

Hybrid Master's Degree

Sports Psychology





Hybrid Master's Degree

Sports Psychology

Modality: Hybrid (Online + Clinical Internship)

Duration: 12 months

Certificate: TECH Global University

Credits: 60 + 4 ECTS

website: www.techtute.com/psychology/hybrid-master-degree/hybrid-master-degree-sports-psychology

Index

01

Introduction

p. 4

02

Why Study this Hybrid
Master's Degree?

p. 8

03

Objectives

p. 12

04

Course Management

p. 18

05

Skills

p. 22

06

Educational Plan

p. 26

07

Clinical Internship

p. 30

08

Where Can I Do the Clinical
Internship?

p. 36

09

Methodology

p. 40

10

Certificate

p. 48

01

Introduction

Sports Psychology is a field focused on improving the athlete's performance by improving mental skills such as concentration, self-confidence and stress management. Athletes who work with psychologists specialized in this field have proven to be more effective in competitions, facing adverse situations with solvency. For this reason, these experts are highly sought after by many professionals who wish to achieve sporting success. Consequently, TECH has developed this degree, which will enable the student to handle cutting-edge psychological techniques or coaching strategies applied to the field of sport, boosting their growth in this sector. Therefore, you will obtain this knowledge by combining 100% online teaching with an internship in a prestigious clinical environment.





“

The Hybrid Master's Degree in Sports Psychology will enable you to learn and manage the coaching techniques that help optimize the athlete's performance during sports practice"

In recent years, Sports Psychology has positioned itself as an excellent ally for all athletes who wish to achieve sustainable and balanced competitive success. In this line, this discipline is completely effective in helping athletes to manage Anxiety, Stress and other negative emotions that can affect their performance and quality of life. It also helps to deal with a lack of concentration or self-confidence, which can contribute positively to the prevention of muscular injuries. Given the wide range of benefits it provides, more and more sportsmen and women are seeking the services of these professionals to optimize their sports practice.

This is why TECH has designed the Hybrid Master's Degree in Sports Psychology, a complete program that will provide students with the knowledge and skills necessary to excel in this demanding sector. Throughout 12 months of theoretical instruction, you will be able to identify effective leadership techniques applied to sport or state-of-the-art tools to establish the psychological assessment of the athlete. Similarly, you will learn how to properly manage your personal brand through social networks or delve into the role played by the psychologist in *e-Sports*.

Thanks to the *Relearning* methodology, which provides an excellent opportunity to adapt learning based on the student's educational needs, knowledge retention will be maximized. It also has a 100% online mode, allowing students to adapt their learning to their individual schedules, which facilitates the reconciliation of studies and personal life.

At the end of this theoretical stage, the student will enjoy a 3-week practical stay in a state-of-the-art clinical environment. Integrated in a team composed of the best specialists in Sports Psychology, you will have an excellent opportunity to transfer to the real work environment all the knowledge acquired throughout the degree.

This **Hybrid Master's Degree in Sports Psychology** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ More than 100 practical cases presented by specialist in Forensic Psychology
- ♦ Their graphic, schematic and practical contents provide essential information on those disciplines that are indispensable for professional practice
- ♦ Management of state-of-the-art methods to evaluate the psychological situation of the athlete
- ♦ Cutting-edge coaching techniques to help athletes control their emotions during sports practice
- ♦ Acquisition of skills for the management of personal branding and social networks for professional purposes
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection
- ♦ Furthermore, you will be able to carry out a internship in one of the best Companies



Get the cutting-edge techniques of effective leadership applied to the world of sports through this complete Hybrid Master's Degree"

“

Enjoy a program with a theoretical stage taught in a 100% online mode, which will allow you to optimize your learning from your own home"

In this proposal for a Master's Degree, of a professionalizing nature and blended learning modality, the program is aimed at updating specialists in Psychology. The contents are based on the latest scientific evidence, and oriented in a didactic way to integrate theoretical knowledge into psychological practice, and the theoretical-practical elements will facilitate the updating of knowledge and allow decision making in patient management.

Thanks to multimedia content developed with the latest educational technology, professionals will enjoy a situated and contextual learning, i.e., a simulated environment that will provide immersive learning programmed to prepare professionals for real situations. This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

Put yourself at the forefront of Sports Psychology in only 12 months of theoretical learning and 3 weeks of practical teaching.

