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Internship Program
Neurological Physiotherapy
in Degenerative Diseases

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# 01 Introduction

Neurological conditions such as Parkinson's disease and stroke affect the daily lives of millions of people around the world, with devastating physical consequences that prevent them from leading a normal life. The role of the professional in Neurological Physiotherapy is fundamental for recovery, so this degree focuses on the care of real patients in a physiotherapy center of high prestige. The student will learn to apply the latest advances in rehabilitation, assisted by high-level professionals who will accompany them throughout the program. Starting from real scenarios, the student will acquire fundamental competencies in his or her professional development towards the most reputable Neurological Physiotherapy in only 3 weeks of intensive internship.



Develop your full potential for the recovery and rehabilitation of patients affected by neurodegenerative pathologies with the contents of this innovative Internship Program"





Given the delicate nature of patients with neurological conditions, it is necessary to employ the most advanced techniques possible in order for the person to regain independence safely and quickly. For these tasks, it is essential to master different work methodologies and the use of highly complex recovery technologies. However, the vast majority of educational programs on the market focus on the theoretical content of this area of physical therapy and neglect the acquisition of practical skills for professional development. From this context, this program aims to break the pre-established molds with an innovative academic modality. From it, the student will assimilate, in a holistic way, the most updated tools available in this broad discipline.

TECH has been in charge of the conformation of this Internship Program, with 3 weeks of duration. Throughout this period, students will attend specialized centers, with high prestige, in neurorehabilitation of patients affected by degenerative diseases. In these facilities, the professional will learn the different approaches and physiotherapeutic exercises that stimulate the recovery of people suffering from Alzheimer's, Parkinson's, multiple sclerosis, among other disorders. At the same time, they will develop direct skills to analyze the clinical manifestations of a neurological condition and make early diagnoses efficiently.

This TECH program takes its students into the field of real Neurological Physical Therapy, where they will have the opportunity to assert their professional effectiveness by learning with the best experts in the field. By incorporating this practical knowledge in their daily work, the graduate will have better options to grow in the health field towards clinics and centers of higher rank and reputation. In addition, they will have the guidance and supervision of an assistant tutor who will attend to their concerns and educational needs in an intensive internship, with an extension of 120 hours.

# 02 Why Study an Internship Program?

Global statistics assure that at least 50 million people in the world suffer from some type of neurological disease and, in most cases, these usually gradually invalidate patients. Faced with this reality, Physiotherapy professionals with an up-to-date knowledge of the most complete rehabilitation techniques and tools for this area of health are essential Although this field demands excellent practical skills, there are few pedagogical modalities that emphasize the subject beyond its theoretical concepts. For this reason, TECH has integrated an innovative 3-week program in the most respected international hospital centers. In this way, students will acquire the most sought-after skills in a fast, flexible and efficient way.



TECH offers you a unique opportunity to join an internship in an international reference center for the treatment and rehabilitation of patients with neurological diseases"

# 1. Updating from the Latest Technology Available

Neurological Physiotherapy in Degenerative Diseases is supported by a wide range of working tools. Many of them are constantly up-dated, due to the scientific evolution and discoveries related to the impact of this kind of diseases. TECH wants its students to specialize with excellence in the handling of all of them and, for this purpose, has this updated program exclusively practical.

# 2. Gaining In-depth Knowledge from the Experience of Top Specialists

Throughout this program, TECH students will be accompanied by leading experts in the field of Neurological Physiotherapy. These professionals will collaborate with the practical preparation of the students, allowing them to participate with them and directly in the evaluation of real cases and the application of recuperative methodologies for Degenerative Diseases.

# 3. Delve into prime environments for neurorehabilitation

For this Internship Program, TECH has selected first class centers with a distinguished trajectory in the rehabilitation of patients with neurodegenerative diseases. These clinical and therapeutic institutions have the best technologies for the approach of complex patients and the most qualified experts for their management.



# 4. Putting the acquired knowledge into daily practice from the very first moment

The field of Neurological Physiotherapy is constantly being up-to-date, as a consequence of the discoveries of large-scale scientific research. This theoretical knowledge, in most cases, requires professionals with high practical skills to implement its benefits. This is precisely what TECH students will find in this 3-week program, which will enable them to interact with patients and physiotherapeutic tools from day one.

