



Postgraduate Diploma
Dermatological Phytotherapy
and Other Phytotherapy
Applications

» Modality: online

» Duration: 6 months

» Certificate: TECH Global University

» Accreditation: 19 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/pharmacy/postgraduate-diploma/postgraduate-diploma-dermatological-phytotherapy-other-phytotherapy-applications

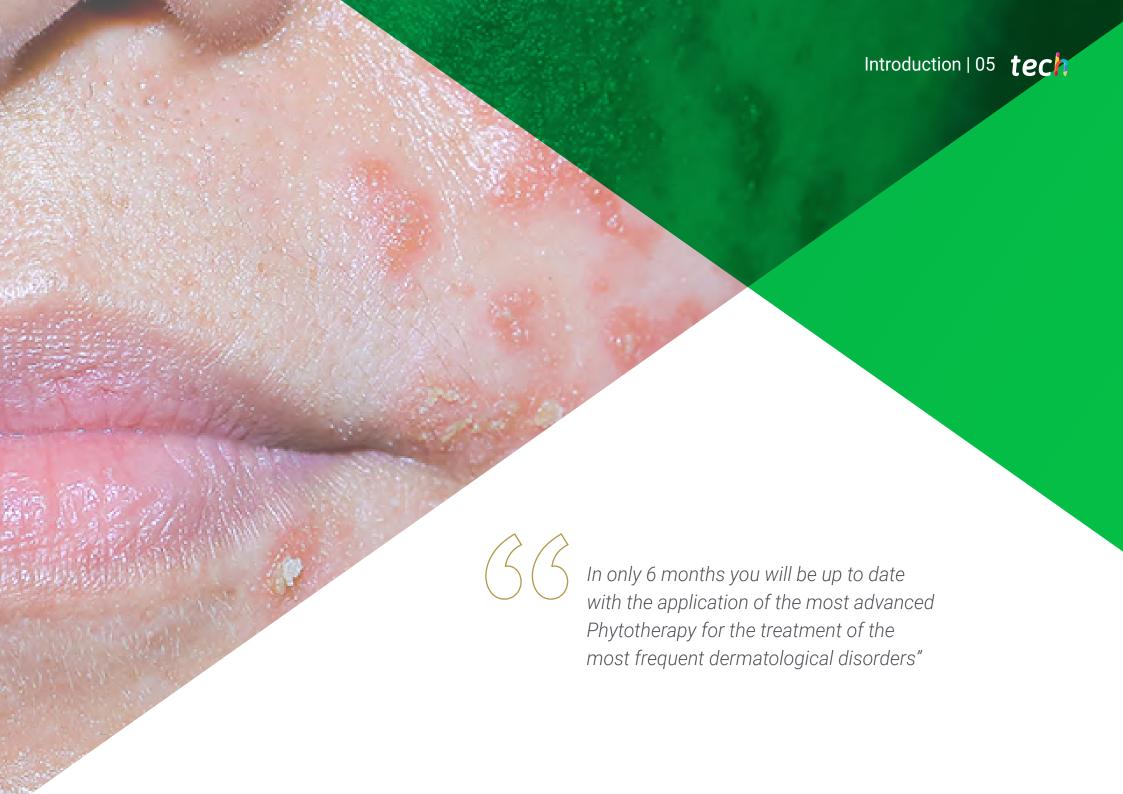
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### tech 06 | Introduction

The current boom in the use of medicinal plants and, specifically, of Phytotherapy for the care and treatment of the skin has led to a greater number of products focused on preventing or treating acne, skin infections or diseases such as vitiligo.

A wide range of dermatological pathologies that leads the pharmacist to be aware of the advances in this discipline and its phytotherapeutic achievements. For this reason, TECH offers professionals a unique academic option of 6 months duration, where you can make a complete update in Dermatological Phytotherapy and Other Applications of Phytotherapy.