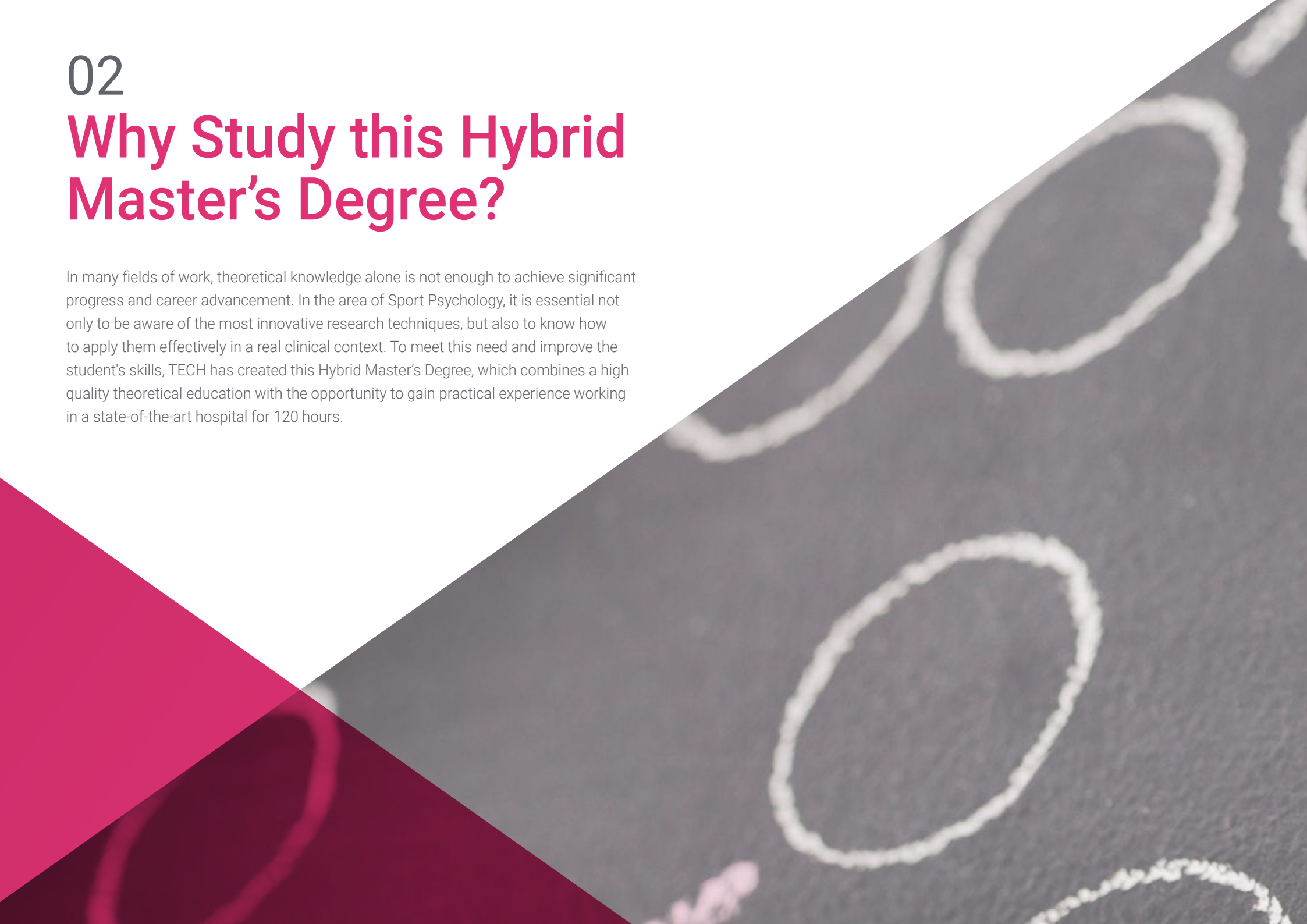
Increase your chances of working as a sports psychologist for prestigious elite athletes through this Hybrid Master's Degree.



02

Why Study this Hybrid Master's Degree?

In many fields of work, theoretical knowledge alone is not enough to achieve significant progress and career advancement. In the area of Sport Psychology, it is essential not only to be aware of the most innovative research techniques, but also to know how to apply them effectively in a real clinical context. To meet this need and improve the student's skills, TECH has created this Hybrid Master's Degree, which combines a high quality theoretical education with the opportunity to gain practical experience working in a state-of-the-art hospital for 120 hours.



“

For TECH provides you a revolutionary qualification, which combines excellent theoretical education with a 3-week practical stay in a prestigious Clinical Analysis environment”

1. Updating from the Latest Technology Available

In recent years, sports psychology has been involved in numerous advances in *coaching* strategies and intervention techniques to ensure the well-being of the athlete more effectively. Motivated by this, TECH has created this degree, which will provide the student with these innovative methods from a theoretical-practical perspective.

2. Gaining In-depth Knowledge from the Experience of Top Specialists

This Hybrid Master's Degree has at its disposal a highly qualified faculty, which offers excellent educational resources to students throughout the theoretical teaching period. In the practical stage, students will have the opportunity to collaborate with an exceptional clinical team and work alongside experts in the field of Sport Psychology, which will allow them to acquire significant skills in this field.

3. Entering First-Class Professional Environments

TECH carries out a strict selection process of the centers where the internships of this blended Master's program will be carried out, ensuring that students have access to prestigious hospital environments. Because of this, they will be able to be part of exceptional work teams, where they will be able to learn from the experience of highly specialized experts in the field of Sport Psychology.





4. Combining the Best Theory with State-of-the-Art Practice

In the educational field, it is common to find programs that are not adequately adapted to the needs of professionals, which translates into long teaching hours that can be difficult to reconcile with personal and work life. To effectively solve this problem, TECH has created an innovative learning model, which combines high quality theoretical education with internships in prestigious clinical settings.

5. Expanding the Boundaries of Knowledge

TECH provides students with the opportunity to carry out their internships in clinical centers of recognized quality. In this way, students will be able to learn from professionals with extensive experience in the field of sports psychology.

“

*You will have full practical immersion
at the center of your choice”*

03

Objectives

TECH has designed the Hybrid Master's Degree in Sports Psychology with the premise of providing its students with the most cutting-edge knowledge and skills in this area. During this learning experience, students will delve into the applications of coaching in the world of sports, leadership strategies in sports disciplines or the role of the psychologist in the field of *e-Sports*. To that end, supported by the following general and specific objectives.





