

# Postgraduate Certificate

## Psychosocial Intervention in Psychotic Disorders for Psychologists





## Postgraduate Certificate Psychosocial Intervention in Psychotic Disorders for Psychologists

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 8 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/psychology/postgraduate-certificate/psychosocial-intervention-psychotic-disorders-psychologists](http://www.techtute.com/us/psychology/postgraduate-certificate/psychosocial-intervention-psychotic-disorders-psychologists)

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01

# Introduction

A thorough and systematic mental status examination is essential in the assessment of patients presenting a psychotic disorder or personality disorder. On the other hand, bipolar disorder is another syndrome that has a characteristic impact at the family level. Therefore, it is likely that the patient is often a spouse and/or parent in their family, rather than a single adult as is often the case in schizophrenia.



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*The effects of the episode will be very relevant for the family, both psychologically and materially (loss of job and economic security) Children will be particularly affected in their psychosocial functioning by parental instability and the affective and educational shortcomings caused by the lack of adequate care of the sick parent”*

It is not easy or quick to establish a differential diagnosis of Personality Disorders with specific psychiatric diseases. Detecting this alteration in medical practice is of utmost importance. In most patients the abnormal features become apparent as early as childhood and adolescence, and remain hidden or ignored until adulthood. Personality traits are considered abnormal only to the extent that they are conflicting for the subject or society. Undoubtedly, the most frequent additional diagnosis in subjects with personality disorders is depression (or affective disorders). An important trend in current psychopathological research is the description of Personality Disorders in terms that allow for a reliable differential diagnosis.

The term schizophrenia was introduced by Bleuler in 1911, who considered it more appropriate to emphasize the splitting that occurs in the association of ideas, emotions and contact with reality and social life. Today schizophrenia is still one of the greatest challenges of science, affecting, as is well known, about 1% of the population. Much progress has been made in the knowledge of this disease (or diseases), but if we analyze what is currently known and what is ignored, we could conclude that we know more and more, but we continue to ignore many of the enigmas of this or these diseases.

It is clear that the predominant symptom in these chronic patients is impaired social performance. Therefore, psychosocial care of schizophrenic patients is of fundamental importance, since most of them have to learn or relearn social and personal skills in order to survive in the community. Neuroleptics cannot teach the patient to develop vital and defensive resources nor can they improve a person's quality of life, except indirectly through their effect on cognitive disorganization and suppression of positive symptoms.

There is still a huge gap between our knowledge of certain mental illnesses and our knowledge of personality disorders. That is so, in part, because these appear to be quantitative rather than qualitative variants of the person. However, some personality disorders classically considered to be character-dependent (e.g., depressive, anxious, etc.) have actually been shown to be subsyndromal forms of specific diseases.

This **Postgraduate Certificate in Psychosocial Intervention in Psychotic Disorders for Psychologists** contains the most complete and updated for Psychologists scientific program on the market. The most important features of the program include:

- ♦ Clinical cases presented by experts in the different specialties. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional.
- ♦ The latest diagnostic and therapeutic information on how to approach the Psychosocial Intervention in Psychotic Disorders
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- ♦ With special emphasis on evidence-based psychology and research methodologies in Psychology
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Expand your knowledge through the Postgraduate Certificate in Psychosocial Intervention in Psychotic Disorders for Psychologists adapted to your needs”*

“

*This program may be the best investment you can make in the selection of an updating program for two reasons: in addition to updating your knowledge in the Psychosocial Intervention in Psychotic Disorders, you will obtain a Postgraduate Certificate from TECH Global University"*

*The program includes real clinical cases and exercises to bring the course closer to the psychologist's clinical practice*

Forming part of the teaching staff is a group of professionals in the field of Psychosocial Intervention in Psychotic Disorders who bring to this training their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

Problem-Based Learning underpins this program design, and the doctor must use it to try and solve the different professional practice situations that arise throughout the Postgraduate Certificate. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of Psychosocial Intervention in Psychotic Disorders with extensive teaching experience.



02

# Objectives

The main objective of the program is the development of theoretical and practical learning, so that the psychologist is able to master from a practical and rigorous way the performance the Psychosocial Intervention in Psychotic Disorders for psychologists.