This is a comprehensive program, where students will take an intensive tour of this discipline, galenic preparations, the active principles of plants and the rules for the proper manufacture of herbal medicines. The direct application of Phytotherapy in different diseases affecting the skin, as well as the use of aromatherapy or mushrooms with medicinal utility will be of special interest in this program.

In addition, to facilitate this update, TECH provides numerous additional teaching materials that make up the excellent virtual library of this university program. In this way, the graduates will be able to access whenever and wherever they wish to all the content hosted on the online platform.

Undoubtedly, an ideal opportunity to keep abreast of advances in Phytotherapy through a flexible Postgraduate diploma, without attendance or classes with fixed schedules. In this way, the pharmacists will study a first class academic option while at the same time being able to balance their daily professional responsibilities.

This Postgraduate Diploma in Dermatological Phytotherapy and Other Phytotherapy Applications contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical case studies presented by experts in Phytotherapy
- The graphic, schematic and eminently practical contents with which it is conceived gather scientific and practical information on those disciplines that are indispensable for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Delve into the main advances in the therapeutic application of Phenols, Flavonoids, Tannins, Isoprenoids, Resins, Alkaloids and other products"



You have at your fingertips the best opportunity to get up to date in Phytotherapy in autoimmune skin diseases, such as vitiligo and psoriasis"

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned experts.

Delve at your leisure into the extensive material of this program and update yourself on the use of plants to strengthen the immune system.

A unique opportunity to stay abreast of the most recent clinical advances that support Phytotherapy to treat allergic skin diseases.







### tech 10 | Objectives



### **General Objectives**

- Define the therapeutic limits of Phytotherapy and identify the cases in which it can be used safely
- Describe the use of Phytotherapy oriented to the satisfaction of the needs derived from the patient's health problems and the prevention of complications, guaranteeing a safe and quality practice
- Solve cases related to the field of phytotherapy
- Explain the use and indication of medical devices, food supplements and/or drugs, assessing the expected benefits and associated risks
- Apply theoretical knowledge in daily practice



Do you want to be up to date with the most effective phytotherapeutic treatments for scalp care? Access the most rigorous information through this university program"





#### Module 1. Phytotherapy and Herbal Medicines

- Define what a drug is and distinguish it from an active ingredient
- Explain the protocols for drug recognition
- Define the main chemical groups of active ingredients, which are responsible for the effects of drugs and , by extension , of plants
- Explain techniques for the cultivation, collection, processing and conservation of medicinal plants
- Identify botanical nomenclature and species citation
- Classify plant groups according to current regulations
- Define the medicinal utility of mushrooms
- Explain the legislation and regulation in relation with Phytotherapy

## Module 2. Active Ingredients of the Plants, Pharmaceutical Forms and Galenic Preparations

- Explain the application of the magistral formulation in Phytotherapy
- Explain the industrial processing of herbal medicines
- $\bullet\,$  Define the main groups and properties with relation to the active ingredients
- Define the therapeutic application of phenols, flavonoids, tannins, isoprenoids, resins, alkaloids and other products

#### Module 3. Dermatological Phytotherapy

- Describe phytotherapy treatments and therapeutic limits in skin conditions
- Describe the phytotherapy treatments and therapeutic limits in scalp disorders
- Explain the relationship between cosmetics and phytotherapy, and their application

# Module 4. Other Phytotherapy Applications: Immunomodulatory Phytotherapy, Phytotherapy for Sensory Organ Pathologies, Phytotherapy for Parasitic Diseases and Aromatherapy

- Define the therapeutic limits of aromatherapy, its application and associated risks
- Explain the activity of medicinal plants on the immune system and their possible application in certain pathologies related to the immune system
- Define the application of Phytotherapy in pathologies of the sense organs





### tech 14 | Course Management

#### **Professors**

#### Dr. Güemes Heras, Jaime

- Director of the Botanical Garden of Valencia
- Biologist and Botany Expert
- Curator of the Botanical Garden, Cavanilles Institute of Biodiversity and Evolutionary Biology in Valencia
- President of the Ibero-Macaronesian Association of Botanic Gardens
- President of the Spanish Society of Plant Conservation Biology
- PhD in Biology
- Author of more than a dozen books and chapters related to biology and botany
- Scientist names 31 new species to science in International Plant Names Index