“

Through this Hybrid Master's Degree, you will acquire a series of knowledge and competencies that will fully develop your career as a sports psychologist"



General Objective

- The main objective of the Hybrid Master's Degree in Sports Psychology is to provide students with the most relevant and up-to-date knowledge and skills in this field. To achieve this, the program combines high quality theoretical instruction with a 3-week internship in a prestigious hospital center. During this practical phase, students will have the opportunity to apply the acquired knowledge in a real environment, enabling the development of valuable skills in their daily professional life



The Hybrid Master's Degree in Sports Psychology will allow you to delve in depth into the role played by the Mental Health professional in the world of e-Sports"





Specific Objectives

Module 1. Basic Fundamentals of Sports Psychology

- ♦ Investigate the main roles of the sports psychologist and coach
- ♦ Know the psychological functions involved in sports refereeing
- ♦ Study the psychological process from the demand to the intervention itself
- ♦ Analyze the existing social protection and coordination structures in Sports Psychology

Module 2. Leadership and Management of High Performance Teams

- ♦ Study the most effective management models in high performance sports
- ♦ Learn how to apply effective leadership in the sports environment

Module 3. Coaching Applications in the World of Sports

- ♦ Know the basic process of individual coaching
- ♦ Analyze the Methodology of a sports coaching process
- ♦ Learn to design an effective work plan

Module 4. Psychological Techniques applied to Sports

- ♦ Further understand inclusive and specific sports
- ♦ Unravel the decision making process in sports
- ♦ Be familiar with the comprehensive target and competition plans
- ♦ Study in depth the techniques to generate confidence and emotional self-control

Module 5. Leadership applied to Individual and Collective Sports

- ♦ Know the differences between a sports psychologist and a coach
- ♦ Delve into the concept of psychological training
- ♦ Learn to generate a team mentality
- ♦ Know how to promote self-leadership
- ♦ Study in depth the methods for dealing with defeat

Module 6. Personal Branding and Management of Digital Tools

- ♦ Learn the basic fundamentals and positioning of a personal brand
- ♦ Further develop the management and handling of social networks to achieve professional objectives
- ♦ Know the proper use of social networks by the athlete
- ♦ Study persuasion and influence techniques applicable to different blog, podcast or videoblogging platforms

Module 7. Cultural Transformation in Sports Organizations

- ♦ Cover Team Management as a Sports Coach
- ♦ Analyze the values that drive sports organizations
- ♦ Know the design of intervention plans that are carried out in teams and organizations





Module 8. Support Tools for the Sports Psychologist and Coach

- ♦ Delve into the psychological training of specific sports
- ♦ Learn to optimize the learning process of the athlete, looking for consistency in performance
- ♦ Addressing injuries and rehabilitation of the professional athlete

Module 9. The Psychologist and the Coach as Facilitators

- ♦ Study in depth the training of sports coaches from a psychological point of view
- ♦ Know the process of workshop design and research applied to Sports Psychology

Module 10. e-Sports

- ♦ Study in Depth What e-Sports is all about
- ♦ Understand the current importance of the video game industry and its psychological impact
- ♦ Gain in-depth knowledge of the different roles of psychologists in the video game industry
- ♦ Understand the future prospects of the world of E-sports
- ♦ Study in depth the means of prevention of psychological pathologies such as depression in the video game industry

03

Course Management

For our program to be of the highest quality, we are proud to work with a teaching staff of the highest level, chosen for their proven track record in the field of education. Professionals from different areas and fields of expertise that make up a complete, multidisciplinary team. A unique opportunity to learn from the best.



“

Our professors bring their vast experience and their teaching skills to offer you a stimulating and creative specialized training program”

International Guest Director

Dr. Barbara Roberts is a leading clinical psychologist with an internationally recognized career in the field of sports mental health. As such, she has played an important role as Director of Wellness and Clinical Studies for the Washington Commanders football team, a position that has made her one of the few professionals with a doctorate in Clinical Psychology working full time for an NFL franchise. Here, her work has focused on implementing a proactive approach to mental health management, seeking to build a solid foundation for player wellness and its impact on performance and overall health.

Additionally, her professional career has included significant roles at the Federal Bureau of Prisons and the U.S. Army Aberdeen Proving Ground, where she has developed programs to support inmates and military members with substance abuse issues. In addition, she has worked for the Substance Abuse and Mental Health Services Administration and the White House Office of National Drug Control Policy, which has allowed her to evaluate and improve treatment programs nationwide.

Dr. Barbara Roberts has also applied her expertise in evidence-based methods, such as motivational interviewing, to create an environment of trust with players, helping them face the challenges of their careers and personal lives. In this regard, her approach is unique in its ability to normalize mental health within the sporting environment and offer ongoing, personalized support. In turn, she has excelled in her commitment to helping players through various stages of their careers, from their early years in the NFL, to life after retirement.



Dr. Barbara, Roberts

- Director of Wellness and Clinical Services at the Washington Commanders, Washington D. C., United States
- Clinical Psychologist at Georgetown University Medical Center, Georgetown
- Analyst and Health Policy Coordinator in the White House Office of National Drug Control Policy
- Clinical Psychologist at the Substance Abuse and Mental Health Services Administration
- Doctor of Clinical Psychology from the University of Oklahoma
- B.A. in Psychology from Fisk University

“

Thanks to TECH, you will be able to learn with the best professionals in the world”

04 Skills

Once the student completes the evaluations of the Hybrid Master's Degree, they will have acquired the essential skills to work in the area of Sports Psychology with the utmost rigor and updating. This enables them to excel in this area and enjoy a successful professional career alongside top athletes, ensuring the achievement of their competitive goals and mental well-being.





