



# Postgraduate Certificate Psychological Expert Mediation and Coaching

» Modality: online

» Duration: 12 weeks

» Certificate: TECH Global University

» Acreditation: 10 ECTS

» Schedule: at your own pace

» Exams: online

 $We bsite: {\color{blue}www.techtitute.com/us/psychology/postgraduate-certificate/psychological-expert-mediation-coaching} \\$ 

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Undoubtedly, in order to achieve an expert appraisal process, it is increasingly important to master negotiation, mediation or arbitration strategies, so that the parties can not only establish communication between them, but, although it may seem paradoxical, they can also comply with sentences or court orders.



## tech 06 | Introduction

The meeting points, the preliminary examinations, and even the evaluation and psychodiagnostic situation itself, often require the use of practices that attempt to frame the individuals being examined.

This Postgraduate Certificate is unique in the training of mediation and arbitration. It focuses on the expert coaching that is necessary on many occasions to give tools to the individual who has to testify or has to face a situation that is emotionally very difficult for them.

This Postgraduate Certificate in Psychological Expert Mediation and Coaching contains the most scientific and up-to-date program on the market. The most important features of the Postgraduate Certificate are:

- Clinical cases presented by experts in psychology. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- New diagnostic and therapeutic developments in the area of Psychological Expert Mediation and Coaching.
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- With special emphasis on evidence-based psychology and research methodologies in psychology
- Content that is accessible from any fixed or portable device with an Internet connection.



Update your knowledge through the
University Course in Psychological Expert
Mediation and Coaching in a practical way
and adapted to your needs"



This Postgraduate Certificate may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Psychological Expert Mediation and Coaching, you will obtain a Postgraduate Certificate from TECH Global University"

Forming part of the teaching staff is a group of professionals in the world of psychology who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

Problem-Based Learning underpins this program design, and the doctor must use it to try and solve the different professional practice situations that arise throughout the Postgraduate Certificate. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.

The course includes real clinical cases and exercises to bring the development of the course closer to the clinical practice of a Psychologist.







## tech 10 | Objectives



## **General Objectives**

- Promote the knowledge of the instruments that discriminate between simulation and lying, as well as to know how to control the emotional state of the patient who is undergoing an expert appraisal.
- Motivate the psychology professional to undergo continuous training and develop their scientific knowledge.
- Master understanding of the code of ethics and the client's status, as well as all the regulations that must be met in order to perform their work within the law.
- Describe and master the principles of mediation and coaching, differentiating it
  from the role of the clinical psychologist, adding resources to achieve better results
  in the processes that cause disturbances and conflicts.



Make the most of the opportunity and take the step to get up-to-date on the latest novelties in Psychological Expert Mediation and Coaching"







## **Specific Objectives**

- Structure appropriate assessment protocols according to the ages and the area to be assessed.
- Acquire the skills to prepare a report within the legal jargon and judicial literature.
- Manage stressful situations that may arise during the appraisal process.
- Refer and detect abnormalities and abuse among the components of the expert appraisal.
- Incorporate expertise into a global framework of psychological intervention.
- Incorporate the expertise process into the framework of a welfare society framed by the rights and duties of citizens.



This will provide key training to advance your career"







## tech 14 | Course Management

## Management



## Dr. Gascon Martin, Laura

- European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina.
- Specialist in Forensic and Legal Psychology
- Psychologist of the Courts 1 and 2 of Toledo
- Coordinator in Toledo of emergency intervention and psychological assistance plan
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in Adult Psychotherapy.
- Director of the Postgraduate Diploma in Psychodiagnosis and Legal Expertise from the European Institute of Time-Limited Psychotherapies
- Coordinator of the gender violence plan at the national level of the Society for Time Limited Psychotherapies

