

Hybrid Master's Degree

Dermocosmetics



Hybrid Master's Degree

Dermocosmetics

Modality: Hybrid (Online + Internship)

Duration: 12 months.

Certificate: TECH Global University

Credits: 60 + 4 ECTS

Website: www.techtitude.com/us/physiotherapy/hybrid-master-degree/hybrid-master-degree-dermocosmetics

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01

Introduction to the Program

The advances in the field of Dermocosmetics have allowed Physiotherapists to expand their repertoire of solutions. Notable innovations include non-invasive facial rejuvenation techniques such as radiofrequency and thread lifting. Additionally, laser technology and nutrition applied to Aesthetic Physiotherapy have provided a more comprehensive approach to skin care and the signs of aging. Staying up-to-date with these techniques is a challenge for professionals, especially in a context where academic programs in this area are scarce. In response, TECH has developed an innovative program that combines a 100% online learning methodology with a practical stay at cutting-edge centers.



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You will master, thanks to TECH, the latest therapeutic procedures to reduce the signs of aging through non-invasive and non-surgical techniques”

Dermocosmetics has made significant advancements, allowing physiotherapists to offer a wider range of solutions to their patients. One of the most competitive innovations in recent times has been non-invasive facial rejuvenation techniques, with radiofrequency and thread lifting standing out. These methods combat the signs of aging without the need for surgical interventions. Additionally, laser technology and intense pulsed light for hair removal, as well as the incorporation of nutrition applied to Aesthetic Physiotherapy, have allowed for a more comprehensive approach to skin care and body aesthetics.

At the same time, staying up-to-date with all these advancements is a challenge for professionals in the field, especially in a context where many academic programs focus heavily on theoretical knowledge, neglecting the update of practical skills. That is why TECH has designed this Hybrid Master's Degree, which integrates two distinct phases. The first will be 100% online, on a customizable learning platform with a variety of multimedia resources. During this period, novel learning methods such as Relearning will be applied.

Upon completing the theoretical studies, the physiotherapist will have the opportunity to undertake a practical, in-person internship at cutting-edge dermocosmetic centers. This 3-week experience will allow them to apply the procedures learned directly in real cases. Moreover, they will be guided by internationally renowned experts who will supervise their academic progress while providing them with the management of the most complex tools in the sector.

This **Hybrid Master's Degree in Dermocosmetics** contains the most complete and up-to-date university program on the market. Its most notable features are:

- ♦ Development of over 100 case studies exemplified by Dermocosmetic specialists
- ♦ The graphical, schematic, and highly practical content is designed to provide scientific and healthcare information on the medical disciplines essential for professional practice
- ♦ Comprehensive action plans systematically addressing the main needs
- ♦ Presentation of practical workshops on Dermocosmetic techniques
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an internet connection
- ♦ Additionally, you will have the opportunity to complete a clinical internship at one of the best healthcare centers



Update your skills in laser hair removal and intense pulsed light management with the content from this Hybrid Master's Degree"

“

Complete an intensive 3-week internship at a prestigious center where you will find the most up-to-date technologies for chemical peeling and its post-care”

This Hybrid Master's Degree, with a professional focus and hybrid format, is designed for updating professionals dedicated to Dermocosmetics for Physiotherapists. The contents are based on the latest scientific evidence, and oriented in a teaching manner to integrate theoretical knowledge into practice and allow for more efficient decision making.

Thanks to its multimedia content, created with the latest educational technology, this program will enable Dermocosmetic professionals for Physiotherapists to receive situated and contextual learning, offering an immersive environment designed to train them in real-world situations. The design of this program is based on Problem-Based Learning, by means of which the student must try to solve the different professional practice situations that arise during the program. For this purpose, students will be assisted by an innovative interactive video system created by renowned experts.

This study program is all you need to get up to date on the latest advances in orthomolecular aesthetic dermatology applied by physiotherapists.

During the practical phase of this qualification, you will apply the different techniques for using support threads.



02

Why Study at TECH?

TECH is the world's largest online university. With an impressive catalog of more than 14,000 university programs, available in 11 languages, it is positioned as a leader in employability, with a 99% job placement rate. In addition, it has a huge faculty of more than 6,000 professors of the highest international prestige.



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Study at the largest online university in the world and ensure your professional success. The future begins at TECH”