“

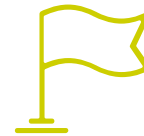
Acquire the skills required to guide prestigious athletes towards the achievement of their professional goals, perfectly managing their emotions at different moments"



General Skills

- ♦ Lead high performance teams in different sports environments, including e-sports
- ♦ Master Sports Psychology, both in its basic and more advanced stages
- ♦ Know which psychological strategies to use in each situation
- ♦ Lead both teams and individuals, clearly differentiating strategies in individual and team sports
- ♦ Develop a strong and prominent personal brand in the sports arena of your choice
- ♦ Understand the cultural particularities that concern sports organizations
- ♦ Employ the different Support Tools specific to sports coaching





Specific Skills

- ♦ Distinguish the strategies to follow according to the level of sport, whether it is high performance, advanced or basic sport
- ♦ Psychological intervention in risk situations of the athlete
- ♦ Acquire and develop a working methodology for sports coaching
- ♦ Promote confidence and emotional self-control in the athlete
- ♦ Apply Live Training to sports coaching
- ♦ Effectively diagnose the psychological state of sports teams or organizations
- ♦ Address retirement in professional sports in an integrated and agile manner
- ♦ Apply Mindfulness and neuroscience to the perception and performance of the sportsperson
- ♦ Design workshops and intervention sessions in different sports settings



By means of this Hybrid Master's Degree, you will obtain a series of competences that will guarantee you to stand out in the field of Sports Psychology"



05

Educational Plan

The curriculum of this program has been developed to provide students with the most up-to-date knowledge and skills in the field of Sport Psychology. All the didactic contents of the Hybrid Master's Degree are available in different formats, including videos, readings and interactive summaries, which provide a more dynamic and interactive learning experience. In addition, the online methodology allows students to adjust their schedules as they wish, perfectly combining their studies with their professional obligations.



“

*The Relearning system of
this degree will enable you
to learn at your own pace”*

Module 1. Basic Fundamentals of Sports Psychology

- 1.1. Introduction to Sports Psychology
- 1.2. Sociology of Sport and Classification
- 1.3. Basic Neurological Basis
- 1.4. Neurological Foundations of Movement
- 1.5. Motor Skills and Learning
- 1.6. Models of Psychological Intervention
- 1.7. From Demand to Intervention Intervention in Training and Competition
- 1.8. Competitive Levels: High Performance Sport, Technical Sport and Base Sport
- 1.9. Effects and Usefulness of the Sports Psychologist
- 1.10. Current Sports Psychology

Module 2. Leadership and Management of High Performance Teams

- 2.1. Origin and History of Leadership Styles
- 2.2. Transformational and Transactional Leadership Style
- 2.3. Leadership Style and Followers
- 2.4. Bases of High Performance Teams
- 2.5. Define the High Performance Challenge
- 2.6. Action Plan
- 2.7. Sustainability and Maintenance of High Performance
- 2.8. Types of Leadership and Coaches in Sports
- 2.9. Athlete Risk Situations
- 2.10. Self-Care of High Performance Athletes and their "Caregivers"

Module 3. Coaching Applications in the World of Sports

- 3.1. The Origins and Background of Coaching
- 3.2. Current Schools and Trends
- 3.3. Work Models
- 3.4. Differences Between Coaching and Other Approaches
- 3.5. Coach Competencies and Code of Ethics
- 3.6. Coactive Coaching

- 3.7. Basic Process of Individual Coaching
- 3.8. Methodology of a Sports Coaching Process
- 3.9. Design of Work Plans and Systemic and Team Coaching
- 3.10. Evaluation Process of Coaching

Module 4. Psychological Techniques applied to Sports

- 4.1. Inclusive and Specific Sports
- 4.2. Decision-Making in Sport
- 4.3. Training the Trainer. Technical Support
- 4.4. Establishment of Objectives and Comprehensive Competition Plans
- 4.5. Techniques to Promote Confidence and Emotional Self-Control
- 4.6. Effects of Generating Awareness of What Has Been Learned about Confidence, Self-Efficacy, and Performance
- 4.7. Self-Instructional Education
- 4.8. Mindfulness applied to Sport
- 4.9. PNL applied to Sport
- 4.10. Motivation and Emotion

Module 5. Leadership applied to Individual and Collective Sports

- 5.1. Sports Psychology vs Coach
- 5.2. Psychological Training
- 5.3. Psychological Determinants of Performance and Talent Management
- 5.4. Team Mentality and Basic Elements of Intervention
- 5.5. Communication Skills
- 5.6. Stress and Anxiety Intervention
- 5.7. Coping with Defeat/ Burnout Prevention
- 5.8. Experiential Tools: Live Training Applied to Sports Coaching
- 5.9. Extreme Sports: Talent, Mental Strength, and Ethics in Sports Development
- 5.10. Self-Leadership. Self-Management
- 5.11. The Coach and Team Management, Ethics and Coaching
- 5.12. Diagnostic Tools for Sports Teams and Organizations
- 5.13. Design of Intervention Plans for Teams and Organizational Development

