

Postgraduate Certificate

Dermatological Phytotherapy



Postgraduate Certificate Dermatological Phytotherapy

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nutrition/postgraduate-certificate/dermatological-phytotherapy

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 16

05

Methodology

p. 20

06

Certificate

p. 28

01

Introduction

The use of medicinal plants on the skin is presented as an effective therapeutic option for the treatment of various skin conditions. Therefore, its importance for Nutrition lies in its ability to address nutritional imbalances that may contribute to skin problems. This is why it is important for nutritionists to keep their knowledge at the forefront in relation to the use of plants and their active ingredients in the skin. With this in mind, TECH has developed a 100% online program that delves into concepts such as Phytotherapy for skin infections and allergies. In addition, it is supported by various multimedia materials such as video summaries that will be available in a virtual library with unlimited access 24 hours a day.





“

With this program, you will learn how to effectively treat infectious skin diseases with phytotherapeutic treatments”

Dermatological Phytotherapy has acquired great importance in the nutritional field because many skin conditions are related to nutritional imbalances or vitamin deficiencies. For example, certain skin disorders such as acne, atopic dermatitis or psoriasis can be influenced by an inadequate diet or vitamin and mineral deficiencies. Therefore, by making use of this technique in a complementary manner in the treatment of these conditions, significant benefits can be obtained.

In this context, it is essential that Nutrition professionals are synchronized with the latest advances, scientific studies and other issues that allow them to have an update in Dermatological Phytotherapy. This is why TECH has created a Postgraduate Certificate, in order to provide the nutritionist with the most up-to-date knowledge and skills in this field. In this sense, the specialist will be able to delve into Cosmetics and the use of healing herbs in autoimmune diseases.

To achieve this, we present a program in 100% online format, which implements *Relearning* in its methodology, with which the student will be able to promote a lasting retention of knowledge, improving their ability to remember and apply the information more efficiently. By adopting this method, students will be able to optimize their updating process in their field of study or work.

This **Postgraduate Certificate in Dermatological Phytotherapy** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ Practical case studies are presented by experts in Phytotherapy
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Thanks to TECH, you will expand your knowledge in Dermatological Phytotherapy and help your patients to fight allergic skin diseases"

“

Thanks to this 100% online program, you will acquire the necessary tools to treat autoimmune skin diseases with Phytotherapy”

You will delve into natural cosmetics and use Phytotherapy to improve skin health and appearance.

You will become an expert in Dermatological Phytotherapy and offer natural and effective solutions to skin challenges.

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby students must try to solve the different professional practice situations that arise throughout the program. For this purpose, students will be assisted by an innovative, interactive video system created by renowned and experienced experts.



02 Objectives

The purpose of this Postgraduate Certificate is to provide the Nutrition expert with up-to-date knowledge and skills on Dermatological Phytotherapy. In this way, the program is presented in a 100% online format, which allows nutritionists to coordinate their daily activities with learning activities, since they will not be subject to a specific schedule.





“

No matter where you are, with just a digital device and an internet connection, you will be able to take full advantage of this 100% online program”



General Objectives

- Define the therapeutic limits of Phytotherapy and identify the cases in which it can be used safely
- Describe the use of Phytotherapy oriented to the satisfaction of the needs derived from the patients health problems and the prevention of complications, guaranteeing a safe and quality practice
- Solve cases related to the field of phytotherapy
- Explain the use and indication of medical devices, food supplements and/or drugs, assessing the expected benefits and associated risks
- Apply theoretical knowledge in daily practice





Specific Objectives

- ◆ Describe phytotherapy treatments and therapeutic limits in skin conditions
- ◆ Describe the phytotherapy treatments and therapeutic limits in scalp disorders
- ◆ Explain the relationship between cosmetics and phytotherapy, and their application



You will help your patients to find relief and well-being through the application of Phytotherapy in allergic skin diseases”



03

Course Management

The teaching team that integrates this program has extensive professional experience in the phytotherapeutic field. Their extensive knowledge in this field has allowed them to develop a syllabus with the most detailed and up to date information. In this way, nutritionists will have the certainty of receiving a solid update on Dermatological Phytotherapy from the hand of true specialists.

eta

$C_{13}H_{14}$



mine

CINO

“

*With the help of leading experts, you will use
Phytotherapy as an ally in Cosmetics to offer
natural and healthy treatments to your clients”*

