

# Professional Master's Degree

## Dermocosmetics





## Professional Master's Degree Dermocosmetics

- » Modality: online
- » Duration: 12 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/physiotherapy/professional-master-degree/master-dermocosmetics](http://www.techtitute.com/us/physiotherapy/professional-master-degree/master-dermocosmetics)

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# 01

# Introduction

Skin is beauty. The skin represents health, it is also the first physical attribute to be perceived, so it is of great importance on a personal and social level. That is why skin care and the associated dermocosmetic procedures have become a priority for many people, who understand that access to the best treatments can improve their quality of life. This means that aesthetic clinics are increasingly strengthening their commitment to offer the best care and, for this, they need to be aware of the latest tools and skills in this field. In this way, this program offers the most innovative content in this discipline, so that students can update their knowledge to achieve excellence in Dermocosmetics.





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*As a physiotherapist, knowing the latest developments in dermocosmetic treatments and approaches will help you to increase your personal and professional growth possibilities. Don't let this opportunity slip away"*

The skin is an organ of great importance not only for health, but also at an aesthetic level. In this sense, social awareness of the importance of skin care is increasing and dermocosmetic treatments are a great ally at the service of people, as they help to counteract the effects of aging, reduce wrinkles, eliminate blemishes or simply improve radiance. This applies not only to the face, but also to the body.

Consequently, as concern for the state of skin health grows among people, so does the need for dermocosmetic centers to have the latest and most innovative skills and tools in the sector. In this way, enjoying an adequate update of knowledge makes the diagnosis and the choice of the most appropriate treatment to be carried out effectively, making your service to live up to what patients expect.

In the specific field of Physiotherapy, Dermocosmetics allows the professional to learn the most appropriate techniques when applying certain types of massages with the aim of eliminating flaccidity, improving muscles or eliminating unwanted cellulite. For this reason, during this Professional Master's Degree, an intensive tour of the different types of massages existing in Dermocosmetics, their means of application and the immediate or long-term results they provide will be carried out.

Therefore, students who complete this excellent program will be able, thanks to the new knowledge they will obtain, to improve their prestige and offer new and innovative services to their patients. All this, due to the eminently practical approach of this degree, its innovative teaching methodology and its complete contents, which will guarantee professional success and better economic and job promotion prospects.

This **Professional Master's Degree in Dermocosmetics** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in Dermocosmetics and Physiotherapy
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning.
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



*Skin care is essential in today's society. Specialize and contribute to the well-being of your patients"*

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*Dermocosmetics is a booming discipline. Take this degree and improve your salary prospects thanks to the new skills you will learn"*

