Postgraduate Diploma
Child and Adolescent Treatment Programs

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Postgraduate Diploma

Child and Adolescent Treatment Programs

- Modality: **online**
- Duration: **6 months**
- Certificate: **TECH Global University**
- Accreditation: **18 ECTS**
- Schedule: **at your own pace**
- Exams: **online**

Website: www.techtitute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-child-adolescent-treatment-programs

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01

Introduction

Dialogue, games and drawing are some of the techniques most commonly used by psychology professionals in the clinical treatment of children and adolescents. In addition to these tools, information and communication technologies have been added in recent years, which allow the approach of patients suffering from disorders or limitations that prevent them from attending consultations in person. This online program provides the professional with the most recent and innovative knowledge in this field, with multimedia content provided by a highly qualified teaching team with experience in the management of patients in the infant and adolescent stage.

A Postgraduate Diploma designed so that you can combine your career with a high quality and modern education"

Children with autism spectrum, schizophrenia, obsessive-compulsive disorders or certain phobias require specific treatments carried out by psychology professionals with extensive and renewed knowledge in this field. This knowledge is the subject of this Postgraduate Diploma taught by a highly qualified professional with extensive experience in leading clinical centers.

The approach to underage patients with health problems requires high skills and competences from the professional, since they occur in stages of the human being where the main biological developments take place. An advanced knowledge, which provides this online program that delves into the factors that influence the outcome of treatment, the different existing therapies, their evolution and application depending on the disorder, as well as studies and lines of research focused on this area.

A university degree that is an excellent opportunity for psychology professionals who wish to pursue a high-level education while combining their work and/or personal responsibilities. TECH offers a completely online program that can be accessed from any electronic device (mobile, tablet or computer) with internet connection. Likewise, students have the entire syllabus that forms the course from the first day, being able, therefore, to distribute the workload according to their needs. All this with a methodology in accordance with the changing times.

This **Postgraduate Diploma in Child and Adolescent Treatment Programs** contains the most complete and up-to-date program on the market. The most important features include:

- Practical cases presented by experts in Psychology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

You will delve for 6 months in the latest knowledge in ICT used to address social phobias or the autistic spectrum"

This Postgraduate Diploma has practical content that will be very useful for adolescent therapies applied by psychology professionals"

TECH gives you the opportunity to acquire more advanced knowledge about family therapy and its effectiveness.

You will have video summaries, videos in detail or complete readings to access at any time of the day.

