

Postgraduate Certificate

Treatment and Intervention of Child and Adolescent Psychopathologies





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Treatment and Intervention of Child and Adolescent Psychopathologies

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/psychology/postgraduate-certificate/treatment-intervention-child-adolescent-psychopathologies

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 16

05

Methodology

p. 20

06

Certificate

p. 28

01

Introduction

Faced with a population of children and adolescents with increasing mental health problems, at a crucial stage of development in their physical and cognitive lives, it is essential to have psychology professionals with a broad and current knowledge in the treatments currently applied, as well as recent scientific studies that allow progress in this field in a more efficient way. A high-level education taught in 100% online mode, which responds to this demand and provides students with a renewal of their knowledge through innovative multimedia content and a specialized teaching team.





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Thanks to this university education you will be able to renew your knowledge with a theoretical-practical approach and a look into the future of the treatment of psychopathologies in children"

Bullying, imaginary friends, depression, anxiety, stress, ADHD are just some of the psychological problems that must be addressed by the psychology professional in the child and adolescent population. In the management of these patients, knowing all the most effective and recent tools, treatments and interventions will allow progress in their recovery. This Postgraduate Certificate provides professionals with renewed knowledge in this field from the hand of a teaching team specialized in the care of patients who are at this stage of human development.

A program taught in a completely online mode, which will deepen in the most used therapies in the child and adolescent group as the systemic, strategic and constructivism or cognitive-behavioral. All this with quality multimedia content in which students will have at their disposal simulations of real clinical cases that will be very useful in their daily practice. Likewise, this teaching, which has a theoretical-practical approach, will provide a look into the future in the planning of treatment in the infantile and juvenile stage.

This way, students who take this program will acquire renewed knowledge in a convenient way, since they will be able to access the Postgraduate Certificate whenever and wherever they wish. It only requires a device with an internet connection to be able to connect to a syllabus made up of didactic material that is at the forefront of academic teaching. In addition, the *Relearningsystem*, applied by TECH in all its degrees, will allow students to reduce the long hours of study that are reflected in other teaching models. An excellent opportunity for those who wish to combine their work and/or personal responsibilities with quality education.

This **Postgraduate Certificate in Treatment and Intervention of Child and Adolescent Psychopathologies** contains the most complete and up-to-date program on the market.

The most important features include:

- ♦ Practical cases presented by experts in Psychology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Download the syllabus of this university degree to visualize it or consult it whenever you wish"

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The multimedia content will lead you in a more comfortable way to deepen your knowledge of systemic, cognitive-behavioral or brief solution-focused therapies"

This is a 100% online program with a Relearning system that will allow you to reduce the long hours of study.

You have 180 teaching hours of intensive knowledge about child and adolescent psychopathologies and the most used techniques for their treatment.

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersion education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose students will be assisted by an innovative interactive video system developed by renowned experts.



02 Objectives

The psychology professional who takes this university degree will achieve, throughout the 180 teaching hours of this program, a deep and current knowledge in the field of treatment and intervention of child and adolescent psychopathologies, as well as perfecting their competences and skills in this field. The closeness and proximity of the expert teaching team that delivers this program will also allow you to achieve these goals more easily.





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You will achieve a broad upgrade in the modulatory theories of human behavior in childhood with this Postgraduate Certificate"



General Objectives

- ♦ Describe the therapeutic bond between the psychotherapist and the child
- ♦ Analyze the changes in behavior during the life cycle
- ♦ Differentiate between the evolutionary adaptation and adaptability of human beings
- ♦ Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- ♦ Master psychodiagnosis and evaluation in the child and adolescent framework
- ♦ Control personality assessment at these ages
- ♦ Identify the role of the family in child and adolescent diagnosis
- ♦ Specify the intervention in clinical psychology at these age groups
- ♦ Develop sufficient skills to manage a child and adolescent clinic





Specific Objectives

- ◆ Identify the main treatments for clinical psychopathologies in childhood and adolescence
- ◆ Study the different modulating theories of human behavior in childhood
- ◆ Get to know the future perspectives in the treatment of childhood and adolescent psychopathologies



Access to recent scientific studies that support the efficient use of Treatment and Intervention of Child and Adolescent Psychopathologies in an efficient way"

03

Course Management

This academic program includes the most specialized teaching staff in the current educational market. They are specialists selected by TECH to develop the whole syllabus. In this way, starting from their own existence and the latest evidence, they have designed the most up-to-date content that provides a guarantee of quality in such a relevant subject.