# 5. Expanding the Boundaries of Knowledge

TECH has a wide network of agreements and collaborations on an international scale. Through these professional relationships, it has managed to ensure that its students have access to the most renowned centers in the field of Neurological Physiotherapy. An experience, unique in its kind, that will guarantee the most effective practical preparation to all its graduates.



You will have full practical immersion at the center of your choice"

# 03 Objectives

The objective of this program is to practically prepare its students in neurological physiotherapy at the highest level, so that they develop a critical attitude based on the latest science and reasoning. With this body of knowledge and a specific comprehensive patient treatment plan, the student will be in an advantageous position to improve their employment status over other professionals who do not have this hands-on training.



# **General Objectives**

- Apply the examination and assessment of the patient through clinical cases, using scales and systematic review tests
- In-depth knowledge of the characteristics of the most common neurological conditions
- Master in depth the different therapeutic tools of other professionals of the team



You are guaranteed to be learning in a prestigious physiotherapy center, which will lead to a much more professional and attractive CV"





# Neurological Physiotherapy | 09 tech in Degenerative Diseases



# **Specific Objectives**

- Learn the different methods and concepts used by neurological physiotherapists
- Study the Physiotherapy report writing model for its correct application
- Discover the anatomical and functional bases of the nervous system
- Qualify the student with a more extensive knowledge about the physiology of posture, all with the use of new technologies
- Develop the different models of approach specific to neurological physiotherapy
- Detect the different symptoms and clinical manifestations, as well as pain, discovering the different ways to deal with it



You will be prepared for the near future when, with an aging population, the healthcare sector will be calling for neurological physiotherapists like you"

# 04 Educational Plan

The Internship Program of this Neurological Physical Therapy program consists of a 3-week internship in a prestigious center and 8-hour days in which you will see real patients. The student will be accompanied at all times by a team of specialists in Neurological Physiotherapy, being able to learn first-hand all the most useful and effective techniques.

In this Internship Program proposal, of a completely practical nature, the activities are aimed at developing and perfecting the competencies necessary for the provision of Behavioral care in areas and conditions that require a high level of qualification, and are oriented towards specific training for the exercise of the activity, in an environment of safety for the patient and high professional performance.

This is a unique opportunity to learn in the best possible way, working in the professional environment chosen by the student, with a guarantee of unparalleled educational and personal quality. The student will have the opportunity to see the entire physiotherapeutic treatment process *in situ*, from the diagnostic phase to the elaboration of the rehabilitation plan and its implementation.

The student will complete a minimum number of practical activities in their center of choice related to the physiotherapeutic treatment of patients with neurological conditions. This ensures that the hands-on training is complete and gives a comprehensive understanding of the entire procedure for treating patients with different types of injuries or conditions.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the support and guidance of teachers and other fellow students that facilitate teamwork and multidisciplinary integration as transversal competencies for the praxis of physiotherapy (learning to be and learning to relate).



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"



# Neurological Physiotherapy | 11 tech in Degenerative Diseases

The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:

Module	Practical Activity
Assessment techniques and tests of Neurological Physiotherapy to determine to determine the extent of Degenerative Diseases	Perform neurological examinations for Parkinson's disease, progressive supranuclear palsy, corticobasal degeneration, multiple system atrophy, among others
	Master prognostic factors that determine the onset of hereditary ataxias and other brain diseases and other cerebellar disorders
	Analyze the evolution of patients with neoplasms or tumors of the nervous system
	Identify the clinical manifestations of neuromuscular diseases and polyneuropathies
Physical Therapy Methods and Techniques for the rehabilitation of patients with neurodegenerative diseases	Applying hydrotherapies and other rehabilitation mechanisms that stimulate coordinated mobility
	Implement digital, robotic and virtual reality physiotherapy
	Manage movement facilitation techniques and therapeutic exercises
	Develop animal-assisted therapy
Advanced management of multiple sclerosis from a neurological physiotherapy point of view	Develop the Evolution/Prognostic Factors test for diagnostic performance
	Analyze clinical manifestations for efficient early detection
Updated trends for advanced management of neurodegenerative dementias	Implement fine and gross motor exercises for patients with Lewy body dementia
	Implement neural stimulation for vascular dementias
	Develop readaptive practices for the Alzheimer's patient

# 05 Where Can I Do the Internship Program?

TECH has carefully chosen the practical centers in which the student will develop the training, ensuring that they meet the highest quality standards in the physiotherapeutic field. This ensures that the student is receiving the best possible practical instruction, with solid professional support to guide them at all times towards a much more prosperous specialized working future.



