

Postgraduate Certificate

Chronic Disorders in Psychology



Postgraduate Certificate Chronic Disorders in Psychology

- » Modality: online
- » Duration: 12 weeks
- » Certificate: TECH Global University
- » Accreditation: 12 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitude.com/us/psychology/postgraduate-certificate/chronic-disorders-psychology

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01

Introduction

Chronic Disorders in Psychology, such as Schizophrenia, Bipolar Disorder, and Personality Disorders, represent an increasing challenge in global mental health. According to the WHO, it is estimated that approximately 1 in 8 people worldwide live with a mental disorder, many of which are chronic in nature. In this context, TECH has implemented a comprehensive 100% online program with maximum flexibility, eliminating the need for graduates to face issues such as commuting to a physical center or adjusting to a fixed schedule. Furthermore, it is based on the innovative learning methodology known as Relearning, pioneered by this institution.



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With this 100% online program, you will gain advanced knowledge in the diagnosis, therapeutic intervention, and management of the social and emotional effects of Chronic Disorders in Psychology”

According to a report from the World Health Organization (WHO), the prevalence of mental disorders has significantly increased, with a 25% rise in cases of Anxiety and Depression worldwide. These disorders not only affect the quality of life of those who suffer from them but also have a considerable impact on workplace productivity and social well-being.

This program is designed to focus on recognizing the role of social and family agents in the treatment of psychotic patients. In this context, psychologists will be able to use this information to benefit the therapeutic process, as well as address pharmacological intervention based on the patient's age, personalizing the treatment according to the mental and cognitive needs of each life stage.

The program will also identify the adverse and permanent effects these conditions can generate in patients, developing skills to stabilize the emotional and affective deficiencies that often accompany these disorders. The goal is to offer an effective response to the profound emotional needs experienced by those affected, improving their quality of life and emotional well-being.

Finally, the curriculum will focus on distinguishing the characteristics that differentiate Psychotic Pathologies from Personality Disorders. This knowledge will be essential for designing therapeutic interventions tailored to the specificities of each disorder, mastering the clinical and behavioral differences between the two.

As such, TECH presents a comprehensive program that is fully online and based on the revolutionary Relearning methodology, which involves the repetition of key concepts to ensure optimal and organic content assimilation. Additionally, the program includes a highly prestigious faculty, including two International Guest Directors with extensive experience in the field of Psychology. These specialists will offer Masterclasses focusing on Psychosis and Personality Disorders.

This **Postgraduate Certificate in Chronic Disorders in Psychology** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Psychology
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



An exceptional academic opportunity to enhance your skills alongside two renowned International Guest Directors, who have dedicated much of their professional careers to research in Psychology”

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You will be equipped with a solid theoretical and practical foundation to tackle the complex challenges posed by Chronic Disorders in the field of Psychology, using the best educational materials at the forefront of technology”