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*TECH offers the most specialized
teaching staff in the field of study.
Enroll now and enjoy the quality
you deserve”*

International Guest Director

Dr. Amy Elizabeth West is a renowned clinical psychologist with an outstanding international career in the field of Child and Adolescent Mental Health. She has held a leadership position at Children's Hospital Los Angeles (CHLA), where she has directed the Clinical Child and Adolescent Psychology Internship. Here, her work has focused on providing evidence-based psychosocial treatments, with a special focus on vulnerable and underserved populations, such as ethnic minorities and socioeconomically disadvantaged families.

Likewise, throughout her career, she has led innovative research on Mood and Anxiety Disorders in children, the prevention of Suicidal Behavior and Perinatal Mental Health, obtaining funding from prestigious institutions, such as the National Institute of Mental Health (NIMH), the Patient-Centered Outcomes Research Institute (PCORI) and the Substance Abuse and Mental Health Services Administration (SAMHSA).

Likewise, her integrative approach has been instrumental in developing treatments such as Child and Family Focused Cognitive Behavioral Therapy (CFF-CBT), known as RAINBOW therapy, which has been widely validated as an effective treatment for Pediatric Bipolar Disorder, with manuals published by Oxford University Press in the "Treatments that Work" series. She has also been involved in research on Substance and Opioid Use Prevention in Native American and Alaska Native communities.

In addition to her work and research, Dr. Amy Elizabeth West has been an active personality in several professional organizations, holding leadership roles in the Association for Cognitive and Behavioral Therapy, the Society for Prevention Research, and the Anxiety and Depression Association of America. In doing so, she aims to improve access to mental health care for vulnerable populations, establishing herself as an expert in her field.



Dr. Bolton, West, Amy Elizabeth

- Director of Clinical Child and Pediatric Psychology, Children's Hospital Los Angeles, United States
- Co-investigator and Director of the Implementation of Cognitive-Behavioral Techniques
- Psychologist and Researcher of the Community Mental Health Program at Children's Hospital of Los Angeles
- Member of the Study on Prevention and Treatment of Opioid and Substance Use in Urban and Rural AIAN Tribal Communities in California at the University of Southern California
- Associate Editor of the Journal of Clinical Child and Adolescent Psychology
- Adolescent Medicine Fellow at Harvard Medical School and Boston Children's Hospital
- Clinical and Pediatric Child Psychology Fellow, Harvard Medical School and Boston Children's Hospital
- Ph.D. in Clinical Psychology from the University of Virginia
- B.A. in Psychology from Stanford University
- Clinical Research Loan Repayment Program Award from the National Institutes of Health (NIH)
- Career Development Award from the National Institute of Mental Health (NIMH)
- Member of:
 - University of Southern California Interdisciplinary Center for Family Change

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Thanks to TECH, you will be able to learn with the best professionals in the world”

04

Structure and Content

The syllabus of this Postgraduate Certificate has been developed by a specialized team with extensive experience in the management of patients with psychopathologies in childhood and adolescence. With a theoretical and practical approach, students will be immersed during the 6 weeks of this degree in the factors that influence the treatment of minors, the different existing modalities, as well as the different therapies applied in children and adolescents such as cognitive-behavioral therapy, brief therapy focused on solutions, as well as the different psychotherapeutic techniques used. All this with a didactic content based on video summaries, videos in detail, specialized readings and case studies based on real clinical cases.





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A university education that will allow you to renew your knowledge in the main therapeutic techniques through simulations of real practical cases"