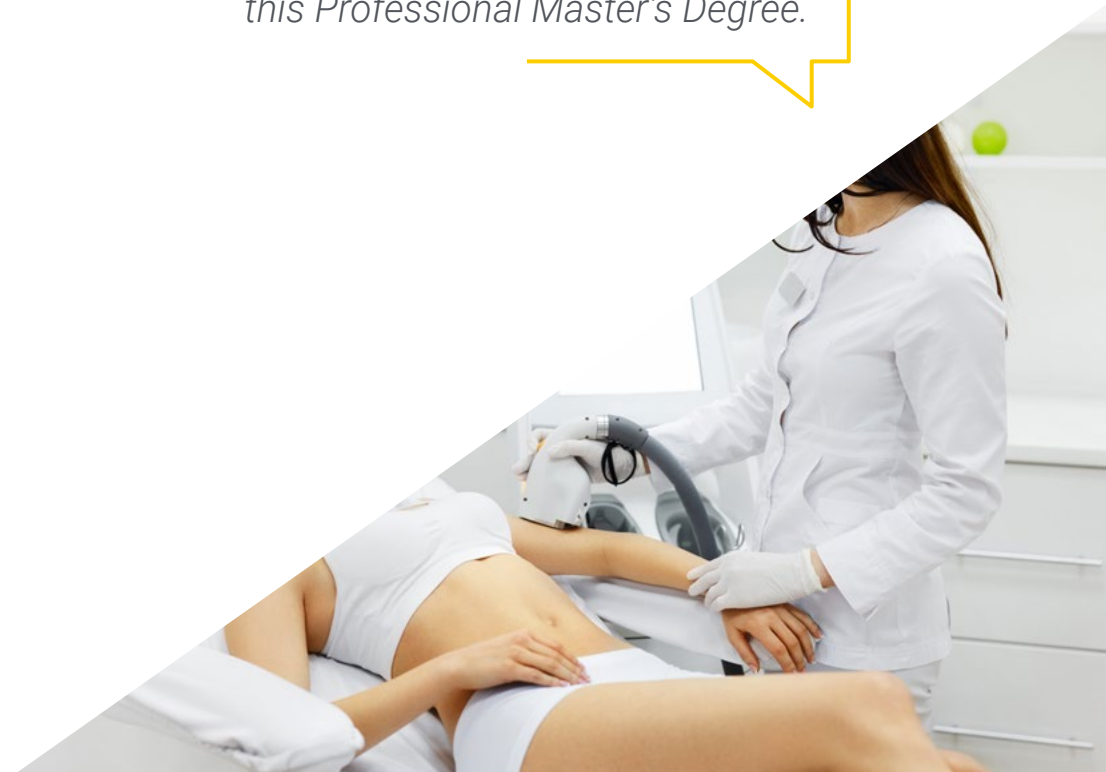
The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Thanks to this degree you will master the best techniques of Physiotherapy to apply dermocosmetic massages.*

*You will be able to offer new and innovative services when you finish this Professional Master's Degree.*



# 02 Objectives

The main objective of this Professional Master's Degree in Dermocosmetics is to offer students the latest knowledge in the field, so that they can become true specialists in aesthetic skin care. To this end, physiotherapists will have at their disposal an excellent syllabus that will guarantee the updating of their knowledge. In this way, they will be able to give massages for dermocosmetic purposes in an effective way and to offer new services to their patients.







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*Your goal of becoming the best physiotherapist specialized in Dermocosmetics, able to provide the best care to your patients will become a reality thanks to the tools provided by this Professional Master's Degree"*



## General Objectives

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- Update and reinforce the knowledge in dermatology necessary for the correct care of Dermocosmetics Physiotherapy patients
- Acquire the fundamental knowledge of all anti-aging modalities and aesthetic treatments, incorporating the necessary tools to perform this specialty in daily practice
- Comprehensively manage the aesthetic patient, being able to make an accurate diagnosis and apply the most appropriate treatment
- Offer the physiotherapist the necessary tools and guidelines to deal efficiently with the different dermatological pathologies
- Reinforce the role of the physiotherapist in the treatment of these pathologies
- Identify the role of treatments in the prevention and treatment of dermatological pathologies
- Know the general characteristics of the skin and its anatomy
- Know how to differentiate and deal with the most common topical pathologies today
- Get to know the basic characteristics of dermocosmetic treatments for the face
- Get to know the basic characteristics of dermocosmetic treatments for the body
- Discern between the most effective treatments in each case
- In-depth study of the most effective hair care treatments currently available





## Specific Objectives

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### Module 1. Aesthetic Physiotherapy

- ◆ Know the basics of dermo-aesthetic physiotherapy
- ◆ Know how to structure the organization of the dermo-aesthetic physiotherapy practice
- ◆ Correctly handle the hygienic and sanitary protocols in the dermo-aesthetic physiotherapy office
- ◆ Know how to manage sanitary waste
- ◆ Delve into the legal aspects that should govern health care in dermo-aesthetic physiotherapy