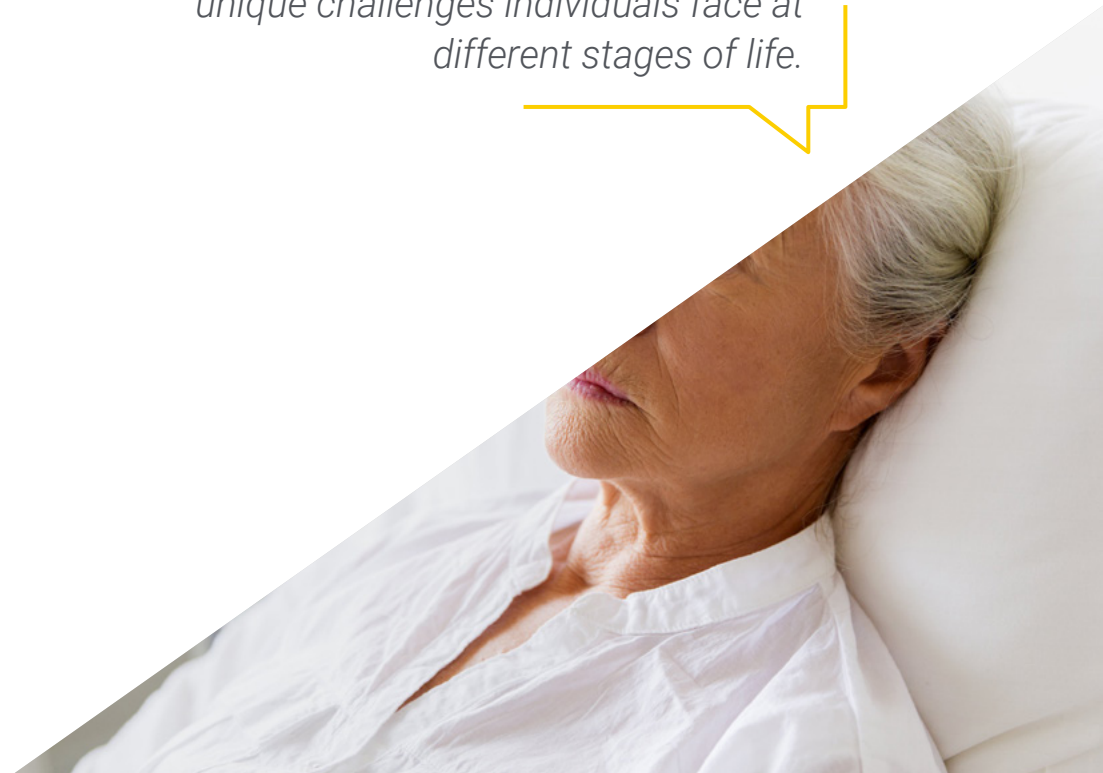
The program’s teaching staff includes professionals from the industry who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned experts.

You will be able to manage and stabilize the emotional and affective deficiencies experienced by your patients, a crucial aspect of psychological intervention, thanks to an extensive library of innovative multimedia resources.

You will develop therapeutic interventions tailored to the specific needs of each age group, considering the mental logic and unique challenges individuals face at different stages of life.



02 Objectives

This academic qualification will provide psychologists with a deep understanding of the clinical and social characteristics of Chronic Disorders in Psychology, equipping them with the skills to design personalized therapeutic interventions. Additionally, it will train them to collaborate with social and family agents of the patient, mastering both medication management and addressing emotional and affective deficiencies, with the goal of improving the well-being and quality of life of those affected.



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The main objective of this program is to train you in the diagnosis, management, and comprehensive treatment of persistent mental disorders, such as Psychosis and Personality Disorders”



General Objectives

- ♦ Develop mastery of the positive and negative symptoms of psychotic disorders
- ♦ Describe in protocols the intervention programs, taking into account the characteristics and specific aspects of these disorders
- ♦ Identify the evolution of different disorders listed in the DSM-5 or ICD-10
- ♦ Equip professionals with all the latest references on diagnosis, intervention, and the therapeutic process in order to interact with medications



You will work effectively with diverse populations and contexts, including collaboration with key family and social agents, supported by the revolutionary Relearning learning methodology”





Specific Objectives

- ♦ Identify and utilize information from social and family agents
- ♦ Develop interventions with medication based on the mental logic of different age groups
- ♦ Describe the effects on the social fabric of the psychotic patient
- ♦ Master the adverse and permanent effects of these diseases
- ♦ Manage and stabilize the emotional and affective deficiencies of the patient within the intervention
- ♦ Master and manage the differential characteristics presented by psychotic pathologies

03

Course Management

The faculty of the Chronic Disorders in Psychology program is composed of renowned professionals with a strong background in the field of mental health. Among them are experts in psychopathology, psychiatrists, and clinical psychologists specialized in the treatment of chronic disorders such as Psychosis and Personality Disorders. Additionally, the program includes the participation of two distinguished International Guest Directors, who have developed innovative research and practices in the field of Psychology.



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The faculty will provide a rigorous theoretical approach and practical experience, equipping you with current, applicable tools to face the challenges of psychological intervention in complex cases”

International Guest Director

With an extensive background in Psychology, Matthias Schwannauer has been noted for his research on psychological interventions for Bipolar Disorders. This work included the implementation of a randomized controlled trial of Interpersonal Cognitive Therapy and a study on the role of interpersonal and cognitive factors in mood regulation in bipolar disorders and the recovery process.