The world's best online university, according to FORBES

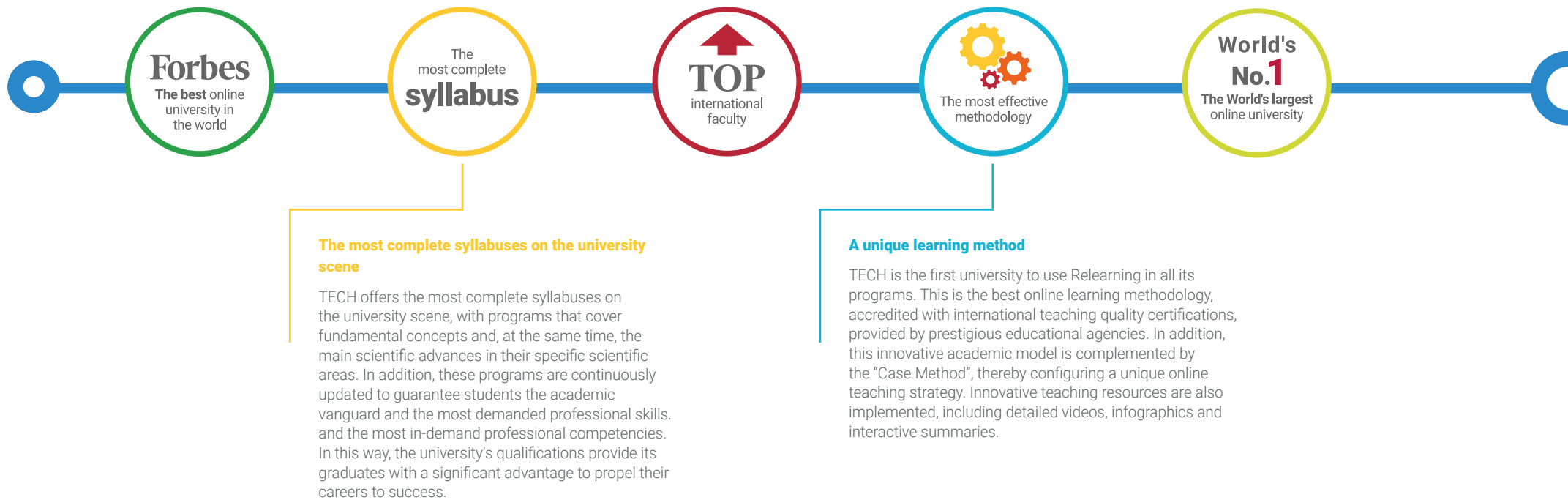
The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".

The best top international faculty

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistuba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

The world's largest online university

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.



The official online university of the NBA

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

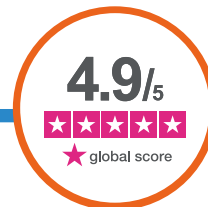
Leaders in employability

TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



Google Premier Partner

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.



The top-rated university by its students

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.



03 Syllabus

This program consists of 10 modules covering topics from aesthetic physiotherapy to applied nutrition and physical activity in aesthetics. Graduates of the qualification will gain expertise in dermatology and beauty treatments, underpinned by a solid and up-to-date scientific foundation. This will enhance their ability to assess, treat, and prevent aesthetic and dermatological conditions. With this program, physiotherapists will be able to expand their specialization and improve their service offering to patients, positioning themselves more effectively in an increasingly demanding and dynamic field.



“

You will deepen your knowledge of the composition, mechanisms of action, and therapeutic applications of dermocosmetic active ingredients”

Module 1. Aesthetic Physiotherapy

- 1.1. Aesthetic Physiotherapy: New Developments in the Profession
- 1.2. Nursing Care Plan (NCP) Applied to Aesthetics
- 1.3. Aesthetic Physiotherapy: New Developments in the Profession
- 1.4. Hygiene in an Aesthetic Practice
 - 1.4.1. Antiseptics
 - 1.4.2. Hand Hygiene
 - 1.4.3. Utensil Hygiene
 - 1.4.4. Sanitary Waste Management
- 1.5. Organization of the Aesthetic Practice
- 1.6. Aesthetic Practice Management
- 1.7. The Ethical-Legal Aspect of Aesthetic Physiotherapy: Code of Ethics and Ethical Problems
 - 1.7.1. Criminal and Civil Liability of Physiotherapy Personnel
 - 1.7.2. Liability Insurance
 - 1.7.3. Informed Consent for the Patient: Guidelines for Preparation and Generic Models
- 1.8. Quality Management in Aesthetic Physiotherapy Practice
- 1.9. Urgent Care in the Aesthetic Physiotherapy's Office
- 1.10. Complications in Aesthetic Physiotherapy

Module 2. Aging and Cosmetic Assessment in Aesthetic Physiotherapy

- 2.1. History of Anti-Aging Medicine
- 2.2. Theories of Aging. Pathophysiology
- 2.3. Species and Longevity
- 2.4. Mechanisms of Cellular Aging
- 2.5. Mitochondrias
- 2.6. Chronobiology I. Suprachiasmatic Pineal Nucleus. Circadian Rhythm
- 2.7. Chronobiology II Sleep and Wakefulness
- 2.8. Immunity. Immunosenescence
- 2.9. Telomeres and Telomerase
- 2.10. Exposome and Aging

Module 3. The Skin

- 3.1. Skin Anatomy and Structure of the Skin
- 3.2. Skin Appendages
 - 3.2.1. Hair
 - 3.2.2. Nails
 - 3.2.3. Sebaceous Glands
 - 3.2.4. Sweat Glands
- 3.3. Skin Functions and Elementary Lesions
 - 3.3.1. Protection
 - 3.3.2. Metabolism
 - 3.3.3. Temperature Regulation
 - 3.3.4. Sensory Impairment
 - 3.3.5. Excretory
 - 3.3.6. Energy Reserve
- 3.4. Skin Care in the Different Stages of Life: Neonatal, Pediatric, Adolescent, Adult, Geriatric, Pregnancy
 - 3.4.1. Neonatal
 - 3.4.2. Gastroenterology
 - 3.4.3. Adolescent
 - 3.4.4. Adult
 - 3.4.5. Geriatric
 - 3.4.6. Pregnancy
- 3.5. Embryology of the Skin and Skin Appendages
 - 3.5.1. Skin Development
 - 3.5.2. Hair Development
 - 3.5.3. Nail Development
 - 3.5.4. Skin Gland Development
- 3.6. Skin Types
 - 3.6.1. Density
 - 3.6.2. Skin Emulsion
 - 3.6.3. Skin Phototype
 - 3.6.4. Status
- 3.7. Skin Hygiene