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*This program will provide you with the skills to carry out your psychological work with confidence and will help you to grow both personally and professionally”*



## General Objectives

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- ♦ Describe the fundamentals of psychodiagnosis of psychotic disorders and personality disorders
- ♦ Perform differential diagnosis between personality disorders and psychotic disorders
- ♦ Describe the different subspecialties in the field of psychosis and personality disorders
- ♦ Identify the absorption properties of medication
- ♦ Develop mastery of the positive and negative symptoms of psychotic disorders
- ♦ Master the fields of medical-psychologist interaction in family intervention
- ♦ Use decision trees to make a permanent differential diagnosis
- ♦ Frame all the information within a multidisciplinary framing model in the study of the biopsychosocial framework of the psychotherapy-pharmacology relationship in psychotic disorders and personality



*Seize the opportunity and take the step to get up to date on the latest developments in Tools Used in the Diagnosis of Psychotic and Personality Disorders"*





## Specific Objectives

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- ♦ Employ knowledge about the side effects of drugs so that they do not disable psychotherapy intervention with psychotic disorders
- ♦ Management of emotional crises with psychotropic drugs in these diseases
- ♦ Master the tools of evaluation and intervention using all the intervention indicators
- ♦ Identify and use information from social and family agents
- ♦ Develop the intervention with the drug according to the mental logic of the different age groups
- ♦ Describe the effects on the social fabric of the psychotic patient
- ♦ Master the adverse and permanent effects of these diseases
- ♦ Manage and stabilize the emotional and affective deficiencies of the patient within the intervention
- ♦ Master and manage the differential characteristics of psychotic pathologies
- ♦ Identify and master the clinical and prognostic features of the different disorders of childhood and adolescence with pharmacological intervention due to these disorders
- ♦ Developing and understanding mutations and new forms of disease in personality disorders
- ♦ Develop knowledge that discriminates an important problem of natural evolution within the process of family coexistence
- ♦ Manage and master the systemic psychopathology that causes these disorders
- ♦ Develop monitoring models that express the changes of stress pathologies and chronic pathological mental states

03

# Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.





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*Learn the latest advances in Tools Used in the  
Diagnosis of Psychotic and Personality Disorders  
from professionals"*

## International Guest Director

With a renowned trajectory in the field of **Mental Health**, Kirsten W. Bolton is a professional specialized in the treatment of **Psychotic Disorders and Serious Mental Illnesses**. She has been a member of the team of the **Division of Psychiatric Disorders** at **McLean Hospital** in **Belmont, USA**, one of the most prestigious institutions in the field of Psychiatry.

As such, her commitment to the well-being of her patients has propelled her to become the **Director of the Appleton program**, a residential initiative dedicated to the **supervision** of individuals facing **major mental illnesses**. In fact, her focus on **rehabilitation and comprehensive treatment** has proven to be an effective model of care for individuals with **Severe Psychotic Disorders**. She also excels in her role as a **clinical social worker** in the **Schizophrenia and Bipolar Inpatient Program**, where she has excelled in her ability to address complex cases and provide **effective therapeutic interventions**.

In addition, Kirsten W. Bolton has launched the successful **"McLean OnTrack"** program to address **First Episode Psychosis** in young adults. This innovative project has been instrumental in the **early diagnosis and treatment** of young adults experiencing their first onset of **Bipolar Disorders** and the **Schizophrenia** spectrum. In addition, it has become a highly effective multidisciplinary referral, which has benefited hundreds of patients and their families.

It is worth mentioning his participation in the **International Certification Training Program** training in this **therapeutic approach**. Due to all of the above, it is clear that her commitment to excellence in the **treatment of psychotic disorders**, as well as her extensive **clinical experience**, have consolidated her reputation as one of the most respected leaders in this field.



## Ms. Bolton, Kirsten W.

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- Director of the Appleton Program, McLean Hospital, Belmont, USA
- Psychologist in the Division of Psychotic Disorders, at McLean Hospital
- Clinical Social Worker in the Inpatient Program for Schizophrenia and Bipolar Disorder
- International Training Program in Dialogical Practice
- Master's Degree in Social Work at Simmons College
- Bachelor's Degree in Psychology from Simmons College

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*Thanks to TECH, you will be able to learn with the best professionals in the world”*