### Module 2. Aging and Cosmetic Assessment in Aesthetic Physiotherapy

- ◆ Present the historical background on which anti-aging medicine is based
- ◆ Define and become familiar with the most frequently used concepts in anti-aging medicine
- ◆ Examine the most accepted theories of aging and interrelate them with each other
- ◆ Understand the aging mechanisms associated with mitochondria
- ◆ Define telomere-related aging processes
- ◆ Establish the relationship between immunosenescence, aging and disease onset
- ◆ Analyze the importance of circadian rhythms in aging and acquire the skills to treat their alterations in an appropriate manner
- ◆ Assess the importance of the exposome in aging and generate channels to adapt it to the needs and expectations of the individual

### **Module 3. Skin**

- ♦ Know the anatomical structures of the skin
- ♦ Explore other areas related to the skin: hair, nails, sebaceous and sweat glands, etc.
- ♦ Analyze the different functions of the skin
- ♦ Know which are the different skin cares according to the patient's stage of life
- ♦ In-depth knowledge of the effects of solar radiation on the skin and the different means of photoprotection
- ♦ Learn the different types of Skin
- ♦ Understand the basics of facial hygiene
- ♦ Know the different moisturizing techniques for the skin

### **Module 4. Most Frequent Dermatological Pathologies**

- ♦ Gain up-to-date knowledge on the different issues that may come up the community pharmacy, examining the different therapeutic approaches, both for treatment and prevention
- ♦ Develop a proposal of action protocols for each pathology described
- ♦ Define what is known as sensitive or reactive skin
- ♦ Analyze the different types of acne, and discover which ones we can address in the community pharmacy
- ♦ Delve into the study of alopecia, the differential characteristics between men and women and its evolution
- ♦ Approach the study of xerosis from a dermatological point of view, analyzing which diseases or treatments most commonly produce it, and what symptoms they present
- ♦ Differentiate existing treatments for hyperhidrosis
- ♦ Analyze the different types of dermatitis, their characteristics and their particular casuistry
- ♦ Define the different pigmentation transients, their treatment and possible preventive measures

- ♦ Analyze rosacea and its different stages, in order to facilitate its recognition and make a correct indication
- ♦ Delve into the study of psoriasis, addressing all its types and stages, the different existing treatments and preventive measures
- ♦ Address other pathologies with pruritus such as urticaria and angioedema
- ♦ Differentiate between the different existing treatments for scalp desquamative conditions
- ♦ Define less frequent pathologies such as toxicoderma or hydrosadenitis
- ♦ Analyze the different types of skin lesions that can be encountered and how they can be approached by the community pharmacy
- ♦ Study the different types of pathogens that can cause skin infections or infestations
- ♦ List the various dermatological pathologies caused by pathogenic agents
- ♦ Address the different pathologies that may appear in the oral cavity
- ♦ Update the different treatments used in nail and phanera conditions

### **Module 5. Physiotherapy in Hair Removal**

- ♦ Deepen in the aspects, classification and influence of laser hair removal
- ♦ Know the aspects, classification and influence of photoepilation with pulsed light
- ♦ Understanding the objectives of laser hair removal
- ♦ Know how to program and work with laser hair removal equipment
- ♦ Manage the correct procedures and informed consent for performing laser hair removal
- ♦ Know the protection measures for both professionals and clients in laser hair removal procedures

**Module 6. Aesthetic Massage in Aesthetic Physiotherapy**

- ◆ Know how to apply aesthetic massages for immediate effects
- ◆ Understanding the classification of massages
- ◆ Know the maneuvers applied to aesthetic body massage
- ◆ In-depth knowledge of the different types of existing massages, their effects and application mechanisms

**Module 7. Peeling in Dermocosmetics**

- ◆ Identify suitable patients for treatment, prepare the skin prior to treatment, and conduct effective monitoring and prescription of the Post-Peel treatment, depending on expected effects of each chemical agent or a combination of chemical agents
- ◆ Understand the possible adverse effects of peeling and their treatments
- ◆ Deepen in the types of peeling and common indications
- ◆ Examine the skin for adequate pre-preparation
- ◆ Delve into general cosmetic skin care
- ◆ Address pathologies such as acne or aging