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

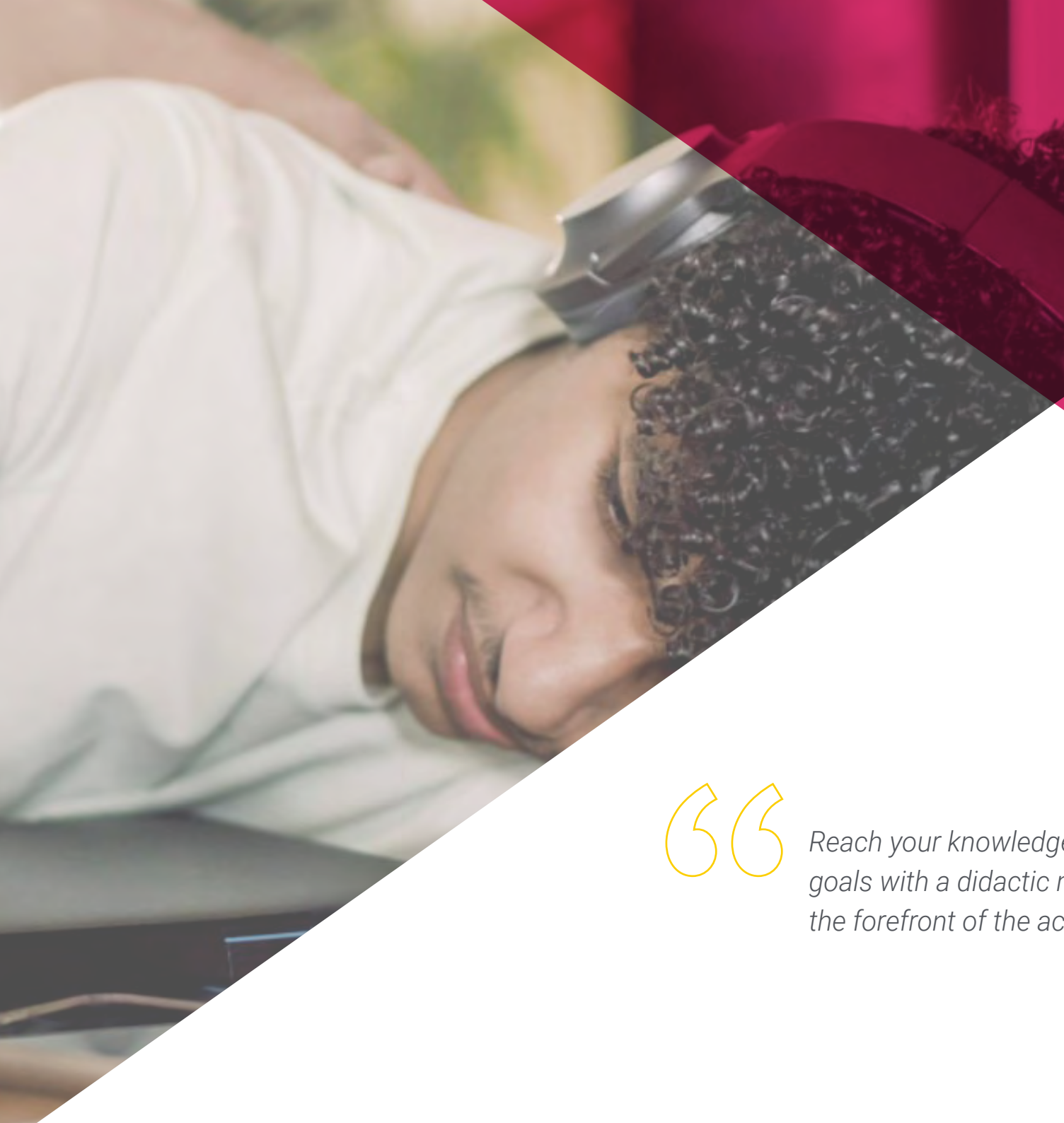
Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersion education programmed to learn in real situations.

The design of this program focuses on problem-based learning, through which the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose students will be assisted by an innovative interactive video system developed by renowned experts.

02

Objectives

Throughout the 6 months of this university degree, the psychology professional will be able to acquire the latest knowledge in treatments for clinical psychopathologies in childhood and adolescence, the use of new technologies for intervention in patients with phobias or mobility difficulties, and the future of some clinical disorders in childhood and adolescence. All this, with an innovative multimedia content that is at the forefront of academic teaching.



Reach your knowledge improvement goals with a didactic material that is at the forefront of the academic world"

General Objectives

- Describe the therapeutic bond between the psychotherapist and the child
- Analyze the changes in behavior during the life cycle
- Differentiate between the evolutionary adaptation and adaptability of human beings
- Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- Master psychodiagnosis and evaluation in the child and adolescent framework
- Control personality assessment at these ages
- Identify the role of the family in child and adolescent diagnosis
- Specify the intervention in clinical psychology at these age groups
- Develop sufficient skills to manage a child and adolescent clinic

Access a degree with the most effective therapies currently available to treat excretory disorders in children"

Specific Objectives

Module 1. Treatment and Intervention of Child and Adolescent Psychopathologies

- Know and study the main treatments for clinical psychopathologies in childhood and adolescence
- Study the different modulating theories of human behavior in childhood
- Get to know the future perspectives in the treatment of childhood and adolescent psychopathologies

Module 2. Intervention and Treatment in Clinical Child and Adolescent Psychology

- Identify the main treatments for clinical psychopathologies in childhood and adolescence
- Study the different modulating theories of human behavior in childhood
- Get to know the future perspectives in the treatment of childhood and adolescent psychopathologies

Module 3. Treatment Programs

- Know the relevant data on the treatment of the most significant disorders for the child and adolescent population
- Study the main aspects of intervention in clinical disorders of childhood and adolescence
- Determine the future prognosis of some clinical disorders in childhood and adolescence
- Study the therapies and intervention techniques that are effective in clinical disorders

03

Course Management

This academic program includes the most specialized teaching staff in the current educational market. They are specialists selected by TECH to develop the whole syllabus. In this way, starting from their own existence and the latest evidence, they have designed the most up-to-date content that provides a guarantee of quality in such a relevant subject.

