internship Program in Child and Adolescent Psychopathology consists of a 3-week stay in a prestigious center, from Monday to Friday. During this internship, participants will receive a practical specialization of 8 consecutive hours alongside an attending specialist, which will allow them to examine real patients together with a team of renowned professionals in the field. In addition, the most innovative diagnostic procedures will be applied and the latest generation therapy will be planned for each case presented.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare care in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of knowledge (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of Child and Adolescent Psychopathology (learning to be and learning to relate).







The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center’s own availability and workload, the proposed activities being the following:

Module	Practical Activity
<b>Assessment and Diagnosis</b>	Conduct a thorough clinical interview with a child or adolescent, gathering information about their history and current situation
	Prepare a clinical history and a record of observations and assessment tests for a case of autism spectrum disorder
	Perform a complete psychological report for a case of attention-deficit/hyperactivity disorder
<b>Clinical Intervention</b>	Plan and conduct a cognitive-behavioral therapy session with a child with school phobia
	Design and apply social skills training program for an adolescent with difficulties in peer relationships
	Perform a psychoeducation session for the parents of a child with autism spectrum disorder
<b>Crisis Intervention Techniques</b>	Provide immediate support to the patient who has experienced an intense emotional crisis
	Perform a quick and accurate assessment of the crisis, gathering information about the situation, history, and symptoms involved
	Apply deep breathing, muscle relaxation, mindfulness, and positive visualization techniques
<b>Parental Counseling</b>	Provide assistance to parents with the main challenges they face on a daily basis with their children with some type of disorder
	Act as a mediator to facilitate communication and understanding among family members
	Organize meetings and educational programs oriented to families with patients with disorders or pathologies
	Collaborate in actions aimed at reducing stress in the family nucleus

# 05

## Where Can I Do the Internship Program?

Thanks to TECH's initiative to provide quality education accessible to all, students will have the unique opportunity to grow professionally alongside the best specialists in the sector, in clinics that stand out for their excellence in the treatment of child and adolescent psychopathology. In addition, they will have the support of a tutor who will accompany them at all times during the internship program process, to ensure their success in this important educational stage.

“

*Expand your knowledge of Child and Adolescent Psychopathology with this Internship Program of TECH”*







The student will be able to do this program at the following centers:



Psychology

### Hospital HM Modelo

Country: Spain City: La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Psychology

### Hospital HM Rosaleda

Country: Spain City: La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Psychology

### Hospital HM La Esperanza

Country: Spain City: La Coruña

Address: Av. das Burgas, 2, 15705, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Oncology Nursing
- Clinical Ophthalmology



Psychology

### Hospital HM San Francisco

Country: Spain City: León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Anesthesiology and Resuscitation
- Trauma Nursing



Psychology

### Hospital HM Regla

Country: Spain City: León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update on Psychiatric Treatment in Minor Patients



Psychology

### Hospital HM Montepríncipe

Country: Spain City: Madrid

Address: Av. de Montepríncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Aesthetic Medicine



Psychology

### Hospital HM Torrelodones

Country: Spain City: Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Psychology

### Hospital HM Sanchinarro

Country: Spain City: Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Psychology

### Policlínico HM Gabinete Velázquez

Country	City
Spain	Madrid

Address: C. de Jorge Juan, 19, 1° 28001, 28001, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Clinical Nutrition in Medicine
- Aesthetic Plastic Surgery



Psychology

### Policlínico HM La Paloma

Country	City
Spain	Madrid

Address: Calle Hilados, 9, 28850, Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics



Psychology

### Policlínico HM Virgen del Val

Country	City
Spain	Madrid

Address: Calle de Zaragoza, 6, 28804, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Diagnosis in Physiotherapy
- Physiotherapy in Early Care



Psychology

### Policlínico HM Rosaleda Lalín

Country	City
Spain	Pontevedra

Address: Av. Buenos Aires, 102, 36500, Lalín, Pontevedra

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Advances in Hematology and Hemotherapy
- Neurological Physiotherapy







Psychology

### Policlínico HM Moraleja

Country City  
Spain Madrid

Address: P.º de Alcobendas, 10, 28109, Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Rehabilitation Medicine in Acquired Brain Injury Management



Psychology

### Policlínico HM Sanchinarro

Country City  
Spain Madrid

Address: Av. de Manoteras, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Gynecological Care for Midwives
- Nursing in the Digestive Tract Department



Psychology

### Policlínico HM Imi Toledo

Country City  
Spain Toledo

Address: Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Electrotherapy in Rehabilitation Medicine
- Hair Transplantation

# 06

## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Child and Adolescent Psychopathology** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery\*.

The diploma issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Child and Adolescent Psychopathology**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



**tech**

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