

Internship Program

Dermocosmetics





Internship Program
Dermocosmetics

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01

Introduction to the Program

With the evolution of Dermocosmetics, physiotherapists now have access to better non-invasive facial rejuvenation techniques and other innovative peeling methods. Staying up-to-date in this field is a challenge, as academic programs often neglect to update practical skills. For this reason, TECH has developed a Internship Program focused on the most in-demand skills in the sector. During an intensive 3-week on-site stay, professionals will be updated on the latest technologies for hair removal and nutrition applied to Aesthetic Physiotherapy. The Internship Program will take place in a leading center, where participants will receive personalized attention from an assigned tutor.

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With this Internship Program from TECH, you will update your skills for managing non-invasive facial rejuvenation techniques such as radiofrequency and thread lifting”





Dermocosmetics has made remarkable advances, allowing physiotherapists to offer a wider range of options to their patients. Among the most competitive innovations in recent times are non-invasive facial rejuvenation techniques with thread lifting, which combat the signs of aging without the need for major surgeries. Staying up-to-date with all these advances is a challenge for professionals in the sector, especially in a context where academic programs often focus on theory and neglect the updating of practical skills. For this reason, TECH has developed a Internship Program focused on developing the most in-demand competencies in the sector.

This intensive, in-person training will last for 3 weeks and will take place from Monday to Friday in 8-hour consecutive sessions. During this period, physiotherapists will get up to speed on the latest laser and intense pulsed light technologies incorporated for hair removal. Additionally, they will implement therapeutic procedures and nutrition plans to improve skin health and body aesthetics for their clients. Applied nutrition in Aesthetic Physiotherapy has provided a more comprehensive approach to skincare and body aesthetics.

The program will take place at a cutting-edge dermocosmetic center, where the professional will need to attend to complete 120 hours of practical training. During this fully immersive experience, they will receive personalized attention from an attached tutor who will help them delve deeper into the latest dynamics and techniques in this field. Additionally, they will engage in discussions and share experiences with other experts from the institution who are distinguished by their broad expertise.

02 Why Study at TECH?

TECH is the world's largest online university. With an impressive catalog of more than 14,000 university programs, available in 11 languages, it is positioned as a leader in employability, with a 99% job placement rate. In addition, it has a huge faculty of more than 6,000 professors of the highest international prestige.

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TECH combines Relearning and the Case Method in all its university programs to guarantee excellent theoretical and practical learning by studying when you want and from wherever you want”



“

Study at the largest online university in the world and ensure your professional success. The future begins at TECH”

The world's best online university, according to FORBES

The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".

The best top international faculty

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistumba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

The world's largest online university

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.



The most complete syllabuses on the university scene

TECH offers the most complete syllabuses on the university scene, with programs that cover fundamental concepts and, at the same time, the main scientific advances in their specific scientific areas. In addition, these programs are continuously updated to guarantee students the academic vanguard and the most demanded professional skills. and the most in-demand professional competencies. In this way, the university's qualifications provide its graduates with a significant advantage to propel their careers to success.

A unique learning method

TECH is the first university to use Relearning in all its programs. This is the best online learning methodology, accredited with international teaching quality certifications, provided by prestigious educational agencies. In addition, this innovative academic model is complemented by the "Case Method", thereby configuring a unique online teaching strategy. Innovative teaching resources are also implemented, including detailed videos, infographics and interactive summaries.

The official online university of the NBA

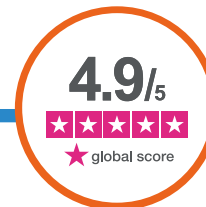
TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

Leaders in employability

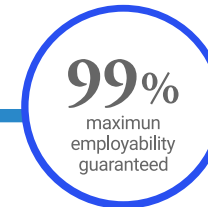
TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.

**Google Premier Partner**

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.

**The top-rated university by its students**

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.



03

Teaching Objectives

This Internship Program in Dermocosmetics will provide the physiotherapist with key competencies to integrate cosmetic products into clinical aesthetic protocols. During the stay, the professional will master the most sophisticated techniques for evaluating the skin, selecting suitable active ingredients, applying aesthetic equipment, and designing personalized treatments. Additionally, they will acquire skills in safety, tracking results, and patient education. Through this, they will strengthen their ability to approach Skin Alterations from a functional and specialized perspective.