After graduating in Philosophy and Psychology from the University of Marburg, he worked as a Clinical Psychologist in the NHS Adolescent Mental Health Services in Glasgow. He has also been Head of Clinical and Health Psychology and Director of the Doctoral Program in Clinical Psychology at the University of Edinburgh. In addition, he has worked as a Clinical Psychologist in the Early Psychosis Support Service at CAMHS Lothian. Subsequently, he has held the position of Director of the School of Health and Social Sciences at the University of Edinburgh.

In particular, Matthias Schwannauer has led the Contextual Mental Health Research Group, which focuses on studying the evolutionary trajectories of mental health and well-being across the lifespan. He has also focused on investigating the development of psychological models of emotional distress. One of his main areas of interest is the advancement of specific psychological interventions for the mental health of young people.

Moreover, he is principal investigator of several randomized controlled trials to develop and evaluate psychological interventions for serious mental health problems. In addition, he has published numerous scientific articles. His research interests include the application of attachment theory, reflective function and recovery to major mental health problems in adolescence, particularly psychosis and recurrent mood disorders.



Dr. Schwannauer, Matthias

- Director of the School of Health and Social Sciences at the University of Edinburgh, Scotland
- Consultant Clinical Psychologist in the Early Psychosis Support Service at CAMHS Lothian
- Clinical Psychologist in the NHS Adolescent Mental Health Services
- Director of the Doctoral Program in Clinical Psychology at the University of Edinburgh
- Head of Clinical and Health Psychology at the University of Edinburgh
- Doctorate in Clinical Psychology from the University of Edinburgh
- Bachelor of Arts in Philosophy and Psychology from the University of Marburg

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Thanks to TECH, you will be able to learn with the best professionals in the world”

International Guest Director

With a renowned trajectory in the field of Mental Health, Kirsten W. Bolton is a professional specialized in the treatment of Psychotic Disorders and Serious Mental Illnesses. She has been a member of the team of the Division of Psychiatric Disorders at McLean Hospital in Belmont, United States, one of the most prestigious institutions in the field of Psychiatry.

As such, her commitment to the well-being of her patients has propelled her to become the Director of the Appleton program, a residential initiative dedicated to the supervision of individuals facing major mental illnesses. In fact, her focus on rehabilitation and comprehensive treatment has proven to be an effective model of care for individuals with Severe Psychotic Disorders. She also excels in her role as a clinical social worker in the Schizophrenia and Bipolar Inpatient Program, where she has excelled in her ability to address complex cases and provide effective therapeutic interventions.

In addition, Kirsten W. Bolton has launched the successful “*McLean OnTrack*” program to address First Episode Psychosis in young adults. This innovative project has been instrumental in the early diagnosis and treatment of young adults experiencing their first onset of Bipolar Disorders and the Schizophrenia spectrum. In addition, it has become a highly effective multi-disciplinary referral, which has benefited hundreds of patients and their families.

It is worth mentioning his participation in the International Certification Training Program in Dialogic Practice, becoming part of an exclusive group of specialists with advanced training in this therapeutic approach. Due to all of the above, it is clear that her commitment to excellence in the treatment of psychotic disorders, as well as her extensive clinical experience, have consolidated her reputation as one of the most respected leaders in this field.



Ms. Bolton, Kirsten W.

- ♦ Director of the Appleton Program at McLean Hospital, Belmont, United States
- ♦ Psychologist in the Division of Psychotic Disorders, at McLean Hospital
- ♦ Clinical Social Worker in the Inpatient Program for Schizophrenia and Bipolar Disorder
- ♦ International Training Program in Dialogical Practice
- ♦ Master's Degree in Social Work at Simmons College
- ♦ Bachelor's Degree in Psychology from Simmons College

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Internationally renowned experts will provide you with a holistic review of today's most important innovations in the management and business world”

Management



Dr. Segovia Garrido, Domingo

- ♦ Director of the Tinte23 Psychology Center
- ♦ General Health Psychologist at the European Institute of Limited Time Psychotherapies (IEPTL)
- ♦ Psychologist at the Mentes Abiertas Association of La Roda
- ♦ President of the LASSUS Association for Help against Depressive Syndrome
- ♦ Psychologist of the LASSUS Association of Help against Depressive Syndrome
- ♦ Bachelor's Degree in Psychology from the University of Murcia
- ♦ Master's Degree in Occupational Risk Prevention
- ♦ Master's Degree in Integrated Systems Management
- ♦ Master's Degree in Clinical and Health Psychology