#### Ms. Buendía Sánchez, Esmeralda

- Technical Pharmaceutical Director Arkopharma Laboratories
- Director of the Scientific Department, Arkopharma, S.A
- Author of *Hypericum in the treatment of depression* and coauthor of several publications
- Specialist in Pharmacy

#### Ms. Izquierdo Palomares, Rosa

- Private Pharmacist in Customer Service and the Elaboration of Magisterial Formulas
- Head of Industrial Hygiene and Ergonomics at Unión de Mutuas
- Prevention Technician Specialist in Industrial Hygiene in Unión de Mutuas
- Degree in Community Pharmacy from the University of Valencia
- Master in Industrial Hygiene and Occupational Health





### Course Management | 15 tech

#### Dr. Soriano Guarinos, Pilar

- Researcher at the Germplasm Bank of the Botanical Garden of the University of Valencia
- Professor of the Department of Botanics at the Faculty of Pharmacy of the University of Valencia
- Researcher at the Cavanilles Institute of Biodiversity and Evolutionary Biology
- Doctor of Pharmacy
- Author of dozens of scientific articles related to Botany

#### Dr. Palomino Ruiz-Poveda, Olga

- Expert in Pharmacology and Pharmacognosy and Botany and scientific researcher
- Professor of the Department of Pharmacology int the Faculty of Pharmacy of the Complutense University of Madrid
- Records Technician at Arkoprharma
- Doctor of Pharmacy
- Member of the Committee on Herbal Medicinal Products (HMPC) of the European Medicines Agency

#### Dr. Bejarano, María

- Specialist in Histology and Pharmacy
- Associate Pharmacist in Pharmacy Office at LKN Strategies Inc
- Trainer and promoter at LKN life
- EFG promoter trainer at Markefarm SL
- Pharmacist in pharmacy office
- Doctor of Pharmacy. CEU Cardenal Herrera University
- Degree in Histology Botanical Garden of the University of Valencia
- Degree in Pharmacy. University of Valencia

### tech 16 | Course Management

#### Dr. Balaguer Fernández, Cristina

- Pharmacist specialized in transdermal administration therapies
- Vice-Dean of the Faculty of Pharmacy at Cardenal Herrera University
- Assistant Professor in the Department of Pharmacy at the Faculty of Health Sciences of the CEU Cardenal Herrera University
- Coordinator of different Masters at CEU University
- PhD in Pharmacy from CEU Cardenal Herrera University
- Presentations and communications in national and international congresses

#### Dr. García-Fontestad, Gema Alejandra

- Independent Pharmacist and Expert in Chemical Morphophysiology and its impact on health
- · Pharmacist in pharmacy office
- Writer at Farma13
- PhD in Pharmacy from CEU Cardenal Herrera University
- Author of dozens of research articles related to the pharmacological field

#### Dr. González Rosende, Eugenia

- Pharmacist and Researcher specialized in the Therapeutic Area
- Full Professor of the Department of Pharmacy at the Faculty of Health Sciences of the CEU Cardenal Herrera University
- Principal Investigator of the group on the Search for New Compounds with Therapeutic Activity at CEU Cardenal Herrera University
- Investigator of the SEPLAN group of the CEU Cardenal Herrera University
- Doctor of Pharmacy
- Author of several specialized books on organic chemistry for the clinical profession