- 3.8. Skin Hydration
 - 3.8.1. Manual Techniques
 - 3.8.2. Materials and Technical Methods
 - 3.8.3. Specific Cosmetics
 - 3.8.4. Teams

Module 4. Most Common Dermatological Pathologies

- 4.1. Acne
- 4.2. Rosacea
- 4.3. Seborrheic Dermatitis
- 4.4. Atopic Dermatitis
- 4.5. Contact Dermatitis
- 4.6. Pigmentation Disorders: Hyperpigmentation
- 4.7. Pigmentation Disorders: Hypopigmentation
- 4.8. Psoriasis
- 4.9. Skin Infections and Infestations Caused by Pathogenic Agents: Bacteria
- 4.10. Skin Infections and Infestations Caused by Pathogenic Agents: Viruses
- 4.11. Ichthyosis
- 4.12. Urticaria and Angioedema
- 4.13. Scars

Module 5. Physiotherapy in Hair Removal

- 5.1. Laser in Hair Removal and Influencing Factors
 - 5.1.1. Factors That Influence Laser Hair Removal
- 5.2. Intense Pulsed Light Hair Removal and Influence Factors
 - 5.2.1. Factors That Influence Pulsed Light Hair Removal
- 5.3. Objectives of Laser Hair Removal and IPL (Intense Pulsed Light)
- 5.4. Procedure for Performing Laser and IPL Hair Removal
- 5.5. First Visit
 - 5.5.1. Client Information
 - 5.5.2. Technical Data and Follow-up Records
 - 5.5.3. Informed Consent

- 5.6. Technique Procedure
 - 5.6.1. Cleansing, Shaving and Disinfection
 - 5.6.2. Delimitation of the Area
 - 5.6.3. Protection
 - 5.6.4. Application of Cooling Gel
 - 5.6.5. Use of Equipment
 - 5.6.6. Removal of Gel and Application of Decongestant Product
- 5.7. Risks and Side Effects
- 5.8. Precautions, Post-Laser Hair Removal Care and After-Sessions
- 5.9. Protection Measures for Professionals and Clients
 - 5.9.1. Protective Clothing
 - 5.9.2. Recommended Postural Hygiene at Work

Module 6. Aesthetic Massage in Aesthetic Physiotherapy

- 6.1. The Application of Aesthetic Massage and the Immediate, Delayed, Local and General Effects of Massage on the Various Organs and Systems
- 6.2. Classification of Massages According to Their Action and the Different Applicable Techniques
- 6.3. Effects, Indications, Precautions and Contraindications of Esthetic Massage Procedures
- 6.4. Application Parameters of Massage Procedures and Selection Criteria for Esthetic Massage Procedures
- 6.5. Techniques for Performing Body Aesthetic Massage Procedures
- 6.6. Zone Massage: Specific Procedures and Time of Execution
- 6.7. Aesthetic Massage With Mechanical Effect Equipment
- 6.8. Aesthetic Massage With Mechanical Effect
- 6.9. Application Techniques of the Different Equipment
- 6.10. Indications for Mechanical Aesthetic Massage
- 6.11. Immediate and Subsequent Results of Mechanical Massage on Different Organs, Devices and Systems

Module 7. Peeling in Dermocosmetics

- 7.1. General Overview
- 7.2. Previous Preparation
- 7.3. Superficial Peel
- 7.4. Medium Peel
- 7.5. Deep Peels
- 7.6. Post Peeling Care. Adverse Effects and Their Treatment
- 7.7. Introduction to Dermocosmetics
- 7.8. General Cosmetic Skin Care
- 7.9. Specific Cosmetic Care

Module 8. Nutrition Applied to Aesthetic Physiotherapy: Psychological Aspects of the Patient

- 8.1. Nursing Care in Anti-Aging Nutricosmetics
- 8.2. Orthomolecular Dermocosmetics
- 8.3. Microbiota
- 8.4. Prebiotics and Probiotics
- 8.5. Nutrigenetics. Nutrigenomics
- 8.6. Supplementation
- 8.7. Food Additives
- 8.8. Most Frequent Nutritional Alterations Related to Aesthetics
- 8.9. Psychological Aspects of Aging

Module 9. Physical Activity: Sedentary Lifestyle and Obesity

- 9.1. Physiology of Physical Activity
- 9.2. Physiological Evaluation and Interpretation I
- 9.3. Physiological Evaluation and Interpretation II
- 9.4. Personalized Prescription of Physical Activity in Young Adults
- 9.5. Personalized Prescription of Physical Activity for the Elderly
- 9.6. Physical Activity, Longevity and Quality of Life
- 9.7. Strategies for Rehabilitation and Recovery from Exertion
- 9.8. Sedentary Lifestyles and Obesity
- 9.9. Pharmacological Treatment of GLP1-Liraglutide
- 9.10. Dietary Supplementation