## Management



### Dr. Segovia Garrido, Domingo

- Degree in Psychology. Murcia University. 1994-1999
- Master's Degree in Occupational Hazard Prevention F.E.C.M.E.S. 2003
- Master's Degree in Integrated Systems Management. FEDA. 2005
- Master's Degree in Clinical and Health Psychology. ISEP. 2004-05
- Psychologist at LASSUS Association for help against Depressive Syndrome. 2003-2012
- Former President of the LASSUS Association for help against Depressive Syndrome. 2006-2010
- Director-Psychologist of the Tinte23 Psychology Center. Since 2014
- Psychologist at Asociación Mentes Abiertas of La Roda (Association that works with family members and people with severe mental illness). Since 2015

## Coordinator



### Dr. Aguado Romo, Roberto

- Psychologist specializing in Clinical Psychology
- European specialist in Psychotherapy from the EFPA
- President of the European Institute of Time-Limited Psychotherapy
- Director of the Evaluation and Psychotherapy Center of Talavera, Bilbao and Madrid. Director of the scientific journal Psinapsis
- Master's Degree in Clinical and Health Psychology by the Spanish Society of Medicine
- Psychosomatic and Health Psychology
- Tutor of the Basic Psychology course at the UNED

## Professors

### Dr. De Dios González, Antonio

- ♦ Director of Avatar Psychologists
- ♦ Director of the Psychology Department of Quirón Hospital of Marbella.
- ♦ Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies.
- ♦ Transpersonal Therapist by the Spanish School of Transpersonal Development
- ♦ E.F.T. Specialist by the World Center for EFT
- ♦ Master's degree in Neuro-Linguistic Programming (N.L.P.) by Richard Bandler's Society of Neuro-Linguistic Programming.
- ♦ Specialist in Clinical Hypnosis and Relaxation

### Dr. González, Mónica

- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella.
- ♦ Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

### Dr. Martínez Lorca, Manuela.

- ♦ Doctorate in Psychology from the University of Castilla-La Mancha
- ♦ Health Psychologist.
- ♦ Lecturer at the Department of Psychology at the UCLM
- ♦ Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies.
- ♦ Specialist in Clinical Hypnosis and Relaxation