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Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice”

04

Structure and Content

The content of this university program has been designed to provide comprehensive training in the diagnosis and treatment of complex and enduring mental disorders, such as Psychosis and Personality Disorders. In this way, professionals will be able to identify and work with the social and family agents involved in the patient's environment, as well as apply therapeutic interventions tailored to different stages of life. They will also delve into the pathologies associated with Personality Disorders, managing their emotional and affective effects, and differentiating their characteristics from Psychotic Pathologies.



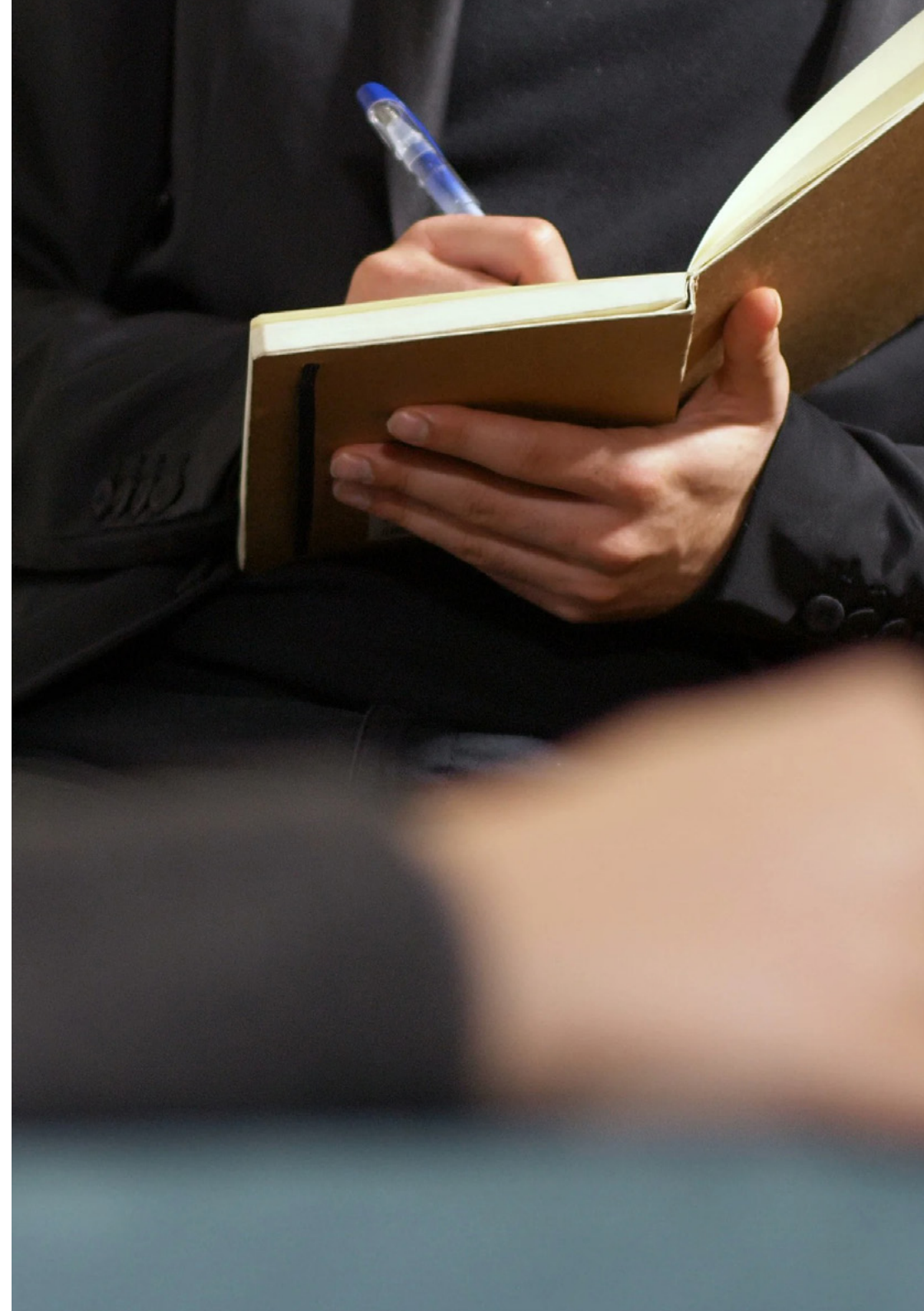


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You will acquire skills to develop personalized therapeutic strategies and address the challenges that Chronic Disorders present in both clinical and social contexts. What are you waiting for to enroll?”