Module 10. Care for Other Procedures and Treatments

- 10.1. Facial Fillers
- 10.2. Bioplasty
- 10.3. Botulinum Toxin
- 10.4. Sustaining Wires
- 10.5. Chemical Peeling
- 10.6. Radiofrequency, Technology and Biological Effects
- 10.7. Facial Rejuvenation
- 10.8. Rhinomodeling and Mentoplasty
- 10.9. Facial and Body Carboxitherapy
- 10.10. PRP (Platelet Rich Plasma)
- 10.11. Microdermabrasion

“ *You will develop advanced skills to perform functional skin assessments and select therapies based on the specific conditions of patients”*

04

Teaching Objectives

The main goal of this university program is to provide professionals with a comprehensive update on the most relevant advances in Dermocosmetics. To achieve this, the degree combines both theoretical and practical methodologies in this specialty. As a result, graduates will develop top-tier competencies to prevent, treat, and rehabilitate patients with skin, facial, and body issues. Additionally, they will have the opportunity to gain experience alongside the best experts in highly prestigious aesthetic centers.



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You will manage innovative strategies for prevention, intervention, and maintenance in skin care from an evidence-based approach”



General Objective

- Through this university program, physiotherapists will reinforce their knowledge of Dermocosmetics and acquire foundational knowledge of the latest anti-aging treatment modalities. In particular, they will delve into the non-invasive techniques that have disrupted this field. Moreover, with the study of this academic content, they will be able to differentiate between topical pathologies and the most innovative approaches for them.



Thanks to diverse educational formats such as explanatory videos or interactive summaries, you will receive an engaging and personalized knowledge update"





Specific Objectives

Module 1. Aesthetic Physiotherapy

- ♦ Know the basics of dermo-aesthetic physiotherapy
- ♦ Know how to structure the organization of the dermo-aesthetic physiotherapy practice
- ♦ Correctly handle the hygienic and sanitary protocols in the dermo-aesthetic physiotherapy office
- ♦ Know how to manage sanitary waste
- ♦ Delve into the legal aspects that should govern health care in dermo-aesthetic physiotherapy

Module 2. Aging and Cosmetic Assessment in Aesthetic Physiotherapy

- ♦ Present the historical background to anti-aging medicine
- ♦ Define and become familiar with the most frequently used concepts in anti-aging medicine
- ♦ Examine the most accepted theories of aging and interrelate them with each other
- ♦ Understand the aging mechanisms associated with mitochondria
- ♦ Define telomere-related aging processes
- ♦ Establish the relationship between immunosenescence, aging and disease onset
- ♦ Analyze the importance of circadian rhythms in aging and acquire the skills to treat their alterations in an appropriate manner
- ♦ Evaluate the importance of the exposome in aging and generate channels to adapt it to the needs and expectations of the individual.

Module 3. The Skin

- ♦ Get to know the anatomical structures of the skin
- ♦ Explore other areas related to the skin: hair, nails, sebaceous and sweat glands, etc.
- ♦ Analyze the different functions of the skin
- ♦ Know which are the different skin cares according to the patient's stage of life
- ♦ Delve into the knowledge of the effects of solar radiation on the skin and the different means of photoprotection
- ♦ Learn about the different types of skin
- ♦ Understand the basics of facial hygiene
- ♦ Know the different moisturizing techniques for the skin

Module 4. Most Common Dermatological Pathologies

- ♦ Develop a proposal of action protocols for each pathology described
- ♦ Define what is known as sensitive or reactive skin
- ♦ Analyze the different types of acne, and discover which ones we can address in the community pharmacy
- ♦ Approach the study of xerosis from a dermatological point of view, analyzing which diseases or treatments most commonly produce it, and what symptoms they present
- ♦ Differentiate existing treatments for hyperhidrosis
- ♦ Analyze the different types of dermatitis, their characteristics, and examine cases of each one
- ♦ Define the different pigmentation transients, their treatment and possible preventive measures.
- ♦ Analyze rosacea and its different stages, in order to facilitate its recognition and make a correct indication

Module 5. Physiotherapy in Hair Removal

- ♦ Delve into the aspects, classification and influence of laser hair removal
- ♦ Know the aspects, classification and influence of photoepilation with pulsed light
- ♦ Understand the objectives of laser hair removal
- ♦ Know how to program and work with laser hair removal equipment
- ♦ Manage the correct procedures and informed consent for performing laser hair removal
- ♦ Know the protection measures for both professionals and clients in laser hair removal procedures

Module 6. Aesthetic Massage in Aesthetic Physiotherapy

- ♦ Know how to apply aesthetic massages for immediate effects
- ♦ Understand the classification of massages
- ♦ Know the maneuvers applied to aesthetic body massage
- ♦ Gain in-depth knowledge of the different types of existing massages, their effects and application mechanisms

Module 7. Peeling in Dermocosmetics

- ♦ Identify suitable patients for treatment, prepare the skin prior to treatment, and conduct effective monitoring and prescription of the Post-Peel treatment, depending on expected effects of each chemical agent or a combination of chemical agents
- ♦ Understand the possible adverse effects of peels and their treatments
- ♦ Delve into the types of peeling and common indications
- ♦ Examine the proper pre-treatment preparation of the skin
- ♦ Delve into general cosmetic skin care
- ♦ Address pathologies such as acne or aging



Module 8. Nutrition Applied to Aesthetic Physiotherapy: Psychological Aspects of the Patient