You will demonstrate that you are prepared to help your patients get their lives back with the assistance of the best physical therapists"



# Neurological Physiotherapy | 13 tech in Degenerative Diseases

# The student will be able to do this program at the following centers:



## **ASPAYM Principado de Asturias**

Country City
Spain Asturias

Address: Av. Roma, 4, 33011 Oviedo, Asturias

National federation dedicated to the physical and mental promotion of patients.

### Related internship programs:

- Neurological Physiotherapy Neurodegenerative Diseases



## ACD Rehabilitación Oviedo

Country City
Spain Asturias

Address: Av. fundación príncipe de Asturias,2, bajo 33004 Asturias

Interdisciplinary rehabilitation center with a crossdisciplinary approach

### Related internship programs:

- Physiotherapy in the Approach to Acquired Brain Injury Geriatric Physiotherapy



## ACD Rehabilitación Gijón

Country City
Spain Asturias

Address: 4º B., C. Corrida, 59, 33206 Gijón, Asturias

Interdisciplinary rehabilitation center with a crossdisciplinary approach

### Related internship programs:

Geriatric Physiotherapy

- Neurological Physiotherapy in Degenerative Diseases



### ACD Rehabilitación Avilés

Country City
Spain Asturias

Address: C. Pablo Iglesias, Nº 13, Bajo, 33402 Avilés, Asturias

Interdisciplinary rehabilitation center with a crossdisciplinary approach

### Related internship programs:

Physiotherapy in the Approach to Acquired Brain Injury
Geriatric Physiotherapy



# Neurovida - Multiespacio Avenidas

Country City
Spain Madrid

Address: Avenida de Baviera 4-6, 28028, Madrid

Care center for patients with neurodegenerative pathologies or brain damage.

### Related internship programs:

- Neurological Physiotherapy in Degenerative Diseases



# Neurovida - Multiespacio Hermosilla

Country City Spain Madrid

Address: c/ Hermosilla 75, 28001, Madrid

Care center for patients with neurodegenerative pathologies or brain damage.

### Related internship programs:

- Neurological Physiotherapy in Degenerative Diseases



## Neurovida - Multiespacio Paseo de la Habana

Country City
Spain Madrid

Address: Paseo de la Habana, 33. Esq. C/ Crevillente, 28036, Madrid

Care center for patients with neurodegenerative pathologies or brain damage.

### Related internship programs:

- Neurological Physiotherapy in Degenerative Diseases



# **Hospital HM Modelo**

Country City
Spain La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Anaesthesiology and Resuscitation - Palliative Care



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## Hospital Maternidad HM Belén

City Country Spain La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

#### Related internship programs:

- Update in Assisted Reproduction - Hospitals and Health Services Management



# Hospital HM Rosaleda

Country Spain La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Hair Transplantation

- Orthodontics and Dentofacial Orthopedics



## Hospital HM San Francisco

Spain León

Address: C. Marqueses de San Isidro, 11, 24004. León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Update in Anesthesiology and Resuscitation - Nursing in the Traumatology Department



# Hospital HM Regla

Country León Spain

Address: Calle Cardenal Landázuri, 2, 24003. León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Update on Psychiatric Treatment in Minor Patients



# **Hospital HM Madrid**

Country Spain Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015. Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Palliative Care
- Anaesthesiology and Resuscitation



# Hospital HM Montepríncipe

Country Spain Madrid

Address: Av. de Montepríncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain

### Related internship programs:

- Palliative Care
- Aesthetic Medicine



# **Hospital HM Torrelodones**

Country Spain Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain

### Related internship programs:

- Anaesthesiology and Resuscitation - Palliative Care



# **Hospital HM Sanchinarro**

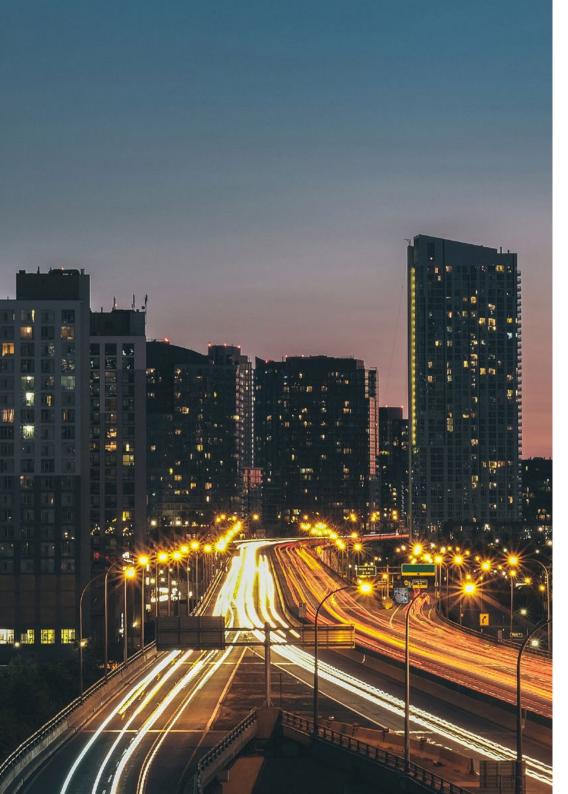
Country Spain Madrid

Addresst: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

Anaesthesiology and Resuscitation - Palliative Care



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# Hospital HM Nuevo Belén

Country City
Spain Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- General and Digestive System Surgery - Clinical Nutrition in Medicine



# Hospital HM Puerta del Sur

Country City Spain Madrid

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Palliative Care

- Clinical Ophthalmology



# Hospital HM Vallés

Country City Spain Madrid

Address: Calle Santiago, 14, 28801, Alcalá de Henares. Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Gynecologic Oncology
- Clinical Ophthalmology



# HM CINAC - Centro Integral de Neurociencias

Country City
Spain Madrid

Address: Avenida Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Neurological Physiotherapy



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# **HM CINAC Barcelona**

Country Spain Barcelona

Address: Avenida de Vallcarca, 151, 08023, Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

Neurodegenerative Diseases Neurology Nursing



# Policlínico HM Arapiles

Country Madrid Spain

Address: C. de Arapiles, 8, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Anaesthesiology and Resuscitation - Pediatric Dentistry



## Policlínico HM Cruz Verde

Country Spain Madrid

Address: Plaza de la Cruz Verde, 1-3, 28807, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Advanced Clinical Podiatry - Optical Technologies and Clinical Optometry



# Policlínico HM Distrito Telefónica

Country Spain Madrid

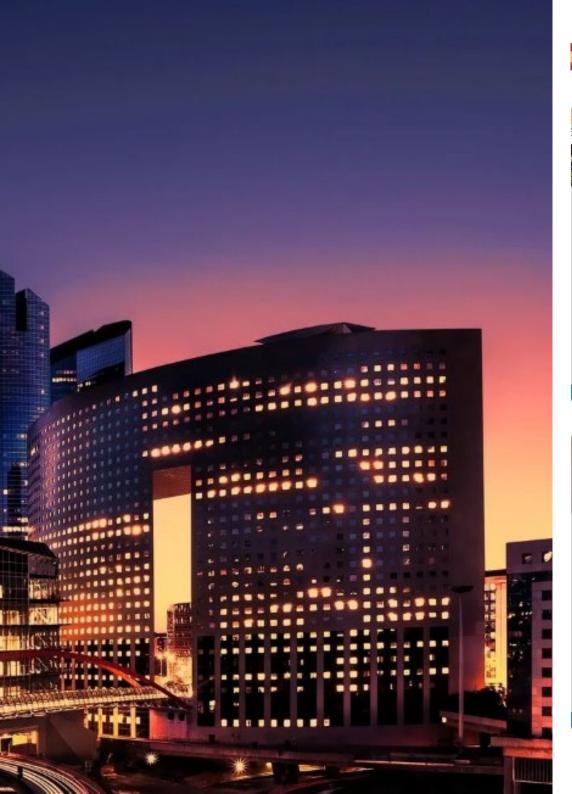
Address: Ronda de la Comunicación, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Optical Technologies and Clinical Optometry - General and Digestive System Surgery