**Module 8. Nutrition Applied to Aesthetic Physiotherapy. Psychological Aspects of the Patient**

- ◆ Establish the contribution of micronutrients to normal nutritional status
- ◆ Present the different types of functional foods, nutraceuticals, as well as the differences between the two
- ◆ Examining the health contribution of prebiotics and probiotics
- ◆ Identify the different food additives and their functions in foods
- ◆ Present specific types of diets and their contribution to improving the body's functions
- ◆ Examine the Intestinal Microbiota as a significant influence on the Human Microbiota and the rest of the body, how to study it, and its importance in clinical practice to maintain a good state of health

**Module 9. Physical Activity: Sedentary Lifestyle and Obesity**

- ◆ Examine the metabolic response during physical exercise
- ◆ Determine the different techniques for the physiological assessment of the patient
- ◆ Analyze the basic principles of sports training to develop an adapted physical activity plan
- ◆ Know the importance of physical activity on certain pathologies such as cancer, musculoskeletal, cardiovascular and respiratory pathologies
- ◆ Analyze trends for recovery and readaptation to effort
- ◆ Establish how obesity and sedentary lifestyles contribute to accelerated aging
- ◆ Determine the guidelines and indications for pharmacological treatment of obesity

**Module 10. Care for Other Procedures and Treatments**

- ◆ Acquire in-depth knowledge of different procedures and treatments such as fillers, botulinum toxin or support threads
- ◆ In-depth training in the use of PRP (Platelet Rich Plasma)
- ◆ Delve into the use of carboxytherapy, rhinomodeling and mentoplasty



*TECH provides you with the latest tools and knowledge so that you can be the best physiotherapist specialized in Dermo-aesthetics in your region"*

# 03 Skills

Students who complete this degree will obtain a series of specific skills and competencies related to the practice of Dermocosmetics at a physiotherapeutic level. Therefore, this Professional Master's Degree in Dermocosmetics is the only program for those professionals who demand a quality educational program, which gives them the possibility to update their knowledge by learning the latest techniques of the discipline, thereby becoming experts in the care and aesthetics of the skin, so that their new knowledge will allow them to apply new treatments and provide new services to their patients.





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*Your new knowledge will enable you to offer new services to your patients, thereby becoming a prestigious and respected professional"*



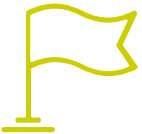
## General Skills

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- ◆ Apply the latest anti-aging techniques, as well as the most demanded aesthetic treatments
- ◆ Prevent, delay, and control aging processes in patients
- ◆ Knowing how to apply knowledge with the ability to solve problem cases in daily practice situations
- ◆ Know how to apply the different Dermocosmetic Physiotherapy treatments
- ◆ Define the basic legislation and regulations in Dermo-aesthetic nursing
- ◆ Define the main protocols of action for the different dermatological pathologies
- ◆ Be able to implement the protocol for referral to other professionals if necessary
- ◆ Know how to apply those drugs and medical devices used in the prevention of dermatological pathology
- ◆ Review the different skin cares in the different stages of life adapting treatment and prevention to each specific case
- ◆ Review anatomical, physiological and biochemical concepts related to the skin and annexes
- ◆ Identify risk factors for dermatological pathology and offer the appropriate approach
- ◆ Be able to treat oncology patients based on the benefits of Dermocosmetic Physiotherapy
- ◆ Gain knowledge about how to work with the different gynecological pathologies and know how to apply the effective dermocosmetic treatment in each case