- ♦ Establish the role of micronutrients in maintaining normal nutritional status
- ♦ Present the different types of functional foods, nutraceuticals, as well as the differences between the two
- ♦ Examine the contribution of prebiotics and probiotics to overall health
- ♦ Identify various food additives and their functions in food products
- ♦ Present specific types of diets and their contribution to improving the body's functions

Module 9. Physical Activity: Sedentary Lifestyle and Obesity

- ♦ Examine the metabolic response during physical exercise
- ♦ Determine the different techniques for the physiological assessment of the patient
- ♦ Analyze the basic principles of sports training to develop an adapted physical activity plan
- ♦ Analyze trends in recovery and adaptation to physical exertion
- ♦ Determine the guidelines and indications for the pharmacological treatment of obesity

Module 10. Care for Other Procedures and Treatments

- ♦ Acquire in-depth knowledge of different procedures and treatments such as fillers, botulinum toxin or support threads
- ♦ In-depth training in the use of PRP (Platelet Rich Plasma)
- ♦ Deepen in the use of carboxytherapy, rhinomodeling and mentoplasty

05 Internship

The professional practices of this Hybrid Master's Degree in Dermocosmetics are a unique opportunity for graduates to acquire innovative competencies. This intensive in-person stay will take place after completing the 1,800 hours of theoretical study included in the program. Additionally, a tutor will provide personalized guidance to graduates to ensure they make the most of the experience.



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*Experience a 3-week practical stay in
cutting-edge dermocosmetic centers
thanks to TECH”*

These professional practices are a crucial part of the preparation this Hybrid Master's Degree offers to graduates. For 3 weeks, they will have the opportunity to carry out cutting-edge dermocosmetic procedures at leading centers. This experience will allow them to directly apply the techniques and knowledge acquired during the theoretical phase to real cases, under the supervision of highly respected experts.

The in-person stay will be supervised by an assistant tutor with significant qualifications and extensive experience in the field. This individual will be responsible for providing constant feedback to the graduates to help them improve and maximize the benefits of their practical experience.

The practical teaching will be done with the accompaniment and guidance of professors and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for medical praxis (learning to be and learning to relate).

The procedures described below will be the basis of the specialization, and their realization will be subject to the center's own availability, its usual activity and workload, the proposed activities being the following:



Module	Practical Activity
Aesthetic Physiotherapy	Conduct a complete aesthetic consultation, from organization to management and record-keeping
	Apply the appropriate hygiene protocol for an aesthetic consultation
	Manage the ethical and legal aspects of Aesthetic Physiotherapy, adhering to the code of ethics and ensuring informed consent is obtained
	Implement quality management techniques in the practice of Aesthetic Physiotherapy
	Address emergencies and complications that arise during Aesthetic Physiotherapy consultations
Aging and Cosmetic Assessment	Analyze cellular aging and aging theories to determine the most appropriate treatment
	Differentiate species and longevity factors in cosmetic assessment for Aesthetic Physiotherapy
	Determine the mechanisms of cellular aging to establish appropriate treatments
	Evaluate the circadian rhythm and its relationship to aging
Skin Care	Implement a skin assessment across different life stages and apply appropriate care based on specific needs
	Apply manual techniques, materials, and technical and cosmetic means for skin hydration
	Perform proper skin hygiene and apply the correct hydration techniques
	Assess the embryology of the skin and skin appendages to determine the appropriate care
	Identify different skin types and apply treatment according to their characteristics

Module	Practical Activity
Physiotherapy in Hair Removal	Develop laser hair removal and IPL procedures following the appropriate protocol and taking necessary protective measures
	Identify the influencing factors in laser hair removal and intense pulsed light treatments
	Introduce the proper body aesthetic massage techniques for each client type
	Deploy pre-treatment preparation and post-peeling care in Dermocosmetics
	Prescribe personalized physical activity based on the physiological evaluation and interpretation of the client
Other Procedures and Treatments	Implement facial fillers and suspension threads in aesthetic treatments
	Use botulinum toxin and rhinoplasty for facial treatments
	Perform chemical peels and microdermabrasion for skin treatments
	Apply radiofrequency and carboxytherapy for facial and body aesthetic treatments
	Use the PRP (platelet-rich plasma) technique in aesthetic treatments

Civil Liability Insurance

The university's main concern is to guarantee the safety of the interns, other collaborating professionals involved in the internship process at the center. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, the university commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Hybrid Master's Degree, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Hybrid Master's Degree, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Hybrid Master's Degree will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: the Hybrid Master's Degree shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Hybrid Master's Degree. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Hybrid Master's Degree will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

06 Internship Centers

Below are some of the internship centers selected by TECH for this program. However, if none of them meet your expectations or needs, TECH is committed to facilitating the formalization of an agreement with an entity that aligns with your preferences, ensuring a fully personalized experience.