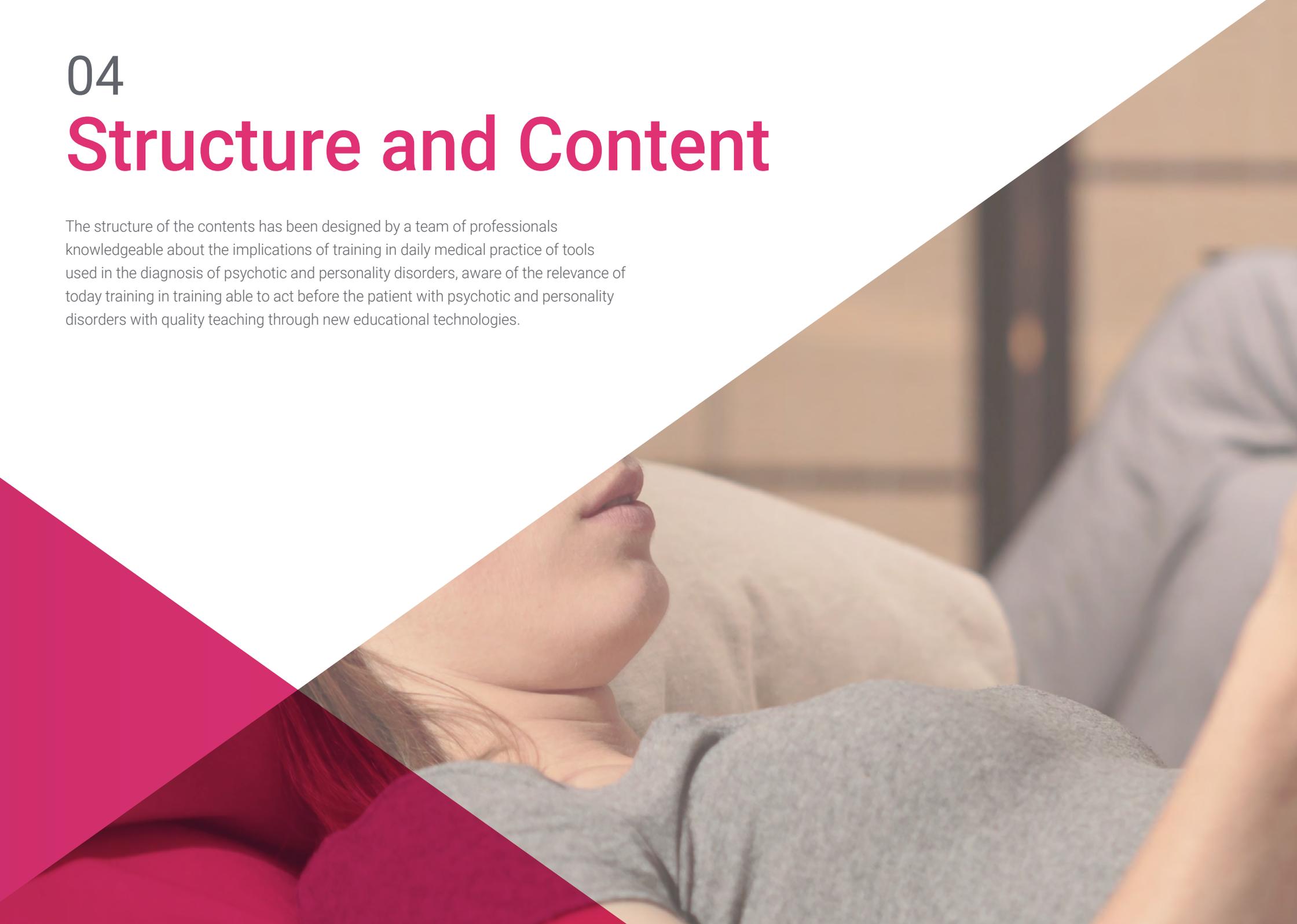
### Dr. Roldán, Lucía

- ♦ Health Psychologist
- ♦ Cognitive-behavioral intervention specialist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in energy therapy intervention

# 04

## Structure and Content

The structure of the contents has been designed by a team of professionals knowledgeable about the implications of training in daily medical practice of tools used in the diagnosis of psychotic and personality disorders, aware of the relevance of today training in training able to act before the patient with psychotic and personality disorders with quality teaching through new educational technologies.





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*This Postgraduate Certificate in Psychosocial Intervention in Psychotic Disorders for Psychologists contains the most complete and updated scientific program on the market”*

## Module 1. Psychosocial Intervention in Psychotic Disorders

- 1.1. Family Mediation
  - 1.1.1. Pre-Mediation
  - 1.1.2. Negotiation
  - 1.1.3. Mediation, Conciliation and Reparation
- 1.2. Notion of Conflict
  - 1.2.1. Changing the Attitude Towards Team Cooperation
  - 1.2.2. Improve Attitude
  - 1.2.3. Emphasizing Performance
- 1.3. Types of Conflict
  - 1.3.1. Attraction-Attraction
  - 1.3.2. Evasion-Evasion
  - 1.3.3. Attraction-Evasion
- 1.4. Mediation, Arbitration and Neutral Evaluation
  - 1.4.1. Mediator is Present, Does Not Have an Influence
  - 1.4.2. Arbitration Makes Decisions by Listening to the Parties
  - 1.4.3. Neutral Evaluation Draw Consequences From the Data Obtained
- 1.5. Coaching and Psychology
  - 1.5.1. Equalities
  - 1.5.2. Differences
  - 1.5.3. Contradictions
  - 1.5.4. Impersonation
- 1.6. Learning in Coaching
  - 1.6.1. Declaring Bankruptcy
  - 1.6.2. Stripping Off the Masks
  - 1.6.3. Re-Engineering Ourselves
  - 1.6.4. Focusing on the Task
- 1.7. Facing Challenges that can be Taken on
  - 1.7.1. Locus of Control
  - 1.7.2. Expectations





- 1.8. Focused on the Activity
  - 1.8.1. Emotional Focusing
  - 1.8.2. Thought Control techniques
- 1.9. Clear Goals
  - 1.9.1. Definition of Where We Are
  - 1.9.2. Definition of Where we Want to Go
- 1.10. Feeding Back on the Activity
  - 1.10.1. "The Important Thing is not Knowing What to do but, Being Able to do it"
- 1.11. Working on Self-Deception
  - 1.11.1. Know that We are Lying to Ourselves
  - 1.11.2. Know that We Modify Reality
  - 1.11.3. Knowing that We Conform Reality to our Beliefs
- 1.12. Conflict Management.
  - 1.12.1. Emotional Management
  - 1.12.2. Say What I Think, but From Emotions C.A.S.A
- 1.13. Dialogue With Beliefs
  - 1.13.1. Self-Dialogue
  - 1.13.2. Cognitive restructuring
- 1.14. Managing Stress
  - 1.14.1. Breathing Techniques
  - 1.14.2. Emotional Management Techniques
  - 1.14.3. Relaxation Techniques
- 1.15. Emotional Management
  - 1.15.1. Identifying Emotions
  - 1.15.2. Identify the Right Emotions
  - 1.15.3. Changing Emotions for Others