Professors

Ms. Izquierdo Palomares, Rosa

- ♦ Private Pharmacy Owner in the Attention to the Public and in the elaboration of Magistral Formulas
- ♦ Head of Industrial Hygiene and Ergonomics at Unión de Mutuas
- ♦ Prevention Technician Specialist in Industrial Hygiene at Unión de Mutuas
- ♦ Degree in Community Pharmacy from the University of Valencia
- ♦ Master's Degree in Industrial Hygiene and Occupational Health

Dr. Catalá, Pedro

- ♦ Cosmetologist
- ♦ Founder of Twelve Beauty
- ♦ Pharmacist at a private hospital based on Harley Street
- ♦ PhD in New Technologies Applied to Natural Cosmetics Formulation
- ♦ Degree in Pharmacy from the University of Valencia
- ♦ Master's Degree in Meat Science and Technology from the University of Extremadura (2007)





“

Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice"

04

Structure and Content

The content included in this program has been selected with the purpose of offering the nutritionist the necessary knowledge and competences in the field of Dermatological Phytotherapy. In this way, professionals will be able to delve into the most relevant concepts in this area, such as Phytotherapy applied to infectious skin diseases, allergic skin diseases and Dermatological Cosmetics. This educational material is available in a 100% online format, which allows the professional to access it in a convenient way, since it can be done at any time and place using an electronic device with internet connection.





“

Take advantage of TECH's innovative and exclusive Relearning method and update yourself at your own study pace”

Module 1. Dermatological Phytotherapy

- 1.1. Phytotherapy for Infectious Skin Diseases
- 1.2. Phytotherapy for Allergic Skin Diseases
- 1.3. Cosmetics and Phytotherapy
- 1.4. Phytotherapy for autoimmune skin diseases: vitiligo and psoriasis