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You will enjoy an Internship Program in a renowned organization highly specialized in Dermocosmetics”



The student will be able to complete the practical part of this Hybrid Master's Degree at the following centers:



Physiotherapy

Minerva Peyús

Country	City
Spain	Madrid

Address: Calle Carretera de Canillas 17
local, 28043, Madrid

Medical Aesthetic Clinic specializing in medical treatments,
aesthetics, massages, and hair removal

Related internship programs:

- Dermocosmetics
- Antiaging





Physiotherapy

IEMEC Clinic

Country City
Spain Madrid

Address: Av. Siglo XXI,13, 28660,
Boadilla del Monte

Center for aesthetic and hair medicine where the latest
generation facial treatments and body procedures are performed

Related internship programs:

- Aesthetic Nursing
- Dermocosmetics



Physiotherapy

Uve Medical

Country City
Spain Madrid

Address: Calle Rey Francisco, 16

Clinic specialized in hair transplants, focused on providing the best
care and visible results

Related internship programs:

- Dermocosmetics

07

Career Opportunities

This program from TECH represents a unique opportunity for physiotherapists who want to specialize in the clinical use of dermocosmetic products and enhance their practice in the aesthetic field. Through advanced knowledge and intensive practical training, graduates of this qualification will acquire key competencies to intervene in Skin Disorders and improve their therapeutic outcomes. As a result, they will significantly expand their professional opportunities in medical-aesthetic environments and specialized clinics.



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*Are you looking to work as
a Clinical Dermocosmetic
Specialist? Achieve this
qualification in just 12 months!”*

Graduate Profile

The graduate of this Hybrid Master's Degree will be a physiotherapist trained to integrate dermocosmetic products into clinical settings, applying personalized treatments that optimize skin health and aesthetics. In addition, they will develop skills to assess the skin's condition, select appropriate active ingredients, and combine manual techniques with aesthetic equipment safely and effectively. Moreover, they will be prepared to design dermatofunctional protocols, lead interdisciplinary aesthetic projects, and promote ethical practice based on evidence and patient well-being.

You will provide comprehensive advice on selecting dermocosmetic products compatible with aesthetic physiotherapy and the user's skin condition.

- ♦ **Dermocosmetic Integration in Clinical Practice:** Ability to incorporate dermocosmetic products into aesthetic physiotherapy and dermatofunctional treatments, improving the quality and effectiveness of patient care.
- ♦ **Functional Evaluation and Critical Thinking:** Ability to analyze the patient's skin and functional condition, applying clinical reasoning to select safe, personalized, and evidence-based interventions.
- ♦ **Ethical Responsibility and Patient Safety:** Commitment to ethical practice, the application of hygiene protocols, and responsible use of cosmetic products, ensuring patient health and well-being.
- ♦ **Interdisciplinary Collaboration in the Aesthetic-Health Environment:** Ability to communicate and work effectively with dermatologists, aesthetic doctors, and other healthcare professionals, fostering an integrated approach to Skin Disorders.



After completing the university program, you will be able to apply your knowledge and skills in the following positions:

1. **Clinical Dermocosmetic Specialist:** Responsible for applying therapeutic cosmetic products in combination with aesthetic physiotherapy techniques, contributing to addressing skin disorders from a clinical and functional perspective.
Responsibilities: Execute personalized treatments with aesthetic equipment and advanced cosmetics, evaluating their effectiveness and ensuring patient safety.
2. **Functional Dermocosmetic Care Advisor:**
Specialist in advising patients and clinical teams on the selection and use of dermocosmetic products compatible with aesthetic physiotherapy and the user's skin condition.
Responsibilities: Design home care guidelines and preventive protocols, tailored to different skin types and aesthetic or dermatological needs.
3. **Consultant in Aesthetic and Skin Health Projects:** Dedicated to implementing dermocosmetic solutions in physiotherapy centers, medical-aesthetic clinics, or private practices, collaborating with multidisciplinary teams.
Responsibilities: Conduct aesthetic functional assessments, propose improvements in protocols, and select appropriate cosmetic lines based on the clinical profile of the patient.
4. **Aesthetic Physiotherapy Services Manager:** Responsible for managing units or clinics specialized in aesthetic and dermatofunctional treatments, optimizing available technical and human resources.
Responsibilities: Supervise staff, coordinate product and equipment procurement, and ensure service quality through updated clinical and cosmetic standards.

08

Study Methodology

TECH is the first university in the world to combine case study methodology with Relearning, a 100% online learning system based on guided repetition.

This innovative pedagogical strategy has been conceived to offer professionals the opportunity to update knowledge and develop skills in an intensive and rigorous way. A learning model that places the student at the center of the academic process and gives them the leading role, adapting to their needs and leaving aside the more conventional methodologies.



“

TECH prepares you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

“

*At TECH you will NOT have live classes
(which you might not be able to attend)”*



The most comprehensive academic programs worldwide

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

“*TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want*”

Case Studies or Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Method

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and more performance, involving you more in your specialization, developing a critical spirit, defending arguments and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology best rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

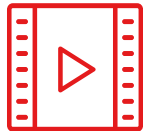
The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

