



## Postgraduate Certificate

# Food Development and Innovation

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/nutrition/postgraduate-certificate/food-development-innovation

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**Structure and Content** 

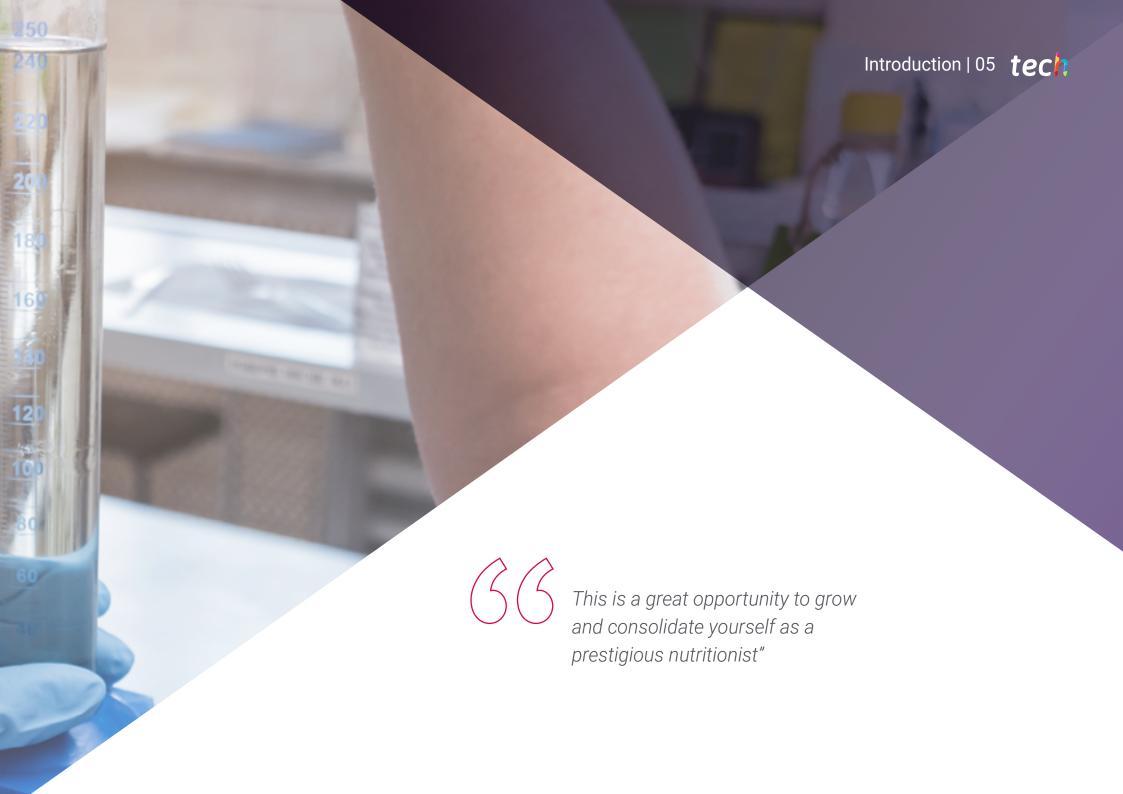
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### tech 06 | Introduction

This program presents R&D&I systems in the development of new foods in different sectors of the food industry that require new technologies, new processes and food safety systems that are increasingly specific and adapted to the features of new foods.

This is a field of growing interest in food technology, such as the production and use of new ingredients obtained from diverse sources.

This training analyzes current research and development systems in the design and use of new ingredients, with special emphasis on the importance of guaranteeing food safety.

The program in Food Development and Innovation at TECH Technological University is the most complete academic specialization available today because it is aimed at the integral management of food safety.

The professors on the program are experts in food legislation and regulations in quality and safety, process and methodology validation, digitalization of quality management, research and development of new foods and, finally, the coordination and execution of R&D&I projects.

It is an educational project committed to educating highly qualified professionals. A program designed by professionals specialized in each specific subject who face new challenges every day.

This **Postgraduate Certificate in Food development and Innovation** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Case studies presented by experts in food safety in the area of nutrition
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional development
- The latest news on Food Development and Innovation
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies in Food Development and Innovation
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



TECH offers you the best syllabus, professional specialists in the field and the latest educational technology with a single objective: Elevate you to success in your daily practice"



This Postgraduate Certificate is the best investment you can make when choosing a refresher program to update your existing knowledge of Food development and Innovation"

Its teaching staff includes professionals who belong to the field of food safety in the area of nutrition, and who bring to this training program the experience of their work, as well as recognized specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive program designed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. To that end, professionals will be assisted by a novel interactive video system developed by renowned and extensively experienced experts in Food Development and Innovation.