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# Policlínico HM Matogrande

Country City
Spain La Coruña

Address: R. Enrique Mariñas Romero, 32G, 2°, 15009, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

Sports Physiotherapy Neurodegenerative Diseases



# Policlínico HM Rosaleda Lalín

Country City
Spain Pontevedra

Address: Av. Buenos Aires, 102, 36500, Lalín. Pontevedra

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Advances in Hematology and Hemotherapy
- Neurological Physiotherapy



## Policlínico HM Imi Toledo

Country City
Spain Toledo

Address: Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

### Related internship programs:

- Electrotherapy in Rehabilitation Medicine - Hair Transplantation



# Nueva Opción

Country City
Spain Valencia

Address: Carrer de Greses, 21, bajo, 46020 Valencia

Association dedicated to the integral treatment of Acquired Brain Injury

### Related internship programs:

Physiotherapy in the Approach to Acquired Brain Injury



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# Fiziord

Country City Mexico Mexico City

Address: Segovia 96 Int. 4 Col. Alamos Del. Benito Juárez CDMX C.P 03400

> Advanced Clinic of Physiotherapy and Sports Medicine

### Related internship programs:

Sports Physiotherapy - Neurological Physiotherapy in Degenerative Diseases



# **Small Hauhgthon Rehab**

Country City Mexico Mexico City

Address: Nicolás San Juan 1319 Col. Del Valle Sur Benito Juárez

> Clinic specialized in Sports Medicine and comprehensive care in Physiotherapy

### Related internship programs:

Geriatric Physiotherapy Sports Physiotherapy



# Rehamex

Country City Mexico Mexico

Address: J.J. Fernández de Lizardi No. 5, Cto. Novelistas, Ciudad Sátelite, Naucalpan

> Center specialized in Rehabilitation and physical health promotion

### Related internship programs:

- Diagnosis in Physiotherapy Medical Research



# Clínica de Fisioterapia Integral Mover-T

Country Mexico Mexico City

Address: Calle Pilares 506, Colonia del Valle Centro, Benito Juárez,03100 Ciudad de México, CDMX, México

Integral Physical Therapy Clinic

### Related internship programs:

- Diagnosis in Physiotherapy -Electrotherapy in Physiotherapy



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# **Athlos Ecatepec**

Country

City

Mexico

Mexico City

Address: Plaza Ecatepec, Via Morelos 172, Local C-8, Los Laureles, Ecatepec de Morelos, Méx. Junto a la zona de Comida

Specialized physical and sports rehabilitation centers

### Related internship programs:

- Diagnosis in Physiotherapy -Electrotherapy in Physiotherapy



## **Athlos Naucalpan**

Country

Mexico City

Mexico

Address: Av. Gustavo Baz Prada No. 116, Col. Bosques de Echegaray, Naucalpan de Juárez. Estado de México

Specialized physical and sports rehabilitation centers

### Related internship programs:

- Diagnosis in Physiotherapy -Electrotherapy in Physiotherapy



### Athlos Iztacalco

Country

City

Mexico Mexico City

Address: Julio García No. 14, Piso 2, San Miguel, Iztacalco, CDMX. Esq. Francisco del Paso y Troncoso