*A unique, key, and decisive training experience to boost your professional development"*

05

# Methodology

This training program provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



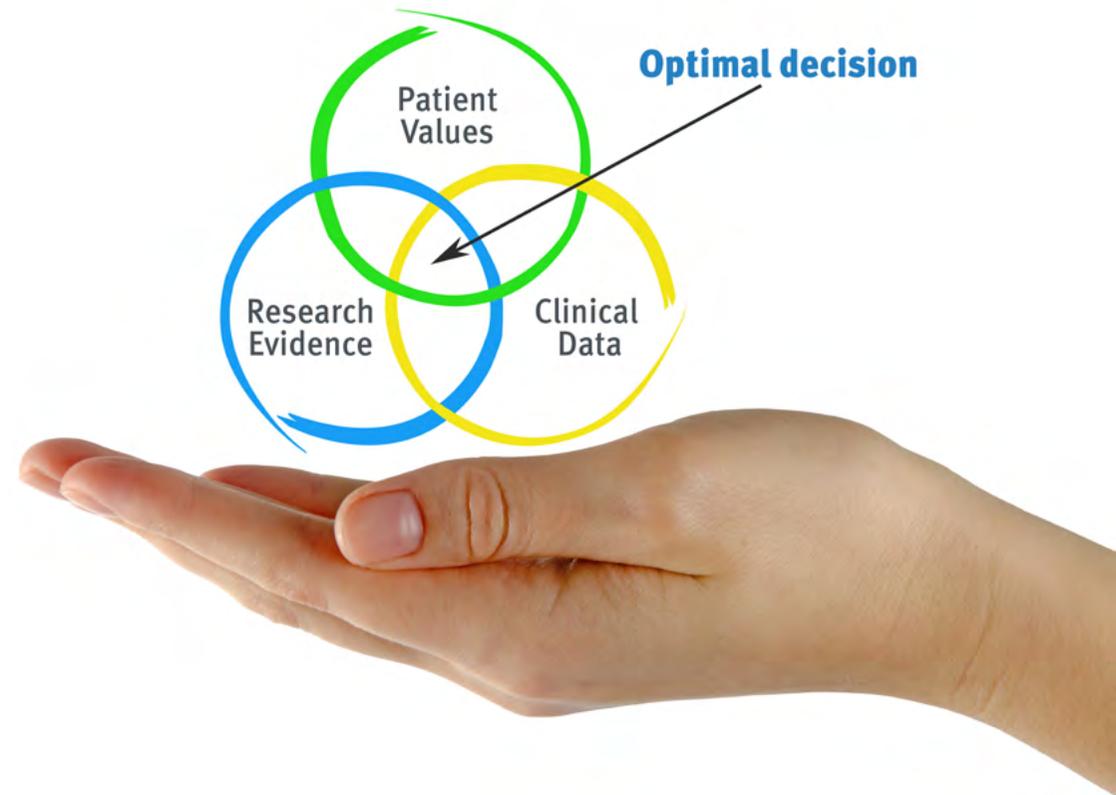
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*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization".*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Re-learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning*

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years old.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