#### Dr. Calatayud Pascual, Araceli

- Director of the Department of Pharmacy, Faculty of Health Sciences, CEU Cardenal Herrera University
- Assistant pharmacist in pharmacy office
- Coordinator of the Medicine Degree
- Coordinator of the External Internships of Medicine
- Coordinator of the second cycle of the Degree in Medicine
- Assistant Professor of the University Department of Pharmacy in the Faculty of Health Sciences of the CEU Cardenal Herrera University
- Professor responsible for the subject of Pharmacology in the Degree of Medicine at the CEU Cardenal Herrera University
- Participation in 41 papers and/or oral communications in national and international congresses
- Researcher in 8 research projects financed by public and private institutions
- Author of several scientific publications
- Doctor of Pharmacy. Cardenal Herrera University CEU
- Degree in Pharmacy. Cardenal Herrera University CEU
- Master's Degree in Community Pharmaceutical Care University of Valencia
- Diploma in Pharmaceutical Performance in Primary Care University of Valencia
- Pharmacist Specialist in Orthopedics University of Valencia

#### Ms. Ibars Almonacil, Ana

- Biologist at the Cavanilles Institute of Biodiversity and Evolutionary Biology
- Teacher in the area of Botany and Geology at the University of Valencia
- Co-author of the book Ferns of the Valencian Community
- Member of: Cavanilles Institute of Biodiversity and Evolutionary Biology, CBiBE Research Lab and Scientific Committee of the SEFIT Conference: Phytotherapy in metabolic syndrome

#### Dr. Acero de Mesa, Nuria

- Former Professor of Vegetable Physiology
- Full Professor, Department of Pharmaceutical and Health Sciences, Faculty of Pharmacy
- Principal investigator of the group Productos Naturales
- Doctor of Pharmacy
- Co-author of several scientific publications in specialized media
- Member of: Team of the toxi-epidemiology line of the Observatory of Drug Addictions of the Valencian Community, National Service of Certification of Plants and Fungi and Technical Commission of monitoring

#### Dr. Catalá, Pedro

- Cosmetologist
- Founder of Twelve Beauty
- Pharmacist at a private hospital based on Harley Street
- PhD in New Technologies Applied to the Formulation of Natural Cosmetics
- Degree in Pharmacy from the University of Valencia
- Professional Master's Degree in Cosmetic Science and Technology from the University of Siena

#### Dr. Muñoz-Mingarro, Dolores

- Full Professor of the Department of Chemistry and Biochemistry, Faculty of Pharmacy, CEU San Pablo University
- Investigator
- Author of more than 30 scientific articles
- Prize for the best initiative awarded by Correo Farmacéutico for the book *Manual de Fitoterapia* (Phytotherapy Manual)
- D. in Biological Sciences from the Complutense University of Madrid
- Degree in Biological Sciences from the Complutense University of Madrid
- Graduate in Pharmacy from the Complutense University of Madrid
- Member of: Spanish Society of Chromatography and Related Techniques SECYTA, Iberoamerican Network of Natural Products for Medicinal Use, Research Groups in Ripronamed