Specialized physical and sports rehabilitation centers

### Related internship programs:

- Diagnosis in Physiotherapy -Electrotherapy in Physiotherapy



### Athlos Toluca

Country

City

Mexico Mexico City

Address: Cerro de la Estrella 128 - 29. Xinantécatl, Metepec, Edo. de Méx

Specialized physical and sports rehabilitation centers

### Related internship programs:

- Diagnosis in Physiotherapy -Electrotherapy in Physiotherapy



### **Athlos Tiber**

Country

City

Mexico

Mexico City

Address: Río Tiber No. 21, 3er Piso, Col: Cuauhtémoc, Del: Cuauhtémoc, CDMX

Specialized physical and sports rehabilitation centers

### Related internship programs:

- Diagnosis in Physiotherapy -Electrotherapy in Physiotherapy



### Athlos Roma

Country

City

Mexico

Mexico City

Address: Guanajuato 178, 3er Piso. Roma Norte, Cuauhtémoc, CDMX

Specialized physical and sports rehabilitation centers

### Related internship programs:

- Diagnosis in Physiotherapy -Electrotherapy in Physiotherapy



## Athlos Tlalpan

Country Mexico

City Mexico City

Address: Calle 3 Num 52, Coapa, Espartaco, Coyoacán, 04870, CDMX

Specialized physical and sports rehabilitation centers

### Related internship programs:

- Diagnosis in Physiotherapy -Electrotherapy in Physiotherapy



### Athlos Lindavista

Country Mexico

City Mexico City

Address: Sullana 741, Col. Lindavista, Del. G.A.M. CDMX

Specialized physical and sports rehabilitation centers

### Related internship programs:

- Diagnosis in Physiotherapy -Electrotherapy in Physiotherapy



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# Avanza Rehabilitación

Country Argentina

City Tucumán

Address: Juan Gregorio de las Heras 581, T4000 San Miguel de Tucumán

Curative and preventive facility, integrating physiotherapy, occupational therapy and social work

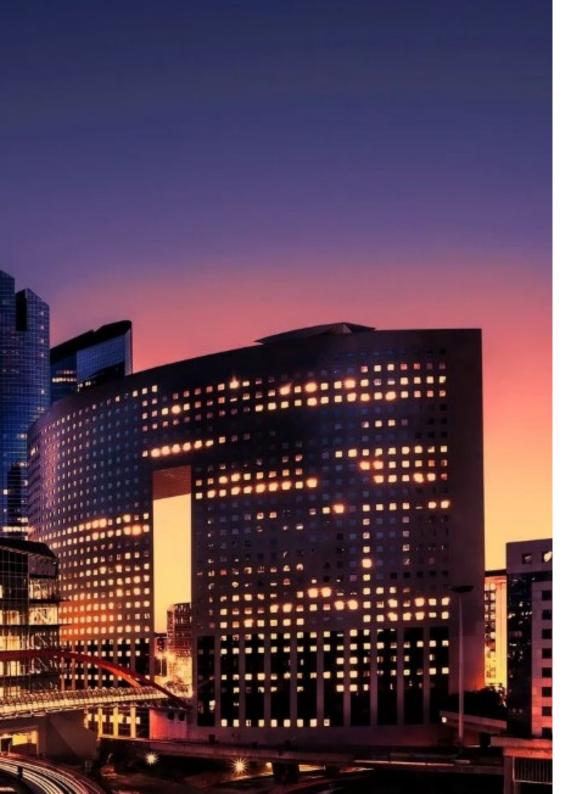
### Related internship programs:

- Physiotherapy in the Approach to Acquired Brain Injury - Sports Injury Prevention and Readaptation





Make the most of this opportunity to surround yourself with expert professionals and learn from their work methodology"



# 06 General Conditions

# **Civil Liability Insurance**

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



# **General Conditions of the Internship Program**

The general terms and conditions of the internship agreement for the program are as follows:

- 1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.
- 2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.
- 3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

- **4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.
- **5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.
- **6. PRIOR EDUCATION** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.
- **7. 3.- DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This Internship Program in Neurological Physiotherapy in Degenerative Diseases contains the most complete and up-to-date program on the professional and academic field.

After the student has passed the assessments, they will receive their corresponding Internship Program certificate issued by TECH Technological University via tracked delivery\*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: Internship Program in Neurological Physiotherapy in Degenerative Diseases

Duration: 3 weeks

Attendance: Monday to Friday, 8-hour consecutive shifts

Total Hours: 120 h. of professional practice





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in Degenerative Diseases