This program comes with the best educational material, providing you with a contextual approach that will facilitate your learning.

This 100% online program will allow you to combine your studies with your professional work while increasing your knowledge in this field.







## tech 10 | Objectives



### **General Objectives**

- Establish R&D&I systems that enable the development of new foods and ingredients, especially in food safety issues, so that they can address research, development and innovation in this field
- Develop knowledge that provides a basis or opportunity for the development and/or application of ideas, in a research context, including reflections on the responsibilities linked to the application of their developments









### **Specific Objectives**

- Establish new trends in food technologies that give rise to the development of a line of research and implementation of new products in the market
- Establish the fundamentals of the most innovative technologies that require research and development work to understand their potential for use in the production of new foods and ingredients
- Design research and development protocols for the incorporation of functional ingredients to a base food, taking into account its techno-functional properties, as well as the technological process involved in its elaboration
- Compile new trends in food technologies that will lead to the development of a line of research and implementation of new products in the market
- Apply research and development methodologies to evaluate the functionality, bioavailability and bioaccessibility of novel foods and ingredients





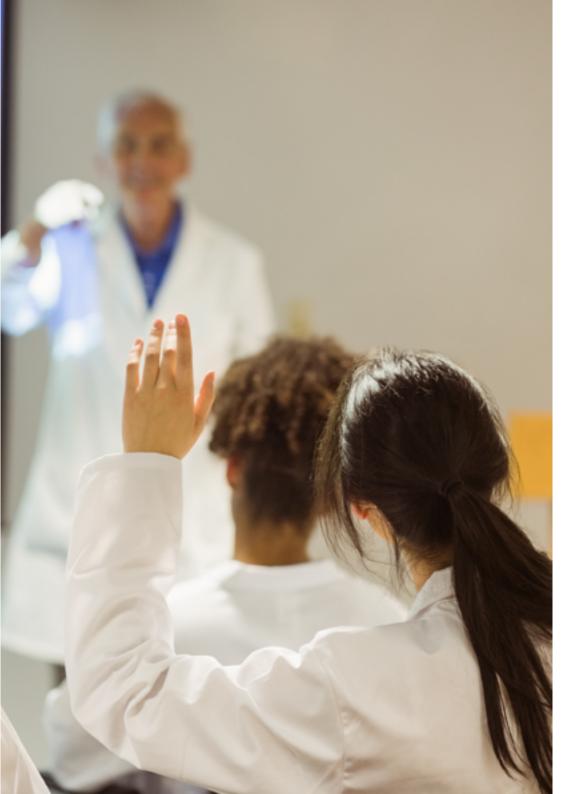
### tech 14 | Course Management

#### Management



### Dr. Limón Garduza, Rocío Ivonne

- PhD in Agricultural Chemistry and Bromatology (Autonomous University of Madrid)
- Master's Degree in Food Biotechnology (MBTA) (University of Oviedo)
- Food Engineer, Bachelor's Degree in Food Science, and Technology (CYTA)
- Expert in Food Quality Management ISO 22000
- Specialist in Food Quality and Safety, Mercamadrid Training Center (CFM)



### Course Management | 15 tech

#### **Professors**

#### Dr. Rendueles de la Vega, Manuel

- D. in Chemical Engineering, Professor of Chemical Engineering (University of Oviedo)
- ◆ Coordinator of the Master's Degree in Food Biotechnology at the University of Oviedo since 2013
- Principal investigator in three projects of the National R&D Plan. Since 2004