General Objectives

- Update and reinforce the knowledge in dermatology necessary for the correct care of Dermocosmetics Physiotherapy patients
- Acquire the fundamental knowledge of all anti-aging modalities and aesthetic treatments, incorporating the necessary tools to perform this specialty in daily practice
- Comprehensively manage the esthetic patient, being able to make an accurate diagnosis and apply the most appropriate treatment
- Offer the physiotherapist the necessary tools and guidelines to deal efficiently with the different dermatological pathologies





Specific Objectives

- ♦ Reinforce the role of the physiotherapist in the treatment of these pathologies
- ♦ Identify the role of treatments in the prevention and treatment of dermatological pathologies
- ♦ Learn about the general characteristics of the skin and its anatomy
- ♦ Know how to differentiate and deal with the most common topical pathologies today
- ♦ Get to know the basic characteristics of dermocosmetic treatments for the face
- ♦ Get to know the basic characteristics of dermocosmetic treatments for the body
- ♦ Discern between the most effective treatments in each case
- ♦ In-depth study of the most effective hair care treatments currently available
- ♦ Define telomere-related aging processes
- ♦ Evaluate the importance of the exposome in aging and generate channels to adapt it to the needs and expectations of the individual.
- ♦ Analyze the different functions of the skin
- ♦ Know which are the different skin cares according to the patient's stage of life
- ♦ Delve into the knowledge of the effects of solar radiation on the skin and the different means of photoprotection
- ♦ Develop a proposal of action protocols for each pathology described

04

Internship

The practical training period of this Dermocosmetics program consists of a 3-week practical stay at a prestigious institution, from Monday to Friday, with 8-hour consecutive training sessions alongside an adjunct specialist. This stay will allow graduates to develop skills in assessing the patient's skin condition, selecting appropriate therapeutic cosmetics, and executing personalized protocols that promote tissue repair.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

They will also develop competencies in the use of complementary equipment, tracking results, and promoting dermosustainable health education for the patient, thereby consolidating a safe, ethical, and evidence-based practice.

The practical teaching will be done with the accompaniment and guidance of professors and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for medical praxis (learning to be and learning to relate).

The procedures described below will be the basis of the specialization, and their realization will be subject to the center's own availability, its usual activity and workload, the proposed activities being the following:



Module	Practical Activity
Aesthetic Physiotherapy	Conduct a complete aesthetic consultation, from organization to management and record-keeping
	Apply the appropriate hygiene protocol for an aesthetic consultation
	Manage the ethical and legal aspects of Aesthetic Physiotherapy, adhering to the code of ethics and ensuring informed consent is obtained
	Implement quality management techniques in the practice of Aesthetic Physiotherapy
	Address emergencies and complications that arise during Aesthetic Physiotherapy consultations
Aging and Cosmetic Assessment	Analyze cellular aging and aging theories to determine the most appropriate treatment
	Differentiate species and longevity factors in cosmetic assessment for Aesthetic Physiotherapy
	Determine the mechanisms of cellular aging to establish appropriate treatments
	Evaluate the circadian rhythm and its relationship to aging
Skin Care	Implement a skin assessment across different life stages and apply appropriate care based on specific needs
	Apply manual techniques, materials, and technical and cosmetic means for skin hydration
	Perform proper skin hygiene and apply the correct hydration techniques
	Assess the embryology of the skin and skin appendages to determine the appropriate care
	Identify different skin types and apply treatment according to their characteristics

Module	Practical Activity
Physiotherapy in Hair Removal	Develop laser hair removal and IPL procedures following the appropriate protocol and taking necessary protective measures
	Identify the influencing factors in laser hair removal and intense pulsed light treatments
	Introduce the proper body aesthetic massage techniques for each client type
	Deploy pre-treatment preparation and post-peeling care in Dermocosmetics
	Prescribe personalized physical activity based on the physiological evaluation and interpretation of the client
Other Procedures and Treatments	Implement facial fillers and suspension threads in aesthetic treatments
	Use botulinum toxin and rhinoplasty for facial treatments
	Perform chemical peels and microdermabrasion for skin treatments
	Apply radiofrequency and carboxytherapy for facial and body aesthetic treatments
	Use the PRP (platelet-rich plasma) technique in aesthetic treatments

05 Internship Centers

Below are some of the internship centers selected by TECH for this university program. However, if none of them meet your expectations or needs, TECH is committed to facilitating the formalization of an agreement with an entity that aligns with your preferences, ensuring a fully personalized experience.