TECH offers the most specialized teaching staff in the field of study. Enroll now and enjoy the quality you deserve"

International Guest Director

Dr. Amy Elizabeth West is a renowned **clinical psychologist** with an outstanding international career in the field of **Child and Adolescent Mental Health**. She has held a leadership position at **Children's Hospital Los Angeles (CHLA)**, where she has directed the **Clinical Child and Adolescent Psychology Internship**. Here, her work has focused on providing **evidence-based psychosocial treatments**, with a special focus on **vulnerable** and underserved **populations**, such as **ethnic minorities** and **socioeconomically disadvantaged families**.

Likewise, throughout her career, she has led innovative **research** on **Mood and Anxiety Disorders** in children, the prevention of **Suicidal Behavior** and **Perinatal Mental Health**, obtaining funding from prestigious institutions, such as the **National Institute of Mental Health (NIMH)**, the **Patient-Centered Outcomes Research Institute (PCORI)** and the **Substance Abuse and Mental Health Services Administration (SAMHSA)**.

Likewise, her integrative approach has been instrumental in developing treatments such as **Child and Family Focused Cognitive Behavioral Therapy (CFF-CBT)**, known as **RAINBOW therapy**, which has been widely validated as an effective treatment for **Pediatric Bipolar Disorder**, with manuals published by **Oxford University Press** in the **"Treatments that Work"** series. She has also been involved in research on **Substance and Opioid Use Prevention in Native American and Alaska Native communities**.

In addition to her work and research, Dr. Amy Elizabeth West has been an active personality in several professional organizations, holding leadership roles in the **Association for Cognitive and Behavioral Therapy**, the **Society for Prevention Research**, and the **Anxiety and Depression Association of America**. In doing so, she aims to improve access to **mental health** care for **vulnerable populations**, establishing herself as an expert in her field.

Dr. Bolton, West, Amy Elizabeth

- Director of Clinical Child and Pediatric Psychology, Children's Hospital Los Angeles, United States
- Co-investigator and Director of the Implementation of Cognitive-Behavioral Techniques
- Psychologist and Researcher of the Community Mental Health Program at Children's Hospital of Los Angeles
- Member of the Study on Prevention and Treatment of Opioid and Substance Use in Urban and Rural AIAN Tribal Communities in California at the University of Southern California
- Associate Editor of the Journal of Clinical Child and Adolescent Psychology
- Adolescent Medicine Fellow at Harvard Medical School and Boston Children's Hospital
- Clinical and Pediatric Child Psychology Fellow, Harvard Medical School and Boston Children's Hospital
- Ph.D. in Clinical Psychology from the University of Virginia
- B.A. in Psychology from Stanford University
- Clinical Research Loan Repayment Program Award from the National Institutes of Health (NIH)
- Career Development Award from the National Institute of Mental Health (NIMH)
- Member of:
  - University of Southern California Interdisciplinary Center for Family Change

Thanks to TECH, you will be able to learn with the best professionals in the world"

04

Structure and Content

This Postgraduate Diploma has a syllabus that has been developed by the faculty that teaches this degree with the goal of offering the psychology professional the most advanced and up-to-date knowledge in the treatment of children and young people suffering from personality disorders, anxiety, ADHD, bipolar disorders or depression. A course of studies structured in three modules, where the students will conclude themselves being aware of the new perspectives of treatment at this stage of development of the human being. The video summaries of each topic, the videos in detail or the real cases provided in this program will be very useful for the improvement of knowledge and daily clinical practice.