Module 1. Psychotic Psychopathology

- 1.1. Schizophrenia
- 1.2. Schizophreniform Disorder
- 1.3. Schizoaffective Disorder
- 1.4. Delusional Disorder
- 1.5. Brief Psychotic Disorder
- 1.6. Substance-Induced Psychotic Disorder
- 1.7. Catatonia
- 1.8. Bipolar Disorder
 - 1.8.1. Type I
 - 1.8.2. Type II
- 1.9. Cyclothymic Disorder
 - 1.9.1. With Anxiety
- 1.10. Delirium
 - 1.10.1. Substance Intoxication
 - 1.10.2. Substance Withdrawal
 - 1.10.3. Medication-Induced
- 1.11. Alzheimer's Disease
- 1.12. Frontotemporal Dementia
- 1.13. Traumatic Brain Injury
- 1.14. Vascular Disease
- 1.15. Parkinson's Disease
- 1.16. Huntington's Disease
- 1.17. Neurological Malignant Syndrome
- 1.18. Medication-Induced Disorders
 - 1.18.1. Acute Dystonia
 - 1.18.2. Akathisia
 - 1.18.3. Tardive Dyskinesia
 - 1.18.4. Antidepressant Discontinuation Syndrome
- 1.19. Clinical Cases



Module 2. Personality Disorders and Associated Pathologies

- 2.1. General Personality Disorder
 - 2.1.1. Cognition
 - 2.1.2. Affectivity
 - 2.1.3. Interpersonal Functioning
 - 2.1.4. Impulse Control
- 2.2. Intervention in Personality Disorders
- 2.3. Paranoid
 - 2.3.1. Distrust
 - 2.3.2. Suspicion
 - 2.3.3. Disappointment
 - 2.3.4. Worry
 - 2.3.5. Resentment
- 2.4. Schizoid
 - 2.4.1. Discomfort
 - 2.4.2. Loneliness
 - 2.4.3. Disinterest
 - 2.4.4. Difficulty in Intimate Relationships
 - 2.4.5. Emotional Coldness
- 2.5. Schizotypal
 - 2.5.1. Ideas of Reference
 - 2.5.2. Unusual Perception
 - 2.5.3. Strange Thoughts
 - 2.5.4. Suspicion
 - 2.5.5. Inappropriate Affect
 - 2.5.6. Odd Appearance
 - 2.5.7. Social Anxiety
- 2.6. Antisocial
 - 2.6.1. Illegality
 - 2.6.2. Deception
 - 2.6.3. Impulsivity
 - 2.6.4. Irresponsibility
 - 2.6.5. Absence of Remorse
- 2.7. Borderline
 - 2.7.1. Helplessness
 - 2.7.2. Interpersonal Instability
 - 2.7.3. Identity Disturbance
 - 2.7.4. Self-harm
 - 2.7.5. Affective Instability
 - 2.7.6. Chronic Emptiness
 - 2.7.7. Irritability
- 2.8. Histrionic
 - 2.8.1. Theatrical
 - 2.8.2. Seduction
 - 2.8.3. Emotional Lability
 - 2.8.4. Self-dramatization
 - 2.8.5. Suggestibility
- 2.9. Narcissist
 - 2.9.1. Megalomania
 - 2.9.2. Fantasies of Success
 - 2.9.3. Privilege
 - 2.9.4. Exploiting Relationships
 - 2.9.5. Lack of Empathy
 - 2.9.6. Envy
- 2.10. Avoidant
 - 2.10.1. Avoidance
 - 2.10.2. Shame
 - 2.10.3. Fear of Criticism
 - 2.10.4. Inhibition in Relationships
 - 2.10.5. Avoiding Risks
- 2.11. Dependent
 - 2.11.1. Indecisiveness
 - 2.11.2. Inability to Assume Responsibility
 - 2.11.3. Discomfort
 - 2.11.4. Fear of Loneliness
 - 2.11.5. Irrational Fear