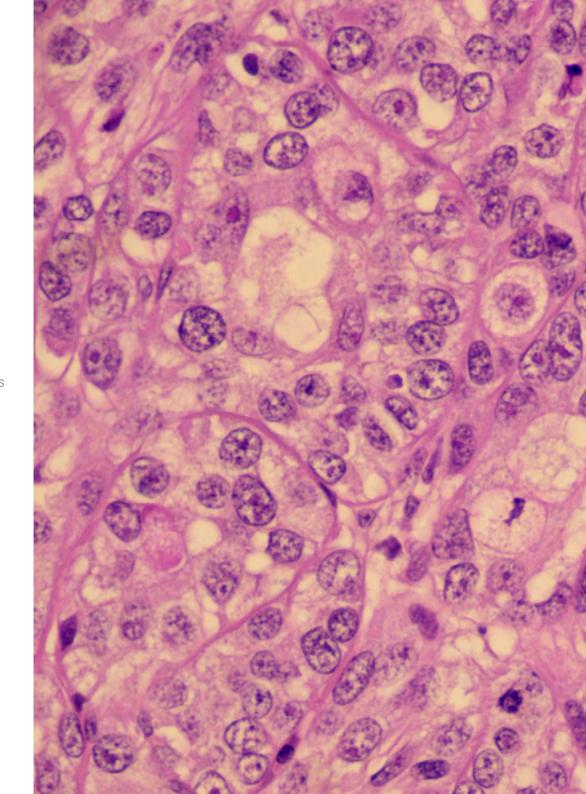
#### Dr. Beltrán Sanz, Vicente

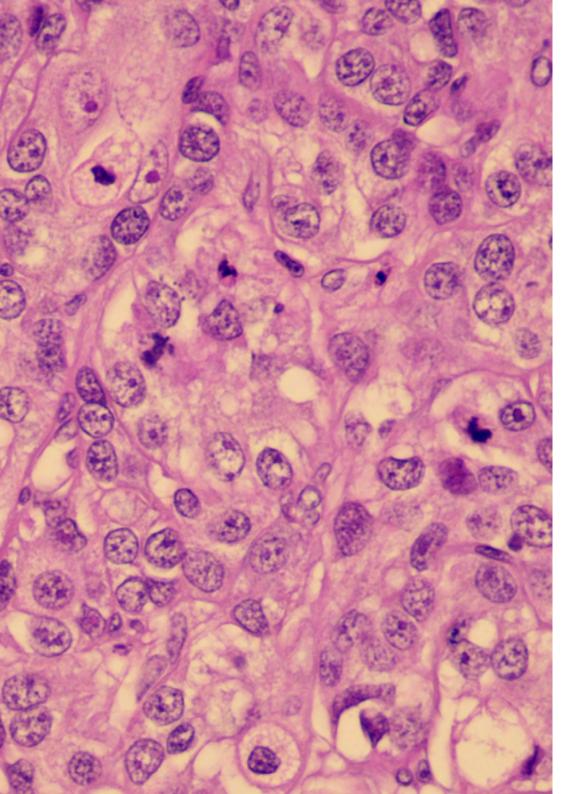
- Pharmacist expert in native medicinal plants for respiratory conditions
- Pharmacy office holder
- Scientific researcher expert in chemistry and medicinal plants
- Speaker in national and international scientific congresses
- Degree in Pharmacy

### tech 18 | Course Management

#### Dr. Folgado Bisbal, Ricardo V

- Responsible for Phytotherapy in the Community Pharmacy Commission
- Member of the Illustrious Official College of Pharmacists of Valencia
- Corresponding member of the Academy of Pharmacy of the Valencian Community
- Owner of a pharmacy in Sollana
- Founding member of the Valencian Mycological Society
- He has worked as an assistant pharmacist in a pharmacy office in the municipality of Llombay
- Member of the Scientific Committee of SOMIVAL
- Speaker at the XXIII Jornadas de la Societat Micológica Valenciana and other congresses
- Author of several publications
- Participates in various commissions such as Phytotherapy, University and Teaching, Training and Orthopedics
- Degree in Pharmacy from the University of Valencia
- Specialist Pharmacist in Orthopedics
- Continuing education in Pharmacology of Medicines
- Postgraduate university diploma in Pharmacology applied to pharmaceutical care
- Postgraduate University Diploma in Pharmacotherapeutic Update in Primary Care