Do you want to be aware of the lines of research that delve into psychological treatment programs for children? With this Postgraduate Diploma you will be able to do so"

Module 1. Treatment and Intervention of Child and Adolescent Psychopathologies

1.1. Factors Influencing Treatment Outcome
  1.1.1. Modulating Factors in Child Treatment
1.2. Treatment Modalities
  1.2.1. Introduction to the Treatment of Child and Adolescent Psychopathology
  1.2.2. Different Treatment Modalities for Children and Adolescents
1.3. Bandura's Vicarious Learning
  1.3.1. History of Bandura
  1.3.2. Bandura's Vicarious Learning Theory
1.4. Functional Analysis
  1.4.1. Introduction to Functional Analysis
  1.4.2. Functional Analysis in Psychological Therapy
1.5. Systemic Therapy
  1.5.1. Introduction to Systemic Therapy
  1.5.2. Systemic Therapy Today
1.6. Strategic Therapy and Constructivism
  1.6.1. Introduction to Strategic Therapy
  1.6.2. Introduction to Constructivism
1.7. Cognitive-Behavioral Therapy. Cognitive restructuring
  1.7.1. Introduction to Cognitive-- Behavioral Techniques
  1.7.2. Cognitive Restructuring Technique
  1.7.3. Cognitive Restructuring as a Treatment Nowadays
1.8. Solution-Focused Brief Therapy
  1.8.1. Introduction to Solution-Focused Brief Therapy
  1.8.2. Techniques and Clinical Use
1.9. Psychotherapeutic Techniques
  1.9.1. Introduction to Psychotherapeutic Techniques
  1.9.2. The Main Psychotherapeutic Techniques Today
1.10. Future Prospects for Treatment Planning
  1.10.1. New Prospects for Treatment in Childhood and Adolescence

Module 2. Intervention and Treatment in Clinical Child and Adolescent Psychology

2.1. Characteristics of Psychological Interventions in Children and Adolescents
- 2.1.1. Main Features

2.2. Autism Spectrum
- 2.2.1. Principles of the Autism Spectrum
- 2.2.2. Assessment and Diagnosis
- 2.2.3. Intervention and Treatment

2.3. Schizophrenia
- 2.3.1. Basis of the Disease
- 2.3.2. Assessment and Diagnosis
- 2.3.3. Intervention and Treatment

2.4. Intervention in Obsessive-- Compulsive Disorder
- 2.4.1. Principles of the Disorder
- 2.4.2. Assessment and Diagnosis
- 2.4.3. Treatment Programs

2.5. Treatment Program for Social Phobia
- 2.5.1. Common Treatment Programs for Social Phobia
- 2.5.2. Treatments and Lines of Research
- 2.5.3. Cognitive - Behavioral Intervention

2.6. Specific Phobia Treatment
- 2.6.1. Diagnostic Characteristics of Specific Phobias
- 2.6.2. Assessment
- 2.6.3. Intervention and Treatment

2.7. Family Therapy
- 2.7.1. Principles of Family Therapy
- 2.7.2. Usefulness and Effectiveness

2.8. Treatment of Sexual Disorders
- 2.8.1. Assessment and Diagnosis of Sexual Disorders
- 2.8.2. Non-Pharmacological Treatment for Sexual Disorders

2.9. Treatment for Oppositional Defiant Disorder
- 2.9.1. What is Oppositional Defiant Disorder?
- 2.9.2. Assessment and Diagnosis of Oppositional Defiant Disorder
- 2.9.3. Intervention and Treatment

2.10. Treatment of Addictions
- 2.10.1. Concept of Addiction
- 2.10.2. Components of Addiction
- 2.10.3. Intervention Programs

Module 3. Treatment Programs

3.1. Depression and Anxiety
- 3.1.1. Introduction to the Treatment of Depression and Anxiety in Child and Adolescent Clinic
- 3.1.2. Intervention in Depression and Anxiety in Children

3.2. ADHD
- 3.2.1. Introduction to ADHD Treatment
- 3.2.2. Intervention in ADHD in Children

3.3. Personality Disorders
- 3.3.1. Introduction to the Treatment of Personality Disorders
- 3.3.2. Intervention in Personality Disorders in Children and Adolescents

3.4. Bipolar Disorder
- 3.4.1. Introduction to Bipolar Disorder and its Treatment
- 3.4.2. Intervention of Bipolar Disorder in Childhood and Adolescence