## Specific Skills

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- ♦ Learn about new developments in the profession of Dermocosmetic Physiotherapy
- ♦ Understand the implications of the different ethical and legal issues that underlie the activity of Dermocosmetic Physiotherapy
- ♦ Master the different scientific theories on aging
- ♦ Apply personalized anti-aging treatments, taking into account the particularities of each patient
- ♦ Understand the anatomy of the skin in order to detect all types of pathologies and apply the corresponding esthetic treatment
- ♦ Learn which treatments are most effective for skin attachments such as hair and nails
- ♦ Adapt the different treatments according to the patient's stage of life
- ♦ Get to know the Dermocosmetic particularities of each stage of life, so that patients can apply preventive solutions
- ♦ Assimilate the growth processes of skin, hair and nails
- ♦ Apply skin moisturizing and cleansing techniques
- ♦ Identify the best skin care treatments, while instructing patients to prevent the major hazards they face
- ♦ Perform different aesthetic massages relevant to the field of Dermocosmetic Physiotherapy
- ♦ Know how to apply different hair removal techniques, especially laser hair removal
- ♦ Understand pre- and post-waxing risks in order to act appropriately in each case
- ♦ Master the techniques for different dermocosmetic procedures such as Chemical Peelings, botulinum toxin, rhinomodeling or facial carboxytherapy
- ♦ Get to know, from the point of view of Dermocosmetic Physiotherapy, various issues related to nutrition
- ♦ Observe problems associated with nutritional disorders in order to apply appropriate physiotherapy care
- ♦ Be adequately prepared to respond to the different challenges of gynecological esthetics
- ♦ Approach gynecological dermocosmetics with the right tools for each patient
- ♦ Understanding the role of physiotherapy in oncology care



*Acquiring these skills will make you a great Dermocosmetic specialist"*

# 04

## Structure and Content

This Professional Master's Degree in Dermocosmetics offers students the best and most innovative specialized content in the field. To design this program, the latest developments in the discipline have been taken into account, so that students can enjoy up-to-date and complete contents that will ensure their professional success. As a result, they will be able to learn about issues such as aesthetic massage, skin aging and treatments to counteract it, different hair removal techniques or nutrition applied to Dermocosmetics. All of this is to ensure that they have the best career opportunities.





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*You will not find better academic content to specialize in Physiotherapy applied to Dermocosmetics”*

## Module 1. Aesthetic Physiotherapy

- 1.1. Aesthetic Physiotherapy: New Developments in the Profession
- 1.2. NCP Applied to Aesthetics
- 1.3. Aesthetic Physiotherapy: New Developments in the Profession
- 1.4. Hygiene in the Aesthetic Office
  - 1.4.1. Antiseptics
  - 1.4.2. Hand Hygiene
  - 1.4.3. Utensil Hygiene
  - 1.4.4. Sanitary Waste Management
- 1.5. Organization of the Aesthetic Practice
- 1.6. Aesthetic Practice Management
- 1.7. The Ethical-Legal Aspect of Aesthetic Physiotherapy: Code of Ethics and Ethical Problems
  - 1.7.1. Criminal and Civil Liability of Physiotherapy Personnel
  - 1.7.2. Liability Insurance
  - 1.7.3. Informed Patient Consent Forms: Guidelines and Generic Models
- 1.8. Quality Management in Aesthetic Physiotherapy Practice
- 1.9. Urgent Care in the Aesthetic Physiotherapy's Office
- 1.10. Complications in Aesthetic Physiotherapy

## Module 2. Aging and Cosmetic Assessment in Aesthetic Physiotherapy

- 2.1. History of Antiaging Medicine
- 2.2. Theories of Aging. Pathophysiology
- 2.3. Species and Longevity
- 2.4. Mechanisms of Cellular Aging
- 2.5. Mitochondrias
- 2.6. Chronobiology I. Suprachiasmatic Pineal Nucleus. Circadian Rhythm
- 2.7. Chronobiology II Sleep and Sleeplessness
- 2.8. Immunity. Immunosenescence
- 2.9. Telomeres and Telomerase
- 2.10. Exposome and Aging