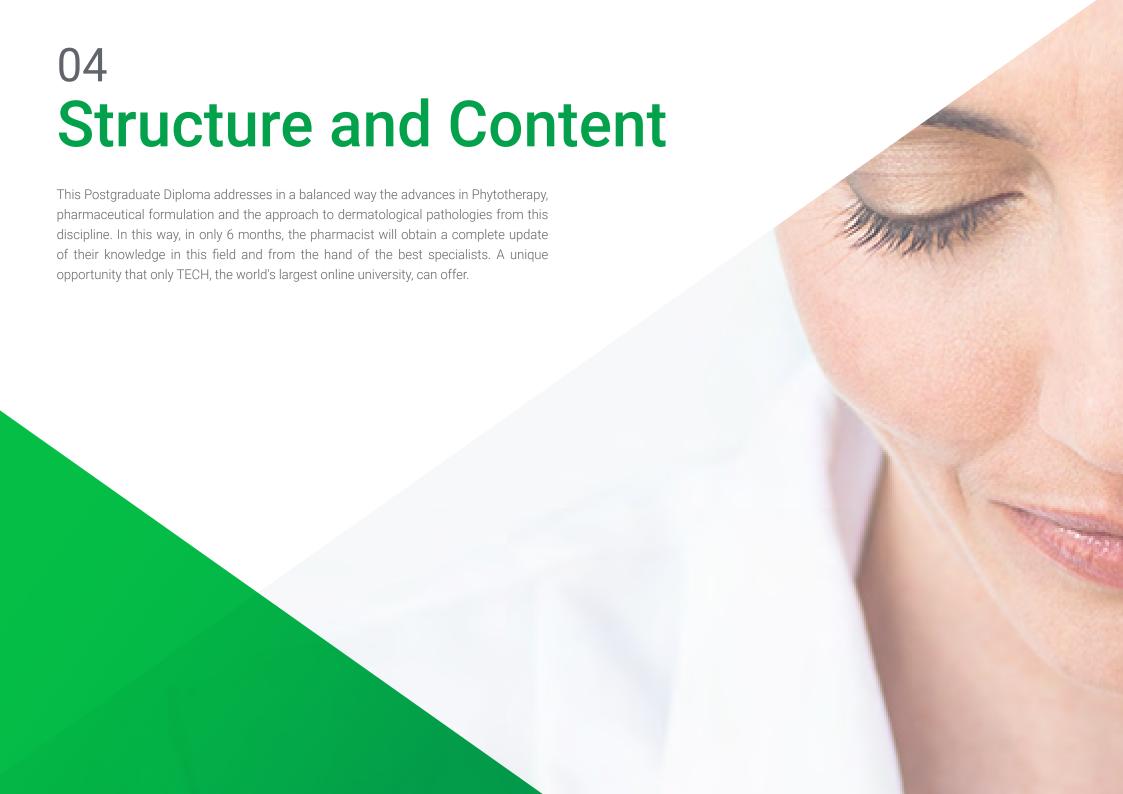
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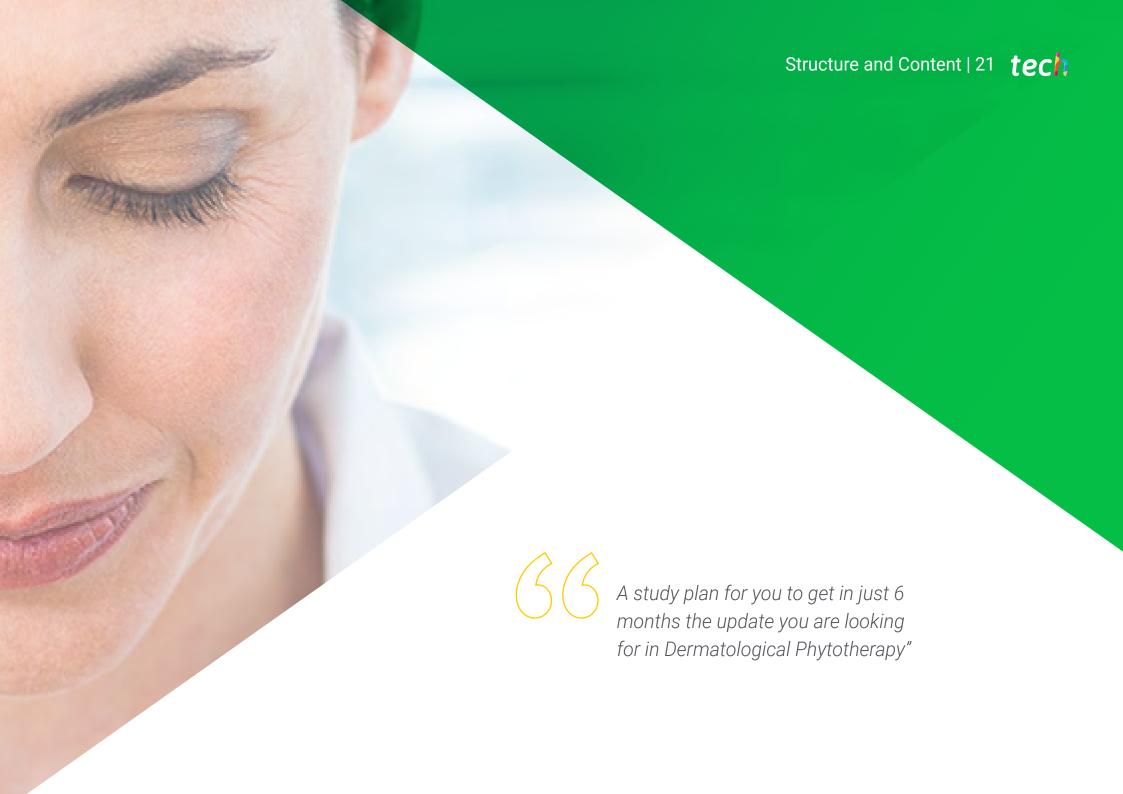
#### Dr. Sánchez Thevenet, Paula