### tech 18 | Structure and Content

#### Module 1. R&D&I of Novel Foods and Ingredients

- 1.1. New Trends in Food Product Processing
  - 1.1.1. Design of Functional Foods aimed at Improving Specific Physiological Functions
  - 1.1.2. Innovation and New Trends in the Design of Functional Foods and Nutraceuticals
- 1.2. Technologies and Tools for Isolation, Enrichment, and Purification of Functional Ingredients from Different Starting Materials
  - 1.2.1. Chemical Properties
  - 1.2.2. Sensory Properties
- 1.3. Procedures and Equipment for the Incorporation of Functional Ingredients into the Base Feed
  - 1.3.1. Formulation of Functional Foods according to Their Chemical and Sensory Properties, Caloric Value, etc.
  - 1.3.2. Stabilization of Bioactive Ingredients from Formulation
  - 1.3.3. Dosage
- 1.4. Gastronomy Research
  - 1.4.1. Texture
  - 1.4.2. Viscosity and Flavor. Thickeners Used in Nouvelle Cuisine
  - 1.4.3. Gelling Agents
  - 1.4.4. Emulsions
- 1.5. Innovation and New Trends in the Design of Functional Foods and Nutraceuticals
  - 1.5.1. Design of Functional Foods Aimed at Improving Specific Physiological Functions
  - 1.5.2. Practical Applications of Functional Food Design
- 1.6. Specific Formulation of Bioactive Compounds
  - 1.6.1. Flavonoid Transformation in the Formulation of Functional Foods
  - 1.6.2. Bioavailability Studies of Phenolic Compounds
  - 1.6.3. Antioxidants in the Formulation of Functional Foods
  - 1.6.4. Preservation of Antioxidant Stability in Functional Food Design
- 1.7. Design of Low-Sugar and Low-Fat Products
  - 1.7.1. Development of Low-Sugar Products
  - 1.7.2. Low fat Products
  - 1.7.3. Strategies for the Synthesis of Structured Lipids

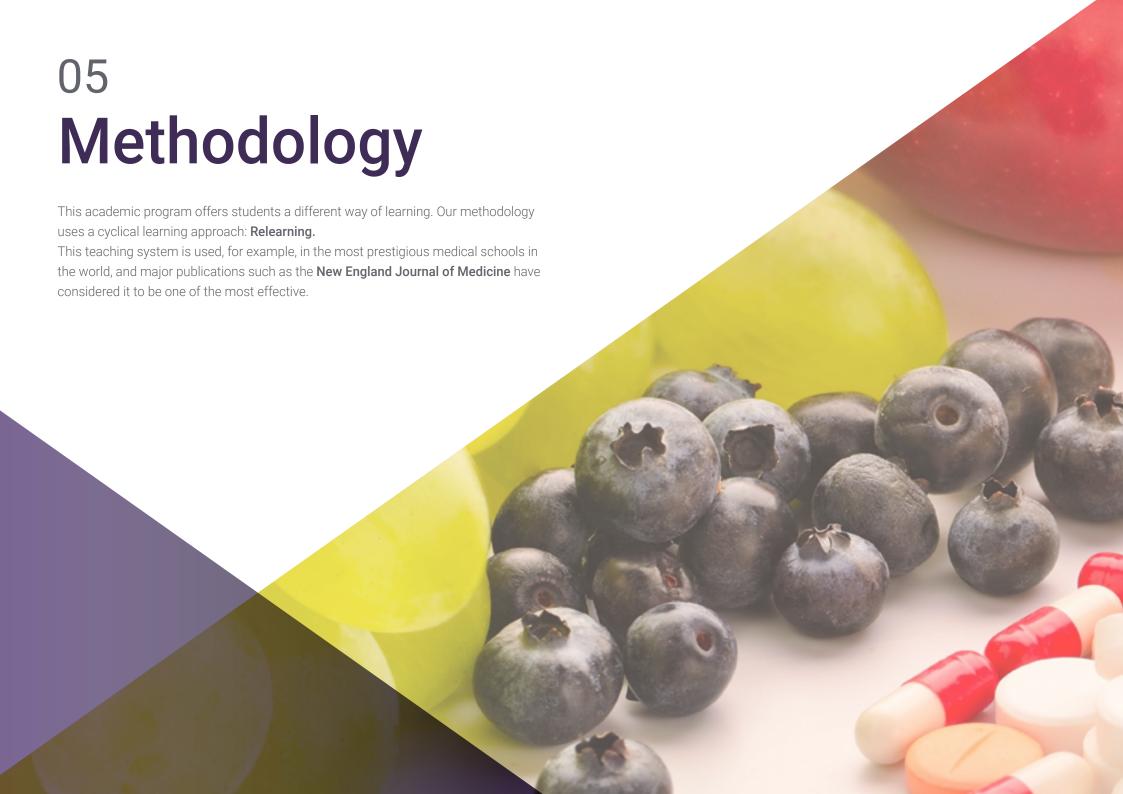




### Structure and Content | 19 tech

- 1.8. Processes for the Development of New Food Ingredients
  - 1.8.1. Advanced Processes to Obtain Food Ingredients with Industrial Application: Micronization and Microencapsulation Technologies
  - 1.8.2. Supercritical and Clean Technologies
  - 1.8.3. Enzymatic Technology for the Production of Novel Food Ingredients
  - 1.8.4. Biotechnological Production of Novel Food Ingredients
- 1.9. New Food Ingredients of Plant and Animal Origin
  - 1.9.1. Trends in R&D&I Developments in New Ingredients
  - 1.9.2. Applications of Plant-Based Ingredients
  - 1.9.3. Applications of Ingredients of Animal Origin
- 1.10. Research and Improvement of Labeling and Preservation Systems
  - 1.10.1. Labeling Requirements
  - 1.10.2. New Conservation Systems
  - 1.10.3. Validation of Health Claims