Module 1. Treatment and Intervention in Child and Adolescent Psychopathologies

- 1.1. Factors Influencing Treatment Outcome
 - 1.1.1. Modulating Factors in Child Treatment
- 1.2. Treatment Modalities
 - 1.2.1. Introduction to the Treatment of Child and Adolescent Psychopathology
 - 1.2.2. Different Treatment Modalities for Children and Adolescents
- 1.3. Bandura's Vicarious Learning
 - 1.3.1. History of Bandura
 - 1.3.2. Bandura's Vicarious Learning Theory
- 1.4. Functional Analysis
 - 1.4.1. Introduction to Functional Analysis
 - 1.4.2. Functional Analysis in Psychological Therapy
- 1.5. Systemic therapy
 - 1.5.1. Introduction to Systemic Therapy
 - 1.5.2. Systemic Therapy Today
- 1.6. Strategic Therapy and Constructivism
 - 1.6.1. Introduction to Strategic Therapy
 - 1.6.2. Introduction to Constructivism
- 1.7. Cognitive- Behavioral Therapy. Cognitive restructuring
 - 1.7.1. Introduction to Cognitive- Behavioral Techniques
 - 1.7.2. Cognitive Restructuring Technique
 - 1.7.3. Cognitive Restructuring as a Treatment Nowadays
- 1.8. Solution-Focused Brief Therapy
 - 1.8.1. Introduction to Solution-Focused Brief Therapy
 - 1.8.2. Techniques and Clinical Use
- 1.9. Psychotherapeutic Techniques
 - 1.9.1. Introduction to Psychotherapeutic Techniques
 - 1.9.2. The Main Psychotherapeutic Techniques Today
- 1.10. Future Prospects for Treatment Planning
 - 1.10.1. New Prospects for Treatment in Childhood and Adolescence





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A Postgraduate Certificate designed for professionals who wish to combine their personal responsibilities with high-level education"

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



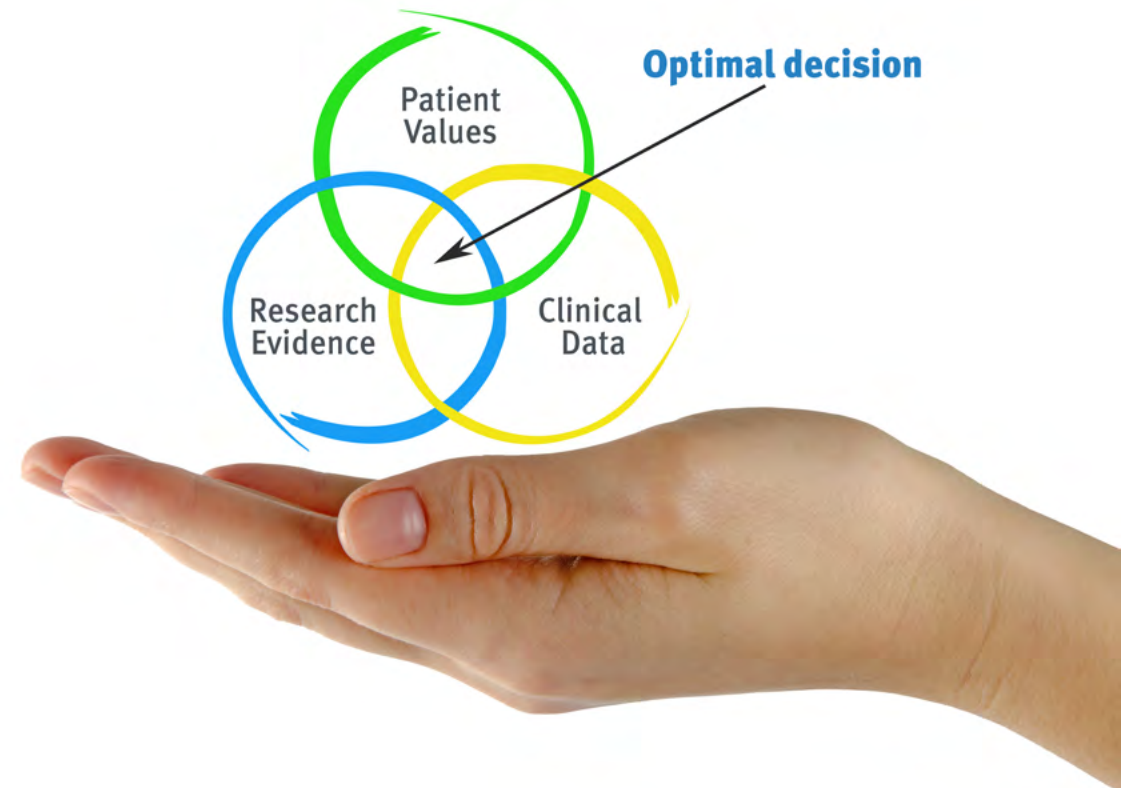
“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvás, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort
and better performance, involving you more
in your training, developing a critical mindset,
defending arguments, and contrasting opinions: a
direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