- RH CEU Castellón Project Coordinator
- Responsible for the collaborative activities of the Regional Center for Scientific Research and Development
- Senior Researcher of the Spin Off Group of the University Jaume I
- Vice-Dean of the Faculty of Health Sciences for the Castellón campus of the CEU Cardenal Herrera University
- Assistant Professor in the Department of Biomedical Sciences at the Faculty of Health Sciences of the CEU Cardenal Herrera University
- PhD in Biochemistry from the National University of Patagonia San Juan Bosco
- International Master's Degree in Parasitology and Tropical Diseases, University of Valencia
- Official Master's Degree in Bioethics from the Catholic University of Valencia



A unique, essential, and decisive educational experience to boost your professional growth"





### tech 22 | Structure and Content

#### Module 1. Phytotherapy and Herbal Medicines

- 1.1. Phytotherapy: Definition and Scope of Application
- 1.2. Legislation and Registration of Herbal Medicines in Spain
- 1.3. Regulation of the European Market for Medicinal Herbal Preparations: Legal Regulations and Scope of Application
- 1.4. Current Classification of Plant Groups
- 1.5. Botanical Nomenclature and the Citation of Species in Phytotherapy
- 1.6. Cultivation, Collection, Processing and Preservation of Medicinal Plants
- 1.7. Plant Structure
- 1.8. Plant-Based Drugs: Impact of Drug Recognition on the Quality of Phytotherapeutic Products

# **Module 2.** Active Ingredients of the Plants, Pharmaceutical Forms and Galenic Preparations.

- 2.1. Active Ingredients: Main Groups and Properties, as a Basis that Justifies the use of Phytotherapy
- 2.2. Carbohydrates, Lipids, Proteins, and Sulfocyanogenetic Heterosides and their Therapeutic Application
- 2.3. Simple Phenols, Coumarins and Lignans, and their Therapeutic Application
- 2.4. Flavonoids and their Therapeutic Application
- 2.5. Tannins and Quinones, and their Application
- 2.6. Isoprenoids, Saponins and Cardiotonic Heterosides, and their Application
- 2.7. Resins and their Application
- 2.8. Alkaloids and their Application
- 2.9. Magistral Formulation in Phytotherapy
- 2.10. Other Pharmaceutical Forms in Phytotherapy
- 2.11. Standards for the Proper Manufacture of Herbal Medicines





#### Module 3. Dermatological Phytotherapy

- 3.1. Phytotherapy for Infectious Skin Diseases
- 3.2. Phytotherapy for Allergic Skin Diseases
- 3.3. Cosmetics and Phytotherapy
- 3.4. Phytotherapy for autoimmune skin diseases: vitiligo and psoriasis