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Enroll for this Internship Program and gain access to top-tier dermocosmetic centers equipped with the best resources”





The student will be able to do this program at the following centers:



Physiotherapy

Minerva Peyús

Country	City
Spain	Madrid

Address: Calle Carretera de Canillas 17
local, 28043, Madrid

Medical Aesthetic Clinic specializing in medical treatments,
aesthetics, massages, and hair removal

Related internship programs:

- Dermocosmetics
- Antiaging



Physiotherapy

IEMEC Clinic

Country City
Spain Madrid

Address: Av. Siglo XXI,13, 28660,
Boadilla del Monte

Center for aesthetic and hair medicine where the latest generation facial treatments and body procedures are performed

Related internship programs:

- Aesthetic Nursing
- Dermocosmetics



Physiotherapy

Uve Medical

Country City
Spain Madrid

Address: Calle Rey Francisco, 16

Clinic specialized in hair transplants, focused on providing the best care and visible results

Related internship programs:

- Dermocosmetics





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You will learn firsthand the reality of working in the area, in a demanding and rewarding environment”

06

General Conditions

Civil Liability Insurance

The university's main concern is to guarantee the safety of the interns, other collaborating professionals involved in the internship process at the center. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, the university commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Internship Program, students will be assigned two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the student does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This private qualification will allow you to obtain a diploma for the **Internship Program in Dermocosmetics** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

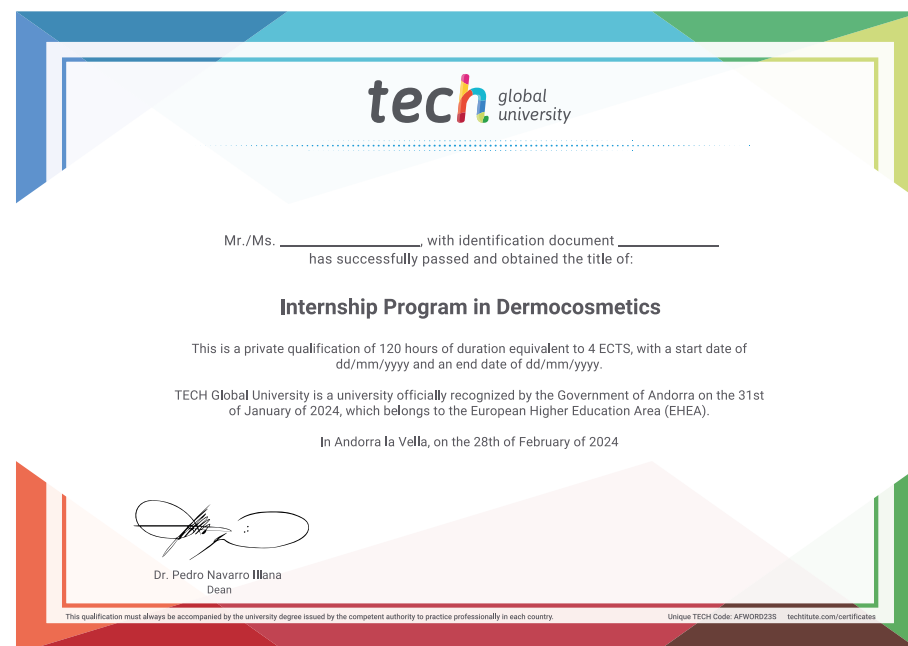
This private qualification from **TECH Global University** is a European continuing education and professional development program that guarantees the acquisition of competencies in its area of expertise, providing significant curricular value to the student who successfully completes the program.

Title: **Internship Program in Dermocosmetics**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Credits: **4 ECTS**



future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

personalized service innovation

knowledge present quality

online training

development languages

virtual classroom

tech global
university

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