### Module 3. Skin

- 3.1. Skin Anatomy and Structure of the Skin
- 3.2. Skin Appendages
  - 3.2.1. Hair
  - 3.2.2. Nails
  - 3.2.3. Sebaceous Glands
  - 3.2.4. Sweat Glands
- 3.3. Skin Functions and Elementary Lesions
  - 3.3.1. Protection
  - 3.3.2. Metabolism
  - 3.3.3. Temperature Regulation
  - 3.3.4. Sensory
  - 3.3.5. Excretory
  - 3.3.6. Energy Reserve
- 3.4. Skin Care in the Different Stages of Life: Neonatal, Pediatric, Adolescent, Adult, Geriatric, Pregnancy
  - 3.4.1. Neonatal
  - 3.4.2. Pediatric
  - 3.4.3. Adolescent
  - 3.4.4. Adult
  - 3.4.5. Geriatric
  - 3.4.6. Pregnancy
- 3.5. Embryology of the Skin and Skin Appendages
  - 3.5.1. Skin Development
  - 3.5.2. Hair Development
  - 3.5.3. Nail Development
  - 3.5.4. Skin Gland Development
- 3.6. Skin Types
  - 3.6.1. Density
  - 3.6.2. Skin Emulsion
  - 3.6.3. Skin Phototype
  - 3.6.4. Status

- 3.7. Skin Hygiene
- 3.8. Skin Hydration
  - 3.8.1. Manual Techniques
  - 3.8.2. Materials and Technical Methods
  - 3.8.3. Specific Cosmetics
  - 3.8.4. Equipment

#### Module 4. Most Frequent Dermatological Pathologies

- 4.1. Acne
- 4.2. Rosacea
- 4.3. Seborrheic Dermatitis
- 4.4. Atopic Dermatitis
- 4.5. Contact Dermatitis
- 4.6. Pigmentation Disorders: Hyperpigmentation
- 4.7. Pigmentation Disorders: Hypopigmentation
- 4.8. Psoriasis
- 4.9. Skin Infections and Infestations Caused by Pathogenic Agents: Bacteria
- 4.10. Skin Infections and Infestations Caused by Pathogenic Agents: Viruses
- 4.11. Ichthyosis
- 4.12. Urticaria and Angioedema
- 4.13. Scars

#### Module 5. Physiotherapy in Hair Removal

- 5.1. Laser in Hair Removal and Influencing Factors
  - 5.1.1. Factors That Influence Laser Hair Removal
- 5.2. Intense Pulsed Light Hair Removal and Influence Factors
  - 5.2.1. Factors That Influence Pulsed Light Hair Removal
- 5.3. Objectives of Laser Hair Removal and IPL (Intense Pulsed Light)
- 5.4. Procedure for Performing Laser and IPL Hair Removal
- 5.5. First Visit
  - 5.5.1. Client Information
  - 5.5.2. Technical and Follow-Up Data
  - 5.5.3. Informed Consent

- 5.6. Technique Procedure
  - 5.6.1. Cleansing, Shaving and Disinfection
  - 5.6.2. Delimitation of the Area
  - 5.6.3. Protection
  - 5.6.4. Application of Cooling Gel
  - 5.6.5. Using Equipment
  - 5.6.6. Removal of Gel and Application of Decongestant Product
- 5.7. Risks and Side Effects
- 5.8. Precautions, Post-Laser Hair Removal Care and After-Sessions
- 5.9. Protection Measures for Professionals and Clients
  - 5.9.1. Clothing
  - 5.9.2. Recommended Postural Hygiene at Work

#### Module 6. Aesthetic Massage in Aesthetic Physiotherapy

- 6.1. Application of Aesthetic Massage and the Immediate, Delayed, Local and General Effects of Massage on the Various Organs and Systems
- 6.2. Classification of Massages According to Their Action and the Different Applicable Techniques
- 6.3. Effects, Indications, Precautions and Contraindications of Aesthetic Massage Procedures
- 6.4. Application Parameters of Massage Procedures and Selection Criteria for Aesthetic Massage Procedures
- 6.5. Techniques for Performing Body Aesthetic Massage Procedures
- 6.6. Zone Massage: Specific Procedures and Time of Execution
- 6.7. Aesthetic Massage With Mechanical Effect Equipment
- 6.8. Aesthetic Massage With Mechanical Effect
- 6.9. Application Techniques of the Different Equipment
- 6.10. Indications for Mechanical Aesthetic Massage
- 6.11. Immediate and Subsequent Results of Mechanical Massage on Different Organs, Devices and Systems