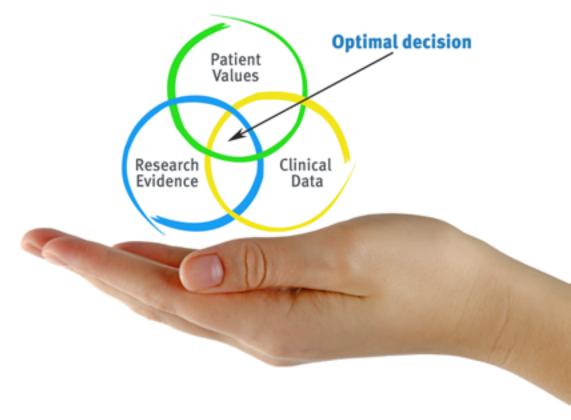


### tech 22 | Methodology

#### At TECH we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH, nutritionists can experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional nutritional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Nutritionists who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity through exercises to evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the nutritionist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



### tech 24 | Methodology

#### Relearning Methodology

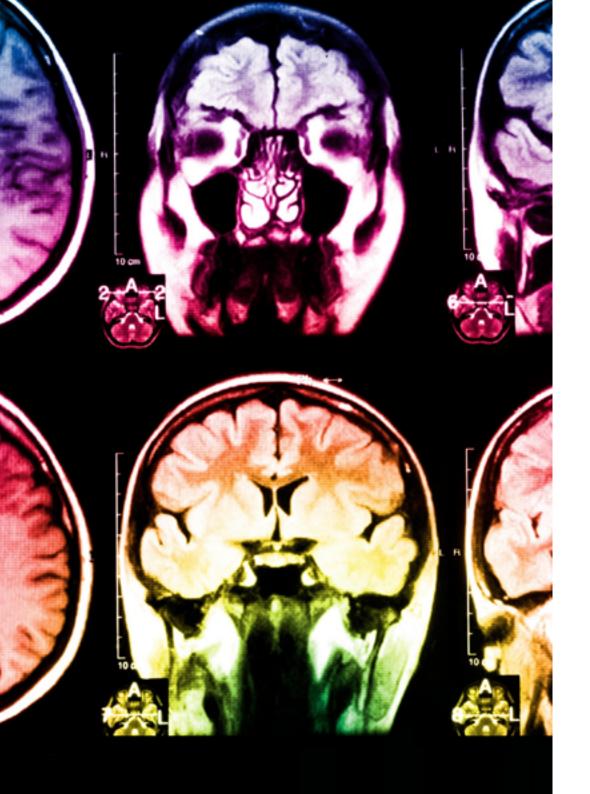
At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

The nutritionist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.





### Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 45,000 nutritionists have been trained with unprecedented success in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socioeconomic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

### tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Nutrition Techniques and Procedures on Video**

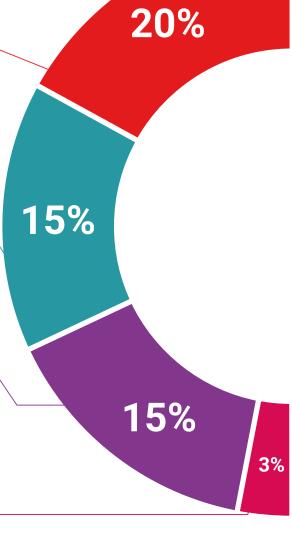
TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current nutritional counselling techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

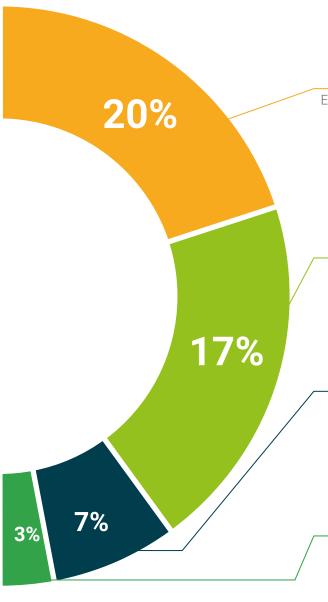
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



#### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







### tech 30 | Certificate

This **Postgraduate Certificate in Food Development and Innovation** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: Postgraduate Certificate in Food Development and Innovation
Official N° of hours: 150 h.



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

technological university

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