

Internship Program Emergency Psychology

Accreditation/Membership

European Association
of Applied Psychology 

Psychologia - accessibilitas, praxis, adhibitio

tech global
university 



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Internship Program
Emergency Psychology

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01

Introduction

Emergency Psychology is a discipline focused on preventing mental health issues that may arise from traumatic causes. In this way, the early psychological care provided by these psychologists helps minimize the chances of individuals suffering from Anxiety and Depression disorders, thereby safeguarding their quality of life. As a result, professionals with extensive and up-to-date skills in this field are highly sought after by healthcare institutions to preserve individuals' mental well-being. Consequently, TECH has developed this program, which will offer you a 3-week practical placement at a prestigious hospital center, allowing you to acquire cutting-edge techniques for assessment and intervention in these contexts.



A comprehensive and 100% online program, exclusive to TECH, with an international perspective backed by our membership in the European Association of Applied Psychology”





The factors that can influence the success or failure of a psychological intervention in emergency and urgent contexts are varied and must be carefully considered when acting in critical situations. Therefore, professional practice in this field requires a rigorous and meticulous approach, based on updated protocols and psychotherapeutic tools adapted to high-pressure contexts.

With the aim of perfecting these competencies from a realistic perspective, TECH Global University has designed a university program that includes a 120-hour practical placement at a leading healthcare institution. Over the course of three weeks, the graduate will actively integrate into a specialized clinical team, participating in the direct care of individuals in crisis, in services such as hospital emergency departments, disaster units, or mobile immediate intervention teams. This environment fosters the acquisition of specific skills, not only in clinical terms but also in the development of emotionally effective and empathetic communication, which is essential to provide appropriate psychological support in critical moments.

Throughout the placement, the graduate will be accompanied by a specialized tutor who will ensure the achievement of the outlined objectives and the proper application of established procedures. This will enable the professional to intervene with confidence in real-life scenarios, handling both the available technological resources and the most up-to-date psychotherapeutic methodologies. As such, the graduate will strengthen their clinical profile and contribute actively to the comprehensive care of individuals in situations of acute vulnerability.

Therefore, thanks to the membership in the **European Association of Applied Psychology (EAAP)**, students will have access to specialized resources, continuous training, and an annual seminar at no additional cost. Additionally, they will have the opportunity to collaborate with professionals and related organizations, integrate into an international network, and benefit from different membership levels that recognize both professional commitment and outstanding contributions in applied psychology.

02

Why Study an Internship Program?

In many professional fields, practical experience is a decisive factor for achieving notable success. In the field of Emergency Psychology, it is not enough to have theoretical knowledge of the latest advancements; it is essential to know how to apply these in the workplace. To address this need, TECH has designed this program, which offers students the opportunity to participate in a cutting-edge clinical environment for 3 weeks. Under the supervision of experts in the field, students will acquire practical skills that will allow them to advance in their careers in Mental Health.



This academic institution provides the opportunity to enjoy a 3-week practical placement in a top-tier hospital center"

1. Update using the latest available technology

In recent years, the field of Emergency Psychology has experienced significant advancements in perfecting assessment methods and intervention techniques with patients in critical situations. For this reason, TECH has created this Internship Program with the goal of providing students with the acquisition of these cutting-edge skills.

2. Learn from the best specialists

Through this program, students will have the opportunity to work alongside a team of distinguished experts in Emergency Psychology, who will impart updated skills in this area. Additionally, each student will have a tutor who will offer personalized guidance.

3. Train in top-tier professional environments

TECH applies a rigorous selection process to choose the centers where the Practical Training will take place, ensuring that students can update their knowledge in a first-class clinical environment. This way, they will have the chance to work with highly demanding teams and with excellent professional quality.



4. Apply what you learn to your daily practice from day one

Currently, it is common to find educational programs that do not meet the daily needs of professionals by offering theoretical content with no real-world application. For this reason, TECH has designed a qualification with an innovative pedagogical approach focused on practical training, allowing students to strengthen their skills in a high-level clinical environment.

5. Expand the boundaries of your knowledge

TECH offers its students the opportunity to carry out Practical Training in renowned hospital centers, enabling them to learn from experts with extensive experience in Emergency Psychology. This opportunity is exclusive to this educational institution and represents a unique experience for the students.



You will have full practical immersion at the center of your choice"

03 Objectives

The premise of the Internship Program in Emergency Psychology designed by TECH is to provide students with the most advanced and cutting-edge skills in the field. During the hospital placement, students will handle psychological first aid techniques, deepen their knowledge in stress prevention and management in extreme situations, and master strategies specific to group therapy. The acquisition of these skills will be safeguarded through the achievement of the following general and specific objectives.



General Objectives

- ♦ Master specific psychological support techniques that enhance performance in the different critical situations that may be encountered in an intervention
- ♦ Manage specific intervention protocols for different situations, being able to adapt them to the variable and changing situation of the emergency
- ♦ Develop skills for team management during emergency situations





Specific Objectives

- ♦ Learn about the origins of Emergency Psychology
- ♦ Study the differences between emergencies, disasters and urgent care situations, and the most common types
- ♦ Be aware of the importance of the psychologist in emergencies, and distinguish the different roles involved when an emergency event occurs
- ♦ Study the biochemical and biological processes associated with stress and the consequences for the organism in response to the stress activation response
- ♦ Study the types of basic emotions and their role when the organism is in a stressful situation
- ♦ Know how the stress response progresses in the individual
- ♦ Study the threshold theory and psychological response mechanisms when the individual is in a stressful situation
- ♦ Learn about therapeutic techniques to provide targeted psychological support
- ♦ Be aware of the importance of emotional support in situations of loss and bereavement
- ♦ Know the differences between normal grief and pathological grief
- ♦ Study the role of first aid in crises and emergencies
- ♦ Know when a psychological crisis occurs and the consequences for the individual