- 2.12. Obsessive-Compulsive
 - 2.12.1. Preoccupation
 - 2.12.2. Perfectionism
 - 2.12.3. Excessive Dedication
 - 2.12.4. Hyperawareness
 - 2.12.5. Hoarding
 - 2.12.6. Greed
- 2.13. Intervention in Dissociative Disorders
 - 2.13.1. Dissociative Identity Disorder
 - 2.13.2. Dissociative Amnesia
 - 2.13.3. Depersonalization/Derealization Disorder
- 2.14. Intervention in Impulse Control Disorders
 - 2.14.1. Oppositional Defiant Disorder
 - 2.14.2. Intermittent Explosive Disorder
 - 2.14.3. Behavioral Disorder
 - 2.14.4. Destructive Disorder
- 2.15. Intervention in Eating Disorders
 - 2.15.1. Pica
 - 2.15.2. Anorexia Nervosa
 - 2.15.3. Bulimia Nervosa
- 2.16. Intervention in Sleep Disorders
 - 2.16.1. Insomnia
 - 2.16.2. Hypersomnia
 - 2.16.3. Narcolepsy
 - 2.16.4. Central Sleep Apnea
 - 2.16.5. Parasomnia
- 2.17. Interventions in Addictive Behavior Disorders
- 2.18. Clinical Cases





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You will tackle the clinical challenges of Chronic Disorders, improving your patients' quality of life and advancing your career in the field of mental health. With all the quality guarantees that TECH offers you!”

05

Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



“

TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

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*At TECH you will NOT have live classes
(which you might not be able to attend)”*



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

“*TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want*”

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

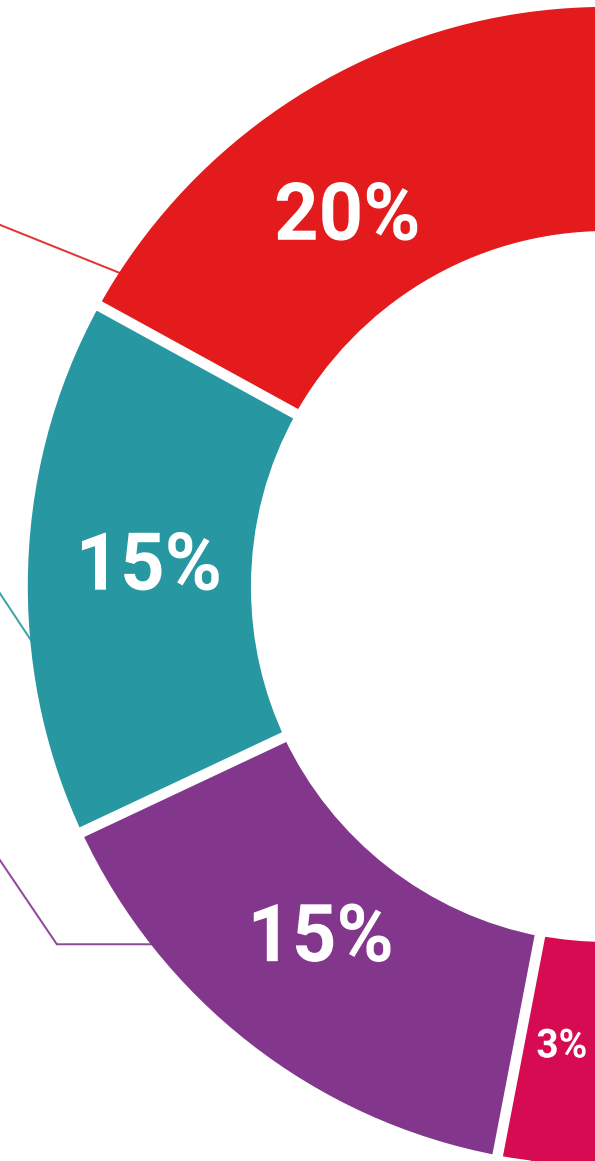
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