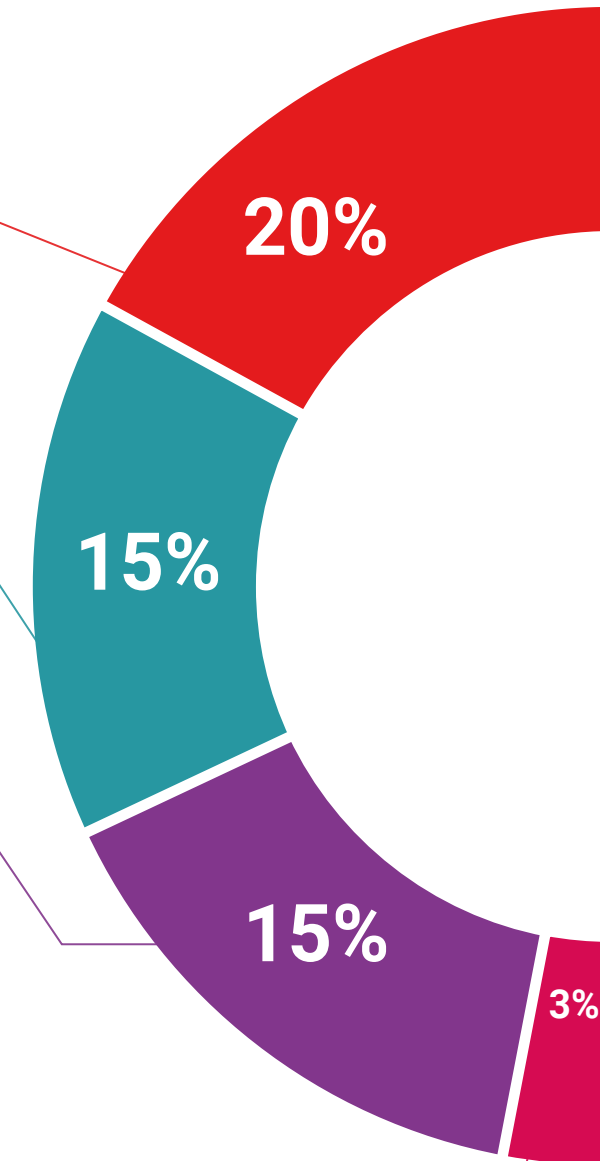
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

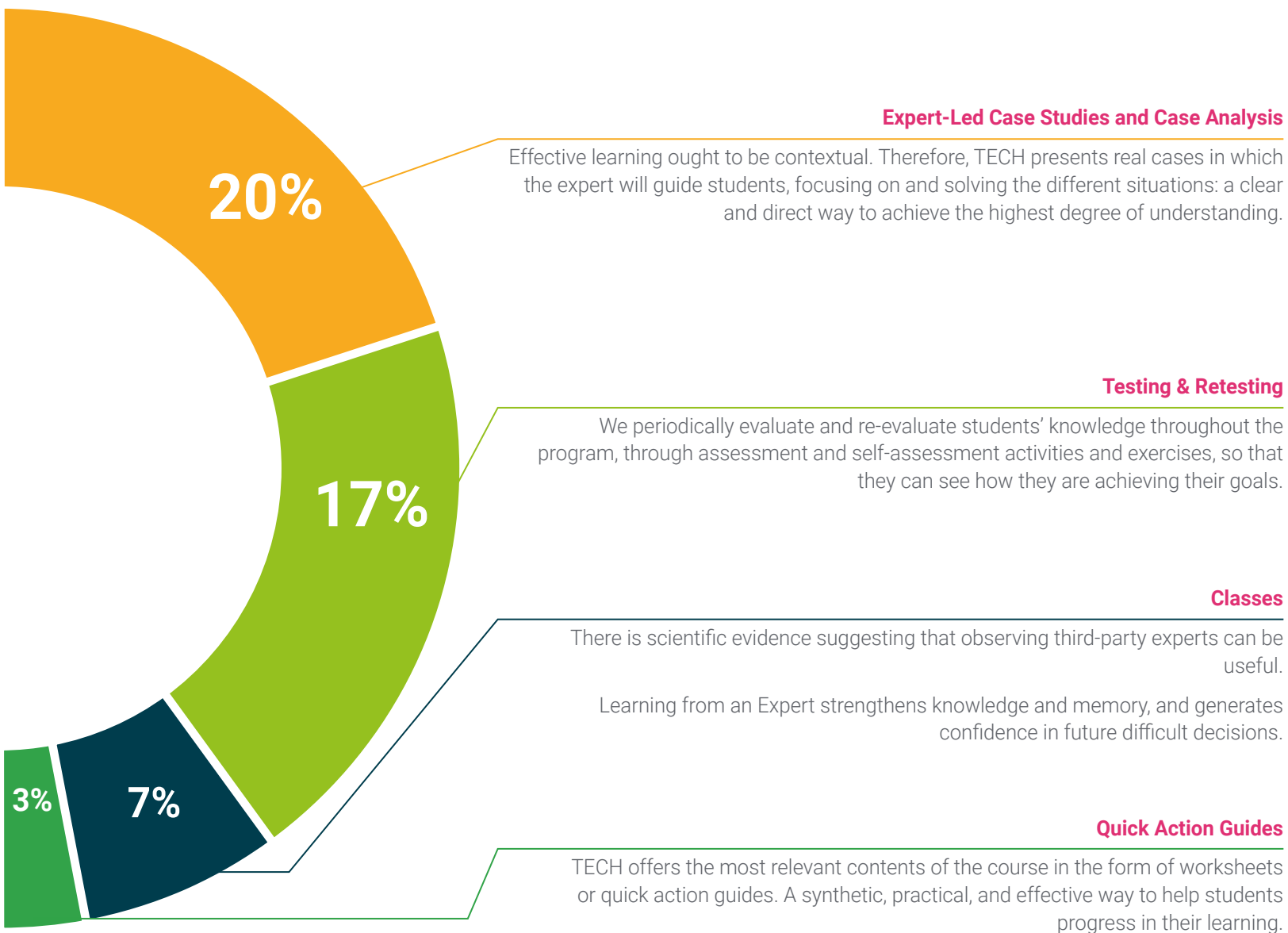
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