**Module 7. Peeling in Dermocosmetics**

- 7.1. General Aspects
- 7.2. Advance Preparation
- 7.3. Superficial Peeling
- 7.4. Medium Peeling
- 7.5. Deep Peeling
- 7.6. Post Peeling Care: Adverse Effects and their Treatment
- 7.7. Introduction to Dermocosmetics
- 7.8. General Cosmetic Skin Care
- 7.9. Specific Cosmetic Care

**Module 8. Nutrition applied to Aesthetic Physiotherapy: Psychological Aspects of the Patient**

- 8.1. Nursing Care in Anti-Aging Nutricosmetics
- 8.2. Orthomolecular Dermocosmetics
- 8.3. Microbiota
- 8.4. Prebiotics and Probiotics
- 8.5. Nutrigenetics. Nutrigenomics
- 8.6. Supplementation
- 8.7. Food additives
- 8.8. Most Frequent Nutritional Alterations Related to Aesthetics
- 8.9. Psychological Aspects of Aging

**Module 9. Physical Activity: Sedentary Lifestyle and Obesity**

- 9.1. Physiology of Physical Activity
- 9.2. Physiological Evaluation and Interpretation I
- 9.3. Physiological Evaluation and Interpretation II
- 9.4. Personalized Prescription of Physical Activity in Young Adults
- 9.5. Personalized Prescription of Physical Activity for the Elderly
- 9.6. Physical Activity, Longevity and Quality of Life
- 9.7. Strategies for Rehabilitation and Recovery from Exertion
- 9.8. Sedentary Lifestyles and Obesity
- 9.9. Pharmacological Treatment of Obesity. GLP1-Liraglutide
- 9.10. Dietary Supplementation

**Module 10. Care for Other Procedures and Treatments**

- 10.1. Facial Fillers
- 10.2. Bioplasty
- 10.3. Botulinum Toxin
- 10.4. Sustaining Wires
- 10.5. Chemical Peeling
- 10.6. Radiofrequency, Technology and Biological Effects
- 10.7. Facial Rejuvenation
- 10.8. Rhinomodeling and Mentoplasty
- 10.9. Facial and Body Carboxitherapy
- 10.10. PRP (Platelet Rich Plasma)
- 10.11. Microdermabrasion



*Reach all your professional goals thanks to the complete contents provided by TECH"*

# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Physiotherapists/kinesiologists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional physiotherapy practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Physiotherapists/kinesiologists who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the physiotherapist/kinesiologist to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.



*The physiotherapist/kinesiologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we trained more than 65,000 physiotherapists/kinesiologists with unprecedented success in all clinical specialties, regardless of the workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Physiotherapy Techniques and Procedures on Video

TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current Physiotherapy techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