3.5. Eating Disorders
- 3.5.1. Introduction to the Treatment of Eating Disorders in the Child and Adolescent Population
- 3.5.2. Intervention of Eating Disorders in Minors

3.6. Sleep Disorders
- 3.6.1. Introduction to the Treatment of Sleep Disorders in Minors
- 3.6.2. Sleep Disorders Intervention

3.7. Disruptive Behavior Disorders
- 3.7.1. Introduction and Relevance to the Treatment of Disruptive Behavior Disorders in Minors
- 3.7.2. Intervention of Behavioral Disorders in Childhood and Adolescence

3.8. Excretory Disorders
- 3.8.1. General Aspects of Excretory Disorders and their Treatment
- 3.8.2. Intervention of Excretory Disorders in Minors

3.9. Dissociative Disorders and Psychosomatic Disorders
- 3.9.1. Relevance of Dissociative Disorders and Psychosomatic Disorders in Childhood and Adolescence
- 3.9.2. Intervention and Treatment of Dissociative and Psychosomatic Disorders in Minors

3.10. Stress Disorders
- 3.10.1. General Overview of Stress-Related Disorders
- 3.10.2. Intervention of Stress Disorders in the Child and Adolescent Population

With this Postgraduate Diploma you will gain access to recent studies on interventions for children and adolescents with anxiety disorders"

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

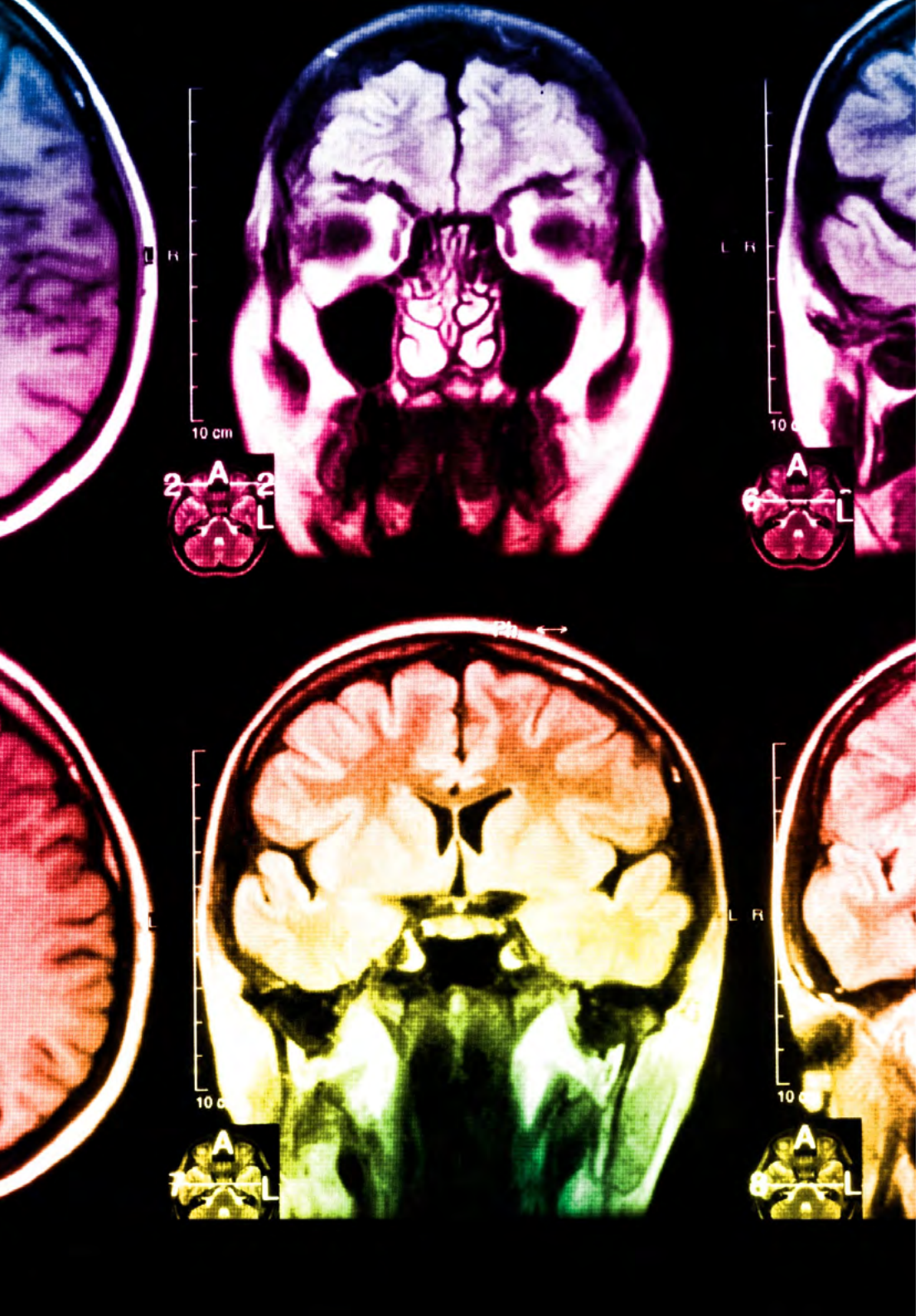
1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