#### **Professors**

## Dr. De Dios González, Antonio

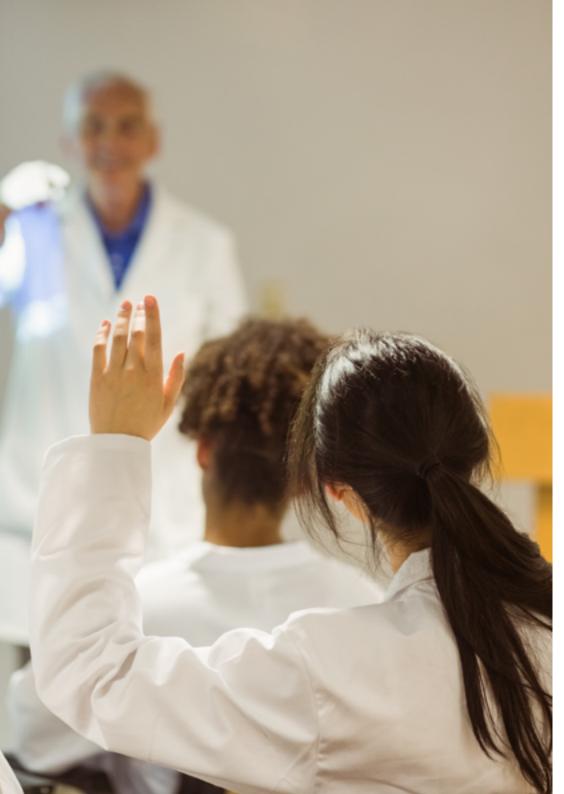
- Director of Avatar Psychologists
- Director of the Psychology Department of Quirón Hospital of Marbella.
- Master's Degree in Time-Limited Psychotherapy and Health Psychology from the European Institute of Time-Limited Psychotherapies (I.E.P.T.L.).
- Transpersonal Therapist by the Spanish School of Transpersonal Development
- E.F.T. Specialist by the World Center for EFT
- Master's Degree in Neuro-Linguistic Programming (N.L.P.) from Richard Bandler's Society of Neuro-Linguistic Programming
- Specialist in Clinical Hypnosis and Relaxation

## Roldan, Lucia

- Health Psychologist
- Cognitive-behavioral intervention specialist
- · Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in Energy Therapy Intervention

## Dr. Gandarias, Gorka

- Health Psychologist
- European specialist psychologist in Psychotherapy from the EFPA in Vitoria (Spain)
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in intervention in bizarre behavior and drug addiction.



## Course Management | 15 tech

## González, Mónica

- Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella.
- Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

## Casado, Maria

- Health Psychologist
- Specialist in Family and Couple Intervention in the Spanish Police Confederation in Madrid
- Master's Degree in Time-Limited Psychotherapy and Health Psychology

#### Dr. Martínez-Lorca, Manuela

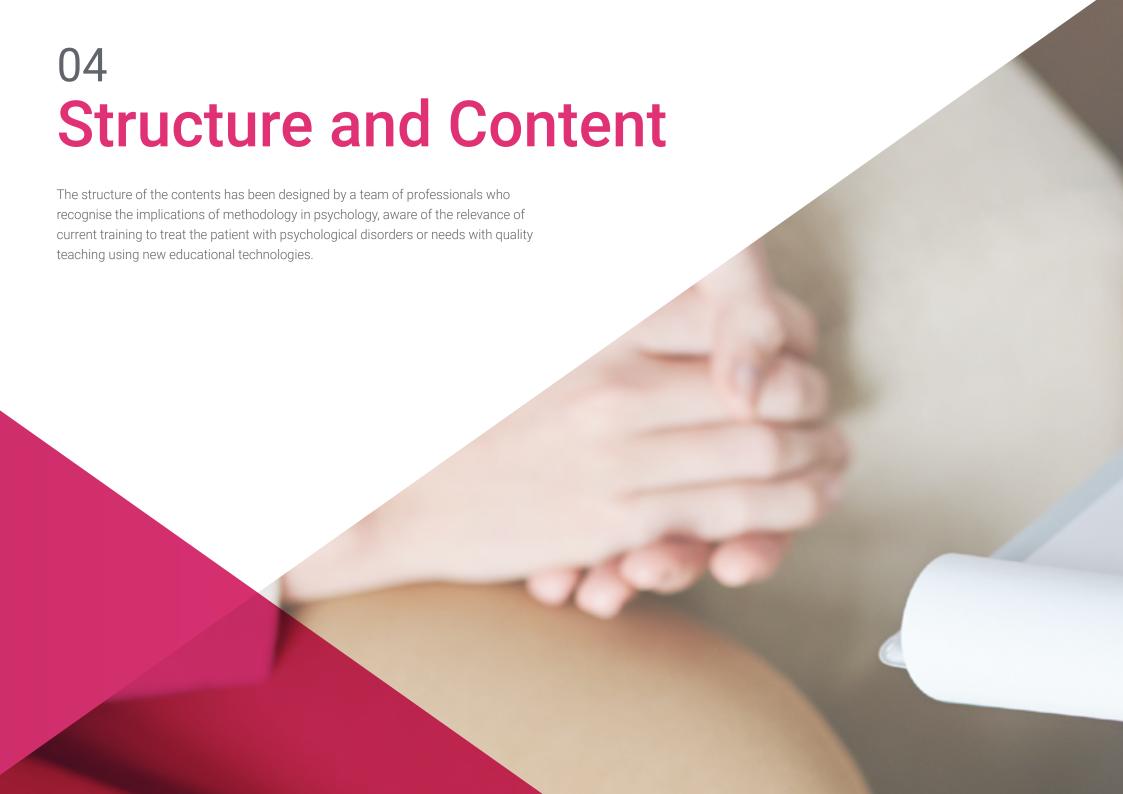
- PhD in Psychology from the University of Castilla-La Mancha
- Master's Degree in Time-Limited Psychotherapy and Health Psychology from the European Institute of Time-Limited Psychotherapy
- Specialist in Clinical Hypnosis and Relaxation