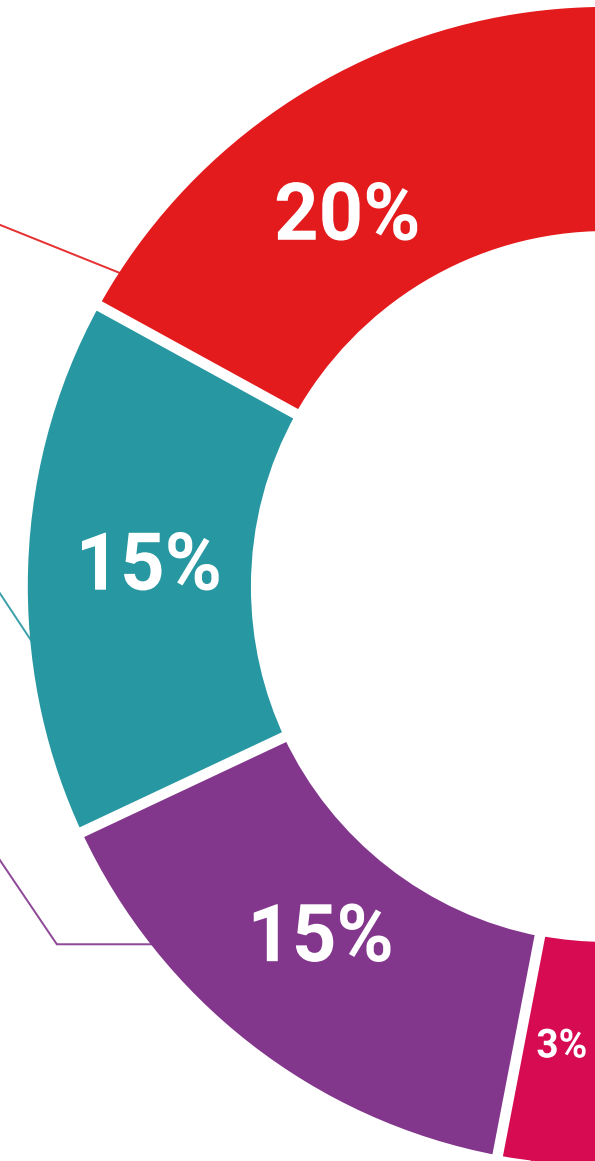
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

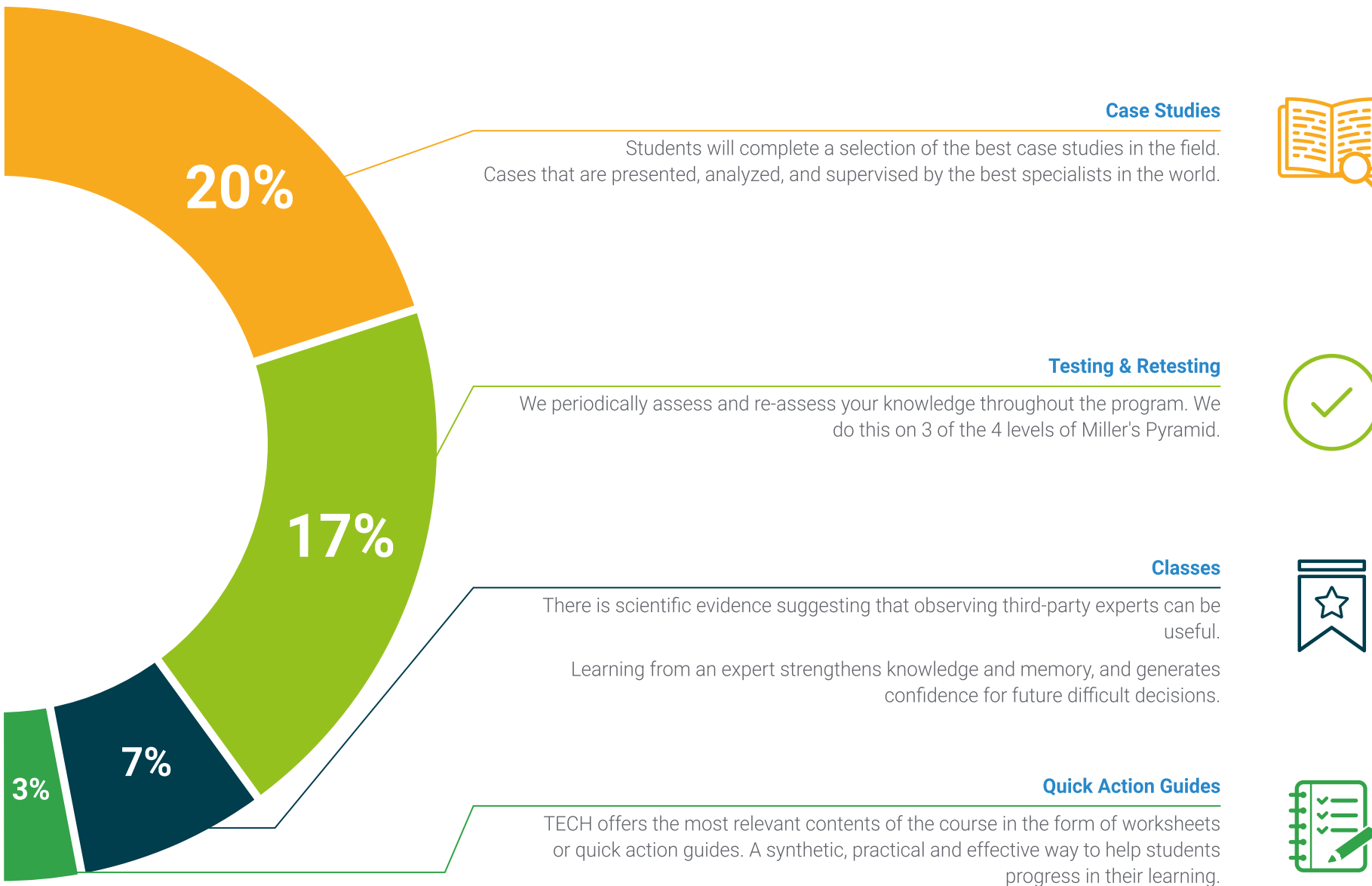
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





09 Certificate

The Hybrid Master's Degree in Dermocosmetics guarantees students, in addition to the most rigorous and up-to-date education, access to a diploma for the Hybrid Master's Degree issued by TECH Global University.