- ♦ Study and distinguish first aid protocol stages in Emergency Psychology
- ♦ Know the main action protocols in emergency situations
- ♦ Know the action protocols for specific crisis situations
- ♦ Study the grief process in depth, types of grief and how to intervene for cases of normal and pathological grief
- ♦ Know the intervention processes for specific crisis and emergency situations
- ♦ Know the key considerations to intervene with patients in high-risk situations
- ♦ Study the intervention process for patients in specific crisis situations
- ♦ Study the importance of therapeutic support for patients with problematic life situations
- ♦ Understand the impact of stress and emergency situations on emergency personnel
- ♦ Study the psychological impact of exposure to emergency situations on emergency and urgent care professionals
- ♦ Learn the main stress management and psychological impact prevention techniques for emergency personnel
- ♦ Know and study the main group techniques for intervention with first responders
- ♦ Know and study the main individual techniques for intervention with first responders
- ♦ Differentiate group techniques from individual techniques





- ◆ Learn about Peer Support Systems
- ◆ Know the consequences of poor intervention
- ◆ Study the principles of crisis therapy and crisis intervention
- ◆ Differentiate between different coping styles in traumatic situations
- ◆ Be aware of types of trauma and the effects and consequences of traumatic situations for individuals
- ◆ Study Ellis' Rational Emotive Therapy for the treatment of trauma
- ◆ Study the profile of the psychologist specializing in crisis intervention for urgent care and emergencies
- ◆ Study the different professions that make up a crisis intervention team
- ◆ Get to know and learn about the main guidelines to ensure effective practices in crisis intervention
- ◆ Study the present situation and the future of crisis intervention

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Through this Internship Program, you will incorporate into your daily practice the best group intervention techniques in crisis situations”

04 Educational Plan

This Internship Program will take place over a consecutive 3-week period, during which students will work as part of a renowned team at a prestigious clinical center. Throughout the workweek, from Monday to Friday, with 8-hour days, they will have the opportunity to work in a demanding and real environment, using advanced tools and techniques in Emergency Psychology.

In this training proposal, each activity is designed to strengthen and refine the key competencies required for specialized practice in this field. In this way, the professional profile will be enhanced, driving a strong, efficient, and highly competitive performance.

With this innovative educational approach, students will be equipped to effectively tackle the latest challenges in the field, acquiring cutting-edge skills that will allow them to achieve success in their psychological interventions with individuals in high-risk contexts.

Practical teaching will involve the active participation of the student in performing the activities and procedures within each area of competence (learning to learn and learning to do), with the guidance and support of professors and fellow trainees, facilitating teamwork and multidisciplinary integration as transversal competencies for psychological practice (learning to be and learning to relate).





The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:

Module	Practical Activity
Basic Skills and Psychological First Aid	Establish a communicative intervention with people who are in a situation of risk
	Provide emotional support in situations of loss and bereavement
Action Protocols in Specific Situations	Carry out a psychological intervention with people intoxicated by alcohol and drugs
	Carry out psychological intervention with people who are victims of sexual assault
	Carry out a psychological intervention with the victim of gender violence
Prevention and Management of Stress in Emergency Situations	Carry out strategies to prevent stress in critical situations
	Carry out an intervention with people suffering severe stress in an emergency situation
Group Techniques for Intervention with First Responders	Apply state-of-the-art group psychological techniques in intervention with responders
	Perform stress relief intervention in group therapies



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a team that will help you develop your full potential"

05

Where Can I Do the Internship Program?

This academic institution offers its students the opportunity to carry out this Internship Program at a high-quality hospital located in various geographic locations, ensuring their convenience. Over a period of 3 weeks, students will significantly refine their skills in Emergency Psychology in a high-quality clinical environment.

“

Complete an internship at a top-tier hospital and perfect your competencies in Emergency Psychology”





The student will be able to do this program at the following centers:



Psychology

Centro Cert


Country	City
Spain	Barcelona

Address: Carrer de Balmes, 224, 1º 2ª,
Sarrià-Sant Gervasi, 08006 Barcelona

It is a specialized center aimed at the recovery
of psychological trauma

Related internship programs:

- Emergency Psychology



Psychology

Fundación Psicología Sin Fronteras

Country: Spain City: Madrid

Address: C/ Monseñor Óscar Romero, 4, 28025, Madrid

It is an NGO that provides psychosocial support to vulnerable individuals and promotes human rights

Related internship programs:
- Emergency Psychology





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Make the most of this opportunity to surround yourself with expert professionals and learn from their work methodology”

06

General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Internship Program, students will be assigned two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the student does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the internship department at TECH so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This private qualification will allow you to obtain a diploma for the **Internship Program in Emergency Psychology** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This private qualification from **TECH Global University** is a European continuing education and professional development program that guarantees the acquisition of competencies in its area of expertise, providing significant curricular value to the student who successfully completes the program.

TECH is a member of the prestigious **European Association of Applied Psychology (EAAP)**, an organization that brings together the best specialists and experts in psychology from more than 120 countries. This accreditation strengthens the international recognition of the program.

Accreditation/Membership



Title: **Internship Program in Emergency Psychology**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Credits: **4 ECTS**





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