#### Furelos, Maribel

- Psychologist specializing in Clinical Psychology
- Sexologist in Osakidetza at the Santurce outpatient clinic
- Master's Degree in Time-Limited Psychotherapy and Health Psychology

#### Soria, Carmen

- European specialist psychologist in Psychotherapy at the Spanish Police Confederation health center Madrid
- Head of Psychosocial Unit
- Health Psychologist
- · Master's Degree in Time-Limited Psychotherapy and Health Psychology.
- Specialist in chronic patients. Specialist in Clinical Hypnosis and Relaxation

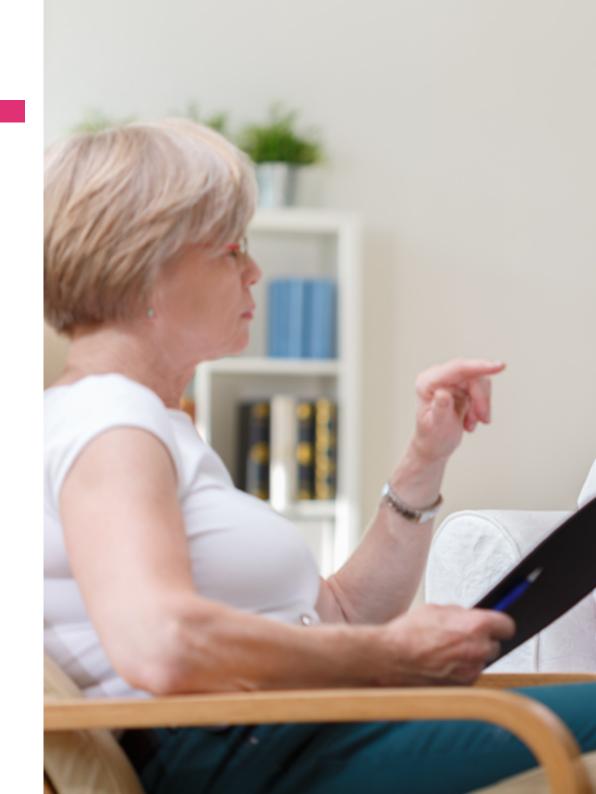




## tech 18 | Structure and Content

## Module 1. Mediation and Coaching

- 1.1. Family Mediation
  - 1.1.1. Pre-Mediation
  - 1.1.2. Mediation
    - 1.1.2.1. Extra-Judicial Mediation or Out-of-Court Mediation. Settlement or Reconciliation.
    - 1.1.2.2. In Court Mediation Reparation
  - 1.1.3. Mediator Techniques
- 1.2. Notion of Conflict
- 1.3. Types of Conflict
  - 1.3.1. Attraction-Attraction
  - 1.3.2. Evasion-Evasion
  - 1.3.3. Attraction-Evasion
- 1.4. Negotiation, Mediation, Arbitration and Neutral Evaluation
- 1.5. Mediation in Parent/Child Relationships
  - 1.5.1. Conflict Resolution in the Parent-Child Relationship
- 1.6. How to Work with Coaching and Psychotherapy
- 1.7. Learning in Coaching
  - 1.7.1. Stripping Off the Masks
  - 1.7.2. Coaching and Psychologists
- 1.8. Coaching in the Company
  - 1.8.1. Facing Challenges that can be Taken on
  - 1.8.2. The Life of Managers
  - 1.8.3. Self-Deception
- 1.9. All Psychological Therapy Involves Personal Growth
  - 1.9.1. Coach or Psychologist, According to the Coaches
  - 1.9.2. Conflict and Coaching
- 1.10. Clear Goals
  - 1.10.1. Definition of Where We Are
  - 1.10.2. Definition of Where we Want to Go