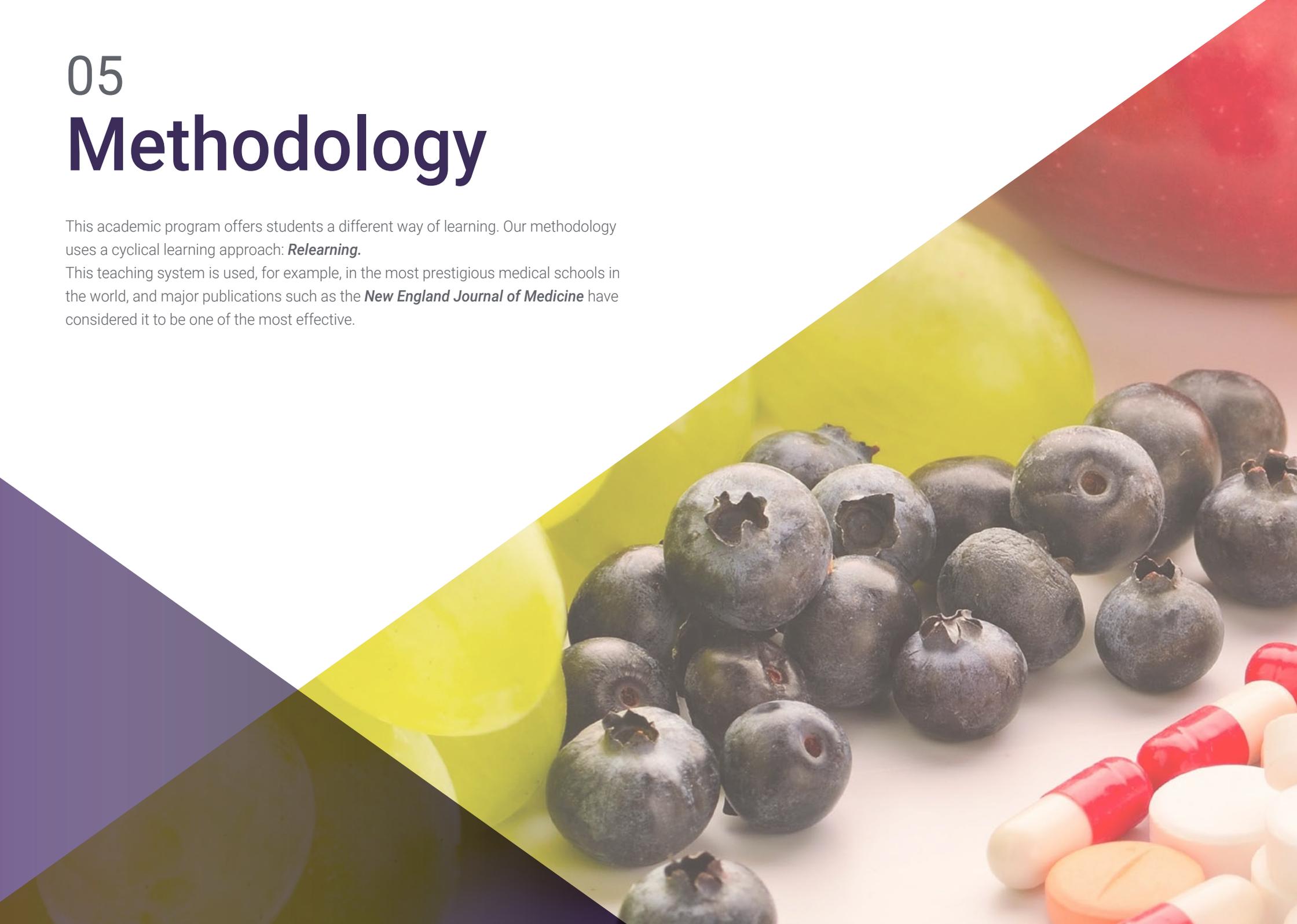
“

A comprehensive teaching program, structured in well-developed teaching units, oriented toward a high impact learning Information”

05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH, nutritionists can experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional nutritional practice.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nutritionists who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity through exercises to evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the nutritionist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: *Relearning*.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

The nutritionist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 45,000 nutritionists have been trained with unprecedented success in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nutrition Techniques and Procedures on Video

TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current nutritional counselling techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

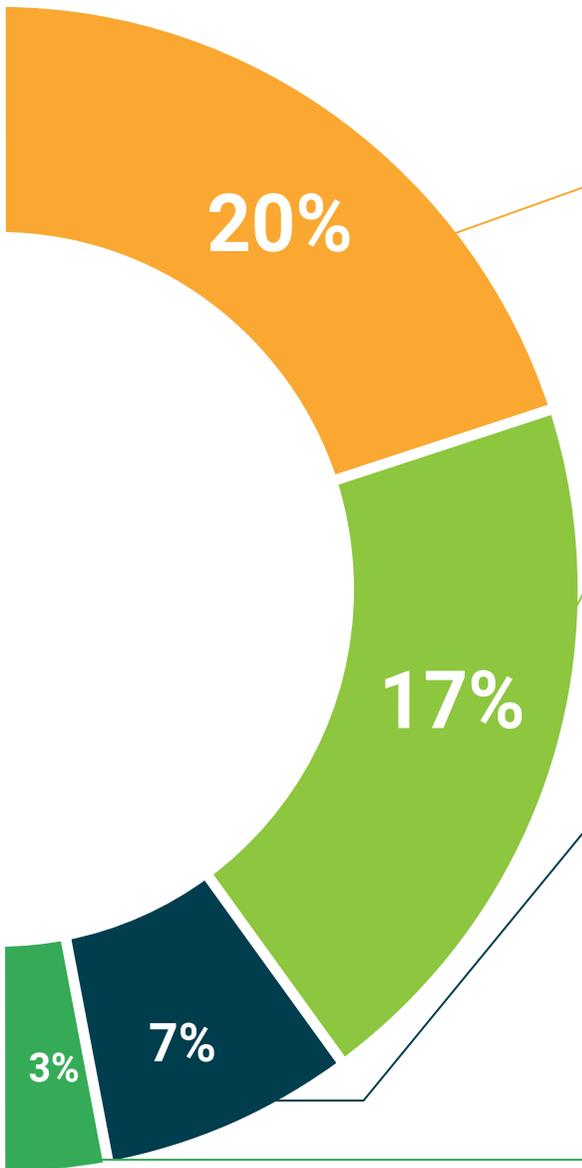
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Dermatological Phytotherapy guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



“

*Successfully complete this program
and receive your university qualification
without having to travel or fill out laborious
paperwork”*

This **Postgraduate Certificate in Dermatological Phytotherapy** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Dermatological Phytotherapy**

Official N° of Hours: **100 hours**.



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service information
knowledge present quality
online training
development languages
classroom



Postgraduate Certificate Dermatological Phytotherapy

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

Dermatological Phytotherapy