Module 6. Personal Branding and Management of Digital Tools

- 6.1. Interdisciplinary Work (Physical Therapist, Physiotherapist, Nutritionist, Physician, etc.)
- 6.2. Athlete Assessment Tools
- 6.3. Psychological Training of Specific Sports
- 6.4. Optimization of the Athlete's Learning and Search for Consistency in their Performance
- 6.5. Psychological Pyramid of Sports Performance
- 6.6. Psychological Approach to Injuries and Readaptation
- 6.7. Retirement in Professional Sports
- 6.8. Substance Use and Other Risks
- 6.9. Neuroscience Applied to Perception and Performance
- 6.10. Experiential Tools: Live Training

Module 7. Cultural Transformation in Sports Organizations

- 7.1. Information and Communication Technologies (ICTs)
- 7.2. Basic Principles of Digital Marketing
- 7.3. Internet, the Web, Web 2.0 and Web 3.0
- 7.4. Personal Brand Positioning
- 7.5. Social Network Management
- 7.6. Athletes and the Use of their Networks and Interventions in the Media
- 7.7. Content Marketing Generation through Different Platforms: Blog, Podcast, Video Blogging, etc.
- 7.8. Media Communication Skills
- 7.9. Persuasion and Influence Techniques

Module 8. Support Tools for the Sports Psychologist and Coach

- 8.1. Values-Driven Sports Organizations. Mission and Vision
- 8.2. Business Tools for Communication and Coordination
- 8.3. Corporate Strategy and Technology Strategy
- 8.4. Organizational Culture and Climate
- 8.5. Organizational Leadership
- 8.6. Executive Coaching Tools
- 8.7. Dynamics and Intervention Techniques in Sport Organization

Module 9. The Psychologist and the Coach as Facilitators

- 9.1. Psychologist and Coach: Protagonists of the Process
- 9.2. Group and Team Dynamics
- 9.3. Reinforcement and Punishment
- 9.4. Concentration and Visualization
- 9.5. Values and Attitudes of Sport
- 9.6. Athlete's Personality
- 9.7. Evaluation and Diagnosis of Common Problems
- 9.8. Design of Workshops and Intervention Sessions
- 9.9. Intervention Phases and Sessions
- 9.10. Project Development and Applied Research

Module 10. e-Sports

- 10.1. What are e-Sports?
- 10.2. The Video Game Industry and its Importance for Psychology
- 10.3. Player Management
- 10.4. Club Management
- 10.5. The Figure of the Psychologist, Role and Functions
- 10.6. Addiction to Video Games
- 10.7. Risks of Social Networks within e-sports
- 10.8. Psychological Evaluation and Intervention
- 10.9. Prevention of Depression and Suicide
- 10.10. Future of e-Sports and the Figure of the Psychologist

06

Clinical Internship

After completing the theoretical stage of the Hybrid Master's Degree, students will have the opportunity to carry out an internship in a renowned hospital. During this period, a tutor will be available to accompany you, offer guidance and answer all your questions, thus ensuring that your learning is optimal.



“

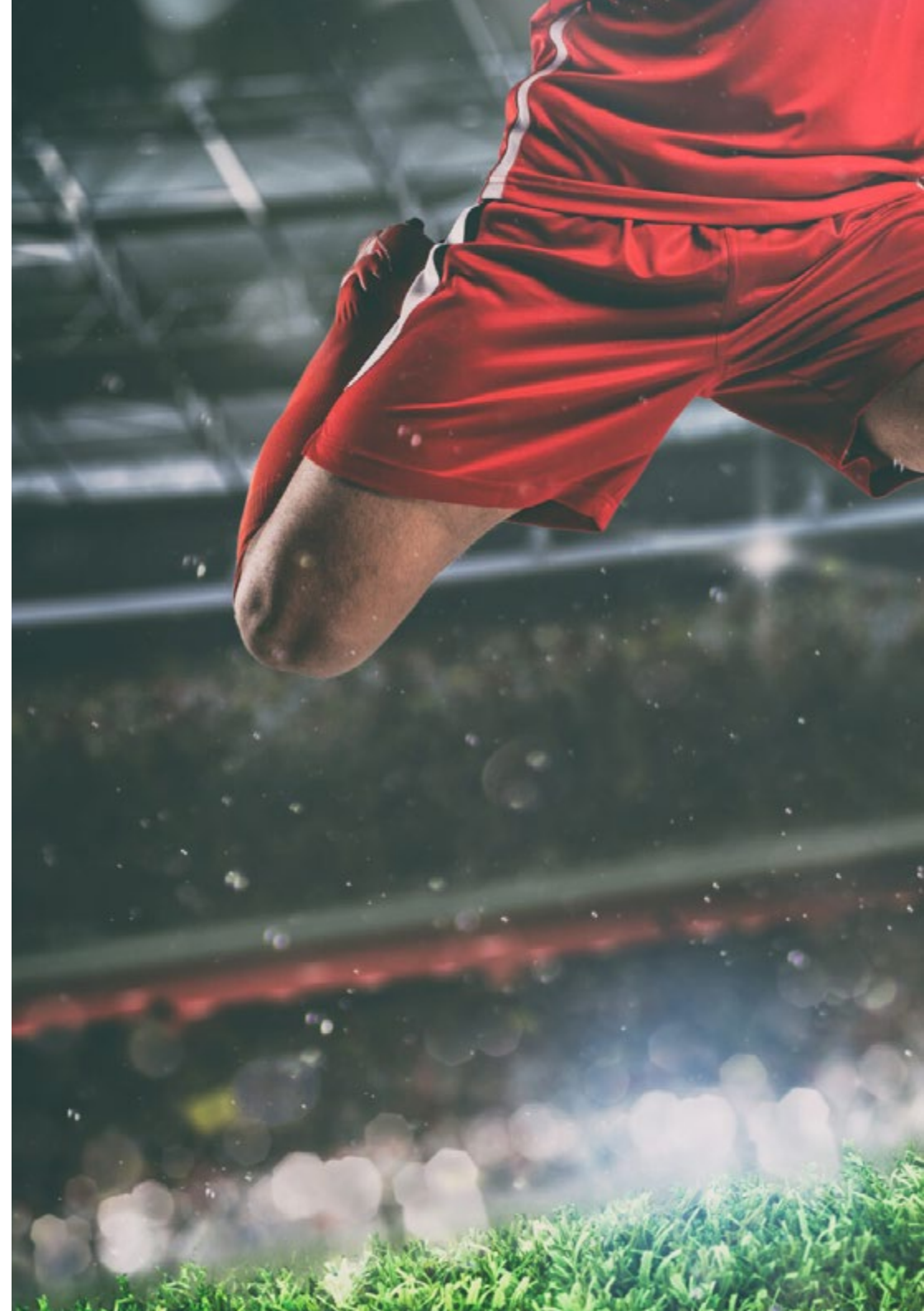
Enjoy internship in the transfer center with the geographical proximity to your usual residence"