## Structure and Content | 19 tech

- 1.11. Feeding Back on the Activity
  - 1.11.1. Placing the Attitude in Action and not in Anticipatory Thinking
  - 1.11.2. Verbalizing Small Achievements
  - 1.11.3. Be Flexible and Allow for Frustration
- 1.12. Working on Self-Deception
- 1.13. Obstacles in Coaching
  - 1.13.1. Feedback
  - 1.13.2. Coaching Through Rewards
  - 1.13.3. Coaching and Leadership
- 1.14. Emotional Management Through the C.E.B Model (Conscious Emotional Bonding)
  - 1.14.1. What Do We Propose?
  - 1.14.2. Identity Marks of the CEB Model
  - 1.14.3. Basic Assumptions of the CEB Model
- 1.15. Dialogue With Beliefs
  - 1.15.1. A Critique of Goleman's Work
  - 1.15.2. Intelligence and Emotional Intelligence
- 1.16. Emotional Neuroanatomy
  - 1.16.1. The Brain and its Messengers
- 1.17. Intrapersonal Skills
  - 1.17.1. Self-concept
  - 1.17.2. Basic Emotions





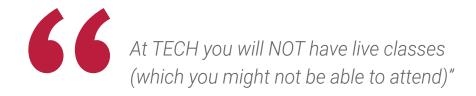


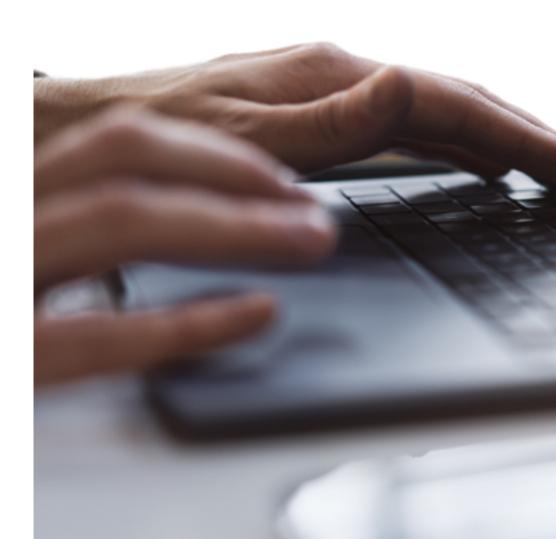
## The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.







## The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"

## tech 24 | Study Methodology

#### Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



## Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



## tech 26 | Study Methodology

## A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

## The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

## Study Methodology | 27 tech

## The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.

## tech 28 | Study Methodology

As such, the best educational materials, thoroughly prepared, will be available in this program:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### **Practicing Skills and Abilities**

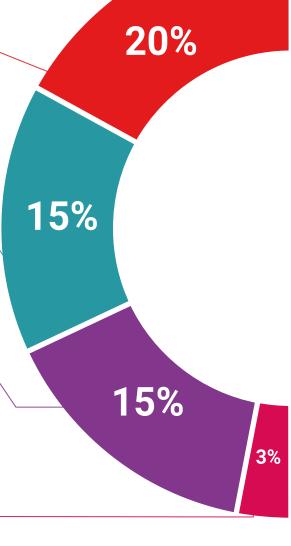
You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.

#### **Case Studies**

Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.

### **Testing & Retesting**



We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.

#### Classes



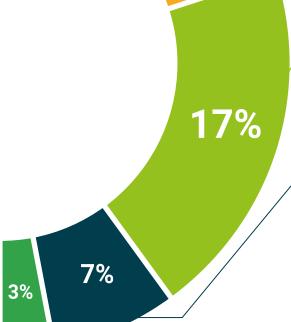
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence for future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.







## tech 30 | Certificate

This private qualification will allow you to obtain a **Postgraduate Certificate in Psychologicy Expert Mediation and Coaching** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Psychologicy Expert Mediation and Coaching

Modality: online

Duration: 12 weeks

Accreditation: 10 ECTS



Mr./Ms. \_\_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

#### Postgraduate Certificate in Psychological Expert Mediation and Coaching

This is a private qualification of 300 hours of duration equivalent to 10 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024





## Postgraduate Certificate

Psychological Expert Mediation and Coaching

- » Modality: online
- » Duration: 12 weeks
- » Certificate: TECH Global University
- » Acreditation: 10 ECTS
- » Schedule: at your own pace
- » Exams: online