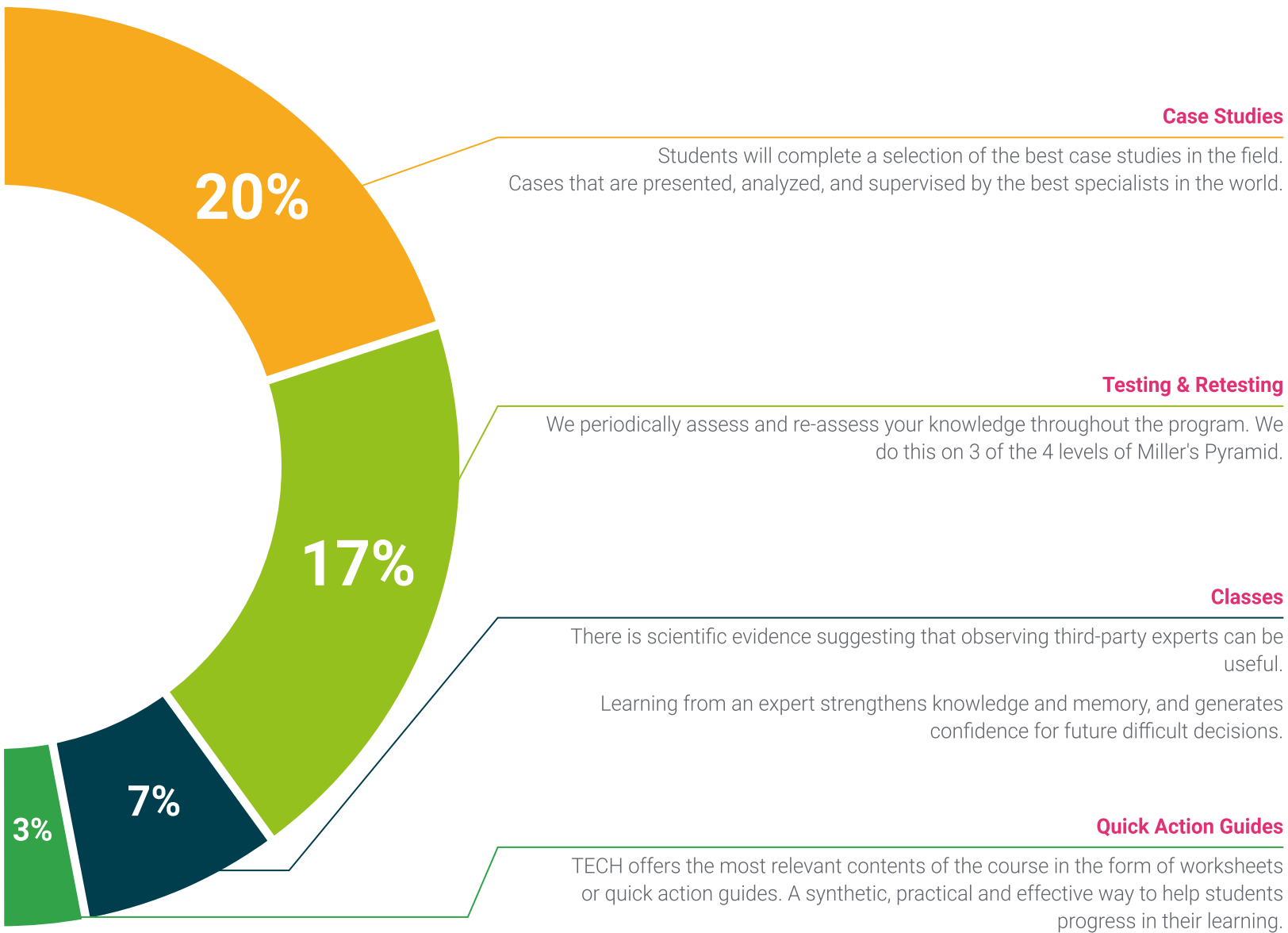
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





06 Certificate

This Postgraduate Certificate in Chronic Disorders in Psychology guarantees students, in addition to the most rigorous and up-to-date education, access to a diploma for the Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This private qualification will allow you to obtain a diploma for the **Postgraduate Certificate in Chronic Disorders in Psychology** endorsed by TECH Global University, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Chronic Disorders in Psychology**

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