In the final stretch of the Hybrid Master's Degree, students will have the opportunity to enjoy a 3-week internship, from Monday to Friday, with consecutive 8-hour workdays in a first-class hospital center. During this period, they will work in a real professional environment and will have the opportunity to put into practice the knowledge acquired throughout the program.

The practical phase of the degree aims to strengthen and develop essential skills in the field of Sport Psychology. Students will perform their duties in a rigorous professional environment, which will enable them to improve their skills in dealing with the world-class athlete.

This work experience in a high quality hospital is a unique opportunity to learn and acquire knowledge that will fully develop the student's psychological praxis, in an environment where the preservation of the patient's mental health is of the utmost concern.

The practical part will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners that facilitate teamwork and multidisciplinary integration as transversal competencies for Psychological praxis (learning to be and learning to relate).





The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center’s own availability and workload, the proposed activities being the following:

Module	Practical Activity
Coaching and Management of High Performance Teams	Design an effective coaching work plan for the athlete
	Carry out a coaching plan oriented to sports teams
	Carry out effective leadership strategies in top-level sports teams
Psychological Techniques applied to Sports	Design psychological plans adapted to the athlete's competitive objectives
	Work with the athlete and provide the best techniques to build confidence and emotional self-control
Support Tools for the Sports Psychologist and Coach	Deal with the athlete and helping them overcome a streak of negative results
	Address injuries and rehabilitation of professional athletes from a psychological perspective
	Assist the athlete who has suffered an injury relapse and to promote the proper management of emotions
e-Sports	Perform effective psychological interventions in e-Sports clubs, both as a group and for individual players
	Carry out strategies for the prevention of mental pathologies and suicide in e-Sports players
Personal Branding and Management of Social Media	Build a personal and recognized image related to the psychologist's activity
	Effectively manage and handle social networks to achieve the desired professional objectives
	Use persuasive techniques to attract the attention of potential patients

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Hybrid Master's Degree, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Hybrid Master's Degree, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Hybrid Master's Degree will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: the Hybrid Master's Degree shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Hybrid Master's Degree. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Hybrid Master's Degree will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07

Where Can I Do the Clinical Internship?

Students of this Hybrid Master's Degree program have the opportunity to carry out internships in prestigious hospitals for a period of 3 weeks. This provides valuable work experience in a real environment, as they are able to work in centers with advanced technology, acquiring useful skills for their professional performance. In addition, these institutions are located in different geographical areas so that students can choose the one that best suits their personal needs.



“

*Get an excellent internship in
a renowned hospital center,
thus enriching your learning”*

tech 38 Where Can I Do the Clinical Internship?



The student will be able to complete the practical part of this Hybrid Master's Degree at the following centers:



Psychology

Policlínico HM Moraleja

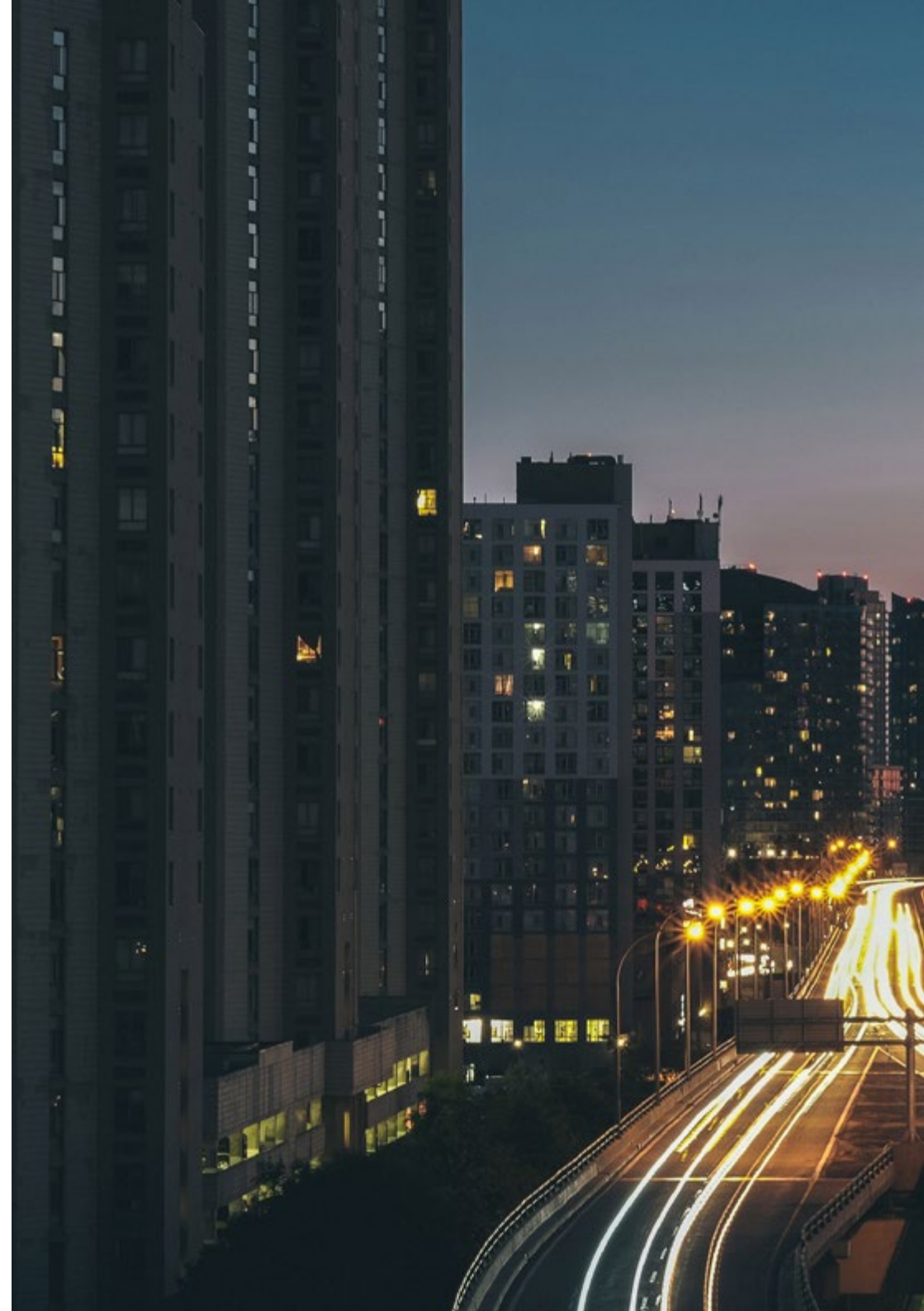
Country	City
Spain	Madrid

Address: P.º de Alcobendas, 10, 28109, Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Rehabilitation Medicine in Acquired Brain Injury Management





Policlínico HM Matogrande

Country
Spain

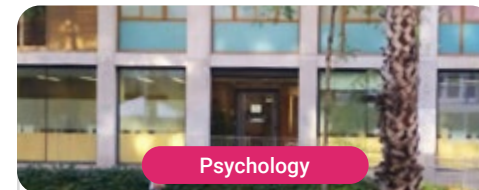
City
La Coruña

Address: R. Enrique Mariñas Romero, 32G, 2º,
15009, A Coruña

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

Sports Physiotherapy
Neurodegenerative Diseases



Oriol Mercadé

Country
Spain

City
Barcelona

Address: Ronda del General Mitre, 174,
08006 Barcelona

Referents in Sports Psychology, Neuropsychology and
Social Inclusion Actions.

Related internship programs:

Sports Psychology
- Cognitive-Behavioral Psychotherapy

08

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvás, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

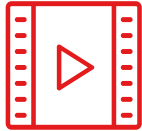
This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort
and better performance, involving you more
in your training, developing a critical mindset,
defending arguments, and contrasting opinions: a
direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