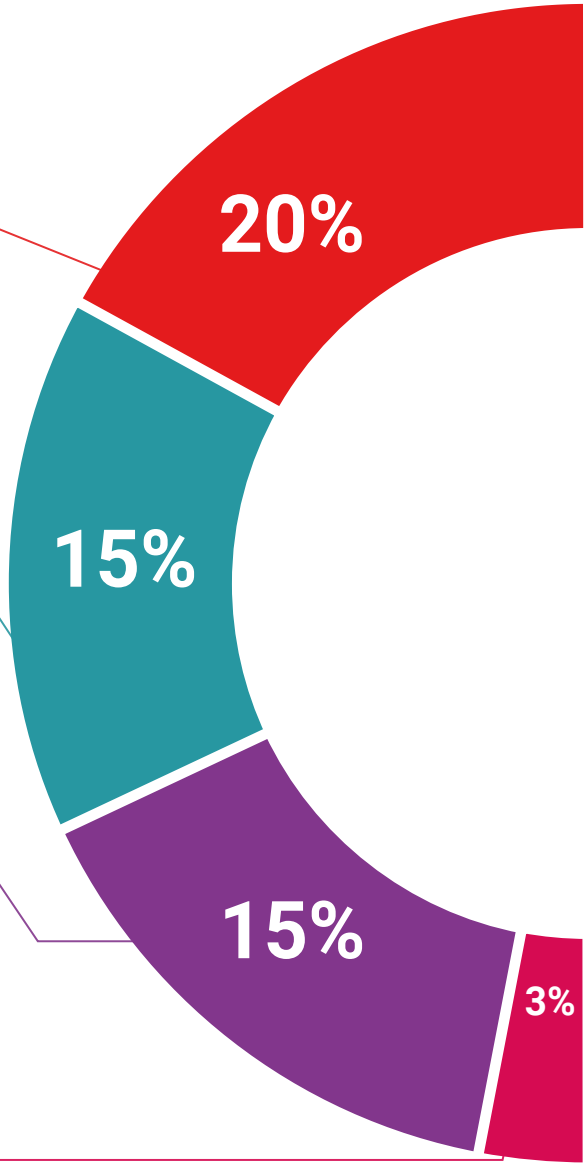
Interactive Summaries

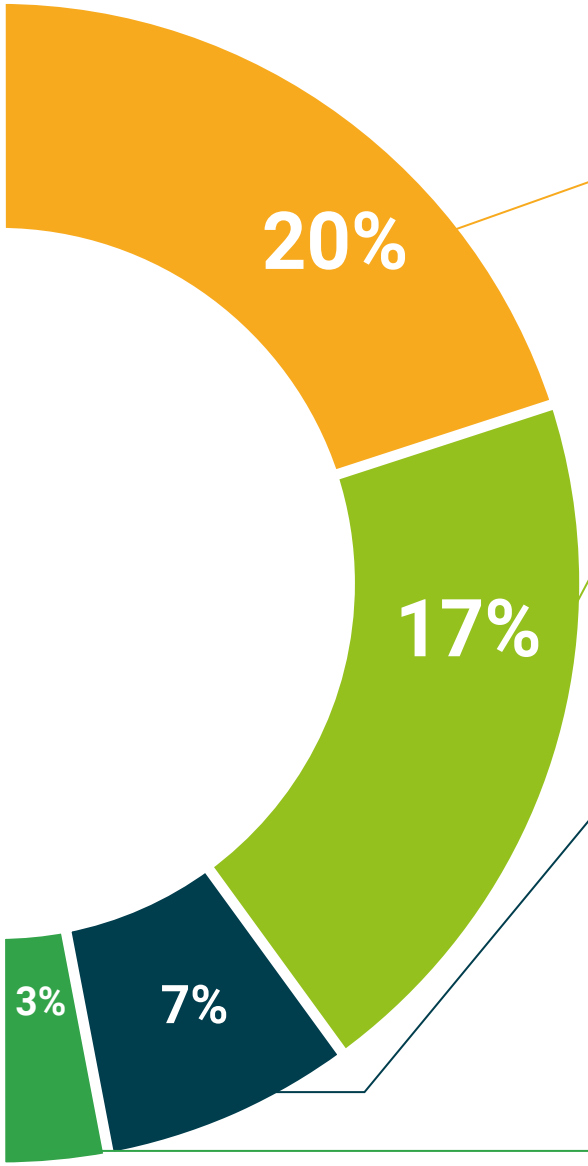
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

06

Certificate

The Postgraduate Diploma in Child and Adolescent Treatment Programs guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This private qualification will allow you to obtain an **Postgraduate Diploma in Child and Adolescent Treatment Programs** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ***(official bulletin)***. Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

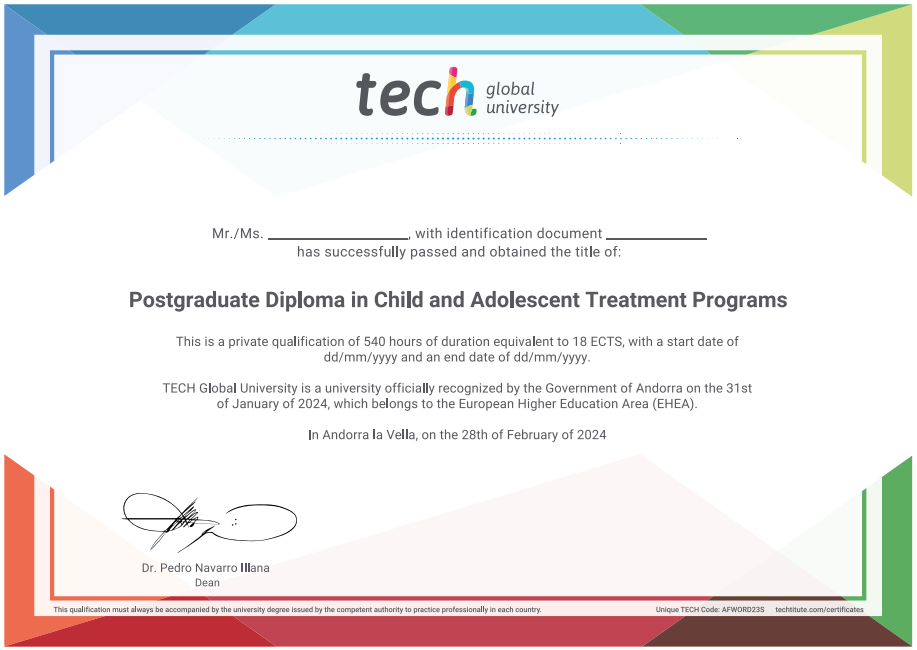
This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Child and Adolescent Treatment Programs**

Modality: **online**

Duration: **6 weeks**

Accreditation: **18 ECTS**


tech global university

Mr./Ms. _____, with identification document _____
has successfully passed and obtained the title of:

Postgraduate Diploma in Child and Adolescent Treatment Programs

This is a private qualification of 540 hours of duration equivalent to 18 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country. Unique TECH Code: AFWORD23S techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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Child and Adolescent Treatment Programs

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