06

Certificate

The Postgraduate Certificate in Treatment and Intervention of Child and Adolescent Psychopathologies guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program and
receive your university degree without
commuting or complicated paperwork"*

This program will allow you to obtain your **Postgraduate Certificate in Treatment and Intervention of Child and Adolescent Psychopathologies** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

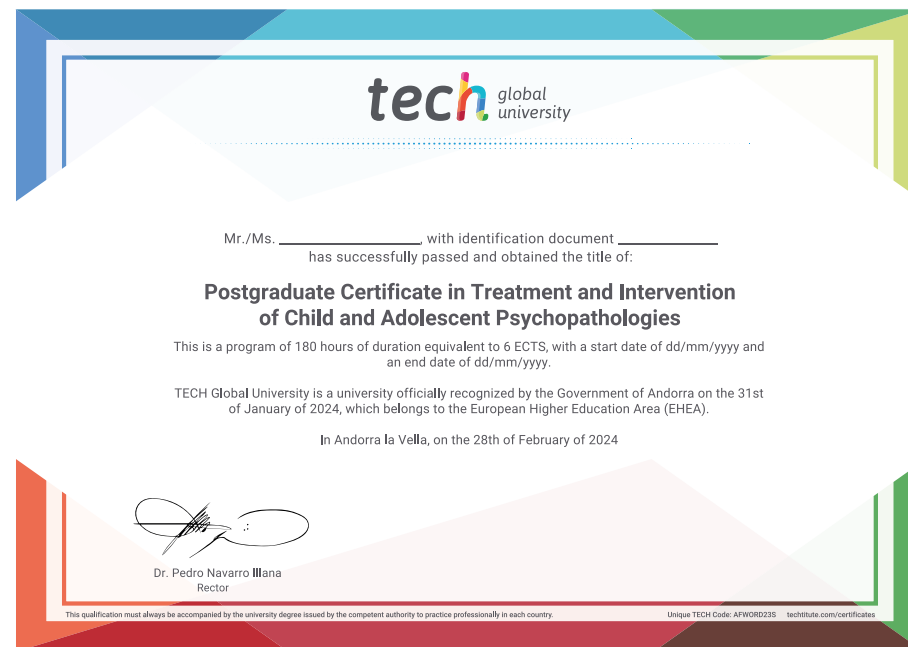
This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Treatment and Intervention of Child and Adolescent Psychopathologies**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



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