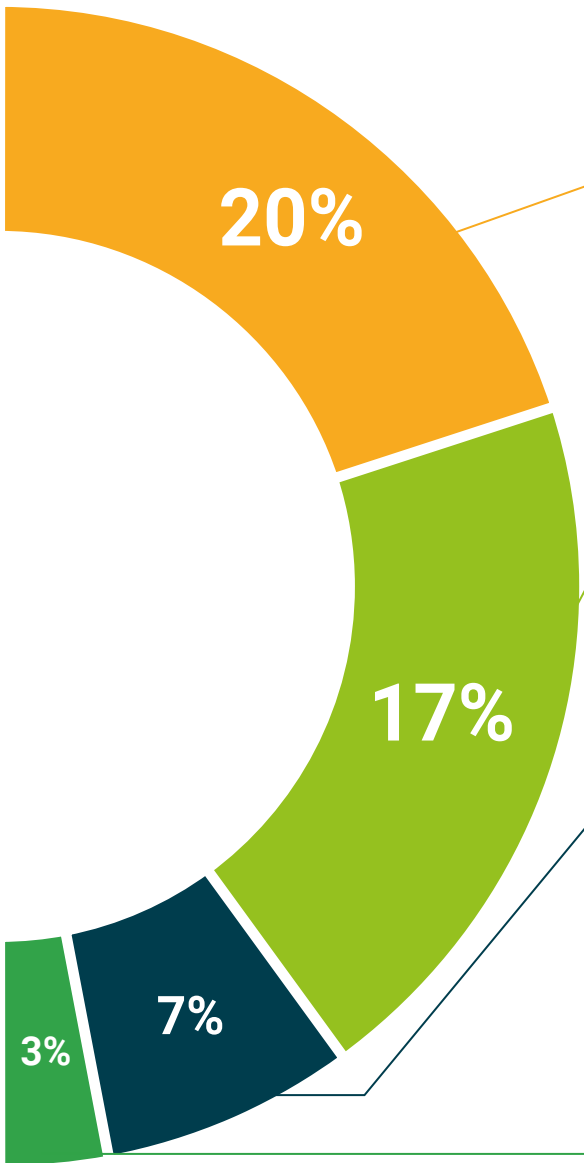
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Professional Master's Degree in Dermocosmetics guarantees students, in addition to the most rigorous and up-to-date education, access to a Professional Master's Degree issued by TECH Technological University.







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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

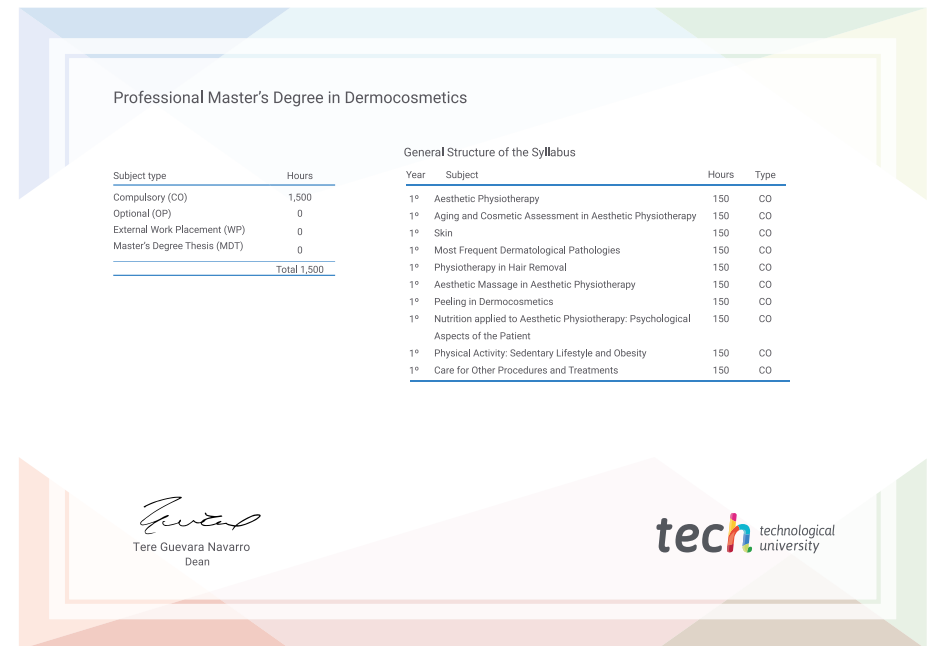
This **Professional Master's Degree in Dermocosmetics** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Professional Master's Degree** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Professional Master's Degree, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Professional Master's Degree in Dermocosmetics**

Official N° of hours: **1,500 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development language  
virtual classroom



## Professional Master's Degree

### Dermocosmetics

- » Modality: online
- » Duration: 12 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

# Professional Master's Degree

## Dermocosmetics