*Successfully complete this program
and receive your university qualification
without having to travel or fill out laborious
paperwork"*

This private qualification will allow you to obtain a diploma for the **Hybrid Master's Degree in Dermocosmetics Therapy** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

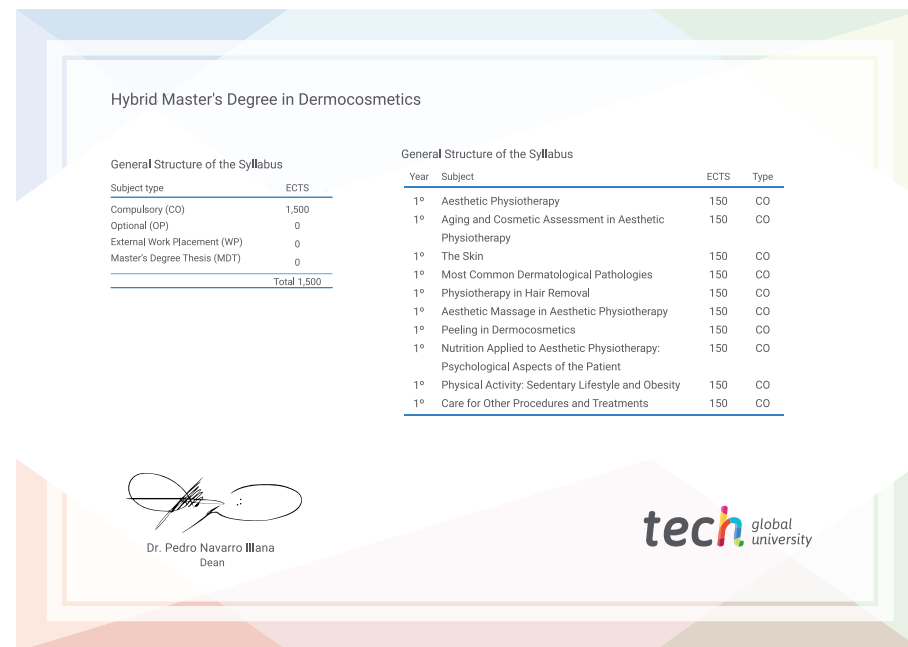
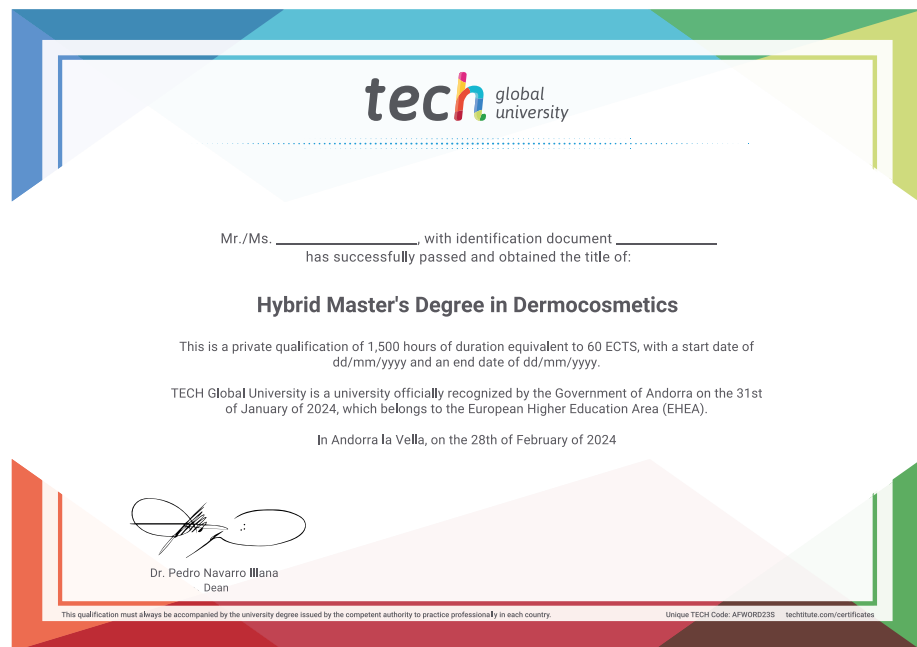
This private qualification from **TECH Global University** is a European continuing education and professional development program that guarantees the acquisition of competencies in its area of expertise, providing significant curricular value to the student who successfully completes the program.

Title: **Hybrid Master's Degree in Dermocosmetics**

Modality: **Hybrid (Online + Internship)**

Duration: **12 months.**

Credits: **60 + 4 ECTS**





Hybrid Master's Degree Dermocosmetics

Modality: Hybrid (Online + Internship)

Duration: 12 months.

Certificate: TECH Global University

Credits: 60 + 4 ECTS

Hybrid Master's Degree

Dermocosmetics