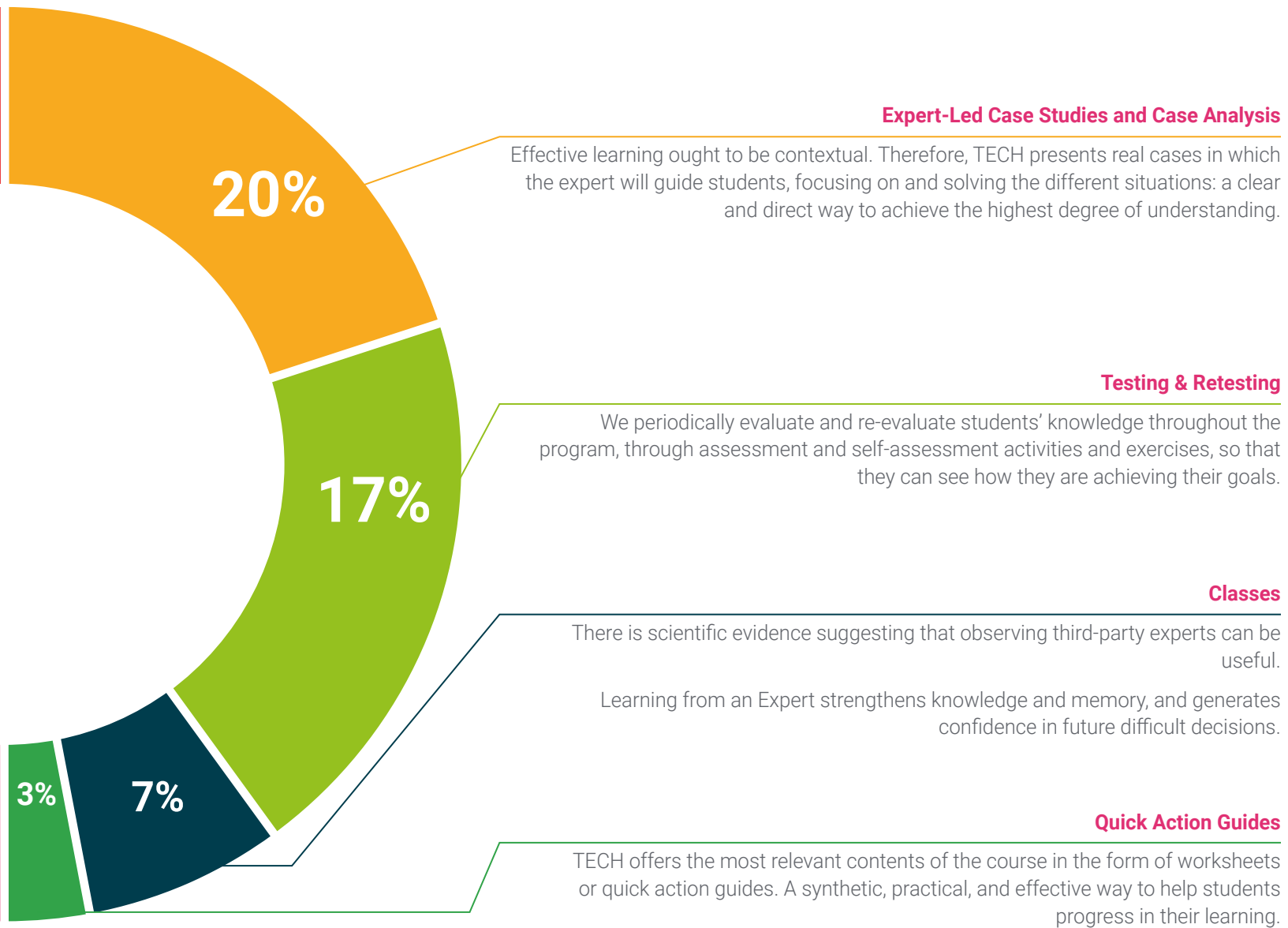
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





09

Certificate

The Hybrid Master's Degree in Sports Psychology guarantees, in addition to the most rigorous and up to date training, the access to a Hybrid Master's Degree issued by TECH Global University.



“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This private qualification will allow you to obtain an **Hybrid Master's Degree in Sports Psychology** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

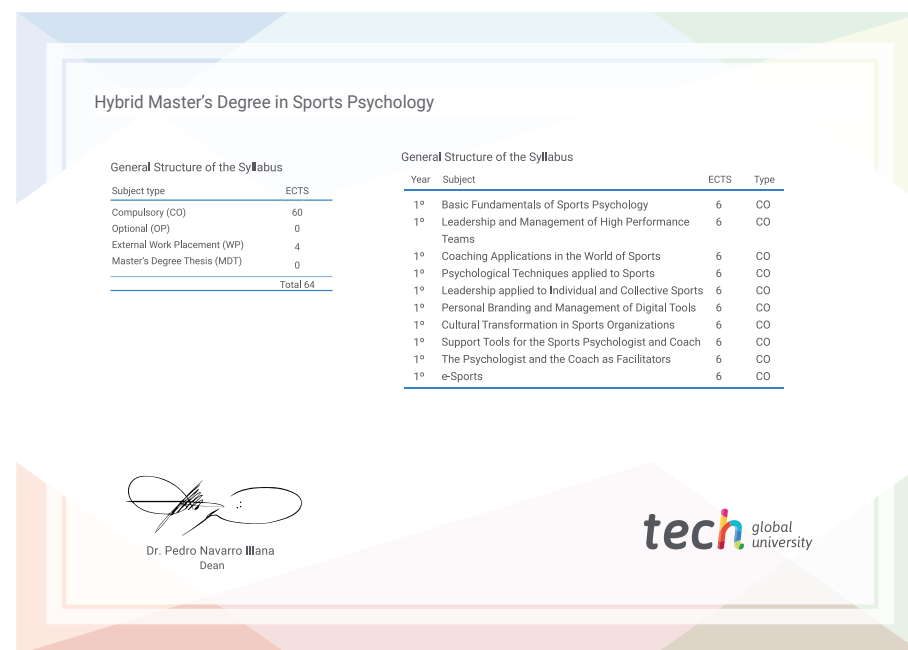
This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Hybrid Master's Degree in Sports Psychology**

Modality: **Hybrid (Online + Clinical Internship)**

Duration: **12 months**

Accreditation: **64 ECTS**



future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
online training
development language
virtual classroom



Hybrid Master's Degree Sports Psychology

Modality: Hybrid (Online + Clinical Internship)

Duration: 12 months.

Certificate: TECH Global University

Credits: 60 + 4 ECTS

Hybrid Master's Degree

Sports Psychology