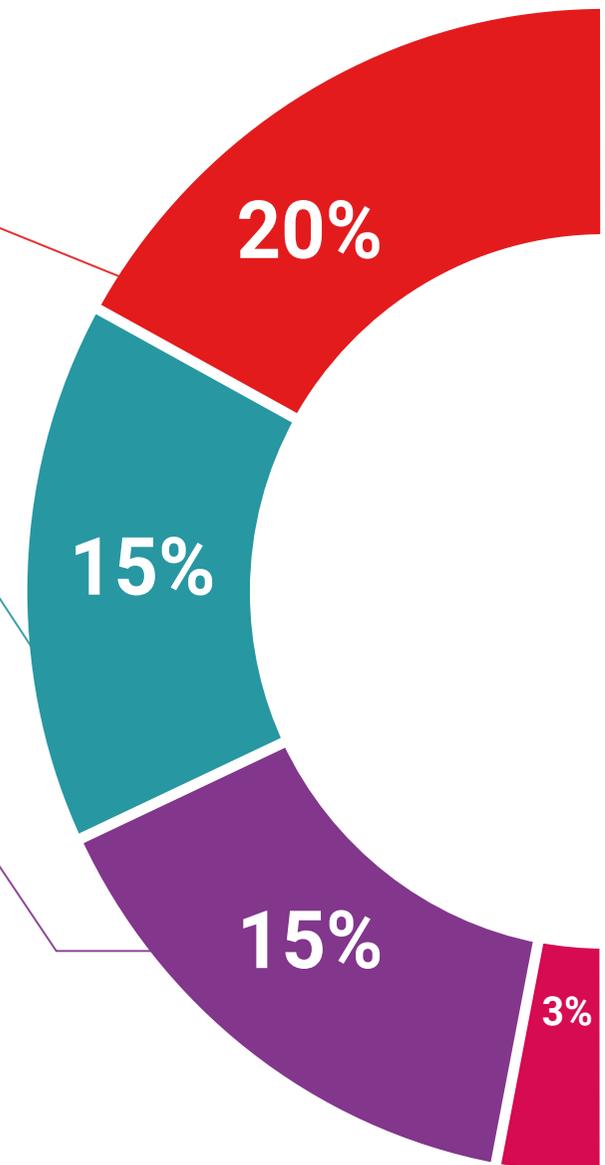
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

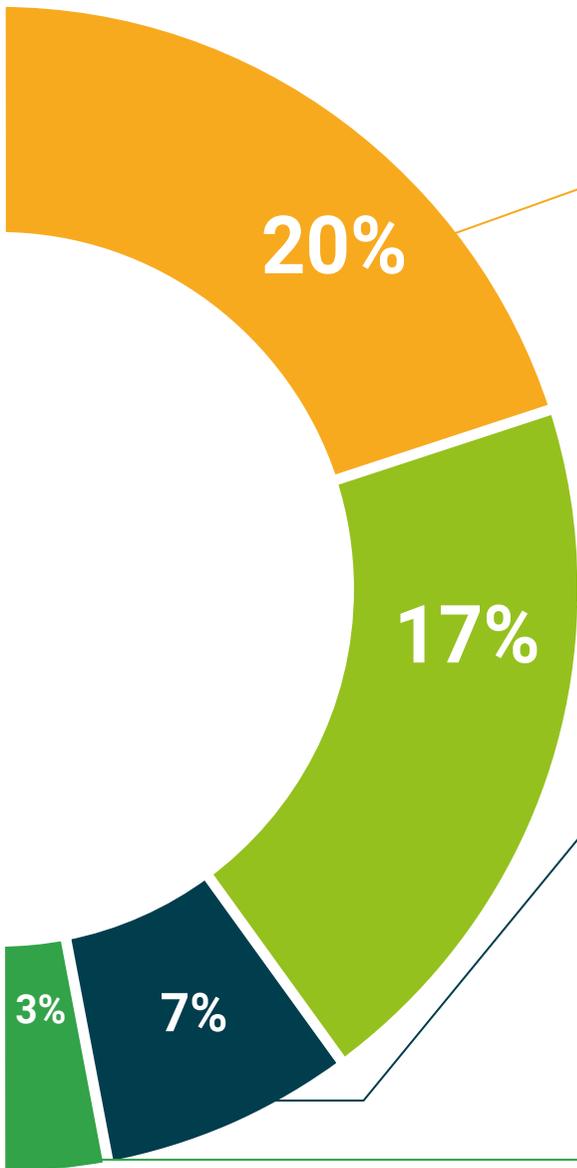
This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Psychosocial Intervention in Psychotic Disorders for Psychologists guarantees you, in addition to the most rigorous and updated training, access to a Postgraduate Certificate issued by TECH Global University.





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*Successfully complete this training and receive your certificate without the hassle of travel or paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Psychosocial Intervention in Psychotic Disorders for Psychologists** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Psychosocial Intervention in Psychotic Disorders for Psychologists**

Modality: **online**

Duration: **6 weeks**

Accreditation: **8 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
classroom



**Postgraduate Certificate**  
**Psychosocial Intervention in**  
**Psychotic Disorders for**  
**Psychologists**

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Global University**
- » Credits: **8 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

# Postgraduate Certificate

## Psychosocial Intervention in Psychotic Disorders for Psychologists