**Module 4.** Other Phytotherapy Applications: Immunomodulatory Phytotherapy, Phytotherapy for Sensory Organ Pathologies, Phytotherapy for Parasitic Diseases and Aromatherapy

- 4.1. Aromatherapy
- 4.2. Immunostimulant and Immunosuppressive Plants
- 4.3. Phytotherapy in Ocular Conditions
- 4.4. Phytotherapy in Otological Affections
- 4.5. Vermifuge Medicinal Plants
- 4.6. Phytotherapy for the Treatment of other Parasitic Infections
- 4.7. Mushrooms with Medicinal Utility



From the advances in Aromatherapy,
Phytotherapy in ocular affections to
mushrooms with medicinal utility
will be treated with rigor in this
Postgraduate Diploma"



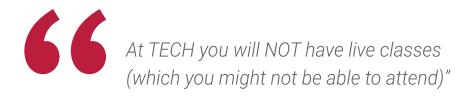


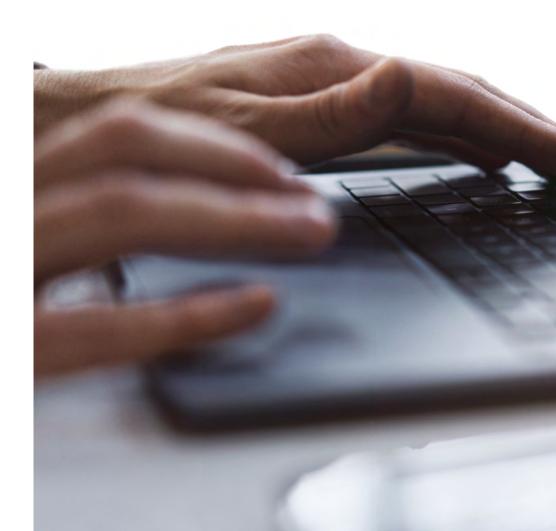
#### The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.







#### The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"

### tech 28 | Study Methodology

#### Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



#### Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



### tech 30 | Study Methodology

#### A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- **2.** Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

### Study Methodology | 31 tech

#### The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.

### tech 32 | Study Methodology

As such, the best educational materials, thoroughly prepared, will be available in this program:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### **Practicing Skills and Abilities**

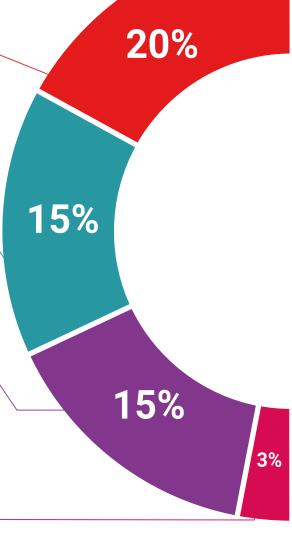
You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.



Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.



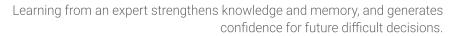
#### **Testing & Retesting**

We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.



#### **Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

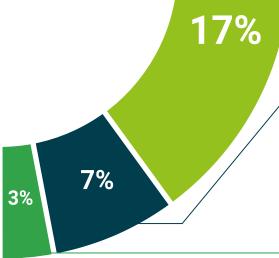




#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.









### tech 36 | Diploma

This private qualification will allow you to obtain a diploma for the **Postgraduate Diploma in Dermatological Phytotherapy and Other Phytotherapy Applications** endorsed by TECH Global University, the world's largest online university.

**TECH Global University**, is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Dermatological Phytotherapy and Other Phytotherapy Applications

Modality: online

Duration: 6 months

Accreditation: 19 ECTS



### Postgraduate Diploma in Dermatological Phytotherapy and Other Phytotherapy Applications

This is a private qualification of 570 hours of duration equivalent to 19 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024





## Postgraduate Diploma

Dermatological Phytotherapy and Other Phytotherapy **Applications** 

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